

SDSU Women's Crew



This Week: April 16, Miller Cup Regatta, La Balonia Creek--Marina Del Rey, Calif., 7 a.m.

2004-05 Schedule

Date	Event
Oct. 24	Head of the Charles Regatta
Oct. 30	SDSU Alumni/Family Fun Day
Oct. 31	San Diego Row for Cure
Nov. 7	Newport Rowing Festival
Nov. 14	San Diego Fall Classic
Mar. 5	Parker Cup Regatta
Apr. 2-	San Diego Crew Classic
Apr. 3	San Diego Crew Classic
Apr. 9	San Diego City Championships
Apr. 9-	Windermere Cup (Lightweights)
Apr. 10	Windermere Cup (Lightweights)
Apr. 16	Miller Cup Regatta
Apr. 30-	W.I.R.A. Championship Heats
May 1	W.I.R.A. Championship Heats
May 14	Pacific Coast Rowing Champs.
May 15	Pac-10 Rowing Championships
May 27-	NCAA Championships
May 29	NCAA Championships
Jun. 2-	IRA Regatta
Jun. 4	IRA Regatta

This Weekend's Lineup

Varsity 8	
Cox	Alison Abrams
Stroke	Mia Lysen
Seven	Sarah McKillip
Six	Brittany McMahan
Five	Ashley Paiko
Four	Katie Heisinger
Three	Nancy Balt
Two	Amanda Briggs
Bow	Audrey Edney
Junior Varsity 8	
Cox	Aileen Gonzales
Stroke	Michelle Rusin
Seven	Crissy Van Meter
Six	Kristen Olson
Five	Caitlin Weber
Four	Terra Mack
Three	Vanesa Meses
Two	Adora Salvati
Bow	Theresa Goody
Novice 8	
Cox	Raelyn Drury
Stroke	Jessica Hays
Seven	Tashina Vavuris
Six	Jen Duche
Five	Kelly Olsen
Four	Kelly Rutherford
Three	Rachael Brockett
Two	Katie Murray
Bow	Christine Dickson
Varsity 4	
Cox	Johnna Trabucco
Stroke	Stephanie Loutas
Seven	Korina Tonne
Six	Jenny Haught
Five	Erin Fouche

SDSU Crew to Row in Miller Cup Regatta

• The San Diego State women's crew team will compete in the Miller Cup Regatta at La Balonia Creek in Marina Del Rey, Calif., on Saturday. Competition begins at 7 a.m. with the final race scheduled to commence at 10 a.m. All races are 1,750 meters.

• SDSU will send four boats: varsity four, novice eight, junior varsity eight and varsity eight. There are two heats in each event with the heat winner and next fastest time advancing to the grand final with petite finals also being held in each event.

Rewind: Windermere Cup

• The San Diego State lightweight crew competed in the Windermere Collegiate Crew Classic at Redwood Shores, Calif., last weekend. The Windermere Cup featured Henley style racing, a one-on-one or a two-boat race used for competition at the famous Henley Royal Regatta in Henley-on-Thames, England.

After the host Stanford Cardinal (7 minutes, 5.83 seconds) defeated the Aztecs (7:16.59) earlier on Saturday morning, the boat, consisting of senior Amanda Bremseth, juniors Vanessa Kenley, Coby Vandenberg and Rachael Vrooman, and sophomores Jenny Allen, Caitlin Carrion (coxswain), Deidra Little, Ashley Pfohl and Lynda Shuker, bounced back to defeat California in its final race of the day. SDSU raced to a time of 7:27.88, almost 11 seconds ahead of the Golden Bears (7:38.81).

On Sunday, Wisconsin (6:42.33) led by six seconds after the first split and never looked back to win the race over the Aztecs (7:13.64).

The San Diego City Championships, which would have featured the SDSU varsity, junior varsity and novice eight boats, and the varsity and novice four boats, were cancelled on Saturday due to high winds and unsafe conditions. However, the three schools - SDSU, USD and UCSD - will compete in a scrimmage versus each other on Tuesday morning.

• 2005 Windermere Cup Results

Lightweight Eight

Race I: Stanford - 7:05.83, San Diego State - 7:16.59

Race II: San Diego State - 7:27.88, California - 7:38.81.

Race III: Wisconsin - 6:42.33, San Diego State - 7:13.64

A Look Back: 2004 Miller Cup Regatta

• Last year at the Miller Cup Regatta, the novice eight boat fell just short of UCLA in the grand final, 6:48.3-6:51.8. The junior varsity eight also placed second to the Bruins in the grand final, 6:42.2 to 6:56.3, but did outpace Loyola Marymount (6:58.7). The novice four boat, racing as a varsity boat, won the petite final to finish fourth overall. The varsity eight boat was second in their heat but had to scratch out of the petite final due to injury. All races were 1,750 meters in length.

• 2004 Miller Cup Regatta Results

Varsity Four Heat

UCLA - 7:45.3, SDSU - 8:11.6, Loyola Marymount - 8:23.0

Varsity Four Petite Final

SDSU - 8:28.4, UC Irvine - 8:38.2, Loyola Marymount - 8:46.8

Novice Eight Heat

SDSU - 7:09.6, San Diego - 7:32.8

Novice Eight Grand Final

UCLA - 6:48.3, SDSU - 6:51.8, Orange Coast College - 7:18.6

Junior Varsity Eight Heat

SDSU - 6:53.0, Loyola Marymount - 6:55.4

Junior Varsity Grand Final

UCLA - 6:42.2, SDSU - 6:56.3, Loyola Marymount - 6:58.7

Varsity Eight Heat

Loyola Marymount - 6:33.1, SDSU - 6:49.4, UC Irvine - 6:57.0 (Aztecs then scratched out of petite final due to injury)

2004-05 Roster

Athlete	Position	Yr.	Ht.
Alli Abrams	Coxswain	Sr.	5-4
Jenny Allen	Starboard	So.	5-6
Beth Alvarez	Starboard	Jr.	5-11
Kristen Anderson	Starboard	Jr.	5-8
Nancy Balt	Starboard	So.	5-9
Amanda Bremseth	Port	Sr.	5-8
Amanda Briggs	Port	Jr.	5-8
Rachael Brockett	Starboard	Jr.	5-7
Corey Bruckschlager	Starboard	Fr.	5-7
Caitlin Carrion	Coxswain	So.	5-3
Kirsten Contino	Port	Fr.	5-9
Christine Dickson	Starboard	Fr.	5-6
Kaitlin Drake	Port	So.	5-8
Raelyn Drury	Coxswain	Fr.	5-1
Jennifer Duche	Port	Jr.	5-8
Audrey Edney	Starboard	Jr.	5-6
Allison Fitzgerald	Coxswain	Fr.	5-2
Erin Fouche	Port/Starboard	Jr.	5-6
Stephanie Gomez	Starboard	Jr.	5-5
Aileen Gonzales	Coxswain	So.	4-10
Theresa Goody	Starboard	So.	5-8
Jenny Haught	Port	So.	5-6
Jessica Hays	Port	Fr.	5-11
Katie Heisinger	Port	So.	5-9
Katherine Hunt	Port	So.	5-10
Vanessa Kenley	Starboard	Jr.	5-6
Becca Koenig	Starboard	Jr.	5-7
Marcy Lacaille	Port	Sr.	6-0
Evelyne Lambrecht	Port	So.	5-9
Deidra Little	Starboard	So.	5-5
Stephanie Loutas	Port	Jr.	6-0
Mia Lysen	Port	So.	5-10
Christy McDonald	Port/Starboard	So.	5-8
Sarah McKillip	Starboard	Sr.	5-10
Brittany McMahan	Port	Sr.	6-0
Terra Meck	Starboard	Fr.	6-2
Vanesa Meses	Starboard	Sr.	5-6
Nicole Mullineaux	Port/Starboard	Fr.	6-3
Katie Murray	Port	Fr.	5-6
Kelly Olsen	Starboard	Fr.	5-9
Kristen Olson	Starboard	Sr.	5-11
Ashley Paiko	Starboard	Sr.	6-0
Ashley Pfohl	Starboard	So.	5-9
Michelle Rusin	Starboard	Fr.	5-7
Kelly Rutherford	Port	Fr.	5-9
Rachel Saldivar	Port	Sr.	5-9
Adora Salvati	Starboard	Sr.	5-6
Jennifer Schadler	Coxswain	Fr.	5-3
Lynda Shuker	Port	So.	5-6
Emily Spikell	Port	Fr.	5-7
Korina Tonne	Starboard	Jr.	5-4
Johnna Trabucco	Coxswain	Sr.	4-9
Kelly Tuveson	Port	Jr.	5-9
Christine Van Meter	Port	Jr.	6-0
Coby Vandenberg	Port	Jr.	5-6
Tashina Vavuris	Starboard	Fr.	5-9
Rachael Vrooman	Starboard/Port	Jr.	5-3
Maryann Wahhab	Starboard	Sr.	5-8
Caitlin Weber	Starboard/Port	So.	5-9
Taylor Weirick	Starboard	Fr.	5-9
Rachel Young	Port	Jr.	6-0

Head Coach: Jennifer Zebroski, second season

Assistant Coaches: Colin Truex, third season;
Alicia Stuebner, second season