



AZTEC SWIMMING AND DIVING

THIS WEEK: SAT., DEC. 1 - AT CAL STATE EAST BAY - NOON PT

2007-08 SCHEDULE

Date	Opponent	Time/Result
Oct. 27	*Air Force *Colorado St. *New Mexico	Postponed
Nov. 3	*UNLV	Postponed
Nov. 17	*at Utah vs. Boise State	L, 128-156 W, 168-132
Dec. 1	at CS East Bay	Noon
Dec. 8	*at Wyoming	11 a.m.
Jan. 4	*TCU *Air Force	1 p.m.
Jan. 9	^Boise State	Noon
Jan. 12	*at BYU	Noon
Jan. 19	at Colorado College vs. CS East Bay	1 p.m.
Feb. 2	USD	1 p.m.
Feb. 27-1	MWC Champs.#	All Day
Mar. 13-15	NCAA Diving Zones#	All Day
Mar. 20-22	NCAA Champs.+	All Day

All times Pacific
Home meets in **bold**, held at Aztec Aquaplex.
^ at University of San Diego
at Oklahoma City, Okla.
+ at Columbus, Ohio
* Mountain West Conference Meet

2007-08 ROSTER

Name (Yr.)	Event(s)
Caitlin Atkinson (So.)	Diving
Meredith Beebe (So.)	Fly, Free
Keely Brooks (Fr.)	Diving
Lauren Dakin (So.)	Breast, Free
Brittany Daly (Sr.)	Distance Free
Gina DiDomenico (Fr.)	IM
Ana Dowell (Sr.)	Fly, Free
Megan Flanagan (Jr.)	Diving
Amy Freeberg (So.)	Diving
Christine Graham (Sr.)	Breast, Free
Stephanie Henderson (Fr.)	Free
Kristen Henry (Fr.)	Distance Free
Kathleen Heuring (Jr.)	Diving
Noelle Holland (Fr.)	Fly
Katie Leahy (Jr.)	Free, Back, IM
Kristen Maurer (So.)	Diving
Kathleen Merrill (Sr.)	Breast, Free
Nino Metsar (So.)	Fly, Breast, IM
Jessica Morrill (So.)	Breast, IM
Lizette Patterson (Jr.)	IM, Breast
Emily Pool (Jr.)	Breast
Kyla Power (So.)	Distance Free
Rosalie Raymond (Jr.)	Free
Alexandra Rogers (Jr.)	Back
Jenna Schuster (Jr.)	Free
Katie Smith (Sr.)	Back
Kendal Twilling (Jr.)	IM, Breast
Brooke Vessey (Fr.)	Fly, Free
Jamie Vessey (So.)	Fly, Free

Head Coach: Mike Shrader, First year
Assistant Coach: Brendon Bray, First year
Diving Coach: Jim Wynne, Sixth year
Volunteer Asst.: Emily Schmied, First year

INFORMATION

2006-07 Dual Meet Record: 9-8
Conference Record/Finish: 1-7/8th
2007 MWC Meet: 9th, 145 pts.
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THIS WEEK

The San Diego State swimming and diving team will head north to Hayward, Calif., for a dual meet with Cal State East Bay at noon on Saturday, Dec. 1. After opening its season two weeks ago, the Aztecs are 1-1 in dual meet action, while the Pioneers are 1-3 overall.

PREVIOUSLY ON THE MESA

After postponing its first two meets of the season, San Diego State opened the 2007-08 campaign on the road, as they traveled to Salt Lake City for a double dual meet with Utah and Boise State. The Aztecs defeated the Broncos, 168-132, but fell to the host Utes, 128-156.

Ana Dowell and Brooke Vessey led SDSU with a pair of second-place performances, while Caitlin Atkinson was the top-finisher among the Aztec divers, placing second in both the one- and three-meter events.

SCOUTING THE PIONEERS

Led by head coach Anthony Garcia, Cal State East Bay is off to a 1-3 start in dual meet action. The Pioneers' last meet was on Nov. 10, when they fell to Fresno Pacific, 79-110. CS East Bay is led by returning NAIA national qualifiers, Allison Edminster (distance free) and Melissa Erottkau (breaststroke).

SERIES HISTORY

This will mark the first meeting between San Diego State and Cal State East Bay. The Aztecs will face off against the Pioneers once more this year in a double dual meet at Colorado College (Jan. 19).

THE COACHING STAFF

Mike Shrader, who spent the past eight years as the head coach at Nevada-Reno, begins his first season at San Diego State. While at Nevada, Shrader led the Wolf Pack to an 89-12-1 record, two conference titles and four NCAA championship appearances.

Brendon Bray, who came to Montezuma Mesa from the University of Washington, begins his first season as an assistant coach at SDSU, while Jim Wynne enters his sixth season as the Aztec diving coach.

DOWELL AND VESSEY SHINE

Senior Ana Dowell swam a personal-best 54.33 in the 100 free to capture second place in San Diego State's season-opener at Utah. Dowell also finished second in the 50 free (25.41) and third in the 100 fly (59.49).

Freshman Brooke Vessey was the top-finisher for the Aztecs in both the 100 backstroke (59.86) and the 100 fly (59.01) in her first collegiate meet.

ATKINSON LEADS DIVERS

Sophomore Caitlin Atkinson placed second in both the one-meter (217.55) and three-meter (227.35) events at the double dual meet vs. Utah and Boise State. Atkinson was also the only Aztec to qualify for the finals in both springboard events at the USC Diving Invitational on Nov. 2.

Junior Megan Flanagan had a solid day at Utah, finishing third on the one-meter and fourth on the three-meter boards.

SENIOR LEADERS

The Aztecs have selected their five seniors as captains for the 2007-08 season, and the group's accomplishments show why they deserve to be in such a leader-

ship position. Brittany Daly swam the fourth-best time in Aztec history in the 1,000 free last year, while Ana Dowell held the team's top marks of the season in both the 100 and 200 fly. Christine Graham and Kathleen Merrill each swam personal-bests in the 100 and 200 breaststroke in 2006-07, and Katie Smith currently ranks among the top five all-time at SDSU in the 100 and 200 backstroke.

THERE'S NO PLACE LIKE HOME

Since the 1999-00 season, the San Diego State women's swimming and diving team has called the Ray and Joan Kroc Community Center its "home." But this year, the squad makes the transition from the Kroc Center to a state-of-the-art swimming facility on campus, the Aztec Aquaplex.

The 112,000 square-foot Aztec Aquaplex features two pools, one for competition and another for recreation, in addition to a hydrotherapy spa. The competition pool can accommodate a multitude of swimming and diving events with its one- and three-meter springboards.

The Aztecs' first home meet is scheduled for Jan. 4, 2008, against TCU and Air Force.

MWC STANDINGS

San Diego State was picked to finish eighth in the 2007-08 Mountain West Conference regular season standings, as voted on by the league's head coaches. Below are the current MWC women's swimming and diving standings.

2007-08 MWC STANDINGS (as of 11/17/07)		
Team	Conference	Overall
Colorado St.	3-0	5-0
BYU	2-0	6-0
Wyoming	1-0	3-1
UNLV	2-1	2-2
Utah	2-1	3-3
TCU	1-3	4-4
New Mexico	1-3	2-3
San Diego State	0-1	1-1
Air Force	0-3	2-4

AZTEC NOTES

- ◆ Of the 29 swimmers and divers on SDSU's roster, 15 are either freshmen or sophomores.
- ◆ The Aztec 200 medley relay squad of Smith, Graham, Dowell and Henderson finished third at the double dual meet vs. Utah and Boise State.
- ◆ San Diego State was scheduled to hold its first two meets at the Aztec Aquaplex, but they were postponed due to the wildfires in San Diego County. The triple dual meet (vs. Air Force, Colorado State and New Mexico) and the dual meet against UNLV have yet to be rescheduled.

ON DECK

The Aztecs will resume Mountain West Conference action on Saturday, Dec. 8, when they travel to Laramie, Wyo., for a dual meet with the Cowgirls at noon (MT). SDSU will then take a short break before it hosts TCU and Air Force in a double dual meet at the Aztec Aquaplex on Jan. 4.

2007-08 TOP TIMES/MARKS

50 Free SDSU Record: 23.62 -- Heather DeFelice (2001-02)

.....25.41 - Ana Dowell (11/17/07)
.....25.76 - Stephanie Henderson (11/17/07)
.....26.03 - Christine Graham (11/17/07)
.....26.28 - Katie Leahy (11/17/07)

100 Free SDSU Record: 51.77 -- Kimberlee Frith (2005-06)

.....54.33 - Ana Dowell (11/17/07)
.....57.41 - Stephanie Henderson (11/17/07)
.....58.08 - Katie Leahy (11/17/07)
.....58.53 - Kathleen Merrill (11/17/07)

200 Free SDSU Record: 1:51.48 -- Kimberlee Frith (2005-06)

.....2:00.30 - Kyla Power (11/17/07)
.....2:00.63 - Brittany Daly (11/17/07)
.....2:01.10 - Jessica Morrill (11/17/07)
.....2:10.87 - Kathleen Merrill (11/17/07)

500 Free SDSU Record: 4:56.37 -- Kim Palmer (1981-82)

.....5:20.48 - Brittany Daly (11/17/07)
.....5:21.01 - Rosalie Raymond (11/17/07)
.....5:25.27 - Kyla Power (11/17/07)

1,000 Free SDSU Record: 10:12.19 -- Megan Storey (2001-02)

.....10:47.31 - Brittany Daly (11/17/07)
.....10:56.21 - Rosalie Raymond (11/17/07)
.....11:07.89 - Jamie Vessey (11/17/07)
.....11:42.92 - Kristen Henry (11/17/07)

1,650 Free SDSU Record: 16:42.64 -- Megan Storey (2000-01)

100 Fly SDSU Record: 56.80 -- Tara Johnson (2000-01)

.....59.01 - Brooke Vessey (11/17/07)
.....59.49 - Ana Dowell (11/17/07)
.....1:01.95 - Nino Metsar (11/17/07)
.....1:02.55 - Noelle Holland (11/17/07)

200 Fly SDSU Record: 2:04.97 -- Erin Kilpatrick (2002-03)

.....2:14.98 - Nino Metsar (11/17/07)
.....2:16.01 - Jamie Vessey (11/17/07)
.....2:20.85 - Noelle Holland (11/17/07)

100 Back SDSU Record: 56.42 -- Megan Casillan (2001-02)

.....59.86 - Brooke Vessey (11/17/07)
.....1:00.94 - Katie Smith (11/17/07)
.....1:02.70 - Alexandra Rogers (11/17/07)

200 Back SDSU Record: 2:01.08 -- Megan Casillan (1999-00)

.....2:11.87 - Katie Smith (11/17/07)
.....2:14.57 - Alexandra Rogers (11/17/07)

100 Breast SDSU Record: 1:04.05 -- Heather DeFelice (2001-02)

.....1:09.30 - Christine Graham (11/17/07)
.....1:11.72 - Lauren Dakin (11/17/07)
.....1:11.75 - Emily Pool (11/17/07)
.....1:11.92 - Lizette Patterson (11/17/07)

200 Breast SDSU Record: 2:19.63 -- Courtney Hoblick (1996-97)

.....2:25.62 - Jessica Morrill (11/17/07)
.....2:35.85 - Lauren Dakin (11/17/07)
.....2:38.22 - Lizette Patterson (11/17/07)
.....2:40.11 - Emily Pool (11/17/07)

200 IM SDSU Record: 2:05.17 -- Courtney Hoblick (1996-97)

.....2:15.45 - Katie Smith (11/17/07)
.....2:16.71 - Jessica Morrill (11/17/07)
.....2:19.37 - Nino Metsar (11/17/07)
.....2:21.90 - Jamie Vessey (11/17/07)

400 IM--SDSU Record: 4:26.63--Erin Kilpatrick (2001-02)

200 Free Relay

SR: 1:36.51--Frith, Twilling, Schmied, Peters (2005-06)

1:41.58 - B. Vessey, Graham, Power, Henderson (11/17/07)
1:47.63 - Leahy, Holland, Merrill, Dakin (11/17/07)

400 Free Relay

SR: 3:29.88--Peters, Karoly, Schmied, Frith (2005-06)

800 Free Relay

SR: 7:35.25--Schmied, Parker, Karoly, Frith (2005-06)

200 Medley Relay

SR: 1:45.91--Casillan, Karacozoff, Johnson, DeFelice (2001-02)

1:51.59 - Smith, Graham, Dowell, Henderson (11/17/07)
1:52.88 - B. Vessey, Morrill, Holland, Leahy (11/17/07)

400 Medley Relay

SR: 3:50.84--Casillan, DeFelice, Johnson, Kilpatrick (2001-02)

1-M Diving SDSU Record: 273.15 -- Caitlin Atkinson (2006-07)

.....231.55 - Caitlin Atkinson (11/2/07)
.....227.20 - Keely Brooks (11/2/07)
.....216.90 - Megan Flanagan (11/17/07)
.....215.15 - Kristen Maurer (11/2/07)
.....213.30 - Kathleen Heuring (11/2/07)

3-M Diving SDSU Record: 265.50 -- Caitlin Atkinson (2006-07)

.....227.35 - Caitlin Atkinson (11/17/07)
.....220.05 - Kathleen Heuring (11/17/07)
.....209.65 - Megan Flanagan (11/2/07)
.....203.10 - Kristen Maurer (11/2/07)
.....201.70 - Keely Brooks (11/17/07)