



# AZTEC SWIMMING AND DIVING

THIS WEEK: FRIDAY, JAN. 6 - DUALS VS. TCU, RICE, WASHINGTON STATE, UC SAN DIEGO  
2:00 P.M. (PT) - AZTEC AQUAPLEX - SAN DIEGO, CALIF.

## 2011-12 SCHEDULE

Dual Record: 8-0 (4-0 Home; 4-0 Away; 0-0 Neutral)

Date	Opponent	Time/Result
Sep. 23	.....at San Diego - Pentathlon	...W, 56-37
Oct. 8	.....at UNLV	.....W, 171-124
Oct. 21	.....at Cal Poly	.....W, 168-130
Oct. 22	.....at CalPoly	.....W, 180-112
Nov. 5	.....Colorado State*	.....W, 181-114
	.....UC Davis	.....W, 175-125
Nov. 17-19	...at Arena Invitational	.....5th of 21
Nov. 18-20	...at Wildcat Diving Invitational	.....NTS
Dec. 3	.....New Mexico*	.....W, 153-138
Dec. 15-16	...USA Diving Winter Natls.	.....NTS
Dec. 17	.....Cal Poly	.....W, 147-113
Dec. 30	.....Nebraska (Scrimmage)	.....NTS
Jan. 6	.....TCU*	.....2:00 pm
	Rice	
	UC San Diego	
	Washington State	
Jan. 7	TCU (Scrimmage)	.....TBA
Jan. 10	.....Tulane	.....8:10 am
Jan. 14	.....at Fresno State	.....12:00 pm
	vs. CSU Bakersfield (at FSU)	
Jan. 27-28	...Air Force Diving Invitational	.....All Day
Jan. 28	.....San Diego	.....12:00 pm
Feb. 22-25	...MW Championships+	.....All Day
Feb. 26	.....MW Time Trials+	.....10:00 am
Mar. 10-12	...Zone Diving Meet*	.....All Day
Mar. 17-19	...NCAA Championships#	.....All Day

All times are site times

Home meets in **bold**, held at Aztec Aquaplex  
NTS indicates no teams scores kept

\* Mountain West meet

^ at Oklahoma City, Okla. (Oklahoma CC host)

^ at Colorado Springs, Colo. (Air Force host)

# at Auburn, Ala. (Auburn host)

## QUICK FACTS

Location	.....San Diego, Calif.
Founded	.....1897
Enrollment	.....32,396
Nickname	.....Aztecs
Colors	.....Scarlet and Black
Conference	.....Mountain West
President	.....Elliot Hirschman
Athletic Director	.....Jim Sterk

## TEAM INFORMATION

Head Coach	.....Mike Shrader
Dual Record at SDSU	.....58-13 (Fifth season)
Career Record	.....147-25-1 (13th season)
Swimming Office Phone	.....(619) 594-5883
E-Mail	.....mshrader@mail.sdsu.edu
Associate Head Coach	.....Brendon Bray
Diving Coach	.....Roland McDonald
Volunteer Asst. Coach	.....Dr. Brent Rushall
Strength & Conditioning Coach	.....Jon Francis
2010-11 Dual-Meet Record	.....19-0
2010-11 MWC Record	.....8-0 (1st)
2011 MWC Meet	.....1st, 646 pts.
Letterwinners Returning/Lost	.....20/8
Newcomers	.....8
Home Facility	.....Aztec Aquaplex

## MEDIA RELATIONS

Swimming & Diving SID	.....Dave Kuhn
Office Phone	.....(619) 594-5242
Office Fax	.....(619) 582-6541
E-Mail	.....dkuhn@mail.sdsu.edu
Mailing Address	.....SDSU Media Relations 3014 Aztec Athletics Center 5302 55th Street San Diego, CA 92182
Official Website	.....www.GoAztecs.com

## THIS WEEK

San Diego State will host a five-team meet on Friday, Jan. 6, at 2:00 p.m. at the Aztec Aquaplex. The Aztecs will score dual meets against TCU, Rice, Washington State and UC San Diego. In addition, a men's dual meet between TCU and UC San Diego will also be part of the competition.

## TIME CHANGE

The start time for next Tuesday's (Jan. 10) dual meet against Tulane has been moved up to 8:10 a.m. The teams will practice from 7:00-8:00 before competing in a seven event meet. The events will include 100-yard races of each stroke plus the IM as well as both diving competitions.

## HEAD COACH MIKE SHRADER

San Diego State head coach Mike Shrader is in his fifth season with the Aztecs and has compiled a dual meet record of 58-13 (.817) during his tenure. Shrader was named the Mountain West Coach of the Year each of the past three seasons (co-coach in 2009). Including eight seasons as the head coach at Nevada, his career record stands at 147-25-1 (.853).

## SENIOR DAY

Three San Diego State seniors will be honored prior to Friday's meet at the Aquaplex. That trio includes freestyle/butterfly specialist Shannon Bray along with divers Kristen Meier and Aina Eill.

## AZTECS DEFEAT CAL POLY IN LONG COURSE MEET

In their most recent competition, the Aztecs defeated Cal Poly, 147-113) in a long course meet at the Aztec Aquaplex on Dec. 17. The meet was conducted using the long course format with laps measuring 50 meters rather than the tradition 25 yards normally used in collegiate competitions. With the victory, SDSU improved to 8-0 in duals meets this season.

Two Aztecs picked up two wins apiece in the individual events. Sophomore Olivia Sefton recorded victories in both the 100 and 200 meter butterfly with times of 1:04.62 and 2:22.63 respectively. Teammate Stephanie Koch captured first place in the 50 meter free (27.11) and 100 meter free (58.70) races.

## MARQUENIE QUALIFIES FOR AUSTRALIAN TRIALS

Sophomore Kelly Marquenie qualified for Australia's 2012 Olympic Trials in two events. She won the 800 meter freestyle with a mark of 8:58.28 to meet the standard for Australia's Olympic trials. She later had a 200 meter freestyle spilt of 2:05.81 during the 400 meter free race that also qualified for the trials.

## SCHOOL RECORD PERFORMANCE

Freshman Taylor Lakey (Southridge HS; Beaverton, Ore.) set a school record in the 200 butterfly on the final day of the Arena Invitational (Nov. 19). Her time of 2:00.60 was over a second faster than the previous record (2:01.70) that was established by Brooke Vessey at the 2011 Mountain West Championships.

## THE STREAK CONTINUES

With its victory over Cal Poly, SDSU has now won its last 30 straight dual meets dating back to the 2009-10 season. Its last loss came against Wyoming on Jan. 29, 2010, in Laramie.

San Diego State also has a streak of 40 straight dual meet wins against non-conference opponents. The last loss to a non-MWC team was a defeat at North Texas on Nov. 17, 2006. In current head coach Mike Shrader's four seasons at SDSU, the Aztecs have not lost a dual meet to a non-conference foe.

## THERE'S NO PLACE LIKE HOME

San Diego State completed its second consecutive undefeated home season during its 2010-11 campaign. After winning their first four in home meets this season, the Aztecs have now won their last 21 consecutive dual meets at home. SDSU's record at the Aztec Aquaplex stands at 30-3 since the facility opened in the spring of 2008.

## TOP 10 SDSU TIMES

During the three days of the Arena Invitational, Aztec swimmers recorded 19 individual times that rank among the top 10 all-time at SDSU. In addition, 10 relay times also entered the Aztec top 10 lists. Those times and their rankings are as follows:

Event	Swimmer	Time	Rank
50 Free	.....Chelsea Bailey	.....23.27	.....3rd
100 Free	.....Mikaela Macklin	.....50.82	.....2nd
200 Free	.....Dana Michaels	.....1:50.68	.....5th
500 Free	.....Meghan Zimmer	.....4:46.72	.....2nd
500 Free	.....Jessica Crider	.....4:51.63	.....5th
500 Free	.....Dana Michaels	.....4:55.09	.....6th
1650 Free	.....Dana Michaels	.....16:53.52	.....5th
1650 Free	.....Jessica Crider	.....16:55.83	.....6th
100 Fly	.....Gemma Johnson	.....55.31	.....3rd
100 Fly	.....Loreen Whitfield	.....55.54	.....4th
100 Fly	.....Berklie Oscarson	.....56.07	.....6th
100 Fly	.....Taylor Lakey	.....56.24	.....8th
200 Fly	.....Taylor Lakey	.....2:00.60	.....1st
100 Back	.....Chelsea Bailey	.....56.64	.....10th
100 Breast	.....Mikaela Macklin	.....1:04.17	.....5th
100 Breast	.....Natalie Meltzer	.....1:04.60	.....6th
100 Breast	.....Emily Pleger	.....1:04.95	.....8th
200 IM	.....Mikaela Macklin	.....2:00.86	.....2nd
400 IM	.....Mikaela Macklin	.....4:21.83	.....2nd

## RELAYS

Event	Relay Team	Time	Rk
200 Free	.....Bailey, Koch, Jennings, Macklin	.....1:33.09	.....3rd
200 Free	.....Johnson, Koch, Bailey, Macklin	.....1:36.15	.....8th
400 Free	.....Macklin, Koch, Zimmer, Bailey	.....3:23.05	.....3rd
800 Free	.....Crider, Michaels, Zimmer, Garibaldi	.....7:26.93	.....4th
200 Med	.....Jennings, Meltzer, Whitfield, Koch	.....1:43.01	.....5th
200 Med	.....Jennings, Weddle, Johnson, Koch	.....1:44.42	.....8th
200 Med	.....Bailey, Pleger, Johnson, Bray	.....1:44.71	.....9th
200 Med	.....Jennings, Weddle, Whitfield, Johnson	.....1:44.78	.....10th
400 Med	.....Jennings, Macklin, Johnson, Koch	.....3:43.10	.....2nd
400 Med	.....Bailey, Pleger, Whitfield, Bray	.....3:50.63	.....5th

## TOP MWC TIMES

Aztec swimmers currently hold the top times in the Mountain West Conference this season in five events. That list includes:

500 Free	.....Meghan Zimmer	.....4:46.72
1000 Free	.....Kelly Marquenie	.....10:07.42
1650 Free	.....Melanie Garibaldi	.....16:45.30
200 IM	.....Leona Jennings	.....1:59.87
400 IM	.....Melanie Garibaldi	.....4:18.56

Among the divers, senior Kristen Meier has turned in the second-highest marks in the MWC this season in both the 1-meter and 3-meter events.



# AZTEC SWIMMING AND DIVING

## 2011-12 SAN DIEGO STATE SWIMMING AND DIVING ROSTER

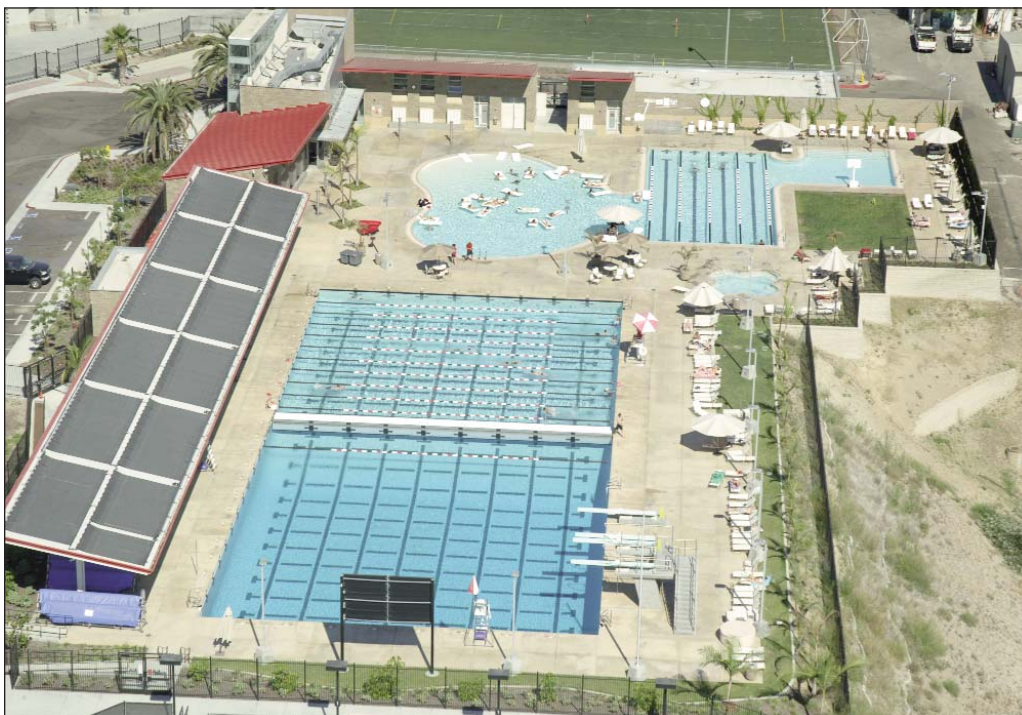
Name	Event(s)	Ht.	Yr.	Exp.	Hometown (Previous School)
Chelsea Bailey	Free, Back	6-2	Fr.	HS	Kent, Wash. (Kentlake HS)
Amanda Barrett	Free, IM	5-10	Fr.	HS	Sandy, Utah (Brighton HS)
Shannon Bray	Fly, Free	5-9	Sr.	2V	Reno, Nev. (Reno HS)
Maureen Cardwell	Fly, Free	5-5	Jr.	1V	Woodinville, Wash. (Redmond HS)
Jessica Crider	Free	5-9	Jr.	1V	Concord, Calif. (Concord HS)
Jordan Devine	Sprint Free	6-0	So.	HS	Santa Ynez Valley, Calif. (Santa Ynez HS)
Aina Eill	Diving	5-8	Sr.	1V	Vancouver, Canada (Crofton House)
Melanie Garibaldi	Free, IM	5-7	Jr.	1V	Gold Coast, Australia (Queensland Acad. of Sport)
Kelsingten Goodsite	Diving	5-5	Fr.	HS	Riverside, Calif. (Martin Luther King HS)
Leona Jennings	Back, Free, IM	5-9	Jr.	1V	Seattle, Wash. (Mt. Ranier HS)
Gemma Johnson	Fly, Free	5-6	Jr.	TR	Sydney, Aus. (University of Sydney)
Stephanie Koch	Free, Fly	5-10	Jr.	1V	Boone, Iowa (Ames HS)
Taylor Lakey	Fly, Free	5-5	Fr.	HS	Beaverton, Ore. (Southridge HS)
Hattie Lamping	Diving	5-2	So.	HS	Dublin, Ohio (Dublin Jerome HS)
Mikaela Macklin	Breast, IM	6-0	So.	HS	Placerville, Calif. (El Dorado HS)
Kelly Marquenie	Free	5-9	So.	HS	Gold Coast, Australia (Emmanuel College)
Kristen Meier	Diving	5-8	Sr.	TR	Walden, N.Y. (George Mason)
Natalie Meltzer	Breast	5-5	So.	HS	San Ramon, Calif. (California HS)
Dana Michaels	Free	5-8	Fr.	HS	Shoreline, Wash. (Shorewood HS)
Berklie Oscarson	Back, IM	5-9	So.	HS	Altadena, Calif. (San Marino HS)
Emilie Pleger	Breast	5-8	Fr.	HS	Yakima, Wash. (Eisenhower HS)
Olivia Sefton	Fly, IM	5-9	So.	HS	Nottingham, England (Friesland School)
Anna Steiner	Diving	5-4	So.	HS	Seattle, Wash. (International Community School)
Rafaella Suarez	Diving	5-5	Jr.	1V	Claremont, Calif. (Mt. SAC)
Katelyn Weddle	Breast, Free	5-6	Jr.	1V	Yuma, Ariz. (Kofa HS)
Loreen Whitfield	Fly, IM	5-6	Fr.	HS	Clovis, Calif. (East Clovis HS)
Taylor Yamagata	Breast	5-6	So.	HS	Novato, Calif. (Novato HS)
Meghan Zimmer	Free, Back	5-10	Jr.	1V	Santa Maria, Calif. (Pioneer Valley HSO)

**Head Coach:** Mike Shrader (Texas A&M '81), 5th Season

**Associate Head Coach:** Brendon Bray (Washington '05), 5th Season

**Diving Coach:** Roland McDonald (Michigan State '87), 2nd Season

**Volunteer Assistant Coach:** Brent Rushall, Ph.D. (Sydney Teachers' College '60), 1st Season



### BY CLASS

#### Seniors (3)

Shannon Bray, Kristen Meier, Aina Eill

#### Juniors (9)

Maureen Cardwell, Jessica Crider, Melanie Garibaldi, Leona Jennings, Gemma Johnson, Stephanie Koch, Rafaella Suarez, Katelyn Weddle, Meghan Zimmer

#### Sophomores (9)

Jordan Devine, Hattie Lamping, Mikaela Macklin, Kelly Marquenie, Natalie Meltzer, Berklie Oscarson, Olivia Sefton, Anna Steiner, Taylor Yamagata

#### Freshmen (7)

Chelsea Bailey, Amanda Barrett, Kelsingten Goodsite, Taylor Lakey, Dana Michaels, Emilie Pleger, Loreen Whitfield

### BY STATE/COUNTRY

#### Arizona (1)

Katelyn Weddle

#### California (10)

Jessica Crider, Jordan Devine, Kelsingten Goodsite, Mikaela Macklin, Natalie Meltzer, Berklie Oscarson, Rafaella Suarez, Loreen Whitfield, Taylor Yamagata, Meghan Zimmer

#### Iowa (1)

Stephanie Koch

#### Nevada (1)

Shannon Bray

#### New York (1)

Kristen Meier

#### Ohio (1)

Hattie Lamping

#### Oregon (1)

Taylor Lakey

#### Utah (1)

Amanda Barrett

#### Washington (6)

Chelsea Bailey, Maureen Cardwell, Leona Jennings, Dana Michaels, Emilie Pleger, Anna Steiner

#### Australia (3)

Melania Garibaldi, Gemma Johnson, Kelly Marquenie

#### Canada (1)

Aina Eill

#### England (1)

Olivia Sefton