

AZTEC ALL-TIME INDOOR BESTS

55 Meters

6.90	Darla Vaughn	1992
7.06	Promise Mose	2001
7.23	Melinda Smedley	2002
7.25	Tonette Dyer	2002
7.27	Elaine Harwell	1999
7.28	Miesha McKelvy	1999
7.32	Jillita Griffin	2001

60 Meters

7.33	Tonette Dyer	2004
7.48	Promise Mose	2000
7.51	Melinda Smedley	2004
7.59	Nicole Ireland	2004
7.62	Tori Respass-Parsons	2005
7.62	Felicia Stone	2000
7.69	Sherraine Pencil	2006
7.69	Jillita Griffin	2002
7.70	Shana Solomon	2006
7.71	Hollann Givens	2003
7.71	Miesha McKelvy	1999

200 Meters

23.75	Tonette Dyer	2004
23.84	Nicole Ireland	2004
23.89	Darla Vaughn	1992
23.99	Melinda Smedley	2004
24.31	Larnie Boyd	2004
24.51	Sherraine Pencil	2006
24.64	Miesha McKelvy	1999
24.77	Brittani Dudley	2006
24.80	Promise Mose	2000
24.91	Shana Solomon	2006

400 Meters

53.51	Tonette Dyer	2003
54.15	Nicole Ireland	2003
54.79	Jini Hogg	2003
54.99	Promise Mose	2000
55.02	Larnie Boyd	2004
55.19	Nicole Stone	2006
55.86	Brittani Dudley	2006
56.27	Bianca McNair	2003
56.57	Mandy Upuu	2006
56.77	Elaine Harwell	1999

800 Meters

2:11.26	Jamillah Titus	2003
2:13.95	Nicole Carmier	2005
2:15.00	Kylie Edwards	2000
2:15.85	Lisa Naucler	2005
2:16.67	Kristin Olafsdottir	2006
2:16.91	Jennifer Stakiw	2002
2:16.95	Meriah Earle	2000
2:18.25	Aja Makaila Frary	1999
2:19.51	Marla Runyan	1992
2:20.06	Alisha Laswell	2003

One Mile

5:04.40	Lisa Crampton	2006
5:10.90	Marie Nilsson	2004
5:12.82	Alicia Stewart	2003
5:16.14	Kylie Edwards	2000
5:17.14	Meriah Earle	2000
5:17.77	Celeste Tyson	2006
5:18.87	Jennifer Stakiw	2000
5:22.49	Wendy Petersen	1991
5:22.91	Sophia Hawker	2000

3,000 Meters

9:44.80	Marie Nilsson	2004
10:07.23	Lital Azulay	2005

10:20.41	Lisa Crampton	2006
10:32.40	Christal Cuadra	2003
10:35.48	Sophia Hawker	2000
10:49.85	Sarah Belger	2006
10:53.70	Alicia Stewart	2003

5,000 Meters (h = hand time)

18:53.6(h)	Marie Nilsson	2004
19:14.90	Sophia Hawker	1999
20:21.0(h)	Christal Cuadra	2004

4x400 Relay

3:43.63	Stone, Upuu, Olafsdottir, Dudley	2006
3:43.66	Body, Ireland, Dyer, Smedley	1999
3:43.88	Hogg, Dyer, Carmier, Ireland	2003
3:47.29	McNair, Smedley, Ireland, Dyer	2004
3:47.39	Stone, Boyd, Pencil, Duncan	2006
3:50.78	Hogg, Smedley, Givens, Dyer	2002
3:51.57	Dudley, Carmier, Pencil, Duncan	2005
3:51.80	Pencil, Stone, Olafsdottir, Upuu	2006
3:53.66	Stone, Smedley, Hogg, Robinson	2000
3:54.96	Hogg, McNair, Givens, Carmier	2003

4x800 Relay

9:31.14	Royal, Petersen, Wright, Ritchie	1991
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Distance Medley Relay

12:13.23	Naucler, Dudley, Carmier, Azulay	2005
12:13.80	Titus, Ireland, Edwards, Cuadra	2003
12:27.56	Crampton, Upuu, Carmier, Belger	2006
12:51.93	Unknown	2000
12:53.13	Edwards, McNair, Titus, Carmier	2004
12:59.52	Titus, Carmier, Laswell, Edwards	2004

55 Hurdles

7.64	Darla Vaughn	1992
7.74	Felicia Stone	2000
7.77	Miesha McKelvy	1999
8.23	Aja Makaila Frary	2000
8.28	Marisa Robinson	2000
8.32	Erica Prodanovich	1991
8.42	Daveetta Shepherd	2001

60 Hurdles

8.24	Miesha McKelvy	1999
8.29	Felicia Stone	2000
8.39	Marisa Robinson	2000
8.43	Nicole Ireland	2004
8.53	Heather Heron	2004
8.66	Kristin Olafsdottir	2006
8.67	Aja Makaila Frary	2000
8.69	Leslie Miller	2004
8.74	Deontee Kaye	2006
8.90	Lynnae Samuels	2002

Long Jump

19-10.25	Lisa Domico	1999
18-11.25	Aja Makaila Frary	2000
18-10.00	Shana Watson	2006
18-6.75	Aroline Neal	2001
18-3.75	Shanon Meyer	2003
18-3.25	Kristin Olafsdottir	2006
18-2.25	Leslie Miller	2003
18-0.00	Tori Respass-Parsons	2005
17-10.25	Deontee Kaye	2006
17-10.25	Janine Polischuk	2005

Triple Jump

42-2.00	Deontee Kaye	2006
40-4.00	Nicole Ireland	2004
39-8.00	Shana Watson	2006
38-8.25	Lisa Domico	1999

38-2.00	Marisa Taylor	2000
38-0.00	Megan Schauermann	2003
37-7.00	Hollann Givens	2004
37-5.25	Jennifer Greene	2005
37-1.00	Janine Polischuk	2004
37-0.25	Aimee Crabtree	2000

High Jump

5-8.00	Marla Runyan	1992
5-8.00	Aja Makaila Frary	1999
5-6.50	Nicole Carmier	2006
5-5.75	Alisha Laswell	2002
5-5.25	Leslie Miller	2004
5-5.00	Kristin Olafsdottir	2006
5-5.00	Jamillah Titus	2005
5-3.75	Aubrey Preston	2000
5-2.25	Ameerah Omar	2002
5-2.25	Jennifer Delroy	1991

Pole Vault

14-0.50	Erin Asay	2006
14-0.00	Shayla Balentine	2005
12-9.5	Tricia Gutierrez	2002
12-8.75	Dana Jensen	2006
12-8.25	Monica Pacas	2005
12-5.50	Aimee Crabtree	1999
12-1.25	Jesika Englebretson	2002
12-0.00	Cara Walker	2004
11-11.75	Kristi Draher	2000
11-7.75	Christin Shibley	2006
11-7.75	Dana Van Wagner	2006

Shot Put

48-8.75	Candace Hill	2004
42-0.75	Julie Dejarlais	1992
40-10.75	Leanne Taylor	2006
40-0.00	Brittany Lowe	2006
39-1.25	Tori Respass-Parsons	2005
38-6.00	Leslie Miller	2003
36-11.50	Shanon Meyer	2003
36-6.75	Janine Polischuk	2005
31-5.50	Aja Makaila Frary	2000
30-0.75	Aimee Crabtree	1999



Candace Hill

Weight Throw

53-01.50	Candace Hill	2003
45-09.75	Leslie St. Pierre	2004
45.7.75	Brittany Lowe	2006

Pentathlon

3,902	Aja Makaila Frary	2000
3,858	Leslie Miller	2004
3,843	Kristin Olafsdottir	2006
3,546	Shanon Meyer	2003
3,237	Janine Polischuk	2004
3,209	Nicole Carmier	2004
3,198	Corri Campbell-Fell	2006
3,094	Kristin Karhio	2006

Bold indicates current athlete

Event	World	American	Collegiate	Mountain West	SDSU School
55m		6.56 Gwen Torrence Georgia, 1987	6.56 Gwen Torrence Georgia, 1987	11.28 Ayanna Hutchinson UNLV, 2000	6.90 Darla Vaughn 1992
60m	6.92 Irina Privalova Russia, 1993, 95	6.95 Gail Devers/Marion Jones USA, 1993/1998	7.09 Angela Williams USC, 2001	7.25 Ashley Owens UNLV, 2006	7.33 Tonette Dyer 2004
200m	21.87 Merlene Ottey Jamaica, 1993	22.18 Michelle Collins USA, 2003	22.43 Veronica Campbell Arkansas, 2004	23.32 Michele Davis UNLV, 2002	23.75 Tonette Dyer 2004
400m	49:59 Jarmila Kratochvilova Czechoslovakia, 1982	50.64 Diane Dixon USA, 1991	50.82 Sanya Richards Texas, 2004	51.79 Shauna Smith Wyoming, 2004	53.51 Tonette Dyer 2003
800m	1:55.82 Jolanda Ceplak Slovania, 1993	1:58.71 Nicole Teter Farm Team, 2002	2:00.75 Nicole Cook Tennessee, 2005	2:05.93 Anita Lemiesz Brigham Young, 2004	2:11.26 Jamillah Titus 2003
Mile	4:17.14 Doina Melinte Romania, 1999	4:20.50 Mary Slaney Athletics West, 1982	4:28.31 Vicki Huber Villanova, 1988	4:40.13 Heidi Magill BYU, 2005	5:04.40 Lisa Crampton 2006
3,000m	8:27.86 Liliya Shobukhova Russia, 2006	8:39.14 Regina Jacobs USA, 1999	8:49.18 Kim Smith Providence, 2004	9:04.06 Michaela Mannova Brigham Young, 2004	9:44.80 Marie Nilsson 2004
5,000m	14:32.93 Tirunesh Dibaba Ethiopia, 2005	15:07.44 Marla Runyan Asics, 2001	15:14.18 Kim Smith Villanova, 2004	16:04.89 Laura Turner Brigham Young, 2004	18:53.60 Marie Nilsson 2004
55m hurdles		7.37 Jackie Joyner-Kersey WC, 1989			7.64 Darla Vaughn 1992
60m hurdles	7.69 Lyudmila Engquist Russia, 1990	7.74 Gail Devers Nike, 2003	7.84 Virginia Powell USC, 2006	8.13 Kristen Bolm Brigham Young, 2000	8.24 Miesha McKelvy 1999
4x200m Relay	1:32.41 Russia 2005	1:33.24 Harris, Gaines, Dendy, Collins National Team, 1994	1:36.50 Morehead, Davis, Jones, Cheeseborough, Tennessee St, 1979		
4x400m Relay	3:23.37 Russia, 2006	3:27.59 Hennehan, Collins, Porter, Alexander, Nat. Team, 1999	3:27.66 Downer, McIntosh, Robinson, Richards, Texas, 2003	3:31.87 Wyoming 2004	3:43.63 Stone, Upuu, Olafsdottir, Dudley, 2006
4x800m Relay	8:18.71 Russia, 1994	8:28.41 Renk, Sherman, Gentes, Wickus Wisconsin, 1992	8:25.50 Procaccio, Grant, DiMuro-Ave, Halliday, Villanova, 1987		9:31.14 Royal, Petersen, Wright Ritchie, 1991
Distance Medley Relay	10:54.34 Villanova, 1988	10:59.76 Donohue, Gainey, Schmidt, Flanagan, North Carolina, 2002	10:54.34 Huber, Villanova, 1988	11:06.91 Brigham Young 2004	12:13.23 Naucler, Dudley, Carmier, Azulay, 2005
High Jump	6-9.75 (2.08m) Kajsa Bergqvist Sweden, 2006	6-7.00 (2.01m) Tisha Waller Unattached, 1998	6-5.50 (1.97m) Ramos, Acuff, Aldrich, Gyorffy Stanford, UCLA, Texas, Harvard	6-0.25 (1.84m) Lindsey Metcalf Brigham Young, 2004	5-8.00 (1.73m) Marla Runyan, 1992 Aja M. Frary, 1999
Pole Vault	16-1.25 (4.91m) Yelena Isinbaeva Russia, 2006	15-5.00 (4.70m) Stacy Dragila Nike, 2001	14-10.25 (4.52m) Amy Linnen Arizona, 2002	14-0.50 (4.28m) Erin Asay SDSU, 2006	14-0.00 (4.27m) Shayla Balentine 2005
Long Jump	24-2.25 (7.37m) Heike Drechsler Germany, 1988	23-4.75 (7.13m) Jackie Joyner-Kersey Honda, 1994	22-4.50 (6.82m) Daphnie Saunders LSU, 1994	21-10.75 (6.67m) Amy Menlove Brigham Young, 2005	19-10.25 (6.05m) Lisa Domico 1999
Triple Jump	50-4.75 (15.36m) Tatyana Lebedeva Russia, 2004	46-8.25 (14.23m) Sheila Hudson Reebok, 1995	46-9.00 (14.25m) Suzette Lee LSU, 1997	44-2.50 (13.47m) Kamila Rywelska Brigham Young, 2005	42-2.00 (12.85m) Deontee Kaye 2006
Weight Throw		79-6.00 (24.23m) Erin Gilreath New York AC, 2005	79-3.75 (24.17m) Candice Scott Florida, 2005	74-3.75 (22.65m) Loree Smith CSU, 2005	53-1.50 (16.19m) Candace Hill 2003
Shot Put	73-10.00 (22.50m) Helena Fibingerova Czech Republic, 1977	65-00.75 (19.83m) Ramona Pagel Mazda TC, 1987	62-10.00 (19.15m) Laura Gerraughty North Carolina, 2004	56-2.75 (17.14m) Loree Smith CSU, 2005	48-8.75 (14.85m) Candace Hill 2004
Pentathlon	4,991pts Irina Belova Russia, 1992	4,753 pts Dedee Nathan USA, 1999	4,425 pts Austra Skujyte Kansas State, 2002	4,312 pts Amy Menlove Brigham Young, 2005	3,902 pts Aja Makaila Frary 2000

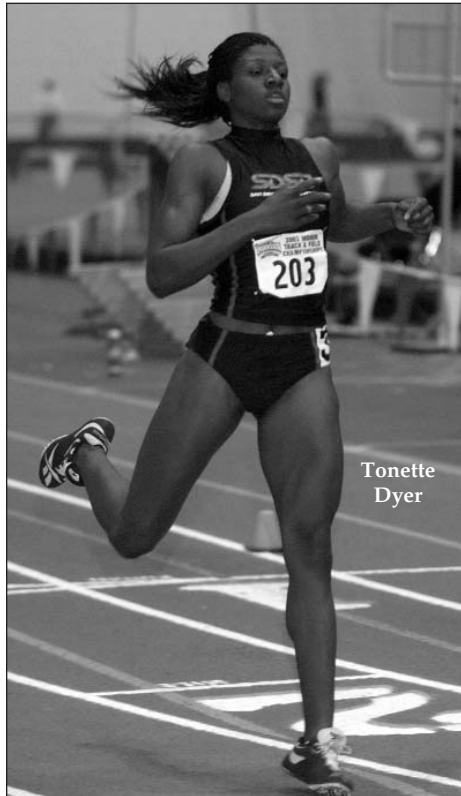
AZTEC ALL-TIME OUTDOOR BESTS

100 Meters (*11.75)

11.20.....	Tonette Dyer.....	2004
11.50(a).....	Miesha McKelvy.....	1999
11.50(a).....	Melinda Smedley.....	2003
11.59(a).....	Nicole Ireland.....	2003
11.62.....	Darla Vaughn.....	1992
11.70.....	Brigitte Moon.....	1984
11.72.....	Shana Solomon.....	2006
11.72.....	Lori Smith.....	1982
11.76.....	LaTanya Sheffield.....	1983
11.79.....	Promise Mose.....	2000

200 Meters (*23.96)

22.34.....	Tonette Dyer.....	2004
23.30.....	Nicole Ireland.....	2004
23.32(a).....	Melinda Smedley.....	2002
23.40.....	Lori Smith.....	1983
23.74.....	Renee Ross.....	1985
23.83.....	Miesha McKelvy.....	1999
23.86.....	Darla Vaughn.....	1991
23.91.....	Promise Mose.....	2001
23.97(a).....	Sherraine Pencil.....	2006
24.01.....	LaTanya Sheffield.....	1986



Tonette Dyer

400 Meters *(54.61)

51.15.....	Tonette Dyer.....	2004
51.33.....	Renee Ross.....	1985
52.91.....	Nicole Ireland.....	2003
52.94(a).....	Nicole Stone.....	2006
53.08a.....	Jini Hogg.....	2002
53.09.....	LaTanya Sheffield.....	1985
53.88.....	Promise Mose.....	2000
53.96.....	Malika Freeman.....	1995
54.01.....	Larnie Boyd.....	2004
54.12.....	Margaret Hemmans.....	1987

800 Meters *(2:09.80)

2:02.88.....	Renee Ross.....	1985
2:05.57.....	Monica Joyce.....	1982
2:07.39.....	Kylie Edwards.....	2000
2:08.50.....	Nicole Carmier.....	2005

2:08.90.....	Jamillah Titus.....	2003
2:08.96.....	Jennifer Stakiw.....	2003
2:09.03.....	Kristy Matthews.....	1995
2:09.69.....	Sharon Yaninek.....	1984
2:09.95.....	Sue Hemond.....	1982
2:10.32.....	Lisa Naucler.....	2005

1,500 Meters (*4:27.80)

4:06.69.....	Monica Joyce.....	1982
4:16.89.....	Eva Ernstrom.....	1982
4:17.28.....	Lynn Kanuka.....	1982
4:27.00.....	Kylie Edwards.....	2001
4:29.41.....	Sharon Yaninek.....	1984
4:30.64.....	Jeanne Abare.....	1978
4:32.03.....	Marie Nilsson.....	2004
4:32.14.....	Wendy Peterson.....	1990
4:33.18.....	Renee Ross.....	1986
4:34.16.....	Jamillah Titus.....	2003

3,000 Meters (no longer an NCAA event)

8:53.24.....	Monica Joyce.....	1982
8:58.44.....	Eva Ernstrom.....	1982
9:13.13.....	Lynn Kanuka.....	1982
9:39.01.....	Marie Nilsson.....	2004
9:48.51.....	Maureen Bradley.....	1987
9:49.04.....	Eliana Garcia.....	1983
9:49.94.....	Laurie Crisp.....	1983
9:50.19.....	Liz Baker.....	1981
9:54.04.....	Debra Chaddock.....	1983
9:54.13.....	Wendy Peterson.....	1989

5,000 Meters (*16:52.00)

15:45.26.....	Monica Joyce.....	1982
15:46.37.....	Eva Ernstrom.....	1982
15:59.34.....	Lynn Kanuka.....	1982
16:42.44.....	Debra Chaddock.....	1982
16:43.56.....	Marie Nilsson.....	2004
16:46.24.....	Liz Baker.....	1982
16:58.64.....	Laurie Crisp.....	1983
17:00.80.....	Maureen Bradley.....	1987
17:15.94.....	Lisa Crampton.....	2006
17:16.08.....	Lital Azulay.....	2005

10,000 Meters (#33:30.00; *35:00.00)

34:22.24.....	Lynn Kanuka.....	1981
34:44.44.....	Liz Baker.....	1982
34:55.24.....	Debra Chaddock.....	1982
36:01.00.....	Laurie Crisp.....	1983
36:31.44.....	Sherrie Torrans.....	1981
36:46.44.....	Maureen Bradley.....	1986
37:15.40.....	Mona Lopez.....	1987
38:02.32.....	Lisa Gross.....	1983
38:08.18.....	Michele Cox.....	1998
38:33.35.....	Kirsten Peterson.....	1989

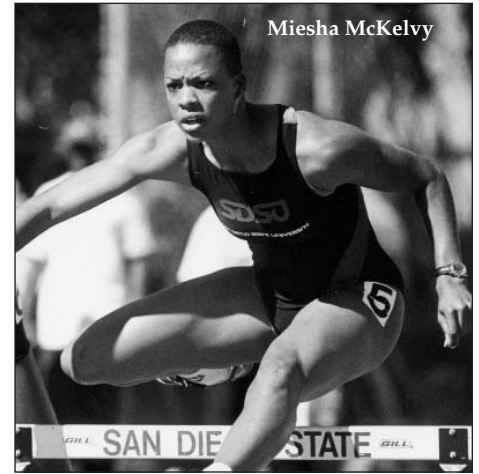
100-Meter Hurdles (*13.92)

12.82.....	Miesha McKelvy.....	1999
12.86.....	Deby LaPlante.....	1979
13.00.....	Darla Vaughn.....	1992
13.13.....	Daveetta Shepherd.....	2001
13.21.....	Felicia Stone.....	2000
13.25.....	Heather Heron.....	2005
13.28.....	Sue Kameli.....	1980
13.30.....	Nicole Ireland.....	2004
13.44.....	Lori Smith.....	1983
13.46.....	LaTanya Sheffield.....	1986

400-Meter Hurdles (*1:00.82)

54.64.....	LaTanya Sheffield.....	1985
56.10.....	Nicole Ireland.....	2003
58.51.....	Sharifa Cox.....	1994
58.53.....	Margaret Hemmans.....	1987

58.90.....	Gaylen Ames.....	1988
59.03.....	Erica Prodanovich.....	1992
59.06.....	Heather Heron.....	2005
59.33(a).....	Kristin Olafsdottir.....	2006
59.82(a).....	Ryan Peters.....	2003
59.86.....	Aja Makaila Frary.....	2001



Miesha McKelvy

High Jump (*5-8.75)

5-11.50.....	Lori Clark.....	1984
5-11.00.....	Patti Stafford.....	1981
5-10.00.....	Marla Runyan.....	1989
5-9.50.....	Carrie McLaughlin.....	1982
5-9.00.....	Veronica Wuerful.....	1988
5-8.75.....	Nicole Carmier.....	2005
	Deanne Johnson.....	1984
5-8.00.....	Jamillah Titus.....	2004
	Aja Makaila Frary.....	2001
	Lori Smith.....	1983

Long Jump (*19-8.25)

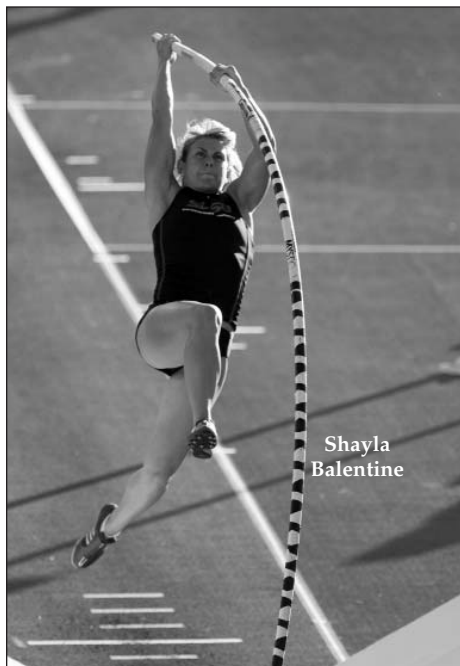
20-5.75.....	Lisa Domico.....	1999
20-4.25.....	Aja Makaila Frary.....	2001
20-1.00.....	Shana Watson.....	2006
19-10.50.....	Carrie McLaughlin.....	1980
19-5.25.....	Tori Respass-Parsons.....	2005
	Gaylen Ames.....	1990
19-4.75.....	Melinda Forest.....	1997
19-4.25.....	Angela McKnight.....	1987
19-4.25.....	Shanon Meyer.....	2003
19-3.75.....	Lynn Page.....	1979

Triple Jump (*40-5.00)

41-9.75.....	Deontee Kaye.....	2006
	Gaylen Ames.....	1988
41-8.00.....	Angela McKnight.....	1988
40-10.50.....	Shana Watson.....	2006
40-6.75.....	Sharie Green.....	1989
40-4.25.....	Lisa Domico.....	1999
40-3.25.....	Nicole Ireland.....	2003
40-1.25.....	Melinda Forest.....	1998
40-0.50.....	Marisa Taylor.....	2001
39-10.00.....	Megan Schauerermann.....	2003

Pole Vault (*12-5.50)

14-1.25.....	Shayla Balentine.....	2005
13-9.25.....	Erin Asay.....	2006
13-2.25.....	Aimee Crabtree.....	2001
12-11.75.....	Monica Pacas.....	2006
12-9.00.....	Patricia Gutierrez.....	2001
12-8.25.....	Jesika Englebretson.....	2002-03
12-6.25.....	Kristi Draher.....	2000
12-6.00.....	Dana Van Wagner.....	2006
12-3.50.....	Cara Walker.....	2004
12-2.00.....	Christin Shibley.....	2005



Shayla Balentine

Javelin (*142-6.00)

178-3.00Liz Mueller1983
169-10.00Donna Dietrich1978
163-2.00Lynn Dunton1979
160-7.00Debbie Dibb1982
160-1.00Angela Rock1984
158-9.00L. Hallman1974
155-10.00Diane Collier1989
154-6.50Monica Stoltenburg1979
153-6.00Louise Joubert1990
152-0.00Leslie Miller2003

Hammer (*177-8.00)

168-8.00Kellie Scott1998
164-6.00Candace Hill2003
156-7.00Brittany Lowe2006

4x100 Relay (*45.70)

44.24Givens, Dyer, Hogg, Smedley2002
44.45Boyd, Dyer, Heron, Ireland2003
44.75(a)Smedley, Dyer, Peters, Ireland2003
44.77Peters, Dyer, Hogg, Smedley2002
44.84Smedley, Dyer, Givens, Ireland2003
45.02Sheffield, Robinson, Moon, Ross1985
45.14Sheffield, Smith, Moon, Ross1986
45.20Smedley, Dyer, McNair, Ireland2003
45.22Givens, Dyer, Heron, Ireland2004
45.22Bourne, Sheffield, Charles, Smith1982

4x200 Relay

1:32.99Smedley, Dyer, McNair, Ireland2003
1:33.31Dyer, Ireland, McNair, Boyd2004
1:34.97Dyer, Hogg, Ireland, Smedley2003
1:35.74Clemons, Brewer, Moon, Ross1984
1:35.98Boyd, McNair, Dyer, Givens2004
1:37.48Frery, Mose, Smedley, Hogg2001
1:39.39Clemons, Ross, Moon, Russell1984

Sprint Medley (100-100-200-400)

1:39.19 Moon, Robinson, Nilson, Ross1985
1:40.10 Clemons, Brewer, Moon, Ross1984
1:42.04 Hegerle, Charles, Bullard, Collins1981

4x400 Relay (*3:42.00)

3:30.57Nilsson, Ross, Robinson, Sheffield1985
3:33.84Boyd, Ireland, Dyer, Heron2004
3:34.47Hogg, Ireland, Dyer, Givens2003
3:34.77McNair, Ireland, Dyer, Givens2003
3:35.19Dyer, Ireland, Hogg, McNair2003
3:35.50Smith, Ross, Hemmans, Sheffield1986

3:35.89Boyd, Heron, Ireland, Givens2004
3:36.67Dyer, Hogg, McNair, Ireland2003
3:36.77Dyer, Ireland, Hogg, Givens2003
3:36.80Smedley, Dyer, Ireland, McNair2003

4x800 Relay

8:48.13Hemond, Ernstrom, Kanuka, Joyce1982
8:59.05Spencer, Ross, Garcia, Yaninek1984
9:09.04Garcia, Collins, O'Connell, Joyce1981

Distance Medley Relay (12-4-8-16)

11:07.64Hemond, Sheffield, Joyce, Kanuka1982
11:37.77Boyd, Givens, Carmier, Nilsson2004
11:45.80Titus, McNair, Boyd, Nilsson2004

Heptathlon (#5,500; *5,050)

5,751Aja Makaila Frary2001
5,620Carrie McLaughlin1983
5,602Leslie Miller2003
5,481Shanon Meyer2003
5,435Lori Smith1983
5,402 Kristin Olafsdottir 2006
5,210Janine Polischuk2004
5,176Gaylen Ames1990
5,169Marla Runyan1991
5,127Deanne Johnson1984

Shot Put (*46-11)

58-3.75Ramona Pagel1984
51-3.00Laura DeSnoo1984
49-8.50Candace Hill2004
48-9.00Cheryl Kennedy1982
47-7.00 Leanne Taylor 2006
46-9.00Kartsi Leppaluoto1988
46-2.75Bonnie Dasse1981
45-3.50Carolyn Peters1990
45-2.00Monica Stoltenburg1979
43-10.00Julie Dejarlais1992

Discus (*155-2.00)

196-4.00Laura DeSnoo1984
186-6.00Ramona Pagel1984
164-0.00 Leanne Taylor 2006
162-9.00Candace Hill2003
161-3.00Rhonda Loshonkohl1986
151-10.00Julie Dejarlais1993
147-1.00Laura Standring1986
146-8.00Carolyn Peters1990
145-2.00Katrina Crouch1999
144-2.00Bonnie Dasse1981



Aja Makaila Frary

3,000-Meter Steeplechase *(10:50.25)

10:23.34Marie Nilsson2004
10:42.11Lisa Crampton2006
10:48.32 Celeste Tyson 2006
11:21.72Alicia Stewart2003
11:22.68Jennifer Stakiw2001



1985 Record-Setting
4x400 Relay Team

* 2007 NCAA Outdoor Regional Qualifying Standards

2007 NCAA Championship Qualifying Standard

(a) run at altitude

Bold indicates current athlete

AZTEC OUTDOOR RECORDS

Event	World	American	Collegiate	Mountain West	SDSU School
100m	10.49 Florence Griffith-Joyner United States, 1988	10.49 Florence Griffith-Joyner World Class A.C., 1988	10.78 Dawn Sowell LSU, 1989	11.20 Tonette Dyer SDSU, 2004	11.20 Tonette Dyer 2004
200m	21.34 Florence Griffith-Joyner United States, 1988	21.34 Florence Griffith-Joyner World Class A.C., 1988	22.04 Dawn Sowell LSU, 1989	22.34 Tonette Dyer SDSU, 2004	22.34 Tonette Dyer 2004
400m	47.60 Marita Koch East Germany, 1985	48.70 Sanya Richards United States, 2006	50.10 Monique Henderson UCLA, 2005	51.15 Tonette Dyer SDSU, 2004	51.15 Tonette Dyer 2004
800m	1:53.28 Jarmila Kratochvilova Czechoslovakia, 1983	1:56.40 Jearl Miles-Clark Mizuno, 1999	1:59.11 Suzy Favor Wisconsin, 1990	2:03.40 Melanie Steere Brigham Young, 2000	2:02.88 Renee Ross 1985
1,500m	3:50.46 Qu Yunxia China, 1993	3:57.12 Mary Slaney Athletics West, 1983	4:06.75 Tiffany McWilliams Mississippi State, 2003	4:06.22 Sharolyn Shields Brigham Young, 2001	4:06.69 Monica Joyce 1982
Mile	4:12.56 Svetlana Masterkova Russia, 1996	4:16.71 Mary Slaney Athletics West, 1983	4:29.04 Angela Chalmers Northern Arizona, 1987		
3,000m	8:06.11 Wang Junxia China, 1993	8:25.83 Mary Slaney Athletics West, 1983	8:37.25 Vicki Huber Villanova, 1988		8:53.24 Monica Joyce 1982
5,000m	14:24.53 Meseret Defar Ethiopia, 2006	14:45.38 Regina Jacobs Nike, 2000	15:09.72 Kim Smith Providence, 2004	15:49.79 Micheala Mannova Brigham Young, 2004	15:45.26 Monica Joyce 1982
10,000m	29:31.78 Wang Junxia China, 1993	30:52.32 Deena Drossin Asics T.C., 2002	32:19.97 Alicia Craig Stanford, 2004	33:21.52 Marty Hernandez Brigham Young, 2000	34:22.24 Lynn Kanuka 1981
3,000m Steeplechase	9:08.33 Galina Samitova Russia, 2003	9:29.32 Brianna Shook Toledo, 2004	9:43.25 Ida Nilsson Northern Arizona, 2004	9:43.36 Elizabeth Jackson Brigham Young, 2001	10:23.34 Marie Nilsson 2004
100m Hurdles	12.21 Yordanka Donkova Bulgaria, 1988	12.33 Gail Devers Nike, 2000	12.48 Virginia Powell USC, 2006	13.02 Kirsten Bolm Brigham Young, 2000	12.82 Miesha McKelvy 1999
400m Hurdles	52.34 Yuliya Pechonkina Russia, 2003	52.61 Kim Batten Reebok, 1995	53.54 Sheena Johnson UCLA, 2004	54.37 Shauna Smith Wyoming, 2005	54.64 LaTanya Sheffield 1985
4x100m Relay	41.37 East Germany 1985	41.47 Miller, Gaines, Jones Devers, U.S., 1997	42.50 Stanley, Sowell, Sheffield, Jones, LSU, 1989	43.93 TCU 2006	44.24 Givens, Dyer, Hogg, Smedley, 2002
4x400m Relay	3:15.17 Soviet Union 1988	3:15.51 Howard, Dixon, Brisco Griffith-Joyner, U.S., 1998	3:23.75 Jones, McIntosh, Chapple Richards, Texas, 2004	3:31.29 Smith, Larrier, Hopper, Fox, Wyoming, 2005	3:30.57 Nilson, Ross, Robinson Sheffield, 1985
High Jump	6-10.25 (2.09m) Stefka Kostadinova Bulgaria, 1987	6-8.00 (2.03m) Louise Ritter Mazda T.C., U.S. 1988	6-6.00 (1.98m) Amy Acuff/Kajsa Bergqvist UCLA/SMU, 1995/1999	6-0.75 (1.85m) Christine Spence UNLV, 2004	5-11.50 (1.82m) Lori Clark 1984
Pole Vault	16-5.25 (5.01m) Yelena Isinbayeva Russia, 2005	15-10.00 (4.83m) Stacy Dragila Nike, 2004	15-01 (4.60m) Chelsea Johnson UCLA, 2006	14-01.25 (4.30m) Shayla Balentine SDSU, 2005	14-01.25 (4.30m) Shayla Balentine 2005
Long Jump	24-8.25 (7.52m) Galina Christykovna Soviet Union, 1988	24-7.00 (7.49m) Jackie Joyner-Kersey Honda, 1994	22-11.25 (6.99m) Jackie Joyner UCLA, 1985	21-7.50 (6.59m) Nikki Hughes Brigham Young, 2002	20-5.75 (6.24m) Lisa Domico 1999
Triple Jump	50-10.25 (15.50m) Inessa Kravets Ukraine, 1995	47-5.00 (14.45m) Tiombe Hurd Nike, 2004	46-8.00 (14.22m) Trecia Smith Pittsburgh, 1997	44-8.25 (13.62m) Kamila Rywelska Brigham Young, 2005	41-9.75 (12.74m) Deontee Kaye, 2006 Gaylen Ames, 1988
Shot Put	74-3.00 (22.63) Natalya Lisovskaya Soviet Union, 1987	66-2.50 (20.18m) Ramona Pagel Mazda T.C., 1988	62-3.75 (18.99m) Meg Ritchie Arizona, 1983	54-9.50 (16.70m) Loree Smith CSU, 2005	58-3.75 (17.77m) Ramona Pagel 1984
Discus	252-0.00 (76.80m) Gabriele Reinsch East Germany, 1988	216-10.00 (66.10m) Carol Cady Stanford T.C., 1986	221-5.00 (67.48m) Meg Ritchie Arizona, 1981	187-3.5 (57.09m) Loree Smith CSU, 2004	196-4.00 (59.84m) Laura DeSnoo 1984
Hammer Throw	253-11.00 (77.41m) Tatyana Lysenko Russia, 2006	242-4.00 (73.87m) Erin Gilreath New York A.C., 2002	236.3.00 (72.01m) Jennifer Dahlgren Georgia, 2006	229-9.00 (70.03m) Loree Smith CSU, 2005	168-8.00 (51.40m) Kellie Scott 1998
Javelin	235-3.00 (71.70m) Osleidys Menéndez Cuba, 2005	204-10.00 (62.44m) Kim Kreiner Nike T.C., 2006	202-10.00 (61.82m) Irina Kharun Indiana, 2003	195-8.00 (59.64m) Dana Pounds AFA, 2006	178-3.00 (54.33m) Liz Mueller 1983
Heptathlon	7,291 points Jackie Joyner-Kersey United States, 1988	7,291 points Jackie Joyner-Kersey United States, 1988	6,527 points Diane Guthrie-Gresham George Mason, 1995	5,751 points Aja Makaila Frary SDSU, 2001	5,751 points Aja Makaila Frary 2001

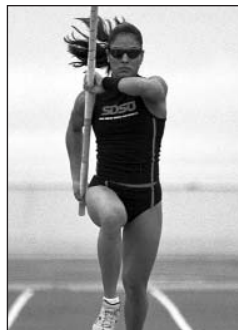
Excellence and San Diego State track and field have become synonymous and the results do not lie. The Aztecs have had three NCAA champions in program history and a laundry list of All-America selections. The past six years and in nine of the last 10 seasons, SDSU student-athletes have earned All-America honors for their efforts at the NCAA national meet. Overall, San Diego State has produced 34 All-Americans, including Erin Asay, who last year became the Aztecs' first indoor track and field All-American when she finished seventh at the NCAA Championships in the pole vault.



Erin Asay



Shayla Balentine



Aimee Crabtree



Laura DeSnoo

NCAA Champions

- 1984 Ramona Pagel (Shot Put) 56-08.00
- 1985 LaTanya Sheffield (400H) 54.64
- Laura DeSnoo (Discus) 190-06.00

All-Americans

- 1979 Deby LaPlante 100 Hurdles
- 1980 Deby LaPlante 100 Hurdles
- 1981 Monica Joyce 1,500 Meters
- Carrie McLaughlin Heptathlon
- 1982 Monica Joyce 1,500 Meters
- Carrie McLaughlin Heptathlon
- Eva Ernstrom 5,000 Meters
- Laura DeSnoo Discus
- 1983 Carrie McLaughlin Heptathlon
- 1984 Laura DeSnoo Shot Put,
- Discus
- Ramona Pagel Shot Put
- 1985 Renee Ross 400 Meters
- LaTanya Sheffield 400 Hurdles
- Laura DeSnoo Discus
- 1986 LaTanya Sheffield 400 Hurdles
- Laura DeSnoo Discus
- 1997 Miesha McKelvy 100 Hurdles
- 1998 Miesha McKelvy 100 Hurdles
- 1999 Aimee Crabtree Pole Vault
- 2001 Aja Makaila Frary Heptathlon
- Daveetta Shepherd 100 Hurdles
- 2002 Tonette Dyer 400 Meters
- 2003 Nicole Ireland 400 Hurdles,
- 4x400 Relay
- Heptathlon
- Tonette Dyer 4x400 Relay
- Jini Hogg 4x400 Relay
- Hollann Givens 4x400 Relay
- Bianca McNair 4x400 Relay
- 2004 Tonette Dyer 100, 200
- 2005 Shayla Balentine Pole Vault
- Heather Heron 100 Hurdles
- 2006 Erin Asay Indoor Pole Vault



Tonette Dyer



Eva Ernstrom



Aja M. Frary



Heather Heron



Jini Hogg



Nicole Ireland



Monica Joyce



Deby LaPlante



Miesha McKelvy



Carrie McLaughlin



Leslie Miller



Ramona Pagel



Renee Ross



LaTanya Sheffield



Daveetta Shepherd

AZTEC OLYMPIANS

San Diego State has a storied tradition of Aztecs who have qualified for the Olympics over the years. Since 1976, SDSU has had 19 former student-athletes go on and compete in the Olympics for their respective countries. Most recently, Marla Runyan competed in a pair of Paralympics (1992 and 1996) before participating in the Olympics in 2000 and 2004.

Olympians

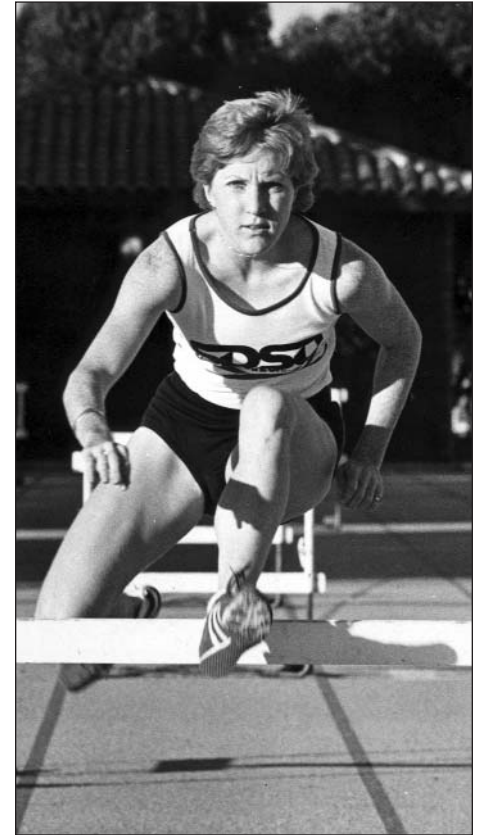
1976	Deby LaPlante (United States) Patrice Shmock (United States) Sue Kameli (Canada)
1980	Sue Kameli (Canada) Sharon Lane (Canada)
1984	Laura DeSnoo (United States) Ramona Pagel (United States) Lynn Kanuka (Canada) Monica Joyce (Ireland) Eva Ernstrom (Sweden) Sue Kameli (Canada)
1988	Ramona Pagel (United States) LaTanya Sheffield (United States) Bonnie Dasse (United States) Lynn Kanuka (Canada)
1992	Ramona Pagel (United States)
1996	Ramona Pagel (United States)
2000	Marla Runyan (United States)
2004	Marla Runyan (United States)

Paralympians

1992	Marla Runyan (United States)
1996	Marla Runyan (United States)



Eva Ernstrom
1984 Olympics



Sue Kameli
1976, 1980, 1984 Olympics



Lynn Kanuka
1984, 1988 Olympics



Marla Runyan
2000, 2004 Olympics



LaTanya Sheffield
1988 Olympics

Seven members of the Aztec track and field program have their names enshrined in San Diego State's Wise Foundation Hall of Fame. The hall is located in the lobby of the Aztec Athletics Center. The honorees are listed here in chronological order of their induction class.



Deby LaPlante Sweezy

● 1979-80
(Hall of Fame Class of 1992)
Was an All-American selection in 1979 and 1980 in the 100-meter hurdles... She was a member of the 1976 and 1980 U.S. Olympic teams... A former USA record holder in the 100-meter hurdles with a time of 12.86... Was second in the 100 meters at the collegiate national championships.



LaTanya Sheffield

● 1983-86
(Hall of Fame Class of 1993)
The 1985 NCAA champion in the 400-meter hurdles... A two-time All-American... Former American record holder in the 400-meter hurdles with a time of 54.64... A bronze medalist in the 1987 Pan American Games... A member of the 1988 Olympic team and qualified for the 400-meter hurdles finals in Seoul... Sister of SDSU track and field coach Rahn Sheffield.



Ramona Pagel

● 1983-84
(Hall of Fame Class of 1996)
A four-time Olympian in the shot put... Best finish was ninth at the Atlanta games in 1996... A three-time All-American... Set an American record with a throw of 66-2.5... Was San Diego State's first female track and field national champion... Overcame a hip and joint problem that forced her to wear leg braces as a child.



Laura DeSnoo

● 1983-86
(Hall of Fame Class of 1999)
Placed second in the 1984 U.S. Olympic trials, earning a spot on the 1984 Olympic squad ... NCAA discus champion in 1985... Won conference titles in the discus in both the Western Athletic Conference and the Pacific Coast Athletic Association... Recorded the top throw in the country for high school student-athletes in 1982.



Marla Runyan

● 1988-91
(Hall of Fame Class of 2003)
First legally blind athlete to participate in the Olympics, finishing eighth in the 1,500 meters in Sydney in 2000 ... an international household name, her career has evolved from high jumping to distances to the heptathlon and now is one of America's best marathoners ... three-time USA Outdoor champion in the 5,000 meters ... American record holder in the indoor 5,000 meters ... U.S. Paralympics in 1992 and 1996.



Carrie McLaughlin Stathas

● 1980-83
(Hall of Fame Class of 2004)
A three-time All-American (1981-83) in the heptathlon ... first SDSU athlete to win three straight All-American awards ... held SDSU heptathlon record for 18 years ... currently ranked second (5,620 points) in the heptathlon, third (19-10.5) in the long jump and fourth (5-9.5) in the high jump on the SDSU all-time list.



Lynn Kanuka

● 1979-82
(Hall of Fame Class of 2005)
One of SDSU's best-ever distance runners ... Holds the Aztec record in the 10,000 meters ... Ranks in the school's top 10 in six events and claimed a pair of conference titles during her career ... Posted two of the school's top 10 times in 5K races as a member of the SDSU cross country squad ... Represented Canada in both the 1984 and 1988 Olympic Games, winning a bronze medal in the 3,000 meters in 1984... From 1983 to 1989, she set 11 Canadian national records.



Aztec Hall of Fame