

## 2021 SDSU TRACK & FIELD PERFORMANCE LIST

KEY: sr - school record; (number) - top-10 school ranking; q - qualifying prelims; p - preliminaries; h - heats; 1r - first round; q - quarterfinals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; se - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; a - altitude; w - wind aided (> 2.0 meters/second); conv - converted from 4x400-yard relay; **Note that all personal records (PR) are collegiate personal records**

### Sara Absten

5-7 | So. | Burlington, Wash. | IMG Academy

**200 Meter (PR: 24.73 (May 13, 2021))**

24.96 (hp)	2nd	Franson Classic	April 9
25.97	15th	Long Beach Invitational	April 17
25.37	7th	UCR Sprints Invitational	April 30
24.73 (hp)	2nd	MW Outdoor Championships	May 13

**800 Meter (PR: 2:23.67 (Jan. 31, 2020))**

2:25.77 (hp)	4th	Franson Classic	April 10
2:23.79 (hp)	1st	MW Outdoor Championships	May 14

**100-Meter Hurdles (PR: 14.50 (Feb. 25, 2021))**

14.50	4th	Utah Dual Meet	Feb. 25
14.50 (w, hp)	2nd	Aztec Invitational	March 25
16.18	17th	Aztec Invitational	March 27
14.64 (hp)	4th	Franson Classic	April 9
14.70	6th	Long Beach Invitational	April 17
14.51 (hp)	6th	MW Outdoor Championships	May 13
14.72 (p)	11th	MW Outdoor Championships	May 14

**High Jump (PR: 5-05.75 (March 25, 2021))**

5-05.75 (hp)	T-1st	Aztec Invitational	March 25
5-02.50 (hp)	T-3rd	Franson Classic	April 9
5-02.25 (hp)	T-5th	MW Outdoor Championships	May 13
5-01.25	T-16th	MW Outdoor Championships	May 15

**Long Jump (PR: 18-10.50 (April 27, 2019))**

17-06.75 (hp)	4th	Aztec Invitational	March 26
18-06.00	3rd	Aztec Invitational	March 27
18-02.25 (hp)	3rd	Franson Classic	April 10
17-10.25	4th	Long Beach Invitational	April 17
17-03.25 (hp)	8th	MW Outdoor Championships	May 14

**Shot Put (PR: 36-07.50 (May 13, 2021))**

31-02.75 (hp)	T-7th	Aztec Invitational	March 25
35-03.75	11th	Mountain West Challenge	April 7
33-04.00 (hp)	7th	Franson Classic	April 9
34-05.75	10th	Long Beach Invitational	April 16
36-07.50 (hp)	6th	MW Outdoor Championships	May 13

**Javelin Throw (PR: 80-1 (May 14, 2021))**

70-11 (hp)	9th	Aztec Invitational	March 26
60-11	10th	Mountain West Challenge	April 7
63-6 (hp)	8th	Franson Classic	April 10
80-1 (hp)	10th	MW Outdoor Championships	May 14

**Heptathlon: (PR: 4,947 (May 14, 2021))**

4,780	5th	Franson Classic	April 10
4,947	5th	MW Outdoor Championships	May 14

### Cari Acosta

5-10 | Sr. | Clovis, Calif. | Buchanan HS

**Hammer Throw (PR: 156-0 (May 14, 2021))**

141-8	9th	Aztec Invitational	March 25
145-6	4th	Triton Invitational	April 10
151-7	7th	Long Beach Invitational	April 16
152-0	7th	LBSU Throws/Jumps Fest	April 30
156-11	16th	MW Outdoor Championships	May 14

**Shot Put (PR: 39-09.25 (April 13, 2018))**

**Discus Throw (PR: 148-7 (April 10, 2021))**

142-09	4th	Utah Dual Meet	Feb. 25
144-2	10th	Aztec Invitational	March 27
143-10	6th	Mountain West Challenge	April 7
148-7	4th	Triton Invitational	April 10
147-10	6th	Long Beach Invitational	April 16
137-10	10th	LBSU Throws/Jumps Fest	April 30
145-0	14th	MW Outdoor Championships	May 15

### Alexus Alexander

5-7 | Fr. | Compton, Calif. | Lakewood HS

**100 Meter Dash (PR: 12.00 (March 27, 2021))**

12.232	2nd	Utah Dual Meet	Feb. 25
12.00	12th	Aztec Invitational	March 27
12.12	5th	Mountain West Challenge	April 7
12.19	3rd	Triton Invitational	April 10
12.33	4th	Long Beach Invitational	April 17
12.26	9th	UCR Sprints Invitational	April 30

**200 Meter Dash (PR: 25.04 (April 30, 2021))**

25.46	28th	Aztec Invitational	March 27
25.45	12th	Long Beach Invitational	April 17
25.04	4th	UCR Sprints Invitational	April 30

**4x100-Meter Relay**

46.54	1st	Mountain West Challenge	April 7
45.99	1st	Triton Invitational	April 10

### Anaya Alexander

Sr. | Long Beach, Calif. | Las Lomas HS (Iowa)

### Alysia Allen

5-7 | So. | Reno, Nev. | Reed HS

**Pole Vault (PR: 13-04.25 (May 24, 2019))**

NH	--	Utah Dual Meet	Feb. 25
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### Onyi Anigbogu

6-2 | Fr. | Corona, Calif. | Santiago HS

**Shot Put (PR: 43-05.25 (April 30, 2021))**

43-00.25	3rd	Utah Dual Meet	Feb. 25
41-03.25	11th	Aztec Invitational	March 27
40-04.75	8th	Mountain West Challenge	April 7
40-10.25	4th	Triton Invitational	April 10
41-05.00	6th	Long Beach Invitational	April 16
43-05.25	5th	LBSU Throws/Jumps Fest	April 30

**Discus Throw (PR: 131-8 (April 30, 2021))**

125-6	16th	Aztec Invitational	March 27
112-10	8th	Mountain West Challenge	April 7
124-1	7th	Triton Invitational	April 10
124-1	11th	Long Beach Invitational	April 16
131-8	12th	LBSU Throws/Jumps Fest	April 30

### Maya Brosch

5-7 | Sr. | South Lake Tahoe, Calif. | South Tahoe HS

**200 Meter Dash (PR: 25.39 (April 10, 2021))**

25.39	3rd	Triton Invitational	April 10
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**400 Meter Hurdles (PR: 58.74 (March 27, 2021))**

1:02.05	1st	Utah Dual Meet	Feb. 25
58.74 (9)	1st	Aztec Invitational	March 27
58.99	1st	Mountain West Challenge	April 7
1:00.25	1st	Long Beach Invitational	April 17
1:00.34	2nd	UCR Sprints Invitational	April 30
59.55 (p)	1st	MW Outdoor Championships	May 14
59.54 (f)	1st	MW Outdoor Championships	May 15
1:01.57 (p)	41st	NCAA West Prelims	May 27

**4x100-Meter Relay**

48.19	2nd	Utah Dual Meet	Feb. 25
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**4x400-Meter Relay**

3:49.87	3rd	Utah Dual Meet	Feb. 25
3:42.83	4th	Aztec Invitational	March 27
3:41.35	1st	UCR Sprints Invitational	April 30
3:38.94	1st	MW Outdoor Championships	May 15
3:36.72 (f)	14th	NCAA West Prelims	May 28

### Jordyn Bryant

5-10 | So. | Oakland, Calif. | Miramonte HS

**Shot Put (PR: 51-03.50 (April 30, 2021))**

45-07.75	1st	Utah Dual Meet	Feb. 25
49-05.00	3rd	Aztec Invitational	March 27
48-10.25	1st	Mountain West Challenge	April 7
47-07.00	1st	Triton Invitational	April 10
47-11.75	1st	Long Beach Invitational	April 16
51-03.50 (4)	1st	LBSU Throws/Jumps Fest	April 30
48-10.25	6th	MW Outdoor Championships	May 14

47-01.50	45th	NCAA West Prelims	May 27
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**Discus Throw (PR: 172-5 (March 27, 2021))**

149-05	1st	Utah Dual Meet	Feb. 25
172-5	2nd	Aztec Invitational	March 27
167-2	2nd	Mountain West Challenge	April 7
160-3	3rd	Triton Invitational	April 10
171-4	1st	Long Beach Invitational	April 16
166-11	1st	LBSU Throws/Jumps Fest	April 30
153-11	10th	MW Outdoor Championships	May 15
FOUL		NCAA West Prelims	May 28

**Javelin Throw (PR: 129-5 (March 23, 2019))**

### Emily Burd

5-6 | Jr. | Havertown, Pa. | Friends' Central School (Pittsburgh)

**800 Meter (PR: 2:18.15 (April 13, 2019))**

2:20.70	7th	Utah Dual Meet	Feb. 25
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**1,500 Meters (PR: 4:33.86 (May 14, 2021))**

4:38.07	4th	Utah Dual Meet	Feb. 25
4:39.05	9th	Aztec Invitational	March 27
4:36.58	2nd	Mountain West Challenge	April 7
4:35.79	2nd	Long Beach Invitational	April 16
4:33.86 (p)	11th	MW Outdoor Championships	May 14
4:35.70 (f)	11th	MW Outdoor Championships	May 15

**5,000 Meters (PR: 17:53.71 (April 29, 2021))**

17:53.71	4th	UCR Distance Invitational	April 29
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**4x400 Meter Relay**

4:07.47	4th	Mountain West Challenge	April 7
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### Jade Cany

5-11 | So. | San Diego, Calif. | Torrey Pines HS

(Sacramento St.)

**High Jump (PR: 5-09.75 (April 7, 2021))**

5-05.00	7th	Aztec Invitational	March 27
5-07.00	2nd	Mountain West Challenge	April 7
5-07.00	T-1st	Triton Invitational	April 10
5-05.00	T-2nd	Long Beach Invitational	April 17
5-05.00	4th	LBSU Throws/Jumps Fest	May 1
5-09.75 (4)	4th	MW Outdoor Championships	May 15
5-07.75	T-30th	NCAA West Prelims	May 28

**Triple Jump (PR: 39-02.25 (May 1, 2021))**

36-04.00	6th	Mountain West Challenge	April 7
37-03.75	7th	Long Beach Invitational	April 17
39-02.25	4th	LBSU Throws/Jumps Fest	May 1
38-04.75 (w)	10th	MW Outdoor Championships	May 15

### Carina Clark

5-6 | So. | Winter Springs, Fla. | Winter Springs HS

**400-Meter Hurdles (PR: 1:03.27 (April 10, 2021))**

1:04.87	3rd	Utah Dual Meet	Feb. 25
1:05.32	10th	Aztec Invitational	March 27
1:04.63	6th	Mountain West Challenge	April 7
1:03.27	3rd	Triton Invitational	April 10
1:07.59	8th	Long Beach Invitational	April 17
1:05.27	10th	UCR Sprints Invitational	April 30
1:03.93 (p)	15th	MW Outdoor Championships	May 14

### Paige Comiso

5-4 | So. | San Jose, Calif. | Presentation HS

**3,000 Meters (PR: 10:58.32 (March 7, 2020))**

11:01.29	6th	Mountain West Challenge	April 7
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**5,000 Meters (PR: 18:19.17 (April 27, 2019))**

19:26.73	21st	Aztec Invitational	March 27
19:02.89	16th	UCR Distance Invitational	April 29

**10,000 Meters (PR: 40:14.38 (April 17, 2021))**

40:14.38	23rd	Bryan Clay Invitational	April 17
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### Felicia Crenshaw

5-7 | So. | Costa Mesa, Calif. | Costa Mesa HS

**Shot Put (PR: 43-10.50 (April 30, 2021))**

40-02.00	9th	Mountain West Challenge	April 7
39-06.75	5th	Triton Invitational	April 10
41-11.25	5th	Long Beach Invitational	April 16

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43-10.50	4th	LBSU Throws/Jumps Fest	April 30
39-02.25	17th	MW Outdoor Championships	May 14
<b>Hammer Throw (PR: 165-4 (April 16, 2021))</b>			
139-2	12th	Aztec Invitational	March 25
151-2	3rd	Triton Invitational	April 10
165-4 (9)	6th	Long Beach Invitational	April 16
155-5	5th	LBSU Throws/Jumps Fest	April 30
143-10	20th	MW Outdoor Championships	May 14
<b>Discus Throw (PR: 164-4 (May 15, 2021))</b>			
155-04	2nd	Utah Dual Meet	Feb. 25
147-9	7th	Aztec Invitational	March 27
148-4	4th	Mountain West Challenge	April 7
160-7	2nd	Triton Invitational	April 10
158-4	5th	Long Beach Invitational	April 16
164-4 (10)	7th	MW Outdoor Championships	May 15

### Isabelle Davis

<b>5-2   So.   San Diego, Calif.   Del Norte HS</b>			
<b>3,000 Meters (PR: 11:20.87 (April 5, 2019))</b>			
11:26.41	8th	Utah Dual Meet	Feb. 25
11:29.85	10th	Mountain West Challenge	April 7
11:57.09	3rd	Long Beach Invitational	April 16
<b>5,000 Meters (PR: 19:09.85 (March 9, 2019))</b>			
<b>3,000m Steeplechase (PR: 11:39.29 (March 27, 2021))</b>			
11:39.29	4th	Aztec Invitational	March 27
12:15.96	8th	UCR Distance Invitational	April 29

### Danae Dyer

<b>5-9   So.   Temecula, Calif.   Temecula Valley HS</b>			
<b>100 Meters (PR: 12.02 (March 30, 2019))</b>			
<b>200 Meters (PR: 23.53 (May 15, 2021))</b>			
24.11	7th	Long Beach Invitational	April 17
23.77 (p)	8th	MW Outdoor Championships	May 14
23.53	4th	MW Outdoor Championships	May 14
DQ, FS		NCAA West Prelims	May 27
<b>100-Meter Hurdles (PR: 13.35 (April 17, 2021))</b>			
13.87	1st	Utah Dual Meet	Feb. 25
13.68	4th	Aztec Invitational	March 27
13.42	1st	Mountain West Challenge	April 7
13.57	1st	Triton Invitational	April 10
13.35	4th	Long Beach Invitational	April 17
13.38 (p)	1st	MW Outdoor Championships	May 14
12.99 (f, w)	1st	MW Outdoor Championships	May 15
13.31 (p, w)	25th	NCAA West Prelims	May 27
13.42 (f)	17th	NCAA West Prelims	May 28
<b>4x100-Meter Relay</b>			
45.36	1st	Utah Dual Meet	Feb. 25
45.20	4th	Aztec Invitational	March 27
45.99	1st	Triton Invitational	April 10
44.15 (f)	1st	MW Outdoor Championships	May 15
44.48 (f)	11th	NCAA West Prelims	May 28
DQ	--	NCAA Outdoor Championships	June 10

### Kasey Ebb

<b>5-5   So.   Accokeek, Md.   Bullis HS</b>			
<b>200 Meters (PR: 25.01 (March 30, 2019))</b>			
<b>400 Meters (PR: 55.77 (March 30, 2019))</b>			

### Amber Elias

<b>5-4   Fr.   Napa, Calif.   Napa HS</b>			
<b>3,000 Meters (PR: 10:33.67 (April 7, 2021))</b>			
10:37.85	5th	Utah Dual Meet	Feb. 25
10:33.67	4th	Mountain West Challenge	April 7
<b>5,000 Meters (PR: 17:56.32 (April 29, 2021))</b>			
18:16.58	12th	Aztec Invitational	March 27
17:56.32	6th	UCR Distance Invitational	April 29
<b>10,000 Meters (PR: 38:39.92 (April 17, 2021))</b>			
38:39.92	16th	Bryan Clay Invitational	April 17

### Delaney Fields

<b>5-11   Jr.   Eugene, Ore.   Churchill HS (Lane CC)</b>			
<b>Pole Vault (PR: 12-02.00 (April 10, 2021))</b>			
11-10.50	10th	Aztec Invitational	March 27

12-00.50	5th	Mountain West Challenge	April 7
12-02.00	T-2nd	Triton Invitational	April 10
11-05.75	T-4th	Long Beach Invitational	April 17
11-05.75	8th	LBSU Throws/Jumps Fest	May 1
11-07.00	11th	MW Outdoor Championships	May 14

### Corey Freidenbach

<b>5-10   So.   Santa Cruz Calif.   Pacific Collegiate School (Air Force)</b>			
<b>Pole Vault (PR: 11-11.25 (May 11, 2019))</b>			

### Elizabeth Funk

<b>5-7   Fr.   Fresno, Calif.   Clovis West HS</b>			
<b>Pole Vault (PR: 13-02.25 (May 14, 2021))</b>			
13-00.25	2nd	Utah Dual Meet	Feb. 25
12-10.25	8th	Aztec Invitational	March 27
13-00.25	2nd	Mountain West Challenge	April 7
12-02.00	T-2nd	Triton Invitational	April 10
12-11.50	2nd	Long Beach Invitational	April 17
12-05.50	4th	LBSU Throws/Jumps Fest	May 1
13-02.25	3rd	MW Outdoor Championships	May 14

### Izzy Gartner

<b>6-0   So.   Byron, Minn.   Byron HS</b>			
<b>High Jump (PR: 5-01.25 (Feb. 25, 2021))</b>			
5-01.25	4th	Utah Dual Meet	Feb. 25

### Bella Goode

<b>5-5   So.   Tustin, Calif.   Foothill HS</b>			
<b>Ruthie Grant-Williams</b>			

<b>5-9   Fr.   Coronado, Calif.   Coronado HS</b>			
<b>200 Meter Dash (PR: 26.48 (May 13, 2021))</b>			
26.74 (w, hp)	4th	Aztec Invitational	March 25
25.93 (w, hp)	2nd	Franson Classic	April 9
26.48 (hp)	10th	MW Outdoor Championships	May 13
<b>100-Meter Hurdles (PR: 14.95 (April 9, 2021))</b>			
15.18	5th	Utah Dual Meet	Feb. 25
14.86 (w, hp)	3rd	Aztec Invitational	March 25
14.95 (hp)	7th	Franson Classic	April 9
15.14 (hp)	9th	MW Outdoor Championships	May 13

<b>Long Jump (PR: 17-07.00 (March 25, 2021))</b>			
17-07.00 (hp)	3rd	Aztec Invitational	March 26
17-09.00 (w, hp)	6th	Franson Classic	April 10
17-01.50	7th	Long Beach Invitational	April 17
17-03.25	6th	LBSU Throws/Jumps Fest	May 1
14-07.65 (hp)	11th	MW Outdoor Championships	May 14
<b>High Jump (PR: 5-07.25 (Feb. 25, 2021))</b>			
5-07.25	1st	Utah Dual Meet	Feb. 25
5-05.75 (hp)	T-1st	Aztec Invitational	March 25
5-03.00	11th	Aztec Invitational	March 27
5-05.00 (hp)	T-1st	Franson Classic	April 9
5-03.00	6th	Long Beach Invitational	April 17
5-01.00 (hp)	T-8th	MW Outdoor Championships	May 13

<b>Shot Put (PR: 35-03.00 (April 7, 2021))</b>			
32-09.00	6th	Utah Dual Meet	Feb. 25
33-09.25 (hp)	5th	Aztec Invitational	March 25
35-03.00	12th	Mountain West Challenge	April 7
33-04.00 (hp)	7th	Franson Classic	April 9
34-02.00	11th	Long Beach Invitational	April 16
34-03.50 (hp)	MW Outdoor Championships	May 13	

<b>Javelin Throw (PR: 97-9 (April 10, 2021))</b>			
93-6 (hp)	4th	Aztec Invitational	March 25
90-0	9th	Mountain West Challenge	April 7
97-9 (hp)	6th	Franson Classic	April 10
79-5 (hp)	11th	MW Outdoor Championships	May 14
<b>Heptathlon (PR: 4,687 points (April 10, 2021))</b>			
4,068 (DNF)		Aztec Invitational	March 25
4,687	6th	Franson Classic	April 10
3,602 (DNF)		MW Outdoor Championships	May 14

### Erica Grotegeer

<b>5-7   So.   Plumas Lake, Calif.   Wheatland Union HS</b>			
<b>Shot Put (PR: 44-09.00 (Feb. 25, 2021))</b>			
44-09.00	2nd	Utah Dual Meet	Feb. 25
40-09.50	6th	Mountain West Challenge	April 7
42-05.50	3rd	Triton Invitational	April 10
39-10.50	9th	Long Beach Invitational	April 16
38-07.50	11th	LBSU Throws/Jumps Fest	April 30
<b>Discus Throw (PR: 182-5 (May 15, 2021))</b>			
165-8	1st	Utah Dual Meet	Feb. 25
171-5	1st	Mountain West Challenge	April 7
165-11	1st	Triton Invitational	April 10
158-8	3rd	Long Beach Invitational	April 16
155-3	2nd	LBSU Throws/Jumps Fest	April 30
182-5 (5)	2nd	MW Outdoor Championships	May 15
168-4	26th	NCAA West Prelims	May 28

### Lauren Harper

<b>5-11   Fr.   Weaverville, Calif.   Trinity HS</b>			
<b>800 Meters (PR: 2:08.86 (May 14, 2021))</b>			
2:19.38	4th	Utah Dual Meet	Feb. 25
2:16.01	6th	Mountain West Challenge	April 7
2:12.87	2nd	Long Beach Invitational	April 16
2:13.42	1st	UCR Distance Invitational	April 29
2:09.65 (p)	8th	MW Outdoor Championships	May 14
2:08.86 (f)	6th	MW Outdoor Championships	May 15
<b>1,500 Meters (PR: 4:36.64 (Feb. 25, 2021))</b>			
4:36.64	3rd	Utah Dual Meet	Feb. 25
5:06.11	10th	Long Beach Invitational	April 16
<b>4x400 Meter Relay</b>			
4:07.47	4th	Mountain West Challenge	April 7

### Jalyn Harris

<b>5-10   Jr.   Rancho Cucamonga, Calif.   Rancho Cucamonga HS</b>			
<b>100 Meters (PR: 11.97 (April 10, 2021))</b>			
11.97	1st	Triton Invitational	April 10
<b>200 Meters (PR: 23.58 (May 14, 2021))</b>			
24.42	1st	Utah Dual Meet	Feb. 25
24.08	2nd	Mountain West Challenge	April 7
24.26	9th	Long Beach Invitational	April 17
23.58 (p)	5th	MW Outdoor Championships	May 14
23.61 (f)	5th	MW Outdoor Championships	May 15
23.32 (w, p)	25th	NCAA West Prelims	May 27
<b>400 Meters (PR: 53.59 (May 12, 2018))</b>			
54.09	3rd	Aztec Invitational	March 27
54.15	1st	Mountain West Challenge	April 7
54.21	8th	Long Beach Invitational	April 17
54.84	1st	UCR Sprints Invitational	April 30
54.44 (p)	3rd	MW Outdoor Championships	May 14
53.70 (f)	4th	MW Outdoor Championships	May 15
54.23 (p)	36th	NCAA West Prelims	May 27
<b>4x100 Meter Relay</b>			
45.20	4th	Aztec Invitational	March 27
<b>4x400-Meter Relay</b>			
3:42.44	1st	Utah Dual Meet	Feb. 25
3:41.35	1st	UCR Sprints Invitational	April 30
3:38.94	1st	MW Outdoor Championships	May 15
3:36.72 (f)	14th	NCAA West Prelims	May 28

### Kaitlin Heri

<b>5-6   Sr.   Redondo Beach, Calif.   Redondo Union</b>			
<b>Pole Vault (PR: 14-00.00 (April 7, 2021))</b>			
13-04.25	1st	Utah Dual Meet	Feb. 25
13-06.25	2nd	Aztec Invitational	March 27
14-00.00	1st	Mountain West Challenge	April 7
13-06.25	1st	Triton Invitational	April 10
13-03.50	1st	Long Beach Invitational	April 17
13-01.50	1st	LBSU Throws/Jumps Fest	May 1
13-02.25	2nd	MW Outdoor Championships	May 14
13-08.25	17th	NCAA West Prelims	May 27

## 2021 SDSU TRACK & FIELD PERFORMANCE LIST

### Rhea Hoyte

5-7 | Fr. | St. Michael, Barbados | The St. Michael School  
**200 Meter Dash (PR: 24.87 (March 27, 2021))**

24.87 20th Aztec Invitational March 27

**400 Meters (PR: 56.96 (Feb. 25, 2021))**

56.86 4th Utah Dual Meet Feb. 25

**400 Meter Hurdles (59.02 (April 30, 2021))**

1:01.85 3rd Mountain West Challenge April 7

1:02.04 1st Triton Invitational April 10

1:01.84 2nd Long Beach Invitational April 17

59.02 1st UCR Sprints Invitational April 30

1:00.97 (p) 3rd MW Outdoor Championships May 14

59.66 (f) 2nd MW Outdoor Championships May 15

1:00.33 (p) 33rd NCAA West Prelims May 27

**4x100-Meter Relay**

48.19 3rd Utah Dual Meet Feb. 25

46.54 1st Mountain West Challenge April 7

**4x400-Meter Relay**

3:42.44 1st Utah Dual Meet Feb. 25

3:42.83 4th Aztec Invitational March 27

3:38.94 1st MW Outdoor Championships May 15

3:36.72 (f) 14th NCAA West Prelims May 28

### Jazmin Jackson

5-7 | Fr. | Thousand Oaks, Calif. | Chaminade College Prep

### Simone Johnson

5-7 | Fr. | Fresno, Calif. | Central HS

**Long Jump (PR: 17-00.00 (Feb. 25, 2021))**

17-00.00 3rd Utah Dual Meet Feb. 25

**Triple Jump (PR: 42-03.50 (April 17, 2021))**

38-09.75 3rd Utah Dual Meet Feb. 25

37-10.75 7th Aztec Invitational March 27

39-02.25 2nd Triton Invitational April 10

42-03.50 (5) 2nd Long Beach Invitational April 17

FOUL LBSU Throws/Jumps Fest May 1

41-05.00 3rd MW Outdoor Championships May 15

39-08.00 40th NCAA West Prelims May 28

### Jessica Kain

5-7 | Fr. | Scotts Valley, Calif. | Scotts Valley HS

**800 Meter (PR: 2:20.17 (Feb. 25, 2021))**

2:20.17 6th Utah Dual Meet Feb. 25

**1,500 Meters (PR: 4:21.87 (May 15, 2021))**

4:35.09 1st Utah Dual Meet Feb. 25

4:31.18 4th Aztec Invitational March 27

4:31.33 1st Long Beach Invitational April 16

4:23.83 2nd UCR Distance Invitational April 29

4:32.56 (p) 6th MW Outdoor Championships May 14

4:21.87 (f, 4) 3rd MW Outdoor Championships May 15

4:24.34 (p) 25th NCAA West Prelims May 27

**3,000 Meters (PR: 10:01.50 (April 7, 2021))**

10:01.50 1st Mountain West Challenge April 7

### Alex Lomeli

5-3 | Fr. | Los Angeles, Calif. | Notre Dame Academy HS

**800 Meters (PR: 2:14.71 (April 16, 2021))**

2:19.74 5th Utah Dual Meet Feb. 25

2:16.11 6th Aztec Invitational March 27

2:14.71 6th Long Beach Invitational April 16

2:17.53 5th UCR Distance Invitational April 29

**1,500 Meters (PR: 4:41.77 (April 7, 2021))**

4:41.77 5th Mountain West Challenge April 7

**4x400 Meter Relay**

4:07.47 4th Mountain West Challenge April 7

### Carlene Masar

5-7 | So. | Jamul, Calif. | Steele Canyon HS

**1,500 Meters (PR: 4:37.98 (April 7, 2021))**

4:37.98 3rd Mountain West Challenge April 7

**3,000 Meters (PR: 10:15.02 (Feb. 25, 2021))**

10:15.02 3rd Utah Dual Meet Feb. 25

**5,000 Meters (PR: 17:34.01 (March 27, 2021))**

17:34.01 3rd Aztec Invitational March 27

**10,000 Meters (PR: 35:27.53 (April 17, 2021))**

35:27.53 (5) 6th Bryan Clay Invitational April 17

38:52.28 17th MW Outdoor Championships May 13

### Tai McDonald

5-4 | So. | Sacramento, Calif. | Sheldon HS

**100 Meters (PR: 12.09 (March 27, 2021))**

12.26 3rd Utah Dual Meet Feb. 25

12.09 13th Aztec Invitational March 27

12.13 5th UCR Sprints Invitational April 30

12.16 (p) 15th MW Outdoor Championships May 14

**200 Meters (PR: 24.63 (May 14, 2021))**

25.01 21st Aztec Invitational March 27

24.63 (p) 15th MW Outdoor Championships May 14

**4x100-Meter Relay**

45.36 1st Utah Dual Meet Feb. 25

45.20 4th Aztec Invitational March 27

45.99 1st Triton Invitational April 10

44.15 (f) 1st MW Outdoor Championships May 15

44.48 (f) 11th NCAA West Prelims May 28

DQ -- NCAA Outdoor Championships June 10

**4x400-Meter Relay**

3:49.87 3rd Utah Dual Meet Feb. 25

### Nyari McNeil

5-8 | So. | Reistertown, Md. | Franklin HS

**200 Meters (PR: 25.53 (April 7, 2021))**

25.53 9th Mountain West Challenge April 7

**400 Meters (PR: 53.52 (May 11, 2019))**

55.88 1st Utah Dual Meet Feb. 25

55.36 9th Long Beach Invitational April 17

**800 Meters (PR: 2:05.27 (May 11, 2019))**

2:12.82 5th Aztec Invitational March 27

2:10.46 1st Triton Invitational April 10

2:10.00 1st Long Beach Invitational April 16

2:08.58 1st UCR Sprints Invitational April 30

2:09.54 (p) 6th MW Outdoor Championships May 14

2:05.34 (f) 1st MW Outdoor Championships May 15

2:10.17 (p) 38th NCAA West Prelims May 27

**1,500 Meters (PR: 4:43.35 (Apr. 12, 2019))**

4:53.83 10th Mountain West Challenge April 7

**4x400-Meter Relay**

3:42.44 1st Utah Dual Meet Feb. 25

3:41.35 1st UCR Sprints Invitational April 30

3:38.94 1st MW Outdoor Championships May 15

3:36.72 (f) 14th NCAA West Prelims May 28

### Jada Moore

5-4 | Fr. | St. Louis, Mo. | Pattonville HS

**100 Meters (PR: 11.48 (May 27, 2021))**

11.50 (w) 4th Aztec Invitational March 27

11.83 2nd Mountain West Challenge April 7

11.85 3rd Long Beach Invitational April 17

11.72 1st UCR Sprints Invitational April 30

11.61 (p) 4th MW Outdoor Championships May 14

11.351 (f, w) 1st MW Outdoor Championships May 15

11.48 (p) 30th NCAA West Prelims May 27

**200 Meters (PR: 23.11 (May 15, 2021))**

24.54 2nd Utah Dual Meet Feb. 25

23.96 11th Aztec Invitational March 27

24.00 1st Mountain West Challenge April 7

24.63 1st Triton Invitational April 10

24.17 8th Long Beach Invitational April 17

23.35 (p) 3rd MW Outdoor Championships May 14

23.11 (f) 1st MW Outdoor Championships May 15

23.42 (p) 30th NCAA West Prelims May 27

**4x100-Meter Relay**

45.36 1st Utah Dual Meet Feb. 25

45.20 4th Aztec Invitational March 27

45.99 1st Triton Invitational April 10

44.15 (f) 1st MW Outdoor Championships May 15

44.48 (f) 11th NCAA West Prelims May 28

DQ -- NCAA Outdoor Championships June 10

**4x400-Meter Relay**

3:49.87 3rd Utah Dual Meet Feb. 25

3:42.83 4th Aztec Invitational March 27

3:41.35 1st UCR Sprints Invitational April 30

### Lauryn Moore

5-8 | Sr. | Oakland, Calif. | Bishop O'Dowd HS

**Long Jump (PR: 17-02.00 (Feb. 25, 2021))**

17-02.00 1st Utah Dual Meet Feb. 25

16-03.25 9th Triton Invitational April 10

**Triple Jump (PR: 37-10.50 (April 17, 2021))**

35-05.00 3rd Utah Dual Meet Feb. 25

36-09.00 (wind) 4th Triton Invitational April 10

37-10.50 4th Long Beach Invitational April 17

FOUL LBSU Throws/Jumps Fest May 1

36-08.25 14th MW Outdoor Championships May 15

### Renee Phillips

5-4 | Sr. | San Diego, Calif. | Coronado HS

**1,500 Meters (PR: 4:43.18 (April 7, 2021))**

4:43.18 6th Mountain West Challenge April 7

4:48.98 6th Long Beach Invitational April 16

**3,000 Meters (PR: 10:43.24 (Feb. 25, 2021))**

10:43.24 6th Utah Dual Meet Feb. 25

**5,000 Meters (PR: 18:01.68 (April 29, 2021))**

18:05.19 7th Aztec Invitational March 27

18:01.68 10th UCR Distance Invitational April 29

### Natalie Regalado

5-4 | So. | Lake Forest, Calif. | Trabuco Hills HS

**1,500 Meters (PR: 5:01.77 (April 5, 2019))**

**3,000 Meters (PR: 11:49.05 (Feb. 25, 2021))**

11:49.05 9th Utah Dual Meet Feb. 25

**5,000 Meters (PR: 18:19.17 (April 27, 2019))**

**3,000m Steeplechase 11:56.99 (April 12, 2019))**

### Sakura Roberson

5-11 | Jr. | San Diego, Calif. | La Jolla HS

**400 Meters (PR: 54.86 (April 5 2019))**

**800 Meters (PR: 2:08.30 (May 11, 2019))**

**1,500 Meters (PR: 5:00.28 (March 9, 2019))**

### Molly Scharmann

5-9 | R-Sr. | Trabuco Canyon, Calif. | Tesoro HS

(Washington State)

**Pole Vault (PR: 13-08.25 (May, 13, 2018))**

### Asia Smith

5-9 | Sr. | Escondido, Calif. (Mission Hills HS)

**200 Meters (PR: 25.26 (May 8, 2019))**

26.49 (hp) 7th Franson Classic April 9

25.55 (hp) 5th MW Outdoor Championships May 13

**800 Meters (PR: 2:26.48 (May 14, 2021))**

2:26.48 (hp) 5th MW Outdoor Championships May 14

**100-Meter Hurdles (PR: 13.99 (May 13, 2021))**

14.40 2nd Utah Dual Meet Feb. 25

14.37 (hp) 2nd Franson Classic April 9

14.50 2nd UCR Sprints Invitational April 30

13.99 (hp) 2nd MW Outdoor Championships May 13

14.06 (p) 5th MW Outdoor Championships May 14

14.13 (f, w) 5th MW Outdoor Championships May 15

**High Jump (PR: 5-08.00 (Dec. 8, 2018))**

5-05.00 3rd Utah Dual Meet Feb. 25

5-05.00 (hp) T-1st Franson Classic April 9

5-05.00 5th Long Beach Invitational April 17

5-07.00 (hp) 3rd MW Outdoor Championships May 13

5-03.25 12th MW Outdoor Championships May 15

**Long Jump (PR: 19-03.50 (April 27, 2019))**

18-01.75 3rd Long Beach Invitational April 17

18-03.00 (w) 3rd LBSU Throws/Jumps Fest May 1

18-08.50 (hp) 4th MW Outdoor Championships May 14

**Shot Put (PR: 43-07.25 (May 8, 2019))**

## 2021 SDSU TRACK & FIELD PERFORMANCE LIST

38-11.00	4th	Utah Dual Meet	Feb. 25
37-08.75 (hp)	3rd	Aztec Invitational	March 25
39-08.50	12th	Aztec Invitational	March 27
40-06.25	7th	Mountain West Challenge	April 7
40-01.50 (hp)	1st	Franson Classic	April 9
41-04.50	7th	Long Beach Invitational	April 16
41-10.50 (hp)	1st	MW Outdoor Championships	May 14

### Javelin Throw (PR: 108-4 (March 30, 2019))

91-2 (hp)	5th	Aztec Invitational	March 26
91-5	14th	Aztec Invitational	March 27
99-8	7th	Mountain West Challenge	April 7
85-3 (hp)	7th	Franson Classic	April 10
98-1 (hp)	6th	MW Outdoor Championships	May 14

### Heptathlon (PR: 5,355 (May 14, 2021))

5,355 (9)	4th	MW Outdoor Championships	May 14
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### 4x400-Meter Relay

4:02.23	4th	Utah Dual Meet	Feb. 25
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## Naomi Smitham

5-8 | So. | San Diego, Calif. | Canyon Crest Academy

### 3,000 Meters (PR: 11:01.16 (March 7, 2020))

11:06.33	7th	Utah Dual Meet	Feb. 25
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### 5,000 Meters (PR: 18:45.32 (March 27, 2021))

18:45.32	17th	Aztec Invitational	March 27
18:57.85	15th	UCR Distance Invitational	April 29

### 10,000 Meters (PR: 39:32.43 (April 17, 2021))

39:32.43	20th	Bryan Clay Invitational	April 17
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## Vanessa Spizewski

5-9 | So. | San Diego, Calif. | Rancho Buena Vista HS

### 100 Meters (PR: 12.65 (April 30, 2021))

12.85	4th	Triton Invitational	April 10
12.65	12th	UCR Sprints Invitational	April 30

### Long Jump (PR: 18-08.00 (March 27, 2021))

18-08.00	2nd	Aztec Invitational	March 27
18-03.00	5th	Mountain West Challenge	April 7
18-02.50	1st	Triton Invitational	April 10
17-08.75	5th	Long Beach Invitational	April 17
18-03.00	11th	MW Outdoor Championships	May 14

### 4x100-Meter Relay

46.54	1st	Mountain West Challenge	April 7
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## Alanna Stein

5-6 | So. | Temecula, Calif. | Great Oak HS

(Sacramento State)

### High Jump (PR: 4-11.00 (April 26, 2019))

### Long Jump (PR: 16-03.00 (Feb. 25, 2021))

16-03.00	4th	Utah Dual Meet	Feb. 25
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### Triple Jump (PR: 35-03.75 (March 7, 2020))

33-09.50	6th	Utah Dual Meet	Feb. 25
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## Kaitlyn Swenson

5-7 | Fr. | Temecula, Calif. | Great Oak HS

### Pole Vault (PR: 12-10.50 (March 27, 2021))

12-00.50	3rd	Utah Dual Meet	Feb. 25
12-10.25	4th	Aztec Invitational	March 27
12-06.25	4th	Mountain West Challenge	April 7
12-02.00	T-2nd	Triton Invitational	April 10
12-05.50	3rd	Long Beach Invitational	April 17

## Dejanae Thompson

5-6 | So. | San Diego, Calif. | Morse HS

### Long Jump (PR: 17-06.00 (March 7, 2020))

16-07.25	10th	Mountain West Challenge	April 7
17-05.50	3rd	Triton Invitational	April 10

### Triple Jump (PR: 35-03.00 (March 7, 2020))

## Aisha Watt

5-4 | Fr. | Seattle, Wash. | Seattle Prep

### 100 Meters (PR: 11.91 (May 14, 2021))

12.05	2nd	Triton Invitational	April 10
12.11	4th	UCR Sprints Invitational	April 30
11.91 (p)	10th	MW Outdoor Championships	May 14

### 200 Meters (PR: 23.79 (May 14, 2021))

25.00	3rd	Utah Dual Meet	Feb. 25
25.12	24th	Aztec Invitational	March 27
24.57	3rd	Mountain West Challenge	April 7
24.71	2nd	Triton Invitational	April 10
24.71	11th	Long Beach Invitational	April 17
24.14	2nd	UCR Sprints Invitational	April 30
23.79 (p)	9th	MW Outdoor Championships	May 14
23.81 (f)	7th	MW Outdoor Championships	May 15
23.90 (w, p)	43rd	NCAA West Prelims	May 27

### 4x100-Meter Relay

48.19	3rd	Utah Dual Meet	Feb. 25
46.54	1st	Mountain West Challenge	April 7
44.15 (f)	1st	MW Outdoor Championships	May 15
44.48 (f)	11th	NCAA West Prelims	May 28
DQ	--	NCAA Outdoor Championships	June 10

### 4x400-Meter Relay

3:42.83	4th	Aztec Invitational	March 27
4:07.47	4th	Mountain West Challenge	April 7

## Bailey Watts

5-4 | Fr. | Foothill Ranch, Calif. | Trabuco Hills HS

### 1,500 Meters (PR: 4:44.28 (April 7, 2021))

4:48.07	15th	Aztec Invitational	March 27
4:44.28	7th	Mountain West Challenge	April 7
4:53.10	7th	Long Beach Invitational	April 16

## Quinn Wiley

5-3 | So. | Seattle, Wash. | Chief Sealth HS

### 400-Meter Hurdles (PR: 1:03.63 (March 7, 2020))

1:05.09	4th	Utah Dual Meet	Feb. 25
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### 4x100-Meter Relay

48.19	3rd	Utah Dual Meet	Feb. 25
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## Thaila Wilson

5-3 | Fr. | St. Catherine, Jamaica | Hydel HS

### High Jump (PR: 5-07.00 (May 1, 2021))

5-03.25 (hp)	T-4th	Aztec Invitational	March 25
5-03.00	10th	Aztec Invitational	March 27
5-05.00	T-2nd	Long Beach Invitational	April 17
5-07.00	3rd	LBSU Throws/Jumps Fest	May 1
5-01.25	T-16th	MW Outdoor Championships	May 15

### Triple Jump (PR: 36-06.75 (Feb. 25, 2021))

36-06.75	2nd	Utah Dual Meet	Feb. 25
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### Shot Put (PR: 38-03.25 (Feb. 25, 2021))

38-03.25	5th	Utah Dual Meet	Feb. 25
38-00.25 (hp)	2nd	Aztec Invitational	March 25
37-11.50	14th	Aztec Invitational	March 27
37-10.00	10th	Mountain West Challenge	April 7
36-11.75	8th	Triton Invitational	April 10

### Javelin Throw (PR: 141-8 (May 15, 2021))

132-6	1st	Utah Dual Meet	Feb. 25
128-10	6th	Aztec Invitational	March 27
126-9	4th	Mountain West Challenge	April 7
128-1	1st	Triton Invitational	April 10
141-8	2nd	MW Outdoor Championships	May 15

KEY: sr - school record; (number) - top-10 school ranking; qp - qualifying prelims; p - preliminaries; h - heats; 1r - first round; q - quarterfinals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; se - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; a - altitude; w - wind aided (> 2.0 mph); conv - converted from 4x400-yard relay;

Note that all personal records (PR) are collegiate personal records

# OUTDOOR

# 2021 SDSU TRACK & FIELD PERFORMANCE LIST

## 100 METERS

School Record: 10.96 (Ashley Henderson, 2018)

Time	Athlete	Place	Notes	Meet	Date
11.35	Jada Moore	1st	Finals, Wind	MW Championships	May 15
<b>11.48</b>	<b>Jada Moore</b>	<b>30th</b>	<b>Prelims, Frosh Rec</b>	<b>NCAA West Prelims</b>	<b>May 27</b>
11.50	Jada Moore	4th	Wind	Aztec Invitational	Mar. 27
11.61	Jada Moore	4th	Prelims	MW Championships	May 14
11.72	Jada Moore	1st		UCR Sprints Invitational	Apr. 30
11.83	Jada Moore	2nd		Mountain West Challenge	Apr. 7
11.85	Jada Moore	3rd		Long Beach Invitational	Apr. 17
<b>11.91</b>	<b>Aisha Watt</b>	<b>10th</b>	<b>Prelims</b>	<b>MW Championships</b>	<b>May 14</b>
<b>11.97</b>	<b>Jalyn Harris</b>	<b>1st</b>		<b>Triton Invitational</b>	<b>Apr. 10</b>
<b>12.00</b>	<b>Alexus Alexander</b>	<b>12th</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
12.05	Aisha Watt	2nd		Triton Invitational	Apr. 10
<b>12.09</b>	<b>Tai McDonald</b>	<b>13th</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
12.11	Aisha Watt	4th		UCR Sprints Invitational	Apr. 30
12.12	Alexus Alexander	5th		Mountain West Challenge	Apr. 7
12.13	Tai McDonald	5th		UCR Sprints Invitational	Apr. 30
12.16	Tai McDonald	15th	Prelims	MW Championships	May 14
12.19	Alexus Alexander	3rd		Triton Invitational	Apr. 10
12.23	Alexus Alexander	2nd		Utah Dual Meet	Feb. 25
12.26	Alexus Alexander	9th		UCR Sprints Invitational	Apr. 30
12.26	Tai McDonald	3rd		Utah Dual Meet	Feb. 25
12.33	Alexus Alexander	4th		Long Beach Invitational	Apr. 17
12.40	Aisha Watt	5th		Long Beach Invitational	Apr. 17
<b>12.65</b>	<b>Vanessa Spizewski</b>	<b>12th</b>		<b>UCR Sprints Invitational</b>	<b>Apr. 30</b>
12.85	Vanessa Spizewski	4th		Triton Invitational	Apr. 10

## 200 METERS

School Record: 22.34 (Tonette Dyer, 2004)

Time	Athlete	Place	Notes	Meet	Date
<b>23.11</b>	<b>Jada Moore</b>	<b>1st</b>	<b>Finals, Frosh Rec.</b>	<b>MW Championships</b>	<b>May 15</b>
<b>23.32</b>	<b>Jalyn Harris</b>	<b>25th</b>	<b>Prelims, wind</b>	<b>NCAA West Prelims</b>	<b>May 27</b>
23.35	Jada Moore	3rd	Prelims	MW Championships	May 14
23.42	Jada Moore	30th	Prelims	NCAA West Prelims	May 27
<b>23.53</b>	<b>Danae Dyer</b>	<b>4th</b>	<b>Finals</b>	<b>MW Championships</b>	<b>May 15</b>
23.58	Jalyn Harris	5th	Prelims	MW Championships	May 14
23.61	Jalyn Harris	5th	Finals	MW Championships	May 14
23.77	Danae Dyer	8th	Prelims	MW Championships	May 14
<b>23.79</b>	<b>Aisha Watt</b>	<b>9th</b>	<b>Prelims</b>	<b>MW Championships</b>	<b>May 14</b>
23.81	Aisha Watt	7th	Finals	MW Championships	May 15
23.90	Aisha Watt	43rd	Prelims	NCAA West Prelims	May 27
23.96	Jada Moore	11th		Aztec Invitational	Mar. 27
24.00	Jada Moore	1st		Mountain West Challenge	Apr. 7
24.08	Jalyn Harris	2nd		Mountain West Challenge	Apr. 7
24.11	Danae Dyer	7th		Long Beach Invitational	Apr. 17
24.14	Aisha Watt	2nd		UCR Sprints Invitational	Apr. 30
24.17	Jada Moore	8th		Long Beach Invitational	Apr. 17
24.26	Jalyn Harris	9th		Long Beach Invitational	Apr. 17
24.42	Jalyn Harris	1st		Utah Dual Meet	Feb. 25
24.54	Jada Moore	2nd		Utah Dual Meet	Feb. 25
24.57	Aisha Watt	3rd		Mountain West Challenge	Apr. 7
<b>24.63</b>	<b>Tai McDonald</b>	<b>15th</b>	<b>Prelims</b>	<b>MW Championships</b>	<b>May 14</b>
24.63	Jada Moore	1st		Triton Invitational	Apr. 10
24.71	Aisha Watt	11th		Long Beach Invitational	Apr. 17
24.71	Aisha Watt	2nd		Triton Invitational	Apr. 10
<b>24.73</b>	<b>Sara Absten</b>	<b>2nd</b>	<b>heptathlon</b>	<b>MW Championships</b>	<b>May 13</b>
<b>24.87</b>	<b>Rhea Hoyte</b>	<b>20th</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
24.96	Sara Absten	2nd	heptathlon	Franson Classic	Apr. 9
25.01	Tai McDonald	21st		Aztec Invitational	Mar. 27
25.00	Aisha Watt	3rd		Utah Dual Meet	Feb. 25
<b>25.04</b>	<b>Alexus Alexander</b>	<b>4th</b>		<b>UCR Sprints Invitational</b>	<b>Apr. 30</b>
25.12	Aisha Watt	24th		Aztec Invitational	Mar. 27
25.37	Sara Absten	7th		UCR Sprints Invitational	Apr. 30
<b>25.39</b>	<b>Maya Brosch</b>	<b>3rd</b>		<b>Triton Invitational</b>	<b>Apr. 10</b>
25.45	Alexus Alexander	12th		Long Beach Invitational	Apr. 17
25.46	Alexus Alexander	28th		Aztec Invitational	Mar. 27
<b>25.53</b>	<b>Nyari McNeil</b>	<b>9th</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
<b>25.55</b>	<b>Asia Smith</b>	<b>5th</b>	<b>heptathlon</b>	<b>MW Championships</b>	<b>May 13</b>
<b>25.93</b>	<b>Ruthie Grant-Williams</b>	<b>5th</b>	<b>wind, heptathlon</b>	<b>Franson Classic</b>	<b>Apr. 9</b>
25.97	Sara Absten	15th		Long Beach Invitational	Apr. 17
26.48	Ruthie Grant-Williams	10th	heptathlon	MW Championships	May 14
26.49	Asia Smith	7th	heptathlon	Franson Classic	Apr. 9

26.74 Ruthie Grant-Williams 4th wind, heptathlon Aztec Invitational Mar. 25

## 400 METERS

School Record: 51.15 (Tonette Dyer, 2004)

Time	Athlete	Place	Notes	Meet	Date
<b>53.70</b>	<b>Jalyn Harris</b>	<b>4th</b>	<b>Finals</b>	<b>MW Championships</b>	<b>May 15</b>
54.09	Jalyn Harris	3rd		Aztec Invitational	Mar. 27
54.15	Jalyn Harris	1st		Mountain West Challenge	Apr. 7
54.21	Jalyn Harris	8th		Long Beach Invitational	Apr. 17
54.23	Jalyn Harris	36th	Prelims	NCAA West Prelims	May 27
54.44	Jalyn Harris	3rd	Prelims	MW Championships	May 14
54.84	Jalyn Harris	1st		UCR Sprints Invitational	Apr. 30
<b>55.36</b>	<b>Nyari McNeil</b>	<b>9th</b>		<b>Long Beach Invitational</b>	<b>Apr. 17</b>
55.88	Nyari McNeil	1st		Utah Dual Meet	Feb. 25
<b>56.96</b>	<b>Rhea Hoyte</b>	<b>4th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>

## 800 METERS

School Record: 2:02.88 (Renee Chambers-Ross, 1985)

Time	Athlete	Place	Notes	Meet	Date
<b>2:05.34</b>	<b>Nyari McNeil</b>	<b>1st</b>	<b>Finals, Soph. Rec.</b>	<b>MW Championships</b>	<b>May 15</b>
2:08.58	Nyari McNeil	1st		UCR Sprints Invitational	Apr. 30
<b>2:08.86</b>	<b>Lauren Harper</b>	<b>6th</b>	<b>Finals</b>	<b>MW Championships</b>	<b>May 15</b>
2:09.54	Nyari McNeil	6th	Prelims	MW Championships	May 14
2:09.65	Lauren Harper	8th	Prelims	MW Championships	May 14
2:10.00	Nyari McNeil	1st		Long Beach Invitational	Apr. 16
2:10.17	Nyari McNeil	38th	Prelims	NCAA West Prelims	May 27
2:10.46	Nyari McNeil	1st		Triton Invitational	Apr. 10
2:12.82	Nyari McNeil	5th		Aztec Invitational	Mar. 27
2:12.87	Lauren Harper	2nd		Long Beach Invitational	Apr. 16
2:13.42	Lauren Harper	1st		UCR Distance Invitational	Apr. 29
<b>2:14.71</b>	<b>Alex Lomeli</b>	<b>6th</b>		<b>Long Beach Invitational</b>	<b>Apr. 16</b>
2:16.01	Lauren Harper	6th		Mountain West Challenge	Apr. 7
2:16.11	Alex Lomeli	6th		Aztec Invitational	Mar. 27
2:17.53	Alex Lomeli	5th		UCR Distance Invitational	Apr. 29
2:19.39	Lauren Harper	4th		Utah Dual Meet	Feb. 25
2:19.74	Alex Lomeli	5th		Utah Dual Meet	Feb. 25
<b>2:20.17</b>	<b>Jessica Kain</b>	<b>6th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
<b>2:20.70</b>	<b>Emily Burd</b>	<b>7th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
<b>2:23.79</b>	<b>Sara Absten</b>	<b>1st</b>	<b>heptathlon</b>	<b>MW Championships</b>	<b>May 14</b>
2:25.77	Sara Absten	4th	heptathlon	Franson Classic	Apr. 10
<b>2:26.48</b>	<b>Asia Smith</b>	<b>5th</b>	<b>heptathlon</b>	<b>MW Championships</b>	<b>May 14</b>
<b>2:41.90</b>	<b>Ruthie Grant-Williams</b>	<b>7th</b>	<b>heptathlon</b>	<b>Franson Classic</b>	<b>Apr. 10</b>

## 1,500 METERS

School Record: 4:06.69 (Monica Joyce, 1982)

Time	Athlete	Place	Notes	Meet	Date
<b>4:21.87</b>	<b>Jessica Kain</b>	<b>3rd</b>	<b>Finals, No. 4 all-time</b>	<b>MW Championships</b>	<b>May 15</b>
4:23.83	Jessica Kain	2nd		UCR Distance Invitational	Apr. 29
4:24.34	Jessica Kain	25th	Prelims	NCAA West Prelims	May 27
4:31.18	Jessica Kain	4th		Aztec Invitational	Mar. 27
4:31.33	Jessica Kain	1st		Long Beach Invitational	Apr. 16
4:32.56	Jessica Kain	6th	Prelims	MW Championships	May 14
<b>4:33.86</b>	<b>Emily Burd</b>	<b>11th</b>	<b>Prelims</b>	<b>MW Championships</b>	<b>May 14</b>
4:35.09	Jessica Kain	1st		Utah Dual Meet	Feb. 25
4:35.70	Emily Burd	11th	Finals	MW Championships	May 14
4:35.79	Emily Burd	2nd		Long Beach Invitational	Apr. 16
4:36.58	Emily Burd	2nd		Mountain West Challenge	Apr. 7
<b>4:36.64</b>	<b>Lauren Harper</b>	<b>3rd</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
<b>4:37.98</b>	<b>Carlene Masar</b>	<b>3rd</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
4:38.07	Emily Burd	4th		Utah Dual Meet	Feb. 25
4:39.05	Emily Burd	9th		Aztec Invitational	Mar. 27
<b>4:41.77</b>	<b>Alex Lomeli</b>	<b>5th</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
<b>4:43.18</b>	<b>Renee Phillips</b>	<b>6th</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
<b>4:44.28</b>	<b>Bailey Watts</b>	<b>7th</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
4:46.53	Bailey Watts	9th		UCR Distance Invitational	Apr. 29
4:48.07	Bailey Watts	15th		Aztec Invitational	Mar. 27
4:48.98	Renee Phillips	6th		Long Beach Invitational	Apr. 16
4:53.10	Bailey Watts	7th		Long Beach Invitational	Apr. 16
<b>4:53.83</b>	<b>Nyari McNeil</b>	<b>10th</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
5:06.11	Lauren Harper	10th		Long Beach Invitational	Apr. 16

## 2021 SDSU TRACK & FIELD PERFORMANCE LIST

### 3,000 METERS

School Record: 8:53.24 (Monica Joyce, 1982)

Time	Athlete	Place	Notes	Meet	Date
10:01.50	Jessica Kain	1st		Mountain West Challenge	Apr. 7
10:15.02	Carlene Masar	3rd		Utah Dual Meet	Feb. 25
10:33.67	Amber Elias	4th		Mountain West Challenge	Apr. 7
10:37.85	Amber Elias	5th		Utah Dual Meet	Feb. 25
10:43.24	Renee Phillips	6th		Utah Dual Meet	Feb. 25
11:01.29	Paige Comiso	6th		Mountain West Challenge	Apr. 7
11:06.33	Naomi Smitham	7th		Utah Dual Meet	Feb. 25
11:10.19	Naomi Smitham	7th		Mountain West Challenge	Apr. 7
11:26.41	Isabelle Davis	8th		Utah Dual Meet	Feb. 25
11:29.85	Isabelle Davis	10th		Mountain West Challenge	Apr. 7
11:49.05	Natalie Regaldo	9th		Utah Dual Meet	Feb. 25

### 5,000 METERS

School Record: 15:45.26 (Monica Joyce, 1982)

Time	Athlete	Place	Notes	Meet	Date
17:34.01	Carlene Masar	3rd		Aztec Invitational	Mar. 27
17:53.71	Emily Burd	4th		UCR Distance Invitational	Apr. 29
17:56.32	Amber Elias	6th		UCR Distance Invitational	Apr. 29
18:01.68	Renee Phillips	10th		UCR Distance Invitational	Apr. 29
18:05.19	Renee Phillips	7th		Aztec Invitational	Mar. 27
18:16.58	Amber Elias	12th		Aztec Invitational	Mar. 27
18:45.32	Naomi Smitham	17th		Aztec Invitational	Mar. 27
18:57.85	Naomi Smitham	15th		UCR Distance Invitational	Apr. 29
19:02.89	Paige Comiso	16th		UCR Distance Invitational	Apr. 29
19:26.73	Paige Comiso	21st		Aztec Invitational	Mar. 27

### 10,000 METERS

School Record: 34:22.24 (Lynn Kanuka, 1981)

Time	Athlete	Place	Notes	Meet	Date
35:27.53	Carlene Masar	6th	No. 5 all-time	Bryan Clay Invitational	Apr. 17
38:39.92	Amber Elias	16th		Bryan Clay Invitational	Apr. 17
38:52.28	Carlene Masar	17th		MW Championships	May 13
39:32.43	Naomi Smitham	20th		Bryan Clay Invitational	Apr. 17
40:14.38	Paige Comison	23rd		Bryan Clay Invitational	Apr. 17

### 100-METER HURDLES

School Record: 12.82 (Miesha McKelvy, 1999)

Time	Athlete	Place	Notes	Meet	Date
12.99	Danae Dyer	1st	Finals, Wind	MW Championships	May 15
13.31	Danae Dyer	25th	Prelims, Wind	NCAA West Prelims	May 27
13.35	Danae Dyer	4th		Long Beach Invitational	Apr. 17
13.38	Danae Dyer	1st	Prelims	MW Championships	May 14
13.42	Danae Dyer	17th	Finals	NCAA West Prelims	May 28
13.42	Danae Dyer	1st		Mountain West Challenge	Apr. 7
13.57	Danae Dyer	1st		Triton Invitational	Apr. 10
13.68	Danae Dyer	4th		Aztec Invitational	Mar. 27
13.87	Danae Dyer	1st		Utah Dual Meet	Feb. 25
13.99	Asia Smith	2nd	heptathlon	MW Championships	May 13
14.06	Asia Smith	5th	Prelims	MW Championships	May 14
14.13	Asia Smith	5th	Finals, Wind	MW Championships	May 15
14.37	Asia Smith	2nd	heptathlon	Franson Classic	Apr. 9
14.40	Asia Smith	2nd		Utah Dual Meet	Feb. 25
14.50	Asia Smith	2nd		UCR Sprints Invitational	Apr. 30
14.50	Sara Absten	4th		Utah Dual Meet	Feb. 25
14.50	Sara Absten	2nd	wind, heptathlon	Aztec Invitational	Mar. 25
14.51	Sara Absten	6th	heptathlon	MW Championships	May 13
14.64	Sara Absten	4th	heptathlon	Franson Classic	Apr. 9
14.70	Sara Absten	6th		Long Beach Invitational	Apr. 17
14.72	Sara Absten	11th	Prelims	MW Championships	May 14
14.86	Ruthie Grant-Williams	3rd	wind, heptathlon	Aztec Invitational	Mar. 25
14.95	Ruthie Grant-Williams	7th	wind, heptathlon	Franson Classic	Apr. 9
15.14	Ruthie Grant-Williams	9th	heptathlon	MW Championships	May 13
15.18	Ruthie Grant-Williams	5th		Utah Dual Meet	Feb. 25
15.37	Ruthie Grant-Williams	9th		Long Beach Invitational	Apr. 17
16.18	Sara Absten	17th		Aztec Invitational	Mar. 27

### 400-METER HURDLES

School Record: 54.64 (LaTanya Sheffield, 1985)

Time	Athlete	Place	Notes	Meet	Date
58.74	Maya Brosch	1st	No. 9 all-time	Aztec Invitational	Mar. 27

58.99	Maya Brosch	1st		Mountain West Challenge	Apr. 7
59.02	Rhea Hoyte	1st		UCR Sprints Invitational	Apr. 30
59.54	Maya Brosch	1st	Finals	MW Championships	May 15
59.55	Maya Brosch	1st	Prelims	MW Championships	May 14
59.66	Rhea Hoyte	2nd	Finals	MW Championships	May 15
1:00.25	Maya Brosch	1st		Long Beach Invitational	Apr. 17
1:00.33	Rhea Hoyte	33rd	Prelims	NCAA West Prelims	May 27
1:00.34	Maya Brosch	2nd		UCR Sprints Invitational	Apr. 30
1:00.57	Maya Brosch	41st	Prelims	NCAA West Prelims	May 27
1:00.97	Rhea Hoyte	3rd	Prelims	MW Championships	May 14
1:01.84	Rhea Hoyte	2nd		Long Beach Invitational	Apr. 17
1:01.85	Rhea Hoyte	3rd		Mountain West Challenge	Apr. 7
1:02.04	Rhea Hoyte	1st		Triton Invitational	Apr. 10
1:02.05	Maya Brosch	1st		Utah Dual Meet	Feb. 25
1:03.27	Carina Clark	3rd		Triton Invitational	Apr. 10
1:03.93	Carina Clark	15th	Prelims	MW Championships	May 14
1:04.63	Carina Clark	6th		Mountain West Challenge	Apr. 7
1:04.87	Carina Clark	3rd		Utah Dual Meet	Feb. 25
1:05.09	Quinn Wiley	4th		Utah Dual Meet	Feb. 25
1:05.27	Carina Clark	10th		UCR Sprints Invitational	Apr. 30
1:05.32	Carina Clark	10th		Aztec Invitational	Mar. 27
1:07.59	Carina Clark	8th		Long Beach Invitational	Apr. 17

### 3,000-METER STEEPLECHASE

School Record: 10:23.34 (Marie Nilsson, 2004)

Time	Athlete	Place	Notes	Meet	Date
11:39.3	Isabelle Davis	4th		Aztec Invitational	Mar. 27
11:57.09	Isabelle Davis	3rd		Long Beach Invitational	Apr. 16

### 4x100-METER RELAY

School Record: 42.99 (Auzenne, Glenn, Smith, Henderson, 2017)

Time	Team	Place	Notes	Meet	Date
44.15	McDonald, Dyer, Watt, Moore	1st		MW Championships	May 15
44.48	McDonald, Dyer, Watt, Moore	11th		NCAA West Prelims	May 28
45.20	Moore, Harris, McDonald, Dyer	4th		Aztec Invitational	Mar. 27
45.36	Alexander, McDonald, Moore, Dyer	1st		Utah Dual Meet	Feb. 25
45.99	Alexander, McDonald, Moore, Dyer	1st		Triton Invitational	Apr. 10
46.54	Alexander, Watt, Hoyte, Spizewski	1st		Mountain West Challenge	Apr. 7
48.19	Watt, Hoyte, Brosch, Wiley	3rd		Utah Dual Meet	Feb. 25

### 4x200-METER RELAY

School Record: 1:32.99 (Smedley, Dyer, McNair, Ireland, 2003)

Time	Team	Place	Notes	Meet	Date
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### 4x400-METER RELAY

School Record: 3:30.57 (Nilsson, Ross, Robinson, Sheffield, 1985)

Time	Team	Place	Notes	Meet	Date
3:36.72	Brosch, Harris, Hoyte, McNeil	14th		NCAA West Prelims	May 28
3:38.94	Brosch, Harris, Hoyte, McNeil	1st		MW Championships	May 15
3:41.35	Brosch, Harris, Moore, McNeil	1st		UCR Sprints Invitational	Apr. 30
3:42.44	Hoyte, Dyer, McNeil, Harris	1st		Utah Dual Meet	Feb. 25
3:42.83	Brosch, Hoyte, Watt, McNeil	4th		Aztec Invitational	Mar. 27
3:49.87	Brosch, Moore, McDonald, Alexander	3rd		Utah Dual Meet	Feb. 25
4:02.23	Absten, Grant-Williams, Smith, Clark	4th		Utah Dual Meet	Feb. 25
4:07.47	Harper, Burd, Watts, Lomeli	4th		Mountain West Challenge	Apr. 7

### SHUTTLE HURDLES RELAY

School Record: 54.34 (Brahm-Lawrence, Auzenne, Knight, Ellis, 2017)

Mark	Athlete	Place	Notes	Meet	Date
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### POLE VAULT

School Record: 14-09.50 (Bonnie Draxler, 2019)

Mark	Athlete	Place	Notes	Meet	Date
14-00.00	Kaitlin Heri	1st	No. 5 all-time	Mountain West Challenge	Apr. 7
13-08.25	Kaitlin Heri	17th		NCAA West Prelims	May 28
13-06.25	Kaitlin Heri	1st		Triton Invitational	Apr. 10
13-06.25	Kaitlin Heri	2nd		Aztec Invitational	Mar. 27
13-04.25	Kaitlin Heri	1st		Utah Dual Meet	Feb. 25
13-03.50	Kaitlin Heri	1st		Long Beach Invitational	Apr. 17
13-02.25	Kaitlin Heri	2nd		MW Championships	May 14
13-02.25	Elizabeth Funk	3rd		MW Championships	May 14
13-01.50	Kaitlin Heri	1st		LBSU Jumps/Throws Fest	May 1

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13-00.25	Elizabeth Funk	2nd	Mountain West Challenge	Apr. 7
13-00.25	Elizabeth Funk	2nd	Utah Dual Meet	Feb. 25
12-11.50	Elizabeth Funk	2nd	Long Beach Invitational	Apr. 17
<b>12-10.25</b>	<b>Kaitlyn Swenson</b>	<b>4th</b>	<b>Aztec Invitational</b>	<b>Mar. 27</b>
12-10.25	Elizabeth Funk	8th	Aztec Invitational	Mar. 27
12-06.25	Kaitlyn Swenson	4th	Mountain West Challenge	Apr. 7
12-05.50	Elizabeth Funk	4th	LBSU Jumps/Throws Fest	May 1
12-05.50	Kaitlyn Swenson	3rd	Long Beach Invitational	Apr. 17
12-02.00	Kaitlyn Swenson	T-2nd	Triton Invitational	Apr. 10
12-02.00	Elizabeth Funk	T-2nd	Triton Invitational	Apr. 10
<b>12-02.00</b>	<b>Delaney Fields</b>	<b>T-2nd</b>	<b>Triton Invitational</b>	<b>Apr. 10</b>
12-00.50	Kaitlyn Swenson	3rd	Utah Dual Meet	Feb. 25
12-00.50	Delaney Fields	5th	Mountain West Challenge	Apr. 7
11-10.50	Delaney Fields	10th	Aztec Invitational	Mar. 27
11-07.00	Delaney Fields	11th	MW Championships	May 14
11-05.75	Delaney Fields	8th	LBSU Jumps/Throws Fest	May 1
11-05.75	Delaney Fields	T-4th	Long Beach Invitational	Apr. 17
<b>NH</b>	<b>Alysia Allen</b>	<b>--</b>	<b>Utah Dual Meet</b>	<b>Feb. 25</b>

### HIGH JUMP

School Record: 5-11.75 (Lori Clark, 1984)

Mark	Athlete	Place	Notes	Meet	Date
<b>5-09.75</b>	<b>Jade Cany</b>	<b>4th</b>	<b>No. 4 all time</b>	<b>MW Championships</b>	<b>May 15</b>
5-07.75	Jade Cany	T-30th		NCAA West Prelims	May 28
<b>5-07.25</b>	<b>Ruthie Grant-Williams</b>	<b>1st</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
<b>5-07.00</b>	<b>Asia Smith</b>	<b>3rd</b>	<b>heptathlon</b>	<b>MW Championships</b>	<b>May 15</b>
<b>5-07.00</b>	<b>Thaila Wilson</b>	<b>3rd</b>		<b>LBSU Jumps/Throws Fest</b>	<b>May 1</b>
5-07.00	Jade Cany	T-1st		Triton Invitational	Apr. 10
5-07.00	Jade Cany	2nd		Mountain West Challenge	Apr. 7
<b>5-05.75</b>	<b>Sara Absten</b>	<b>T-1st</b>	<b>heptathlon</b>	<b>Aztec Invitational</b>	<b>Mar. 25</b>
5-05.75	Ruthie Grant-Williams	T-1st	heptathlon	Aztec Invitational	Mar. 25
5-05.00	Jade Cany	4th		LBSU Jumps/Throws Fest	May 1
<b>5-05.00</b>	<b>Asia Smith</b>	<b>T-1st</b>	<b>heptathlon</b>	<b>Franson Classic</b>	<b>Apr. 9</b>
5-05.00	Jade Cany	T-2nd		Long Beach Invitational	Apr. 17
5-05.00	Thaila Wilson	T-2nd		Long Beach Invitational	Apr. 17
5-05.00	Asia Smith	5th		Long Beach Invitational	Apr. 17
5-05.00	Ruthie Grant-Williams	T-1st	heptathlon	Franson Classic	Apr. 9
5-05.00	Jade Cany	7th		Aztec Invitational	Mar. 27
5-05.00	Sara Absten	2nd		Utah Dual Meet	Feb. 25
5-05.00	Asia Smith	3rd		Utah Dual Meet	Feb. 25
5-03.25	Asia Smith	12th		MW Championships	May 15
5-03.25	Thaila Wilson	T-4th	heptathlon	Aztec Invitational	Mar. 25
5-03.00	Ruthie Grant-Williams	6th		Long Beach Invitational	Apr. 17
5-03.00	Thaila Wilson	10th		Aztec Invitational	Mar. 27
5-03.00	Ruthie Grant-Williams	11th		Aztec Invitational	Mar. 27
5-02.50	Sara Absten	T-3rd	heptathlon	Franson Classic	Apr. 9
5-02.25	Sara Absten	T-5th	heptathlon	MW Championships	May 15
5-01.25	Thaila Wilson	T-16th		MW Championships	May 15
5-01.25	Sara Absten	T-16th		MW Championships	May 15
<b>5-01.25</b>	<b>Isabelle Gartner</b>	<b>4th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
5-01.00	Ruthie Grant-Williams	7th	heptathlon	MW Championships	May 15

### LONG JUMP

School Record: 21-09.50 (Karoline Koehler, 2009)

Mark	Athlete	Place	Notes	Meet	Date
<b>18-08.50</b>	<b>Asia Smith</b>	<b>4th</b>	<b>Heptathlon</b>	<b>MW Championships</b>	<b>May 13</b>
<b>18-08.00</b>	<b>Vanessa Spizewski</b>	<b>2nd</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
<b>18-06.00</b>	<b>Sara Absten</b>	<b>3rd</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
18-03.00	Vanessa Spizewski	11th		MW Championships	May 14
18-03.00	Asia Smith	3rd	wind	LBSU Jumps/Throws Fest	May 1
18-03.00	Vanessa Spizewski	5th		Mountain West Challenge	Apr. 7
18-02.50	Vanessa Spizewski	1st		Triton Invitational	Apr. 10
18-02.25	Sara Absten	3rd	heptathlon	Franson Classic	Apr. 10
18-01.75	Asia Smith	3rd		Long Beach Invitational	Apr. 17
17-10.25	Sara Absten	4th		Long Beach Invitational	Apr. 17
17-09.00	Ruthie Grant-Williams	6th	heptathlon, wind	Franson Classic	Apr. 10
17-08.75	Vanessa Spizewski	5th		Long Beach Invitational	Apr. 17
<b>17-07.00</b>	<b>Ruthie Grant-Williams</b>	<b>3rd</b>	<b>heptathlon</b>	<b>Aztec Invitational</b>	<b>Mar. 26</b>
<b>17-06.75</b>	<b>Sara Absten</b>	<b>4th</b>	<b>heptathlon</b>	<b>Aztec Invitational</b>	<b>Mar. 26</b>
<b>17-05.50</b>	<b>Dejanae Thompson</b>	<b>3rd</b>		<b>Triton Invitational</b>	<b>Apr. 10</b>
17-03.25	Sara Absten	8th	heptathlon	MW Championships	May 14
17-03.25	Ruthie Grant-Williams	3rd		LBSU Jumps/Throws Fest	May 1

<b>17-02.00</b>	<b>Lauryn Moore</b>	<b>1st</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
17-01.50	Ruthie Grant-Williams	7th		Long Beach Invitational	Apr. 17
<b>17-00.00</b>	<b>Simone Johnson</b>	<b>3rd</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
16-07.25	Dejanae Thompson	10th		Mountain West Challenge	Apr. 7
16-03.25	Lauryn Moore	9th		Triton Invitational	Apr. 10
<b>16-03.00</b>	<b>Alanna Stein</b>	<b>4th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
14-07.75	Ruthie Grant-Williams	11th	heptathlon	MW Championships	May 14

### TRIPLE JUMP

School Record: 46-05.00 (Shanika Thomas, 2013)

Mark	Athlete	Place	Notes	Meet	Date
<b>42-03.50</b>	<b>Simone Johnson</b>	<b>2nd</b>	<b>No. 5 all-time</b>	<b>Long Beach Invitational</b>	<b>Apr. 17</b>
41-05.00	Simone Johnson	3rd		MW Championships	May 15
39-08.00	Simone Johnson	40th		NCAA West Prelims	May 28
<b>39-02.25</b>	<b>Jade Cany</b>	<b>4th</b>		<b>LBSU Jumps/Throws Fest</b>	<b>May 1</b>
39-02.25	Simone Johnson	2nd		Triton Invitational	Apr. 10
38-09.75	Simone Johnson	1st		Utah Dual Meet	Feb. 25
38-04.75	Jade Cany	10th	Wind	MW Championships	May 15
37-10.75	Simone Johnson	7th		Aztec Invitational	Mar. 27
<b>37-10.50</b>	<b>Lauryn Moore</b>	<b>4th</b>		<b>Long Beach Invitational</b>	<b>Apr. 17</b>
37-03.75	Jade Cany	7th		Long Beach Invitational	Apr. 17
36-09.00	Lauryn Moore	4th	wind	Triton Invitational	Apr. 10
36-08.25	Lauryn Moore	14th		MW Championships	May 15
<b>36-06.75</b>	<b>Thaila Wilson</b>	<b>2nd</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
36-04.00	Jade Cany	6th		Mountain West Challenge	Apr. 7
35-05.00	Lauryn Moore	3rd		Utah Dual Meet	Feb. 25
34-11.75	Jade Cany	4th		Utah Dual Meet	Feb. 25
<b>33-09.50</b>	<b>Alanna Stein</b>	<b>6th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>

### SHOT PUT

School Record: 58-03.50 (Ramona Pagel, 1984)

Mark	Athlete	Place	Notes	Meet	Date
<b>51-03.50</b>	<b>Jordyn Bryant</b>	<b>1st</b>	<b>No. 4 all-time, Soph. record</b>	<b>LBSU Fest</b>	<b>Apr. 30</b>
49-05.00	Jordyn Bryant	3rd		Aztec Invitational	Mar. 27
48-10.25	Jordyn Bryant	6th		MW Championships	May 14
48-10.25	Jordyn Bryant	1st		Mountain West Challenge	Apr. 7
47-11.75	Jordyn Bryant	1st		Long Beach Invitational	Apr. 16
47-07.00	Jordyn Bryant	1st		Triton Invitational	Apr. 10
47-01.50	Jordyn Bryant	45th		NCAA West Prelims	May 27
45-07.75	Jordyn Bryant	1st		Utah Dual Meet	Feb. 25
<b>44-09.00</b>	<b>Erica Grotegeer</b>	<b>2nd</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
<b>43-10.50</b>	<b>Felicia Crenshaw</b>	<b>4th</b>		<b>LBSU Throws/Jumps Fest</b>	<b>Apr. 30</b>
<b>43-05.25</b>	<b>Onyi Anigbogu</b>	<b>5th</b>		<b>LBSU Throws/Jumps Fest</b>	<b>Apr. 30</b>
43-00.25	Onyi Anigbogu	3rd		Utah Dual Meet	Feb. 25
42-05.50	Erica Grotegeer	3rd		Triton Invitational	Apr. 10
41-11.25	Felicia Crenshaw	5th		Long Beach Invitational	Apr. 16
<b>41-10.50</b>	<b>Asia Smith</b>	<b>1st</b>	<b>heptathlon</b>	<b>MW Championships</b>	<b>May 13</b>
41-05.00	Onyi Anigbogu	6th		Long Beach Invitational	Apr. 16
41-04.50	Asia Smith	7th		Long Beach Invitational	Apr. 16
41-03.25	Onyi Anigbogu	11th		Aztec Invitational	Mar. 27
40-10.25	Onyi Anigbogu	4th		Triton Invitational	Apr. 10
40-09.50	Erica Grotegeer	6th		Mountain West Challenge	Apr. 7
40-06.25	Asia Smith	7th		Mountain West Challenge	Apr. 7
40-04.75	Onyi Anigbogu	8th		Mountain West Challenge	Apr. 7
40-04.00	Erica Grotegeer	15th		MW Championships	May 14
40-02.00	Felicia Crenshaw	9th		Mountain West Challenge	Apr. 7
40-01.50	Asia Smith	1st	heptathlon	Franson Classic	Apr. 9
39-10.50	Erica Grotegeer	9th		Long Beach Invitational	Apr. 16
39-08.50	Asia Smith	12th		Aztec Invitational	Mar. 27
39-06.75	Felicia Crenshaw	5th		Triton Invitational	Apr. 10
39-02.25	Felicia Crenshaw	17th		MW Championships	May 14
38-11.00	Asia Smith	4th		Utah Dual Meet	Feb. 25
38-07.50	Erica Grotegeer	11th		LBSU Throws/Jumps Fest	Apr. 30
<b>38-03.25</b>	<b>Thaila Wilson</b>	<b>5th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
38-00.25	Thaila Wilson	2nd	heptathlon	Aztec Invitational	Mar. 25
37-10.00	Thaila Wilson	10th		Mountain West Challenge	Apr. 7
37-08.75	Asia Smith	3rd	heptathlon	Aztec Invitational	Mar. 25
37-11.50	Thaila Wilson	14th		Aztec Invitational	Mar. 27
36-11.75	Thaila Wilson	8th		Triton Invitational	Apr. 10
<b>36-07.50</b>	<b>Sara Absten</b>	<b>6th</b>		<b>MW Championships</b>	<b>May 13</b>
35-03.75	Sara Absten	11th		Mountain West Challenge	Apr. 7
<b>35-03.00</b>	<b>Ruthie Grant-Williams</b>	<b>12th</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>

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34-05.75	Sara Absten	10th		Long Beach Invitational	Apr. 16	91-2	Asia Smith	5th	heptathlon	Aztec Invitational	Mar. 26
34-03.50	Ruthie Grant-Williams	7th		MW Championships	May 13	85-3	Asia Smith	7th	heptathlon	Franson Classic	Apr. 10
34-02.00	Ruthie Grant-Williams	11th		Long Beach Invitational	Apr. 16	<b>80-1</b>	<b>Sara Absten</b>	<b>10th</b>	<b>heptathlon</b>	<b>MW Championships</b>	<b>May 15</b>
33-09.25	Ruthie Grant-Williams	5th	heptathlon	Aztec Invitational	Mar. 25	79-5	Ruthie Grant-Williams	11th	heptathlon	MW Championships	May 15
33-06.00	Ruthie Grant-Williams	6th	heptathlon	Franson Classic	Apr. 9	70-11	Sara Absten	9th	heptathlon	Aztec Invitational	Mar. 25
33-04.00	Sara Absten	7th	heptathlon	Franson Classic	Apr. 9	63-6	Sara Absten	8th	heptathlon	Franson Classic	Apr. 10
32-09.00	Ruthie Grant-Williams	6th		Utah Dual Meet	Feb. 25						
31-04.50	Sara Absten	7th		Utah Dual Meet	Feb. 25						
31-02.75	Sara Absten	T-7th	heptathlon	Aztec Invitational	Mar. 25						

### DISCUS THROW

School Record: 196-10 (Whitney Ashley, 2012)

Mark	Athlete	Place	Notes	Meet	Date
<b>182-5</b>	<b>Erica Grotegeer</b>	<b>2nd</b>	<b>No. 5 all-time</b>	<b>MW Championships</b>	<b>May 15</b>
<b>172-5</b>	<b>Jordyn Bryant</b>	<b>2nd</b>	<b>No. 8 all-time</b>	<b>Aztec Invitational</b>	<b>Mar. 27</b>
171-5	Erica Grotegeer	1st		Mountain West Challenge	Apr. 7
171-4	Jordyn Bryant	1st		Long Beach Invitational	Apr. 16
168-4	Erica Grotegeer	26th		NCAA West Prelims	May 28
167-2	Jordyn Bryant	2nd		Mountain West Challenge	Apr. 7
166-11	Jordyn Bryant	1st		LBSU Throws/Jumps Fest	Apr. 30
165-11	Erica Grotegeer	1st		Triton Invitational	Apr. 10
165-8	Erica Grotegeer	1st		Utah Dual Meet	Feb. 25
<b>164-4</b>	<b>Felicia Crenshaw</b>	<b>7th</b>	<b>No. 10 all-time</b>	<b>MW Championships</b>	<b>May 15</b>
160-7	Felicia Crenshaw	2nd		Triton Invitational	Apr. 10
160-3	Jordyn Bryant	3rd		Triton Invitational	Apr. 10
158-8	Erica Grotegeer	3rd		Long Beach Invitational	Apr. 16
158-4	Felicia Crenshaw	5th		Long Beach Invitational	Apr. 16
155-4	Felicia Crenshaw	2nd		Utah Dual Meet	Feb. 25
155-3	Erica Grotegeer	2nd		LBSU Throws/Jumps Fest	Apr. 30
153-11	Jordyn Bryant	10th		MW Championships	May 15
152-10	Felicia Crenshaw	3rd		LBSU Throws/Jumps Fest	Apr. 30
149-5	Jordyn Bryant	3rd		Utah Dual Meet	Feb. 25
<b>148-7</b>	<b>Cari Acosta</b>	<b>4th</b>		<b>Triton Invitational</b>	<b>Apr. 10</b>
148-4	Felicia Crenshaw	4th		Mountain West Challenge	Apr. 7
147-10	Cari Acosta	6th		Long Beach Invitational	Apr. 16
147-9	Felicia Crenshaw	7th		Aztec Invitational	Mar. 27
145-0	Cari Acosta	14th		MW Championships	May 15
144-2	Cari Acosta	10th		Aztec Invitational	Mar. 27
143-10	Cari Acosta	6th		Mountain West Challenge	Apr. 7
142-09	Cari Acosta	4th		Utah Dual Meet	Feb. 25
137-10	Cari Acosta	10th		LBSU Throws/Jumps Fest	Apr. 30
<b>131-8</b>	<b>Onyi Anigbogu</b>	<b>12th</b>		<b>LBSU Throws/Jumps Fest</b>	<b>Apr. 30</b>
125-6	Onyi Anigbogu	16th		Aztec Invitational	Mar. 27
124-1	Onyi Anigbogu	11th		Long Beach Invitational	Apr. 16
124-1	Onyi Anigbogu	7th		Triton Invitational	Apr. 10
113-7	Onyi Anigbogu	5th		Utah Dual Meet	Feb. 25
112-10	Onyi Anigbogu	8th		Mountain West Challenge	Apr. 7

### HAMMER THROW

School Record: 196-10 (Whitney Ashley, 2012)

Mark	Athlete	Place	Notes	Meet	Date
<b>165-4</b>	<b>Felicia Crenshaw</b>	<b>6th</b>	<b>No. 9 all-time</b>	<b>Long Beach Invitational</b>	<b>Apr. 16</b>
<b>156-11</b>	<b>Cari Acosta</b>	<b>16th</b>		<b>MW Championships</b>	<b>May 14</b>
155-5	Felicia Crenshaw	5th		LBSU Throws/Jumps Fest	Apr. 30
152-0	Cari Acosta	7th		LBSU Throws/Jumps Fest	Apr. 30
151-7	Cari Acosta	7th		Long Beach Invitational	Apr. 16
143-10	Felicia Crenshaw	20th		MW Championships	May 14
141-8	Cari Acosta	9th		Aztec Invitational	Mar. 26
139-2	Felicia Crenshaw	12th		Aztec Invitational	Mar. 25

### JAVELIN THROW

School Record: 160-05.25 (Niki Oudenaarden, 2014)

Mark	Athlete	Place	Notes	Meet	Date
<b>141-8</b>	<b>Thaila Wilson</b>	<b>2nd</b>	<b>No. 8 all-time</b>	<b>MW Championships</b>	<b>May 15</b>
132-06	Thaila Wilson	1st		Utah Dual Meet	Feb. 25
128-10	Thaila Wilson	6th		Aztec Invitational	Mar. 27
128-1	Thaila Wilson	1st		Triton Invitational	Apr. 10
126-9	Thaila Wilson	4th		Mountain West Challenge	Apr. 7
<b>98-1</b>	<b>Asia Smith</b>	<b>6th</b>	<b>heptathlon</b>	<b>MW Championships</b>	<b>May 14</b>
<b>97-9</b>	<b>Ruthie Grant-Williams</b>	<b>6th</b>	<b>heptathlon</b>	<b>Franson Classic</b>	<b>Apr. 10</b>
93-6	Ruthie Grant-Williams	4th	heptathlon	Aztec Invitational	Mar. 26
91-5	Asia Smith	14th		Aztec Invitational	Mar. 27

### HEPTATHLON

School Record: 5,917 (Allison Reaser, 2014)

Points	Athlete	Place	Notes	Meet	Date
<b>5,355</b>	<b>Asia Smith</b>	<b>4th</b>	<b>No. 9 all-time</b>	<b>MW Championships</b>	<b>May 14</b>
<b>4,947</b>	<b>Sara Absten</b>	<b>5th</b>		<b>MW Championships</b>	<b>May 14</b>
4,780	Sara Absten	5th		Franson Classic	Apr. 10
<b>4,687</b>	<b>Ruthie Grant-Williams</b>	<b>6th</b>		<b>Franson Classic</b>	<b>Apr. 10</b>
3,602	Ruthie Grant-Williams	DNF	Competed in 6 events	MW Championships	May 14
3,554	Asia Smith	DNF	Competed in 5 events	Franson Classic	Apr. 10