



## Dr. Mike Giuliano

Head Coach ♦ 2nd Season At SDSU/13th Season Overall ♦ Tennessee Temple '81

COACHING STAFF

**Full Given Name**  
Michael James Giuliano

**Birthday**  
Oct. 15, 1959

**Birthplace**  
San Jose, Calif.

**Current Residence**  
San Diego, Calif.

**Education**  
B.A. - communications  
(Tennessee Temple, 1981)  
M.A. - education  
(Trinity International, 1987)  
PhD - communications  
(Northwestern, 1993)

**Marital Status**  
Married to Barbara

**Children**  
Joshua (15), Justin (12)  
and Linnae (10)

**NCAA/NAIA Coaching Experience**  
1987-91  
Trinity International  
*Men's Head Coach*

1992  
Santa Barbara City College  
*Women's Head Coach*

1993-2003  
Westmont College  
*Women's Head Coach*

2004-Present  
San Diego State  
*Women's Head Coach*

**Playing Experience**  
1977-1981  
Tennessee Temple Univ.

Dr. Mike Giuliano enters his second year at San Diego State after being named head coach of the Aztecs' women's soccer program on March 30, 2004.

The San Jose, Calif., native, one of the most decorated soccer coaches in NAIA history at Westmont College (1993-2003), continued his success in his first season on The Mesa in 2004. SDSU finished 8-7-6 in 2004 and tied for second in the Mountain West Conference with a 3-0-2 record. It was the Aztecs' best finish in conference play since the 1999 season and the eight wins were the most by an Aztec first-year head coach.

SDSU went 5-1-3 over its final nine games of the season and advanced all the way to the MWC championship game, falling just one shootout goal short of a trip to its first NCAA tournament game since 1999.

Much of the success can be pointed to Giuliano's pressure style defense, aimed at forcing opposing offenses into making mistakes. In 21 games, the Aztecs allowed just 18 goals, the program's fewest since the 1990 squad allowed 12 goals in 13 games.

The SDSU defense tallied nine shutouts, second most in school history, and during a stretch of five-plus games from Oct. 3-30, went 5-0-4 without allowing a goal. The Aztecs only gave up just three goals in MWC action.

Under Giuliano's tutelage, SDSU received numerous conference and national honors. Alexis Solovij earned MWC Defensive Player of the Year accolades for her play in the backfield. Joining Solovij on the MWC first team were defender Noelle Jouglet and goalkeeper Sophia Perez, while Amanda Swiader garnered second-team recognition. In addition, four Aztecs were MWC players of the week and two - Noelle Jouglet (*Soccer America* Team of the Week) and Jen Klunder (*Soccer Buzz* National Elite Team of the Week) - were nationally recognized.

Fan support also increased since Giuliano's arrival. The average attendance at women's soccer games on the SDSU Sports Deck in 2004 rose 41 percent from 2003.

Giuliano's incoming recruiting class is rated 19th by *Soccer Buzz*, the only MWC team to be nationally ranked. Incoming freshmen Millie Allen (top-100) and Erika Sutton (top-50) are ranked among the top recruits in the nation.

"I honestly believe that this is one of the best coaching

### ► Giuliano on Aztec Team Values

"It is absolutely possible to take your sport very seriously AND still have an outrageous amount of fun at the same time. - You have the right to be treated with dignity and respect at all times. No coach ever has the right to demean you in any way. - People are more important than things. As long as you spend more time thinking about things than about serving others, you'll never know what it means to live the life that you were meant to live. - Gratefulness is a discipline that we can, and should, cultivate on a daily basis. It is one of the few choices that can never be taken away from us; the choice to be grateful for what we have instead of bitter for what we don't have. - Family is one of God's great gifts. Don't ever take for granted how precious the gift of family and commitment to family could be. It is one of life's most comforting sanctuaries. - Attention to the little things is the gap between good and great. - And never, ever take yourself too seriously."

positions in Division I," Giuliano said. "You take a world-class university with big-time support for its athletic programs, put it smack dab in the middle of America's most beautiful city, and then you surround it with the best girls' high school soccer in the nation, and you have every ingredient for a perennial national soccer power."

Prior to his arrival at SDSU, Giuliano developed Westmont College into a NAIA powerhouse, producing a 194-42-15 record in 11 seasons and winning four NAIA national titles in five years. Westmont went 61-6 over his final three years and won three consecutive national titles. On four occasions, he was named both the adidas National Collegiate Coach of the Year and the NAIA National Collegiate Coach of the Year. He is also the first coach at any collegiate level to win the adidas award three consecutive years.

In his final five seasons at the NAIA level, Giuliano led Westmont to a 97-11-7 record and did not lose in his final 59 regulation matches. During the same five-year span, Westmont went 17-0-1 in the NAIA national tournament.

In addition to leaving Westmont as the all-time leader in wins, he ranks third all-time in the NAIA for career wins (194) and winning percentage (80.3).

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*"You take a world-class university with big-time support for its athletic programs, put it smack dab in the middle of America's most beautiful city, and then you surround it with the best girls' high school soccer in the nation, and you have every ingredient for a perennial national soccer power."*

*-- Dr. Mike Giuliano*

During Giuliano's tenure at Westmont, the school produced three NAIA National Players of the Year, 30 All-Americans and 16 scholar-athletes. He also helped coach 55 all-Golden State Athletic Conference selections, including three GSAC Players of the Year.

In addition to the NAIA national titles in 1999, 2001, 2002 and 2003, Giuliano led Westmont to the NAIA final four in 1994 and 1997. Westmont ended the 1996 season ranked No. 1 as well, and made nine NAIA national tournament appearances, including one in each of his final eight seasons.

Besides being named adidas and NAIA national collegiate coach of the year four times, Giuliano earned five awards from the GSAC and four from the far west region of the NAIA.

Prior to coaching at Westmont, Giuliano started the women's soccer program at Santa Barbara City College, posting a 3-4-1 mark in its first year. He also spent five years coaching the men's soccer team at Trinity International University in Deerfield, Ill., winning one district coach-of-the-year honor.

Giuliano played college soccer at Tennessee Temple University and went on to earn a bachelor's degree in communications in 1981. He received his master's degree in education in 1987 at Trinity International and earned a PhD in communications from Northwestern University in 1993. He had been a professor in Westmont's communications studies department since 1992 before coming to SDSU.



Giuliano and his wife, Barbara, reside in San Diego with their three children: Joshua (16), Justin (11) and Linnae (9).

**Favorite Movie**  
Shawshank Redemption

**Favorite Book**  
Who You Are When No One's Looking (William Hybels)

**Favorite Home-Cooked Meal**  
BBQ chicken

**Three Words That Best Describe Me**  
Hyper, creative, compassionate

**Person In History I Would Like To Meet**  
Sojourner Truth

**My Favorite Saying**  
Only you!

**Most Prized Possession**  
My family

**Hobbies**  
Movies, film writing, making up new games for my kids

**My Advice To Kids Is**  
Play for a coach who cares more about you than they do the game

**I'm Better Than Anyone Else When It Comes To**  
Coming up with sayings that my team will secretly make fun of

COACHING STAFF

► Giuliano's NCAA/NAIA Coaching Record						
Year	School	W	L	T	Pct.	Postseason/Honors
1993	Westmont College	16	7	0	.696	NAIA Regional Tournament, GSAC Coach of the Year
1994	Westmont College	16	5	4	.720	NAIA Final Four, far west region/GSAC Coach of the Year
1995	Westmont College	14	6	0	.700	NAIA Regional Tournament, GSAC Coach of the Year
1996	Westmont College	15	5	2	.727	NAIA Quarterfinals, far west region coach of the year
1997	Westmont College	21	4	0	.840	NAIA Final Four
1998	Westmont College	15	4	2	.762	NAIA Quarterfinals
1999	Westmont College	21	2	0	.913	NAIA National Champions, adidas/NAIA/far west region/GSAC Coach of the Year
2000	Westmont College	15	3	3	.786	NAIA Quarterfinals
2001	Westmont College	19	4	0	.826	NAIA National Champions, adidas/NAIA Coach of the Year
2002	Westmont College	20	1	3	.896	NAIA National Champions, adidas/NAIA Coach of the Year
2003	Westmont College	22	1	1	.938	NAIA National Champions, adidas/NAIA/far west region/GSAC Coach of the Year
<b>Westmont College Totals</b>		<b>194</b>	<b>42</b>	<b>15</b>	<b>.803</b>	<b>4 national championships, 9 NAIA Tournaments, 17 Coach of the Year awards</b>
2004	San Diego State	8	7	6	.524	Most wins by a first-year Aztec coach
<b>12-Year Totals</b>		<b>202</b>	<b>49</b>	<b>21</b>	<b>.781</b>	<b>Never had a losing season</b>



## Mike Friesen

Associate Head Coach ♦ 2nd Season At SDSU ♦ Sonoma State '96

**Full Given Name**  
Michael David Friesen

**Current Residence**  
San Diego, Calif.

**Education**  
B.S. - kinesiology  
(Sonoma State, 1996)

**Marital Status**  
Married to Jamie

**Children**  
Cole Jamey (1)

**NCAA Coaching Experience**  
1999-03  
UC Santa Barbara  
*Women's Assoc. Head Coach*

2004-Present  
San Diego State  
*Women's Asst./Assoc. Coach*

**Playing Experience**  
1988-89  
Point Loma Nazarene

1993-94  
Sonoma State

1995  
North Bay Breakers

1996-97  
Juventus (California  
Premier Soccer Alliance)

1998  
Greek Americans Soccer  
Club

**Favorite TV Show**  
Seinfeld

**Most Prized Possession**  
My wife, Jamie, and son,  
Cole

**Person In History I Would Like To Meet**  
Anyone in the first wave that stormed the beach in Normandy

Mike Friesen is entering his second year at San Diego State. He was promoted to associate head coach on July 1, 2005, and is involved in all aspects of coaching and recruiting.

Friesen has played a significant role in bringing excitement back to San Diego State soccer. In 2004, the Aztecs reached the Mountain West Conference championship game for the first time since 1999. The team's 3-1-2 conference record was also its best since that same 1999 season.

Friesen teamed with Giuliano to bring an up-tempo-in-your-face style of defense, which was successful, as evident by the team's nine shutouts, second most in school history. SDSU allowed just 18 goals in 21 games, the program's fewest since the 1990 squad gave up 12 goals in 13 games.

The SDSU defense tallied nine shutouts, second most in school history, and during a stretch of five-plus games from Oct. 3-30, went 595:44 without allowing a goal. The Aztecs only surrendered three goals in MWC action.

Friesen helped with the development of four 2004 all-conference selections, including MWC Defensive Player of the Year Alexis Solovij.

Prior to coming to San Diego State, Friesen spent five years working with the UC Santa Barbara women's program.

Friesen's responsibilities with the Gauchos included coaching the team's offense, recruiting, community outreach and academics.

Upon arriving in Santa Barbara, Friesen helped turn the Gaucho program around, going from a 7-29-2 mark and scoring just 27 goals the two seasons prior to his arrival, to a 24-11-6 mark in 2002-03, tallying 105 scores. Friesen also was integral in signing and developing three straight Big West Conference offensive players of the year in Jennifer Borich in 2001 and 2003 and Krystal Sandza in 2002.

Friesen has a great deal of experience coaching at a variety of levels. Before his time at UCSB, he guided the under-19 Santa Rosa United Aftershocks to the 1999 girls' California State Cup championship. In 1997, he directed Ursuline High School in Santa Rosa, Calif., to the CIF North Coast Section championship game.

As a student-athlete, Friesen played two years at Point Loma Nazarene in San Diego before transferring to Sonoma State, where he was a member of an NCAA Division II quarterfinalist squad in 1993. Friesen was also the second-leading scorer in the Northern California Athletic Conference as a senior.

Friesen completed his degree in kinesiology with an emphasis in biomechanics in 1996, before continuing his soccer playing career with the North Bay Breakers of the USISL. The Breakers reached the regional finals in the team's final year of existence. For the next several seasons, he played for Juventus in the California Premier Soccer Alliance before signing with the Greek Americans Soccer Club, based in San Francisco, which won two U.S. Open Cup championships in the 1990s.

Friesen and his wife Jamie, who coached the Santa Barbara City College women's basketball team from 2002 to 2004, have a son, Cole Jamey (1). They are expecting another child in February 2006.



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Head coach Mike Giuliano with his family: wife, Barbara, sons Joshua (15) (far right) and Justin (12) (left), and daughter, Linnae (10).



Associate head coach Mike Friesen with his family: wife, Jamie, and son, Cole Jayme (1).

COACHING STAFF



## Erica Keus

Assistant Coach ♦ 1st Season At SDSU ♦ San Diego State '04

**Full Given Name**  
Erica Martha Keus

**Current Residence**  
Carlsbad, Calif.

**Education**  
B.S. - sociology  
(SDSU, 2004)

**Marital Status**  
Single

**Club Coaching Experience**  
2001-05  
Carlsbad Lightning  
Soccer Club  
Girls U-19, U-18, U-14,  
U-9, U-8

**Playing Experience**  
1999-00  
San Diego State

Erica Keus begins her first season as an assistant coach at San Diego State. Keus, who has coached different levels ranging from club to high school soccer, will work with the goalkeepers in 2005.

Keus, a 2004 SDSU graduate with a degree in sociology, comes to The Mesa after spending five years coaching for the Carlsbad Lightning Soccer Club. While at Carlsbad, she led the Lightning to the 2003 Presidio U-19 League championship, garnering coach of the year honors in the process. Keus also coached the U-18, U-14, U-9 and U-8 teams.

The Carlsbad, Calif., native also coached junior varsity girls soccer at La Costa Canyon High School during the 2002-03 seasons, leading the Mavericks to consecutive undefeated campaigns and league titles. Keus was an assistant coach for the varsity Mavs and was a 2004 assistant for Carlsbad High School.

Keus, who holds a national "D" coaching license, played two seasons for the Aztecs (1999-00), before a back injury sidelined her from seeing any more action.

Prior to attending SDSU, Keus competed for the Leucadia Lightning club team which finished second at the 1998 CYSA-South State Cup and advanced to the quarterfinals in 1999.

Keus also earned letters in basketball, softball, volleyball and track and field for Carlsbad High School. As a senior, she received second-team all-Avocado League accolades in basketball, and was named the squad's most valuable player and best defender. She also was named the team's most inspirational player for basketball after her junior season and most valuable player for the softball squad her sophomore year. A shot putter on the track and field team, Keus was third at the 1999 Avocado League championships.

Keus is currently working on her master's degree in marriage, family and child therapy at the University of Phoenix. She is single and resides in Carlsbad, Calif.

# MISSION STATEMENT



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## AZTEC WOMEN'S SOCCER

COACHING STAFF

1. We put our teammate's needs above our own. We always ask, "What is best for the team?"
2. We are a team that loves each other. Love assumes the best, so we assume the best about our teammates. Love takes time, and so we are committed to really getting to know each other both on and off the field.
3. Keep company with those who make you better. This is true of us as a team - we strive to make each other better athletically, academically, socially and emotionally.
4. We strive to respect the differences we have in our personalities, likes and dislikes, etc. Each of us recognizes that the world would be a dull place if everyone was just like me.
5. We live with the end in mind.
6. We dream dreams for this team that are beyond anything we have ever seen. No matter how great our team experiences have been in the past, we know that with the right attitude and with the necessary effort, this team can become something none of us have ever experienced before.

