



For Immediate Release: May 14, 2001
Contact: Garry Bowman

Aztecs

2001 San Diego State Women's Track and Field

MOUNTAIN WEST CONFERENCE OUTDOOR CHAMPIONSHIPS

Wednesday-Saturday, May 16-19, 2001
Choc Sportsman Oval at the SDSU Sports Deck
San Diego State University
San Diego, Calif.

Participating Teams (Women): Air Force, Brigham Young, Colorado State, New Mexico, San Diego State, UNLV, Utah, Wyoming

Participating Teams (Men): Air Force, Brigham Young, Colorado State, New Mexico, Utah, Wyoming

◆ CHAMPIONSHIP RESULTS

World Wide Web: Complete results will be made available via the world wide web at www.goaztecs.com as soon as possible following the conclusion of each day's competition. Results will also be made available via the Mountain West Conference web site, www.mountainwestconf.com.

Fax On Demand: As an alternative, results will also be available via Pivotal Communications' Info Connection. From the handset of your fax machine, dial 770/558-6000. Enter your school's passcode or contact Pivotal Communications at 770/399-0096 to obtain one. Enter the Mountain West Conference passcode: 692. Results will be under document number 2064.

◆ SCHEDULE OF EVENTS

Wednesday, May 16

12:30 p.m. Heptathlon
1:00 p.m. Decathlon

Thursday, May 17

12:00 p.m. Decathlon
1:30 p.m. Heptathlon

Friday, May 18

11:00 a.m. Men's Javelin - Trials/Finals
1:00 p.m. Women's Javelin - Trials/Finals
3:00 p.m. Men's Long Jump - Trials/Finals
3:00 p.m. Men's Discus - Trials/Finals
3:00 p.m. Men's Steeplechase - Finals
3:15 p.m. Women's Steeplechase - Finals
3:30 p.m. Men's 1500m Run - Qualifying
3:40 p.m. Women's 1500m Run - Qualifying
3:55 p.m. Men's 110m HH - Qualifying
4:00 p.m. Women's Pole Vault - Trials/Finals
4:05 p.m. Women's 100m HH - Qualifying
4:15 p.m. Men's 400m Run - Qualifying
4:25 p.m. Women's 400m Run - Qualifying
4:35 p.m. Men's 100m Dash - Qualifying
4:40 p.m. Women's 100m Dash - Qualifying
4:45 p.m. Women's Long Jump - Trials/Finals
4:50 p.m. Men's 800m Run - Qualifying
5:00 p.m. Women's Discus - Trials/Finals
5:00 p.m. Women's 800m Run - Qualifying
5:15 p.m. Men's 400m IH - Qualifying
5:25 p.m. Women's 400m IH - Qualifying
5:35 p.m. Men's 200m Dash - Qualifying
5:40 p.m. Women's 200m Dash - Qualifying
5:45 p.m. Men's 10,000m Run - Finals
6:25 p.m. Women's 10,000m Run - Finals

Saturday, May 19

10:30 a.m. _____ Men's Hammer - Trials/Finals
12:00 p.m. _____ Women's Hammer - Trials/Finals
1:00 p.m. _____ Men's Pole Vault - Trials/Finals
1:00 p.m. _____ Women's High Jump - Trials/Finals
1:00 p.m. _____ Men's Triple Jump - Trials/Finals
1:30 p.m. _____ Men's Shot Put - Trials/Finals
2:00 p.m. _____ Men's 4X100 Relay - Finals
2:05 p.m. _____ Women's 4X100 Relay - Finals
2:10 p.m. _____ Men's 1500m Run - Finals
2:15 p.m. _____ Women's 1500m Run - Finals
2:25 p.m. _____ Men's 100m HH - Finals
2:30 p.m. _____ Men's High Jump - Trials/Finals
2:30 p.m. _____ Women's Triple Jump - Trials/Finals
2:35 p.m. _____ Women's 100m HH - Finals
2:45 p.m. _____ Men's 400m Dash - Finals

2:50 p.m. _____ Women's 400m Dash - Finals
2:55 p.m. _____ Men's 100m Dash - Finals
3:00 p.m. _____ Women's Shot Put - Trials/Finals
3:00 p.m. _____ Women's 100m Dash - Finals
3:05 p.m. _____ Men's 800m Run - Finals
3:10 p.m. _____ Women's 800m Run - Finals
3:25 p.m. _____ Women's 400m IH - Finals
3:35 p.m. _____ Men's 400m IH - Finals
3:45 p.m. _____ Men's 200m Dash - Finals
3:50 p.m. _____ Women's 200m Dash - Finals
3:55 p.m. _____ Men's 5000m Run - Finals
4:15 p.m. _____ Women's 5000m Run - Finals
4:35 p.m. _____ Men's 4x400 Relay - Finals
4:45 p.m. _____ Women's 4x400 Relay - Finals
5:00 p.m. _____ AWARDS CEREMONY

2001 MOUNTAIN WEST CONFERENCE OUTDOOR CHAMPIONSHIPS

Wednesday-Saturday, May 16-19
SDSU Sports Deck ◆ San Diego, Calif.



Aztecs To Host Mountain West Conference Championships

In the midst of perhaps its finest season in at least a decade, the San Diego State women's track and field team welcomes the Mountain West Conference to the Choc Sportsman oval at the SDSU Sports Deck this week, as the Aztecs host the league's 2001 Outdoor Track and Field Championships, May 16-19. The action gets underway on Wednesday and Thursday with the women's heptathlon and the men's decathlon. Individual qualifying begins on Friday, with event finals scheduled for Saturday.

In the team competition, all eight conference schools will be represented on the women side, while six squads will comprise the men's team competition (SDSU and UNLV do not sponsor men's track and field).

The Format

The Mountain West Conference will crown individual as well as team champions. Eight places in each event will be counted in the final team scoring with the points awarded in descending order as follows: 10-8-6-5-4-3-2-1.

Tickets, Please

A four-day, all-session ticket costs \$12.00 for adults and \$10.00 for children. Single-session tickets can be purchased for \$7.00 for adults and \$5.00 for children.

2001 SDSU SCHEDULE/RESULTS

Indoor

1/20 _____ L.A. Indoor Games _____ NTS
Los Angeles, Calif.
2/10 _____ Bill Cosby Invitational _____ 4th of 12, 44
Reno, Nev.
2/22-24 _____ MWC Championships _____ 8th of 8, 8^
Colorado Springs, Colo.
^SDSU sent just one athlete to the MWC Indoor meet.

Outdoor

3/3 _____ USC Invitational _____ NTS
Los Angeles, Calif.
3/10 _____ SDSU Quad Meet _____ NTS
San Diego, Calif.
3/16-17 _____ Willie Williams Invitational _____ NTS
Tucson, Ariz.
3/24 _____ Aztec Invitational _____ NTS
San Diego, Calif.
3/28-31 _____ Florida Relays _____ NTS
Gainesville, Fla.
4/14 _____ All-Women Invitational _____ 1st of 6, 168
San Diego, Calif.
4/19-22 _____ Mt. SAC Relays _____ NTS
Walnut, Calif.
4/28-29 _____ Cal-Nev. State Meet _____ 1st of 25, 110
Irvine, Calif.
5/4-5 _____ Texas Invitational _____ NTS
Austin, Texas
5/12 _____ Oxy Invitational _____ NTS
Pasadena, Calif.
5/16-19 _____ MWC Championships _____ All Day
San Diego, Calif.
5/30-6/2 _____ NCAA Championships _____ TBA
Eugene, Ore.

San Diego State Women's Track and Field ♦ 2

◆ SDSU IN MWC OUTDOOR TOP-10

100 Meters (11.30/11.55)

1. Melinda Smedley, SDSU	11.80
4. Daveetta Sheperd, SDSU	11.91
5. Promise Mose, SDSU	11.92

200 Meters (23.10/23.60)

1. Promise Mose	23.98
2. Melinda Smedley, SDSU	24.01
6. Aja Frary, SDSU	24.39
7. Daveetta Shepherd	24.42

400 Meters (52.40/53.70)

1. Promise Mose, SDSU	54.40
6. Jini Hogg, SDSU	56.43
8. Melinda Smedley, SDSU	56.51

800 Meters (2:05.00/2:07.50)

2. Kylie Edwards, SDSU	2:09.72
5. Jennifer Stakiw, SDSU	2:13.10
10. Aja Frary, SDSU	2:16.19

1,500 Meters (4:19.00/4:24.00)

5. Kylie Edwards, SDSU	4:27.00
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3000 Steeplechase (10:20.00/11:10.00)

14. Jennifer Stakiw, SDSU	11:23.66
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100-Meter Hurdles (13.10/13.60)

2. Daveetta Shepherd	13.42
3. Marisa Robinson, SDSU	13.52
4. Aja Frary, SDSU	14.05
9. Chanel Day, SDSU	14.36

400-Meter Hurdles (57.30/59.20)

4. Aja Frary, SDSU	1:00.58
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4x100 Meter Relay (44.00/45.10)

1. San Diego State	45.57
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4x400 Meter Relay (3:32.50/3:39.00)

1. San Diego State	3:40.38
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High Jump (6-00.75/5-10.50)

8. Aja Frary, SDSU	5-07.25
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Pole Vault (13-05.25/12-05.50)

1. Aimee Crabtree, SDSU	13-02.25
2. Tricia Gutierrez, SDSU	12-07.50
8. Abbey Huchel, SDSU	10-11.75

Long Jump (21-04.00/20-04.25)

1. Aja Frary, SDSU	20-03.00
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Triple Jump (43-11.75/42-00.00)

2. Marisa Taylor, SDSU	40-00.50
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Discus (178-10.00/165-08.00)

8. Candace Hill, SDSU	145-11.00
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Heptathlon (5,550/5,175)

1. Aja Frary, SDSU	5,657
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◆ 2001 SAN DIEGO STATE NCAA OUTDOOR QUALIFIERS

Automatic

Heptathlon	Aja Frary	5,657
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Provisional

100-Meter Hurdles	Daveetta Shepherd	13.42
	Marisa Robinson	13.52
Pole Vault	Aimee Crabtree	13' 2.25"
	Tricia Gutierrez	12' 7.50"

Welcome Back To The "Aztrack"

This week's conference meet will mark the second time in five years that the Choc Sportsman Oval, a.k.a. the Aztrack, will play host to a league championship. San Diego State also hosted the 1997 Western Athletic Track and Field Championships. However, the only thing similar about this year's venue will be the name as the old Aztrack has been replaced by the SDSU Sports Deck. The state-of-the-art Sports Deck, which sits atop a three-story parking structure, was completed just prior to the 2000-01 school year and features a world-class running surface.

Looking Back: San Diego State At The Outdoor Championships

San Diego State finished fifth at the inaugural Mountain West Conference Outdoor Championship last year in Provo, Utah, despite sending a relatively small squad (several seniors opted to redshirt the 2000 outdoor campaign in order to close out their Aztec careers on the new Aztrack). Since 1994, SDSU has posted just two upper division team finishes in conference meets, placing third in 1998 and fourth in '99. The Aztecs also finished seventh twice (1995 and '96) and ninth (1997) once.

This Year May Be Different: Team-Scored Meets Seem To Agree With Aztecs

Despite its lack of success on a team level in recent years, San Diego State should enter this week's Mountain West Championships brimming with confidence as the Aztecs are undefeated outdoors as a team in 2001. SDSU captured the six-team All-Women Invitational held on the Sports Deck, April 14th, posting wins over MWC foes UNLV and Utah. Two weeks later, the Aztecs won the Cal/Nevada State Championships, knocking off Pacific-10 Conference powers UCLA and California in the process.

Climbing The Mountain

As it heads into this week's Mountain West Conference Outdoor Championships, San Diego State athletes have posted the league's top mark in 8-of-21 events. Aztecs occupy either the second or third position in six others. Promise Mose is the only Aztec to hold down the top spot in two different events, running the conference's best time in both the 200 meters and 400 meters this season.

SDSU Becoming Hurdle Factory

After sending a hurdler to the NCAA Championships in each of the last three years, head coach Rahn Sheffield is on the brink of sending two more in 2001 as both junior Daveetta Shepherd and senior Marisa Robinson have already posted provisional qualifying times. On the conference level, Aztecs occupy four of the top nine spots in the 100-meter hurdles.

Mose Named Mountain West Athlete Of The Week

San Diego State senior Promise Mose was named Mountain West Conference Women's Track Athlete of the Week by the league office for her performance at the Cal/Nevada State Championships. The owner of the Mountain West's best times this season in both the 200 meters and 400 meters, Mose helped account for 38 of SDSU's 102 points at the meet, winning the 400 meters and placing second in the 200 meters as an individual and also running on both the SDSU 4x100 and 4x400 relay squads, which placed first and second, respectively. Mose's winning time of 54.40 in the 400 meters stands as the fastest time in the conference at that distance this year, while SDSU's relay times of 45.57 and 3:40.38, respectively, were not only league-bests, but each time also ranks as the sixth-fastest in Aztec history.

San Diego State Women's Track and Field ♦ 3

◆ SDSU'S MWC COMPETITION ROSTER

100 Meters

Jillita Griffin (Fr.)
Marisa Robinson (Sr.)
Daveetta Shepherd (Jr.)
Melinda Smedley (So.)

200 Meters

Jillita Griffin (Fr.)
Jini Hogg (So.)
Promise Mose (Sr.)
Daveetta Shepherd (Jr.)
Melinda Smedley (So.)

400 Meters

Jini Hogg (So.)
Promise Mose (Sr.)

800 Meters

Meriah Earle (Sr.)
Kylie Edwards (Jr.)
Jennifer Stakiw (So.)

1500 Meters

Meriah Earle (Sr.)
Kylie Edwards (Jr.)

3000 Steeplechase

Hillery Gemmill (Jr.)
Sophia Hawker (Sr.)
Jennifer Stakiw (So.)

5000 Meters

Hillery Gemmill (Jr.)
Sophia Hawker (Sr.)
Maria Moreno (Sr.)
Alicia Stewart (So.)

100 Hurdles

Chanel Day (Fr.)
Aja Frary (Sr.)
Leslie Miller (So.)
Marisa Robinson (Sr.)
Daveetta Shepherd (Jr.)

400 Hurdles

Chanel Day (Fr.)
Aja Frary (Sr.)
Leslie Miller (So.)

4x100 Relay

Frary (Sr.), Mose (Sr.),
Shepherd (Jr.), Smedley
(So.)

4x400 Relay

Frary (Sr.), Hogg (So.),
Mose (Sr.), Shepherd
(Jr.), Smedley (So.)

High Jump

Aja Frary (Sr.)
Ameerah Omar (Fr.)

Pole Vault

Aimee Crabtree (Sr.)
Karen Erkkila (Jr.)
Tricia Gutierrez (Jr.)
Abbey Huchel (So.)

Long Jump

Aja Frary (Sr.)
Leslie Miller (So.)
Aroline Neal (Fr.)

Triple Jump

Aimee Crabtree (Sr.)
Marisa Taylor (Sr.)

Shot Put

Candace Hill (Fr.)

Discus

Candace Hill (Fr.)

Heptathlon

Aja Frary (Sr.)
Leslie Miller (So.)

◆ SDSU WOMEN'S TRACK AND FIELD

Quick Facts

Location _____ San Diego, Calif.
Enrollment _____ 31,500
Home Facility _____ Choc Sportsman Oval
Capacity _____ 1,000
Conference _____ Mountain West
Head Coach _____ Rahn Sheffield (10th year)
Assistant Coaches _____ Jennifer Nanista
_____ Jim VanHootegem
_____ Richard Fox

Track Office Phone _____ (619) 594-1951
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Official Web Site _____ www.goaztecs.com

Media Information

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Soaring To New Heights

Aimee Crabtree continues to solidify her spot in the SDSU record book. The senior upped her school and conference record once again at Cal/Nevada, clearing 13-02.25 to take second. The vault was second of the season over 13 feet. It was also her fifth NCAA provisional qualifying height of the year. In eight pole vault competitions thus far in 2001, Crabtree has come away the winner four times. She also owns three second-place finishes and a sixth.

She's The Nation's Best

San Diego State's Aja Frary had a monster weekend at Mt. San Antonio College (Mt. SAC), posting the top collegiate point total in the nation this year and finishing third overall in the heptathlon. Frary finished the seven-event competition with a career-best score of 5,657 points.

Frary's point total, which automatically qualified the senior for both the NCAA Outdoor Track and Field Championships as well as the USA Track and Field national meet later this year, was a new San Diego State record in the heptathlon, eclipsing Carrie McLaughlin's 18-year-old total of 5,620 (1983). The mark is also a new Mountain West Conference benchmark and stands as the fifth-best point total in the world in the heptathlon this year.

At Cal/Nevada, Frary transferred her heptathlon prowess to the individual events, wracking up points in the 100-hurdles, 400-hurdles, 4x100 relay, 4x400 relay and long jump. In fact, her time of 60.58 in the 400-hurdles (an event she rarely runs) was the ninth-best in SDSU history and the fourth-fastest in the MWC this year.

List Of NCAA-Qualifying Aztecs Continues To Grow

San Diego State senior Marisa Robinson added her name to the list of Aztecs hoping for an invitation to Eugene, Ore., for the 2001 NCAA Championships at the Texas Invitational, running a season-best and NCAA provisional qualifying time of 13.52. It is the second fastest time run in the 100 hurdles in the MWC this season after teammate Daveetta Shepherd's 13.42 (also run at the Texas Invite). Since the start of the year, Robinson has shaved nearly 1.5 seconds off her 100-hurdles time.

In addition to Robinson, Aimee Crabtree (pole vault), Tricia Gutierrez (pole vault) and Daveetta Shepherd (100-meter hurdles) have also posted NCAA provisional marks. Aja Frary (heptathlon) is the only SDSU athlete to have automatically qualified.

Shepherd Hurdles The Competition

San Diego State's newcomer of the year just may be junior Daveetta Shepherd. Shepherd, who has shaved nearly 1.25 seconds off her 100-meter hurdles time since the start of the season, continues to improve each week. In fact, the junior has lowered her 100 hurdles time in five consecutive meets. Overall, Shepherd has three wins in the event this season, including a big win at the Cal/Nevada Championships. Her best time on year, however, came at the Texas Invitational (13.42).

Middle Distance Magic

Though she is yet to set any new personal bests this season, Kylie Edwards appears to be well positioned for a strong run at both the Mountain West Conference 800 and 1500 meters as well as an NCAA berth in each event. Coming out of the Texas Invitational where she won the 1500 meters, the junior owned the conference's second-best time in the 800 meters (2:09.72) and the league's third-fastest time in the 1500 meters (4:27.00). Her 4:27.00 in the 1500 at the USC Invitational tied a personal best and ranks fourth on SDSU's outdoor records chart.

◆ **SDSU'S HEAD COACH RAHN SHEFFIELD**

Now in his 16th year with the San Diego State coaching staff and his 10th as head coach, Rahn Sheffield has played an integral part in rewriting the Aztec track history books. A graduate of SDSU with a bachelor's degree in industrial arts and a champion track competitor himself, Sheffield has gained a reputation as one of the best coaches at taking athletes with raw talent and developing them to their full potential.

Since his arrival on Montezuma Mesa, Sheffield's athletes have rewritten SDSU's top-10 lists, claiming 10 separate school records. The Aztecs also dominated the PCAA/Big West Conference, setting six of eight records in the sprinting events. In 1991, his first year as head coach, SDSU won four events, set three conference records and placed second at the WAC Outdoor Championships. All of this earned Sheffield Coach-of-the-Year honors in the conference.

Sheffield's coaching ability has given him worldwide recognition. He has been named one of the top hurdle/sprint coaches four times by the United States Olympic Development Committee. Sheffield's unique hurdling technique, the "rotation", has changed the outlook on hurdling. Using two of his athletes, the Olympic Development Committee compared this technique to the ultimate 400 meter hurdle model. Sheffield's athletes' performance was proven to be superior to that of the ultimate model.

This season, Sheffield chalked up yet another honor as he was named Coach of the Year by the Cal/Nevada Coaches Association after leading SDSU to its first ever Cal/Nevada meet title.

The foundation for Sheffield's coaching achievements can be traced back to his own days as an athlete who had the talent and the heart to win. These are the traits that Sheffield tries to instill in his athletes. His career started at Crenshaw High School in the Los Angeles area when he won the AAU Age-Group Nationals. This was followed by a stellar career at East L.A. Junior College, where he became conference champion in the 400-meter hurdles and pole vault. He entered SDSU and wasted no time in winning the PCAA crown in the 400-meter hurdles, defeating Dee Dee Cooper, the second-ranked hurdler in the world. Sheffield later became one of only five Aztecs to become a two-time All-American and at one time ranked seventh in the nation and 21st in the world.

Sheffield's athletic expertise is not limited to track and field. He was also a member of the three-time conference champion Crenshaw High School football team. There he was named most valuable player and awarded the Mitchell Watson Memorial Award - the highest honor accorded athletes at Crenshaw. He also played on a state champion football squad at East L.A. Junior College. Considered the best athlete ever coached by Jim Brown at Crenshaw High School, Sheffield expects nothing less than 100 percent from his athletes.



◆ **2000 MWC TEAM RESULTS**

Women

1. Brigham Young	236.0
2. UNLV	129.0
3. Wyoming	121.5
4. Colorado State	108.5
5. SAN DIEGO STATE	80.0
6. New Mexico	71.0
7. Utah	50.0
8. Air Force	22.0

Men

1. Brigham Young	286.5
2. Air Force	152.0
3. Wyoming	148.0
4. Colorado State	142.5
5. New Mexico	45
6. Utah	31

www.mountainwestconf.com

Smedley Continues to Shine

After missing the SDSU All-Women Invitational with a hamstring injury, sophomore Melinda Smedley has returned to the lineup the last two weeks and looks as strong as ever. The owner of the MWC's fastest 100-meter time this season, Smedley has run her two best times in the event the past two weeks, running 11.82 at Mt. SAC and 11.80 at Cal/Nevada. In fact, Smedley's time at Cal/Nevada improved her No. 7 mark in the SDSU history books in the 100 meters.

We Haven't Seen This In A While

After not competing in the throws a year ago, San Diego State has a legitimate shot of putting up some points in those events this season thanks to redshirt freshman Candace Hill. The Hoover High School product, who spent 2000 at Arizona State, has already elbowed her way into the Aztec record book in the discus with her throw of 145-11.00 in the Florida humidity in Gainesville. The throw ranks sixth-best all-time at SDSU and eighth best in the conference this season. The MWC's top-5 throws in the event all came at altitude, suggesting that Hill could do some damage on even footing at the conference meet on the SDSU Sports Deck. She also ranks among the MWC's best in the shot put with a season-best throw of 42-05.25 at the Aztec Invitational.

Senior Send Off

The 2001 Mountain West Conference Outdoor Championships will be the final home meet for seven Aztec seniors. They are: Aimee Crabtree, Meriah Earle, Aja Frary, Sophia Hawker, Promise Mose, Marisa Robinson, and Marisa Taylor.



Athlete Profiles Updates

Aimee Crabtree

Pole Vault, Triple Jump

Senior • Pocatello, Idaho (Idaho State)

- The favorite to win the MWC's pole vault competition.
- San Diego State and Mountain West Conference record holder in the pole vault with a leap of 13-02.25 at the Cal/Nevada State Championships.
- Has won 4-of-8 pole vault competitions on the year. Placed second in three of the four others.
- Has posted NCAA provisional qualifying vaults in six of eight competitions.
- Earned All-America honors in the pole vault in 1999.
- Redshirted 2000 outdoor campaign after placing second at the conference indoor meet.

Kylie Edwards

800 Meters, 1500 Meters

Junior • Geelong, Australia (LaTrobe University)

- Enters conference meet as one of the favorites in both the 800 and 1500 meters and could qualify for NCAAs in both events.
- Owns the league's No. 2 time in the 800 (2:09.72) and No. 3 time in the 1500 (4:27.00) this season. Both times are SDSU bests this season.
- Time in the 1500, set at the USC Invitational, is forth-best at SDSU.
- Has posted three wins on the year, two in the 800 and one in the 1500.

Aja Frary

Heptathlon, 100 Hurdles, 400 Hurdles, Long Jump, High Jump, 4x100 Relay, 4x400 Relay

Senior • Seattle, Wash. (Washington State)

- One of the country's most versatile athletes and SDSU's 2001 MVP.
- Owns nation's top point total in the heptathlon, 5667.
- Point total is an SDSU and MWC record as well as an NCAA automatic qualifying mark.
- Also ranks in the top 10 in the MWC in the 800 meters (10th), 100 hurdles (4th), 400 hurdles (4th), high jump (8th) and long jump (2nd).
- A vital cog in both of SDSU's conference-leading relay squads.
- Won the 2000 MWC indoor pentathlon before redshirting the outdoor portion of the schedule.
- Won the 1999 WAC indoor pentathlon and outdoor heptathlon and was runner-up in the heptathlon at the 1998 WAC outdoor championships.

Tricia Gutierrez

Pole Vault

Junior • Yorba Linda (Cal State Fullerton)

- Could push Crabtree in the pole vault.
- Cleared 12-07.50 at the Aztec Invitational for lone NCAA provisional qualifying height of the season.
- That vault ranks 2nd in the Mountain West Conference.
- Has finished in the top 3 in 5-of-7 competitions.
- Suffered a hyper-extended elbow at Long Beach, April 21, forcing her to miss the Cal/Nevada State Championships.

Sophia Hawker

3000 Steeplechase, 5000 Meters

Senior • San Diego (Grossmont HS)

- SDSU's top distance runner at the beginning of the season.
- Got off to a slow start in 2001, however, due to ...
- Best time in the 3000 SC is 11:47.02, but is new to the event.
- Ran 19:23.05 at Cal/Nevada for top time in the 5000. However, owns a personal best of 17:32.68, the 10th-fastest in SDSU history.

Candace Hill

Discus, Shot Put

Freshman • San Diego (Hoover HS)

- A local product out of Hoover High School who is SDSU's first legitimate thrower in over two seasons.
- Could score in both the discus and the shot put.
- Ranks eighth in the Mountain West in the discus and 14th in the shot put with all her throws coming at sea level.
- Season-best of 145-11.00 in the discus at the Florida Relays ranks No. 7 on SDSU's outdoor records chart.
- Has three top-3 finishes in the discus and a pair in the shot, including wins in both events at the SDSU Spring Quad Meet.

Jini Hogg

200 Meters, 400 Meters, 4x400 Relay

Sophomore • San Francisco (International Studies Academy)

- SDSU's second-best 400-meter performer this year with a time of 56.43 at the Florida Relays. Time ranks sixth-best in the MWC.
- Has four top-5 finishes on the season, including a second in the 400 meters at the SDSU Spring Quad meet.

Leslie Miller

Heptathlon, 100 Hurdles, 400 Hurdles, Long Jump

Sophomore • Humble, Texas (Humble HS)

- Missed most of the early portion of the season with a quad injury.
- Is nearly back to 100 percent and could be a threat to score in the heptathlon, 100 hurdles and 400 hurdles.
- This week's meet will be just her third attempt at the heptathlon.

Promise Mose

200 Meters, 400 Meters, 4x100 Relay, 4x400 Relay

Senior • Richmond, Va. (Kennedy HS)

- The Mountain West Conference's top long sprinter.
- Ranks No. 1 on the league in both the 200 and 400 meters.
- Top time in the 200 meters is less than 4/10s of a second off an NCAA provisional qualifying mark, while her best time in the 400 is just 7/10s off the qualifying standard.
- Has five wins on the season, four of which have come in the 400.
- Is a key member of both of SDSU's conference-leading relay teams.

Athlete Profiles Updates

Marisa Robinson

100 Meters, 100 Hurdles

Senior • Missoula, Mont. (Arkansas)

- Ranks second in the Mountain West Conference in the 100 hurdles.
- One of two Aztecs to provisionally qualify for NCAAs in the 100 hurdles with a time of 13.52.
- Has finished first or second in the 100-meter hurdles in seven meets.

Daveetta Shepherd

100 Meters, 200 Meters, 100 Hurdles, 4x100 Relay, 4x400 Relay
Junior • Richmond, Calif. (Barton County Community College)

- The Mountain West's top athlete in the 100-meter hurdles.
- Also ranks fourth in the league in the 100 meters and seventh in the 200 meters.
- Has run a pair of NCAA provisional qualifying times on the year in the 100 hurdles, including a season-best 13.42 at the Texas Invitational.
- Lowered her time in the 100 hurdles in five straight meets to close out the regular-season.

Melinda Smedley

100 Meters, 200 Meters, 4x100 Relay, 4x400 Relay
Sophomore • Stockton (Lincoln HS)

- Ran 11.80 at the Cal/Nevada Championships for the conference's top time in the 100 meters this season.
- Time of 11.80 ranks eighth-best all time at SDSU.
- Also ranks second in the MWC in the 200 meters and eighth in the 400 meters.
- Has posted nine top-3 finishes on the year, five in the 100 meters and four in the 200 meters.

Jennifer Stakiw

800 Meters, 3000 Steeplechase

Sophomore • Saskatoon, Saskatchewan (Bishop Mahoney HS)

- A versatile athlete who has competed in the 400 meters, 800 meters, 1500 meters, 3000 steeplechase and 400 hurdles.
- Ran a 2:13.10 in the 800 meters at the Texas Invitational for the fifth-fastest time in the conference this year.
- Has finished in the top-5 all three times she has competed in the 800.
- Also owns SDSU's top time in the 3000 steeplechase.

Alicia Stewart

5000 Meters

Sophomore • Costa Mesa (Newport Harbor HS)

- SDSU's top distance runner.
- Owns the Aztecs best time in both the 3000 meters (10:21.00) and 5000 meters (18:09.00).
- Has also competed in the 1500 meters.

Marisa Taylor

Triple Jump

Senior • San Diego (Mesa JC)

- San Diego State's top triple jumper.
- Leaped a personal-best 40-00.50 at the Cal/Nevada Championships.
- Jump at Cal/Nevada is the second-best mark in the Mountain West this season and the sixth-best in SDSU history.

2001 Outdoor Performance Chart

100 Meters (11.30) (11.55)

Athlete	Time	Date	Place	Site
Melinda Smedley	11.80	4/28	1st-heat	Irvine, CA
Daveeta Shepherd	11.91	4/22	2nd-heat	Walnut, CA
Promise Mose	11.92	4/22	3rd-heat	Walnut, CA
Jillita Griffin	12.16	4/22	5th	Walnut, CA
Aja Frary	12.46	2/17	6th	Long Beach, CA
Marisa Robinson	12.60	5/5	22nd	Austin, TX
Jini Hogg	12.71	2/17	7th	Long Beach, CA
Aroline Neal	12.71	3/24	11th	San Diego, CA

200 Meters (23.10) (23.60)

Athlete	Time	Date	Place	Site
Promise Mose	23.98	4/22	3rd-heat	Walnut, CA
Melinda Smedley	24.01	4/22	4th-heat	Walnut, CA
Aja Frary	24.39	4/19	Hep	Azusa, CA
Daveeta Shepherd	24.42	4/22	3rd-heat	Walnut, CA
Jini Hogg	25.70	3/24	7th	San Diego, CA
Jillita Griffin	25.79	5/5	23rd	Austin, TX
Aroline Neal	26.04	3/24	9th	San Diego, CA

400 Meters (52.40) (53.70)

Athlete	Time	Date	Place	Site
Promise Mose	54.40	4/29	1st	Irvine, CA
Jini Hogg	56.43	3/30	7th	Gainesville, FL
Melinda Smedley	56.51	3/30	9th	Gainesville, FL
Aja Frary	56.63	3/3	3rd	Los Angeles, CA
Jennifer Stakiw	59.54	3/24	7th	San Diego, CA
Kylie Edwards	59.55	3/24	8th	San Diego, CA
Aroline Neal	1:01.13	3/3	6th	Los Angeles, CA

800 Meters (2:05.00) (2:07.50)

Athlete	Time	Date	Place	Site
Kylie Edwards	2:09.72	3/31	5th	Gainesville, FL
Aja Frary	2:16.19	3/29	Hep	Gainesville, FL
Jennifer Stakiw	2:13.10	5/5	4th	Austin, TX
Leslie Miller	2:24.86	4/20	Hep	Azusa, CA

1,500 Meters (4:19.00) (4:24.00)

Athlete	Time	Date	Place	Site
Kylie Edwards	4:27.00	3/3	2nd	Los Angeles, CA
Jennifer Stakiw	4:46.31	3/10	4th	San Diego, CA
Alicia Stewart	4:47.67	4/14	5th	San Diego, CA
Meriah Earle	4:50.81	5/6	13th	Irvine, CA
Sophia Hawker	4:52.58	2/17	2nd	Long Beach, CA
Amanda Vielbaum	4:52.58	2/17	2nd	Long Beach, CA
Maria Moreno	4:52.58	2/17	2nd	Long Beach, CA
Hillery Gemmill	4:52.58	2/17	2nd	Long Beach, CA

3,000-Meters Steeplechase (10:20.00, 11:10.00)

Athlete	Time	Date	Place	Site
Jennifer Stakiw	11:23.66	4/20	19th	Walnut, CA
Hillery Gemmill	11:43.42	4/28	12th	Irvine, CA
Sophia Hawker	11:47.02	4/28	13th	Irvine, CA

3,000 Meters (No Longer An NCAA Event)

Athlete	Time	Date	Place	Site
Alicia Stewart	10:21.00	3/31	8th	Gainesville, FL
Meriah Earle	10:32.89	3/31	9th	San Diego, CA
Sophia Hawker	10:36.14	3/3	6th	Los Angeles, CA
Allison Brown	10:44.70	4/28	18th	Irvine, CA
Hillery Gemmill	10:51.65	3/31	15th	San Diego, CA
Maria Moreno	10:54.42	3/10	7th	San Diego, CA

5,000 Meters (16:13.00) (16:48.00)

Athlete	Time	Date	Place	Site
Alicia Stewart	18:09.00	4/20	40th	Walnut, CA
Maria Moreno	19:07.19	4/29	15th	Irvine, CA
Hillery Gemmill	19:12.17	5/6	6th	Irvine, CA
Allison Brown	19:13.50	3/24	15th	San Diego, CA
Amanda Vielbaum	19:21.00	3/24	18th	San Diego, CA
Sophia Hawker	19:23.05	4/29	18th	Irvine, CA

100-Meter Hurdles (13.10) (13.60)

Athlete	Time	Date	Place	Site
Daveeta Shepherd	13.42^	5/5	6th	Austin, TX
Marisa Robinson	13.52^	5/5	9th	Austin, TX
Aja Frary	14.05	4/19	Hep	Azusa, CA
Chanel Day	14.36	5/5	14th	Austin, TX
Leslie Miller	14.84	5/5	19th	Austin, TX

400-Meter Hurdles (57.50) (59.20)

Athlete	Time	Date	Place	Site
Aja Frary	1:00.58	4/29	2nd	Irvine, CA
Jennifer Stakiw	1:02.50	3/17	5th	Tucson, AZ
Leslie Miller	1:02.84	5/5	10th	Austin, TX
Chanel Day	1:02.98	4/14	3rd	San Diego, CA
Marisa Robinson	1:04.48	3/24	2nd	San Diego, CA

400-Meter Relay (44.20) (45.10)

Names	Time	Date	Place	Site
SDSU	45.57	4/29	1st	Irvine, CA
SDSU	45.71	5/5	3rd	Austin, TX
SDSU	45.92	4/14	1st	San Diego, CA
SDSU	45.93	3/31	7th	Gainesville, FL

4x400 Relay (3:33.50) (3:39.00)

Names	Time	Date	Place	Site
SDSU	3:40.38	4/29	2nd	Irvine, CA
SDSU	3:40.41	3/31	4th	Gainesville, FL
SDSU	3:44.91	3/17	4th	Tucson, AZ
SDSU	3:47.40	4/28	1st-heat	Irvine, CA

High Jump (6-0.75) (5-10.50)

Athlete	Mark	Date	Place	Site
Aja Frary	5-07.25	4/19	Hep	Azusa, CA
Ameerah Omar	5-04.50	4/14	5th	San Diego, CA

Pole Vault (13-5.25) (12-5.25)

Athlete	Mark	Date	Place	Site
Aimee Crabtree	13-02.25^	4/29	2nd	Irvine, CA
Tricia Gutierrez	12-07.50^	3/24	7th	San Diego, CA
Abbey Huchel	10-11.75	5/12	3rd	Pasadena, CA
Karin Erkkila	10-06.00	3/3	5th	Los Angeles, CA

Long Jump (21-4.00) (20-4.25)

Athlete	Mark	Date	Place	Site
Aja Frary	20-03.00	3/17	1st	Tucson, AZ
Leslie Miller	17-09.50	5/5	8th	Austin, TX
Aroline Neal	17-09.00	3/17	9th	Tucson, AZ
Marisa Taylor	17-00.50	4/14	11th	San Diego, CA

Triple Jump (43-11.75) (42-00.00)

Athlete	Mark	Date	Place	Site
Marisa Taylor	40-00.50	4/29	5th	Irvine, CA
Aimee Crabtree	36-07.00	4/14	4th	San Diego, CA

Shot Put (52-6.00, 48-10.75)

Athlete	Mark	Date	Place	Site
Candace Hill	42-05.25	3/24	2nd	San Diego, CA
Leslie Miller	36-07.75	4/19	Hep	Azusa, CA
Aja Frary	36-04.75	4/19	Hep	Azusa, CA

Discus (178-10.00, 165-08.00)

Athlete	Mark	Date	Place	Site
Candace Hill	145-11.00	3/31	6th	Gainesville, FL

Javelin (172-3.00, 152-7.00)

Athlete	Mark	Date	Place	Site
Aja Frary	118-11.00	4/20	Hep	Azusa, CA
Leslie Miller	111-07.00	4/14	7th	San Diego, CA
Aimee Crabtree	89-08.00	4/14	13th	San Diego, CA
Ameerah Omar	76-10.00	3/10	7th	San Diego, CA

Heptathlon (5,500) (5,175)

Athlete	Mark	Date	Place	Site
Aja Frary	5,657&	4/20	3rd	Azusa, CA
Leslie Miller	4,447	4/20	17th	Azusa, CA

SDSU Women's Track and Field Roster

Name	Event	Yr.	Ht.	Hometown (Previous School)
Julie Amster	Distance	Fr.	5-11	Santa Ana (Foothill HS)
Allison Brown	Distance	Fr.	5-5	Mission Viejo (Trabuco Hills HS)
Aimee Crabtree^	Pole Vault	Sr.	5-7	Pocatello, Idaho (Idaho State)
Chanel Day	Hurdles	Fr.	5-2	Sacramento (Laguna Creek HS)
Erin Duterte	Distance	Fr.	5-8	Pacifica (St. Ignatius HS)
Meriah Earle	Mid-Distance	Sr.	5-8	San Diego (Live Oaks HS)
Kylie Edwards	Mid-Distance	Jr.	5-4	Geelong, Victoria, Australia (LaTrobe Univ.)
Karin Erkkila	Pole Vault	Jr.	5-6	San Francisco (St. Ignatius HS)
Angie Fitzpatrick	Distance	Fr.	5-5	San Diego (Patrick Henry HS)
Aja Frary	Multi-Events	Sr.	5-7	Seattle, Wash. (Washington State)
Hillery Gemmill	Distance	Jr.	5-8	Redding (Central Valley HS)
Julianne Ghiglieri	Distance	Jr.	5-6	Clayton (Clayton Valley HS)
Jillita Griffin	Sprints	Fr.	5-3	Charleston, S.C. (North Charleston HS)
Tricia Gutierrez	Pole Vault	Jr.	5-4	Yorba Linda (CS Fullerton)
Sophia Hawker	Distance	Sr.	5-5	San Diego (Grossmont HS)
Candace Hill	Throws	Fr.	6-0	San Diego (Hover HS)
Candice Hodge	Distance	Sr.	5-2	Mission Viejo (Trabuco Hills HS)
Jini Hogg	Sprints	So.	5-7	San Francisco (International Studies)
Abigail Huchel	Pole Vault	So.	5-5	Vista (Vista HS)
Leslie Miller	Multi-Events	So.	5-10	Humble, Texas (Humble HS)
Maria Moreno	Distance	Sr.	5-0	San Diego (Crawford HS)
Promise Mose	Sprints	Sr.	5-5	Richmond, Va. (Kennedy HS)
Aroline Neal	Sprints	Fr.	5-6	Oceanside (Rancho Buena Vista HS)
Ameerah Omar	Jumps	Jr.	6-1	Rancho Cucamonga (Mt. SAC)
Jana Peterman	Pole Vault	Fr.	5-3	Cottonwood (West Valley HS)
Ryan Peters*	Hurdles	So.	5-4	Oakland (Arizona)
Laura Preston	Distance	So.	5-9	Laguna Beach (Laguna Beach HS)
Marisa Robinson^	Hurdles	Sr.	5-7	Missoula, Mont. (Arkansas)
Seneik Saavedra*	Sprints	Jr.	5-6	Richmond (Encinal HS)
Daveetta Shepherd	Hurdles	Jr.	5-7	Richmond (DeAnza HS)
Melinda Smedley	Sprints	So.	5-4	Stockton (Lincoln HS)
Lisa Smith	Jumps	Fr.	5-11	La Mirada (La Mirada HS)
Jennifer Stakiw	Mid-Distance	So.	5-10	Saskatoon, Saskatchewan (Bishop Mahoney)
Alicia Stewart	Distance	So.	5-3	Costa Mesa (Newport Harbor HS)
Marisa Taylor	Jumps	Sr.	6-0	San Diego (SD Mesa JC)
Amanda Vielbaum	Distance	Jr.	5-1	Salinas (Hartnell College)

^ 2001 Team Captain. *Will sit out the 2001 season under NCAA transfer guidelines.

Head Coach: Rahn Sheffield (San Diego State '80), 10th Season

Assistants Coaches: Jennifer Nanista (San Diego State '90), Jim VanHootegem (North Central College '90), Richard Fox (San Diego State '92)

Strength and Conditioning: Dave Ohton

Athletic Trainers: Sara Weinberg, Tyler Hickock, Tatum Ossinger

Pronunciation Guide

ATHLETES

CHANEL DaySHUH-nel
 Erin DUTERTEdu-TER-tee
 MERIAH EARLEmur-EYE-uh EARL
 KYLIE EdwardsKY-lee
 Karin ERKKILAERR-kuh-luh
 AJA FRARYA-zhuh FRAIR-ree
 Hillery GEMMILLGEM-ul
 Julianne GHIGLIERIGOO-lee-AIR-ee
 JILLITA Griffinjil-LEE-tuh
 Tricia GUTTIEREZGoo-tee-AIR-ez
 JINI HOGGJIN-ee HOAG
 AROLINE NealAIR-o-lynn

AMEERAH Omaruh-MEER-uh
 MARISA Robinsonmuh-RIS-uh
 SENEIK SAAVEDRAsuh-NEEK suh-VED-rah
 DAVEETTA ShepherdDuh-VEET-uh
 Jennifer STAKIWSTA-quew
 MARISA Taylormuh-REES-uh
 Amanda VIELBAUMVEEL-baum

COACHES

RAHN SHEFFIELDRON SHEF-field
 Jennifer NANISTANAN-nis-tuh
 Jim VAN HOOTEGEMVAN AH-tuh-gem

Aztec Breakdown

BY CLASS

Senior (9)

Aimee Crabtree
 Meriah Earle
 Aja Frary
 Sophia Hawker
 Candice Hodge
 Maria Moreno
 Promise Mose
 Marisa Robinson
 Marisa Taylor

Junior (9)

Kylie Edwards
 Karin Erkkila
 Hillery Gemmill
 Julianne Ghiglieri
 Tricia Gutierrez
 Ameerah Omar
 Seneik Saavedra
 Daveeta Shepherd
 Amanda Vielbaum

Sophomore (8)

Jini Hogg
 Abigail Huchel
 Leslie Miller
 Ryan Peters
 Laura Preston
 Melinda Smedley
 Jennifer Stakiw
 Alicia Stewart

Freshman (10)

Julie Amster
 Allison Brown
 Chanel Day
 Erin Duterte
 Angie Fitzpatrick
 Jillita Griffin
 Candace Hill
 Aroline Neal
 Jana Peterman
 Lisa Smith

BY EVENT

Distance (12)

Julie Amster
 Allison Brown
 Erin Duterte
 Angie Fitzpatrick
 Hillery Gemmill
 Julianne Ghiglieri
 Sophia Hawker
 Candice Hodge
 Maria Moreno
 Laura Preston
 Alicia Stewart
 Amanda Vielbaum

Hurdles (4)

Chanel Day
 Ryan Peters
 Marisa Robinson
 Daveetta Shepherd

Jumps (3)

Ameerah Omar
 Lisa Smith
 Marisa Taylor

Mid-Distance (3)

Meriah Earle
 Kylie Edwards
 Jennifer Stakiw

Multi-Events (2)

Aja Frary
 Leslie Miller

Pole Vault (5)

Aimee Crabtree
 Karin Erkkila
 Tricia Gutierrez
 Abigail Huchel
 Jana Peterman

Sprints (6)

Jillita Griffin
 Jini Hogg
 Promise Mose
 Aroline Neal
 Seneik Saavedra
 Melinda Smedley

Throws (1)

Candace Hill

