



39TH ANNUAL AZTEC TRACK AND FIELD OPEN AND INVITATIONAL

Friday & Saturday - March 24th - 25th 2017

Entry Guidelines for Open Meet, Invitational Meet and High School Meet

Men & Women Open Combined Events

- Cancelled due to unforeseen track resurfacing and construction delays
- Entrants that have paid on-line will be issued a full refund

All Open & Invitational Throwing Events

Friday & Saturday, March 24-25th @ UCSD

- Moved due to unforeseen track resurfacing and construction delays
- Please refer to revised schedule

Open Meet

Friday, March 24th @ SDSU

- All Junior and Community College Team entries will be accepted.
- Individual/Unattached athletes that do not meet invitational standards must enter in the Open Meet.
- Field event competitors in the Open Meet will receive four attempts in the horizontal jumps and throws. After achieving one mark, only trials that achieve or exceed the minimum distances posted later in this package will be measured.

Distance Carnival for all three Meets

Friday Evening, March 24th @ SDSU

- 3000m Steeplechase is cancelled due to unforeseen track resurfacing and construction delays. Paid entrants will be issued a refund
- All Mile, 1500m, 3000m and 5000m competition for the Open, Invitational and High School Meets will be held during the Distance Carnival in seeded heats based on the respective meet entered.

Invitational Meet

Saturday, March 25th @ SDSU

- All Invited College and University Team entries will be accepted.
- Invited College and University Teams may also enter athletes in Friday's Open Meet.
- Individual/Unattached athletes that do not meet invitational standards must enter in the Open Meet.
- Field event competitors in the horizontal jumps and throws of the Invitational Meet will have three preliminary attempts. The top nine marks will earn three final attempts.

High School Meet

Saturday, March 25th @ SDSU

- National Federation of State High School Associations (NFHS) national sanction through host San Diego High School.
- CIF-San Diego Section Sanctioned Events
 - 4x100m Relay
 - 4x400m Relay
 - 100m
 - 200m
 - 400m
 - 800m
 - Mile (During Friday Distance Carnival)
 - 110/100m Hurdles
 - Shot Put (held at SDSU, not UCSD)
- Entries through Athletic.net.
- Each event will be limited to 27 entries per gender—equitably divided amongst participating High Schools.
- Contact the Meet Director for any questions.

Meet Information

Entry Information

Entries will only be accepted online at the following links

Invitational Meet Team Link: <https://www.directathletics.com/meets/track/48789.html>
Invitational Meet Individual/
Unattached Athlete Link: <https://www.directathletics.com/meets/track/48790.html>
Open Meet All Entry Link: <https://www.directathletics.com/meets/track/48786.html>
High School Main Meet Link: <http://www.athletic.net/edit/track/meet/register/1946217/overview>
High School Mile-Only Link: <http://www.athletic.net/edit/track/meet/register/1946216/overview>

Entries must be submitted on the website no later than **11:59 PM Monday, March 20th**. All submitted entries in the system at the entry deadline listed above will be considered FINAL. **NO INDIVIDUAL or UNATTACHED late entries will be accepted past the entry deadline.** Late team entries will be charged a **\$100 late fee** that must be paid at the ticket office.

No entry changes will be allowed in any Meet once the first event of that Meet has commenced.

Only Invited College and University Teams can enter directly into the Invitational Meet on Direct Athletics. This year, Individuals and Unattached athletes who meet the qualifying standards (2016 or 2017 season) may enter and pay for the Invitational Meet directly. However, the Meet Director will verify all Individual and Unattached entry marks more before putting the athlete on the start list. Individuals and Unattached athletes should ensure their marks are valid and verifiable, since there are no refunds.

Invited College and University Team athletes are not required to meet the Invitational Qualification Standards. However, coaches may elect to enter those athletes in Friday's Open Meet which typically includes a broader range of seed marks. Invited College and University Teams also have the option of competing athletes in both the Open and Invitational Meets in the same or different events.

*****Please be sure to print a copy of your team's entries and bring it to the meet as confirmation*****

Entry Marks

Please use accurate times/marks achieved during the 2016 outdoor or 2017 indoor or outdoor season—not lifetime PRs. If you do not enter a seed time/mark, the athletes and/or relay team(s) will be placed at the bottom of their respective event performance list. Please use metric distances on DirectAthletics (DA). Individuals/Unattached athletes MUST use DA entry notes with meet name and date so marks can be verified.

Heat Sheets

Heat sheets/performance list will be provided on finishedresults.com no later than 8:00 PM **Wednesday, March 22nd**. Please check to make sure your athletes have been entered in the appropriate event(s) with the correct seed times/marks. Heat sheets & results also will be posted on the bulletin board located in the northwest corner of the stadium, directly above the clerk of the course / check-in area.

Final Schedule

The final meet schedule will be posted no later than Tuesday evening, March 21st on finishedresults.com and www.goaztecs.com.

Entry Fees

There will be an entry fee of \$15 per individual entry per event, \$20 per combined event (decathlon and heptathlon) entrant, \$20 per relay team. Max of \$400 per gender per College, University and Club team for both meets. High Schools are \$25 per gender per team with checks payable to San Diego High Track and Field at check-in the day of meet.

Individuals/Unattached athletes must pay entry fees online in order to participate. All College, University and Club Teams must make payment on-line by credit card prior to registration deadline or by check at packet pick-up or by mail to:

Women's Track & Field
Department of Athletics
San Diego State University
5500 Campanile Dr
San Diego, CA, 92182-4313

Checks should be made out to: **San Diego State Track & Field**

Important Notes: Per University policy, we will not be able to accept cash. Credit cards cannot be accepted after on-line registration closes.

Facilities

Track: 9 lane Mondo. This will be the first meet on the newly resurfaced track

**3/16" (5mm) pyramid spikes. No needle or Christmas tree spikes.
A limited amount of spikes will be available for purchase.**

Spikes will be checked at check in.

Men's and Women's Pole Vault, Triple Jump and Long Jump will be run concurrently on side-by-side runways.

Long Throws (Javelin Throw, Hammer Throw and Discus Throw) are scheduled to be measured electronically.

Parking

San Diego State parking is available in Parking Structure (PS) 7, located directly underneath the track. Parking passes can be purchased from the yellow parking kiosk located on the top level of the parking structure for \$2/hr or \$10/day. See map on page 10. UC San Diego parking restrictions are enforced Monday-Friday. Parking permits are available for purchase. Please park in the Hopkins Parking Structure south of RIMAC Arena or in the parking structure on the corner Pangea Dr and Scholars Dr. Both structures are approximately 500 meters from the track. See map on page 13.

Please be sure to display your parking receipt in order to avoid citation.

Packet Pick-up

Packet pick-up will be available at the ticket office, located just outside the track, two hours prior to the start of competition on each day starting on Friday.

Each team will be supplied with athlete and coach wristbands which will be used to gain admittance to the meet. Athletes must be wearing their wristband to compete.

Individual/unattached athletes can pick-up their wristbands at the ticket office anytime.

- Throwing Implements** All teams and athletes must provide their own implements. Athletes must weigh-in all throwing implements. Open and Invitational Meet Implement weigh-in will be located at the UCSD competition location. High School Shot Put weigh-in will be at the San Diego State Shot Put ring. No implements will be processed less than one hour before the start of the event.
- Seating** Seating is available on the west side of the stadium. The Aztrack Sports Deck seats about 1,000 people. Teams may put up canopies only on the top row of the stadium. To ensure a good meet, we ask that athletes remain out of the competition area when not competing.
- Athletic Training Tent** All athletic trainers will be located on the northeast side of the stadium. Athletic trainers will be available one hour prior to the start of competition.
- Visiting teams may set-up tables in this area or warm-up area on lower field.**
- Warm-Up Area** All athletes must do their warming up outside the stadium. The intramural turf field will be available for warm-ups, located adjacent to the Sports Deck (just west of the track).
- Athlete Check-In** Track athletes are required to check-in at the clerk of the course a minimum of **30 minutes** prior to their event where hip numbers will be given to the competitors and must be placed on the hip prior the entering the track for competition. The clerk of the course will be located at the bottom of the stairs below the track entrance.
- After being checked-in, athletes may sit in the staging area, just up the stairs that lead to the track behind the clerk of the course.
- Field athletes may check-in at their respective event area no later than **30 minutes** prior to the start of the event.
- Athletes competing in more than one event simultaneously must check in/out with each official to avoid being scratched/disqualified.
- Starting Heights** Open Meet starting heights are posted later in this package. Invitational starting heights and height progressions will be posted on heat sheets, and will also be available in team packets at packet pick-up. In the Invitational Meet on Saturday, the ten lowest men and women seed heights will vault at 11:00 a.m., while the rest of the athletes will vault at 1:00 p.m. Pole Vault Pit #1 (North Pit) is the interior pit, closest to the grass. Pole Vault Pit #2 is the outer pit, closest to lane #1 of the track.
- Vaulting Pole Shipment** Vaulting poles may be shipped to the following address:
- San Diego State University
Department of Athletics, Women's Track & Field
Attn: Coach Richard Fox
5500 Campanile Dr
San Diego, CA, 92182-4313
- Coach Fox, richardfox5050@gmail.com, +1 (619) 807-8800 (mobile) will maintain custody of poles until pick-up at San Diego State.

Directions

The Aztec Sports Deck is located on the corner of Montezuma Rd. & 55th St.

SDSU is easily accessible from the I-8 Freeway (Exit Fairmont Ave., continue on Montezuma if coming from the WEST) (Exit College Ave. South, make a Right on Montezuma if coming from the EAST).

From The Airport: Exit the terminal and follow the signs for I-5 NORTH. Head EAST on N Harbor Dr. Make a LEFT at Laurel St. Turn LEFT at India St. Merge onto I-5 NORTH. Take the I-8 Exit East toward El Centro. Exit on Fairmont Ave, and stay right to continue onto Montezuma Rd.

Facility Schedule

Monday, March 20: 8:00 a.m. – 12:00 p.m. (no javelin, no discus)
4:30 p.m. – 6:00 p.m. (discus open, javelin open)
Tuesday, March 21: 9:00 a.m. – 12:00 p.m. (no javelin, no discus)
4:30 p.m. – 6:00 p.m. (discus open, javelin open)
Wednesday, March 22: 8:00 a.m. – 12:00 p.m. (no javelin, no discus)
4:30 p.m. – 6:00 p.m. (discus open, javelin open)
Thursday, March 23: Track opens at 8:00 a.m.
Friday, March 24: Track opens at 7:30 a.m.
Saturday, March 25: Track opens at 7:30 a.m.

Hammer cage at UC San Diego will be available. Please contact Coach Anthony Salerno, asalerno@ucsd.edu, +1 (858) 229-2832, to schedule and for further info.

Concessions

We will have complete concession stands with multiple food vendors at the meet.

Spectator Entry

Free Admission

Additional Info

The official San Diego State Visiting Team Guide containing additional information can be found at: <http://tinyurl.com/2016-2017SDSUVisitingTeamGuide>

NCAA “Counter”

Due to the implications of NCAA Bylaws 20.9.7.1, 20.9.7.2, 20.9.7.3.2 we will make sure that our meet qualifies as a counter meet for sports sponsorship. Based off of the team entries into our meet a decision will be made if the meet falls under the 2/3rds rule or not. If the team entries do not have more than 2/3rds Division I institutions, we will score the meet accordingly to allow institutions to use the meet as a counter for sports sponsorship. If we meet the 2/3rds requirements we will not score the meet.

Results

Live results will be available at: finishedresults.com. Final results will be available at: www.goaztecs.com. Coaches, team managers and unattached athletes are responsible for reviewing final results for accuracy. If an anomaly or error is suspected, it should be brought to the Meet Director or timing tent for review and possible correction, prior to leaving the meet.

Contact Information

Meet Director: Rick Reaser E-Mail: rick-reaser@msn.com
Mobile: (310) 227 – 5534 Fax: (310) 647-3238

Head Coach: Shelia Burrell E-Mail: sburrell@mail.sdsu.edu
Office: (619) 594 – 5514

INVITATIONAL MEET

QUALIFICATION STANDARDS

100m	10.70	11.90
200m	21.80	24.90
400m	48.50	56.00
800m	1:53.50	2:15.00
1500m	4:00.00	4:45.00
3000m	8:45.00	10:30.00
5000m	15:30.00	17:30.00
110H/100H	14.50	14.25
400H	53.50	1:01.50
3000 Steeple	9:30.00	11:00.00
Long Jump	7.15m (23-05.50)	5.85m (19-02.50)
High Jump	2.10m (6-10.75)	1.70m (5-07.00)
Triple Jump	15.00m (49-02.50)	12.35m (40-06.25)
Pole Vault	5.00m (16-04.75)	3.80m (12-05.50)
Shot Put	16.75m (54-11.50)	13.70 (44-11.50)
Discus Throw	51.80m (169-11)	48.80m (160-01)
Javelin Throw	57.90m (189-11)	44.20m (145-00)
Hammer Throw	54.85m (179-11)	51.80m (169-11)

Qualification standards must be achieved using NCAA implement weights, hurdle heights and hurdle spacing at an official competition with publicly available results during the 2016 or 2017 indoor or outdoor seasons.

OPEN MEET MINIMUM MEASURED DISTANCES AND OPENING HEIGHTS

Event	Men	Women
Long Jump	5.60m (18-04.50)	4.50m (14-09.00)
High Jump	1.68m (5-06.00)	1.37m (4-06.00)
Triple Jump	12.20m (40-00.50)	10.00m (32-09.75)
Pole Vault	3.50m (11-05.75)	3.00m (9-10.00)
Shot Put	10.00m (32-09.75)	9.00 (29-06.50)
Discus	33.50m (109-11)	26.00m (85-04)
Javelin	30.50m (100-01)	26.00m (85-04)
Hammer	35.00m (114-10)	29.90m (98-00)

The Open Meet will be using 2017 and 2018 NCAA Men's and Women's Track and Field and Cross Country Rule 6, Section 3, Alternate Procedures, Article 1 and Article 3. Open Meet horizontal jumps and throws will be conducted as a four-attempt final competition. Each athlete's first legal trial will be measured regardless of whether the minimum distances in the above table are reached. Subsequent trials must achieve or exceed the minimum distance to be measured.

SAN DIEGO STATE



ATHLETIC TRAINING

Dear Track & Field Athletic Trainer,

On behalf of the San Diego State University Athletic Training Staff, we would like to take this opportunity to welcome you to San Diego State University and to the Aztec Track.

Athletic Trainers will be stationed in clearly marked room at the north end of the track.

On the Track:

- Water
- Cups
- Biohazard kit
- First Aid Supplies
- Emergency Equipment
- Treatment tables
- Treatment ice with bags, and flexi-wrap

A physician will be present a few hours during each day of the meet and on-call for the rest of the meet. If you need those services prior, please do not hesitate to ask and we will accommodate you as best as we can.

If your team is not traveling with an Athletic Trainer please let us know in advance. Please send your team with a medical kit and letter of any specific treatments so that we can provide the proper care for your athletes.

If you have any questions, please feel free to contact me.

Sincerely,

Domanique Peretti MS, ATC

Assistant Athletic Trainer

dperetti@sdsu.edu

Cell: 206-953-3265



Sheraton
Mission Valley
SAN DIEGO
HOTEL

OFFICIAL MEET HOTEL



Sheraton Mission Valley San Diego Hotel

1433 Camino Del Rio South
San Diego, CA 92108

Contact: Sabra Baran, Sales Manager
619-321-4604 Direct
619-260-0111 Hotel
619-497-0808 Fax

<http://www.sheratonmissionvalley.com/>

Teams/Individuals:

Please contact hotel representative
Sabra Baran for accommodations

\$135 per night double occupancy

- two buffet passes per room
- complimentary parking
- complimentary internet

Team Charter Buses \$10.00 per day

Head Coach upgrade includes Club
Lounge Access

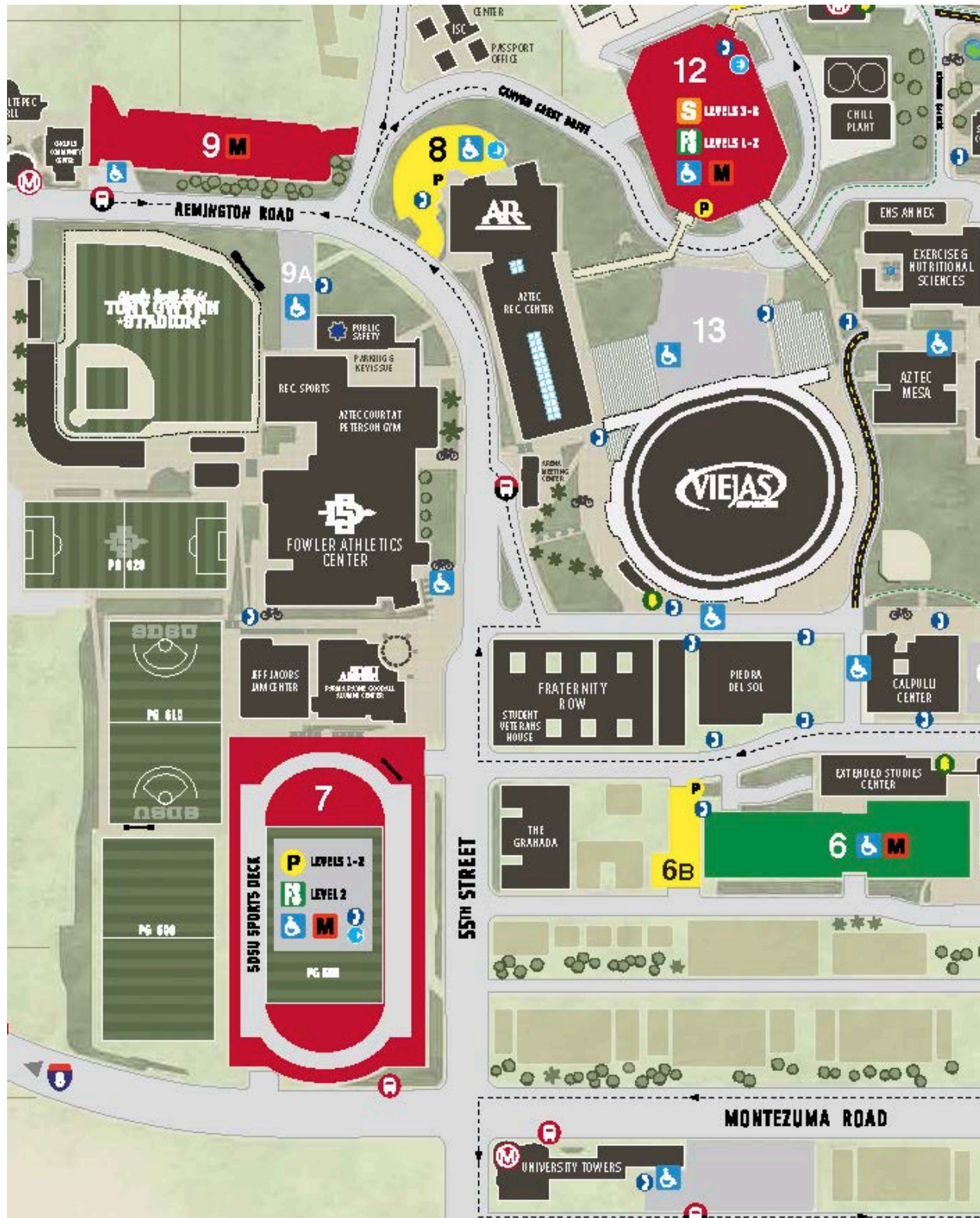


Sheraton Mission Valley San Diego Hotel

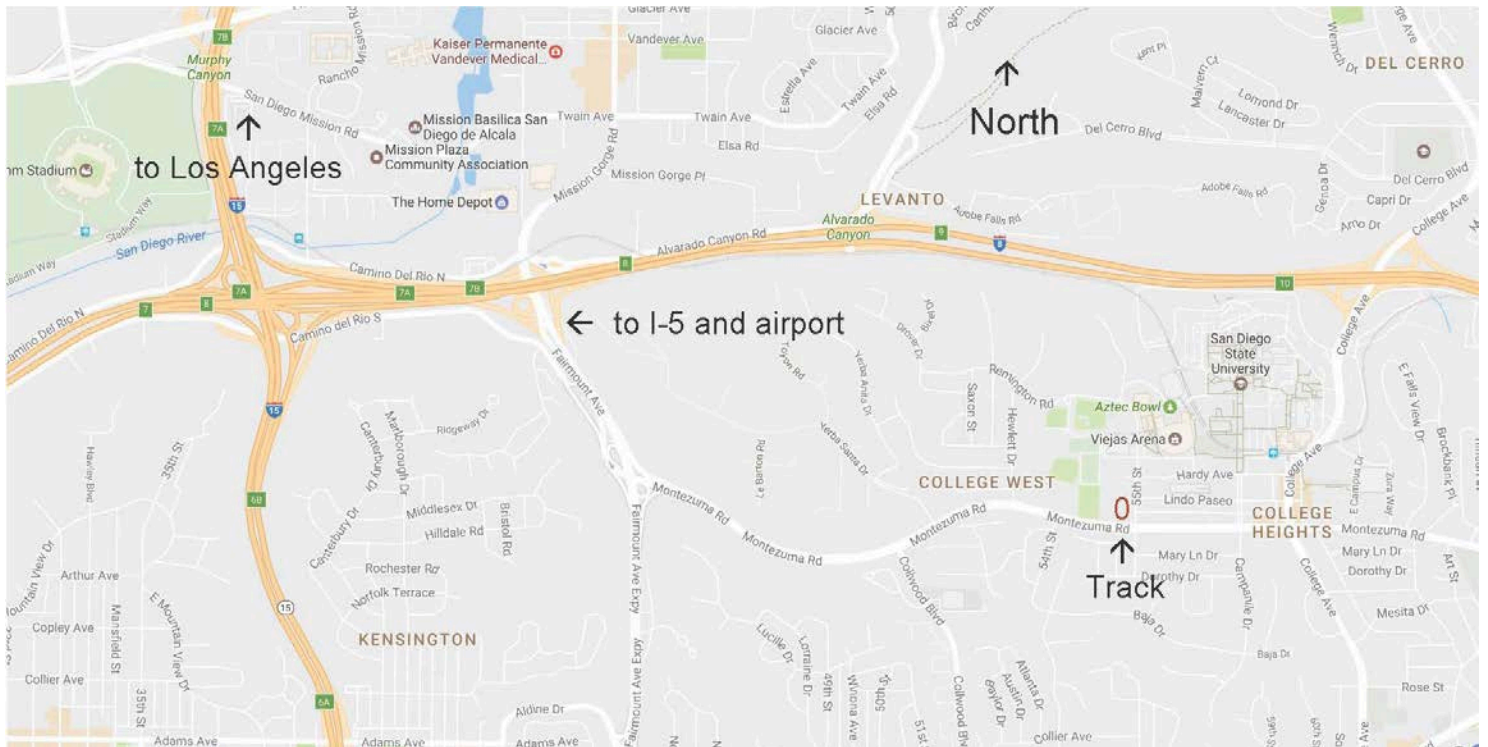
- Newly Renovated: Brand new Guestrooms, Restaurant, Lobby, Fitness Center, and Meeting Space
- Preferred Hotel Partner of San Diego State Athletics
- Centrally located off the 8 freeway just 5 miles from SDSU, walking distance to Mission Valley Mall, San Diego Trolley and 30+ restaurants and just 10 minutes from all major attractions
- Team Friendly, past host of NCAA tournament teams, designated bus parking
- 260 Guestrooms; 160 rooms with Double Queen beds; all beds have signature Sheraton Sweet Sleeper Mattresses
- All Rooms are equipped with Brand New Sheraton Sweet Sleeper Mattresses, (2) Queen Beds, mini-refrigerator, 42" HD TVs, and self-brew Starbucks coffee



SAN DIEGO STATE WEST CAMPUS MAP

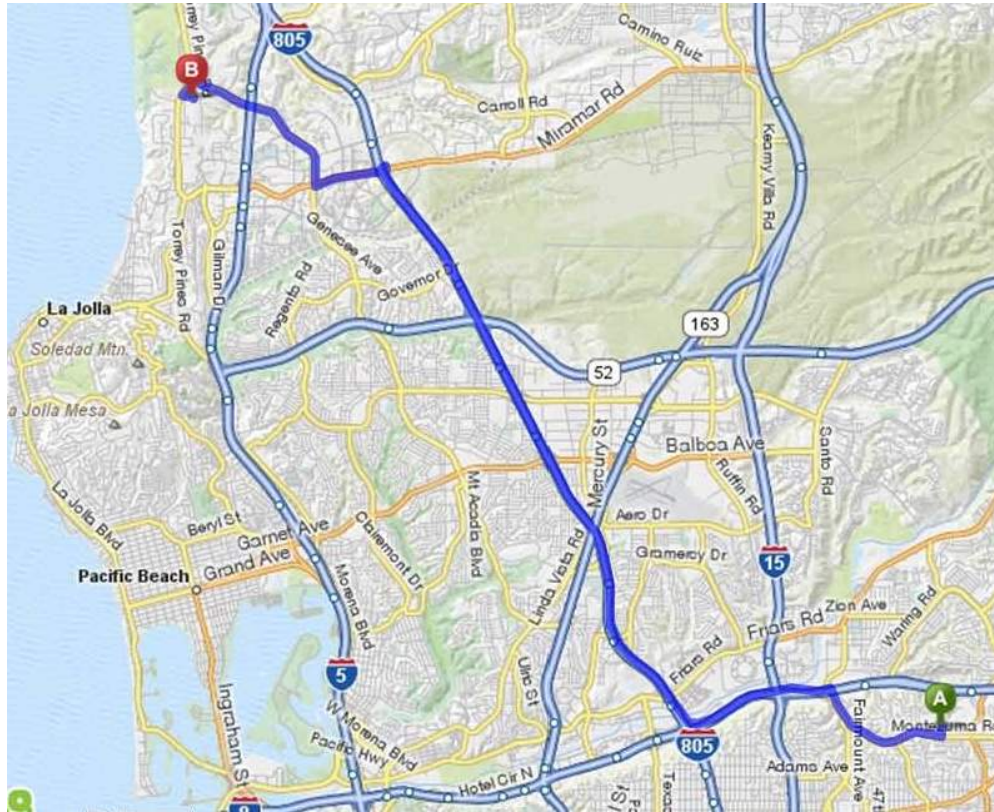


MAP TO SAN DIEGO STATE



DIRECTIONS TO UC SAN DIEGO

UC San Diego is approximately 16 miles (25 mins) northwest of San Diego State.



A

1	South on 55th St	0.1 mi
2	Turn right onto Montezuma Rd.	1.1 mi
3	Stay straight to go onto ramp.	0.2 mi
4	Merge onto Fairmount Ave.	0.2 mi
5	Merge onto I-8 W.	1.8 mi
6	Merge onto I-805 N via EXIT 6B toward Los Angeles.	8.2 mi
7	Take the La Jolla Village Dr/Miramar Road exit.	0.1 mi
8	Turn slight left to take the La Jolla Village Dr ramp.	0.2 mi
9	Merge onto La Jolla Village Dr.	1.1 mi
10	Turn right onto Genesee Ave.	2.3 mi
11	Turn left onto N Torrey Pines Rd.	0.2 mi
12	Turn left onto Northpoint Dr.	0.1 mi
13	Hammer Cage is on NW corner of Northpoint Dr. and Northpoint Ln.	0.05 mi

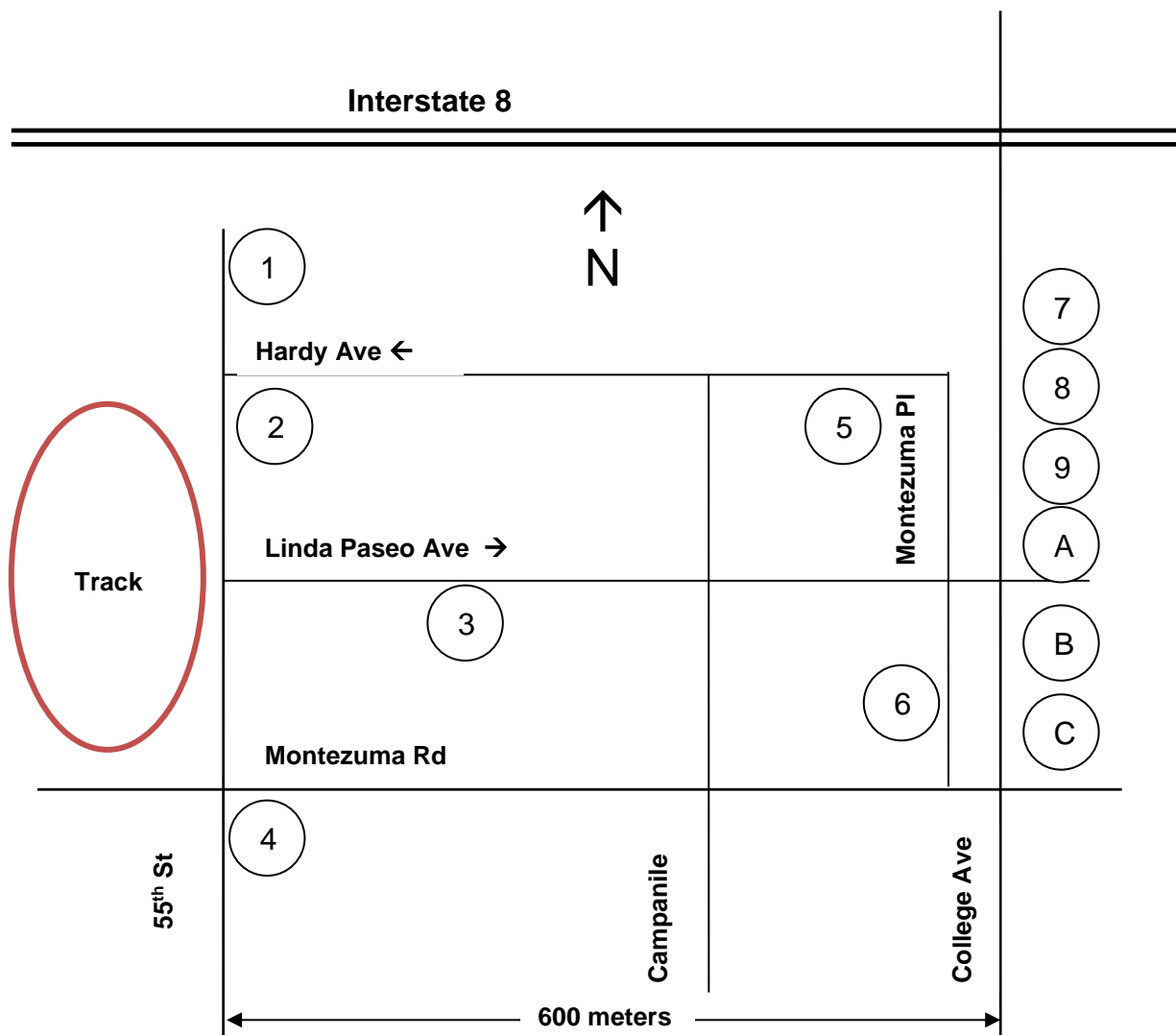
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PARKING AT UC SAN DIEGO

Parking restrictions are enforced Monday-Friday at UC San Diego. Parking permits are available for purchase. Please park in the Hopkins Parking Structure south of RIMAC Arena or in the parking structure on the corner Pangea Dr and Scholars Dr. Both structures are approximately 500 meters from the track.



LOCAL AREA FOOD



1	Shake Smart	Shakes	(619) 752-7577	Inside Aztec Recreation Center
2	Porter's Market	Convenience Store		Corner of Granada on Hardy
3	Subway	Sandwiches	(619) 546-5597	Inside the Suites on Paseo
4	University Towers	Salads, Sandwiches	(619) 594-8016	
5	Chipotle	Mexican	(619) 265-2778	
6	Buddie's Burgers	Hamburgers	(619) 955-5323	
7	Domino's Pizza	Pizza	(619) 287-9050	
8	Pho Fifth Avenue	Vietnamese	(619) 343-1222	
9	Jack in the Box	Hamburgers	(619) 286-0433	Aztec Sponsor
A	7 Eleven	Convenience Store	(619) 287-0616	
B	Pita Pit	Wraps	(619) 265-7482	Aztec Sponsor
C	Trujillo's Taco Shop	Mexican	(619) 583-4182	
Link to other on-campus food options: http://www.eatatsdsu.com				

DIRECT ATHLETICS



How to Submit Entries - Track & Field

STEP 1 - ACCESSING YOUR DIRECTATHLETICS ACCOUNT

Each coach must have a DirectAthletics username and password for his/her team. If you don't know your username and password, click [HERE](#). You will use the same account to enter all meets run through DirectAthletics.

****NOTE ABOUT MEN'S AND WOMEN'S ACCOUNTS:** You control only one gender at a time, so you will complete the below steps for your Men, and then switch to your Women's team and repeat the process (or vice versa). The team you are controlling is listed on the blue navigation bar across the top of your account, for example:

Sport: Track & Field **Team:** Guilford (M)

This indicates that you are controlling the Guilford MEN'S team (M=MEN). To switch to your Women's team, you would select "Guilford (W)".

STEP 2--SETTING UP YOUR ONLINE ROSTER

Before entering an athlete into a meet, you must add all attending athletes to your roster. If an athlete is already on your roster (from previous seasons or meets) you do not need to add him/her again.

- 1) Upon logging in, click the TEAM tab. (New users will automatically be in the TEAM module)
- 2) If you have used DirectAthletics before, you will see your existing athletes on your roster. New Users should click the green "Add Athletes" link.
- 3) Click the green "Add Athletes" link under the Team Roster header. Select an approximate number of athletes you would like to add (you can add more at any time).
- 4) Enter your athletes' First Name, Last Name, and School Year and click "Submit".
- 5) You may add, edit or delete athletes on your Team Roster at anytime by clicking the TEAM tab. To add athletes, click the green "Add Athletes" link at any time. To delete or edit athletes, check the box to the left of each athlete(s) and then click the red "Delete Selected" link or the blue "Edit Selected" link respectively.

STEP 3--SUBMITTING ONLINE MEET ENTRIES

Once your athletes are added to your roster, you must submit your entries.

- 1) In the HOME tab (under Upcoming Meets) or in the SCHEDULE tab, click the green Register button next to the meet you wish to enter.
- 2) If prompted, choose an entry method. We HIGHLY Recommend using the NEW, "Enter by Athlete" method.
- 3) Follow onscreen instructions for submitting your entries. You will see a running tally of your entries on the right side of your screen.
- 4) When you are finished with your entries, click the "Finish" link.
- 5) You will see a list of your current, submitted entries. Click the appropriate link to receive an EMAIL confirmation or a PRINTABLE confirmation.
- 6) To edit your existing entries, click the blue Edit Entries button next to the meet name on your Upcoming Meets or complete Schedule.

39TH ANNUAL AZTEC TRACK & FIELD INVITATIONAL

FINAL SCHEDULE

Friday, March 24, 2017

Throwing Events UC San Diego

8:00	Hammer	Men	Open
9:00	Javelin	Women	Open
10:00	Hammer	Women	Open
11:00	Javelin	Men	Open
1:00	Discus	Men	Open
2:00	Shot Put	Women	Open
3:00	Shot Put	Men	Open
4:00	Discus	Women	Open

Field Events San Diego State

10:30	High Jump	Men	Open
11:00	Long Jump	M/W	Open
12:30	High Jump	Women	Open
12:00	Pole Vault	Women	Open
2:30	Triple Jump	M/W	Open
2:30	Pole Vault	Men	Open

Track Events

9:30	4 x 100 Relay	Women	Open
9:40	4 x 100 Relay	Men	Open
9:55	100 Hurdles	Women	Open
10:10	110 Hurdles	Men	Open
10:30	400 Meters	Women	Open
10:50	400 Meters	Men	Open
11:10	100 Meters	Men	Wheelchair
11:15	100 Meters	Women	Open
11:45	100 Meters	Men	Open
12:40	800 Meters	Women	Open
12:50	800 Meters	Men	Open
1:05	400 Hurdles	Women	Open
1:20	400 Hurdles	Men	Open
1:35	200 Meters	Men	Wheelchair
1:40	200 Meters	Women	Open
2:25	200 Meters	Men	Open
2:40	4 x 400 Relay	Women	Open
2:55	4 x 400 Relay	Men	Open

Distance Carnival

4:40	Mile	Girls	High School
4:50	Mile	Boys	High School
5:00	5000 Meters	Women	Invite/Open
5:45	5000 Meters	Men	Invite/Open
6:25	1500 Meters	Women	Invite/Open
7:15	1500 Meters	Men	Invite/Open
8:00	3000 Meters	Women	Invite/Open
8:30	3000 Meters	Men	Invite/Open

**Athletes must check in 30 minutes
prior to their event
3/16" (5mm) pyramid spikes only**

Saturday, March 25, 2017

Throwing Events at UC San Diego

8:00	Hammer	Men	Invite
9:00	Javelin	Women	Invite
10:00	Hammer	Women	Invite
11:00	Javelin	Men	Invite
1:00	Discus	Men	Invite
2:00	Shot Put	Women	Invite
3:00	Shot Put	Men	Invite
4:00	Discus	Women	Invite

Field Events at San Diego State

9:00	Shot Put	Girls	High School
10:30	Long Jump	M/W	Invite
11:00	Shot Put	Boys	High School
11:00	High Jump	Women	Invite
11:00	Pole Vault Sec 1	M/W	Invite
1:00	Pole Vault Sec 2	M/W	Invite
1:30	Triple Jump	M/W	Invite
1:30	High Jump	Men	Invite

Track Events at San Diego State

9:30	4 x 100 Relay	Girls	High School
9:40	4 x 100 Relay	Boys	High School
9:50	4 x 100 Relay	Women	Invite
10:00	4 x 100 Relay	Men	Invite
10:10	100 Hurdles	Girls	High School
10:20	100 Hurdles	Women	Invite
10:35	110 Hurdles	Boys	High School
10:45	110 Hurdles	Men	Invite
11:00	400 Meters	Girls	High School
11:15	400 Meters	Boys	High School
11:30	400 Meters	Women	Invite
11:45	400 Meters	Men	Invite
12:00	Break	Senior Recognition	
12:35	100 Meters	Girls	High School
12:45	100 Meters	Boys	High School
12:55	100 Meters	Women	Invite
1:10	100 Meters	Men	Invite
1:25	800 Meters	Girls	High School
1:35	800 Meters	Boys	High School
1:45	800 Meters	Women	Invite
2:20	800 Meters	Men	Invite
2:35	400 Hurdles	Women	Invite
2:45	400 Hurdles	Men	Invite
3:00	200 Meters	Girls	High School
3:20	200 Meters	Boys	High School
3:40	200 Meters	Women	Invite
4:00	200 Meters	Men	Invite
4:20	4 x 400 Relay	Girls	High School
4:30	4 x 400 Relay	Boys	High School
4:40	4 x 400 Relay	Women	Invite
4:50	4 x 400 Relay	Men	Invite