



SAN DIEGO STATE AZTECS

2016 Women's Soccer Weekly Notes

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SDSU Official Athletics Website: GoAztecs.com
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Schedule/Results

Overall: 2-5 | **Home:** 1-2; **Away:** 1-3; **Neutral:** 0-0

August

19	UCLA (Mountain West Network)	L, 0-5
29	at Long Beach State	L, 0-3

September

2	at San Diego (TheW.tv)	L, 0-2
9	at No. 16/12 Penn State	L, 0-3
11	at Cornell (Ivy League Digital Network)	W, 1-0
15	Weber State (Mountain West Network)	W, 3-0
18	No. 24/23 Texas Tech	L, 0-1
23	Air Force * (Mountain West Network)	7 p.m. PT
25	Colorado College * (Mountain West Network)	Noon PT
30	at Fresno State * (Mountain West Network)	7 p.m. PT

October

2	at San José State * (Mountain West Network)	Noon PT
7	at UNLV * (Mountain West Network)	7 p.m. PT
9	at Nevada * (Mountain West Network)	1 p.m. PT
14	Boise State * (Mountain West Network)	7 p.m. PT
16	Utah State * (Mountain West Network)	Noon PT
21	at Colorado State * (Mountain West Network)	3 p.m. MT
23	at Wyoming * (Mountain West Network)	1 p.m. MT
28	New Mexico * (Mountain West Network)	7 p.m. PT

November

1	MW Quarterfinals # (Mountain West Network)	4/7 p.m. PT
3	MW Semifinals # (Mountain West Network)	4/7 p.m. PT
5	MW Finals # (Mountain West Network)	7 p.m. PT

National ranking reflects NSCAA/Soccer America

* - Mountain West game

- Mountain West Championship at SDSU Sports Deck

Socially

Twitter: @AztecWSoccer

Facebook: facebook.com/aztecwsoccer

Instagram: @sdsu_womens_soccer

Game Week Preview

Air Force (4-2-1; 0-0 MW) at San Diego State (2-5; 0-0 MW)

Friday, Sept. 23 | 7 p.m. PT | Mountain West Network | SDSU Sports Deck | San Diego, Calif.

Colorado College (4-4; 0-0 MW) at San Diego State (2-5; 0-0 MW)

Sunday, Sept. 25 | Noon PT | Mountain West Network | SDSU Sports Deck | San Diego, Calif.

Storylines

- San Diego State, preseason favorites to win the Mountain West, open conference play this week when Air Force and Colorado College visit Montezuma Mesa. The Aztecs and Falcons will share the pitch on Friday at 7 p.m. PT and then welcome the Tigers on Sunday at noon PT. Both games will stream on GoAztecs.com via the Mountain West Network.

- The Aztecs split a pair of home games last week, beating Weber State, 3-0, and losing on an own goal to No. 24/23 Texas Tech, 1-0. SDSU's games with Air Force and Colorado College wrap up a season-long four-game homestand before heading out on its second four-game road swing of the year.

- San Diego State's victory over Weber State last Thursday gave the Aztecs their first winning streak of the season. SDSU's second straight win was punctuated by goals from Angela Mitchell, Jen Rupey and Rachel Speros, and a second consecutive shutout from Gabby English.

- The Aztecs carried the momentum of their winning streak into their game with the Red Raiders, but were instead stuck to deal with a fifth loss after the own goal. Despite the disappointment of the outcome, San Diego State left SDSU Sports Deck feeling good about its effort after outshooting Texas Tech, 13-7, and putting two more shots on target (5-3).

- San Diego State's game vs. TTU capped a three-game stretch where the Aztecs resembled the Aztecs who were picked to win the Mountain West back in August. Entering this week's games, SDSU has averaged 16.0 shots over the last three outings compared to its 7.5 average in the first four games of the season.

- Not only has San Diego State's offense been more dangerous, its defense has been equally as impressive. SDSU has not allowed an opponent to score in the last 304:21, which covers the final 34:21 of the Penn State game and full contests at Cornell, vs. Weber State and vs. Texas Tech.

- SDSU heads into league action playing its best soccer of the season and against competition it has dominated over the last four years, each of which has ended with the Aztecs raising the regular-season trophy. During this four-year stretch, San Diego State has posted a regular-season MW record of 35-4. Reach back a couple more years and SDSU has a record of 49-7-3 vs. Mountain West opposition in the regular season beginning with the 2009 campaign.

- The Aztecs are looking to start the conference season off on a good note at a place where very few Mountain West teams have won. San Diego State is riding a five-game regular-season home winning streak vs. league foes and is 18-2 against the same competition since the start of 2012.

- SDSU will look to improve upon the aforementioned MW numbers with the other 11 teams trying to dethrone them following the August announcement of the preseason coaches' poll. The Aztecs were picked to win the league, earning 119 points and nine first-place votes. San José State picked up the other three first-place tallies and finished in second with 102 points. This week's foes, AFA and CC, were picked 10th (34 points) and sixth (76 points), respectively.

General Information

Location	San Diego, Calif.
Founded	1897
Enrollment	32,396
Nickname	Aztecs
Colors	Scarlet and Black
Conference	Mountain West
Affiliation	Division I
President	Dr. Elliot Hirshman
Interim Director of Athletics	Jenny Bramer
Faculty Representative	Patrick Papin

Team Information

Head Coach	Mike Friesen (Sonoma St., 1996)
Record at SDSU (Seasons)	114-62-23 (10)
Career Record	Same
E-mail	mfriesen@mail.sdsu.edu
W. Soccer Office Phone	(619) 594-3749
W. Soccer Office Fax	(619) 594-1674
Associate Head Coach	Juan Pablo Favero (5th Season)
Assistant Coach	Sergio Duck (2nd Season)
Assistant Coach	Chassion Griggs (2nd Season)
Director of Soccer Operations	Marisa Abegg (1st Season)
Home Facility	SDSU Sports Deck (1,250)
2015 Overall Record	15-4-1
2015 Home Record	9-0-1
2015 Road Record	5-0
2015 Neutral Record	4-0-1
2015 MW Record/Finish	10-1/1st
First Year of Competition	1989
All-Time Record	293-195-51 (.591)
NCAA Appearances	6 ('98, '99, '09, '12, '13, '14)
Letterwinners Returning/Lost	15/5
Starters Returning/Lost	8/3
Key Returners (Alphabetical)	Victoria Barba (MF, Sr.)
	2015 All-Mountain West Second Team
	2013 NSCAA All-Pacific Region Third Team
	2013 Mountain West All-Tournament Team, First Team
	Stacie Moran (D, Jr.)
	2015 All-Mountain West First Team
	2014 All-Mountain West Second Team
	Milan Moses (MF, So.)
	2015 All-Mountain West First Team
	Angela Mitchell (F, Jr.)
	2015 All-Mountain West Second Team
	Jen Rupey (D, Sr.)
	2015 Honorable Mention All-Mountain West
	Aliyah Utush (F, Jr.)
	2015 Honorable Mention All-Mountain West
Key Losses	Ashley Hauke (Sr., D)
	Leah Pruitt (Fr., F)
	Melanie Vaughn (Sr., GK)

Media Relations

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- San Diego State is 8-5-4 in Mountain West openers and will look to get back on the winning track after dropping the first game of league action last season at Boise State. In conference openers that have occurred at home, the Aztecs are 3-0-1 since 2009 and 5-2-2 since the inception of the MW in 1999.

- SDSU and Air Force will be playing for the 21st time in series history with the Aztecs leading, 18-1-1. San Diego State has won nine straight, including last year's 1-0 road win, and is unbeaten in its last 15 (14-0-1). AFA's lone win came in 2001 at home.

- The Aztecs and Tigers have a brief series history despite it dating back to 1992. San Diego State is 4-1-2 against Colorado College and is 3-0-1 since the Tigers became a member of the Mountain West in time for the 2014 season. The teams have met in the regular season and in the conference tournament semifinals the last two seasons.

Opponent Notebook**Air Force**

The Falcons come to America's Finest City riding a two-game winning streak after wins last week over Northern Arizona and UMass Lowell... Air Force has won four of its last five contests... AFA is 2-0 on the road this year with victories at Green Bay and Weber State... Brooke Rittmann leads the teams in goals (4) and points (9)... Jennifer Hiddink (0.81 GAA) and Alex Kahalley (1.14 GAA) have nearly played equal minutes in net... Hiddink has played 335 minutes, while Kahalley has logged 315.

Colorado College

The Tigers split two games last week, beating UMass Lowell and losing to Northern Arizona in overtime... Colorado College is 2-3 over its last five and is 1-3 away from Colorado Springs... Clara Richter is the team leader in goals (5) and points (10)... Tanner Haughn owns a team-high two assists... Molly Hiniker (1.50 GAA) has seen a majority of time in net, logging 541:08 between the pipes... Rowan Frederiksen has also seen time at goalkeeper, playing 188:28 with a GAA of 0.96.

Roster

No.	Player	Ht.	Pos.	Yr.	Hometown (Last School)
0	Kate Hart	5-6	GK	So.	Huntington Beach, Calif. (Huntington Beach HS)
00	Caroline Galdorisi	5-6	GK	Fr.	Northport, N.Y. (Kings Park HS)
1	Gabby English	5-10	GK	RS-Fr.	Winter Park, Fla. (Winter Park HS)
2	Meggie Gulczynski	5-6	D	Sr.	San Diego, Calif. (San Diego)
3	Milan Moses	5-4	MF	So.	San Leandro, Calif. (Dublin HS)
4	Bailey Cook	5-9	D	Fr.	Aurora, Colo. (Grandview HS)
5	Victoria Barba	5-4	MF	Sr.	Albuquerque, N.M. (Sandia HS)
6	Xochi Hunter	5-5	MF	Jr.	Milpitas, Calif. (St. Francis HS)
7	Katie Saavedra	5-4	MF	Jr.	Apple Valley, Calif. (Aliso Niguel HS)
8	Hedda Regefalk	5-9	F	Sr.	Stockholm, Sweden (CSU Bakersfield)
9	Angela Mitchell	5-1	F	Jr.	Corona, Calif. (Roosevelt HS)
10	Gemma Craine	5-4	MF	Sr.	Derby, England (Monroe College (N.Y.))
11	Nicole Robertson	5-5	MF	Jr.	Temecula, Calif. (Purdue)
12	Taylor Russell	5-5	D	So.	Riverside, Calif. (Riverside Poly HS)
13	Stacie Moran	5-9	D	Jr.	Alta Loma, Calif. (Alta Loma HS)
14	Zsura Phare	5-2	D/F	Sr.	Denver, Colo. (Metro State)
15	Morgan Simpson	5-5	F	Sr.	Trabuco Canyon, Calif. (Mission Viejo HS)
16	Jen Rupey	5-9	D	Sr.	Mission Viejo, Calif. (Santa Margarita HS)
17	Aliyah Utush	5-3	F	Jr.	Rocklin, Calif. (Whitney HS)
18	Rachel Speros	5-4	MF	Fr.	Danville, Calif. (San Ramon Valley HS)
19	Eden Kawabe	5-3	D	Fr.	Mililani, Hawaii (Mililani HS)
20	Ariana Robles	5-1	D	Fr.	San Diego, Calif. (Eastlake HS)
21	Yasmin Ahoaja	5-5	MF	Fr.	Carlsbad, Calif. (Carlsbad HS)
22	Darcy Weiser	5-5	F	Fr.	Huntington Beach, Calif. (Huntington Beach HS)
23	Hailey Balma	5-7	D	Jr.	Danville, Calif. (Monte Vista HS)
24	Camryn Wendlandt	6-0	F	Fr.	Coeur d'Alene, Idaho (Lake City HS)
25	Dani DeRosa	5-5	F	Jr.	Rocklin, Calif. (Louisiana)
26	Meghan Scudero	5-4	F/D	Fr.	San Jose, Calif. (Leland HS)
28	Isabelle Cartagena	5-5	D	Fr.	Tempe, Ariz. (Corona Del Sol HS)

Head Coach: Mike Friesen (Sonoma State, 1996), 10th season

Associate Head Coach: Juan Pablo Favero (Palm Beach Atlantic, 1994), Fifth season

Assistant Coaches: Sergio Duck, Second season; Chassion Griggs, Second season

Director of Operations: Marisa Abegg, First season

2016 San Diego State Women's Soccer
San Diego State Combined Team Statistics (as of Sep 18, 2016)
All games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	2-5	1-2	1-3	0-0
CONFERENCE	0-0	0-0	0-0	0-0
NON-CONFERENCE	2-5	1-2	1-3	0-0

Date	Opponent		Score	Att.	#	Player	gp	g	a	pts	sh	sh%	sog	sog%	gw	pk-att
Aug 19	UCLA	L	0-5	2079	5	BARBA, Victoria	7	1	1	3	10	.100	2	.200	1	0-0
Aug 29	at Long Beach State	L	0-3	784	9	MITCHELL, Angela	6	1	0	2	9	.111	4	.444	1	0-0
Sep 02	at San Diego	L	0-2	1002	18	SPEROS, Rachel	7	1	0	2	4	.250	3	.750	0	0-0
Sep 09	at #16 Penn State	L	0-3	877	16	RUPEY, Jen	7	1	0	2	4	.250	2	.500	0	0-0
Sep 11	at Cornell	w	1-0	144	17	UTUSH, Aliyah	7	0	2	2	13	.000	9	.692	0	0-0
Sep 15	WEBER STATE	w	3-0	241	8	REGEFALK, Hedda	7	0	1	1	2	.000	0	.000	0	0-0
Sep 18	#24 TEXAS TECH	L	0-1	516	3	MOSES, Milan	7	0	0	0	13	.000	4	.308	0	0-0

Rankings reflect NSCAA poll

TEAM STATISTICS	SDSU	OPP
SHOT STATISTICS		
Goals-Shot attempts	4-78	14-93
Goals scored per game	0.57	2.00
Shot pct.	.051	.151
Shots on goal-Attempts	33-78	48-93
SOG pct.	.423	.516
Shots/Game	11.1	13.3
CORNER KICKS	30	23
PENALTY KICKS	0-0	0-1
PENALTIES		
Yellow cards	5	6
Red cards	1	1
ATTENDANCE		
Total	2836	2807
Dates/Avg Per Date	3/945	4/702
Neutral Site #/Avg	0/0	

#	Player	gp	g	a	pts	sh	sh%	sog	sog%	gw	pk-att
5	BARBA, Victoria	7	1	1	3	10	.100	2	.200	1	0-0
9	MITCHELL, Angela	6	1	0	2	9	.111	4	.444	1	0-0
18	SPEROS, Rachel	7	1	0	2	4	.250	3	.750	0	0-0
16	RUPEY, Jen	7	1	0	2	4	.250	2	.500	0	0-0
17	UTUSH, Aliyah	7	0	2	2	13	.000	9	.692	0	0-0
8	REGEFALK, Hedda	7	0	1	1	2	.000	0	.000	0	0-0
3	MOSES, Milan	7	0	0	0	13	.000	4	.308	0	0-0
13	MORAN, Stacie	7	0	0	0	6	.000	2	.333	0	0-0
6	HUNTER, Xochi	7	0	0	0	5	.000	2	.400	0	0-0
25	DEROSA, Dani	7	0	0	0	4	.000	3	.750	0	0-0
14	PHARE, Zsuria	7	0	0	0	3	.000	1	.333	0	0-0
23	BALMA, Hailey	4	0	0	0	2	.000	1	.500	0	0-0
21	AHOOJA, Yasmin	7	0	0	0	1	.000	0	.000	0	0-0
20	ROBLES, Ariana	6	0	0	0	1	.000	0	.000	0	0-0
19	KAWABE, Eden	5	0	0	0	1	.000	0	.000	0	0-0
26	SCUDERO, Meghan	7	0	0	0	0	.000	0	.000	0	0-0
24	WENDLANDT, Camryn	2	0	0	0	0	.000	0	.000	0	0-0
22	WEISER, Darcy	4	0	0	0	0	.000	0	.000	0	0-0
11	ROBERTSON, Nicole	3	0	0	0	0	.000	0	.000	0	0-0
10	CRAINE, Gemma	2	0	0	0	0	.000	0	.000	0	0-0
4	COOK, Bailey	4	0	0	0	0	.000	0	.000	0	0-0
2	GULCZYNSKI, Meggie	1	0	0	0	0	.000	0	.000	0	0-0
Total		7	4	4	12	78	.051	33	.423	2	0-0
Opponents		7	14	11	39	93	.151	48	.516	5	0-1

#	Goalie	GP	Min.	GA	GAAvg	Saves	Pct	W-L-T	Sho
1	ENGLISH, Gabby	7	630:00	14	2.00	33	.702	2-5-0	2/0
Total		7	630:00	14	2.00	34	.708	2-5-0	2
Opponents		7	630:00	4	0.57	29	.879	5-2-0	5

Goals by Period	1st	2nd	Total
San Diego State	1	3	4
Opponents	9	5	14

Shots by Period	1st	2nd	Total
San Diego State	36	42	78
Opponents	58	35	93

Saves by Period	1st	2nd	Total
San Diego State	18	16	34
Opponents	14	15	29

Corners by Period	1st	2nd	Total
San Diego State	16	14	30
Opponents	15	8	23

Fouls by Period	1st	2nd	Total
San Diego State	41	35	76
Opponents	22	44	66