

SDSU 2014 INDOOR TRACK & FIELD PERFORMANCE LIST (as of May 10)

60 METERS

School Record: 7.33 (Tonette Dyer, 2004)

| Time | Athlete | Place | Notes | Meet | Date |
|-------------|--------------------------|-------------|-----------------------|-----------------------------------|----------------|
| 7.45 | Meritzer Williams | 1st | prelims; 4th all-time | MW Champs | Feb. 28 |
| 7.54 | Meritzer Williams | 6th | finals | MW Champs | March 1 |
| 7.59 | Meritzer Williams | 4th | | Don Kirby Elite | Feb. 15 |
| 7.63 | Meritzer Williams | 16th | prelims | Howie Ryan Invite | Jan. 31 |
| 7.64 | Meritzer Williams | 5th | prelims | Don Kirby Elite | Feb. 15 |
| 7.64 | Meritzer Williams | 17th | finals | Howie Ryan Invite | Feb. 1 |
| 7.85 | Kristen Brown | 30th | prelims | Cherry & Silver Invite | Jan. 25 |
| 8.06 | Madison Gipson | 42nd | prelims | Cherry & Silver Invite | Jan. 25 |

200 METERS

School Record: 23.45 (Shanae Roach, 2011)

| Time | Athlete | Place | Notes | Meet | Date |
|--------------|---------------------------|-------------|--------------|-----------------------------------|----------------|
| 24.19 | Allison Reaser | 12th | 9th all-time | Don Kirby Elite | Feb. 14 |
| 24.59 | Meritzer Williams | 6th | prelims | MW Champs | Feb. 28 |
| 24.62 | Allison Reaser | 7th | prelims | MW Champs | Feb. 28 |
| 24.69 | Maderia Toatley | 28th | | Don Kirby Elite | Feb. 14 |
| 24.71 | Meritzer Williams | 7th | finals | MW Champs | March 1 |
| 24.76 | Meritzer Williams | 32nd | | Don Kirby Elite | Feb. 14 |
| 24.80 | Allison Reaser | 8th | finals | MW Champs | March 1 |
| 24.95 | Maderia Toatley | 11th | prelims | MW Champs | Feb. 28 |
| 24.95 | Nicole Oudenaarden | 37th | | Don Kirby Elite | Feb. 14 |
| 24.96 | Meritzer Williams | 27th | | Cherry & Silver Invite | Jan. 24 |
| 25.07 | Maderia Toatley | 30th | | Cherry & Silver Invite | Jan. 24 |
| 25.14 | Nicole Oudenaarden | 32nd | | Cherry & Silver Invite | Jan. 24 |
| 25.57 | Maderia Toatley | 10th | | Howie Ryan Invite | Feb. 1 |
| 25.65 | Janice George | 55th | | Cherry & Silver Invite | Jan. 24 |
| 25.68 | Madison Gipson | 51st | | Don Kirby Elite | Feb. 14 |
| 25.82 | Madison Gipson | 57th | | Cherry & Silver Invite | Jan. 24 |
| 26.42 | Madison Gipson | 29th | "B" section | Howie Ryan Invite | Jan. 31 |
| 26.64 | Janice George | 36th | "B" section | Howie Ryan Invite | Jan. 31 |
| DNF | Meritzer Williams | -- | | Howie Ryan Invite | Feb. 1 |

400 METERS

School Record: 53.51 (Tonette Dyer, 2003)

| Time | Athlete | Place | Notes | Meet | Date |
|--------------|------------------------|-------------|----------|-----------------------------------|----------------|
| 56.68 | Maderia Toatley | 1st | unseeded | Don Kirby Elite | Feb. 14 |
| 57.35 | Maderia Toatley | 18th | | Cherry & Silver Invite | Jan. 24 |
| 57.36 | Maderia Toatley | 10th | prelims | MW Champs | Feb. 28 |
| 58.52 | Maderia Toatley | 9th | | Howie Ryan Invite | Feb. 1 |
| 59.39 | Janice George | 37th | | Cherry & Silver Invite | Jan. 24 |
| 1:00.30 | Janice George | 24th | | Howie Ryan Invite | Feb. 1 |

600 METERS

School Record: N/A

| Time | Athlete | Place | Notes | Meet | Date |
|----------------|------------------------|-------------|-------|------------------------|----------------|
| 1:38.19 | Dynasty Gammage | 9th | | Don Kirby Elite | Feb. 14 |
| 1:38.90 | Renefia James | 11th | | Don Kirby Elite | Feb. 14 |

800 METERS

School Record: 2:10.45 (Mandy Upuu, 2008)

| Time | Athlete | Place | Notes | Meet | Date |
|----------------|---------------------------|-------------|------------|--------------------------|-----------------|
| 2:20.11 | Dynasty Gammage | 13th | prelims | MW Champs | Feb. 28 |
| 2:20.37 | Allison Reaser | 8th | pentathlon | NCAA Champs | March 15 |
| 2:21.01 | Chelsea Kruthers | 15th | prelims | MW Champs | Feb. 28 |
| 2:25.23 | Allison Reaser | 2nd | pentathlon | MW Champs | Feb. 27 |
| 2:25.48 | Allison Reaser | 1st | pentathlon | Howie Ryan Invite | Jan. 31 |
| 2:26.38 | Nicole Oudenaarden | 2nd | pentathlon | Howie Ryan Invite | Jan. 31 |
| 2:27.93 | Nicole Oudenaarden | 6th | pentathlon | MW Champs | Feb. 27 |
| 2:29.12 | Karsen Sper | 7th | pentathlon | MW Champs | Feb. 27 |
| 2:31.07 | Karsen Sper | 5th | pentathlon | Howie Ryan Invite | Jan. 31 |

MILE

School Record: 5:01.00 (Chelsea Kruthers, 2014)

| Time | Athlete | Place | Notes | Meet | Date |
|----------------|-------------------------|-------------|---------------|--------------------------|---------------|
| 5:01.00 | Chelsea Kruthers | 8th | school record | Howie Ryan Invite | Feb. 1 |
| 5:08.10 | Rachel Roesgen | 14th | 3rd all-time | Howie Ryan Invite | Feb. 1 |
| 5:08.78 | Chelsea Kruthers | 6th | | Don Kirby Elite | Feb. 15 |
| 5:20.83 | Dynasty Gammage | 20th | | Howie Ryan Invite | Feb. 1 |

60-METER HURDLES

School Record: 8.24 (Miesha McKelvy, 1999)

| Time | Athlete | Place | Notes | Meet | Date |
|-------------|---------------------------|-------------|--------------------------|------------------------|----------------|
| 8.28 | Kristen Brown | 1st | prelims; 2nd all-time | MW Champs | Feb. 28 |
| 8.30 | Allison Reaser | 1st | pentathlon; 4th all-time | MW Champs | Feb. 27 |
| 8.31 | Kristen Brown | 1st | finals | MW Champs | March 1 |
| 8.32 | Allison Reaser | 5th | pentathlon | NCAA Champs | March 15 |
| 8.32 | Kristen Brown | 3rd | "A" prelims | Don Kirby Elite | Feb. 15 |
| 8.44 | Allison Reaser | 4th | prelims | Cherry & Silver Invite | Jan. 25 |
| 8.44 | Kristen Brown | 6th | prelims | Cherry & Silver Invite | Jan. 25 |
| 8.46 | Kristen Brown | 3rd | finals | Howie Ryan Invite | Feb. 1 |
| 8.46 | Kristen Brown | 5th | finals | Cherry & Silver Invite | Jan. 25 |
| 8.51 | Allison Reaser | 5th | prelims | MW Champs | Feb. 28 |
| 8.52 | Allison Reaser | 8th | "A" prelims | Don Kirby Elite | Feb. 15 |
| 8.54 | Allison Reaser | 4th | finals | MW Champs | March 1 |
| 8.54 | Kristen Brown | 2nd | prelims | Howie Ryan Invite | Jan. 31 |
| 8.57 | Allison Reaser | 1st | pentathlon | Howie Ryan Invite | Jan. 31 |
| 8.59 | Allison Reaser | 7th | finals | Cherry & Silver Invite | Jan. 25 |
| 8.61 | Kristen Brown | 5th | semifinals | Howie Ryan Invite | Feb. 1 |
| 8.66 | Madison Gipson | 7th | finals | MW Champs | March 1 |
| 8.72 | Madison Gipson | 8th | prelims | MW Champs | Feb. 28 |
| 8.76 | Karsen Sper | 10th | prelims | MW Champs | Feb. 28 |
| 8.79 | Karsen Sper | 4th | pentathlon | MW Champs | Feb. 27 |
| 8.96 | Nicole Oudenaarden | 8th | pentathlon | MW Champs | Feb. 27 |
| 8.99 | Karsen Sper | 3rd | pentathlon | Howie Ryan Invite | Jan. 31 |
| 9.09 | Nicole Oudenaarden | 5th | pentathlon | Howie Ryan Invite | Jan. 31 |
| 9.15 | Karsen Sper | 29th | prelims | Cherry & Silver Invite | Jan. 25 |
| 9.26 | Nicole Oudenaarden | 31st | prelims | Cherry & Silver Invite | Jan. 25 |
| DNF | Kristen Brown | -- | finals | Don Kirby Elite | Feb. 15 |
| DNF | Madison Gipson | -- | prelims | Howie Ryan Invite | Jan. 31 |

4x400-METER RELAY

School Record: 3:41.55 (Stone, Pencil, Chapu, Upuu, 2007)

| Time | Team | Place | Notes | Meet | Date |
|----------|--|-------|---------------|------------------------|---------|
| 3:48.39 | Oudenaarden, Toatley, Al. Reaser, George | 7th | 10th all-time | Cherry & Silver Invite | Jan. 25 |
| 3:49.29* | Oudenaarden, Sper, Gipson, Toatley | 6th | | MW Champs | March 1 |

*converted from 4x400-yard relay

DISTANCE MEDLEY RELAY

School Record: 12:05.71 (Gammage, Toatley, Kruthers, Roesgen, 2014)

| Time | Team | Place | Notes | Meet | Date |
|----------|---|-------|---------------|-------------------|---------|
| 12:05.71 | Gammage, Toatley, Kruthers, Roesgen | 2nd | school record | Howie Ryan Invite | Jan. 31 |
| 12:48.63 | Kruthers, Oudenaarden, Gammage, Roesgen | 9th | 8th all-time | MW Champs | Feb. 28 |

HIGH JUMP

School Record: 5-08.00 (Aja Frary, 1999; Marla Runyan, 1992)

| Mark | Athlete | Place | Notes | Meet | Date |
|----------------|---------------------------|--------------|------------|--------------------------|----------------|
| 5-04.50 | Allison Reaser | T-4th | pentathlon | MW Champs | Feb. 27 |
| 5-04.50 | Allison Reaser | T-4th | pentathlon | Howie Ryan Invite | Jan. 31 |
| 5-03.25 | Nicole Oudenaarden | T-6th | pentathlon | MW Champs | Feb. 27 |
| 5-02.25 | Karsen Sper | T-8th | pentathlon | MW Champs | Feb. 27 |
| 5-02.25 | Karsen Sper | T-6th | pentathlon | Howie Ryan Invite | Jan. 31 |
| 5-02.25 | Allison Reaser | 16th | pentathlon | NCAA Champs | March 15 |
| 5-02.25 | Nicole Oudenaarden | T-6th | pentathlon | Howie Ryan Invite | Jan. 31 |
| 5-02.25 | Allison Reaser | T-11th | | Cherry & Silver Invite | Jan. 24 |
| 5-00.25 | Karsen Sper | T-18th | | Cherry & Silver Invite | Jan. 24 |

POLE VAULT

School Record: 14-01.25 (Stephanie James, 2010)

| Mark | Athlete | Place | Notes | Meet | Date |
|-----------------|-----------------------|-------------|--------------|--------------------------|----------------|
| 13-05.75 | Kristen Brown | 6th | | Don Kirby Elite | Feb. 15 |
| 13-02.25 | Holly Waseloff | 3rd | 6th all-time | MW Champs | Feb. 28 |
| 13-02.25 | Kristen Brown | 5th | | Cherry & Silver Invite | Jan. 25 |
| 12-08.25 | Kristen Brown | T-2nd | | Howie Ryan Invite | Jan. 31 |
| 12-02.50 | Holly Waseloff | 8th | | Howie Ryan Invite | Jan. 31 |
| 12-02.50 | Holly Waseloff | T-20th | | Cherry & Silver Invite | Jan. 25 |
| 11-02.50 | Karen Snapper | 13th | | Howie Ryan Invite | Jan. 31 |
| NH | Kristen Brown | -- | | MW Champs | Feb. 28 |
| NH | Thresa Vinson | -- | | MW Champs | Feb. 28 |
| NH | Karen Snapper | -- | | Cherry & Silver Invite | Jan. 25 |

SDSU 2014 INDOOR TRACK & FIELD PERFORMANCE LIST (as of May 3)

LONG JUMP

School Record: 21-07.50 (Karoline Koehler, 2010)

| Mark | Athlete | Place | Notes | Meet | Date |
|-----------------|---------------------------|-------------|----------------------------|------------------------|----------------|
| 20-05.00 | Allison Reaser | 1st | pentathlon; No. 2 all-time | MW Champs | Feb. 27 |
| 19-06.75 | Nicole Oudenaarden | 1st | | Don Kirby Elite | Feb. 14 |
| 19-06.25 | Shanieka Thomas | 5th | | MW Champs | Feb. 28 |
| 19-06.25 | Allison Reaser | 5th | | Cherry & Silver Invite | Jan. 24 |
| 19-04.75 | Nicole Oudenaarden | 6th | | MW Champs | Feb. 28 |
| 19-04.75 | Allison Reaser | 6th | | Don Kirby Elite | Feb. 14 |
| 19-02.75 | Allison Reaser | 11th | pentathlon | NCAA Champs | March 15 |
| 19-00.75 | Nicole Oudenaarden | 2nd | pentathlon | MW Champs | Feb. 27 |
| 18-08.50 | Nicole Oudenaarden | 1st | pentathlon | Howie Ryan Invite | Jan. 31 |
| 18-04.50 | Allison Reaser | 2nd | pentathlon | Howie Ryan Invite | Jan. 31 |
| 18-04.50 | Nicole Oudenaarden | T-15th | | Cherry & Silver Invite | Jan. 24 |
| 17-09.50 | Starlynn Singleton | 16th | | MW Champs | Feb. 28 |
| 17-03.50 | Karsen Sper | 6th | pentathlon | MW Champs | Feb. 27 |
| 16-11.25 | Karsen Sper | 5th | pentathlon | Howie Ryan Invite | Jan. 31 |

3,538
3,388

Karsen Sper
Karsen Sper

6th
5th

MW Champs
Howie Ryan Invite

Feb. 27
Jan. 31

TRIPLE JUMP

School Record: 46-02.50 (Shanieka Thomas, 2013)

| Mark | Athlete | Place | Notes | Meet | Date |
|-----------------|------------------------|------------|-------|------------------------|----------------|
| 45-03.00 | Shanieka Thomas | 1st | | Don Kirby Elite | Feb. 15 |
| 45-10.00 | Shanieka Thomas | 1st | | NCAA Champs | March 15 |
| 44-05.25 | Shanieka Thoams | 1st | | MW Champs | March 1 |

SHOT PUT

School Record: 55-07.50 (Whitney Ashley, 2012)

| Mark | Athlete | Place | Notes | Meet | Date |
|-----------------|---------------------------|-------------|--------------|--------------------------|----------------|
| 51-07.25 | Jasmine Burrell | 2nd | | Howie Ryan Invite | Feb. 1 |
| 50-06.00 | Jasmine Burrell | 5th | | Cherry & Silver Invite | Jan. 25 |
| 50-02.00 | Jasmine Burrell | 5th | | MW Champs | March 1 |
| 49-09.75 | Jasmine Burrell | 8th | | Don Kirby Elite | Feb. 15 |
| 48-10.00 | Brittany Gonter | 7th | 3rd all-time | MW Champs | March 1 |
| 44-08.25 | Brittany Gonter | 14th | | Don Kirby Elite | Feb. 15 |
| 44-01.25 | Nicole Oudenaarden | 6th | | Howie Ryan Invite | Feb. 1 |
| 43-09.25 | Nicole Oudenaarden | 15th | | Don Kirby Elite | Feb. 15 |
| 43-06.00 | Nicole Oudenaarden | 1st | pentathlon | Howie Ryan Invite | Jan. 31 |
| 43-04.50 | Nicole Oudenaarden | 1st | pentathlon | MW Champs | Feb. 27 |
| 43-02.25 | Nicole Oudenaarden | 17th | | MW Champs | March 1 |
| 42-08.75 | Ariel Oliver | 17th | 8th all-time | Don Kirby Elite | Feb. 20 |
| 42-08.25 | Nicole Oudenaarden | 12th | | Cherry & Silver Invite | Jan. 25 |
| 42-00.75 | Brittany Gonter | 15th | | Cherry & Silver Invite | Jan. 25 |
| 40-09.50 | Ariel Oliver | 17th | | Cherry & Silver Invite | Jan. 25 |
| 37-09.25 | Allison Reaser | 6th | pentathlon | MW Champs | Feb. 27 |
| 36-05.75 | Allison Reaser | 3rd | pentathlon | Howie Ryan Invite | Jan. 31 |
| 36-05.00 | Allison Reaser | 14th | | NCAA Champs | March 15 |
| 35-02.00 | Allison Reaser | 28th | | Cherry & Silver Invite | Jan. 25 |
| 33-00.50 | Karsen Sper | 10th | pentathlon | MW Champs | Feb. 27 |
| 30-04.75 | Karsen Sper | 8th | pentathlon | Howie Ryan Invite | Jan. 31 |

WEIGHT THROW

School Record: 68-01.00 (Jasmine Burrell, 2014)

| Mark | Athlete | Place | Notes | Meet | Date |
|-----------------|------------------------|-------------|---------------|-----------------------------------|----------------|
| 68-01.00 | Jasmine Burrell | 2nd | school record | Don Kirby Elite | Feb. 14 |
| 66-09.25 | Jasmine Burrell | 2nd | | Cherry & Silver Invite | Jan. 24 |
| 63-09.75 | Jasmine Burrell | 1st | | Howie Ryan Invite | Jan. 31 |
| 62-01.25 | Jasmine Burrell | 6th | | MW Champs | Feb. 28 |
| 56-02.50 | Mikayla Howden | 13th | 5th all-time | MW Champs | Feb. 28 |
| 54-10.25 | Mikayla Howden | 10th | | Cherry & Silver Invite | Jan. 24 |
| 51-04.25 | Mikayla Howden | 16th | | Don Kirby Elite | Feb. 14 |
| 49-08.50 | Ariel Oliver | 12th | 9th all-time | Cherry & Silver Invite | Jan. 24 |
| 44-04.75 | Ariel Oliver | 19th | | Don Kirby Elite | Feb. 14 |

PENTATHLON

School Record: 4,145 (Allison Reaser, 2014)

| Mark | Athlete | Place | Notes | Meet | Date |
|--------------|---------------------------|------------|---------------|-------------------|----------------|
| 4,145 | Allison Reaser | 2nd | school record | MW Champs | Feb. 27 |
| 3,996 | Allison Reaser | 15th | | NCAA Champs | March 15 |
| 3,918 | Nicole Oudenaarden | 3rd | | MW Champs | Feb. 27 |
| 3,868 | Allison Reaser | 1st | | Howie Ryan Invite | Jan. 31 |
| 3,846 | Nicole Oudenaarden | 2nd | | Howie Ryan Invite | Jan. 31 |

SDSU 2014 OUTDOOR TRACK & FIELD PERFORMANCE LIST (as of May 10)

100 METERS

School Record: 11.20 (Tonette Dyer, 2004)

| Mark | Athlete | Place | Notes | Meet | Date |
|--------------|---------------------------|-------------|-------|------------------------|-----------------|
| 11.90 | Meritzer Williams | 4th | | Triton Invite | April 26 |
| 11.91 | Meritzer Williams | 1st | open | Aztec Invite | March 28 |
| 12.29 | Starlynn Singleton | 3rd | | UCSD Collegiate | March 15 |
| 12.45 | Starlynn Singleton | 16th | | Triton Invite | April 26 |
| 12.63 | Korntney Ross | 6th | | UCSD Collegiate | March 15 |
| 12.71 | Brittany Bozeman | 25th | | Triton Invite | April 26 |
| 12.74 | Korntney Ross | 22nd | open | Aztec Invite | March 28 |

200 METERS

School Record: 22.34 (Tonette Dyer, 2004)

| Mark | Athlete | Place | Notes | Meet | Date |
|--------------|---------------------------|---------------|---------------------------|-----------------------------|------------------------|
| 24.03 | Allison Reaser | 4th | | Mt. SAC heptathlon | April 16 |
| 24.35 | Meritzer Williams | 2nd | | Triton Invite | April 26 |
| 25.10 | Nicole Oudenaarden | 11th | Mt. SAC hept.; wind-aided | Mt. SAC Multi's | April 16 |
| 25.26 | Janice George | T-18th | | Bryan Clay Invite | April 18 |
| 25.26 | Maderia Toatley | T-18th | | Bryan Clay Invite | April 18 |
| 25.33 | Nicole Oudenaarden | 13th | | Triton Invite | April 26 |
| 25.41 | Madison Gipson | 3rd | | UCSD Collegiate | March 15 |
| 25.46 | Janice George | 14th | prelims | Cal/Nevada Champs | April 4 |
| 25.51 | Janice George | 24th | invitational | Aztec Invite | March 29 |
| 25.56 | Madison Gipson | 15th | | Triton Invite | April 26 |
| 25.65 | Madison Gipson | 19th | prelims | Cal/Nevada Champs | April 4 |
| 25.66 | Janice George | 6th | | UCSD Collegiate | March 15 |
| 25.96 | Karsen Sper | 17th | | CA Invite heptathlon | Mt. SAC Multi's |
| 26.27 | Brittany Bozeman | 25th | | Triton Invite | April 26 |
| 26.39 | Karsen Sper | 5th | heptathlon | Aztec Invite | March 27 |
| 29.37 | Sarah Haydock | 49th | | CA Invite heptathlon | Mt. SAC Multi's |
| 29.52 | Sarah Haydock | 12th | heptathlon | Aztec Invite | March 27 |

400 METERS

School Record: 51.15 (Tonette Dyer, 2004)

| Mark | Athlete | Place | Notes | Meet | Date |
|--------------|--------------------------|-------------|---------|--------------------------|-----------------|
| 56.34 | Meritzer Williams | 5th | | Bryan Clay Invite | April 18 |
| 56.93 | Maderia Toatley | 10th | | Bryan Clay Invite | April 18 |
| 56.93 | Meritzer Williams | 2nd | | UCSD Collegiate | March 15 |
| 57.06 | Renetia James | 8th | prelims | Cal/Nevada Champs | April 4 |
| 57.21 | Janice George | 3rd | open | Aztec Invite | March 28 |
| 57.24 | Renetia James | 6th | finals | Cal/Nevada Champs | April 5 |
| 57.56 | Janice George | T-15th | | Bryan Clay Invite | April 18 |
| 57.79 | Janice George | 16th | prelims | Cal/Nevada Champs | April 4 |
| 57.87 | Renetia James | 4th | open | Aztec Invite | March 28 |
| 57.98 | Renetia James | 12th | | Triton Invite | April 26 |
| 58.44 | Renetia James | 33rd | | Bryan Clay Invite | April 18 |
| 58.64 | Maderia Toatley | 9th | open | Aztec Invite | March 28 |
| 58.91 | Madison Gipson | 6th | | UCSD Collegiate | March 15 |
| 59.06 | Janice George | 7th | | UCSD Collegiate | March 15 |
| 59.17 | Renetia James | 8th | | UCSD Collegiate | March 15 |
| 1:01.36 | Maderia Toatley | 23rd | prelims | Cal/Nevada Champs | April 4 |

800 METERS

School Record: 2:02.88 (Renee Ross, 1985)

| Mark | Athlete | Place | Notes | Meet | Date |
|----------------|---------------------------|-------------|----------------------|-----------------------------|------------------------|
| 2:09.13 | Dynasty Gammage | 2nd | | Triton Invite | April 26 |
| 2:09.83 | Dynasty Gammage | 9th | | Oxy Invite | May 10 |
| 2:11.47 | Dynasty Gammage | 1st | finals | Cal/Nevada Champs | April 5 |
| 2:12.38 | Dynasty Gammage | 1st | prelims | Cal/Nevada Champs | April 4 |
| 2:12.87 | Dynasty Gammage | 59th | open U/O | Mt. SAC Relays | April 18 |
| 2:13.42 | Chelsea Kruthers | 7th | prelims | Cal/Nevada Champs | April 4 |
| 2:13.57 | Chelsea Kruthers | 4th | invitational | Aztec Invite | March 29 |
| 2:15.01 | Allison Reaser | 6th | | Mt. SAC heptathlon | Mt. SAC Multi's |
| 2:15.17 | Chelsea Kruthers | 4th | finals | Cal/Nevada Champs | April 5 |
| 2:17.04 | Renetia James | 6th | open | Aztec Invite | March 28 |
| 2:22.72 | Nicole Oudenaarden | 12th | | Mt. SAC heptathlon | Mt. SAC Multi's |
| 2:23.64 | Renetia James | 4th | | UCSD Collegiate | March 15 |
| 2:24.21 | Karsen Sper | 5th | heptathlon | Aztec Invite | March 28 |
| 2:24.79 | Karsen Sper | 22nd | CA Invite heptathlon | Mt. SAC Multi's | April 17 |
| 2:41.47 | Sarah Haydock | 43rd | | CA Invite heptathlon | Mt. SAC Multi's |
| 2:42.73 | Sarah Haydock | 11th | heptathlon | Aztec Invite | March 28 |

1,500 METERS

School Record: 4:06.69 (Monica Joyce, 1983)

| Mark | Athlete | Place | Notes | Meet | Date |
|----------------|-------------------------|-------------|--------------|--------------------------|-----------------|
| 4:34.70 | Chelsea Kruthers | 1st | | Cal/Nevada Champs | April 5 |
| 4:38.23 | Chelsea Kruthers | 11th | invitational | Aztec Invite | March 28 |
| 4:38.43 | Rachel Roesgen | 12th | | Oxy Invite | May 10 |
| 4:39.00 | Rachel Roesgen | 7th | | Triton Invite | April 26 |
| 4:41.65 | Rachel Roesgen | 39th | | Bryan Clay Invite | April 18 |
| 4:43.53 | Jessica McCall | 45th | | Bryan Clay Invite | April 18 |
| 4:46.39 | Dynasty Gammage | 1st | | UCSD Collegiate | March 15 |
| 4:47.66 | Elaine Ribeiro | 54th | | Bryan Clay Invite | April 18 |
| 4:48.09 | Elaine Ribeiro | 15th | | Triton Invite | April 26 |
| 4:58.53 | Elaine Ribeiro | 27th | invitational | Aztec Invite | March 28 |
| 5:16.40 | Cali King | 55th | | Triton Invite | April 26 |
| 5:24.80 | Cali King | 56th | open | Aztec Invite | March 28 |
| DNF | Chelsea Kruthers | -- | open U/O | Mt. SAC Relays | April 18 |

3,000 METERS

School Record: 8:53.24 (Monica Joyce, 1982)

| Mark | Athlete | Place | Notes | Meet | Date |
|-----------------|------------------------|-------------|--------------|----------------------|-----------------|
| 10:15.90 | Rachel Roesgen | 2nd | | Triton Invite | April 26 |
| 10:53.59 | Katie Thralls | 8th | invitational | Aztec Invite | March 28 |
| 10:55.57 | Hannah Sawatzki | 12th | | Triton Invite | April 26 |

5,000 METERS

School Record: 15:45.26 (Monica Joyce, 1982)

| Mark | Athlete | Place | Notes | Meet | Date |
|-----------------|------------------------|-------------|--------------|--------------------------|-----------------|
| 17:26.11 | Grace Hanshaw | 18th | | Oxy Invite | May 10 |
| 17:46.21 | Grace Hanshaw | 2nd | invitational | Aztec Invite | March 28 |
| 17:48.34 | Jessica McCall | 3rd | invitational | Aztec Invite | March 28 |
| 17:48.66 | Marianne Hogan | 5th | | Cal/Nevada Champs | April 4 |
| 17:54.08 | Grace Hanshaw | 4th | | Triton Invite | April 26 |
| 17:55.21 | Marianne Hogan | 4th | invitational | Aztec Invite | March 28 |
| 17:58.94 | Jessica McCalla | 31st | | Oxy Invite | May 10 |
| 18:03.21 | Jessica McCall | 8th | | Cal/Nevada Champs | April 4 |
| 18:12.31 | Grace Hanshaw | 3rd | | UCSD Collegiate | March 15 |
| 18:12.55 | Elaine Ribeiro | 35th | | Oxy Invite | May 10 |
| 18:13.32 | Rachel Roesgen | 5th | invitational | Aztec Invite | March 28 |
| 18:24.08 | Rachel Roesgen | 16th | | Cal/Nevada Champs | April 4 |
| 18:26.34 | Katie Thralls | 14th | | Triton Invite | April 26 |
| 18:28.33 | Hannah Sawatzki | 5th | | UCSD Collegiate | March 15 |
| 18:40.12 | Elaine Ribeiro | 24th | | Cal/Nevada Champs | April 4 |
| 18:47.50 | Melissa Wendorf | 18th | | Triton Invite | April 26 |
| 18:48.89 | Hannah Sawatzki | 10th | open | Aztec Invite | March 28 |
| 18:53.21 | Rachel Roesgen | 52nd | | Oxy Invite | May 10 |
| 18:53.35 | Melissa Wendorf | 53rd | | Oxy Invite | May 10 |
| 18:58.83 | Hannah Sawatzki | 28th | | Cal/Nevada Champs | April 4 |
| 19:07.47 | Melissa Wendorf | 1st | open | Aztec Invite | March 28 |
| DNF | Chelsea Kruthers | -- | | UCSD Collegiate | March 15 |
| DNF | Jessica McCall | -- | | UCSD Collegiate | March 15 |
| DNF | Rachel Roesgen | -- | | UCSD Collegiate | March 15 |

10,000 METERS

School Record: 34:22.24 (Lynn Kanuka, 1981)

| Mark | Athlete | Place | Notes | Meet | Date |
|-----------------|-----------------------|------------|----------|--------------------------|-----------------|
| 36:41.06 | Marianne Hogan | 7th | open U/O | Mt. SAC Relays | April 17 |
| 37:20.17 | Grace Hanshaw | 2nd | | Cal/Nevada Champs | April 4 |
| 37:31.50 | Grace Hanshaw | 12th | open U/O | Mt. SAC Relays | April 17 |

100-METER HURDLES

School Record: 12.82 (Meisha McKelvy, 1999)

| Mark | Athlete | Place | Notes | Meet | Date |
|--------------|-----------------------|------------|--------------|---------------------------|------------------------|
| 13.50 | Kristen Brown | 4th | prelims | Drake Relays | April 25 |
| 13.50 | Allison Reaser | 3rd | | Mt. SAC heptathlon | Mt. SAC Multi's |
| 13.62 | Kristen Brown | 1st | finals | Cal/Nevada Champs | April 5 |
| 13.68 | Allison Reaser | 2nd | finals | Cal/Nevada Champs | April 5 |
| 13.76 | Kristen Brown | 7th | open U/O | Mt. SAC Relays | April 18 |
| 13.78 | Allison Reaser | 2nd | prelims | Cal/Nevada Champs | April 4 |
| 13.85 | Kristen Brown | 3rd | prelims | Cal/Nevada Champs | April 4 |
| 13.88 | Allison Reaser | 4th | invitational | Aztec Invite | March 28 |
| 13.94 | Allison Reaser | 20th | prelims | Drake Relays | April 25 |

SDSU 2014 OUTDOOR TRACK & FIELD PERFORMANCE LIST (as of May 10)

| | | | | | |
|-------|---------------------------|-------------|----------------------|------------------------|-----------------|
| 14.01 | Kristen Brown | 6th | finals | Drake Relays | April 26 |
| 14.21 | Madison Gipson | 6th | invitational | Aztec Invite | March 28 |
| 14.30 | Madison Gipson | 6th | finals | Cal/Nevada Champs | April 5 |
| 14.30 | Madison Gipson | 7th | prelims | Cal/Nevada Champs | April 4 |
| 14.32 | Karsen Sper | 28th | open U/O | Mt. SAC Relays | April 18 |
| 14.34 | Madison Gipson | 6th | | Triton Invite | April 26 |
| 14.37 | Madison Gipson | 31st | open U/O | Mt. SAC Relays | April 18 |
| 14.39 | Karsen Sper | 8th | | Drake Relays | April 26 |
| 14.42 | Karsen Sper | 8th | finals | Cal/Nevada Champs | April 5 |
| 14.43 | Karsen Sper | 8th | prelims | Cal/Nevada Champs | April 4 |
| 14.47 | Karsen Sper | 1st | | UCSD Collegiate | March 15 |
| 14.61 | Karsen Sper | 5th | heptathlon | Aztec Invite | March 27 |
| 14.82 | Brittany Bozeman | 2nd | | UCSD Collegiate | March 15 |
| 14.91 | Nicole Oudenaarden | 13th | | Triton Invite | April 26 |
| 14.95 | Karsen Sper | 15th | CA Invite heptathlon | Mt. SAC Multi's | April 16 |
| 14.97 | Brittany Bozeman | 11th | invitational | Aztec Invite | March 29 |
| 15.05 | Brittany Bozeman | 3rd | open | Aztec Invite | March 28 |
| 15.13 | Brittany Bozeman | T-21st | prelims | Cal/Nevada Champs | April 4 |
| 15.37 | Nicole Oudenaarden | 20th | Mt. SAC heptathlon | Mt. SAC Multi's | April 16 |
| 16.32 | Sarah Haydock | 12th | | UCSD Collegiate | March 15 |
| 16.59 | Sarah Haydock | 10th | heptathlon | Aztec Invite | March 27 |
| 16.88 | Sarah Haydock | 30th | | Triton Invite | April 26 |
| 17.44 | Sarah Haydock | 47th | CA Invite heptathlon | Mt. SAC Multi's | April 16 |
| DNF | Nicole Oudenaarden | -- | | Aztec Invite | March 28 |

400-METER HURDLES

School Record: 54.64 (LaTanya Sheffield, 1985)

| Mark | Athlete | Place | Notes | Meet | Date |
|---------|-----------------------|------------|---------------|--------------------------|-----------------|
| 58.78 | Allison Reaser | 1st | finals | Cal/Nevada Champs | April 5 |
| 59.20 | Allison Reaser | 8th | | Drake Relays | April 25 |
| 59.44 | Allison Reaser | 1st | prelims | Cal/Nevada Champs | April 4 |
| 1:00.02 | Allison Reaser | 1st | invitational | Aztec Invite | March 29 |
| 1:00.09 | Allison Reaser | 13th | open U/O | Mt. SAC Relays | April 18 |
| 1:05.95 | Madison Gipson | 8th | open | Aztec Invite | March 28 |
| 1:06.09 | Lily Mayko | 9th | open | Aztec Invite | March 28 |
| 1:06.32 | Lily Mayko | 19th | prelims | Cal/Nevada Champs | April 4 |
| 1:07.20 | Lily Mayko | 5th | | UCSD Collegiate | March 15 |

3,000-METER STEEPLECHASE

School Record: 10:23.34 (Marie Nilsson, 2004)

| Mark | Athlete | Place | Notes | Meet | Date |
|------|---------|-------|-------|------|------|
|------|---------|-------|-------|------|------|

4x100-METER RELAY

School Record: 44.24 (Givens, Dyer, Hogg, Smedley, 2002)

| Time | Team | Place | Notes | Meet | Date |
|------|------|-------|-------|------|------|
|------|------|-------|-------|------|------|

4x400-METER RELAY

School Record: 3:30.57 (Nilsson, Ross, Robinson, Sheffield, 1985)

| Time | Team | Place | Notes | Meet | Date |
|---------|-----------------------------------|-------|-------|-------------------|----------|
| 4:02.24 | Kruthers, James, Gammage, Roesgen | 2nd | | UCSD Collegiate | March 15 |
| DQ | Gipson, George, Toatley, James | -- | | Cal/Nevada Champs | April 5 |

HIGH JUMP

School Record: 5-11.50 (Lori Clark, 1984)

| Mark | Athlete | Place | Notes | Meet | Date |
|---------|---------------------------|--------------|---------------------------|------------------------|-----------------|
| 5-07.25 | Nicole Oudenaarden | 1st | | UCSD Collegiate | March 15 |
| 5-06.50 | Nicole Oudenaarden | T-9th | Mt. SAC heptathlon | Mt. SAC Multi's | April 16 |
| 5-05.75 | Karsen Sper | T-1st | heptathlon | Aztec Invite | March 27 |
| 5-04.25 | Nicole Oudenaarden | 8th | | Triton Invite | April 26 |
| 5-02.25 | Karsen Sper | T-7th | | Cal/Nevada Champs | April 5 |
| 5-01.75 | Brittany Bozeman | 7th | open | Aztec Invite | March 28 |
| 5-00.50 | Karsen Sper | T-30th | CA Invite heptathlon | Mt. SAC Multi's | April 16 |
| 5-00.25 | Karsen Sper | 19th | | Triton Invite | April 26 |
| 5-00.25 | Karsen Sper | 8th | | UCSD Collegiate | March 15 |
| 4-11.75 | Summer Nash | T-9th | open | Aztec Invite | March 28 |
| 4-11.50 | Allison Reaser | 20th | Mt. SAC heptathlon | Mt. SAC Multi's | April 16 |
| 4-08.25 | Sarah Haydock | T-6th | heptathlon | Aztec Invite | March 27 |
| 4-06.75 | Sarah Haydock | 48th | CA Invite heptathlon | Mt. SAC Multi's | April 16 |
| 4-04.25 | Sarah Haydock | 18th | | UCSD Collegiate | March 15 |
| NH | Allison Reaser | -- | open | Aztec Invite | March 28 |
| NH | Brittany Bozeman | -- | | UCSD Collegiate | March 15 |

POLE VAULT

School Record: 14-03.50 (Stephanie James, 2008)

| Mark | Athlete | Place | Notes | Meet | Date |
|----------|-------------------------|-------------|----------------------------------|--------------------------|-----------------|
| 13-08.25 | Kristen Brown | 1st | | UCSD Collegiate | March 15 |
| 13-07.25 | Kristen Brown | 1st | open-A U/O | Mt. SAC Relays | April 18 |
| 13-01.50 | Karen Snapper | 1st | 10th all-time; open-C U/O | Mt. SAC Relays | April 18 |
| 13-00.25 | Holly Waseloff | 2nd | | UCSD Collegiate | March 15 |
| 12-09.50 | Kristen Brown | 1st | | Cal/Nevada Champs | April 4 |
| 12-09.50 | Kortney Ross | 2nd | | Cal/Nevada Champs | April 4 |
| 12-06.75 | Kortney Ross | T-2nd | invitational | Aztec Invite | March 29 |
| 12-06.25 | Kortney Ross | 3rd | | UCSD Collegiate | March 15 |
| 12-06.00 | Kortney Ross | T-16th | | Beach Invite | April 19 |
| 12-05.50 | Kortney Ross | 1st | open | Aztec Invite | March 28 |
| 12-01.50 | Kortney Ross | T-4th | | Triton Invite | April 26 |
| 12-01.50 | Thresa Vinson | 10th | | Triton Invite | April 26 |
| 11-07.00 | Karen Snapper | T-9th | invitational | Aztec Invite | March 29 |
| 11-07.00 | Thresa Vinson | T-9th | invitational | Aztec Invite | March 29 |
| 11-06.50 | Karen Snapper | T-4th | | UCSD Collegiate | March 15 |
| 11-06.50 | Thresa Vinson | T-4th | | UCSD Collegiate | March 15 |
| 11-06.25 | Thresa Vinson | T-31st | | Beach Invite | April 19 |
| 11-05.75 | Thresa Vinson | T-7th | | Cal/Nevada Champs | April 4 |
| 11-05.75 | Karen Snapper | T-9th | | Cal/Nevada Champs | April 4 |
| 10-06.25 | Katherine Magill | 49th | | Beach Invite | April 19 |
| 10-02.00 | Katherin Magill | T-23rd | | Triton Invite | April 26 |
| 9-10.00 | Katherine Magill | 10th | open | Aztec Invite | March 28 |
| 9-07.00 | Katherine Magill | T-13th | | UCSD Collegiate | March 15 |
| NH | Karen Snapper | -- | | Triton Invite | April 26 |
| NH | Kortney Ross | -- | open-C U/O | Mt. SAC Relays | April 18 |

LONG JUMP

School Record: 21-09.50 (Karoline Koehler, 2009)

| Mark | Athlete | Place | Notes | Meet | Date |
|----------|---------------------------|---------------|---------------------------------|--------------------------|-----------------|
| 20-01.50 | Brittany Bozeman | 4th | T-5th all-time; open U/O | Mt. SAC Relays | April 18 |
| 19-11.75 | Allison Reaser | 3rd | 6th AT; Mt. SAC hept. | Mt. SAC Multi's | April 17 |
| 19-10.75 | Shanieka Thomas | 1st | | Cal/Nevada Champs | April 4 |
| 19-09.75 | Nicole Oudenaarden | 5th | 10th AT; Mt. SAC hept. | Mt. SAC Multi's | April 17 |
| 19-08.75 | Brittany Bozeman | 3rd | invitational | Aztec Invite | March 28 |
| 19-08.25 | Brittany Bozeman | 2nd | wind-aided | Cal/Nevada Champs | April 4 |
| 19-06.00 | Shanieka Thomas | 7th | open U/O | Mt. SAC Relays | April 18 |
| 18-10.50 | Allison Reaser | 11th | | Drake Relays | April 25 |
| 18-10.00 | Allison Reaser | 7th | | Cal/Nevada Champs | April 4 |
| 18-08.50 | Allison Reaser | 2nd | open | Aztec Invite | March 28 |
| 17-11.50 | Starlynn Singleton | 2nd | | UCSD Collegiate | March 15 |
| 17-08.25 | Karsen Sper | 2nd | heptathlon | Aztec Invite | March 28 |
| 17-05.25 | Karsen Sper | T-16th | CA Invite heptathlon | Mt. SAC Multi's | April 17 |
| 17-01.50 | Starlynn Singleton | 24th | | Cal/Nevada Champs | April 4 |
| 16-10.75 | Starlynn Singleton | 6th | open | Aztec Invite | March 28 |
| 15-06.25 | Sarah Haydock | T-45th | CA Invite heptathlon | Mt. SAC Multi's | April 17 |
| 15-05.50 | Sarah Haydock | 28th | | Triton Invite | April 26 |
| 14-06.50 | Sarah Haydock | 11th | heptathlon | Aztec Invite | March 28 |
| Foul | Starlynn Singleton | 11th | | Triton Invite | April 26 |

TRIPLE JUMP

School Record: 46-05.25 (Shanieka Thomas, 2013)

| Mark | Athlete | Place | Notes | Meet | Date |
|----------|---------------------------|------------|---------------------------|------------------------|-----------------|
| 45-00.50 | Shanieka Thomas | 2nd | invitational elite | Mt. SAC Relays | April 19 |
| 44-04.00 | Shanieka Thomas | 1st | | Drake Relays | April 26 |
| 37-03.25 | Starlynn Singleton | 3rd | | UCSD Collegiate | March 15 |
| 35-10.00 | Starlynn Singleton | 3rd | open | Aztec Invite | March 28 |
| 35-10.00 | Starlynn Singleton | 19th | | Cal/Nevada Champs | April 5 |
| 35-07.75 | Starlynn Singleton | 11th | | Triton Invite | April 26 |

SHOT PUT

School Record: 58-03.75 (Ramona Pagel, 1984)

| Mark | Athlete | Place | Notes | Meet | Date |
|----------|---------------------------|------------|-----------------------------------|------------------------|-----------------|
| 52-06.50 | Jasmine Burrell | 2nd | 3rd all-time; invitational | Aztec Invite | March 29 |
| 52-02.50 | Jasmine Burrell | 1st | | Cal/Nevada Champs | April 5 |
| 50-09.50 | Jasmine Burrell | 3rd | | Triton Invite | April 26 |
| 49-08.25 | Jasmine Burrell | 9th | invitational elite | Mt. SAC Relays | April 19 |
| 49-08.00 | Jasmine Burrell | 4th | | HP/OTC Series I | April 24 |
| 46-05.25 | Nicole Oudenaarden | 2nd | 10th AT; Mt. SAC hept. | Mt. SAC Relays | April 16 |
| 46-03.00 | Brittany Gonter | 5th | | HP/OTC Series I | April 24 |

SDSU 2014 OUTDOOR TRACK & FIELD PERFORMANCE LIST (as of May 10)

| | | | | | |
|-----------------|-------------------------|-------------|----------------------|------------------------|-----------------|
| 45-06.50 | Brittany Gonter | 16th | | Triton Invite | April 26 |
| 44-11.50 | Nicole Oudenaarden | 1st | | UCSD Collegiate | March 15 |
| 44-10.25 | Nicole Oudenaarden | 5th | | Cal/Nevada Champs | April 5 |
| 44-06.25 | Brittany Gonter | 6th | | Cal/Nevada Champs | April 5 |
| 44-06.25 | Nicole Oudenaarden | 3rd | invitational | Aztec Invite | March 29 |
| 44-02.50 | Rachel Alesi | 19th | | Triton Invite | April 26 |
| 44-00.00 | Brittany Gonter | 2nd | | UCSD Collegiate | March 15 |
| 43-02.25 | Brittany Gonter | 27th | open U/O | Mt. SAC Relays | April 18 |
| 42-08.00 | Ariel Oliver | 3rd | | UCSD Collegiate | March 15 |
| 42-05.75 | Rachel Alesi | 6th | | HP/OTC Series I | April 24 |
| 42-03.50 | Rachel Alesi | 4th | | Oxy Invite | May 10 |
| 41-03.25 | Ariel Oliver | 17th | | Bryan Clay Invite | April 18 |
| 40-07.50 | Rachel Alesi | 7th | invitational | Aztec Invite | March 29 |
| 39-11.50 | Ariel Oliver | 16th | | Cal/Nevada Champs | April 5 |
| 39-09.25 | Brittany Bozeman | 5th | | UCSD Collegiate | March 15 |
| 39-03.25 | Ariel Oliver | 7th | | HP/OTC Series I | April 24 |
| 38-06.25 | Allison Reaser | 6th | open | Aztec Invite | March 28 |
| 38-05.50 | Rachel Alesi | 7th | | UCSD Collegiate | March 15 |
| 38-02.25 | Allison Reaser | 13th | Mt. SAC heptathlon | Mt. SAC Multi's | April 16 |
| 37-01.25 | Brittany Bozeman | 9th | open | Aztec Invite | March 28 |
| 35-02.50 | Brittany Bozeman | 26th | | Cal/Nevada Champs | April 5 |
| 33-00.50 | Karsen Sper | 36th | | Triton Invite | April 26 |
| 32-05.50 | Sarah Haydock | 22nd | CA Invite heptathlon | Mt. SAC Multi's | April 16 |
| 31-02.00 | Karsen Sper | 5th | heptathlon | Aztec Invite | March 27 |
| 30-09.75 | Karsen Sper | 15th | | UCSD Collegiate | March 15 |
| 30-02.25 | Sarah Haydock | 39th | | Triton Invite | April 26 |
| 29-06.75 | Karsen Sper | 32nd | CA Invite heptathlon | Mt. SAC Multi's | April 16 |
| 29-02.00 | Sarah Haydock | 7th | heptathlon | Aztec Invite | March 27 |
| 28-00.00 | Sarah Haydock | 21st | | UCSD Collegiate | March 15 |
| Foul | Brittany Gonter | -- | invitational | Aztec Invite | March 29 |
| Foul | Ariel Oliver | -- | invitational | Aztec Invite | March 29 |

DISCUS THROW

School Record: 196-10 (Whitney Ashley, 2012)

| Mark | Athlete | Place | Notes | Meet | Date |
|---------------|------------------------|-------------|--------------------------|--------------------------|-----------------|
| 181-05 | Jasmine Burrell | 7th | 4th AT; invitational U/O | Mt. SAC Relays | April 18 |
| 174-09 | Jasmine Burrell | 1st | | Cal/Nevada Champs | April 4 |
| 173-07 | Jasmine Burrell | 1st | invitational | Aztec Invite | March 29 |
| 173-03 | Jasmine Burrell | 8th | | HP/OTC Series I | April 24 |
| 171-04 | Jasmine Burrell | 15th | invitational | Triton Invite | April 25 |
| 165-03 | Jasmine Burrell | 1st | | UCSD Collegiate | March 15 |
| 162-11 | Ariel Oliver | 1st | 6th all-time | Bryan Clay Invite | April 18 |
| 161-10 | Ariel Oliver | 9th | open | Triton Invite | April 25 |
| 160-00 | Alexa Evans | 10th | 10th all-time | HP/OTC Series I | April 24 |
| 158-11 | Alexa Evans | 5th | | Oxy Invite | May 10 |
| 156-00 | Alexa Evans | 14th | open | Triton Invite | April 25 |
| 155-05 | Ariel Oliver | 3rd | invitational | Aztec Invite | March 29 |
| 154-06 | Alexa Evans | 3rd | | Cal/Nevada Champs | April 4 |
| 153-07 | Rachel Alesi | 4th | invitational | Aztec Invite | March 29 |
| 153-06 | Ariel Oliver | 12th | | HP/OTC Series I | April 24 |
| 153-02 | Alexa Evans | 2nd | | UCSD Collegiate | March 15 |
| 152-08 | Alexa Evans | 4th | | Bryan Clay Invite | April 18 |
| 152-07 | Rachel Alesi | 6th | | Oxy Invite | May 10 |
| 149-06 | Brittany Gonter | 20th | open | Triton Invite | April 25 |
| 147-07 | Rachel Alesi | 6th | | Cal/Nevada Champs | April 4 |
| 147-06 | Rachel Alesi | 3rd | | UCSD Collegiate | March 15 |
| 145-03 | Alexa Evans | 7th | invitational | Aztec Invite | March 29 |
| 145-03 | Brittany Gonter | 8th | invitational | Aztec Invite | March 29 |
| 145-02 | Rachel Alesi | 28th | open | Triton Invite | April 25 |
| 144-07 | Rachel Alesi | 31st | invitational U/O | Mt. SAC Relays | April 18 |
| 143-06 | Brittany Gonter | 13th | | HP/OTC Series I | April 24 |
| 143-04 | Brittany Gonter | 4th | | UCSD Collegiate | March 15 |
| 142-06 | Ariel Oliver | 9th | | Oxy Invite | May 10 |
| 139-06 | Brittany Gonter | 9th | | Cal/Nevada Champs | April 4 |
| 139-05 | Ariel Oliver | 10th | | Cal/Nevada Champs | April 4 |
| 138-04 | Ariel Oliver | 5th | | UCSD Collegiate | March 15 |
| 137-08 | Rachel Alesi | 14th | | HP/OTC Series I | April 24 |
| 135-05 | Summer Nash | 15th | | HP/OTC Series I | April 24 |
| 131-02 | Summer Nash | 15th | invitational | Aztec Invite | March 29 |
| 121-11 | Summer Nash | 37th | | Bryan Clay Invite | April 18 |
| 120-00 | Summer Nash | 42nd | open | Triton Invite | April 25 |
| 116-00 | Summer Nash | 9th | | UCSD Collegiate | March 15 |
| 114-02 | Freja Liljedahl | 10th | | UCSD Collegiate | March 15 |

Foul Freja Liljedahl -- invitational Aztec Invite March 29

HAMMER THROW

School Record: 187-06 (Whitney Ashley, 2011)

| Mark | Athlete | Place | Notes | Meet | Date |
|---------------|------------------------|-------------|----------------------------|------------------------|-----------------|
| 184-06 | Jasmine Burrell | 13th | invitational | Triton Invite | April 25 |
| 180-03 | Jasmine Burrell | 1st | | Cal/Nevada Champs | April 5 |
| 174-02 | Jasmine Burrell | 7th | invitational | Aztec Invite | March 28 |
| 170-02 | Jasmine Burrell | 5th | | HP/OTC Series I | April 24 |
| 169-08 | Jasmine Burrell | 1st | | UCSD Collegiate | March 15 |
| 166-06 | Freja Liljedahl | 24th | 6th all-time; invitational | Triton Invite | April 25 |
| 166-01 | Freja Liljedahl | 6th | | HP/OTC Series I | April 24 |
| 165-07 | Freja Liljedahl | 1st | | Soka Peace Invite | April 18 |
| 161-07 | Freja Liljedahl | 7th | | Oxy Invite | May 10 |
| 161-03 | Mikayla Howden | 7th | | HP/OTC Series I | April 24 |
| 160-06 | Freja Liljedahl | 2nd | | UCSD Collegiate | March 15 |
| 159-03 | Mikayla Howden | 10th | invitational | Aztec Invite | March 28 |
| 158-02 | Freja Liljedahl | 11th | invitational | Aztec Invite | March 28 |
| 157-11 | Mikayla Howden | 3rd | | UCSD Collegiate | March 15 |
| 157-02 | Mikayla Howden | 2nd | | Soka Peace Invite | April 18 |
| 155-03 | Freja Liljedahl | 10th | | Cal/Nevada Champs | April 5 |
| 154-05 | Mikayla Howden | 12th | | Cal/Nevada Champs | April 5 |
| 152-05 | Mikayla Howden | 11th | | Oxy Invite | May 10 |
| 149-10 | Alexa Evans | 4th | | UCSD Collegiate | March 15 |
| 149-02 | Mikayla Howden | 36th | invitational | Triton Invite | April 25 |
| 146-01 | Alexa Evans | 8th | | HP/OTC Series I | April 24 |
| 142-08 | Alexa Evans | 23rd | | Cal/Nevada Champs | April 5 |
| 127-08 | Alexa Evans | 14th | invitational | Aztec Invite | March 28 |
| 126-09 | Alexa Evans | 41st | invitational | Triton Invite | April 25 |
| 123-07 | Ariel Oliver | 8th | | UCSD Collegiate | March 15 |

JAVELIN THROW

School Record: 178-03 (Liz Mueller, 1983)

| Mark | Athlete | Place | Notes | Meet | Date |
|---------------|---------------------------|-------------|----------------------|------------------------|-----------------|
| 155-04 | Nicole Oudenaarden | 3rd | 8th all-time | Triton Invite | April 26 |
| 146-11 | Nicole Oudenaarden | 1st | | UCSD Collegiate | March 15 |
| 146-03 | Nicole Oudenaarden | 3rd | Mt. SAC heptathlon | Mt. SAC Multi's | April 17 |
| 144-00 | Nicole Oudenaarden | 6th | | Cal/Nevada Champs | April 4 |
| 132-07 | Brittany Bozeman | 2nd | | UCSD Collegiate | March 15 |
| 130-00 | Rachel Alesi | 11th | invitational | Aztec Invite | March 28 |
| 127-00 | Rachel Alesi | 3rd | | UCSD Collegiate | March 15 |
| 118-01 | Karsen Sper | 5th | | UCSD Collegiate | March 15 |
| 117-03 | Brittany Bozeman | 14th | | Cal/Nevada Champs | April 4 |
| 116-03 | Rachel Alesi | 15th | | Cal/Nevada Champs | April 4 |
| 114-07 | Allison Reaser | 15th | Mt. SAC heptathlon | Mt. SAC Multi's | April 17 |
| 113-01 | Allison Reaser | 3rd | open | Aztec Invite | March 28 |
| 111-05 | Brittany Bozeman | 20th | | Triton Invite | April 26 |
| 104-02 | Freja Liljedahl | 13th | invitational | Aztec Invite | March 28 |
| 103-00 | Summer Nash | 8th | | UCSD Collegiate | March 15 |
| 101-07 | Summer Nash | 14th | invitational | Aztec Invite | March 28 |
| 94-10 | Karsen Sper | 5th | heptathlon | Aztec Invite | March 28 |
| 90-09 | Karsen Sper | 24th | CA Invite heptathlon | Mt. SAC Multi's | April 17 |
| 76-05 | Sarah Haydock | 10th | heptathlon | Aztec Invite | March 28 |
| 73-03 | Sarah Haydock | 40th | CA Invite heptathlon | Mt. SAC Multi's | April 17 |
| 68-04 | Sarah Haydock | 18th | | UCSD Collegiate | March 15 |
| ND | Freja Liljedahl | -- | | UCSD Collegiate | March 15 |

HEPTATHLON

School Record: 5,813 (Allison Reaser, 2013)

| Mark | Athlete | Place | Notes | Meet | Date |
|--------------|---------------------------|-------------|----------------------|-----------------------|--------------------|
| 5,721 | Nicole Oudenaarden | 8th | Mt. SAC heptathlon | Mt. SAC Relays | April 16-17 |
| 5,637 | Allison Reaser | 9th | Mt. SAC heptathlon | Mt. SAC Relays | April 16-17 |
| 4,863 | Karsen Sper | 3rd | | Aztec Invite | March 27-28 |
| 4,618 | Karsen Sper | T-18th | CA Invite heptathlon | Mt. SAC Relays | April 16-17 |
| 3,474 | Sarah Haydock | 43rd | CA Invite heptathlon | Mt. SAC Relays | April 16-17 |
| 3,465 | Sarah Haydock | 11th | | Aztec Invite | March 27-28 |

SDSU 2014 TRACK & FIELD INDIVIDUAL SEASON BESTS (as of May 10)

KEY: sr - school record; (number) - top-10 school ranking; p - preliminaries; h - heats; q - quarterfinals; s - semifinals; f - finals; i - invitational; ei - elite invitational; o - open; b - "b" section; se - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; w - wind aided (> 2.0 mph); conv - converted from 4x400-yard relay; **Note that all personal records (PR) are collegiate personal records**

Rachel Alesi

5-7.5 | RS-Fr. | El Cajon, Calif. | Christian HS

OUTDOOR SEASON

Shot Put (PR: 44-02.50 (April 26, 2014))

| | | | |
|---------------------|-------------|----------------------|-----------------|
| 38-05.00 | 7th | UCSD Collegiate | March 15 |
| 40-07.50 (i) | 7th | Aztec Invite | March 29 |
| 42-05.75 | 6th | HP/OTC Series I | April 24 |
| 44-02.50 (o) | 19th | Triton Invite | April 26 |
| 42-03.50 | 4th | Oxy Invitational | May 10 |

Discus Throw (PR: 153-07 (March 29, 2014))

| | | | |
|-------------------|------------|---------------------|-----------------|
| 147-06 | 3rd | UCSD Collegiate | March 15 |
| 153-07 (i) | 4th | Aztec Invite | March 29 |
| 147-07 | 6th | Cal/Nevada Champs | April 4 |
| 144-07 (i) | 31st | Mt. SAC Relays | April 18 |
| 137-08 | 14th | HP/OTC Series I | April 24 |
| 145-02 (o) | 28th | Triton Invite | April 25 |
| 152-07 | 6th | Oxy Invite | May 10 |

Javelin Throw (PR: 130-00 (March 29, 2014))

| | | | |
|-------------------|-------------|---------------------|-----------------|
| 127-00 | 3rd | UCSD Collegiate | March 15 |
| 130-00 (i) | 11th | Aztec Invite | March 29 |
| 116-03 | 15th | Cal/Nevada Champs | April 4 |

Brittany Bozeman

5-11 | Sr. | Moreno Valley, Calif. | Univ. of Mississippi

OUTDOOR SEASON

100 Meters (PR: 12.71 (April 26, 2014))

| | | | |
|--|--------|-------------------|----------|
| 12.71 | 25th | Triton Invite | April 26 |
| 200 Meters (PR: 25.79 (March 14, 2013)) | | | |
| 26.27 | 25th | Triton Invite | April 26 |
| 100-Meter Hurdles (PR: 14.61 (2 times, last May 8, 2013)) | | | |
| 14.82 | 2nd | UCSD Collegiate | March 15 |
| 15.05 (o) | 3rd | Aztec Invite | March 28 |
| 14.97 (i) | 11th | Aztec Invite | March 29 |
| 15.13 (p) | T-21st | Cal/Nevada Champs | April 4 |

High Jump (PR: 5-03.00 (2010))

| | | | |
|--------------------|------------|---------------------|-----------------|
| NH | -- | UCSD Collegiate | March 15 |
| 5-01.75 (o) | 7th | Aztec Invite | March 28 |

Long Jump (PR: 20-10.50 (2010))

| | | | |
|-----------------------------|------------|-----------------------|-----------------|
| 19-08.75 (i) | 3rd | Aztec Invite | March 29 |
| 19-08.25 (w) | 2nd | Cal/Nevada Champs | April 4 |
| 20-01.50 (o, TS) 4th | 4th | Mt. SAC Relays | April 18 |

Shot Put (PR: 41-00.25 (March 30, 2013))

| | | | |
|--------------|------|-------------------|----------|
| 39-09.25 | 5th | UCSD Collegiate | March 15 |
| 37-01.25 (o) | 9th | Aztec Invite | March 28 |
| 35-02.50 | 26th | Cal/Nevada Champs | April 5 |

Javelin Throw (PR: 148-00 (2011))

| | | | |
|--------|------|-------------------|----------|
| 132-07 | 2nd | UCSD Collegiate | March 15 |
| 117-03 | 14th | Cal/Nevada Champs | April 4 |
| 111-05 | 20th | Triton Invite | April 26 |

Kristen Brown

5-4 | Sr./Jr. | Owings Mills, Md. | Virginia Tech

INDOOR SEASON

60 Meters (PR: 7.81 (Feb. 2, 2013))

| | | | |
|--|-------------|-----------------------------------|----------------|
| 7.85 (p) | 30th | Cherry & Silver Invite | Jan. 25 |
| 60-Meter Hurdles (PR: 8.28 (Feb. 22, 2013 & Feb. 28, 2014)) | | | |
| 8.44 (p) | 6th | Cherry & Silver Invite | Jan. 25 |
| 8.46 (f) | 5th | Cherry & Silver Invite | Jan. 25 |
| 8.54 (p) | 2nd | Howie Ryan Invite | Jan. 31 |
| 8.61 (s) | 5th | Howie Ryan Invite | Feb. 1 |
| 8.46 (f) | 3rd | Howie Ryan Invite | Feb. 1 |

| | | | |
|---|------------|------------------------|----------------|
| 8.32 (p) | 3rd | Don Kirby Elite | Feb. 15 |
| DNF | -- | Don Kirby Elite | Feb. 15 |
| 8.28 (p, 2) | 1st | MW Champs | Feb. 28 |
| 8.31 (f) | 1st | MW Champs | March 1 |
| Pole Vault (PR: 13-10.00 (Feb. 8, 2013)) | | | |
| 13-02.25 | 5th | Cherry & Silver Invite | Jan. 25 |
| 12-08.25 | T-2nd | Howie Ryan Invite | Jan. 31 |
| 13-05.75 | 6th | Don Kirby Elite | Feb. 15 |
| NH | -- | MW Champs | Feb. 28 |

OUTDOOR SEASON

100-Meter Hurdles (PR: 13.50 (April 25, 2014))

| | | | |
|------------------|------------|---------------------|-----------------|
| 13.85 (p) | 3rd | Cal/Nevada Champs | April 4 |
| 13.62 (f) | 1st | Cal/Nevada Champs | April 5 |
| 13.76 (o) | 7th | Mt. SAC Relays | April 18 |
| 13.50 (p) | 4th | Drake Relays | April 25 |
| 14.01 (f) | 6th | Drake Relays | April 26 |

Pole Vault (PR: 14-00.00 (March 9, 2013))

| | | | |
|-----------------|------------|------------------------|-----------------|
| 13-08.25 | 1st | UCSD Collegiate | March 15 |
| 12-09.50 | 1st | Cal/Nevada Champs | April 4 |
| 13-07.25 (o) | 1st | Mt. SAC Relays | April 18 |

Jasmine Burrell

5-8 | RS-Jr. | Torrance, Calif. | North Torrance HS

INDOOR SEASON

Shot Put (PR: 51-10.50 (Feb. 23, 2013))

| | | | |
|-----------------|------------|--------------------------|---------------|
| 50-06.00 | 5th | Cherry & Silver Invite | Jan. 25 |
| 51-07.25 | 2nd | Howie Ryan Invite | Feb. 1 |
| 49-09.75 | 8th | Don Kirby Elite | Feb. 15 |
| 50-02.00 | 5th | MW Champs | March 1 |

Weight Throw (PR: 68-01.00 (Feb. 14, 2014))

| | | | |
|----------------------|------------|------------------------|----------------|
| 66-09.25 | 2nd | Cherry & Silver Invite | Jan. 24 |
| 63-09.75 | 1st | Howie Ryan Invite | Jan. 31 |
| 68-01.00 (sr) | 2nd | Don Kirby Elite | Feb. 14 |
| 62-01.25 | 6th | MW Champs | Feb. 28 |

OUTDOOR SEASON

Shot Put (PR: 52-06.50 (March 29, 2014))

| | | | |
|-----------------|-----|-------------------|----------|
| 52-06.50 (i, 3) | 2nd | Aztec Invite | March 29 |
| 50-02.50 | 1st | Cal/Nevada Champs | April 5 |
| 49-08.25 (ei) | 9th | Mt. SAC Relays | April 19 |
| 49-08.00 | 4th | HP/OTC Series I | April 24 |
| 50-09.50 (o) | 3rd | Triton Invite | April 26 |

Discus Throw (PR: 181-05 (April 18, 2014 & May 10, 2013))

| | | | |
|----------------------|------------|-----------------------|-----------------|
| 165-03 | 1st | UCSD Collegiate | March 25 |
| 173-07 (i) | 1st | Aztec Invite | March 29 |
| 174-09 | 1st | Cal/Nevada Champs | April 4 |
| 181-05 (i, 4) | 7th | Mt. SAC Relays | April 18 |
| 173-03 | 8th | HP/OTC Series I | April 24 |
| 171-04 (i) | 15th | Triton Invite | April 25 |

Hammer Throw (PR: 186-11 (May 11, 2013))

| | | | |
|-------------------|-------------|----------------------|-----------------|
| 169-08 | 1st | UCSD Collegiate | March 25 |
| 174-02 (i) | 7th | Aztec Invite | March 28 |
| 180-03 | 1st | Cal/Nevada Champs | April 5 |
| 170-02 | 5th | HP/OTC Series I | April 24 |
| 184-06 (i) | 13th | Triton Invite | April 25 |

Alexa Evans

6-0 | So. | San Diego, Calif. | West Hills HS

OUTDOOR SEASON

Discus Throw (PR: 160-00 (April 24, 2014))

| | | | |
|--------------------|-------------|------------------------|-----------------|
| 153-02 | 2nd | UCSD Collegiate | March 15 |
| 145-03 (i) | 7th | Aztec Invite | March 29 |
| 154-06 | 3rd | Cal/Nevada Champs | April 4 |
| 152-08 | 4th | Bryan Clay Invite | April 18 |
| 160-00 (10) | 10th | HP/OTC Series I | April 24 |
| 156-00 (o) | 14th | Triton Invite | April 25 |
| 158-11 | 5th | Oxy Invite | May 10 |

Hammer Throw (PR: 149-10 (March 15, 2014))

| | | | |
|---------------|------------|------------------------|-----------------|
| 149-10 | 4th | UCSD Collegiate | March 15 |
| 127-08 (i) | 4th | Aztec Invite | March 28 |
| 142-08 | 23rd | Cal/Nevada Champs | April 5 |
| 146-01 | 8th | HP/OTC Series I | April 24 |

| | | | |
|------------|------|---------------|----------|
| 126-09 (i) | 41st | Triton Invite | April 25 |
|------------|------|---------------|----------|

Dynasty Gammage

5-3 | Jr. | Long Beach, Calif. | Univ. of California

INDOOR SEASON

600 Meters (PR: 1:38.19 (Feb. 14, 2014))

| | | | |
|---|------------|--------------------------|----------------|
| 1:38.19 | 9th | Don Kirby Elite | Feb. 14 |
| 800 Meters (PR: 2:20.11 (Feb. 28, 2014)) | | | |
| 2:20.11 (p) | 13th | MW Champs | Feb. 28 |
| Mile (PR: 5:20.83 (Feb. 1, 2014)) | | | |
| 5:20.83 | 20th | Howie Ryan Invite | Feb. 1 |
| Distance Medley Relay | | | |
| 12:05.71 (sr) | 2nd | Howie Ryan Invite | Jan. 31 |
| 12:48.63 (8) | 9th | MW Champs | Feb. 28 |

OUTDOOR SEASON

800 Meters (PR: 2:09.13 (April 26, 2014))

| | | | |
|----------------|------------|----------------------|-----------------|
| 2:12.38 (p) | 1st | Cal/Nevada Champs | April 4 |
| 2:11.47 (f) | 1st | Cal/Nevada Champs | April 5 |
| 2:12.87 (o) | 59th | Mt. SAC Relays | April 18 |
| 2:09.13 | 2nd | Triton Invite | April 26 |
| 2:09.83 | 9th | Oxy Invite | May 10 |

1,500 Meters (PR: 4:42.16 (March 22, 2013))

| | | | |
|--------------------------|------------|------------------------|-----------------|
| 4:46.39 | 1st | UCSD Collegiate | March 15 |
| 4x400-Meter Relay | | | |
| 4:02.24 | 2nd | UCSD Collegiate | March 15 |

Janice George

5-7.5 | Fr. | Bowie, Md. | Bowie HS

INDOOR SEASON

200 Meters (PR: 25.65 (Jan. 24, 2014))

| | | | |
|---|------|------------------------|---------|
| 25.65 | 55th | Cherry & Silver Invite | Jan. 24 |
| 26.64 (b) | 36th | Howie Ryan Invite | Jan. 31 |
| 400 Meters (PR: 59.39 (Jan. 24, 2014)) | | | |
| 59.39 | 37th | Cherry & Silver Invite | Jan. 24 |
| 1:00.30 | 24th | Howie Ryan Invite | Feb. 1 |

4x400-Meter Relay

| | | | |
|---------------------|------------|-----------------------------------|----------------|
| 3:48.39 (10) | 7th | Cherry & Silver Invite | Jan. 25 |
|---------------------|------------|-----------------------------------|----------------|

OUTDOOR SEASON

200 Meters (PR: 25.26 (April 18, 2014))

| | | | |
|--|---------------|--------------------------|-----------------|
| 25.66 | 6th | UCSD Collegiate | March 15 |
| 25.51 (i) | 24th | Aztec Invite | March 29 |
| 25.46 (p) | 14th | Cal/Nevada Champs | April 4 |
| 25.26 | T-18th | Bryan Clay Invite | April 18 |
| 400 Meters (PR: 57.29 (March 28, 2014)) | | | |

59.06 **7th** | **UCSD Collegiate** | **March 15** |

57.29 (o) **3rd** | **Aztec Invite** | **March 28** |

57.79 (p) 16th | Cal/Nevada Champs | April 4 |

57.56 T-15th | Bryan Clay Invite | April 18 |

4x400-Meter Relay

| | | | |
|----|----|-------------------|---------|
| DQ | -- | Cal/Nevada Champs | April 5 |
|----|----|-------------------|---------|

Madison Gipson

5-7 | Fr. | Wellington, New Zealand | Marsden HS

INDOOR SEASON

60 Meters (PR: 59.10 (Jan. 25, 2014))

| | | | |
|---|-------------|-----------------------------------|----------------|
| 8.06 (p) | 42nd | Cherry & Silver Invite | Jan. 25 |
| 200 Meters (PR: 25.68 (Feb. 14, 2014)) | | | |
| 25.82 | 57th | Cherry & Silver Invite | Jan. 24 |
| 26.42 (b) | 29th | Howie Ryan Invite | Jan. 31 |
| 25.68 | 51st | Don Kirby Elite | Feb. 14 |

60-Meter Hurdles (PR: 8.66 (March 1, 2014))

| | | | |
|--------------------------|------------|-------------------|----------------|
| DNF (p) | -- | Howie Ryan Invite | Jan. 31 |
| 8.72 (p) | 8th | MW Champs | Feb. 28 |
| 8.66 (f) | 7th | MW Champs | March 1 |
| 4x400-Meter Relay | | | |
| 3:49.28 (conv) | 6th | MW Champs | March 1 |

OUTDOOR SEASON

200 Meters (PR: 25.41 (March 15, 2014))

| | | | |
|-------|-----|-----------------|----------|
| 25.41 | 3rd | UCSD Collegiate | March 15 |
|-------|-----|-----------------|----------|

SDSU 2014 TRACK & FIELD INDIVIDUAL SEASON BESTS (as of May 10)

| | | | |
|---|------|-------------------|----------|
| 25.65 (p) | 19th | Cal/Nevada Champs | April 4 |
| 25.56 | 15th | Triton Invite | April 26 |
| 400 Meters (PR: 58.91 (March 15, 2014)) | | | |
| 58.91 | 6th | UCSD Collegiate | March 15 |
| 100-Meter Hurdles (PR: 14.21 (March 29, 2014)) | | | |
| 14.21 (i) | 6th | Aztec Invite | March 29 |
| 14.30 (p) | 7th | Cal/Nevada Champs | April 4 |
| 14.30 (f) | 6th | Cal/Nevada Champs | April 5 |
| 14.37 (o) | 31st | Mt. SAC Relays | April 18 |
| 14.34 | 6th | Triton Invite | April 26 |
| 400-Meter Hurdles (PR: 1:05.95 (March 28, 2014)) | | | |
| 1:05.95 (o) | 8th | Aztec Invite | March 28 |
| 4x400-Meter Relay | | | |
| DQ | -- | Cal/Nevada Champs | April 5 |

Brittany Gonter

5-8.5 | RS-Jr. | Hemet, Calif. | Hemet HS
INDOOR SEASON

Shot Put (PR: 48-10.00 (March 1, 2014))

| | | | |
|--------------|------|------------------------|---------|
| 42-00.75 | 15th | Cherry & Silver Invite | Jan. 25 |
| 44-08.25 | 14th | Don Kirby Elite | Feb. 15 |
| 48-10.00 (3) | 7th | MW Champs | March 1 |

OUTDOOR SEASON

Shot Put (PR: 46-03.00 (April 24, 2014))

| | | | |
|--------------|------|-------------------|----------|
| 44-00.00 | 2nd | UCSD Collegiate | March 15 |
| Foul (i) | -- | Aztec Invite | March 29 |
| 44-06.25 | 6th | Cal/Nevada Champs | April 5 |
| 43-02.25 (o) | 27th | Mt. SAC Relays | April 18 |
| 46-03.00 | 5th | HP/OTC Series I | April 24 |
| 45-06.50 (o) | 16th | Triton Invite | April 26 |

Discus Throw (PR: 149-06 (April 25, 2014))

| | | | |
|------------|------|-------------------|----------|
| 143-04 | 4th | UCSD Collegiate | March 15 |
| 145-03 (i) | 8th | Aztec Invite | March 29 |
| 139-06 | 9th | Cal/Nevada Champs | April 4 |
| 143-06 | 13th | HP/OTC Series I | April 24 |
| 149-06 | 20th | Triton Invite | April 25 |

Grace Hanshaw

5-5 | So. | San Diego, Calif. | San Diego Mesa College
OUTDOOR SEASON

5,000 Meters (PR: 17:26.11 (May 10, 2014))

| | | | |
|--------------|------|-----------------|----------|
| 18:12.31 | 3rd | UCSD Collegiate | March 15 |
| 17:46.21 (i) | 2nd | Aztec Invite | March 28 |
| 17:54.08 | 4th | Triton Invite | April 25 |
| 17:26.11 | 18th | Oxy Invite | May 10 |

10,000 Meters (PR: 37:20.17 (April 4, 2014))

| | | | |
|--------------|------|-------------------|----------|
| 37:20.17 | 2nd | Cal/Nevada Champs | April 4 |
| 37:31.50 (o) | 12th | Mt. SAC Relays | April 17 |

Sarah Haydock

5-6 | Jr. | Huntington Beach, Calif. | Fountain Valley HS
OUTDOOR SEASON

200 Meters (PR: 27.83 (March 14, 2013))

| | | | |
|----------------|------|-----------------|----------|
| 29.52 (hp) | 12th | Aztec Invite | March 27 |
| 29.37 (CAI hp) | 49th | Mt. SAC Multi's | April 16 |

800 Meters (PR: 2:39.96 (March 15, 2013))

| | | | |
|------------------|------|-----------------|----------|
| 2:42.73 (hp) | 11th | Aztec Invite | March 28 |
| 2:41.47 (CAI hp) | 43rd | Mt. SAC Multi's | April 17 |

100-Meter Hurdles (PR: 16.28 (March 14, 2013))

| | | | |
|----------------|------|-----------------|----------|
| 16.32 | 12th | UCSD Collegiate | March 15 |
| 16.59 (hp) | 10th | Aztec Invite | March 27 |
| 17.44 (CAI hp) | 47th | Mt. SAC Multi's | April 16 |
| 16.88 | 30th | Triton Invite | April 26 |

High Jump (PR: 4-10.50 (March 14, 2013))

| | | | |
|---------|------|-----------------|----------|
| 4-04.25 | 18th | UCSD Collegiate | March 15 |
|---------|------|-----------------|----------|

4-08.25 (hp) T-6th Aztec Invite March 27

5-00.50 (CAI hp) 48th Mt. SAC Multi's April 16

Long Jump (PR: 16-06.00 (March 10, 2012))

| | | | |
|---------------|------|--------------|----------|
| 14-06.50 (hp) | 11th | Aztec Invite | March 28 |
|---------------|------|--------------|----------|

15-06.25 (CAI hp) T-45th Mt. SAC Multi's April 17

15-05.50 28th Triton Invite April 26

Shot Put (PR: 32-05.50 (April 16, 2014))

| | | | |
|---------------|------|-----------------|----------|
| 28-00.00 | 21st | UCSD Collegiate | March 15 |
| 29-02.00 (hp) | 7th | Aztec Invite | March 27 |

32-05.50 (CAI hp) 22nd Mt. SAC Multi's April 16

30-02.25 39th Triton Invite April 26

Javelin Throw (PR: 76-07 (March 28, 2014))

| | | | |
|-------|------|-----------------|----------|
| 68-04 | 18th | UCSD Collegiate | March 15 |
|-------|------|-----------------|----------|

76-07 (hp) 10th Aztec Invite March 28

73-03 (CAI hp) 40th Mt. SAC Multi's April 16

Heptathlon (PR: 3,784 (March 14-15, 2013))

| | | | |
|-------------|------|-----------------|-------------|
| 3,465 | 11th | Aztec Invite | March 27-28 |
| 3,474 (CAI) | 43rd | Mt. SAC Multi's | April 16-17 |

Marianne Hogan

5-3 | RS-Sr. | Bedford, Quebec | Acedemie Les Estacades
OUTDOOR SEASON

5,000 Meters (PR: 17:05.05 (April 9, 2011))

| | | | |
|--------------|-----|-------------------|----------|
| 17:55.21 (i) | 4th | Aztec Invite | March 28 |
| 17:48.66 | 5th | Cal/Nevada Champs | April 4 |

10,000 Meters (PR: 35:19.90 (April 14, 2011))

| | | | |
|--------------|-----|----------------|---------|
| 36:41.06 (o) | 7th | Mt. SAC Relays | April 7 |
|--------------|-----|----------------|---------|

Mikayla Howden

5-10 | Sr. | San Diego, Calif. | San Diego HS
INDOOR SEASON

Weight Throw (PR: 56-02.50 (Feb. 28, 2014))

| | | | |
|--------------|------|------------------------|---------|
| 54-10.25 | 10th | Cherry & Silver Invite | Jan. 24 |
| 51-04.25 | 16th | Don Kirby Elite | Feb. 14 |
| 56-02.50 (5) | 13th | MW Champs | Feb. 28 |

OUTDOOR SEASON

Hammer Throw (PR: 164-00 (April 20, 2013))

| | | | |
|------------|------|-------------------|----------|
| 157-11 | 3rd | UCSD Collegiate | March 15 |
| 159-03 (i) | 10th | Aztec Invite | March 28 |
| 154-05 | 12th | Cal/Nevada Champs | April 5 |
| 157-02 | 2nd | Soka Peace Invite | April 18 |
| 161-03 | 7th | HP/OTC Series I | April 24 |
| 149-02 (i) | 36th | Triton Invite | April 25 |
| 152-05 | 11th | Oxy Invite | May 10 |

Renetia James

5-8.5 | So. | Carson, Calif. | Junipero Serra HS
INDOOR SEASON

600 Meters (PR: 1:38.90 (Feb. 14, 2014))

| | | | |
|---------|------|-----------------|---------|
| 1:38.90 | 11th | Don Kirby Elite | Feb. 14 |
|---------|------|-----------------|---------|

OUTDOOR SEASON

400 Meters (PR: 55.63 (May 11, 2013))

| | | | |
|-----------|-----|-----------------|----------|
| 59.17 | 8th | UCSD Collegiate | March 15 |
| 57.87 (o) | 4th | Aztec Invite | March 28 |

57.06 (p) 8th Cal/Nevada Champs April 4

57.24 (f) 6th Cal/Nevada Champs April 5

58.44 33rd Bryan Clay Invite April 18

57.98 12th Triton Invite April 26

800 Meters (PR: 2:17.04 (March 28, 2014))

| | | | |
|---------|-----|-----------------|----------|
| 2:23.64 | 4th | UCSD Collegiate | March 15 |
|---------|-----|-----------------|----------|

2:17.04 (o) 6th Aztec Invite March 28

4x400-Meter Relay

| | | | |
|---------|-----|-------------------|----------|
| 4:02.24 | 2nd | UCSD Collegiate | March 15 |
| DQ | -- | Cal/Nevada Champs | April 5 |

Cali King

5-9 | Fr. | La Crescenta, Calif. | Crescenta Valley HS
OUTDOOR SEASON

1,500 Meters (PR: 5:16.40 (April 26, 2014))

| | | | |
|-------------|------|---------------|----------|
| 5:24.80 (o) | 56th | Aztec Invite | March 28 |
| 5:16.40 | 55th | Triton Invite | April 26 |

Chelsea Kruthers

5-4 | So. | San Juan Capistrano, Calif. | San Juan Hills HS
INDOOR SEASON

800 Meters (PR: 2:21.01 (Feb. 28, 2014))

| | | | |
|-------------|------|-----------|---------|
| 2:21.01 (p) | 15th | MW Champs | Feb. 28 |
|-------------|------|-----------|---------|

Mile (PR: 5:01.00 (Feb. 1, 2014))

| | | | |
|--------------|-----|-------------------|---------|
| 5:01.00 (sr) | 8th | Howie Ryan Invite | Feb. 1 |
| 5:08.78 | 6th | Don Kirby Elite | Feb. 15 |

Distance Medley Relay

| | | | |
|---------------|-----|-------------------|---------|
| 12:05.71 (sr) | 2nd | Howie Ryan Invite | Jan. 31 |
| 12:48.63 (8) | 9th | MW Champs | Feb. 28 |

OUTDOOR SEASON

800 Meters (PR: 2:09.45 (May 10, 2013))

| | | | |
|-------------|-----|-------------------|----------|
| 2:13.57 (i) | 4th | Aztec Invite | March 29 |
| 2:13.42 (p) | 7th | Cal/Nevada Champs | April 4 |
| 2:15.15 (f) | 4th | Cal/Nevada Champs | April 5 |

1,500 Meters (PR: 4:37.95 (April 6, 2013))

| | | | |
|-------------|------|-------------------|----------|
| 4:38.23 (i) | 11th | Aztec Invite | March 28 |
| 4:34.70 | 1st | Cal/Nevada Champs | April 5 |
| DNF (o) | -- | Mt. SAC Relays | April 18 |

5,000 Meters (PR: N/A)

| | | | |
|-----|----|-----------------|----------|
| DNF | -- | UCSD Collegiate | March 15 |
|-----|----|-----------------|----------|

4x400-Meter Relay

| | | | |
|---------|-----|-----------------|----------|
| 4:02.24 | 2nd | UCSD Collegiate | March 15 |
|---------|-----|-----------------|----------|

Freja Liljedahl

5-6 | Fr. | Gavle, Sweden | Vasaskolan School
OUTDOOR SEASON

Discus Throw (PR: 114-02 (March 15, 2014))

| | | | |
|----------|-----|-----------------|----------|
| 114-02 | 2nd | UCSD Collegiate | March 15 |
| Foul (i) | -- | Aztec Invite | March 29 |

Hammer Throw (PR: 166-06 (April 25, 2014))

| | | | |
|---------------|------|-------------------|----------|
| 160-06 | 2nd | UCSD Collegiate | March 15 |
| 158-02 (i) | 11th | Aztec Invite | March 28 |
| 155-03 | 10th | Cal/Nevada Champs | April 5 |
| 165-07 | 1st | Soka Peace Invite | April 18 |
| 166-01 | 6th | HP/OTC Series I | April 24 |
| 166-06 (i, 6) | 24th | Triton Invite | April 25 |
| 161-07 | 7th | Oxy Invite | May 10 |

Javelin Throw (PR: 104-02 (March 29, 2014))

| | | | |
|------------|------|-----------------|----------|
| ND | -- | UCSD Collegiate | March 15 |
| 104-02 (i) | 13th | Aztec Invite | March 29 |

Katherine Magill

5-4 | Fr. | Grass Valley, Calif. | Nevada Union HS
OUTDOOR SEASON

Pole Vault (PR: 10-06.25 (April 19, 2014))

| | | | |
|-------------|--------|-----------------|----------|
| 9-07.00 | T-13th | UCSD Collegiate | March 15 |
| 9-10.00 (o) | 10th | Aztec Invite | March 28 |
| 10-06.25 | 48th | Beach Invite | April 19 |
| 10-02.00 | T-23rd | Triton Invite | April 26 |

Lily Mayko

5-3 | So. | Portland, Ore. | Southridge HS
OUTDOOR SEASON

400-Meter Hurdles (PR: 1:02.68 (April 13, 2013))

| | | | |
|-------------|------|-------------------|----------|
| 1:07.20 | 5th | UCSD Collegiate | March 15 |
| 1:06.90 (o) | 9th | Aztec Invite | March 28 |
| 1:06.32 (f) | 19th | Cal/Nevada Champs | April 4 |

Jessica McCall

5-3 | So. | Saugus, Calif. | Saugus HS
OUTDOOR SEASON

1,500 Meters (PR: 4:43.53 (April 18, 2014))

| | | | |
|---------|------|-------------------|----------|
| 4:43.53 | 45th | Bryan Clay Invite | April 18 |
|---------|------|-------------------|----------|

5,000 Meters (PR: 17:48.34 (March 28, 2014))

| | | | |
|-----|----|-----------------|----------|
| DNF | -- | UCSD Collegiate | March 15 |
|-----|----|-----------------|----------|

SDSU 2014 TRACK & FIELD INDIVIDUAL SEASON BESTS (as of May 10)

| | | | |
|--------------|------|-------------------|----------|
| 17:48.34 (i) | 3rd | Aztec Invite | March 28 |
| 18:03.21 | 8th | Cal/Nevada Champs | April 4 |
| 17:58.94 | 31st | Oxy Invite | May 10 |

Summer Nash

6-1 | Sr. | Seattle, Wash. | Bishop Blanchet HS

OUTDOOR SEASON

High Jump (PR: 4-11.75 (March 28, 2014))

| | | | |
|-------------|-------|--------------|----------|
| 4-11.75 (o) | T-9th | Aztec Invite | March 28 |
|-------------|-------|--------------|----------|

Discus Throw (PR: 135-05 (April 24, 2014))

| | | | |
|--------|-----|-----------------|----------|
| 116-00 | 9th | UCSD Collegiate | March 15 |
|--------|-----|-----------------|----------|

| | | | |
|------------|------|--------------|----------|
| 131-02 (i) | 15th | Aztec Invite | March 29 |
|------------|------|--------------|----------|

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|--------|------|-------------------|----------|
| 121-11 | 37th | Bryan Clay Invite | April 18 |
|--------|------|-------------------|----------|

| | | | |
|--------|------|-----------------|----------|
| 135-05 | 15th | HP/OTC Series I | April 24 |
|--------|------|-----------------|----------|

| | | | |
|------------|------|---------------|----------|
| 120-00 (o) | 42nd | Triton Invite | April 25 |
|------------|------|---------------|----------|

Javelin Throw (PR: 103-00 (March 15, 2014))

| | | | |
|--------|-----|-----------------|----------|
| 103-00 | 8th | UCSD Collegiate | March 15 |
|--------|-----|-----------------|----------|

| | | | |
|------------|------|--------------|----------|
| 101-07 (i) | 14th | Aztec Invite | March 29 |
|------------|------|--------------|----------|

Ariel Oliver

5-11 | RS-Fr. | McMinnville, Ore. | McMinnville HS

INDOOR SEASON

Shot Put (PR: 42-08.75 (Feb. 15, 2014))

| | | | |
|----------|------|------------------------|---------|
| 40-09.50 | 17th | Cherry & Silver Invite | Jan. 25 |
|----------|------|------------------------|---------|

| | | | |
|--------------|------|-----------------|---------|
| 42-08.75 (8) | 17th | Don Kirby Elite | Feb. 15 |
|--------------|------|-----------------|---------|

Weight Throw (PR: 49-08.50 (Jan. 24, 2014))

| | | | |
|--------------|------|------------------------|---------|
| 49-08.50 (9) | 12th | Cherry & Silver Invite | Jan. 24 |
|--------------|------|------------------------|---------|

| | | | |
|----------|------|-----------------|---------|
| 44-04.75 | 19th | Don Kirby Elite | Feb. 14 |
|----------|------|-----------------|---------|

OUTDOOR SEASON

Shot Put (PR: 42-08.00 (March 15, 2014))

| | | | |
|----------|-----|-----------------|----------|
| 42-08.00 | 3rd | UCSD Collegiate | March 15 |
|----------|-----|-----------------|----------|

| | | | |
|----------|----|--------------|----------|
| Foul (i) | -- | Aztec Invite | March 29 |
|----------|----|--------------|----------|

| | | | |
|----------|------|-------------------|---------|
| 39-11.50 | 16th | Cal/Nevada Champs | April 5 |
|----------|------|-------------------|---------|

| | | | |
|----------|------|-------------------|----------|
| 41-03.25 | 17th | Bryan Clay Invite | April 18 |
|----------|------|-------------------|----------|

| | | | |
|----------|-----|-----------------|----------|
| 39-03.25 | 7th | HP/OTC Series I | April 24 |
|----------|-----|-----------------|----------|

Discus Throw (PR: 162-11 (April 18, 2014))

| | | | |
|--------|-----|-----------------|----------|
| 138-04 | 5th | UCSD Collegiate | March 15 |
|--------|-----|-----------------|----------|

| | | | |
|------------|-----|--------------|----------|
| 155-05 (i) | 3rd | Aztec Invite | March 29 |
|------------|-----|--------------|----------|

| | | | |
|--------|------|-------------------|---------|
| 139-05 | 10th | Cal/Nevada Champs | April 4 |
|--------|------|-------------------|---------|

| | | | |
|------------|-----|-------------------|----------|
| 162-11 (6) | 1st | Bryan Clay Invite | April 18 |
|------------|-----|-------------------|----------|

| | | | |
|--------|------|-----------------|----------|
| 153-06 | 12th | HP/OTC Series I | April 24 |
|--------|------|-----------------|----------|

| | | | |
|------------|-----|---------------|----------|
| 161-10 (o) | 9th | Triton Invite | April 25 |
|------------|-----|---------------|----------|

| | | | |
|--------|-----|------------|--------|
| 142-06 | 9th | Oxy Invite | May 10 |
|--------|-----|------------|--------|

Hammer Throw (PR: 123-07 (March 15, 2014))

| | | | |
|--------|-----|-----------------|----------|
| 123-07 | 8th | UCSD Collegiate | March 15 |
|--------|-----|-----------------|----------|

Nicole Oudenaarden

5-10 | So. | St. Albert, Alberta, Canada | Paul Kane HS

INDOOR SEASON

200 Meters (PR: 24.67 (Feb. 8, 2013))

| | | | |
|-------|------|------------------------|---------|
| 25.14 | 32nd | Cherry & Silver Invite | Jan. 24 |
|-------|------|------------------------|---------|

| | | | |
|-------|------|-----------------|---------|
| 24.95 | 37th | Don Kirby Elite | Feb. 14 |
|-------|------|-----------------|---------|

800 Meters (PR: 2:26.38 (Jan. 31, 2014))

| | | | |
|--------------|-----|-------------------|---------|
| 2:26.38 (pn) | 2nd | Howie Ryan Invite | Jan. 31 |
|--------------|-----|-------------------|---------|

| | | | |
|--------------|-----|-----------|---------|
| 2:27.93 (pn) | 6th | MW Champs | Feb. 27 |
|--------------|-----|-----------|---------|

60-Meter Hurdles (PR: 8.86 (Feb. 21, 2013))

| | | | |
|----------|------|------------------------|---------|
| 9.26 (p) | 31st | Cherry & Silver Invite | Jan. 25 |
|----------|------|------------------------|---------|

| | | | |
|-----------|-----|-------------------|---------|
| 9.09 (pn) | 5th | Howie Ryan Invite | Jan. 31 |
|-----------|-----|-------------------|---------|

| | | | |
|-----------|-----|-----------|---------|
| 8.96 (pn) | 8th | MW Champs | Feb. 27 |
|-----------|-----|-----------|---------|

4x400-Meter Relay

| | | | |
|--------------|-----|------------------------|---------|
| 3:48.39 (10) | 7th | Cherry & Silver Invite | Jan. 25 |
|--------------|-----|------------------------|---------|

| | | | |
|----------------|-----|-----------|---------|
| 3:49.28 (conv) | 6th | MW Champs | March 1 |
|----------------|-----|-----------|---------|

Distance Medley Relay

| | | | |
|--------------|-----|-----------|---------|
| 12:48.63 (8) | 9th | MW Champs | Feb. 28 |
|--------------|-----|-----------|---------|

High Jump (PR: 5-03.25 (Feb. 27, 2014))

| | | | |
|--------------|-------|-------------------|---------|
| 5-02.25 (pn) | T-6th | Howie Ryan Invite | Jan. 31 |
|--------------|-------|-------------------|---------|

| | | | |
|--------------|-------|-----------|---------|
| 5-03.25 (pn) | T-6th | MW Champs | Feb. 27 |
|--------------|-------|-----------|---------|

Long Jump (PR: 19-07.50 (Feb. 21, 2013))

| | | | |
|----------|--------|------------------------|---------|
| 18-04.50 | T-15th | Cherry & Silver Invite | Jan. 24 |
|----------|--------|------------------------|---------|

| | | | |
|---------------|-----|-------------------|---------|
| 18-08.50 (pn) | 1st | Howie Ryan Invite | Jan. 31 |
|---------------|-----|-------------------|---------|

| | | | |
|----------|-----|-----------------|---------|
| 19-06.75 | 1st | Don Kirby Elite | Feb. 14 |
|----------|-----|-----------------|---------|

| | | | |
|---------------|-----|-----------|---------|
| 19-00.75 (pn) | 2nd | MW Champs | Feb. 27 |
|---------------|-----|-----------|---------|

| | | | |
|----------|-----|-----------|---------|
| 19-04.75 | 6th | MW Champs | Feb. 28 |
|----------|-----|-----------|---------|

Shot Put (PR: 47-07.25 (Feb. 8, 2013))

| | | | |
|----------|------|------------------------|---------|
| 42-08.25 | 12th | Cherry & Silver Invite | Jan. 25 |
|----------|------|------------------------|---------|

| | | | |
|---------------|-----|-------------------|---------|
| 43-06.00 (pn) | 1st | Howie Ryan Invite | Jan. 31 |
|---------------|-----|-------------------|---------|

| | | | |
|----------|-----|-------------------|--------|
| 44-01.25 | 6th | Howie Ryan Invite | Feb. 2 |
|----------|-----|-------------------|--------|

| | | | |
|----------|------|-----------------|---------|
| 43-09.25 | 15th | Don Kirby Elite | Feb. 14 |
|----------|------|-----------------|---------|

| | | | |
|---------------|-----|-----------|---------|
| 43-04.50 (pn) | 1st | MW Champs | Feb. 27 |
|---------------|-----|-----------|---------|

| | | | |
|----------|------|-----------|---------|
| 43-02.25 | 17th | MW Champs | March 1 |
|----------|------|-----------|---------|

Pentathlon (PR: 3,969 (Feb. 21, 2013))

| | | | |
|-------|-----|-------------------|---------|
| 3,846 | 2nd | Howie Ryan Invite | Jan. 31 |
|-------|-----|-------------------|---------|

| | | | |
|-------|-----|-----------|---------|
| 3,918 | 3rd | MW Champs | Feb. 27 |
|-------|-----|-----------|---------|

OUTDOOR SEASON

200 Meters (PR: 24.79 (March 14, 2013))

| | | | |
|------------------|------|-----------------|----------|
| 25.10 (MS hp, w) | 11th | Mt. SAC Multi's | April 16 |
|------------------|------|-----------------|----------|

| | | | |
|-------|------|---------------|----------|
| 25.33 | 13th | Triton Invite | April 26 |
|-------|------|---------------|----------|

800 Meters (PR: 2:19.81 (April 18, 2013))

| | | | |
|-----------------|------|-----------------|----------|
| 2:22.72 (MS hp) | 12th | Mt. SAC Multi's | April 17 |
|-----------------|------|-----------------|----------|

100-Meter Hurdles (PR: 14.30 (April 17, 2013))

| | | | |
|---------|----|--------------|----------|
| DNF (o) | -- | Aztec Invite | March 28 |
|---------|----|--------------|----------|

| | | | |
|---------------|------|-----------------|----------|
| 15.37 (MS hp) | 20th | Mt. SAC Multi's | April 16 |
|---------------|------|-----------------|----------|

| | | | |
|-------|------|---------------|----------|
| 14.91 | 13th | Triton Invite | April 26 |
|-------|------|---------------|----------|

High Jump (PR: 5-07.25 (March 15, 2014))

| | | | |
|---------|-----|-----------------|----------|
| 5-07.25 | 1st | UCSD Collegiate | March 15 |
|---------|-----|-----------------|----------|

| | | | |
|-----------------|-------|-----------------|----------|
| 5-06.50 (MS hp) | T-9th | Mt. SAC Multi's | April 16 |
|-----------------|-------|-----------------|----------|

| | | | |
|---------|-----|---------------|----------|
| 5-04.25 | 8th | Triton Invite | April 26 |
|---------|-----|---------------|----------|

Long Jump (PR: 19-09.75 (April 17, 2014))

| | | | |
|----------------------|-----|-----------------|----------|
| 19-09.75 (MS hp, 10) | 5th | Mt. SAC Multi's | April 17 |
|----------------------|-----|-----------------|----------|

Shot Put (PR: 46-05.25 (April 16, 2014))

| | | | |
|----------|-----|-----------------|----------|
| 44-11.50 | 1st | UCSD Collegiate | March 15 |
|----------|-----|-----------------|----------|

| | | | |
|--------------|-----|--------------|----------|
| 44-06.25 (i) | 3rd | Aztec Invite | March 29 |
|--------------|-----|--------------|----------|

| | | | |
|----------|-----|-------------------|---------|
| 44-10.25 | 5th | Cal/Nevada Champs | April 5 |
|----------|-----|-------------------|---------|

| | | | |
|----------------------|-----|----------------|----------|
| 46-05.25 (MS hp, 10) | 2nd | Mt. SAC Relays | April 16 |
|----------------------|-----|----------------|----------|

Javelin Throw (PR: 155-04 (April 26, 2014))

| | | | |
|--------|-----|-----------------|----------|
| 146-11 | 1st | UCSD Collegiate | March 15 |
|--------|-----|-----------------|----------|

| | | | |
|--------|-----|-------------------|---------|
| 144-00 | 6th | Cal/Nevada Champs | April 4 |
|--------|-----|-------------------|---------|

| | | | |
|----------------|-----|-----------------|----------|
| 146-03 (MS hp) | 3rd | Mt. SAC Multi's | April 17 |
|----------------|-----|-----------------|----------|

| | | | |
|------------|-----|---------------|----------|
| 155-04 (8) | 3rd | Triton Invite | April 26 |
|------------|-----|---------------|----------|

Heptathlon (PR: 5,774 (April 17-18, 2013))

| | | | |
|---------------|-----|-----------------|-------------|
| 5,721 (MS hp) | 8th | Mt. SAC Multi's | April 16-17 |
|---------------|-----|-----------------|-------------|

Allison Reaser

5-7.5 | Sr. | El Segundo, Calif. | El Segundo HS

INDOOR SEASON

200 Meters (PR: 24.19 (Feb. 14, 2014))

| | | | |
|-----------|------|-----------------|---------|
| 24.19 (9) | 12th | Don Kirby Elite | Feb. 14 |
|-----------|------|-----------------|---------|

| | | | |
|-----------|-----|-----------|---------|
| 24.62 (p) | 7th | MW Champs | Feb. 28 |
|-----------|-----|-----------|---------|

| | | | |
|-----------|-----|-----------|---------|
| 24.80 (f) | 8th | MW Champs | March 1 |
|-----------|-----|-----------|---------|

800 Meters (PR: 2:20.37 (March 15, 2014))

| | | | |
|--------------|-----|-------------------|---------|
| 2:25.48 (pn) | 1st | Howie Ryan Invite | Jan. 31 |
|--------------|-----|-------------------|---------|

| | | | |
|--------------|-----|-----------|---------|
| 2:25.23 (pn) | 2nd | MW Champs | Feb. 27 |
|--------------|-----|-----------|---------|

| | | | |
|--------------|-----|-------------|----------|
| 2:20.37 (pn) | 8th | NCAA Champs | March 15 |
|--------------|-----|-------------|----------|

60-Meter Hurdles (PR: 8.30 (Feb. 27, 2014))

| | | | |
|----------|-----|------------------------|---------|
| 8.44 (p) | 4th | Cherry & Silver Invite | Jan. 25 |
|----------|-----|------------------------|---------|

| | | | |
|----------|-----|------------------------|---------|
| 8.59 (f) | 7th | Cherry & Silver Invite | Jan. 25 |
|----------|-----|------------------------|---------|

| | | | |
|-----------|-----|-------------------|---------|
| 8.57 (pn) | 1st | Howie Ryan Invite | Jan. 31 |
|-----------|-----|-------------------|---------|

| | | | |
|--------------|-----|-----------------|---------|
| 8.52 ("A" p) | 8th | Don Kirby Elite | Feb. 15 |
|--------------|-----|-----------------|---------|

| | | | |
|--------------|-----|-----------|---------|
| 8.30 (pn, 4) | 1st | MW Champs | Feb. 27 |
|--------------|-----|-----------|---------|

| | | | |
|----------|-----|-----------|---------|
| 8.51 (p) | 5th | MW Champs | Feb. 28 |
|----------|-----|-----------|---------|

| | | | |
|----------|-----|-----------|---------|
| 8.54 (f) | 4th | MW Champs | March 1 |
|----------|-----|-----------|---------|

| | | | |
|-----------|-----|-------------|----------|
| 8.32 (pn) | 6th | NCAA Champs | March 15 |
|-----------|-----|-------------|----------|

4x400-Meter Relay

| | | | |
|--------------|-----|------------------------|---------|
| 3:48.39 (10) | 7th | Cherry & Silver Invite | Jan. 25 |
|--------------|-----|------------------------|---------|

High Jump (PR: 5-04.50 (Jan. 31, 2014))

| | | | |
|---------|--------|------------------------|---------|
| 5-02.25 | T-11th | Cherry & Silver Invite | Jan. 24 |
|---------|--------|------------------------|---------|

| | | | |
|--------------|-------|-------------------|---------|
| 5-04.50 (pn) | T-4th | Howie Ryan Invite | Jan. 31 |
|--------------|-------|-------------------|---------|

| | | | |
|--------------|-------|-----------|---------|
| 5-04.50 (pn) | T-4th | MW Champs | Feb. 27 |
|--------------|-------|-----------|---------|

| | | | |
|--------------|------|-------------|----------|
| 5-02.25 (pn) | 16th | NCAA Champs | March 15 |
|--------------|------|-------------|----------|

Long Jump (PR: 20-05.00 (Feb. 27, 2014))

| | | | |
|----------|-----|------------------------|---------|
| 19-06.25 | 5th | Cherry & Silver Invite | Jan. 24 |
|----------|-----|------------------------|---------|

| | | | |
|---------------|-----|-------------------|---------|
| 18-04.50 (pn) | 2nd | Howie Ryan Invite | Jan. 31 |
|---------------|-----|-------------------|---------|

| | | | |
|----------|-----|-----------------|---------|
| 19-04.75 | 6th | Don Kirby Elite | Feb. 14 |
|----------|-----|-----------------|---------|

| | | | |
|------------------|-----|-----------|---------|
| 20-05.00 (pn, 2) | 1st | MW Champs | Feb. 27 |
|------------------|-----|-----------|---------|

| | | | |
|---------------|------|-------------|----------|
| 19-02.75 (pn) | 11th | NCAA Champs | March 15 |
|---------------|------|-------------|----------|

Shot Put (PR: 39-00.25 (Feb. 23, 2012))

| | | | |
|----------|------|------------------------|---------|
| 35-02.00 | 28th | Cherry & Silver Invite | Jan. 25 |
|----------|------|------------------------|---------|

| | | | |
|---------------|-----|-------------------|---------|
| 36-05.75 (pn) | 3rd | Howie Ryan Invite | Jan. 31 |
|---------------|-----|-------------------|---------|

| | | | |
|---------------|-----|-----------|---------|
| 37-09.25 (pn) | 6th | MW Champs | Feb. 27 |
|---------------|-----|-----------|---------|

| | | | |
|---------------|------|-------------|----------|
| 36-05.00 (pn) | 14th | NCAA Champs | March 15 |
|---------------|------|-------------|----------|

Pentathlon (PR: 4,145 (Feb. 27, 2014))

| | | | |
|-------|-----|-------------------|---------|
| 3,971 | 1st | Howie Ryan Invite | Jan. 31 |
|-------|-----|-------------------|---------|

| | | | |
|------------|-----|-----------|---------|
| 4,145 (sr) | 2nd | MW Champs | Feb. 27 |
|------------|-----|-----------|---------|

| | | | |
|-------|------|-------------|----------|
| 3,996 | 15th | NCAA Champs | March 15 |
|-------|------|-------------|----------|

OUTDOOR SEASON

200 Meters (PR: 24.03 (April 16, 2014))

| | | | |
|---------------|-----|-----------------|----------|
| 24.03 (MS hp) | 4th | Mt. SAC Multi's | April 16 |
|---------------|-----|-----------------|----------|

800 Meters (PR: 2:12.08 (June 7, 2013))

| | | | |
|-----------------|-----|-----------------|----------|
| 2:15.01 (MS hp) | 6th | Mt. SAC Multi's | April 17 |
|-----------------|-----|-----------------|----------|

100-Meter Hurdles (PR: 13.30 (June 6, 2013))

SDSU 2014 TRACK & FIELD INDIVIDUAL SEASON BESTS (as of May 10)

3,000 Meters (PR: 10:15.90 (April 26, 2014))

| | | | |
|----------|-----|---------------|----------|
| 10:15.90 | 2nd | Triton Invite | April 26 |
|----------|-----|---------------|----------|

5,000 Meters (PR: 18:24.08 (April 4, 2014))

| | | | |
|----------|------|-------------------|---------|
| 18:24.08 | 16th | Cal/Nevada Champs | April 4 |
| 18:53.21 | 52nd | Oxy Invite | May 10 |

Kortney Ross

6-0 | Jr. | San Diego, Calif. | Univ. of Oregon
OUTDOOR SEASON

100 Meters (PR: 12.63 (March 15, 2014))

| | | | |
|-----------|------|-----------------|----------|
| 12.63 | 6th | UCSD Collegiate | March 15 |
| 12.74 (o) | 22nd | Aztec Invite | March 28 |

Pole Vault (PR: 13-04.50 (2 times, last May 12, 2012))

| | | | |
|--------------|--------|--------------------|----------|
| 12-06.25 | 3rd | UCSD Collegiate | March 15 |
| 12-05.50 (o) | 1st | Aztec Invite | March 28 |
| 12-06.75 (i) | T-2nd | Aztec Invite | March 29 |
| 12-09.50 | 2nd | Cal/Nevada Champs | April 4 |
| NH (o) | -- | Mt. SAC Relays | April 18 |
| 12-06.00 | T-16th | Beach Invitational | April 19 |
| 12-01.50 | T-4th | Triton Invite | April 26 |
| 13-01.50 | 5th | Steve Scott Invite | May 2 |

Hannah Sawatzki

5-0 | So. | San Diego, Calif. | Westview HS
OUTDOOR SEASON

3,000 Meters (PR: 10:47.72 (April 6, 2013))

| | | | |
|----------|------|---------------|----------|
| 10:55.57 | 12th | Triton Invite | April 26 |
|----------|------|---------------|----------|

5,000 Meters (PR: 18:28.33 (March 15, 2014))

| | | | |
|--------------|------|-------------------|----------|
| 18:28.33 | 5th | UCSD Collegiate | March 15 |
| 18:48.89 (i) | 10th | Aztec Invite | March 28 |
| 18:58.83 | 28th | Cal/Nevada Champs | April 4 |

Starlynn Singleton

5-5 | Fr. | Murrieta, Calif. | Murrieta Mesa HS
INDOOR SEASON

Long Jump (PR: 17-09.50 (Feb. 28, 2014))

| | | | |
|----------|------|-----------|---------|
| 17-09.50 | 16th | MW Champs | Feb. 28 |
|----------|------|-----------|---------|

OUTDOOR SEASON

100 Meters (PR: 12.29 (March 15, 2014))

| | | | |
|-----------|------|-----------------|----------|
| 12.29 | 3rd | UCSD Collegiate | March 15 |
| 12.30 (o) | 7th | Aztec Invite | March 28 |
| 12.45 | 16th | Triton Invite | April 26 |

Long Jump (PR: 17-11.50 (March 15, 2014))

| | | | |
|--------------|------|-------------------|----------|
| 17-11.50 | 2nd | UCSD Collegiate | March 15 |
| 16-10.75 (o) | 6th | Aztec Invite | March 28 |
| 17-01.50 | 24th | Cal/Nevada Champs | April 4 |
| NH | -- | Triton Invite | April 26 |

Triple Jump (PR: 37-03.25 (March 15, 2014))

| | | | |
|--------------|------|-------------------|----------|
| 37-03.25 | 3rd | UCSD Collegiate | March 15 |
| 35-10.00 (o) | 3rd | Aztec Invite | March 28 |
| 35-10.00 | 19th | Cal/Nevada Champs | April 5 |
| 35-07.75 | 11th | Triton Invite | April 26 |

Karen Snapper

5-6 | So. | Huntington Beach, Calif. | Edison HS
INDOOR SEASON

Pole Vault (PR: 12-10.25 (Feb. 8, 2013))

| | | | |
|----------|------|------------------------|---------|
| NH | -- | Cherry & Silver Invite | Jan. 25 |
| 11-02.50 | 13th | Howie Ryan Invite | Jan. 31 |

OUTDOOR SEASON

Pole Vault (PR: 13-01.50 (April 18, 2014))

| | | | |
|------------------|-------|-------------------|----------|
| 11-06.50 | T-4th | UCSD Collegiate | March 15 |
| 11-07.00 (i) | T-9th | Aztec Invite | March 29 |
| 11-05.75 | T-9th | Cal/Nevada Champs | April 4 |
| 13-01.50 (o, 10) | 1st | Mt. SAC Relays | April 18 |
| NH | -- | Triton Invite | April 26 |

Karsen Sper

5-8 | So. | Camarillo, Calif. | Thousand Oaks HS
INDOOR SEASON

800 Meters (PR: 2:29.12 (Feb. 27, 2014))

| | | | |
|--------------|-----|-------------------|---------|
| 2:31.07 (pn) | 5th | Howie Ryan Invite | Jan. 31 |
| 2:29.12 (pn) | 7th | MW Champs | Feb. 27 |

60-Meter Hurdles (PR: 8.76 (Feb. 28, 2014))

| | | | |
|-----------|------|------------------------|---------|
| 9.15 (p) | 29th | Cherry & Silver Invite | Jan. 25 |
| 8.99 (pn) | 3rd | Howie Ryan Invite | Jan. 31 |
| 8.79 (pn) | 4th | MW Champs | Feb. 27 |
| 8.76 (p) | 10th | MW Champs | Feb. 28 |

4x400-Meter Relay

| | | | |
|----------------|-----|-----------|---------|
| 3:49.28 (conv) | 6th | MW Champs | March 1 |
|----------------|-----|-----------|---------|

High Jump (PR: 5-05.00 (Feb. 21, 2013))

| | | | |
|--------------|--------|------------------------|---------|
| 5-00.25 | T-18th | Cherry & Silver Invite | Jan. 24 |
| 5-02.25 (pn) | T-6th | Howie Ryan Invite | Jan. 31 |
| 5-02.25 (pn) | T-8th | MW Champs | Feb. 27 |

Long Jump (PR: 17-03.50 (Feb. 27, 2014))

| | | | |
|---------------|-----|-------------------|---------|
| 16-11.25 (pn) | 5th | Howie Ryan Invite | Jan. 31 |
| 17-03.50 (pn) | 6th | MW Champs | Feb. 27 |

Shot Put (PR: 33-00.50 (Feb. 27, 2014))

| | | | |
|---------------|------|-------------------|---------|
| 30-04.75 (pn) | 8th | Howie Ryan Invite | Jan. 31 |
| 33-00.50 (pn) | 10th | MW Champs | Feb. 27 |

Pentathlon (PR: 3,564 (Feb. 21, 2013))

| | | | |
|-------|-----|-------------------|---------|
| 3,388 | 5th | Howie Ryan Invite | Jan. 31 |
| 3,538 | 6th | MW Champs | Feb. 27 |

OUTDOOR SEASON

200 Meters (PR: 25.83 (April 6, 2013))

| | | | |
|----------------|------|-----------------|----------|
| 26.39 (hp) | 4th | Aztec Invite | March 27 |
| 25.96 (CAI hp) | 17th | Mt. SAC Multi's | April 16 |

800 Meters (PR: 2:23.05 (March 9, 2013))

| | | | |
|------------------|------|-----------------|----------|
| 2:24.21 (hp) | 5th | Aztec Invite | March 28 |
| 2:24.79 (CAI hp) | 22nd | Mt. SAC Multi's | April 17 |

100-Meter Hurdles (PR: 14.18 (May 11, 2013))

| | | | |
|----------------|------|-------------------|----------|
| 14.47 | 1st | UCSD Collegiate | March 15 |
| 14.61 (hp) | 5th | Aztec Invite | March 27 |
| 14.43 (p) | 8th | Cal/Nevada Champs | April 4 |
| 14.42 (f) | 8th | Cal/Nevada Champs | April 5 |
| 14.95 (CAI hp) | 15th | Mt. SAC Multi's | April 16 |
| 14.32 (o) | 28th | Mt. SAC Relays | April 18 |
| 14.39 | 8th | Triton Invite | April 26 |

High Jump (PR: 5-05.75 (March 27, 2014))

| | | | |
|------------------|--------|-------------------|----------|
| 5-00.25 | 8th | UCSD Collegiate | March 15 |
| 5-05.75 (hp) | T-1st | Aztec Invite | March 27 |
| 5-02.25 | T-7th | Cal/Nevada Champs | April 5 |
| 5-00.50 (CAI hp) | T-30th | Mt. SAC Multi's | April 16 |
| 5-00.25 | 19th | Triton Invite | April 26 |

Long Jump (PR: 17-08.25 (March 28, 2014))

| | | | |
|-------------------|--------|-----------------|----------|
| 17-08.25 (hp) | 2nd | Aztec Invite | March 28 |
| 17-05.25 (CAI hp) | T-16th | Mt. SAC Multi's | April 17 |

Shot Put (PR: 33-07.25 (May 8, 2013))

| | | | |
|-------------------|------|-----------------|----------|
| 30-09.75 | 15th | UCSD Collegiate | March 15 |
| 31-02.00 (hp) | 5th | Aztec Invite | March 27 |
| 29-06.75 (CAI hp) | 32nd | Mt. SAC Multi's | April 16 |
| 33-00.50 (o) | 36th | Triton Invite | April 26 |

Javelin Throw (PR: 118-01 (March 15, 2014))

| | | | |
|----------------|------|-----------------|----------|
| 118-01 | 5th | UCSD Collegiate | March 15 |
| 94-10 (hp) | 5th | Aztec Invite | March 28 |
| 90-09 (CAI hp) | 24th | Mt. SAC Multi's | April 17 |

Heptathlon (PR: 4,863 (March 27-28, 2014))

| | | | |
|----------------|--------|-----------------|-------------|
| 4,863 | 3rd | Aztec Invite | March 27-28 |
| 4,618 (CAI hp) | T-18th | Mt. SAC Multi's | April 16-17 |

Katie Thralls

5-4 | GS | Livermore, Calif. | Seattle Pacific
OUTDOOR SEASON

3,000 Meters (PR: 10:53.59 (March 28, 2014))

| | | | |
|--------------|-----|--------------|----------|
| 10:53.59 (i) | 8th | Aztec Invite | March 28 |
|--------------|-----|--------------|----------|

5,000 Meters (PR: 17:50.75 (March 30, 2013))

| | | | |
|----------|------|---------------|----------|
| 18:26.34 | 14th | Triton Invite | April 26 |
|----------|------|---------------|----------|

Shanieka Thomas

5-11 | Sr. | St. Andrew, Jamaica | Vere Technical
INDOOR SEASON

Long Jump (PR: 19-09.75 (Jan. 21, 2012))

| | | | |
|----------|-----|-----------|---------|
| 19-06.25 | 5th | MW Champs | Feb. 28 |
|----------|-----|-----------|---------|

Triple Jump (PR: 46-02.50 (Feb. 8, 2013))

| | | | |
|----------|-----|-----------------|----------|
| 45-03.00 | 1st | Don Kirby Elite | Feb. 15 |
| 44-05.25 | 1st | MW Champs | March 1 |
| 45-10.00 | 1st | NCAA Champs | March 15 |

OUTDOOR SEASON

Long Jump (PR: 19-10.75 (April 4, 2014))

| | | | |
|--------------|-----|-------------------|----------|
| 19-10.75 (8) | 1st | Cal/Nevada Champs | April 4 |
| 19-06.00 (o) | 7th | Mt. SAC Relays | April 18 |

Triple Jump (PR: 46-05.25 (May 11, 2013))

| | | | |
|---------------|-----|----------------|----------|
| 45-00.50 (ei) | 2nd | Mt. SAC Relays | April 19 |
| 44-04.00 | 1st | Drake Relays | April 26 |

Maderia Toatley

5-2 | Sr. | Atlanta, Ga. | Stephenson HS
INDOOR SEASON

200 Meters (PR: 24.52 (Feb. 22, 2013))

| | | | |
|-----------|------|------------------------|---------|
| 25.07 | 30th | Cherry & Silver Invite | Jan. 24 |
| 25.57 | 10th | Howie Ryan Invite | Feb. 1 |
| 24.69 | 28th | Don Kirby Elite | Feb. 14 |
| 24.95 (p) | 11th | MW Champs | Feb. 28 |

400 Meters (PR: 56.68 (Feb. 14, 2014))

| | | | |
|-----------|------|------------------------|---------|
| 57.35 | 18th | Cherry & Silver Invite | Jan. 24 |
| 58.52 | 9th | Howie Ryan Invite | Feb. 1 |
| 56.68 (u) | 1st | Don Kirby Elite | Feb. 14 |
| 57.36 (p) | 10th | MW Champs | Feb. 28 |

4x400-Meter Relay

| | | | |
|----------------|-----|------------------------|---------|
| 3:48.39 (10) | 7th | Cherry & Silver Invite | Jan. 25 |
| 3:49.28 (conv) | 6th | MW Champs | March 1 |

Distance Medley Relay

| | | | |
|---------------|-----|-------------------|---------|
| 12:05.71 (sr) | 2nd | Howie Ryan Invite | Jan. 31 |
|---------------|-----|-------------------|---------|

OUTDOOR SEASON

200 Meters (PR: 24.16 (April 6, 2013))

| | | | |
|-------|--------|-------------------|----------|
| 25.26 | T-18th | Bryan Clay Invite | April 18 |
|-------|--------|-------------------|----------|

400 Meters (PR: 56.81 (May 10, 2013))

| | | | |
|-------------|------|-------------------|----------|
| 58.64 (o) | 9th | Aztec Invite | March 28 |
| 1:01.36 (p) | 23rd | Cal/Nevada Champs | April 4 |
| 56.93 | 10th | Bryan Clay Invite | April 18 |

4x400-Meter Relay

| | | | |
|----|----|-------------------|---------|
| DQ | -- | Cal/Nevada Champs | April 5 |
|----|----|-------------------|---------|

Thresa Vinson

5-5 | So. | Aptos, Calif. | Aptos HS
INDOOR SEASON

Pole Vault (PR: N/A)

| | | | |
|----|----|-----------|---------|
| NH | -- | MW Champs | Feb. 28 |
|----|----|-----------|---------|

OUTDOOR SEASON

Pole Vault (PR: 12-01.50 (April 26, 2014))

| | | | |
|--------------|--------|-------------------|----------|
| 11-06.50 | T-4th | UCSD Collegiate | March 15 |
| 11-07.00 (i) | T-9th | Aztec Invite | March 29 |
| 11-05.75 | T-7th | Cal/Nevada Champs | April 4 |
| 11-06.25 | T-31st | Beach Invite | April 19 |
| 12-01.50 | 10th | Triton Invite | April 26 |

Holly Waseloff

5-10 | Sr. | Clovis, Calif. | Buchanan HS
INDOOR SEASON

Pole Vault (PR: 13-02.5 (Feb. 28, 2014))

| | | | |
|--------------|--------|------------------------|---------|
| 12-02.50 | T-20th | Cherry & Silver Invite | Jan. 25 |
| 12-02.50 | 8th | Howie Ryan Invite | Feb. 1 |
| 13-02.25 (6) | 3rd | MW Champs | Feb. 28 |

OUTDOOR SEASON

Pole Vault (PR: 13-00.25 (2 times, last March 15, 2014))

| | | | |
|----------|-----|-----------------|----------|
| 13-00.25 | 2nd | UCSD Collegiate | March 15 |
|----------|-----|-----------------|----------|

SDSU 2014 TRACK & FIELD INDIVIDUAL SEASON BESTS *(as of May 10)*

Melissa Wendorf

5-4 | Jr. | Los Angeles, Calif. | Granada Hills HS

OUTDOOR SEASON

5,000 Meters (PR: 18:47.50 (April 26, 2014))

| | | | |
|-----------------|-------------|----------------------|-----------------|
| 19:07.57 (o) | 1st | Aztec Invite | March 28 |
| 18:47.50 | 18th | Triton Invite | April 26 |
| 18:53.35 | 53rd | Oxy Invite | May 10 |

Meritzer Williams

5-8 | RS-Jr. | Charlestown, Nevis | New Mexico JC

INDOOR SEASON

60 Meters (PR: 7.45 (Feb. 28, 2014))

| | | | |
|--------------------|------------|-------------------|----------------|
| 7.63 (p) | 16th | Howie Ryan Invite | Jan. 31 |
| 7.64 (s) | 17th | Howie Ryan Invite | Feb. 1 |
| 7.64 ("B" p) | 5th | Don Kirby Elite | Feb. 15 |
| 7.59 (f) | 4th | Don Kirby Elite | Feb. 15 |
| 7.45 (p, 4) | 1st | MW Champs | Feb. 28 |
| 7.54 (f) | 6th | MW Champs | March 1 |

200 Meters (PR: 24.59 (Feb. 28, 2014))

| | | | |
|------------------|------------|------------------------|----------------|
| 24.96 | 27th | Cherry & Silver Invite | Jan. 24 |
| DNF | -- | Howie Ryan Invite | Feb. 1 |
| 24.76 | 32nd | Don Kirby Elite | Feb. 14 |
| 24.59 (p) | 6th | MW Champs | Feb. 28 |
| 24.71 (f) | 7th | MW Champs | March 1 |

OUTDOOR SEASON

100 Meters (PR: 11.66 (May 17, 2012))

| | | | |
|--------------|------------|----------------------|-----------------|
| 11.91 (o) | 1st | Aztec Invite | March 28 |
| 11.90 | 4th | Triton Invite | April 26 |

400 Meters (PR: 56.34 (April 18, 2014))

| | | | |
|--------------|------------|--------------------------|-----------------|
| 56.93 | 2nd | UCSD Collegiate | March 15 |
| 56.34 | 5th | Bryan Clay Invite | April 18 |

KEY: sr - school record; (number) - top-10 school ranking; p - preliminaries; h - heats; q - quarterfinals; s - semifinals; f - finals; i - invitational; ei - elite invitational; o - open; b - "b" section; se - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; w - wind aided (> 2.0 mph); conv - converted from 4x400-yard relay); **Note that all personal records (PR) are collegiate personal records**