



2016 SAN DIEGO STATE TRACK & FIELD

2016 SDSU Outdoor Schedule/Results

March		
12	San Diego Collegiate Challenge	2nd/6; 110 pts.
18-19	Trojan Invitational	NTS
19	Ross & Sharon Irwin Collegiate Challenge	NTS
24-26	38th Annual Aztec Invitational	NTS
April		
2	California Collegiate Invitational	1st/12; 178.5 pts.
13-14	California Invitational Heptathlon	NTS
14-15	Bryan Clay Invitational	NTS
22-23	Triton Invitational	NTS
29-30	adidas/Steve Scott Invitational	NTS
30	Payton Jordan Invitational	NTS
May		
7	Oxy Invitational	NTS
11-14	MW Outdoor Championships	2nd/11; 156 pts.
26-28	NCAA Prelims - West Regionals	NTS
June		
8-11	NCAA Outdoor Championships	Eugene, Ore.

Athlete Roster

Name	Events	Yr.	Hometown
Je'Neal Ainsworth	Hurdles/Jumps	Fr.	Long Beach, Calif.
Rachel Alesi	Throws	Jr.	El Cajon, Calif.
Micha Auzenne	Sprints/Hurdles	Jr.	East Palo Alto, Calif.
Lisa-Anne Barrow	Hurdles/Jumps	Fr.	Hyattsville, Md.
Marissa Berry	Pole Vault	Fr.	Kennewick, Wash.
Sierra Brabham-Lawrence	Hurdles/Jumps	Fr.	Harrisburg, Pa.
Jazmen Bunch	Sprints	So.	Fresno, Calif.
Sara Curran	Pole Vault	Fr.	Redondo Beach, Calif.
Anushi Desai	Throws	Fr.	Mumbai, India
Victoria Dickerson	Throws	Sr.	Vacaville, Calif.
Bonnie Draxler	Pole Vault	So.	Wrightstown, Wis.
Kassidy Ellis	Multi's	Sr.	Bakersfield, Calif.
Alexa Evans	Throws	Sr.	San Diego, Calif.
Janice George	Sprints	Jr.	Bowie, Md.
Madison Gipson	Sprints/Hurdles	Jr.	Sydney, Australia
Simone Glenn	Sprints	So.	Atlanta, Ga.
Ellison Grove	Mid-Distance	So.	Catharpin, Va.
Grace Hanshaw	Distance	Sr.	San Diego, Calif.
Lakin Hatcher	Sprints	Fr.	Woodstock, Md.
Ashley Henderson	Sprints	So.	St. Louis, Mo.
Courtney Jackson	Pole Vault	So.	Ramona, Calif.
Renetia James	Sprints	Sr.	Carson, Calif.
Cali King	Mid-Dist./Dist.	Jr.	La Crescenta, Calif.
Tyra Lea	Sprints	Jr.	Raleigh, N.C.
Freja Liljedahl	Throws	Jr.	Gavle, Sweden
Katherine Magill	Pole Vault	Jr.	Grass Valley, Calif.
Lily Mayko	Hurdles/Distance	Sr.	Portland, Ore.
Coryne McKenney	Throws	Fr.	Clovis, Calif.
Jelena McNown	Jumps	Fr.	Murrieta, Calif.
Kira Moreland	Jumps	Jr.	Fontana, Calif.
Julia Newton	Pole Vault	Fr.	Burbank, Calif.
Elaine Ribeiro	Mid-Dist./Dist.	Jr.	La Mesa, Calif.
Courtney Robinson	Sprints/Hurdles	Jr.	Las Vegas, Nev.
Rachel Roesgen	Mid-Distance	Sr.	Coto de Caza, Calif.
Hannah Sawatzki	Distance	Sr.	San Diego, Calif.
Lily Seynaeve	Distance	So.	Corona, Calif.
Starlynn Singleton	Sprints/Jumps	Jr.	Murrieta, Calif.
Karen Snapper	Pole Vault	Sr.	Huntington Beach, Calif.
Karsen Sper	Multi's	Sr.	Camarillo, Calif.
Cassidy Towner	Distance	So.	Placentia, Calif.
Jasmine Young	Sprints	So.	San Diego, Calif.

Coaches

Shelia Burrell - Head Coach - Multi-Events/Hurdles/Jumps
 Michelle Freeman - Assistant Coach - Sprints/Hurdles
 Greg Garza - Assistant Coach/Director of Operations - Throws
Volunteers - Rich Fox (Pole Vault), Karola Varga (Mid-Distance/Distance), Alrick Munroe (Sprints/Jumps), Allison Reaser (Multi-Events)

Meet Week Preview

at NCAA Championships
 Wednesday-Saturday, June 8-11, 2016 | Hayward Field | Eugene, Ore.

No. 23 Aztecs Set for NCAA Championships in Eugene

The 23rd-ranked San Diego State track and field team is set for the NCAA Outdoor Championships this weekend in Eugene, Ore., at historic Hayward Field. The six Aztecs who qualified for the meet are set to compete in the semifinals on Thursday (June 9) and the finals on Saturday (June 11).

SDSU's six qualifiers are the program's most since 2004 (also six athletes), led by sophomore Ashley Henderson (St. Louis) in the 100, 200 and 4x100. The qualifiers include junior Micha Auzenne (East Palo Alto, Calif.) in the 100 hurdles and 4x100, sophomore Simone Glenn (Atlanta) and junior Starlynn Singleton (Murrieta, Calif.) in the 4x100, and junior Rachel Alesi (El Cajon, Calif./Christian HS) and senior Alexa Evans (San Diego/West Hills HS) in the discus throw.

Each of the aforementioned athletes qualified for the meet for the first time after finishing among the top 12 in their respective events at the NCAA West Prelims in Lawrence, Kan., from May 26-28.

San Diego State will be looking for its fourth top-25 team finish in five years.

The four semifinal events for the Aztecs kick off on Thursday at 4:32 p.m. PT with the 4x100, followed by the 100 hurdles (5:32 p.m. PT), 100 (5:46 p.m. PT) and the 200 (6:44 p.m. PT). Each event will consist of three heats with the top-two finishers in each heat plus the next two-fastest times advancing to Saturday's final. Should SDSU advance, the final events will take place at 3:32 p.m. PT with the 4x100, 4:12 p.m. PT with the 100 hurdles, 4:22 p.m. PT with the 100 and 5:07 p.m. PT with the 200. The discus throw, meanwhile, starts at 3:05 p.m. PT Saturday.

Both the semifinals on Thursday and the finals on Saturday will be broadcast live on ESPN, while live results will be available at GoAztecs.com. Both links (webcast and live results) are also posted on GoAztecs.com.

Below is a list of SDSU's qualifiers, seeds and heat assignments, and schedule for the weekend.

2016 NCAA Outdoor Track and Field Championships

Hayward Field | Eugene, Ore. | Univ. of Oregon
 June 8-11 (SDSU competes on June 9 and June 11)
 (Top 8 in each event score)

100 Meters

4. Ashley Henderson - 11.30 (Heat 1)
(Semifinals - 5:46 p.m. PT Thursday: Three heats - Top 2 from each heat advance to finals, plus next 2 fastest times)
(Finals - 4:22 p.m. PT Saturday)

200 Meters

15. Ashley Henderson - 22.82 (Heat 2)
(Semifinals - 6:44 p.m. PT Thursday: Three heats - Top 2 from each heat advance to finals, plus next 2 fastest times)
(Finals - 5:07 p.m. PT Saturday)

100 Hurdles

22. Micha Auzenne - 13.27 (Heat 3)
(Semifinals - 5:32 p.m. PT Thursday: Three heats - Top 2 from each heat advance to finals, plus next 2 fastest times)
(Finals - 4:12 p.m. PT Saturday)

NCAA Championship Notes

San Diego State is ranked 23rd in the final USTFCCA poll, the first time that the Aztecs have been ranked all season (SDSU was 92nd in the preseason poll) ... San Diego State tied for ninth in 2012 (21 points), tied for 23rd in 2013 (11) and tied for 12th in 2014 (18) ... The Aztecs' best ever finish at the championship meet is ninth (1985 and 2012) ... SDSU has won seven individual national titles in program history, including four (Shanieka Thomas - 2013-14 outdoor triple jump, 2014 indoor triple jump; Whitney Ashley - 2012 outdoor discus throw) under head coach Shelia Burrell since she took over in 2009 ... Henderson is the first San Diego State qualifier in the 100 since Karoline Koehler in 2009 and the first in the 200 since Sherraine Pencil in 2008 ... She's also the first to double in both events since Shana Solomon in 2007 ... Auzenne is the Aztecs' first 100-hurdle qualifier since Briana Johnson in 2008 ... SDSU qualified its first 4x100 team since 2009 ... San Diego State has multiple discus throw qualifiers under Burrell for the first time, but now five since 2011 (also Ashley in 2011-12 and Jasmine Burrell (no relation) in 2014).

4x100-Meter Relay

12. San Diego State (Starlynn Singleton, Simone Glenn, Micha Auzenne, Ashley Henderson) - 44.43 (Heat 1)
(Semifinals - 4:32 p.m. PT Thursday: Three heats - Top 2 from each heat advance to finals, plus next 2 fastest times)
(Finals - 3:32 p.m. PT Saturday)

Discus Throw

6. Alexa Evans - 185-03 (56.46m) (Flight 2)
 12. Rachel Alesi - 180-04 (54.98m) (Flight 1)
(Finals - 3:05 p.m. PT Saturday: Top 9 after 3 throws get 3 more attempts)

2016 SDSU INDOOR TRACK & FIELD PERFORMANCE LIST (as of May 31)

60 METERS

School Record: 7.32 (Micha Auzenne, 2016)

Time	Athlete	Place	Notes	Meet	Date
7.32	Micha Auzenne	1st	Prelims; school record; Alt.	MW Champs	Feb. 26
7.33	Micha Auzenne	1st	Finals; Altitude	MW Champs	Feb. 27
7.35	Ashley Henderson	2nd	Prelims; 3rd all-time; Alt.	MW Champs	Feb. 26
7.40	Micha Auzenne	1st	Altitude	NAU Challenge	Jan. 16
7.41	Ashley Henderson	5th	Prelims; Altitude	Don Kirby Elite	Feb. 12
7.42	Ashley Henderson	1st	Finals	UW Invitational	Jan. 30
7.43	Ashley Henderson	5th	Semifinals; Altitude	Don Kirby Elite	Feb. 13
7.44	Ashley Henderson	6th	Finals; Altitude	Don Kirby Elite	Feb. 13
7.46	Ashley Henderson	4th	Finals; Altitude	MW Champs	Feb. 27
7.50	Ashley Henderson	1st	Prelims	UW Invitational	Jan. 30
7.54	Simone Glenn	7th	Prelims; 10th all-time; Alt.	MW Champs	Feb. 26
7.57	Jazmen Bunch	8th	Prelims; 10th all-time; Alt.	MW Champs	Feb. 26
7.61	Jazmen Bunch	25th	Prelims; Altitude	Don Kirby Elite	Feb. 12
7.61	Simone Glenn	26th	Prelims; Altitude	Don Kirby Elite	Feb. 12
7.61	Jazmen Bunch	4th	Qualifying prelims	UW Invitational	Jan. 30
7.62	Jazmen Bunch	7th	Finals; Altitude	MW Champs	Feb. 27
7.62	Simone Glenn	7th	Finals	UW Invitational	Jan. 30
7.62	Simone Glenn	5th	Qualifying prelims	UW Invitational	Jan. 30
7.64	Simone Glenn	8th	Finals; Altitude	MW Champs	Feb. 27
7.65	Simone Glenn	8th	Prelims	UW Invitational	Jan. 30
7.65	Jazmen Bunch	5th	Altitude	NAU Challenge	Jan. 16
7.66	Jazmen Bunch	10th	Prelims	UW Invitational	Jan. 30
7.70	Courtney Robinson	18th	Prelims; Altitude	MW Champs	Feb. 26
7.70	Sierra Brabham-Lawrence	9th	Altitude	NAU Challenge	Jan. 16
7.76	Courtney Robinson	39th	Prelims; Altitude	Don Kirby Elite	Feb. 12
7.79	Sierra Brabham-Lawrence	20th	Prelims; Altitude	MW Champs	Feb. 26
7.80	Sierra Brabham-Lawrence	45th	Prelims; Altitude	Don Kirby Elite	Feb. 12
7.83	Starlynn Singleton	49th	Prelims; Altitude	Don Kirby Elite	Feb. 12
8.32	Je'Neal Ainsworth	35th	Altitude	NAU Challenge	Jan. 16

200 METERS

School Record: 23.44 (Ashley Henderson, 2016)

Time	Athlete	Place	Notes	Meet	Date
23.44	Ashley Henderson	1st	Finals; school record; Alt.	MW Champs	Feb. 27
23.77	Ashley Henderson	7th	Altitude	Don Kirby Elite	Feb. 12
23.84	Simone Glenn	3rd	Finals; T-4th all-time; Alt.	MW Champs	Feb. 27
23.86	Simone Glenn	1st	Prelims; Alt.	MW Champs	Feb. 26
24.06	Ashley Henderson	4th	Prelims; Altitude	MW Champs	Feb. 26
24.18	Jazmen Bunch	6th	Finals; Altitude	MW Champs	Feb. 27
24.19	Ashley Henderson	1st		UW Invitational	Jan. 29
24.24	Jazmen Bunch	15th	Altitude	Don Kirby Elite	Feb. 12
24.46	Jazmen Bunch	6th	Prelims; Altitude	MW Champs	Feb. 26
24.47	Simone Glenn	25th	Altitude	Don Kirby Elite	Feb. 12
24.61	Tyra Lea	9th	Prelims; Altitude	MW Champs	Feb. 26
24.64	Tyra Lea	30th	Altitude	Don Kirby Elite	Feb. 12
24.84	Lisa-Anne Barrow	14th	Prelims; Altitude	MW Champs	Feb. 26
25.09	Jazmen Bunch	12th		UW Invitational	Jan. 29
25.12	Lakin Hatcher	18th	Prelims; Altitude	MW Champs	Feb. 26
25.19	Tyra Lea	13th		UW Invitational	Jan. 29
25.21	Madison Gipson	4th	Altitude	NAU Challenge	Jan. 16
25.36	Lakin Hatcher	53rd	Altitude	Don Kirby Elite	Feb. 12
25.67	Lisa-Anne Barrow	62nd	Altitude	Don Kirby Elite	Feb. 12
25.94	Lakin Hatcher	35th		UW Invitational	Jan. 29
26.56	Kassidy Ellis	82nd	Altitude	Don Kirby Elite	Feb. 12
26.95	Karsen Sper	86th	Altitude	Don Kirby Elite	Feb. 12

400 METERS

School Record: 53.51 (Tonette Dyer, 2003)

Time	Athlete	Place	Notes	Meet	Date
55.85	Tyra Lea	10th	Prelims; Altitude	MW Champs	Feb. 26
56.06	Tyra Lea	33rd	Altitude	Don Kirby Elite	Feb. 13
56.26	Tyra Lea	6th		UW Invitational	Jan. 30
56.50	Madison Gipson	39th	Altitude	Don Kirby Elite	Feb. 13
56.65	Madison Gipson	7th		UW Invitational	Jan. 30
56.73	Madison Gipson	13th	Prelims; Altitude	MW Champs	Feb. 26
56.73	Tyra Lea	10th	Altitude	NAU Challenge	Jan. 16
57.03	Lakin Hatcher	47th	Altitude	Don Kirby Elite	Feb. 13
57.45	Lakin Hatcher	17th	Prelims; Altitude	MW Champs	Feb. 26
58.56	Lakin Hatcher	21st	Altitude	NAU Challenge	Jan. 16

1:02.34	Lisa-Anne Barrow	82nd	Altitude	Don Kirby Elite	Feb. 13
1:02.47	Jasmine Young	31st	Altitude	NAU Challenge	Jan. 16

800 METERS

School Record: 2:09.67 (Elison Grove, 2016)

Time	Athlete	Place	Notes	Meet	Date
2:09.67	Elison Grove	3rd	Altitude; school record	Don Kirby Elite	Feb. 13
2:10.54	Elison Grove	6th	Finals; Altitude	MW Champs	Feb. 27
2:10.95	Elison Grove	6th	Prelims; Altitude	MW Champs	Feb. 26
2:11.04	Elison Grove	13th		UW Invitational	Jan. 30
2:27.61	Kassidy Ellis	9th	Pen.; Altitude	MW Champs	Feb. 25
2:29.05	Kassidy Ellis	19th	Pentathlon	UW Invitational	Jan. 29
2:29.74	Karsen Sper	11th	Pen.; Altitude	MW Champs	Feb. 25
2:39.56	Jelena McNown	15th	Pen.; Altitude	MW Champs	Feb. 25
2:41.69	Jelena McNown	28th	Pentathlon	UW Invitational	Jan. 29

MILE

School Record: 5:01.00 (Chelsea Kruthers, 2014)

Time	Athlete	Place	Notes	Meet	Date
5:08.74	Elaine Ribeiro	14th	Prelims; Altitude	MW Champs	Feb. 26
5:08.94	Elaine Ribeiro	10th	Altitude	Don Kirby Elite	Feb. 13
5:31.82	Lily Seynaeve	20th	Prelims; Altitude	MW Champs	Feb. 26

3,000 METERS

School Record: 9:44.80 (Marie Nilsson, 2004)

Time	Athlete	Place	Notes	Meet	Date
10:08.70	Elaine Ribeiro	24th		UW Invitational	Jan. 30
10:15.21	Cassidy Towner	31st	4th all-time	UW Invitational	Jan. 30
10:19.36	Lily Seynaeve	32nd	5th all-time	UW Invitational	Jan. 30
10:31.33	Rachel Roesgen	35th	8th all-time	UW Invitational	Jan. 30

60-METER HURDLES

School Record: 8.18 (Micha Auzenne, 2016)

Time	Athlete	Place	Notes	Meet	Date
8.18	Micha Auzenne	1st	Finals; school record; Alt.	MW Champs	Feb. 27
8.28	Micha Auzenne	1st	Altitude	NAU Challenge	Jan. 16
8.29	Sierra Brabham-Lawrence	2nd	Finals; T-4th all-time; Alt.	MW Champs	Feb. 27
8.35	Sierra Brabham-Lawrence	6th	Prelims; Altitude	Don Kirby Elite	Feb. 12
8.38	Micha Auzenne	1st	Prelims; Altitude	MW Champs	Feb. 26
8.43	Sierra Brabham-Lawrence	2nd	Finals	UW Invitational	Jan. 30
8.45	Sierra Brabham-Lawrence	2nd	Prelims; Altitude	MW Champs	Feb. 26
8.45	Sierra Brabham-Lawrence	2nd	Altitude	NAU Challenge	Jan. 16
8.47	Madison Gipson	4th	Finals; 9th all-time; Alt.	MW Champs	Feb. 27
8.48	Sierra Brabham-Lawrence	5th	Prelims	UW Invitational	Jan. 30
8.55	Madison Gipson	4th	Prelims; Altitude	MW Champs	Feb. 26
8.58	Kassidy Ellis	6th	Finals; Altitude	MW Champs	Feb. 27
8.58	Madison Gipson	9th	Prelims	UW Invitational	Jan. 30
8.61	Madison Gipson	4th	Prelims; Altitude	NAU Challenge	Jan. 16
8.62	Madison Gipson	22nd	Prelims	Don Kirby Elite	Feb. 12
8.65	Kassidy Ellis	1st	Pen.; Altitude	MW Champs	Feb. 25
8.66	Kassidy Ellis	8th	Prelims; Altitude	MW Champs	Feb. 26
8.75	Kassidy Ellis	8th	Altitude	NAU Challenge	Jan. 16
8.81	Sierra Brabham-Lawrence	16th	Semifinals; Altitude	Don Kirby Elite	Feb. 13
8.83	Madison Gipson	5th	Qualifying prelims	UW Invitational	Jan. 30
8.85	Courtney Robinson	13th	Prelims; Altitude	MW Champs	Feb. 26
8.88	Kassidy Ellis	7th	Pentathlon	UW Invitational	Jan. 29
8.90	Kassidy Ellis	37th	Prelims; Altitude	Don Kirby Elite	Feb. 12
8.91	Kassidy Ellis	14th	Prelims	UW Invitational	Jan. 30
8.94	Karsen Sper	7th	Pen.; Altitude	MW Champs	Feb. 25
9.01	Kassidy Ellis	11th	Qualifying prelims	UW Invitational	Jan. 30
9.04	Courtney Robinson	44th	Prelims; Altitude	Don Kirby Elite	Feb. 12
9.20	Karsen Sper	51st	Prelims; Altitude	Don Kirby Elite	Feb. 12
9.14	Jelena McNown	10th	Pen.; Altitude	MW Champs	Feb. 25
9.33	Jelena McNown	18th	Pentathlon	UW Invitational	Jan. 29
9.42	Jelena McNown	21st	Altitude	NAU Challenge	Jan. 16

2016 SDSU INDOOR TRACK & FIELD PERFORMANCE LIST (as of May 31)

4x400-METER RELAY

School Record: 3:41.55 (Stone, Pencil, Chapu, Upuu, 2007)

Time	Team	Place	Notes	Meet	Date
3:43.44	Auzenne, Gipson, Glenn, Lea	4th	3rd all-time; Altitude	MW Champs	Feb. 27
3:48.47	Hatcher, Gipson, Barrow, Lea	2nd		UW Invitational	Jan. 30
3:51.54	Brabham-Lawrence, Gipson, Hatcher, Lea	4th	Altitude	NAU Challenge	Jan. 16

DISTANCE MEDLEY RELAY

School Record: 12:05.71 (Gammage, Toatley, Kruthers, Roesgen, 2014)

Time	Team	Place	Notes	Meet	Date
12:06.14	Roesgen, Barrow, Grove, Ribeiro	7th	2nd all-time	UW Invitational	Jan. 29

HIGH JUMP

School Record: 5-08.00 (Aja Frary, 1999; Marla Runyan, 1992)

Mark	Athlete	Place	Notes	Meet	Date
5-04.50	Jelena McNown	8th	Pentathlon	UW Invitational	Jan. 29
5-03.25	Kassidy Ellis	12th	Pentathlon	UW Invitational	Jan. 29
5-03.00	Jelena McNown	6th		NAU Challenge	Jan. 16
5-02.50	Jelena McNown	18th		MW Champs	Feb. 27
5-02.50	Jelena McNown	10th	Pentathlon	MW Champs	Feb. 25
5-00.25	Karsen Sper	T-12th	Pentathlon	MW Champs	Feb. 25
5-00.25	Kassidy Ellis	T-12th	Pentathlon	MW Champs	Feb. 25
4-11.00	Kassidy Ellis	8th		NAU Challenge	Jan. 16

POLE VAULT

School Record: 14-01.25 (Stephanie James, 2010)

Mark	Athlete	Place	Notes	Meet	Date
13-09.25	Bonnie Draxler	1st	6th all-time	MW Champs	Feb. 26
13-08.25	Bonnie Draxler	4th		Don Kirby Elite	Feb. 13
13-03.50	Bonnie Draxler	2nd	College 1	National PV Summit	Jan. 16
13-01.50	Marissa Berry	3rd	9th all-time	MW Champs	Feb. 26
13-00.25	Bonnie Draxler	5th		UW Invitational	Jan. 30
12-10.25	Marissa Berry	8th		Don Kirby Elite	Feb. 13
12-06.25	Marissa Berry	6h		UW Invitational	Jan. 30
12-04.50	Karen Snapper	15th		Don Kirby Elite	Feb. 13
12-01.50	Karen Snapper	9th		MW Champs	Feb. 26
12-01.50	Marissa Berry	8th	College 1	National PV Summit	Jan. 16
11-05.75	Karen Snapper	12th	College 1	National PV Summit	Jan. 16
11-05.75	Sara Curran	1st	College 4	National PV Summit	Jan. 16
10-10-00	Katherine Magill	9th	College 3	National PV Summit	Jan. 16
10-00.00	Julia Newton	6th	College 4	National PV Summit	Jan. 16
NH	Courtney Jackson	--	College 3	National PV Summit	Jan. 16

LONG JUMP

School Record: 21-07.50 (Karoline Koehler, 2010)

Mark	Athlete	Place	Notes	Meet	Date
19-00.75	Kassidy Ellis	1st	Pentathlon	MW Champs	Feb. 25
18-10.75	Kassidy Ellis	3rd		MW Champs	Feb. 26
18-08.50	Lisa-Anne Barrow	5th		MW Champs	Feb. 26
18-07.25	Lisa-Anne Barrow	4th		UW Invitational	Jan. 30
18-04.50	Kassidy Ellis	4th	Pentathlon	UW Invitational	Jan. 29
18-04.25	Jelena McNown	8th		MW Champs	Feb. 25
18-04.25	Jelena McNown	4th	Pentathlon	MW Champs	Feb. 25
18-02.50	Jelena McNown	5th		NAU Challenge	Jan. 16
18-01.50	Jelena McNown	6th	Pentathlon	UW Invitational	Jan. 29
16-05.75	Karsen Sper	14th	Pentathlon	MW Champs	Feb. 25
ND	Karsen Sper	--		Don Kirby Elite	Feb. 12
ND	Lisa-Anne Barrow	--		Don Kirby Elite	Feb. 12
ND	Kassidy Ellis	--		Don Kirby Elite	Feb. 12

TRIPLE JUMP

School Record: 46-02.50 (Shanieka Thomas, 2013)

Mark	Athlete	Place	Notes	Meet	Date
39-07.75	Je'Neal Ainsworth	6th	8th all-time	UW Invitational	Jan. 30
39-07.25	Je'Neal Ainsworth	7th		MW Champs	Feb. 27
38-09.50	Je'Neal Ainsworth	19th		Don Kirby Elite	Feb. 13
38-04.00	Je'Neal Ainsworth	5th		NAU Challenge	Jan. 16
Foul	Starlynn Singleton	--		Don Kirby Elite	Feb. 13

SHOT PUT

School Record: 55-07.50 (Whitney Ashley, 2012)

Mark	Athlete	Place	Notes	Meet	Date
44-00.50	Alexa Evans	11th	9th all-time	NAU Challenge	Jan. 16
43-11.75	Alexa Evans	11th		UW Invitational	Jan. 30
43-04.25	Rachel Alesi	12th		NAU Challenge	Jan. 16
40-10.50	Rachel Alesi	14th		MW Champs	Feb. 27
34-07.75	Kassidy Ellis	14th	Pentathlon	UW Invitational	Jan. 29
34-04.00	Kassidy Ellis	18th		NAU Challenge	Jan. 16
33-01.75	Kassidy Ellis	10th	Pentathlon	MW Championships	Feb. 25
31-03.00	Karsen Sper	13th	Pentathlon	MW Championships	Feb. 25
27-09.50	Jelena McNown	29th	Pentathlon	UW Invitational	Jan. 29
27-06.50	Jelena McNown	16th	Pentathlon	MW Championships	Feb. 25
Foul	Rachel Alesi	--		UW Invitational	Jan. 30

WEIGHT THROW

School Record: 68-01.00 (Jasmine Burrell, 2014)

Mark	Athlete	Place	Notes	Meet	Date
50-09.50	Alexa Evans	16th	9th all-time	UW Invitational	Jan. 29
49-02.50	Victoria Dickerson	13th		NAU Challenge	Jan. 16
46-11.50	Freja Liljedahl	14th		NAU Challenge	Jan. 16
46-04.75	Alexa Evans	15th		NAU Challenge	Jan. 16

PENTATHLON

School Record: 4,145 (Allison Reaser, 2014)

Mark	Athlete	Place	Notes	Meet	Date
3,690	Kassidy Ellis	4th	6th all-time	MW Championships	Feb. 25
3,682	Kassidy Ellis	8th		UW Invitational	Jan. 29
3,336	Karsen Sper	13th		MW Championships	Feb. 25
3,334	Jelena McNown	14th		MW Championships	Feb. 25
3,315	Jelena McNown	19th		UW Invitational	Jan. 29

2016 SDSU OUTDOOR TRACK & FIELD PERFORMANCE LIST (as of May 31)

100 METERS

School Record: 11.20 (Tonette Dyer, 2004)

Mark	Athlete	Place	Notes	Meet	Date
11.01	Ashley Henderson	1st	Prelims; Wind-aided	MW Championships	May 13
11.10	Ashley Henderson	1st	Finals; Wind-aided	MW Championship	May 14
11.24	Ashley Henderson	1st	2nd all-time	Bryan Clay Invite	April 15
11.29	Ashley Henderson	1st	Invitational	Aztec Invite	March 26
11.30	Ashley Henderson	2nd	Quarterfinal	NCAA West Prelims	May 27
11.50	Simone Glenn	5th	Prelims; Wind-aided	MW Championships	May 13
11.56	Simone Glenn	17th	Quarterfinal; Wind-aided	NCAA West Prelims	May 27
11.56	Simone Glenn	4th	Finals; Wind-aided	MW Championship	May 14
11.60	Starlynn Singleton	7th	Prelims; Wind-aided	MW Championships	May 13
11.63	Jazmen Bunch	9th	Prelims; Wind-aided	MW Championships	May 13
11.65	Starlynn Singleton	3rd		Triton Invite	April 23
11.67	Starlynn Singleton	5th	Finals; Wind-aided	MW Championship	May 14
11.68	Micha Auzenne	2nd		Payton Jordan Invite	May 1
11.72	Ashley Henderson	1st	Open; Wind-aided	Aztec Invite	March 25
11.73	Simone Glenn	4th		Triton Invite	April 23
11.74	Micha Auzenne	13th	Prelims; Wind-aided	MW Championships	May 13
11.80	Starlynn Singleton	1st		Calif. Collegiate Inv.	April 2
11.82	Jazmen Bunch	9th	Finals; Wind-aided	MW Championship	May 14
11.84	Jazmen Bunch	8th		Triton Invite	April 23
11.85	Simone Glenn	5th		Payton Jordan Invite	May 1
11.89	Simone Glenn	16th		Bryan Clay Invite	April 15
11.89	Jazmen Bunch	6th	Invitational	Aztec Invite	March 26
11.90	Micha Auzenne	10th		Triton Invite	April 23
11.90	Starlynn Singleton	17th		Bryan Clay Invite	April 15
11.98	Jazmen Bunch	8th		Payton Jordan Invite	May 1
11.98	Jazmen Bunch	19th		Bryan Clay Invite	April 15
11.98	Starlynn Singleton	8th	Invitational	Aztec Invite	March 26
12.01	Starlynn Singleton	43rd	Quarterfinals	NCAA West Prelims	May 27
12.01	Starlynn Singleton	4th		Trojan Invite	March 19
12.02	Jazmen Bunch	2nd		Calif. Collegiate Inv.	April 2
12.11	Bonnie Draxler	18th	Wind-aided	Triton Invite	April 23
12.11	Starlynn Singleton	1st		SD Champs	March 12
12.31	Starlynn Singleton	4th	Open; Wind-aided	Aztec Invite	March 25
12.44	Jazmen Bunch	13th	Open; Wind-aided	Aztec Invite	March 25
12.52	Tyra Lea	6th		Calif. Collegiate Inv.	April 2
12.64	Kira Moreland	12th		Payton Jordan Invite	May 1
12.87	Kira Moreland	69th		Bryan Clay Invite	April 15

200 METERS

School Record: 22.34 (Tonette Dyer, 2004)

Mark	Athlete	Place	Notes	Meet	Date
22.44	Ashley Henderson	1st	Finals; Wind-aided	MW Championship	May 14
22.64	Ashley Henderson	1st	2nd all-time	Payton Jordan Invite	May 1
22.82	Ashley Henderson	7th	Quarterfinals	NCAA West Prelims	May 28
23.11	Ashley Henderson	2nd	Prelims; Wind-aided	MW Championships	May 13
23.16	Ashley Henderson	1st	Invitational	Aztec Invite	March 26
23.17	Simone Glenn	4th	Prelims; Wind-aided	MW Championships	May 13
23.56	Simone Glenn	3rd	Finals; Wind-aided	MW Championship	May 14
23.73	Simone Glenn	4th		Payton Jordan Invite	May 1
23.88	Jazmen Bunch	7th	Prelims; Wind-aided	MW Championships	May 13
23.91	Simone Glenn	9th		Bryan Clay Invite	April 15
23.98	Jazmen Bunch	6th	Finals; Wind-aided	MW Championship	May 14
24.04	Jazmen Bunch	5th		Triton Invite	April 23
24.04	Jazmen Bunch	5th	Invitational	Aztec Invite	March 26
24.05	Starlynn Singleton	9th	Prelims; Wind-aided	MW Championships	May 13
24.06	Simone Glenn	1st		Calif. Collegiate Inv.	April 2
24.12	Starlynn Singleton	6th	Finals; Wind-aided	MW Championship	May 14
24.14	Jazmen Bunch	2nd		Calif. Collegiate Inv.	April 2
24.15	Jazmen Bunch	13th		Bryan Clay Invite	April 15
24.18	Simone Glenn	7th		Triton Invite	April 23
24.45	Starlynn Singleton	9th		Payton Jordan Invite	May 1
24.65	Jazmen Bunch	7th		Trojan Invite	March 19
24.66	Tyra Lea	24th		Bryan Clay Invite	April 15
24.79	Tyra Lea	4th	Open	Aztec Invite	March 25
24.87	Sierra Brabham-Lawrence	9th		Trojan Invite	March 19
24.88	Lisa-Anne Barrow	4th		Calif. Collegiate Inv.	April 2
24.93	Lisa-Anne Barrow	6th	Open	Aztec Invite	March 25
24.95	Lisa-Anne Barrow	11th		Trojan Invite	March 19
24.99	Sierra Brabham-Lawrence	31st		Bryan Clay Invite	April 15
25.00	Lisa-Anne Barrow	18th		Triton Invite	April 23

25.00	Lisa-Anne Barrow	1st		SD Champs	March 12
25.09	Lisa-Anne Barrow	14th		Payton Jordan Invite	May 1
25.14	Lakin Hatcher	36th		Bryan Clay Invite	April 15
25.14	Tyra Lea	14th		Trojan Invite	March 19
25.30	Lakin Hatcher	17th		Trojan Invite	March 19
25.37	Starlynn Singleton	24th	Invitational	Aztec Invite	March 26
25.60	Karsen Sper	2nd	Heptathlon	Aztec Invite	March 24
25.63	Kassidy Ellis	4th	Heptathlon	MW Championships	May 11
25.74	Karsen Sper	8th	Heptathlon	MW Championships	May 11
25.77	Lakin Hatcher	14th	Open	Aztec Invite	March 25
25.80	Karsen Sper	25th	Heptathlon; Wind-aided	Calif. Invitational	April 13
26.59	Jasmine Young	13th		Calif. Collegiate Inv.	April 2
DQ	Courtney Robinson	--		Trojan Invite	March 19

400 METERS

School Record: 51.15 (Tonette Dyer, 2004)

Mark	Athlete	Place	Notes	Meet	Date
54.37	Tyra Lea	3rd	Finals	MW Championship	May 14
54.90	Tyra Lea	4th		Bryan Clay Invite	April 15
54.98	Madison Gipson	5th		Bryan Clay Invite	April 15
55.26	Tyra Lea	2nd	Prelims	MW Championships	May 13
55.35	Tyra Lea	2nd	Invitational	Aztec Invite	March 26
55.40	Tyra Lea	2nd		Calif. Collegiate Inv.	April 2
55.61	Tyra Lea	8th		Payton Jordan Invite	May 1
55.74	Simone Glenn	4th	Invitational	Aztec Invite	March 26
55.79	Madison Gipson	9th		Payton Jordan Invite	May 1
55.86	Simone Glenn	4th		Trojan Invite	March 19
56.35	Lakin Hatcher	3rd		Calif. Collegiate Inv.	April 2
56.38	Simone Glenn	4th		Calif. Collegiate Inv.	April 2
56.72	Lakin Hatcher	3rd	Open	Aztec Invite	March 25
56.86	Lakin Hatcher	1st		SD Champs	March 12
57.17	Lakin Hatcher	11th		Payton Jordan Invite	May 1
57.31	Lakin Hatcher	24th		Bryan Clay Invite	April 15
57.34	Lakin Hatcher	13th	Prelims	MW Championships	May 13
57.39	Lakin Hatcher	19th		Triton Invite	April 23

800 METERS

School Record: 2:02.88 (Renee Ross, 1985)

Mark	Athlete	Place	Notes	Meet	Date
2:07.74	Ellison Grove	2nd	6th all-time	Payton Jordan Invite	May 1
2:07.81	Ellison Grove	3rd	Finals	MW Championships	May 14
2:08.84	Ellison Grove	2nd		Calif. Collegiate Inv.	April 2
2:09.07	Ellison Grove	11th		Bryan Clay Invite	April 15
2:09.49	Ellison Grove	7th		Triton Invite	April 23
2:09.73	Ellison Grove	3rd	Prelims	MW Championships	May 13
2:10.68	Ellison Grove	33rd	Quarterfinals	NCAA West Prelims	May 27
2:19.92	Karsen Sper	3rd	Heptathlon	MW Championships	May 12
2:22.14	Karsen Sper	21st	Heptathlon	Calif. Invitational	April 14
2:22.92	Lily Mayko	49th		Triton Invite	April 23
2:23.49	Rachel Roesgen	51st		Triton Invite	April 23
2:23.92	Kassidy Ellis	7th	Heptathlon	MW Championships	May 11

1,500 METERS

School Record: 4:06.69 (Monica Joyce, 1983)

Mark	Athlete	Place	Notes	Meet	Date
4:36.66	Ellison Grove	59th		Bryan Clay Invite	April 15
4:37.90	Ellison Grove	10th	Invitational	Aztec Invite	March 25
4:40.29	Elaine Ribeiro	5th		Calif. Collegiate Inv.	April 2
4:41.26	Elaine Ribeiro	12th		Triton Invite	April 23
4:43.62	Rachel Roesgen	98th		Bryan Clay Invite	April 15
4:44.22	Rachel Roesgen	8th		Calif. Collegiate Inv.	April 2
4:44.43	Rachel Roesgen	36th		Oxy Invitational	May 7
4:45.29	Rachel Roesgen	16th		Triton Invite	April 23
4:46.39	Lily Seynaeve	13th		Calif. Collegiate Inv.	April 2
4:47.97	Lily Seynaeve	24th		Triton Invite	April 23
4:53.81	Rachel Roesgen	42nd		adidas/Steve Scott Invite	April 30
4:56.27	Cali King	150th		Bryan Clay Invite	April 15
4:57.20	Cali King	40th		Triton Invite	April 23
4:57.97	Cali King	50th		adidas/Steve Scott Invite	April 30
4:58.90	Cali King	59th		Oxy Invitational	May 7
4:59.66	Lily Mayko	29th		Calif. Collegiate Inv.	April 2
5:00.70	Cali King	31st		Calif. Collegiate Inv.	April 2

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5:00.87 Lily Mayko 56th adidas/Steve Scott Invite

3,000 METERS

School Record: 8:53.24 (Monica Joyce, 1982)

Mark	Athlete	Place	Notes	Meet	Date
10:05.21	Elaine Ribeiro	5th	Invitational	Aztec Invite	March 25
10:48.64	Rachel Roesgen	16th	Invitational	Aztec Invite	March 25

5,000 METERS

School Record: 15:45.26 (Monica Joyce, 1982)

Mark	Athlete	Place	Notes	Meet	Date
17:39.75	Elaine Ribeiro	4th	Heat 4	Bryan Clay Invite	April 14
17:44.76	Elaine Ribeiro	17th		MW Championships	May 14
17:50.54	Lily Seynaeve	11th	Invitational	Aztec Invite	March 25
17:50.94	Lily Seynaeve	7th	Heat 4	Bryan Clay Invite	April 14
18:17.36	Lily Seynaeve	12th		adidas/Steve Scott Invite	April 29
18:18.26	Grace Hanshaw	23rd	Heat 4	Bryan Clay Invite	April 14
18:59.79	Grace Hanshaw	16th	Invitational	Aztec Invite	March 25
19:55.85	Hannah Sawatzki	22nd		Calif. Collegiate Inv.	April 2

10,000 METERS

School Record: 34:22.24 (Lynn Kanuka, 1981)

Mark	Athlete	Place	Notes	Meet	Date
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100-METER HURDLES

School Record: 12.82 (Meisha McKelvy, 1999)

Mark	Athlete	Place	Notes	Meet	Date
13.18	Micha Auzenne	1st	Finals; Wind-aided	MW Championships	May 14
13.27	Micha Auzenne	10th	QF; 6th all-time	NCAA West Prelims	May 28
13.36	Sierra Brabham-Lawrence	4th	Finals; Wind-aided	MW Championships	May 14
13.42	Sierra Brabham-Lawrence	3rd	Prelims	MW Championships	May 13
13.44	Sierra Brabham-Lawrence	1st	Invitational	Aztec Invite	March 26
13.45	Sierra Brabham-Lawrence	1st		Calif. Collegiate Inv.	April 2
13.47	Micha Auzenne	1st		Payton Jordan Invite	May 1
13.47	Micha Auzenne	3rd		Triton Invite	April 23
13.47	Micha Auzenne	2nd		Bryan Clay Invite	April 15
13.51	Sierra Brabham-Lawrence	22nd	Quarterfinals	NCAA West Prelims	May 28
13.54	Micha Auzenne	5th	Prelims; Wind-aided	MW Championships	May 13
13.55	Sierra Brabham-Lawrence	4th		Bryan Clay Invite	April 15
13.65	Sierra Brabham-Lawrence	1st	Open	Aztec Invite	March 25
13.70	Madison Gipson	7th	Prelims	MW Championships	May 13
13.79	Madison Gipson	7th	Finals; Wind-aided	MW Championships	May 14
13.80	Madison Gipson	2nd		Calif. Collegiate Inv.	April 2
13.82	Madison Gipson	5th		Triton Invite	April 23
13.83	Madison Gipson	7th		Bryan Clay Invite	April 15
13.88	Sierra Brabham-Lawrence	4th		Trojan Invite	March 19
13.90	Courtney Robinson	4th	Invitational	Aztec Invite	March 26
13.93	Courtney Robinson	3rd		Calif. Collegiate Inv.	April 2
13.97	Courtney Robinson	6th		Trojan Invite	March 19
14.00	Madison Gipson	3rd	Open	Aztec Invite	March 25
14.06	Madison Gipson	5th	Invitational	Aztec Invite	March 26
14.07	Madison Gipson	4th		Payton Jordan Invite	May 1
14.13	Courtney Robinson	4th	Open	Aztec Invite	March 25
14.28	Karsen Sper	4th	Heptathlon	MW Championships	May 11
14.29	Karsen Sper	14th		Bryan Clay Invite	April 15
14.40	Karsen Sper	4th		Calif. Collegiate Inv.	April 2
14.43	Karsen Sper	12th	Prelims	MW Championships	May 13
14.44	Kassidy Ellis	5th	Heptathlon	MW Championships	May 11
14.47	Karsen Sper	3rd	Heptathlon	Aztec Invite	March 24
14.48	Kassidy Ellis	9th	Heptathlon	Calif. Invitational	April 13
14.51	Karsen Sper	14th		Triton Invite	April 23
14.51	Karsen Sper	9th		Trojan Invite	March 19
14.56	Je'Neal Ainsworth	6th		Calif. Collegiate Inv.	April 2
14.56	Karsen Sper	12th	Invitational	Aztec Invite	March 26
14.61	Karsen Sper	9th		Payton Jordan Invite	May 1
14.64	Lisa-Anne Barrow	7th		Calif. Collegiate Inv.	April 2
14.69	Karsen Sper	13th	Heptathlon	Calif. Invitational	April 13
14.72	Je'Neal Ainsworth	16th		Triton Invite	April 23
14.76	Jelena McNown	8th		Calif. Collegiate Inv.	April 2
14.86	Lisa-Anne Barrow	23rd		Bryan Clay Invite	April 15
15.02	Jelena McNown	19th		Triton Invite	April 23
15.07	Je'Neal Ainsworth	9th	Open	Aztec Invite	March 25

15.22	Jelena McNown	12th		Trojan Invite	March 19
15.24	Jelena McNown	12th	Open	Aztec Invite	March 25
15.26	Je'Neal Ainsworth	13th		Trojan Invite	March 19
15.29	Je'Neal Ainsworth	2nd		SD Champs	March 12
15.37	Jelena McNown	4th		SD Champs	March 12
16.20	Kassidy Ellis	22nd	Invitational	Aztec Invite	March 26

400-METER HURDLES

School Record: 54.64 (LaTanya Sheffield, 1985)

Mark	Athlete	Place	Notes	Meet	Date
58.02	Madison Gipson	1st	Finals; 4th all-time	MW Championships	May 14
59.68	Madison Gipson	27th	Quarterfinals	NCAA West Prelims	May 27
1:00.02	Madison Gipson	1st		Calif. Collegiate Inv.	April 2
1:00.22	Madison Gipson	3rd	Prelims	MW Championships	May 13
1:00.56	Madison Gipson	3rd	Invitational	Aztec Invite	March 26
1:00.99	Madison Gipson	1st		Trojan Invite	March 19
1:02.31	Courtney Robinson	5th	Invitational	Aztec Invite	March 26
1:02.62	Sierra Brabham-Lawrence	1st		SD Champs	March 12
1:03.04	Courtney Robinson	2nd		SD Champs	March 12
1:03.95	Jasmine Young	13th		Triton Invite	April 23
1:04.07	Jasmine Young	13th		adidas/Steve Scott Invite	April 30
1:04.08	Jasmine Young	2nd	Open	Aztec Invite	March 25
1:04.44	Jasmine Young	12th	Invitational	Aztec Invite	March 26
1:04.73	Jasmine Young	34th		Bryan Clay Invite	April 15
1:05.12	Sierra Brabham-Lawrence	4th		Calif. Collegiate Inv.	April 2
1:05.38	Jasmine Young	5th		SD Champs	March 12
1:05.77	Jasmine Young	15h	Prelims	MW Championships	May 13
1:07.82	Sierra Brabham-Lawrence	19th	Invitational	Aztec Invite	March 26
1:09.13	Lisa-Anne Barrow	21st	Invitational	Aztec Invite	March 26

3,000-METER STEEPLECHASE

School Record: 10:23.34 (Marie Nilsson, 2004)

Mark	Athlete	Place	Notes	Meet	Date
11:02.76	Elaine Ribeiro	4th	4th all-time	Triton Invite	April 23
11:09.49	Elaine Ribeiro	4th		adidas/Steve Scott Invite	April 29
11:21.80	Elaine Ribeiro	14th		MW Championships	May 13

4x100-METER RELAY

School Record: 44.24 (Givens, Dyer, Hogg, Smedley, 2002)

Time	Team	Place	Notes	Meet	Date
44.30	Singleton, Glenn, Auzenne, Henderson	1st	2nd all-time	MW Championships	May 14
44.36	Singleton, Glenn, Auzenne, Henderson	1st		Payton Jordan Invite	May 1
44.43	Singleton, Glenn, Auzenne, Henderson	4th		NCAA West Prelims	May 28
45.03	Bunch, Glenn, Robinson, Henderson	1st		Aztec Invite	March 26
45.45	Bunch, Glenn, Henderson, Auzenne	1st		Bryan Clay Invite	April 15
45.57	Auzenne, Henderson, Bunch, Glenn	3rd		Trojan Invite	March 19
DQ	Singleton, Glenn, Auzenne, Henderson	--		Triton Invite	April 23

4x400-METER RELAY

School Record: 3:30.57 (Nilsson, Ross, Robinson, Sheffield, 1985)

Time	Team	Place	Notes	Meet	Date
3:41.21	Hatcher, Gipson, Glenn, Lea	2nd		MW Championships	May 14
3:44.17	Hatcher, Glenn, Auzenne, Lea	1st		Trojan Invite	March 19
3:47.08	Hatcher, Gipson, Glenn, Lea	1st	Invitational	Aztec Invite	March 26
3:49.16	Gipson, Hatcher, Auzenne, Lea	1st		SD Champs	March 12
3:53.88	Ellis, Sper, Grove, Barrow	5th	Invitational	Aztec Invite	March 26
4:09.91	Bunch, Sper, Glenn, Young	4th		SD Champs	March 12
DNF	Barrow, Henderson, Robinson	--		SD Champs	March 12

HIGH JUMP

School Record: 5-11.50 (Lori Clark, 1984)

Mark	Athlete	Place	Notes	Meet	Date
5-05.75	Kassidy Ellis	T-3rd	Heptathlon	MW Championships	May 11
5-04.25	Kassidy Ellis	T-18th	Heptathlon	Calif. Invitational	April 13
5-04.25	Kassidy Ellis	4th		Calif. Collegiate Inv.	April 2
5-03.25	Karsen Sper	T-6th	Heptathlon	MW Championships	May 11
5-03.25	Karsen Sper	4th		Payton Jordan Invite	May 1
5-03.25	Kassidy Ellis	10th	Invitational	Aztec Invite	March 26
5-02.25	Jelena McNown	5th		SD Champs	March 12
5-01.75	Karsen Sper	T-28th	Heptathlon	Calif. Invitational	April 13
5-01.25	Kassidy Ellis	T-5th		Payton Jordan Invite	May 1

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5-01.00	Kassidy Ellis	12th		Oxy Invitational	May 7
5-00.25	Karsen Sper	T-10th		Calif. Collegiate Inv.	April 2
4-11.50	Karsen Sper	16th	Invitational	Aztec Invite	March 26
4-08.75	Karsen Sper	T-8th	Heptathlon	Aztec Invite	March 24

POLE VAULT

School Record: 14-03.50 (Stephanie James, 2008)

Mark	Athlete	Place	Notes	Meet	Date
14-00.75	Bonnie Draxler	1st	3rd all-time	Payton Jordan Invite	May 1
13-08.50	Bonnie Draxler	3rd	Invitational	Aztec Invite	March 26
13-07.25	Bonnie Draxler	1st	Open	Triton Invite	April 22
13-06.25	Karen Snapper	4th	9th all-time	Payton Jordan Invite	May 1
13-03.50	Marissa Berry	3rd	Open	Triton Invite	April 22
13-03.50	Karen Snapper	4th	Open	Triton Invite	April 22
13-03.50	Bonnie Draxler	1st		Bryan Clay Invite	April 15
13-03.00	Karen Snapper	1st		R&SI Meet	March 19
13-02.50	Marissa Berry	2nd		MW Championships	May 13
13-02.50	Bonnie Draxler	3rd		MW Championships	May 13
13-01.50	Bonnie Draxler	1st		Calif. Collegiate Inv.	April 2
13-01.50	Marissa Berry	2nd		Calif. Collegiate Inv.	April 2
13-00.75	Karen Snapper	4th	Invitational	Aztec Invite	March 26
13-00.75	Marissa Berry	8th	Invitational	Aztec Invite	March 26
13-00.25	Bonnie Draxler	T-23rd	Quarterfinals	NCAA West Prelims	May 27
13-00.25	Marissa Berry	T-36th	Quarterfinals	NCAA West Prelims	May 27
12-09.00	Bonnie Draxler	2nd		R&SI Meet	March 19
12-08.25	Karen Snapper	5th		MW Championships	May 13
12-08.25	Marissa Berry	8th	Open	Aztec Invite	March 25
12-07.50	Karen Snapper	3rd		Calif. Collegiate Inv.	April 2
12-06.25	Karen Snapper	T-39th	Quarterfinals	NCAA West Prelims	May 27
12-06.25	Bonnie Draxler	1st		SD Champs	March 12
12-05.50	Sara Curran	6th	Open	Triton Invite	April 22
12-05.25	Marissa Berry	3rd		R&SI Meet	March 19
12-04.50	Sara Curran	6th		MW Championships	May 13
12-04.50	Marissa Berry	9th		Payton Jordan Invite	May 1
12-04.50	Sara Curran	9th	Open	Aztec Invite	March 25
12-04.00	Katherine Magill	13th	Invitational	Aztec Invite	March 26
12-04.00	Karen Snapper	5th		Bryan Clay Invite	April 15
12-01.50	Courtney Jackson	4th		Calif. Collegiate Inv.	April 2
12-00.50	Marissa Berry	3rd		SD Champs	March 12
11-11.75	Katherine Magill	T-8th	Open	Triton Invite	April 22
11-11.25	Katherine Magill	5th		R&SI Meet	March 19
11-10.00	Sara Curran	10th		Bryan Clay Invite	April 15
11-08.50	Katherine Magill	14th	Open	Aztec Invite	March 25
11-08.50	Courtney Jackson	15th	Open	Aztec Invite	March 25
11-08.00	Sara Curran	T-10th		adidas/Steve Scott Invite	April 29
11-08.00	Katherien Magill	T-10th		adidas/Steve Scott Invite	April 29
11-06.50	Sara Curran	4th		SD Champs	March 12
11-05.75	Courtney Jackson	T-14th	Open	Triton Invite	April 22
11-05.25	Courtney Jackson	6th		R&SI Meet	March 19
11-04.50	Katherine Magill	10th		MW Championships	May 13
11-04.25	Katherine Magill	16th		Bryan Clay Invite	April 15
11-04.25	Courtney Jackson	20th		Bryan Clay Invite	April 15
11-02.25	Courtney Jackson	23rd	Invitational	Aztec Invite	March 26
11-01.75	Sara Curran	T-7th		Calif. Collegiate Inv.	April 2
10-06.75	Katherine Magill	9th		SD Champs	March 12
10-02.75	Julie Newton	T-27th	Open	Aztec Invite	March 25
NH	Marissa Berry	--		Bryan Clay Invite	April 15
NH	Sara Curran	--		R&SI Meet	March 19
NH	Karen Snapper	--		SD Champs	March 12
NH	Courtney Jackson	--		SD Champs	March 12

LONG JUMP

School Record: 21-09.50 (Karoline Koehler, 2009)

Mark	Athlete	Place	Notes	Meet	Date
19-06.50	Lisa-Anne Barrow	8th		MW Championships	May 13
19-04.25	Jelena McNown	3rd	wind-aided	adidas/Steve Scott Invite	April 29
19-00.50	Jelena McNown	1st		Calif. Collegiate Inv.	April 2
18-10.75	Kassidy Ellis	T-1st	Heptathlon	MW Championships	May 12
18-10.00	Starlynn Singleton	9th		Bryan Clay Invite	April 15
18-10.00	Jelena McNown	2nd	Open	Aztec Invite	March 25
18-08.50	Kassidy Ellis	9th	wind-aided	MW Championships	May 13
18-08.50	Jelena McNown	10th		Bryan Clay Invite	April 15
18-08.00	Jelena McNown	2nd		Trojan Invite	March 19

18-07.75	Lisa-Anne Barrow	9th		Payton Jordan Invite	May 1
18-05.75	Jelena McNown	10th	wind-aided	Payton Jordan Invite	May 1
18-05.75	Lisa-Anne Barrow	10th	Invitational	Triton Invite	April 23
18-05.75	Jelena McNown	11th	Invitational	Triton Invite	April 23
18-05.75	Lisa-Anne Barrow	5th	Invitational	Aztec Invite	March 26
18-05.25	Starlynn Singleton	11th		Payton Jordan Invite	May 1
18-05.25	Jelena McNown	6th	Invitational	Aztec Invite	March 26
18-02.50	Karsen Sper	13th	Invitational	Triton Invite	April 23
18-02.50	Starlynn Singleton	3rd	Open	Aztec Invite	March 25
18-01.75	Lisa-Anne Barrow	4th		Trojan Invite	March 19
18-00.50	Kira Moreland	15th	Invitational	Triton Invite	April 23
18-00.50	Kira Moreland	16th		Bryan Clay Invite	April 15
18-00.25	Kassidy Ellis	6th		Oxy Invitational	May 7
17-11.50	Karsen Sper	9th	Heptathlon	MW Championships	May 12
17-07.50	Karsen Sper	20th	Heptathlon	Calif. Invitational	April 14
17-04.75	Bonnie Draxler	3rd		SD Champs	March 12
17-04.25	Kira Moreland	15th		Payton Jordan Invite	May 1
17-01.50	Kira Moreland	16th		MW Championships	May 13
16-07.75	Je'Neal Ainsworth	12th		Trojan Invite	March 19
15-10.25	Je'Neal Ainsworth	7th		SD Champs	March 12
14-11.25	Marissa Berry	13th		SD Champs	March 12
Foul	Jelena McNown	--		MW Championships	May 13
Foul	Karsen Sper	--		Payton Jordan Invite	May 1
Foul	Lisa-Anne Barrow	--		Bryan Clay Invite	April 15
Foul	Karsen Sper	--		Calif. Collegiate Inv.	April 2

TRIPLE JUMP

School Record: 46-05.25 (Shanieka Thomas, 2013)

Mark	Athlete	Place	Notes	Meet	Date
41-04.50	Je'Neal Ainsworth	3rd	8th all-time	MW Championships	May 14
40-09.00	Je'Neal Ainsworth	1st	Open	Aztec Invite	March 25
40-01.25	Je'Neal Ainsworth	37th	Quarterfinals	NCAA West Prelims	May 28
39-09.75	Je'Neal Ainsworth	1st		Calif. Collegiate Inv.	April 2
39-02.25	Je'Neal Ainsworth	4th		Payton Jordan Invite	May 1
38-11.75	Je'Neal Ainsworth	5th		Bryan Clay Invite	April 15
38-01.50	Je'Neal Ainsworth	6th	Invitational	Aztec Invite	March 26
37-11.25	Starlynn Singleton	3rd		Trojan Invite	March 19
37-10.50	Starlynn Singleton	1st		SD Champs	March 12
37-04.00	Starlynn Singleton	6th		Calif. Collegiate Inv.	April 2

SHOT PUT

School Record: 58-03.75 (Ramona Pagel, 1984)

Mark	Athlete	Place	Notes	Meet	Date
49-09.25	Rachel Alesi	2nd	5th all-time	MW Championships	May 13
49-07.25	Rachel Alesi	3rd	Open	Triton Invite	April 23
46-02.75	Alexa Evans	12th	Open	Triton Invite	April 23
45-05.00	Alexa Evans	9th	Invitational	Aztec Invite	March 26
45-03.75	Rachel Alesi	5th		Trojan Invite	March 19
44-04.75	Alexa Evans	7th		Payton Jordan Invite	May 1
44-04.00	Rachel Alesi	46th	Quarterfinals	NCAA West Prelims	May 27
44-02.50	Alexa Evans	13th		MW Championships	May 13
42-07.50	Alexa Evans	11th		Trojan Invite	March 19
36-08.25	Coryne McKenney	2nd		Calif. Collegiate Inv.	April 2
36-07.00	Coryne McKenney	19th	Invitational	Aztec Invite	March 26
36-05.00	Coryne McKenney	29th	Open	Triton Invite	April 23
36-00.25	Coryne McKenney	2nd		SD Champs	March 12
35-06.50	Kassidy Ellis	12th		Payton Jordan Invite	May 1
35-06.00	Kassidy Ellis	21st	Heptathlon	Calif. Invitational	April 13
34-10.50	Kassidy Ellis	32nd	Open	Triton Invite	April 23
34-04.25	Kassidy Ellis	9th	Heptathlon	MW Championships	May 11
32-11.75	Karsen Sper	10th	Heptathlon	MW Championships	May 11
32-11.75	Karsen Sper	6th	Heptathlon	Aztec Invite	March 24
32-04.75	Karsen Sper	36th	Heptathlon	Calif. Invitational	April 13
32-04.75	Karsen Sper	4th		SD Champs	March 12
32-03.00	Karsen Sper	16th		Trojan Invite	March 19
Foul	Rachel Alesi	--	Invitational	Aztec Invite	March 26
Foul	Rachel Alesi	--		Calif. Collegiate Inv.	April 2

DISCUS THROW

School Record: 196-10 (Whitney Ashley, 2012)

Mark	Athlete	Place	Notes	Meet	Date
185-03	Alexa Evans	4th	QF; 4th all-time	NCAA West Prelims	May 28

2016 SDSU OUTDOOR TRACK & FIELD PERFORMANCE LIST (as of May 31)

182-08	Alexa Evans	18th	Invitational	Triton Invite	April 22	4,849	Karsen Sper	21st	Calif. Invitational	April 13-14
182-06	Alexa Evans	7th		CS LA Twilight Open	April 14	DNF	Kassidy Ellis	--	Calif. Invitational	April 13-14
180-04	Rachel Alesi	8th	QF; 6th all-time	NCAA West Prelims	May 28	DNF	Karsen Sper	--	Aztec Invite	March 24-25
179-11	Rachel Alesi	2nd		Calif. Collegiate Inv.	April 2					
175-03	Alexa Evans	2nd		MW Championships	May 14					
173-05	Alexa Evans	3rd		Calif. Collegiate Inv.	April 2					
171-09	Alexa Evans	4th		Trojan Invite	March 18					
170-03	Rachel Alesi	6th	Open	Triton Invite	April 22					
168-02	Rachel Alesi	5th	Invitational	Aztec Invite	March 26					
166-06	Alexa Evans	4th		Payton Jordan Invite	May 1					
165-06	Rachel Alesi	6th		Payton Jordan Invite	May 1					
164-10	Alexa Evans	8th	Invitational	Aztec Invite	March 26					
162-00	Rachel Alesi	5th		MW Championships	May 14					
160-11	Rachel Alesi	12th		CS LA Twilight Open	April 14					
157-00	Rachel Alesi	1st		SD Champs	March 12					
151-03	Anushi Desai	13th		CS LA Twilight Open	April 14					
147-05	Anushi Desai	25th	Open	Triton Invite	April 22					
147-01	Anushi Desai	4th		Calif. Collegiate Inv.	April 2					
146-07	Anushi Desai	14th		MW Championships	May 14					
144-10	Coryne McKenney	15th		CS LA Twilight Open	April 14					
144-01	Anushi Desai	2nd		SD Champs	March 12					
143-09	Anushi Desai	17th	Invitational	Aztec Invite	March 26					
143-01	Coryne McKenney	3rd		SD Champs	March 12					
142-03	Coryne McKenney	28th	Open	Triton Invite	April 22					
141-09	Anushi Desai	11th		adidas/Steve Scott Invite	April 30					
140-09	Coryne McKenney	19th	Invitational	Aztec Invite	March 26					
139-04	Coryne McKenney	7th		Calif. Collegiate Inv.	April 2					
138-07	Coryne McKenney	11th		Trojan Invite	March 18					
137-05	Anushi Desai	12th		Trojan Invite	March 18					
135-09	Coryne McKenney	13th		adidas/Steve Scott Invite	April 30					
Foul	Rachel Alesi	Foul		Trojan Invite	March 18					

HAMMER THROW

School Record: 187-11 (Freja Liljedahl, 2016)

Mark	Athlete	Place	Notes	Meet	Date
187-11	Freja Liljedahl	4th	school record	Trojan Invite	March 18
181-03	Victoria Dickerson	6th	5th all-time	MW Championships	May 13
176-03	Freja Liljedahl	1st		SD Champs	March 12
175-04	Freja Liljedahl	10th		Payton Jordan Invite	May 1
174-10	Freja Liljedahl	19th	Invitational	Triton Invite	April 22
174-03	Victoria Dickerson	3rd		Calif. Collegiate Inv.	April 2
173-11	Victoria Dickerson	4th		CS LA Twilight Open	April 14
173-07	Freja Liljedahl	9th		MW Championships	May 13
173-06	Freja Liljedahl	4th		Calif. Collegiate Inv.	April 2
170-11	Freja Liljedahl	5th		CS LA Twilight Open	April 14
170-10	Victoria Dickerson	22nd	Invitational	Triton Invite	April 22
170-01	Victoria Dickerson	7th		Trojan Invite	March 18
168-08	Freja Liljedahl	7th	Invitational	Aztec Invite	March 25
168-02	Victoria Dickerson	2nd		SD Champs	March 12
167-03	Victoria Dickerson	8th	Invitational	Aztec Invite	March 25
163-07	Victoria Dickerson	12th		Payton Jordan Invite	May 1
152-08	Alexa Evans	7th		Calif. Collegiate Inv.	April 2
121-06	Katherine Magill	4th		SD Champs	March 12
118-06	Katherine Magill	26th	Open	Aztec Invite	March 25
102-09	Katherine Magill	52nd	Invitational	Triton Invite	April 22

JAVELIN THROW

School Record: 160-05 (Nicole Oudenaarden, 2014 (New javelin))

Mark	Athlete	Place	Notes	Meet	Date
113-07	Kassidy Ellis	6th	Heptathlon	MW Championships	May 12
109-01	Kassidy Ellis	10th		Payton Jordan Invite	May 1
97-05	Karsen Sper	25th	Heptathlon	Calif. Invitational	April 14
94-11	Karsen Sper	10th	Heptathlon	MW Championships	May 12
89-06	Anushi Desai	5th		SD Champs	March 12
87-10	Anushi Desai	11th		Calif. Collegiate Inv.	April 2
81-11	Anushi Desai	15th	Open	Aztec Invite	March 25

HEPTATHLON

School Record: 5,917 (Allison Reaser, 2014)

Mark	Athlete	Place	Notes	Meet	Date
5,238	Kassidy Ellis	3rd	9th all-time	MW Championships	May 11-12
5,011	Karsen Sper	6th		MW Championships	May 11-12

2016 SDSU TRACK & FIELD INDIVIDUAL SEASON BESTS (as of May 31)

KEY: sr - school record; (number) - top-10 school ranking; qp - qualifying prelims; p - preliminaries; h - heats; 1r - first round; q - quarter-finals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; se - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; a - altitude; w - wind aided (> 2.0 mph); conv - converted from 4x400-yard relay; **Note that all personal records (PR) are collegiate personal records**

Je'Neal Ainsworth

5-6 | Fr. | Long Beach, Calif. | Long Beach Polytechnic HS

INDOOR SEASON

60 Meters (PR: 8.32 (Jan. 16, 2016))

8.32 (a) NAU Challenge Jan. 16

Triple Jump (PR: 39-07.75 (Jan. 30, 2016))

38-04.00 5th NAU Challenge Jan. 16

39-07.75 (8) 6th UW Invitational Jan. 30

38-09.50 19th Don Kirby Elite Feb. 13

39-07.25 7th MW Championships Feb. 27

OUTDOOR SEASON

100-Meter Hurdles (PR: 14.56 (April 2, 2016))

15.29 2nd SD Collegiate Champs March 12

15.26 13th Trojan Invitational March 19

15.07 (o) 9th Aztec Invitational March 25

14.56 6th Calif. Collegiate Invite April 2

14.72 16th Triton Invitational April 23

Long Jump (PR: 16-07.75 (March 19, 2016))

15-10.25 7th SD Collegiate Champs March 12

16-07.75 12th Trojan Invitational March 19

Triple Jump (PR: 41-04.50 (May 14, 2016))

40-09.00 (o) 1st Aztec Invitational March 25

38-01.50 (i) 6th Aztec Invitational March 26

39-09.75 1st Calif. Collegiate Invite April 2

38-11.75 5th Bryan Clay Invitational April 15

39-02.25 4th Payton Jordan Invitational May 1

41-04.50 (8) 3rd MW Championships May 14

40-01.25 (q) 37th NCAA West Prelims May 28

Rachel Alesi

5-7.5 | RS-Jr. | El Cajon, Calif. | Christian HS

INDOOR SEASON

Shot Put (PR: 47-11.75 (Feb. 28, 2015))

43-04.25 12th NAU Challenge Jan. 16

Foul -- UW Invitational Jan. 30

40-10.50 14th MW Championships Feb. 27

OUTDOOR SEASON

Shot Put (PR: 49-09.25 (May 13, 2016))

45-03.75 5th Trojan Invitational March 19

Foul (i) -- Aztec Invitational March 26

Foul -- Calif. Collegiate Invite April 2

49-07.25 (o) 3rd Triton Invitational April 23

49-09.25 (5) 2nd MW Championships May 13

44-04.00 (q) 46th NCAA West Prelims May 28

Discus Throw (PR: 180-04 (May 28, 2016))

157-00 1st SD Collegiate Champs March 12

Foul -- Trojan Invitational March 18

168-02 (i) 5th Aztec Invitational March 26

179-11 2nd Calif. Collegiate Invite April 2

160-11 12th Cal State LA Twilight Open April 14

170-03 (o) 6th Triton Invitational April 22

165-06 6th Payton Jordan Invitational May 1

162-00 5th MW Championships May 14

180-04 (q, 6) 8th NCAA West Prelims May 28

Micha Auzenne

5-3.5 | Jr. | East Palo Alto, Calif. | Arizona State

INDOOR SEASON

60 Meters (PR: 7.32 (Feb. 26, 2016))

7.40 (a) 1st NAU Challenge Jan. 16

7.32 (p, a, sr) 1st MW Championships Feb. 26

7.33 (f, a) 1st MW Championships Feb. 27

60-Meter Hurdles (PR: 8.18 (Feb. 27, 2016))

8.28 (a) 1st NAU Challenge Jan. 16

8.38 (p, a) 1st MW Championships Feb. 26

8.18 (f, a, sr) 1st MW Championships Feb. 27

4x400-Meter Relay

3:43.44 (a, 3) 4th MW Championships Feb. 27

OUTDOOR SEASON

100 Meters (PR: 11.59 (May 15, 2015))

11.90 10th Triton Invitational April 23

11.68 2nd Payton Jordan Invitational May 1

11.74 (p, w) 13th MW Championships May 13

100-Meter Hurdles (PR: 13.27 (May 28, 2016))

13.47 2nd Bryan Clay Invitational April 15

13.47 3rd Triton Invitational April 23

13.47 1st Payton Jordan Invitational May 1

13.54 (p, w) 5th MW Championships May 13

13.18 (f, w) 1st MW Championships May 14

13.27 (q, 6) 10th NCAA West Prelims May 28

4x100-Meter Relay

45.57 3rd Trojan Invitational March 19

45.45 1st Bryan Clay Invitational April 15

44.36 (o) 1st Payton Jordan Invitational May 1

44.30 (2) 1st MW Championships May 14

44.43 (q) 4th NCAA West Prelims May 28

4x400-Meter Relay

3:49.16 1st SD Collegiate Challenge March 12

3:44.17 1st Trojan Invitational March 19

DQ -- Triton Invitational April 23

Lisa-Anne Barrow

5-6 | Fr. | Hyattsville, Md. | Holton-Arms HS

INDOOR SEASON

200 Meters (PR: 24.84 (Feb. 26, 2016))

25.67 (a) 53rd Don Kirby Elite Feb. 12

24.84 (p, a) 14th MW Championships Feb. 26

400 Meters (PR: 1:02.34 (Feb. 13, 2016))

1:02.34 (a) 82nd Don Kirby Elite Feb. 13

4x400-Meter Relay

3:48.47 2nd UW Invitational Jan. 30

Distance Medley Relay

12:06.14 (2) 2nd UW Invitational Jan. 29

Long Jump (PR: 18-08.50 (Feb. 26, 2016))

18-07.25 4th UW Invitational Jan. 30

ND (a) -- Don Kirby Elite Feb. 12

18-08.50 5th MW Championships Feb. 26

OUTDOOR SEASON

200 Meters (PR: 24.93 (March 25, 2016))

25.00 1st SD Collegiate Champs March 12

24.95 11th Trojan Invitational March 19

24.93 (o) 6th Aztec Invitational March 25

24.88 4th Calif. Collegiate Invite April 2

25.00 18th Triton Invitational April 23

25.09 14th Payton Jordan Invitational May 1

100-Meter Hurdles (PR: 14.64 (April 2, 2016))

14.64 7th Calif. Collegiate Invite April 2

14.86 23rd Bryan Clay Invitational April 15

400-Meter Hurdles (PR: 1:09.13 (March 26, 2016))

1:09.13 (i) 21st Aztec Invitational March 26

4x400-Meter Relay

DNF -- SD Collegiate Challenge March 12

3:53.88 (i) 5th Aztec Invitational March 26

Long Jump (PR: 19-06.50 (May 13, 2016))

18-01.75 4th Trojan Invitational March 19

18-05.75 (i) 5th Aztec Invitational March 26

Foul -- Bryan Clay Invitational April 15

18-05.75 (i) 10th Triton Invitational April 23

18-07.75 9th Payton Jordan Invitational May 1

19-06.50 8th MW Championships May 13

Marissa Berry

5-4 | Fr. | Kennewick, Wash. | Southridge HS

INDOOR SEASON

Pole Vault (PR: 13-01.50 (Feb. 26, 2016))

12-01.50 (co1) 8th UCS Spirit PV Summit Jan. 16

12-06.25 6th UW Invitational Jan. 30

12-10.25 8th Don Kirby Elite Feb. 13

13-01.50 (9) 3rd MW Championships Feb. 26

OUTDOOR SEASON

Pole Vault (PR: 13-03.50 (April 22, 2016))

12-00.50 3rd SD Collegiate Champs March 12

12-05.25 3rd Trojan Invitational March 19

12-08.25 (o) 8th Aztec Invitational March 25

13-00.75 (i) 8th Aztec Invitational March 26

13-01.50 2nd Calif. Collegiate Invite April 2

Foul -- Bryan Clay Invitational April 15

13-03.50 (o) 3rd Triton Invitational April 22

12-04.50 9th Payton Jordan Invitational May 1

13-02.50 2nd MW Championships May 13

13-00.25 (q) T-36th NCAA West Prelims May 27

Long Jump (PR: 14-11.25 (March 12, 2016))

14-11.50 13th SD Collegiate Champs March 12

Sierra Brabham-Lawrence

5-5 | Fr. | Harrisburg, Pa. | Harrisburg HS

INDOOR SEASON

60 Meters (PR: 7.70 (Jan. 16, 2015))

7.70 (a) 9th NAU Challenge Jan. 16

7.80 (p) 45th Don Kirby Elite Feb. 12

7.79 (p, a) 20th MW Championships Feb. 26

60-Meter Hurdles (PR: 8.29 (Feb. 27, 2016))

8.45 (a) 2nd NAU Challenge Jan. 16

8.48 (p) 5th UW Invitational Jan. 30

8.43 (f) T-2nd UW Invitational Jan. 30

8.35 (p) 6th Don Kirby Elite Feb. 12

8.81 (s, a) 16th Don Kirby Elite Feb. 13

8.45 (p, a) 2nd MW Championships Feb. 26

8.29 (f, a, T-4) 2nd MW Championships Feb. 27

4x400-Meter Relay

3:51.54 (a) 4th NAU Challenge Jan. 16

OUTDOOR SEASON

200 Meters (PR: 24.87 (March 19, 2016))

24.87 9th Trojan Invitational March 19

24.99 31st Bryan Clay Invitational April 15

100-Meter Hurdles (PR: 13.42 (May 13, 2016))

13.88 4th Trojan Invitational March 19

13.65 (o) 1st Aztec Invitational March 25

13.44 (i) 1st Aztec Invitational March 26

13.45 1st Calif. Collegiate Invite April 2

13.55 4th Bryan Clay Invitational April 15

13.42 (p) 3rd MW Championships May 13

13.36 (f, w) 4th MW Championships May 14

13.51 (q) 22nd NCAA West Prelims May 28

400-Meter Hurdles (PR: 1:02.62 (March 12, 2016))

1:02.62 1st SD Collegiate Champs March 12

1:07.82 (i) 19th Aztec Invitational March 26

1:05.12 4th Calif. Collegiate Invite April 2

Jazmen Bunch

5-2 | So. | Fresno, Calif. | Edison HS

INDOOR SEASON

60 Meters (PR: 7.57 (Feb. 26, 2016))

7.65 (a) 5th NAU Challenge Jan. 16

7.61 (qp) 4th UW Invitational Jan. 30

7.65 (p) 10th UW Invitational Jan. 30

7.61 (p, a) 25th Don Kirby Elite Feb. 12

7.57 (p, a) 8th MW Championships Feb. 26

7.62 (f, a) 7th MW Championships Feb. 27

200 Meters (PR: 24.18 (Feb. 27, 2016))

25.09 12th UW Invitational Jan. 29

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24.24 (a)	15th	Don Kirby Elite	Feb. 12
24.46 (f, a)	6th	MW Championships	Feb. 26
24.18 (f, a)	6th	MW Championships	Feb. 27
OUTDOOR SEASON			
100 Meters (PR: 11.76 (May 15, 2015))			
12.44 (o, w)	13th	Aztec Invitational	March 25
11.89 (i)	6th	Aztec Invitational	March 26
12.02	2nd	Calif. Collegiate Invite	April 2
11.98	19th	Bryan Clay Invitational	April 15
11.84	8th	Triton Invitational	April 23
11.98	8th	Payton Jordan Invitational	May 1
11.63 (p, w)	9th	MW Championships	May 13
11.82 (f, w)	9th	MW Championships	May 14
200 Meters (PR: 24.04 (March 26, 2016 & April 23, 2016))			
24.65	7th	Trojan Invitational	March 19
24.04 (i)	5th	Aztec Invitational	March 26
24.14	2nd	Calif. Collegiate Invite	April 2
24.15	13th	Bryan Clay Invitational	April 15
24.04	5th	Triton Invitational	April 23
23.88 (p, w)	7th	MW Championships	May 13
23.98 (f, w)	6th	MW Championships	May 14
4x100-Meter Relay			
45.57	3rd	Trojan Invitational	March 19
45.03 (i, 10)	1st	Aztec Invitational	March 26
45.45	1st	Bryan Clay Invitational	April 15
4x400-Meter Relay			
4:09.91	4th	SD Collegiate Challenge	March 12

Sara Curran

5-7 Fr. Redondo Beach, Calif. Redondo Union HS			
INDOOR SEASON			
Pole Vault (PR: 11-05.75 (Jan. 16, 2016))			
11-05.75 (co4)	1st	UCS Spirit PV Summit	Jan. 16
OUTDOOR SEASON			
Pole Vault (PR: 12-05.50 (April 22, 2016))			
11-06.50	4th	SD Collegiate Champs	March 12
NH	--	Ross & Sharon Irwin Meet	March 19
12-04.50 (o)	9th	Aztec Invitational	March 25
11-01.75	T-7th	Calif. Collegiate Invite	April 2
11-10.00	10th	Bryan Clay Invitational	April 15
12-05.50 (o)	6th	Triton Invitational	April 22
11-08.00	T-10th	adidas/Steve Scott Invite	April 29
12-04.50	6th	MW Championships	May 13

Anushi Desai

5-7.5 Fr. Mumbai, India Indiana University			
OUTDOOR SEASON			
Discus Throw (PR: 151-03 (April 14, 2016))			
144-01	2nd	SD Collegiate Camps	March 12
137-05	12th	Trojan Invitational	March 18
143-09 (i)	17th	Aztec Invitational	March 26
147-01	4th	Calif. Collegiate Invite	April 2
151-03	13th	Cal State LA Twilight Open	April 14
147-05 (o)	25th	Triton Invitational	April 22
141-09	11th	adidas/Steve Scott Invite	April 30
146-07	14th	MW Championships	May 14
Javelin Throw (PR: 89-06 (March 12, 2016))			
89-06	5th	SD Collegiate Champs	March 12
81-11 (o)	15th	Aztec Invitational	March 25
87-10	11th	Calif. Collegiate Invite	April 2

Victoria Dickerson

5-9 Sr. Vacaville, Calif. Modesto Junior College			
INDOOR SEASON			
Weight Throw (PR: 49-02.50 (Jan. 16, 2016))			
49-02.50 (10)	13th	NAU Challenge	Jan. 16
OUTDOOR SEASON			
Hammer Throw (PR: 181-03 (May 13, 2016))			
168-02	2nd	SD Collegiate Champs	March 12

170-01	7th	Trojan Invitational	March 18
167-03 (i)	8th	Aztec Invitational	March 25
174-03	3rd	Calif. Collegiate Invite	April 2
173-11	4th	Cal State LA Twilight Open	April 14
170-10 (i)	22nd	Triton Invitational	April 22
163-07	12th	Payton Jordan Invitational	May 1
181-03 (5)	6th	MW Championships	May 13

Bonnie Draxler

5-5 So. Wrightstown, Wis. Wrightstown HS			
INDOOR SEASON			
Pole Vault (PR: 13-09.25 (Feb. 26, 2016))			
13-03.50 (co1)	2nd	UCS Spirit PV Summit	Jan. 16
13-00.25	5th	UW Invitational	Jan. 30
13-08.25	4th	Don Kirby Elite	Feb. 13
13-09.25 (6)	1st	MW Championships	Feb. 26
OUTDOOR SEASON			
100 Meters (PR: 12.27 (March 27, 2015))			
12.11 (w)	18th	Triton Invitational	April 23
Pole Vault (PR: 14-00.75 (May 1, 2016))			
12-06.25	1st	SD Collegiate Champs	March 12
12-09.00	2nd	Ross & Sharon Irwin Meet	March 19
13-08.50 (i)	3rd	Aztec Invitational	March 26
13-01.50	1st	Calif. Collegiate Invite	April 2
13-03.50	1st	Bryan Clay Invitational	April 15
13-07.25 (o)	1st	Triton Invitational	April 22
14-00.75 (3)	1st	Payton Jordan Invitational	May 1
13-02.50	3rd	MW Championships	May 13
13-00.25 (q)	T-23rd	NCAA West Prelims	May 27
Long Jump (PR: 17-04.75 (March 12, 2016))			
17-04.75	3rd	SD Collegiate Champs	March 12

Kassidy Ellis

5-9 Sr. Bakersfield, Calif. Univ. of Iowa			
INDOOR SEASON			
200 Meters (PR: 26.56 (Feb. 12, 2016))			
26.56 (a)	82nd	Don Kirby Elite	Feb. 12
800 Meters (PR: 2:27.96 (Jan. 25, 2013))			
2:29.05 (pn)	19th	UW Invitational	Jan. 29
2:27.61 (pn, a)	9th	MW Championships	Feb. 25
60-Meter Hurdles (PR: 8.58 (Feb. 27, 2016))			
8.75 (a)	8th	NAU Challenge	Jan. 16
8.88 (pn)	T-7th	UW Invitational	Jan. 29
9.01 (qp)	11th	UW Invitational	Jan. 30
8.91 (p)	14th	UW Invitational	Jan. 30
8.90 (p, a)	37th	Don Kirby Elite	Feb. 12
8.65 (pn, a)	1st	MW Championships	Feb. 25
8.66 (p, a)	8th	MW Championships	Feb. 26
8.58 (f, a)	6th	MW Championships	Feb. 27
High Jump (PR: 5-03.25 (Jan. 29, 2016))			
4-11.00	8th	NAU Challenge	Jan. 16
5-03.25 (pn)	12th	UW Invitational	Jan. 29
5-00.25 (pn)	T-12th	MW Championships	Feb. 25
Long Jump (PR: 19-05.50 (Feb. 28, 2015))			
18-04.50 (pn)	4th	UW Invitational	Jan. 29
ND	--	Don Kirby Elite	Feb. 12
19-00.75 (pn)	1st	MW Championships	Feb. 25
18-10.75	3rd	MW Championships	Feb. 26
Shot Put (PR: 34-07.75 (Jan. 29, 2016))			
34-04.00	18th	NAU Challenge	Jan. 16
34-07.75 (pn)	14th	UW Invitational	Jan. 29
33-01.75 (pn)	10th	MW Championships	Feb. 25
Pentathlon (PR: 3,690 (Feb. 25, 2016))			
3,682	8th	UW Invitational	Jan. 29
3,690 (6)	4th	MW Championships	Feb. 25
OUTDOOR SEASON			
200 Meters (PR: 25.63 (May 13, 2016))			
DNF (hp)	--	California Invitational	April 13
25.63 (hp)	4th	MW Championships	May 13
800 Meters (PR: 2:23.92 (May 14, 2016))			
2:23.92 (hp)	7th	MW Championships	May 14

100-Meter Hurdles (PR: 14.44 (May 13, 2016))			
16.20 (i)	22nd	Aztec Invitational	March 26
14.48 (hp)	9th	California Invitational	April 13
14.44 (hp)	5th	MW Championships	May 13
4x400-Meter Relay			
3:53.88 (i)	5th	Aztec Invitational	March 26
High Jump (PR: 5-05.75 (May 13, 2016))			
5-03.25 (i)	10th	Aztec Invitational	March 26
5-04.25	4th	Calif. Collegiate Invite	April 2
5-04.25 (hp)	T-18th	Calif. Invitational	April 13
5-01.25	T-5th	Payton Jordan Invitational	May 1
5-01.00	12th	Oxy Invitational	May 7
5-05.75 (hp)	T-3rd	MW Championships	May 13
Long Jump (PR: 19-06.25 (May 2, 2015))			
18-00.25	6th	Oxy Invitational	May 7
18-10.75 (hp)	T-1st	MW Championships	May 12
18-08.50 (w)	9th	MW Championships	May 13
Shot Put (PR: 35-06.50 (May 1, 2016))			
35-06.00 (hp)	21st	Calif. Invitational	April 13
34-10.50 (o)	32nd	Triton Invitational	April 23
35-06.50	12th	Payton Jordan Invitational	May 1
34-04.25 (hp)	9th	MW Championships	May 13
Javelin Throw (PR: 113-07 (May 14, 2016))			
109-01	10th	Payton Jordan Invitational	May 1
113-07	6th	MW Championships	May 14
Heptathlon (PR: 5,238 (May 11-12, 2016))			
DNF	--	Calif. Invitational	April 13-14
5,238 (9)	3rd	MW Championships	May 11-12

Alexa Evans

6-0 RS-Sr. San Diego, Calif. West Hills HS			
INDOOR SEASON			
Shot Put (PR: 44-00.50 (Jan. 16, 2016))			
44-00.50 (9)	11th	NAU Challenge	Jan. 16
43-11.75	11th	UW Invitational	Jan. 30
Weight Throw (PR: 50-09.50 (Jan. 29, 2016))			
46-04.75	15th	NAU Challenge	Jan. 16
50-09.50 (9)	16th	UW Invitational	Jan. 29
OUTDOOR SEASON			
Shot Put (PR: 47-00.25 (May 16, 2015))			
42-07.50	11th	Trojan Invitational	March 19
45-05.00 (i)	9th	Aztec Invitational	March 26
46-02.75 (o)	12th	Triton Invitational	April 23
44-04.75	7th	Payton Jordan Invitational	May 1
44-02.50	13th	MW Championships	May 13
Discus Throw (PR: 185-03 (May 28, 2016))			
171-09	4th	Trojan Invitational	March 18
164-10 (i)	8th	Aztec Invitational	March 26
173-05	3rd	Calif. Collegiate Invite	April 2
182-06	7th	Cal State LA Twilight Open	April 14
182-08 (i)	18th	Triton Invitational	April 22
166-06	4th	Payton Jordan Invitational	May 1
175-03	2nd	MW Championships	May 14
185-03 (q, 4)	4th	NCAA West Prelims	May 28
Hammer Throw (PR: 160-10 (April 11, 2015))			
152-08	7th	Calif. Collegiate Invite	April 2

Madison Gipson

5-7 Jr. Wellington, New Zealand Marsden HS			
INDOOR SEASON			
200 Meters (PR: 25.21 (Jan. 16, 2016))			
25.21 (a)	4th	NAU Challenge	Jan. 16
400 Meters (PR: 56.50 (Feb. 13, 2016))			
56.65	6th	UW Invitational	Jan. 30
56.50 (a)	39th	Don Kirby Elite	Feb. 13
56.73 (p, a)	13th	MW Championships	Feb. 26
60-Meter Hurdles (PR: 8.47 (Feb. 27, 2016))			
8.61 (a)	4th	NAU Challenge	Jan. 16
8.83 (qp)	5th	UW Invitational	Jan. 30
8.58 (p)	9th	UW Invitational	Jan. 30
8.62 (p, a)	22nd	Don Kirby Elite	Feb. 12

2016 SDSU TRACK & FIELD INDIVIDUAL SEASON BESTS (as of May 31)

8.55 (p, a)	4th	MW Championships	Feb. 26
8.47 (p, a, 9)	4th	MW Championships	Feb. 27
4x400-Meter Relay			
3:51.54 (a)	4th	NAU Challenge	Jan. 16
3:48.47	2nd	UW Invitational	Jan. 30
3:43.44 (a, 3)	4th	MW Championships	Feb. 27
OUTDOOR SEASON			
400 Meters (PR: 54.98 (April 15, 2016))			
54.98	5th	Bryan Clay Invitational	April 15
55.79	9th	Payton Jordan Invitational	May 1
100-Meter Hurdles (PR: 13.80 (April 2, 2016))			
14.00 (o)	3rd	Aztec Invitational	March 25
14.06 (i)	5th	Aztec Invitational	March 26
13.80	2nd	Calif. Collegiate Invite	April 2
13.83	7th	Bryan Clay Invitational	April 15
13.82	5th	Triton Invitational	April 23
14.07	4th	Payton Jordan Invitational	May 1
13.70 (p, w)	3rd	MW Championships	May 13
13.79 (f, w)	7th	MW Championships	May 14
400-Meter Hurdles (PR: 58.02 (May 14, 2016))			
1:00.99	1st	Trojan Invitational	March 19
1:00.56 (i)	3rd	Aztec Invitational	March 26
1:00.02	1st	Calif. Collegiate Invite	April 2
1:00.22 (p)	3rd	MW Championships	May 13
58.02 (f, 4)	1st	MW Championships	May 14
59.68 (q)	27th	NCAA West Prelims	May 27
4x400-Meter Relay			
3:49.16	1st	SD Collegiate Challenge	March 12
3:47.08 (i)	1st	Aztec Invitational	March 26
3:41.21	2nd	MW Championships	May 14

Simone Glenn

5-7 | So. | Atlanta, Ga. | Bullis HS (Md.)

INDOOR SEASON

60 Meters (PR: 7.54 (Feb. 26, 2016))

7.62 (qp)	5th	UW Invitational	Jan. 30
7.65 (p)	8th	UW Invitational	Jan. 30
7.62 (f)	7th	UW Invitational	Jan. 30
7.61 (p, a)	26th	Don Kirby Elite	Feb. 12
7.54 (p, a, 10)	7th	MW Championships	Feb. 26
7.64 (f, a)	8th	MW Championships	Feb. 27

200 Meters (PR: 23.84 (Feb. 27, 2016))

24.47 (a)	25th	Don Kirby Elite	Feb. 12
23.86 (p, a)	1st	MW Championships	Feb. 26
23.84 (f, a, T-4)	3rd	MW Championships	Feb. 27

4x400-Meter Relay

3:43.44 (a, 3) 4th **MW Championships** Feb. 27

OUTDOOR SEASON

100 Meters (PR: 11.63 (May 15, 2015))

11.89	16th	Bryan Clay Invitational	April 15
11.73	4th	Triton Invitational	April 23
11.85	5th	Payton Jordan Invitational	May 1
11.50 (p, w)	5th	MW Championships	May 13
11.56 (f, w)	4th	MW Championships	May 14
11.56 (q, w)	17th	NCAA West Prelims	May 27

200 Meters (PR: 23.48 (April 11, 2015))

24.06	1st	Calif. Collegiate Invite	April 2
23.91	9th	Bran Clay Invitational	April 15
24.18	7th	Triton Invitational	April 23
23.73	4th	Payton Jordan Invitational	May 1
23.17 (p, w)	4th	MW Championships	May 13
23.56 (f, w)	3rd	MW Championships	May 14

400 Meters (PR: 55.28 (April 4, 2015))

55.86	4th	Trojan Invitational	March 19
55.74 (i)	4th	Aztec Invitational	March 26
56.39	4th	Calif. Collegiate Invite	April 2

4x100-Meter Relay

45.57	1st	Trojan Invitational	March 19
45.03 (i)	1st	Aztec Invitational	March 26
45.45	1st	Bryan Clay Invitational	April 15
DQ	--	Triton Invitational	April 23
44.36	1st	Payton Jordan Invitational	May 1

44.30 (2)	1st	MW Championships	May 14
44.43 (q)	4th	NCAA West Prelims	May 27
4x400-Meter Relay			
4:09.91	4th	SD Collegiate Challenge	March 12
3:44.17	1st	Trojan Invitational	March 19
3:47.08 (i)	1st	Aztec Invitational	March 26
3:41.21	2nd	MW Championships	May 14

Ellison Grove

5-6 | So. | Catharpin, Va. | Battlefield HS

INDOOR SEASON

800 Meters (PR: 2:09.67 (Feb. 13, 2016))

2:11.04	13th	UW Invitational	Jan. 30
2:09.67 (a, sr)	3rd	Don Kirby Elite	Feb. 13
2:10.95 (p, a)	6th	MW Championships	Feb. 26
2:19.54 (f, a)	6th	MW Championships	Feb. 27

Distance Medley Relay

12:06.14 (2) 7th **UW Invitational** Jan. 29

OUTDOOR SEASON

800 Meters (PR: 2:07.74 (May 1, 2016))

2:08.84	2nd	Calif. Collegiate Invite	April 2
2:09.07	11th	Bryan Clay Invitational	April 15
2:09.49	7th	Triton Invitational	April 23
2:07.74 (6)	2nd	Payton Jordan Invitational	May 1
2:09.73 (p)	3rd	MW Championships	May 13
2:07.81 (f)	3rd	MW Championships	May 14
2:10.68 (q)	33rd	NCAA West Prelims	May 27

1,500 Meters (PR: 4:36.66 (April 15, 2016))

4:37.90 (i)	10th	Aztec Invitational	March 25
4:36.66	59th	Bryan Clay Invitational	April 15
4x400-Meter Relay			
3:53.88 (i)	5th	Aztec Invitational	March 26

Grace Hanshaw

5-5 | Sr. | San Diego, Calif. | San Diego Mesa College

OUTDOOR SEASON

5,000 Meters (PR: 17:26.11 (May 10, 2014))

18:59.79 (i)	16th	Aztec Invitational	March 25
18:18.26	23rd	Bryan Clay Invitational	April 14

Lakin Hatcher

5-6.5 | Fr. | Woodstock, Md. | McDonogh HS

INDOOR SEASON

200 Meters (PR: 25.12 (Feb. 26, 2016))

25.94	35th	UW Invitational	Jan. 29
25.36 (a)	53rd	Don Kirby Elite	Feb. 12
25.12 (p, a)	18th	MW Championships	Feb. 26

400 Meters (PR: 57.03 (Feb. 13, 2016))

58.56 (a)	21st	NAU Challenge	Jan. 16
57.03	47th	Don Kirby Elite	Feb. 13
57.45 (p, a)	17th	MW Championships	Feb. 26

4x400-Meter Relay

3:51.54 (a)	4th	NAU Challenge	Jan. 16
3:48.47	2nd	UW Invitational	Jan. 30

OUTDOOR SEASON

200 Meters (PR: 25.14 (April 15, 2016))

25.30	17th	Trojan Invitational	March 19
25.77 (o)	14th	Aztec Invitational	March 25
25.14	36th	Bryan Clay Invitational	April 15

400 Meters (PR: 56.35 (April 2, 2016))

56.86	1st	SD Collegiate Champs	March 12
56.72 (o)	3rd	Aztec Invitational	March 25
56.35	3rd	Calif. Collegiate Invite	April 2
57.31	24th	Bryan Clay Invitational	April 15
57.39	19th	Triton Invitational	April 23
57.17	11th	Payton Jordan Invitational	May 1
57.34 (p)	13th	MW Championships	May 13

4x400-Meter Relay

3:49.16	1st	SD Collegiate Challenge	March 12
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3:44.17	1st	Trojan Invitational	March 19
3:47.08 (i)	1st	Aztec Invitational	March 26
3:41.21	2nd	MW Championships	May 14

Ashley Henderson

5-6 | So. | St. Louis, Mo. | Hazelwood HS

INDOOR SEASON

60 Meters (PR: 7.35 (Feb. 26, 2016))

7.50 (p)	1st	UW Invitational	Jan. 30
7.42 (f)	1st	UW Invitational	Jan. 30
7.41 (p, a, 5)	5th	Don Kirby Elite	Feb. 12
7.43 (s, a)	5th	Don Kirby Elite	Feb. 13
7.44 (f, a)	6th	Don Kirby Elite	Feb. 13
7.35 (p, a, 3)	2nd	MW Championships	Feb. 26
7.46 (f, a)	4th	MW Championships	Feb. 27

200 Meters (PR: 23.44 (Feb. 27, 2016))

24.19	1st	UW Invitational	Jan. 29
23.77 (a)	7th	Don Kirby Elite	Feb. 12
24.06 (p, a)	4th	MW Championships	Feb. 26
23.44 (f, a, sr)	1st	MW Championships	Feb. 27

OUTDOOR SEASON

100 Meters (PR: 11.24 (April 15, 2016))

11.72 (o, w)	1st	Aztec Invitational	March 25
11.29 (i)	1st	Aztec Invitational	March 26
11.24 (2)	1st	Bryan Clay Invitational	April 15
11.01 (p, w)	1st	MW Championships	May 13
11.10 (f, w)	1st	MW Championships	May 14
11.30 (q)	2nd	NCAA West Prelims	May 27

200 Meters (PR: 22.64 (May 1, 2016))

23.16 (i)	1st	Aztec Invitational	March 26
22.64 (2)	1st	Payton Jordan Invitational	May 1
23.11 (p, w)	2nd	MW Championships	May 13
22.44 (f, w)	1st	MW Championships	May 14
22.82 (q)	7th	NCAA West Prelims	May 28

4x100-Meter Relay

45.57	3rd	Trojan Invitational	March 19
45.03 (i)	1st	Aztec Invitational	March 26
45.45	1st	Bryan Clay Invitational	April 15
DQ	--	Triton Invitational	April 23
44.36	1st	Payton Jordan Invitational	May 1
44.30 (2)	1st	MW Championships	May 14
44.43 (q)	4th	NCAA West Prelims	May 28

4x400-Meter Relay

DNF -- **SD Collegiate Challenge** March 12

Courtney Jackson

5-3 | So. | Ramona, Calif. | Ramona HS

INDOOR SEASON

Pole Vault (PR: 11-10.50 (Feb. 28, 2015))

NH	--	UCS Spirit PV Summit	Jan. 16
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OUTDOOR SEASON

Pole Vault (PR: 12-01.50 (April 24, 2015 & April 2, 2016))

NH	--	SD Collegiate Champs	March 12
11-05.25	6th	Ross & Sharon Irwin Meet	March 19
11-08.50 (o)	15th	Aztec Invitational	March 25
11-02.25 (i)	23rd	Aztec Invitational	March 26
12-01.50	4th	Calif. Collegiate Invite	April 2
11-04.25	20th	Bryan Clay Invitational	April 15
11-05.75 (o)	T-14th	Triton Invitational	April 22

Cali King

5-9 | Jr. | La Crescenta, Calif. | Crescenta Valley HS

OUTDOOR SEASON

1,500 Meters (PR: 4:56.27 (April 15, 2016))

5:00.70	31st	Calif. Collegiate Invite	April 2
4:56.27	150th	Bryan Clay Invitational	April 15
4:57.20	40th	Triton Invitational	April 23
4:57.97	50th	adidas/Steve Scott Invite	April 30
4:58.90	59th	Oxy Invitational	May 7

2016 SDSU TRACK & FIELD INDIVIDUAL SEASON BESTS (as of May 31)

Tyra Lea

5-6 | Jr. | Raleigh, N.C. | North Carolina State

INDOOR SEASON

200 Meters (PR: 24.48 (Jan. 2, 2014))

25.19	13th	UW Invitational	Jan. 29
24.64 (a)	30th	Don Kirby Elite	Feb. 12
24.61 (p, a)	9th	MW Championships	Feb. 26

400 Meters (PR: 55.50 (Feb. 28, 2015))

56.73 (a)	10th	NAU Challenge	Jan. 16
56.26	6th	UW Invitational	Jan. 30
56.06 (a)	33rd	Don Kirby Elite	Feb. 13
55.85 (p, a)	10th	MW Championships	Feb. 26

4x400-Meter Relay

3:51.54 (a)	4th	NAU Challenge	Jan. 16
3:48.47	2nd	UW Invitational	Jan. 30
3:43.44 (a, 3)	4th	MW Championships	Feb. 27

OUTDOOR SEASON

100 Meters (PR: 12.31 (March 14, 2015))

12.52	6th	Calif. Collegiate Invite	April 2
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200 Meters (PR: 24.16 (April 11, 2015))

25.14	14th	Trojan Invitational	March 19
24.79 (o)	4th	Aztec Invitational	March 25
24.66	24th	Bryan Clay Invitational	April 15

400 Meters (PR: 54.90 (April 15, 2016))

55.35 (i)	2nd	Aztec Invitational	March 26
55.40	2nd	Calif. Collegiate Invite	April 2
54.90	4th	Bryan Clay Invitational	April 15
55.61	8th	Payton Jordan Invitational	May 1
55.26 (p)	2nd	MW Championships	May 13
54.37 (f)	3rd	MW Championships	May 14

4x400-Meter Relay

3:49.16	1st	SD Collegiate Challenge	March 12
3:44.17	1st	Trojan Invitational	March 19
3:47.08 (i)	1st	Aztec Invitational	March 26
3:41.21	2nd	MW Championships	May 14

Freja Liljedahl

5-6 | Jr. | Gavle, Sweden | Vasaskolan School

INDOOR SEASON

Weight Throw (PR: 46-11.50 (Jan. 16, 2016))

46-11.50	14th	NAU Challenge	Jan. 16
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OUTDOOR SEASON

Hammer Throw (PR: 187-11 (March 18, 2016))

176-03	1st	SD Collegiate Champs	March 12
187-11 (sr)	4th	Trojan Invitational	March 18
168-08 (i)	7th	Aztec Invitational	March 25
173-06	4th	Calif. Collegiate Invite	April 2
170-11	5th	Cal State LA Twilight Open	April 14
174-10 (i)	19th	Triton Invitational	April 22
175-04	10th	Payton Jordan Invitational	May 1
173-07	9th	MW Championships	May 13

Katherine Magill

5-4 | So. | Grass Valley, Calif. | Nevada Union HS

INDOOR SEASON

Pole Vault (PR: 10-10.00 (Jan. 16, 2016))

10-10.00 (co3)	9th	UCS Spirit PV Summit	Jan. 16
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OUTDOOR SEASON

Pole Vault (PR: 12-04.00 (March 26, 2016))

10-06.75	9th	SD Collegiate Champs	March 12
11-11.25	5th	Ross & Sharon Irwin Meet	March 19
11-08.50 (o)	14th	Aztec Invitational	March 25
12-04.00 (i)	13th	Aztec Invitational	March 26
11-04.25	16th	Bryan Clay Invitational	April 15
11-11.75 (o)	T-8th	Triton Invitational	April 22
11-08.00	T-10th	adidas/Steve Scott Invite	April 29
11-04.50	10th	MW Championships	May 13

Hammer Throw (PR: 121-06 (March 12, 2016))

121-06	4th	SD Collegiate Champs	March 12
118-06 (o)	26th	Aztec Invitational	March 25
102-09 (i)	52nd	Triton Invitational	April 22

Lily Mayko

5-3 | Sr. | Portland, Ore. | Southridge HS

OUTDOOR SEASON

800 Meters (PR: 2:22.92 (April 23, 2016))

2:22.92	49th	Triton Invitational	April 23
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1,500 Meters (PR: 4:59.66 (April 2, 2016))

4:59.66	29th	Calif. Collegiate Invite	April 2
5:00.87	56th	adidas/Steve Scott Invite	April 30

Coryne McKenney

5-7 | So. | Clovis, Calif. | Cal Poly

OUTDOOR SEASON

Shot Put (PR: 36-08.25 (April 2, 2016))

36-00.25	2nd	SD Collegiate Champs	March 12
36-07.00 (i)	19th	Aztec Invitational	March 26
36-08.25	2nd	Calif. Collegiate Invite	April 2
36-05.00 (o)	29th	Triton Invitational	April 23

Discus Throw (PR: 144-10 (April 14, 2016))

143-01	3rd	SD Collegiate Champs	March 12
138-07	11th	Trojan Invitational	March 18
140-09 (i)	19th	Aztec Invitational	March 26
139-04	7th	Calif. Collegiate Invite	April 2
144-10	15th	Cal State LA Twilight Open	April 14
142-03 (o)	28th	Triton Invitational	April 22
135-09	13th	adidas/Steve Scott Invite	April 30

Jelena McNown

5-8.5 | RS-Fr. | Murrieta, Calif. | Murrieta Valley HS

INDOOR SEASON

800 Meters (PR: 2:39.56 (Feb. 25, 2016))

2:41.69 (pn)	28th	UW Invitational	Jan. 29
2:39.56 (pn, a)	15th	MW Championships	Feb. 25

60-Meter Hurdles (PR: 9.14 (Feb. 25, 2016))

9.42 (a)	21st	NAU Challenge	Jan. 16
9.33 (pn)	18th	UW Invitational	Jan. 29
9.14 (pn, a)	10th	MW Championships	Feb. 25

High Jump (PR: 5-04.50 (Jan. 29, 2016))

5-03.00	6th	NAU Challenge	Jan. 16
5-04.50 (pn)	T-8th	UW Invitational	Jan. 29
5-02.50 (pn)	10th	MW Championships	Feb. 25
5-02.50	18th	MW Championships	Feb. 27

Long Jump (PR: 18-04.50 (Feb. 25, 2016))

18-02.50	5th	NAU Challenge	Jan. 16
18-01.50 (pn)	6th	UW Invitational	Jan. 29
18-04.50 (pn)	4th	MW Championships	Feb. 25
18-04.25	8th	MW Championships	Feb. 26

Shot Put (PR: 27-09.50 (Jan. 29, 2016))

27-09.50 (pn)	29th	UW Invitational	Jan. 29
27-06.50 (pn)	16th	MW Championships	Feb. 25

Pentathlon (PR: 3,334 (Feb. 25, 2016))

3,315	19th	UW Invitational	Jan. 29
3,334	14th	MW Championships	Feb. 25

OUTDOOR SEASON

100-Meter Hurdles (PR: 14.76 (April 2, 2016))

15.37	4th	SD Collegiate Champs	March 12
15.22	12th	Trojan Invitational	March 19
15.24 (o)	12th	Aztec Invitational	March 25
14.76	8th	Calif. Collegiate Invite	April 2
15.02	19th	Triton Invitational	April 23

High Jump (PR: 5-02.25 (March 12, 2016))

5-02.25	5th	SD Collegiate Champs	March 12
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Long Jump (PR: 19-00.50 (April, 2016))

18-08.00	2nd	Trojan Invitational	March 19
18-10.00 (o)	2nd	Aztec Invitational	March 25

18-05.15 (i)	6th	Aztec Invitational	March 26
19-00.50	1st	Calif. Collegiate Invite	April 2
18-08.50	10th	Bryan Clay Invitational	April 15
18-05.75 (i)	11th	Triton Invitational	April 23
19-04.25 (w)	3rd	adidas/Steve Scott Invite	April 29
18-05.75 (w)	10th	Payton Jordan Invitational	May 1
Foul	--	MW Championships	May 13

Kira Moreland

5-1 | Jr. | Fontana, Calif. | Arizona State

OUTDOOR SEASON

100 Meters (PR: 12.45 (March 14, 2015))

12.87	69th	Bryan Clay Invitational	April 15
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12.64 12th Payton Jordan Invitational May 1

Long Jump (PR: 19-02.00 (April 18, 2014))

18-00.50	16th	Bryan Clay Invitational	April 15
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18-00.50 (i) 15th Triton Invitational April 23

17-04.25	15th	Payton Jordan Invitational	May 1
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17-01.50	16th	MW Championships	May 13
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Julia Newton

5-7 | Fr. | Burbank, Calif. | Burbank HS

INDOOR SEASON

Pole Vault (PR: 10-00.00 (Jan. 16, 2016))

10-00.00 (co4)	6th	UCS Spirit PV Summit	Jan. 16
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OUTDOOR SEASON

Pole Vault (PR: 10-02.75 (March 25, 2016))

10-02.75 (o)	T-27th	Aztec Invitational	March 25
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Elaine Ribeiro

5-11 | Jr. | La Mesa, Calif. | Helix HS

INDOOR SEASON

Mile (PR: 5:06.54 (Feb. 13, 2015))

5:08.94 (a)	10th	Don Kirby Elite	Feb. 13
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5:08.74 (p, a) 14th MW Championships Feb. 26

3,000 Meters (PR: 10:06.55 (Jan. 31, 2015))

10:08.70	24th	UW Invitational	Jan. 30
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Distance Medley Relay

12:06.14 (2)	7th	UW Invitational	Jan. 29
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OUTDOOR SEASON

1,500 Meters (PR: 4:36.86 (April 24, 2015))

4:40.29	5th	Calif. Collegiate Invite	April 2
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4:41.26 12th Triton Invitational April 23

3,000 Meters (PR: 10:05.21 (March 25, 2016))

10:05.21 (i)	5th	Aztec Invitational	March 25
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5,000 Meters (PR: 17:39.75 (April 14, 2016))

17:39.75	4th	Bryan Clay Invitational	April 14
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17:44.76 17th MW Championships May 14

3,000-Meter Steeplechase (PR: 11:02.76 (April 23, 2016))

11:02.76 (4)	4th	Triton Invitational	April 23
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11:09.49 4th adidas/Steve Scott Invite April 29

11:21.80	14th	MW Championships	May 13
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Courtney Robinson

Jr. | Las Vegas, Nev. | Central Arizona

INDOOR SEASON

60 Meters (PR: 7.70 (Feb. 26, 2016))

7.76 (p, a)	39th	Don Kirby Elite	Feb. 12
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7.70 (p, a) 18th MW Championships Feb. 26

60-Meter Hurdles (PR: 8.40 (Feb. 7, 2015))

9.04 (p, a)	44th	Don Kirby Elite	Feb. 12
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8.85 (p, a) 13th MW Championships Feb. 26

OUTDOOR SEASON

200 Meters (PR: 25.23 (March 21, 2015))

DQ	--	Trojan Invitational	March 19
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100-Meter Hurdles (PR: 13.51 (April 11, 2015))

13.97	6th	Trojan Invitational	March 19
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14.13 (o) 4th Aztec Invitational March 25

2016 SDSU TRACK & FIELD INDIVIDUAL SEASON BESTS (as of May 31)

13.90 (i)	4th	Aztec Invitational	March 26
13.93	3rd	Calif. Collegiate Invite	April 2
400-Meter Hurdles (PR: 1:00.43 (May 17, 2014))			
1:03.04	2nd	SD Collegiate Champs	March 12
1:02.31 (i)	5th	Aztec Invitational	March 26
4x100-Meter Relay			
45.03 (j, 10)	1st	Aztec Invitational	March 26
4x400-Meter Relay			
DNF	--	SD Collegiate Challenge	March 12

Rachel Roesgen

5-11 | Sr. | Coto de Caza, Calif. | Santa Margarita Catholic HS
INDOOR SEASON

3,000 Meters (PR: 10:31.33 (Jan. 30, 2016))

10:31.33 (8) 35th UW Invitational Jan. 30

Distance Medley Relay

12:06.14 (2) 7th UW Invitational Jan. 29

OUTDOOR SEASON

800 Meters (PR: 2:23.49 (April 23, 2016))

2:23.49 51st Triton Invitational April 23

1,500 Meters (PR: 4:38.43 (May 10, 2014))

4:44.22 8th Calif. Collegiate Invite April 2

4:43.52 98th Bryan Clay Invitational April 15

4:45.29 16th Triton Invitational April 23

4:53.81 42nd adidas/Steve Scott Invite April 29

4:44.43 36th Oxy Invitational May 7

3,000 Meters (PR: 10:15.90 (April 26, 2015))

10:48.64 (i) 16th Aztec Invitational March 25

Hannah Sawatzki

5-0 | Sr. | San Diego, Calif. | Westview HS
OUTDOOR SEASON

5,000 Meters (PR: 18:28.33 (March 15, 2014))

19:55.85 22nd Calif. Collegiate Invite April 2

Lily Seynaeve

5-10 | So. | Corona, Calif. | Santiago HS
INDOOR SEASON

Mile (PR: 5:31.82 (Feb. 26, 2016))

5:31.82 (p, a) 20th MW Championships Feb. 26

3,000 Meters (PR: 10:19.36 (Jan. 30, 2016))

10:19.36 (5) 32nd UW Invitational Jan. 30

OUTDOOR SEASON

1,500 Meters (PR: 4:46.39 (April 2, 2016))

4:46.39 13th Calif. Collegiate Invite April 2

4:47.97 24th Triton Invitational April 23

5,000 Meters (PR: 17:50.54 (March 25, 2016))

17:50.54 (i) 11th Aztec Invitational March 25

17:50.94 7th Bryan Clay Invitational April 14

18:17.36 12th adidas/Steve Scott Invite April 29

Starlynn Singleton

5-5 | Jr. | Murrieta, Calif. | Murrieta Mesa HS
INDOOR SEASON

60 Meters (PR: 7.79 (Feb. 14, 2015))

7.83 (p, a) 49th Don Kirby Elite Feb. 12

Triple Jump (PR: N/A)

Foul -- Don Kirby Elite Feb. 13

OUTDOOR SEASON

100 Meters (PR: 11.65 (April 23, 2016))

12.11 1st SD Collegiate Champs March 12

12.01 4th Trojan Invitational March 19

12.31 (o, w) 4th Aztec Invitational March 25

11.98 (i) 8th Aztec Invitational March 26

11.80 1st Calif. Collegiate Invite April 2

11.90 17th Bryan Clay Invitational April 15

11.65 3rd Triton Invitational April 23

11.60 (p, w) 7th MW Championships May 13

11.67 (f, w) 5th MW Championships May 14

12.01 (q) 43rd NCAA West Prelims May 27

200 Meters (PR: 24.45 (May 1, 2016))

25.37 (i) 24th Aztec Invitational March 26

24.45 9th Payton Jordan Invitational May 1

24.05 (p, w) 9th MW Championships May 13

24.12 (f, w) 7th MW Championships May 14

4x100-Meter Relay

DQ -- Triton Invitational April 23

44.36 1st Payton Jordan Invitational May 1

44.30 (2) 1st MW Championships May 14

44.43 (q) 4th NCAA West Prelims May 28

Long Jump (PR: 18-10.00 (April 15, 2016))

18-02.50 (o) 3rd Aztec Invitational March 25

18-10.00 9th Bryan Clay Invitational April 15

18-05.25 11th Payton Jordan Invitational May 1

Triple Jump (PR: 37-10.50 (March 12, 2015))

37-10.50 1st SD Collegiate Champs March 12

37-11.50 3rd Trojan Invitational March 19

37-04.00 6th Calif. Collegiate Invite April 2

Karen Snapper

5-6 | Sr. | Huntington Beach, Calif. | Edison HS
INDOOR SEASON

Pole Vault (PR: 13-02.25 (Feb. 14, 2015))

11-05.75 (co1) 12th UCS Spirit PV Summit Jan. 16

12-04.50 15th Don Kirby Elite Feb. 13

12-01.50 9th MW Championships Feb. 26

OUTDOOR SEASON

Pole Vault (PR: 13-06.25 (May 1, 2016))

NH -- SD Collegiate Champs March 12

13-03.00 1st Ross & Sharon Irwin Meet March 19

13-00.75 (i) 4th Aztec Invitational March 26

12-07.50 3rd Calif. Collegiate Invite April 2

12-04.00 5th Bryan Clay Invitational April 15

13-03.50 (o) 4th Triton Invitational April 22

13-06.25 (9) 4th Payton Jordan Invitational May 1

12-08.25 5th MW Championships May 13

12-06.25 (q) T-39th NCAA West Prelims May 27

Karsen Sper

5-8 | Sr. | Camarillo, Calif. | Thousand Oaks HS
INDOOR SEASON

200 Meters (PR: 26.95 (Feb. 12, 2016))

26.95 (a) 86th Don Kirby Elite Feb. 12

800 Meters (PR: 2:29.12 (Feb. 27, 2014))

2:29.74 (pn, a) 11th MW Championships Feb. 25

60-Meter Hurdles (PR: 8.76 (Feb. 28, 2014))

9.20 (p, a) 51st Don Kirby Elite Feb. 12

8.94 (pn, a) 7th MW Championships Feb. 25

High Jump (PR: 5-05.00 (Feb. 21, 2013))

5.00.25 (pn) T-12th MW Championships Feb. 25

Long Jump (PR: 17-06.25 (Jan. 16, 2015))

ND -- Don Kirby Elite Feb. 12

16-05.75 (pn) 14th MW Championships Feb. 25

Shot Put (PR: 33-00.50 (Feb. 27, 2014))

31-03.00 (pn) 13th MW Championships Feb. 25

Pentathlon (PR: 3,564 (Feb. 21, 2013))

3,336 13th MW Championships Feb. 25

OUTDOOR SEASON

200 Meters (PR: 25.60 (March 24, 2016))

25.88 19th Trojan Invitational March 19

25.60 (hp) 2nd Aztec Invitational March 24

25.80 (hp, w) 25th Calif. Invitational April 13

25.74 (hp) 8th MW Championships May 11

800 Meters (PR: 2:19.92 (May 12, 2016))

2:22.14 (hp) 21st Calif. Invitational April 14

2:19.92 (hp) 3rd MW Championships May 12

100-Meter Hurdles (PR: 14.18 (May 11, 2013))

14.51 9th Trojan Invitational March 19

14.47 (hp) 3rd Aztec Invitational March 24

14.56 (i) 12th Aztec Invitational March 26

14.40 4th Calif. Collegiate Invite April 2

14.69 (hp) 13th Calif. Invitational April 13

14.29 14th Bryan Clay Invitational April 15

14.51 14th Triton Invitational April 23

14.61 9th Payton Jordan Invitational May 1

14.28 (hp) 4th MW Championships May 11

14.43 (p) 12th MW Championships May 13

4x400-Meter Relay

4:09.91 4th SD Collegiate Challenge March 12

3:53.88 (i) 5th Aztec Invitational March 26

High Jump (PR: 5-05.75 (March 27, 2014))

4-08.75 (hp) T-8th Aztec Invitational March 24

4-11.50 (i) 16th Aztec Invitational March 26

5-00.25 T-10th Calif. Collegiate Invite April 2

5-01.75 (hp) T-28th Calif. Invitational April 13

5-03.25 4th Payton Jordan Invitational May 1

5-03.25 (hp) T-6th MW Championships May 11

Long Jump (PR: 18-02.50 (April 23, 2016))

Foul -- Calif. Collegiate Invite April 2

17-07.50 (hp) 20th Calif. Invitational April 14

18-02.50 (i) 13th Triton Invitational April 23

Foul -- Payton Jordan Invitational May 1

17-11.50 (hp) 9th MW Championships May 12

Shot Put (PR: 33-07.25 (May 8, 2013))

32-04.75 4th SD Collegiate Champs March 12

32-03.00 16th Trojan Invitational March 19

32-11.75 (hp) 6th Aztec Invitational March 24

32-04.75 (hp) 36th Calif. Invitational April 13

32-11.75 (hp) 10th MW Championships May 11

Javelin Throw (PR: 118-01 (March 15, 2014))

97-05 (hp) 25th Calif. Invitational April 14

94-11 (hp) 10th MW Championships May 12

Heptathlon (PR: 5,011 (May 11-12, 2016))

4,849 21st Calif. Invitational April 13-14

5,011 6th MW Championships May 11-12

Cassidy Towner

5-4 | So. | Placentia, Calif. | El Dorado HS
INDOOR SEASON

3,000 Meters (PR: 10:15.21 (Jan. 30, 2016))

10:15.21 (4) 32nd UW Invitational Jan. 30

Jasmine Young

5-4 | So. | San Diego, Calif. | Junipero Serra HS
INDOOR SEASON

400 Meters (PR: 1:02.47 (Jan. 16, 2016))

1:02.47 (a) 31st NAU Challenge Jan. 16

OUTDOOR SEASON

200 Meters (PR: 27.59 (March 14, 2015))

26.59 13th Calif. Collegiate Invite April 2

400-Meter Hurdles (PR: 1:03.95 (April 23, 2016))

1:05.38 5th SD Collegiate Champs March 12

1:04.08 (o) 2nd Aztec Invitational March 25

1:04.44 (i) 12th Aztec Invitational March 26

1:04.73 34th Bryan Clay Invitational April 15

1:03.95 13th Triton Invitational April 23

1:04.27 13th adidas/Steve Scott Invite April 30

1:05.77 (p) 15th MW Championships May 13

4x400-Meter Relay

4:09.91 4th SD Collegiate Challenge March 12

KEY: sr - school record; (number) - top-10 school ranking; qp - qualifying prelims; p - preliminaries; h - heats; 1r - first round; q - quarter-finals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; se - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; a - altitude; w - wind aided (> 2.0 mph); conv - converted from 4x400-yard relay; **Note that all personal records (PR) are collegiate personal records**

SDSU Outdoor Track and Field All-Time Top 10

100 Meters

1. Tonette Dyer11.202004
2. Ashley Henderson11.242016
3. Lawreta Ozoh11.422011
4. Karoline Koehler11.432009
5. Shana Solomon11.492008
6. Melinda Smedley11.502003
Meisha McKelvy11.501999
8. Meritzer Williams11.512014
9. LaQuisha Jackson11.582013
10. Micha Auzenne11.592015
Nicole Ireland11.592003

200 Meters

1. Tonette Dyer22.342004
2. Ashley Henderson22.642016
3. LaQuisha Jackson23.232013
4. Nicole Ireland23.302004
5. Melinda Smedley23.322002
6. Lawreta Ozoh23.362011
7. Lori Smith23.401983
8. Simone Glenn23.482015
9. Sherraine Pencil23.532008
10. Meritzer Williams23.622014

400 Meters

1. Tonette Dyer51.152004
2. Renee Ross51.331985
3. Nicole Stone52.812009
4. Nicole Ireland52.912003
5. Jini Hogg53.082002
6. LaTanya Sheffield53.091985
7. Sherraine Pencil53.112008
8. Promise Rose53.882000
9. Malika Freeman53.961995
10. Larnie Boyd54.012004

800 Meters

1. Renee Ross2:02.881985
2. Monica Joyce2:05.571982
3. Mandy Upuu2:06.562007
4. Lisa Naucler2:07.192007
5. Kylie Edwards2:07.392000
6. Ellison Grove2:07.742016
7. Josefina Koskinen2:07.862013
8. Nicole Carmier2:08.502005
9. Jamillah Titus2:08.902003
10. Jennifer Stakiw2:08.962003

1,500 Meters

1. Monica Joyce4:06.691982
2. Eva Ernstrom4:16.891982
3. Lynn Kanuka4:17.281982
4. Kylie Edwards4:27.002001
5. Sharon Yaninek4:29.411984
6. Jeanne Abare4:30.641973
7. Marie Nilsson4:32.032004
8. Wendy Peterson4:32.141990
9. Lisa Naucler4:33.132007
10. Renee Ross4:33.181986

3,000 Meters

1. Monica Joyce8:53.241982
2. Eva Ernstrom8:58.441982
3. Lynn Kanuka9:13.131982
4. Marie Nilsson9:39.012004
5. Maureen Bradley9:48.511987
6. Eliana Garcia9:49.041983
7. Laurie Crisp9:49.941983
8. Liz Baker9:50.191981
9. Debra Chaddock9:54.041983
10. Wendy Peterson9:54.131989

5,000 Meters

1. Monica Joyce15:45.261982
2. Eva Ernstrom15:46.371982
3. Lynn Kanuka15:59.341982
4. Rachel Williams16:41.962009
5. Debra Chaddock16:42.441982
6. Marie Nilsson16:43.562004
7. Liz Baker16:46.241982
8. Laurie Crisp16:58.641983
9. Maureen Bradley17:00.801987
10. Marianne Hogan17:05.052011

10,000 Meters

1. Lynn Kanuka34:22.241981
2. Liz Baker34:44.441982
3. Debra Chaddock34:55.241982
4. Marianne Hogan35:19.902011
5. Laurie Crisp36:01.001983
6. Rachel Williams36:08.772009
7. Sherrie Torrans36:31.441981
8. Alma Escobar36:40.152009
9. Maureen Bradley36:46.441986
10. Mona Lopez37:15.401987

100-Meter Hurdles

1. Meisha McKelvy12.821999
2. Deby LaPlante12.861979
3. Darla Vaughn13.001992
4. Felicia Stone13.212000
5. Heather Heron13.252005
6. Micha Auzenne13.272016
7. Sue Kameli13.281980
8. Allison Reaser13.302013
Nicole Ireland13.302004
Daveeta Shepherd13.302001

400-Meter Hurdles

1. LaTanya Sheffield54.641985
2. Nicole Ireland56.102003
3. Allison Reaser57.802014
4. Madison Gipson58.012016
5. Deyna Roberson58.362013
6. Sharifa Cox58.511994
7. Margaret Hemmans58.531987
8. Kristin Olafsdottir58.822008
9. Gaylen Ames58.901988
10. Erica Prodanovich59.031992

3,000-Meter Steeplechase

1. Marie Nilsson10:23.342004
2. Lisa Crampton10:42.112006
3. Celeste Tyson10:48.322006
4. Elaine Ribeiro11:02.762016
5. Sara Beyers11:10.582011
6. Kristin Glen11:13.372009
7. Alicia Stewart11:21.722003
8. Jennifer Stakiw11:22.682001
9. Jackie Duncan11:23.422007
10. Lindsay Baraja11:35.432008

4x100-Meter Relay

1. Givens, Dyer, Hogg, Smedley44.242002
2. Singleton, Glenn, Auzenne, Henderson44.302016
3. Boyd, Dyer, Heron, Ireland44.452004
4. King, Koehler, Hornsby, Stone44.742009
5. Smedley, Dyer, Peters, Ireland44.752003
6. Peters, Dyer, Hogg, Smedley44.772002
7. Smedley, Dyer, Givens, Ireland44.842003
8. Pencil, Solomon, Lowery, Kaye44.882008
9. Bunch, Henderson, Auzenne, Glenn44.912015
10. Sheffield, Robinson, Moon, Ross45.021985

4x200-Meter Relay

1. Smedley, Dyer, McNair, Ireland1:32.992003
2. Dyer, Ireland, McNair, Boyd1:33.312004
3. Dyer, Hogg, Ireland, Smedley1:34.972003
4. Clemons, Brewer, Moon, Ross1:35.741984
5. Boyd, McNair, Dyer, Givens1:35.982004
6. Al. Reaser, Toatley, Campbell, Jackson1:37.062013
7. Frary, Mose, Smedley, Hogg1:37.482001
8. Clemons, Ross, Moon, Russell1:39.391984

Sprint Medley Relay (100-100-200-400)

1. Moon, Robinson, Nilson, Ross1:39.191985
2. Clemons, Brewer, Moon, Ross1:40.101984
3. Hegerle, Charles, Bullard, Collins1:42.041981

4x400-Meter Relay

1. Nilson, Ross, Robinson, Sheffield3:30.571985
2. Boyd, Ireland, Dyer, Heron3:33.842004
3. Hogg, Ireland, Dyer, Givens3:34.472003
4. McNair, Ireland, Dyer, Givens3:34.772003
5. Dyer, Ireland, Hogg, McNair3:35.192003
6. Thomas, Toatley, Roberson, Jackson3:35.412013
7. Thomas, Toatley, Roberson, James3:35.422013
8. Smith, Ross, Hemmans, Sheffield3:35.501986
9. Boyd, Heron, Ireland, Givens3:35.892004
10. Dyer, Hogg, McNair, Ireland3:36.672003

4x800-Meter Relay

1. Hemond, Ernstrom, Kanuka, Joyce8:48.131982
2. Spencer, Ross, Garcia, Yaninek8:59.051984
3. Garcia, Collins, O'Connell, Joyce9:09.041981

Distance Medley Relay (1200-400-800-1600)

1. Hemond, Sheffield, Joyce, Kanuka11:07.641982
2. Boyd, Givens, Carmier, Nilsson11:37.772004
3. Titus, McNair, Boyd, Nilsson11:45.802004

Shuttle Hurdles Relay

1. Brown, Evans, Sper, Al. Reaser1:00.452013
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High Jump

1. Lori Clark5-11.501984
2. Patti Stafford5-11.001981
3. Marla Runyan5-10.001989
4. Carrie McLaughlin5-09.501982
5. Veronica Wuerful5-09.001982
6. Nicole Carmier5-08.752005
Deanne Johnson5-08.751984
8. Jamillah Titus5-08.002004
Aja Makaila Frary5-08.002001
Lori Smith5-08.001983

* Happened in 2016

* Updated on May 31, 2016

SDSU Outdoor Track and Field All-Time Top 10

Pole Vault

1. Stephanie James14-03.50...2008
2. Shayla Balentine14-01.25...2005
3. **Bonnie Draxler14-00.75..2016**
4. Kristen Brown14-00.50...2014
5. Kelsy Hintz13-10.00...2012
6. Erin Asay13-09.25...2006
7. Kortney Ross.....13-07.25...2015
Katie Morgan13-07.25...2010
9. **Karen Snapper13-06.25..2016**
10. Holly Waseloff.....13-03.75...2015

Long Jump

1. Karoline Koehler21-09.50...2009
2. Lisa Domico20-05.75...1999
3. Allison Reaser20-04.50...2014
4. Deontee Kaye20-04.25...2007
Aja Makaila Frary20-04.25...2001
6. Brittany Bozeman20-01.50...2014
Shana Watson20-01.50...2008
8. Shanika Thomas19-10.75...2014
9. Carrie McLaughlin19-10.50...1980
10. Nicole Oudenaarden19-09.75...2014

Triple Jump

1. Shanika Thomas46-05.25...2013
2. Karoline Koehler44-09.00...2009
3. Deontee Kaye44-04.25...2007
4. Alex Evans42-09.00...2013
5. Gaylen Ames41-09.75...1988
6. Angela McKnight41-08.00...1988
7. Shana Watson41-07.25...2008
8. **Je'Neal Ainsworth....41-04.50..2016**
9. Kai Wheeler40-11.50...2009
10. Sharie Green.....40-06.75...1989

Shot Put

1. Ramona Pagel.....58-03.75...1984
2. Whitney Ashley55-05.00...2012
3. Jasmine Burrell52-08.00...2015
4. Laura DeSnoo51-03.00...1984
5. **Rachel Alesi.....49-09.25..2016**
6. Candace Hill49-08.50...2004
7. Cheryl Kennedy.....48-09.00...1982
8. Ariel Oliver47-09.25...2015
9. Leanne Taylor47-07.00...2006
10. Alexa Evans47-00.25...2015

Discus Throw

1. Whitney Ashley196-10...2012
2. Laura DeSnoo196-04...1984
3. Ramona Pagel.....186-06...1984
4. **Alexa Evans185-03..2016**
5. Jasmine Burrell181-05...2014
6. **Rachel Alesi.....180-04..2016**
7. Leanne Taylor167-08...2009
8. Ariel Oliver162-11...2014
9. Candace Hill162-09...2003
10. Jeanette McConnell162-08...2010

Hammer Throw

1. **Freja Liljedahl187-11 .2016**
2. Whitney Ashley187-06...2011
3. Jasmine Burrell186-11...2013
4. Ellie Fanaika184-04...2012
5. **Victoria Dickerson.....181-03..2016**
6. Maria Rodriguez170-07...2010
7. Kellie Scott168-08...1998
8. Andrea Martinez166-05...2008
9. Candace Hill164-06...2003
10. Mikayla Howden164-00...2013

Javelin Throw (New)

1. Nicole Oudenaarden160-05...2014
2. Leslie Miller151-11...2003
3. Michele Dannhausen143-09...2009
4. Brittany Bozeman143-06...2013
5. Shanon Meyer.....139-03...2003
6. Janine Polischuk.....135-04...2004
7. Allison Reaser132-00...2012
8. Rachel Alesi.....127-00...2014
9. Odalmis Moreira126-07...2010
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1. Liz Mueller178-03...1983
2. Donna Dietrich169-09...1978
3. Linn Dunton163-02...1979
4. Debbie Dibb160-06...1982
5. Angela Rock.....160-01...1984
6. Vicki Hallman.....158-08...1974
7. Diana Collier155-10...1989
8. Monica Stoltenburg154-06...1979
9. Louise Joubert.....153-05...1990
10. Ramona Pagel.....150-02...1984

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1. Allison Reaser.....5,917...2014
2. Nicole Oudenaarden5,774...2013
3. Aja Makaila Frary.....5,751...2001
4. Carrie McLaughlin.....5,620...1983
5. Leslie Miller5,602...2003
6. Shanon Meyer5,481...2003
7. Lori Smith5,435...1983
8. Kristin Olafsdottir5,402...2006
9. **Kassidy Ellis5,238..2016**
10. Brittany Bozeman.....5,221...2013

* Happened in 2016

* Updated on May 31, 2016