



# AZTEC SWIMMING AND DIVING

**THIS WEEK: WED., JAN. 9 - VS. BOISE ST., COLORADO ST. - NOON PT - AT USD SWIM COMPLEX**

## 2007-08 SCHEDULE/RESULTS

Date	Opponent	Time/Result
Oct. 27	*Colorado St.	Postponed
	*New Mexico	
Nov. 3	*UNLV	Postponed
Nov. 17	*at Utah	L, 128-156
	vs. Boise State	W, 168-132
Dec. 1	at CS East Bay	W, 120-76
Dec. 8	*at Wyoming	L, 81-161
Jan. 4	*TCU	W, 169-129
	*Air Force	W, 167-63
Jan. 9	^vs. Boise State	Noon
	^^vs. Colorado State	
Jan. 12	*at BYU	Noon
Jan. 19	at Colorado College	1 p.m.
	vs. CS East Bay	
Feb. 2	USD	1 p.m.
Feb. 27-1	MWC Champs.#	All Day
Mar. 13-15	NCAA Diving Zones#	All Day
Mar. 20-22	NCAA Champs.+	All Day

All times Pacific  
 Home meets in bold, held at Aztec Aquaplex.  
 ^ at University of San Diego  
 # at Oklahoma City, Okla.  
 + at Columbus, Ohio  
 \* Mountain West Conference Meet

## 2007-08 ROSTER

Name (Yr.)	Event(s)
Caitlin Atkinson (So.)	Diving
Meredith Beebe (So.)	Fly, Free
Keely Brooks (Fr.)	Diving
Lauren Dakin (So.)	Breast, Free
Brittany Daly (Sr.)	Distance Free
Gina DiDomenico (Fr.)	IM
Ana Dowell (Sr.)	Fly, Free
Megan Flanagan (Jr.)	Diving
Amy Freeberg (So.)	Diving
Tanya Gjetley (Fr.)	Free
Christine Graham (Sr.)	Breast, Free
Stephanie Henderson (Fr.)	Free
Kristen Henry (Fr.)	Distance Free
Kathleen Heuring (Jr.)	Diving
Noelle Holland (Fr.)	Fly
Katie Leahy (Jr.)	Free, Back, IM
Kristen Maurer (So.)	Diving
Kathleen Merrill (Sr.)	Breast, Free
Nino Metsar (So.)	Fly, Breast, IM
Jessica Morrill (So.)	Breast, IM
Lizette Patterson (Jr.)	IM, Breast
Emily Pool (Jr.)	Breast
Kyla Power (So.)	Distance Free
Rosalie Raymond (Jr.)	Free
Alexandra Rogers (Jr.)	Back
Jenna Schuster (Jr.)	Free
Katie Smith (Sr.)	Back
Kendal Twilling (Jr.)	IM, Breast
Brooke Vessey (Fr.)	Fly, Free
Jamie Vessey (So.)	Fly, Free

Head Coach: Mike Shrader, First year  
 Assistant Coach: Brendon Bray, First year  
 Diving Coach: Jim Wynne, Sixth year  
 Volunteer Asst.: Emily Schimid, First year

## INFORMATION

2006-07 Dual Meet Record: 9-8  
 Conference Record/Finish: 1-7/8th  
 2007 MWC Meet: 9th, 145 pts.  
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## THIS WEEK

The San Diego State swimming and diving team (4-2, 2-2 Mountain West Conference) will make the short trip to the University of San Diego on Wednesday, Jan. 9 for a double dual meet against Boise State and MWC foe Colorado State at noon PT.

## PREVIOUSLY ON THE MESA

Last week, San Diego State defeated both TCU (169-129) and Air Force (167-63) at the Aztec Aquaplex. Sophomore Jessica Morrill was a double winner as she swept both breaststroke events, while classmate Caitlin Atkinson captured the one-meter board with a NCAA Zone E Diving Regional qualifying score of 269.10.

## A DAY OF FIRSTS

San Diego State made an impressive home debut in its inaugural meet at the Aztec Aquaplex on Friday, Jan. 4. The Aztecs, who fell to TCU 71-40 last year, defeated the Horned Frogs for the first time in program history by a convincing score of 169-129. SDSU had six individuals win seven different events, and each of their times/scores went in the books as pool records.

## SCOUTING THE RAMS

In his 27th year as the head coach at Colorado State, John Mattos has led the Rams to a 6-0 overall record and a 3-0 mark in the MWC. Wednesday's meet will be the first competition for Colorado State since they placed second at the six-team Husker Invite in Lincoln, Neb., on Nov. 15-18. Sophomore Kathleen McCleary, a 2006-07 all-MWC performer, captured the 1,650 free on the first day of the invitational, swimming a lifetime best 17:16.42.

## SCOUTING THE BRONCOS

Head coach Kristin Hill is in her second year at the helm of the two-year old Boise State program. The Broncos are 5-5 overall and are coming off a third-place finish at the UC Irvine/Ayers Invitational. Boise State junior Katelyn LoFland was named the Western Athletic Conference swimmer of the week on Dec. 3, after breaking the school record in the 1,650 free (17:24.70).

## SERIES HISTORY

Since the inception of the MWC in 1999-00, SDSU trails the series with Colorado State, 7-0. The Rams won the last dual meet between the two teams, 185-103, in Fort Collins, Colo.

The Aztecs lead the series with Boise State, 2-0. The two squads met on Nov. 17, 2007, in Salt Lake City, Utah, with SDSU coming out on top, 168-132. The Aztecs also won last year's meeting in San Diego by a score of 204-29.

## THE COACHING STAFF

Mike Shrader, who spent the past eight years as the head coach at Nevada-Reno, begins his first season at San Diego State. While at Nevada, Shrader led the Wolf Pack to an 89-12-1 record, two conference titles and four NCAA championship appearances.

Brendon Bray, who came to The Mesa from the University of Washington, begins his first season as an assistant coach at SDSU, while Jim Wynne enters his sixth year as the Aztec diving coach.

## MORRILL A DOUBLE WINNER

Sophomore Jessica Morrill played a key part in the Aztecs' victories over TCU and Air Force as she swept both breaststroke events with season best times.

Morrill clocked in at 1:07.43 in the 100 breast, and at 2:22.97 in the 200 breast.

## DOWELL REMAINS CONSISTENT

Senior Ana Dowell captured her third race of the season last Friday when she took the 100 free in a time of 54.50. She also led the Aztecs at Wyoming on Dec. 8, claiming the 100 fly for SDSU's only first-place finish of the day. Dowell currently holds the Aztecs' top marks of the season in both the 50 and 100 free.

## ATKINSON QUALIFIES FOR ZONES

Sophomore Caitlin Atkinson qualified for the NCAA Zone E Diving Regionals last Friday when she captured the one-meter board with a season-best 269.10. Atkinson has been the top-finisher for SDSU in five of six dual meet diving events this year. Atkinson was also the only Aztec to qualify for the finals on both springboards at the USC Diving Invitational on Nov. 2.

## THERE'S NO PLACE LIKE HOME

Since the 1999-00 season, the San Diego State women's swimming and diving team has called the Ray and Joan Kroc Community Center its "home." But this year, the squad makes the transition from the Kroc Center to a state-of-the-art swimming facility on campus, the Aztec Aquaplex.

The 112,000 square-foot Aztec Aquaplex features two pools, one for competition and another for recreation, in addition to a hydrotherapy spa. The competition pool can accommodate a multitude of swimming and diving events with its one- and three-meter springboards.

San Diego State currently holds a 2-0 record at the Aztec Aquaplex, with its next home meet scheduled for Feb. 2 against the University of San Diego.

## AZTEC NOTES

- ◆ Of the 29 swimmers and divers on SDSU's roster, 15 are either freshmen or sophomores.
- ◆ The Aztecs captured every event in its non-conference meet at Cal State East Bay on Dec. 1.
- ◆ Senior Ana Dowell swam a personal-best 54.33 in the 100 free at Utah (Nov. 17).
- ◆ Junior Rosalie Raymond holds the Aztecs' top times in both the 500 and 1,000 free, while freshman Brooke Vessey leads all SDSU swimmers in the 100 fly and the 100 back.
- ◆ San Diego State was scheduled to host its first two meets of the season at the Aztec Aquaplex, but they were postponed due to the wildfires in San Diego County.

## ON DECK

The Aztecs will not have much of a break as they will head to Provo, Utah for a Mountain West Conference dual meet at BYU on Saturday, Jan. 12 at 1 p.m MT.

## 2007-08 MWC STANDINGS

Team	Conference	Overall
Colorado St.	3-0	6-0
BYU	2-0	6-0
Wyoming	2-1	4-1
UNLV	2-1	2-2
Utah	2-1	3-3
<b>San Diego State</b>	<b>2-2</b>	<b>4-2</b>
TCU	1-4	4-5
New Mexico	1-3	2-4
Air Force	0-4	2-6

## 2007-08 AZTEC TOP TIMES/MARKS (as of Jan. 7, 2008)

### 50 Free SDSU Record: 23.62 -- Heather DeFelice (2001-02)

.....25.41 - Ana Dowell (11/17/07)  
.....25.53 - Katie Leahy (12/8/07)  
.....25.76 - Stephanie Henderson (11/17/07)  
.....26.03 - Christine Graham (11/17/07)  
.....26.12 - Meredith Beebe (1/4/08)  
.....27.00 - Kathleen Merrill (12/1/07)  
.....27.53 - Noelle Holland (12/1/07)  
.....28.73 - Tanya Gjetley (12/8/07)

### 100 Free SDSU Record: 51.77 -- Kimberlee Frith (2005-06)

.....54.33 - Ana Dowell (11/17/07)  
.....54.88 - Gina DiDomenico (1/4/08)  
.....56.00 - Katie Leahy (1/4/08)  
.....56.24 - Stephanie Henderson (1/4/08)  
.....57.86 - Rosalie Raymond (12/1/07)  
.....58.39 - Kristen Henry (12/8/07)  
.....58.53 - Kathleen Merrill (11/17/07)  
.....58.74 - Brittany Daly (12/1/07)  
.....58.89 - Noelle Holland (12/1/07)  
.....1:02.54 - Tanya Gjetley (12/8/07)

### 200 Free SDSU Record: 1:51.48 -- Kimberlee Frith (2005-06)

.....1:57.49 - Kyla Power (11/17/07)  
.....1:58.78 - Gina DiDomenico (1/4/08)  
.....2:00.63 - Brittany Daly (11/17/07)  
.....2:01.10 - Jessica Morrill (11/17/07)  
.....2:02.25 - Ana Dowell (12/1/07)  
.....2:02.48 - Stephanie Henderson (12/1/07)  
.....2:04.62 - Rosalie Raymond (12/8/07)  
.....2:05.36 - Kristen Henry (1/4/08)  
.....2:06.37 - Kathleen Merrill (1/4/08)

### 500 Free SDSU Record: 4:56.37 -- Kim Palmer (1981-82)

.....5:10.78 - Rosalie Raymond (1/4/08)  
.....5:12.07 - Brittany Daly (1/4/08)  
.....5:25.27 - Kyla Power (11/17/07)  
.....5:25.60 - Stephanie Henderson (12/1/07)  
.....5:29.40 - Brooke Vessey (12/1/07)  
.....5:31.79 - Jamie Vessey (1/4/08)  
.....5:34.96 - Kristen Henry (1/4/08)  
.....5:39.18 - Ana Dowell (12/1/07)

### 1,000 Free SDSU Record: 10:12.19 -- Megan Storey (2001-02)

.....10:37.49 - Rosalie Raymond (1/4/08)  
.....10:43.68 - Brittany Daly (11/17/07)  
.....11:00.82 - Jessica Morrill (12/1/07)  
.....11:07.89 - Jamie Vessey (11/17/07)  
.....11:42.92 - Kristen Henry (11/17/07)

### 100 Fly SDSU Record: 56.80 -- Tara Johnson (2000-01)

.....59.01 - Brooke Vessey (11/17/07)  
.....59.49 - Ana Dowell (11/17/07)  
.....1:01.15 - Noelle Holland (1/4/08)  
.....1:01.24 - Nino Metsar (1/4/08)  
.....1:01.42 - Jamie Vessey (12/1/07)  
.....1:03.37 - Meredith Beebe (1/4/08)  
.....1:03.98 - Jessica Morrill (12/1/07)  
.....1:05.15 - Kyla Power (12/1/07)

### 200 Fly SDSU Record: 2:04.97 -- Erin Kilpatrick (2002-03)

.....2:13.27 - Nino Metsar (1/4/08)  
.....2:15.58 - Noelle Holland (1/4/08)

.....2:16.01 - Jamie Vessey (11/17/07)

### 100 Back SDSU Record: 56.42 -- Megan Casillan (2001-02)

.....59.86 - Brooke Vessey (11/17/07)  
.....1:00.52 - Katie Smith (1/4/08)  
.....1:01.45 - Alexandra Rogers (1/4/08)  
.....1:02.61 - Gina DiDomenico (12/8/07)  
.....1:06.52 - Katie Leahy (12/1/07)

### 200 Back SDSU Record: 2:01.08 -- Megan Casillan (1999-00)

.....2:09.28 - Alexandra Rogers (1/4/08)  
.....2:11.84 - Katie Smith (1/4/08)  
.....2:13.76 - Kyla Power (1/4/08)

### 100 Breast SDSU Record: 1:04.05 -- Heather DeFelice (2001-02)

.....1:07.43 - Jessica Morrill (1/4/08)  
.....1:08.49 - Christine Graham (1/4/08)  
.....1:11.14 - Lizette Patterson (1/4/08)  
.....1:11.72 - Lauren Dakin (11/17/07)  
.....1:11.75 - Emily Pool (11/17/07)  
.....1:12.33 - Kyla Power (12/1/07)  
.....1:15.88 - Kathleen Merrill (12/1/07)

### 200 Breast SDSU Record: 2:19.63 -- Courtney Hoblick (1996-97)

.....2:22.97 - Jessica Morrill (1/4/08)  
.....2:31.91 - Lizette Patterson (1/4/08)  
.....2:34.20 - Christine Graham (1/4/08)  
.....2:35.85 - Lauren Dakin (11/17/07)  
.....2:38.10 - Emily Pool (1/4/08)

### 200 IM SDSU Record: 2:05.17 -- Courtney Hoblick (1996-97)

.....2:13.12 - Gina DiDomenico (1/4/08)  
.....2:15.45 - Katie Smith (11/17/07)  
.....2:16.71 - Jessica Morrill (11/17/07)  
.....2:18.48 - Rosalie Raymond (12/1/07)  
.....2:19.37 - Nino Metsar (11/17/07)  
.....2:21.90 - Jamie Vessey (11/17/07)  
.....2:23.71 - Brooke Vessey (12/1/07)  
.....2:24.56 - Christine Graham (12/1/07)

### 200 Free Relay

#### SR: 1:36.51--Frith, Twilling, Schmied, Peters (2005-06)

1:40.82 - Power, B. Vessey, DiDomenico, Leahy (12/8/07)  
1:41.34 - B. Vessey, Dowell, Power, Henderson (1/4/08)  
1:41.58 - B. Vessey, Graham, Power, Henderson (11/17/07)  
1:43.00 - Leahy, Metsar, Graham, Beebe (1/4/08)  
1:46.26 - Merrill, Holland, J. Vessey, Gjetley (1/4/08)  
1:46.86 - Holland, Merrill, Rogers, J. Vessey (12/8/07)  
1:47.63 - Leahy, Holland, Merrill, Dakin (11/17/07)

### 400 Free Relay

#### SR: 3:29.88--Peters, Karoly, Schmied, Frith (2005-06)

3:55.09 - Leahy, Daly, Vessey, Rogers (12/1/07)  
4:03.84 - SDSU "B" (12/1/07)

### 200 Medley Relay

#### SR: 1:45.91--Casillan, Karacozoff, Johnson, DeFelice (2001-02)

1:51.59 - Smith, Graham, Dowell, Henderson (11/17/07)  
1:51.72 - Smith, Morrill, Metsar, Leahy (1/4/08)  
1:51.78 - B. Vessey, Graham, Dowell, Henderson (1/4/08)  
1:52.58 - Smith, Graham, B. Vessey, Dowell (12/8/07)  
1:52.88 - B. Vessey, Morrill, Holland, Leahy (11/17/07)  
1:55.76 - Rogers, Morrill, Holland, Henderson (12/8/07)

## 2007-08 AZTEC TOP TIMES/MARKS

### 400 Medley Relay

**SR: 3:50.84--Casillan, DeFelice, Johnson, Kilpatrick (2001-02)**

4:17.67 - SDSU "B" (12/1/07)

4:19.88 - SDSU "C" (12/1/07)

4:20.65 - Power, Merrill, Daly, Graham (12/1/07)

### 1-M Diving SDSU Record: 273.15 -- Caitlin Atkinson (2006-07)

.....269.10 - Caitlin Atkinson (1/4/08)

.....255.00 - Keely Brooks (1/4/08)

.....244.05 - Megan Flanagan (1/4/08)

.....224.32 - Kristen Maurer (1/4/08)

.....215.32 - Amy Freeberg (1/4/08)

.....213.82 - Kathleen Heuring (12/8/07)

### 3-M Diving SDSU Record: 265.50 -- Caitlin Atkinson (2006-07)

.....265.27 - Keely Brooks (1/4/08)

.....261.60 - Caitlin Atkinson (1/4/08)

.....252.00 - Megan Flanagan (1/4/08)

.....242.17 - Amy Freeberg (1/4/08)

.....241.27 - Kathleen Heuring (1/4/08)

.....225.45 - Kristen Maurer (1/4/08)