

San Diego State University
Track and Field
Aztec Legacy
Outdoor Conference Champions

Total Conference Champions **106**

100 Meters 3
Melinda Smedley 2003
Darla Vaughn 1991
Lori Smith 1983

200 Meters 5
Tonette Dyer 2004
Melinda Smedley 2003
Darla Vaughn 1992
Darla Vaughn 1991
Darla Vaughn 1990

400 Meters 6
Nicole Stone 2009
Tonette Dyer 2004
Shani Freeman 1995
Janine Stewart 1992
Renee Ross 1986
Janice Pope 1979

800 Meters 6
Kristy Mathews 1995
Christine Royal 1990
Monica Joyce 1982
Monica Joyce 1981
Chris Smallwood 1979
Peggy Callahan 1978

1,500 Meters 2
Monica Joyce 1982
Monica Joyce 1981

3,000 Meters 3
Monica Joyce 1982
Lynn Kanuka 1980
Valinda Hoaland 1979

<u>5,000 Meters</u>	<u>2</u>
Eva Ernststrom	1982
Lynn Kanuka	1980

<u>10,000 Meters</u>	<u>3</u>
Maureen Bradley	1987
Maureen Bradley	1986
Debra Chaddock	1983

<u>100 Meter Hurdles</u>	<u>10</u>
Heather Heron	2005
Nicole Ireland	2004
Nicole Ireland	2003
Miesha McKelvy	1999
Miesha McKelvy	1998
Darla Vaughn	1992
LaTanya Sheffield	1986
Linda Bourn	1982
Deby LaPlante	1980
Deby LaPlante	1979

<u>400 Meter Hurdles</u>	<u>10</u>
Kristin Oladfsdottir	2006
Nicole Ireland	2004
Nicole Ireland	2003
Sharifa Cox	1996
Sharifa Cox	1994
Erica Prodanovich	1991
Margaret Hemmans	1987
Margaret Hemmans	1986
LaTanya Sheffield	1983
Sue Kameli	1980

<u>3000 Meter Steeplechase</u>	<u>0</u>
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<u>4x100 Meter Relay</u>	<u>4</u>
Larnie Boyd, Tonette Dyer, Heather Heron, Nicole Ireland	2004
Melinda Smedley, Tonette Dyer, Ryan Peters, Nicole Ireland	2003
Aja Frary, Unknown, Unknown, Unknown	2001
Unknown	1991

<u>4x400 Meter Relay</u>	<u>7</u>
Melinda Smedley, Nicole Ireland, Unknown, Unknown	2003
Hollann Givens, Tonette Dyer, Jini Hogg, Melinda Smedley	2002

Aja Frary. Unknown, Unknown, Unknown	2001
Unknown	1991
Donne Garner, Margaret Hemmans, LaTanya Sheffield, Renee Ross	1986
Donna Charles, Rene Chambers, Pam Hatley, LaTanya Sheffield	1983
Chris Smallwood, Jeanne Abare, Chemise Smith, Janice Pope	1979
<u>4x800 Relay</u>	<u>1</u>
Eliana Garcia, Ann Marie Collins, Nancy O'Connell, Monica Joyce	1981
<u>High Jump</u>	<u>1</u>
Patti Stafford	1981
<u>Long Jump</u>	<u>2</u>
Karoline Koehler	2009
Shanon Meyer	2003
<u>Triple Jump</u>	<u>5</u>
Shanieka Thomas	2012
Deontee Kaye	2008
Deontee Kaye	2007
Nicole Ireland	2003
Gaylen Ames	1988
<u>Pole Vault</u>	<u>7</u>
Holly Waseloff	2012
Kelsy Hintz	2011
Stephanie Bagan	2008
Erin Asay	2006
Shayla Balentine	2005
Shayla Balentine	2002
Aimee Crabtree	2001
<u>Shot Put</u>	<u>3</u>
Whitney Ashley	2012
Whitney Ashley	2011
Carolyn Peters	1990
<u>Discus</u>	<u>4</u>
Whitney Ashley	2012
Whitney Ashley	2011
Laura DeSnoo	1986
Donna Dietrich	1979
<u>Javelin</u>	<u>2</u>

Donna Dietrich	1979
Janeen Dell'Acqua	1977

<u>Hammer</u>	<u>0</u>
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<u>Heptathlon</u>	<u>10</u>
Allison Reaser	2012
Allison Reaser	2011
Janine Polischuk	2004
Leslie Miller	2003
Leslie Miller	2002
Aja Frary	2001
Aja Frary	1999
Gaylen Ames	1990
Marian Novak	1986
Carrie McLaughlin	1983