

Cross Country

This Week:

Nov. 16.....NCAA Regionals.....9 a.m.



2002 SCHEDULE

Date	Event	Time/Result
Aug. 31	at CSU Fullerton Invite	6th/17
Sept. 14	Aztec Invitational	3rd/7
Sept. 21	at Hawai'i Invite	4th/13
Sept. 21	at UC Riverside Invite	DNP
Sept. 28	at Stanford Invite	9th/33
Oct. 12	at UCSD Invitational	6th/11
Oct. 19	at Long Beach Invite	3rd/10
Nov. 1	at MWC Championships#	7th/8
Nov. 16	at NCAA Regionals*	9 a.m.
Nov. 25	at NCAA Championships^	9 a.m.

Provo, Utah
 *Palo Alto, Calif.
 ^ Terra Haute, Ind.

2002 TOP TIMES

As of 11/1/02

5K Top Times

Athlete	Time
1. Jennifer Stakiw	18:13.00
2. Jennifer Stakiw	18:27.60
3. Alicia Stewart	18:37.00
4. Jamillah Titus	18:46.00
5. Jennifer Stakiw	18:52.00
6. Christal Cuadra	19:08.00
7. Christal Cuadra	19:10.00
8. Alicia Stewart	19:11.00
Jamillah Titus	19:11.00
10. Kylie Edwards	19:20.00

6K Top Times

Athlete	Time
1. Jennifer Stakiw	21:50.00
2. Alicia Stewart	22:12.00
3. Jennifer Stakiw	22:36.80
4. Christal Cuadra	22:50.00
5. Jamillah Titus	22:54.00
6. Kylie Edwards	23:17.00
7. Alicia Stewart	23:19.60
8. Alicia Stewart	23:22.80
9. Jamillah Titus	23:25.40
10. Christal Cuadra	23:32.30

NCAA Regionals This Week

- The Aztecs head to Palo Alto, Calif. this week to compete in the NCAA District 8 regionals. Stanford University will host the meet.
- SDSU has competed on the regional course already this season at the Stanford Invitational on Sept. 28. The Aztecs posted a top-10 finish there and hope to have the same success during regionals.
- Assistant coach Jennifer Nanista announced that she will be sending six runners this year. **Jennifer Stakiw, Alicia Stewart, Kylie Edwards, Jamillah Titus, Christal Cuadra, and Tina Fodor** will represent SDSU.
- Last year at regionals, the Aztecs competed with only four runners and did not place in the team standings.
- Individually, Stakiw led the pack with a time of 23:35.3 and Stewart finished in 24:52.7.

Conference Championships

- Battling cold weather and high altitude, the San Diego State women's cross country team finished seventh overall in the Mountain West Conference Championships Friday in Provo, Utah.
- For the sixth time this season, senior **Jennifer Stakiw** led SDSU with a 22nd-place finish overall and a time of 22:36.8. Following close behind Stakiw was fellow senior **Alicia Stewart**, who finished 32nd with a time of 23:19.6. **Stakiw and Stewart** have teamed up three times this season to pace the Aztecs.



"They ran tough," said assistant coach **Jennifer Nanista**. "They went out and did a good job. The altitude just caught up with us today."

- According to Nanista, the middle of the field could have gone to any squad. SDSU was nine points out of fifth place and just three points out of

sixth. The Aztecs finished ahead of UNLV by 14 points.

- Defending NCAA champion and three-time conference champion BYU won the meet again this year. No. 29 Colorado State came in second. BYU freshman Kassi Andersen took the individual title, as well as the freshman of the year title.
- The Aztecs finished seventh in last year's championship as well.

A Stellar Season For Stakiw

- Senior **Jennifer Stakiw** has led the squad in each of the six races she has appeared in this season. In those six races, she has finished in the top-25 every time. Stakiw has also set personal records in both the 5K and the 6K. Her current 5K personal best stands at 18:13 and was set in the Long Beach meet on Oct. 19. Her impressive 21:50 finish in the 6K course at Stanford was good enough for not only a personal best, but one of the top times in the conference standings.
- Stakiw did not compete at the UCSD Invitational because of a reoccurring back injury. Her showing at Long Beach, however, proved Stakiw can handle anything and is ready for regionals. She led the Aztecs to a third-place finish, marking the second time this season the squad has placed in the top three.
- The Long Beach meet also marked Stakiw's highest finish of the season. The fifth-place finish was her first finish in the top-10 this season.
- Last but certainly not least, Stakiw received MWC honors for the week on Sept. 24. She finished 11th out of 111 runners at the Hawai'i Invitational on Sept. 21. She posted a time of 19:37.90 and led the Aztecs to a fourth-place finish.



Jennifer Stakiw at the MWC conference championships on Nov. 1.