



AZTEC SWIMMING AND DIVING

THIS WEEK: NOV. 5 - DOUBLE DUAL VS. COLORADO STATE & UC DAVIS - 12:00 P.M. (PT)

AZTEC AQUAPLEX AT SAN DIEGO STATE UNIVERSITY - SAN DIEGO, CALIF.

2011-12 SCHEDULE

Dual Record: 4-0 (0-0 Home; 4-0 Away; 0-0 Neutral)

Date	Opponent	Time/Result
Sep. 23at San Diego - Pentathlon ...W	56-37
Oct. 8at UNLV.....W	171-124
Oct. 21at Cal Poly.....W	168-130
Oct. 22at CalPoly.....W	180-112
Nov. 5Colorado State*.....	12:30 pm UC Davis
Nov. 17-19at Arena Invitational.....	All Day
Nov. 18-20at Wildcat Diving Invitational.....	All Day
Dec. 3New Mexico*.....	12:00 pm
Dec. 17Cal Poly.....	12:00 pm
Jan. 6TCU*.....	2:00 pm
	Rice	
	UC San Diego	
	Washington State	
Jan. 10Tulane.....	10:00 am
Jan. 14at Fresno State.....	12:00 pm vs. CSU Bakersfield (at FSU)
Jan. 27-28Air Force Diving Invitational.....	All Day
Jan. 28San Diego.....	12:00 pm
Feb. 22-25MW Championships+.....	All Day
Feb. 26MW Time Trials+.....	10:00 am
Mar. 10-12Zone Diving Meet*.....	All Day
Mar. 17-19NCAA Championships#.....	All Day

All times are site times

Home meets in **bold**, held at Aztec Aquaplex
NTS indicates no teams scores kept

* Mountain West meet

+ at Oklahoma City, Okla. (Oklahoma CC host)

^ at Colorado Spring, Colo. (Air Force host)

at Auburn, Ala. (Auburn host)

QUICK FACTS

LocationSan Diego, Calif.
Founded1897
Enrollment32,396
NicknameAztecs
ColorsScarlet and Black
ConferenceMountain West
PresidentElliot Hirshman
Athletic DirectorJim Sterk

TEAM INFORMATION

Head CoachMike Shrader
Dual Record at SDSU54-13 (Fifth season)
Career Record143-25-1 (13th season)
Swimming Office Phone(619) 594-5883
E-Mailmshrader@mail.sdsu.edu
Associate Head CoachBrendon Bray
Diving CoachRoland McDonald
Volunteer Asst. CoachDr. Brent Rushall
Strength & Conditioning CoachJon Francis
2010-11 Dual-Meet Record19-0
2010-11 MWC Record8-0 (1st)
2011 MWC Meet1st, 646 pts.
Letterwinners Returning/Lost20/8
Newcomers8
Home FacilityAztec Aquaplex

MEDIA RELATIONS

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THIS WEEK

San Diego State begins its 2011-12 home season by hosting a double dual meet against Mountain West foe Colorado State and UC Davis on Saturday, Nov. 5, at the Aztec Aquaplex. The first event is scheduled to get underway at 12:30 p.m.

HEAD COACH MIKE SHRADER

San Diego State head coach Mike Shrader is in his fifth season with the Aztecs and has compiled a dual meet record of 54-13 (.806) during his tenure. Shrader was named the Mountain West Coach of the Year each of the past three seasons (co-coach in 2009). Including eight seasons as the head coach at Nevada, his career record stands at 143-25-1 (.849).

AZTEC TAKE TWO AT CAL POLY

SDSU picked up a pair of victories in back-to-back dual meets at Cal Poly on Oct. 21 and 22. With several different events on each day's program, the Aztecs won the first meet by a score of 168-130 and captured the following day's competition 180-112.

In the first meet (Oct. 21), sophomore Kelly Marquenie and diver Kristen Meier won two events apiece. Marquenie won the 200 free and 1000 free races while Meier captured first in both the one-meter and three-meter diving. The following day, the Aztecs were led by junior Stephanie Koch, who won both the 50 and 100 free and was also a member of the winning 200 medley and 400 free relay squads.

SWIMMER & DIVER OF THE WEEK

Junior Stephanie Koch earned Mountain West Co-Swimmer of the Week honors, while senior Kristen Meier received MW Diver of the Week honors for competition from Oct. 17-23, 2011. It was the first weekly honor for Koch and fifth of Meier's career.

Koch, from Boone, Iowa (Ames HS), won three individual events and three relays in the Aztecs' back-to-back dual meets against Cal Poly. On Oct. 21, she won the 50-yard freestyle and was second in the 100 free to go along with a first in the 200 free relay (1:36.15). The next day she won the 50-free for a second time and picked up the win in the 100-free, while swimming legs of the winning 200-yard medley relay (1:46.31) and 400-yard freestyle relay (3:34.07).

Meier, from Walden, N.Y. (Valley Central HS/George Mason), took first place in the 1-meter and 3-meter springboard events on both days of competition at Cal Poly, improving her scores the second day in each event. On Friday, she scored 256.95 in the 1-meter and 283.70 in the 3-meter. On Saturday, she improved to 280.13 in the 1-meter and 307.57 in the 3-meter.

NEWCOMERS SHINE

A pair of Aztec newcomers wasted little time in making their marks as they won events at the dual meet at UNLV (Oct. 8) with times that will enter the school's top 10 list. Junior Gemma Johnson, a transfer from the University of Sydney (Australia) won the 100 butterfly in a time of 55.56, third-best in school history. Freshman Taylor Lakey (Southridge HS in Beaverton, Ore.) took the 200 butterfly event in 2:04.80, a time that places fourth on the SDSU all-time top 10 chart.

TOP 10 RELAY MARKS

Aztec relay teams have turned in three times this season that rank among the all-time top 10 marks in school history. The times (and their rankings) include: 200 Free Relay.....1:36.15.....7th.....at Cal Poly 10/21 (G. Johnson, S. Koch, C. Bailey, M. Macklin)
200 Medley Relay..1:44.72.....7th.....at UNLV 10/8 (E. Jennings, K. Weddle, G. Johnson, S. Koch)
200 Medley Relay..1:44.78.....8th.....at Cal Poly 10/21 (E. Jennings, K. Weddle, L. Whitfield, G. Johnson)

MEIER DIVES IN

In the diving at UNLV (Oct. 8), Kristen Meier was first in the three-meter board with a score of 319.30 and placed second in the one-meter with 276.80 points. Both of those results qualified her for the 2012 Zone E Meet to be held next March in Colorado Springs.

THE STREAK CONTINUES

San Diego State has a streak of 41 straight dual meet wins against non-conference opponents. The last loss to a non-MWC team was a defeat at North Texas on Nov. 17, 2006. In current head coach Mike Shrader's four seasons at SDSU, the Aztecs have not lost a dual meet to a non-conference foe. SDSU has now won its last 26 dual meets dating back to the 2009-10 season. Its last loss came against Wyoming on Jan. 29, 2010, in Laramie.

THERE'S NO PLACE LIKE HOME

San Diego State completed its second consecutive undefeated home season during its 2010-11 campaign. After finishing a perfect 7-0 in home meets last season, the Aztecs have won their last 17 consecutive dual meets at home. SDSU's record at the Aztec Aquaplex stands at 26-3 since the facility opened in the spring of 2008.

AZTECS PICKED FIRST IN MW PRESEASON POLL

A voting panel comprised of the eight Mountain West head women's swimming & diving coaches chose defending league champion San Diego State as the favorite to win the 2012 MW championship title. The Aztecs collected six first-place votes and 48 total points. Newcomer Boise State was selected to finish second with 41 points.

2011-12 Preseason Coaches' Poll

Pl. Team (1st place votes)	Pts
1. San Diego State (6).....	48
2. Boise State (2).....	41
3. Wyoming.....	39
4. UNLV.....	32
5. TCU.....	24
6. Colorado State.....	18
7. New Mexico.....	15
8. Air Force.....	7

AZTECS ADD TWO MEETS TO SCHEDULE

San Diego State has added a pair of meets to its 2011-12 schedule. On Saturday, Dec. 17, Cal Poly will visit the Aztec Aquaplex for a dual meet set to begin at 12:00 p.m. SDSU will also participate in the Mountain West Time Trials on Sunday, Feb. 26, at 10:00 a.m. in Oklahoma City. That meet will come after the conclusion of the conference championship meet and is an opportunity for swimmers to qualify for the NCAA Championships.



AZTEC SWIMMING AND DIVING

2011-12 SAN DIEGO STATE SWIMMING AND DIVING ROSTER

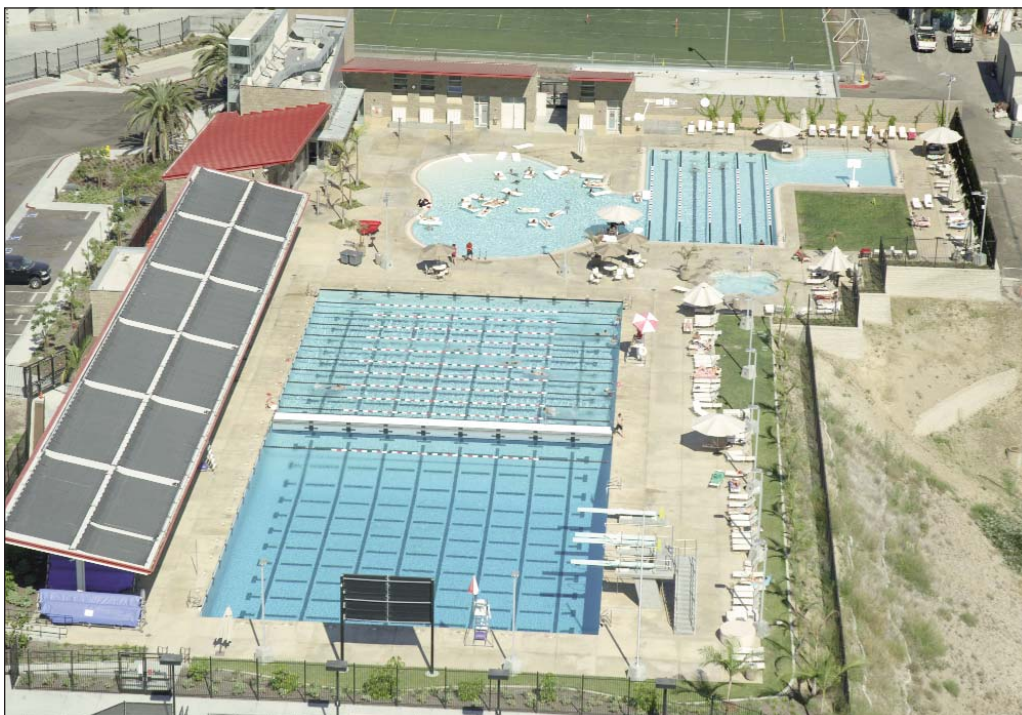
Name	Event(s)	Ht.	Yr.	Exp.	Hometown (Previous School)
Chelsea Bailey	Free, Back	6-2	Fr.	HS	Kent, Wash. (Kentlake HS)
Amanda Barrett	Free, IM	5-10	Fr.	HS	Sandy, Utah (Brighton HS)
Shannon Bray	Fly, Free	5-9	Sr.	2V	Reno, Nev. (Reno HS)
Maureen Cardwell	Fly, Free	5-5	Jr.	1V	Woodinville, Wash. (Redmond HS)
Jessica Crider	Free	5-9	Jr.	1V	Concord, Calif. (Concord HS)
Jordan Devine	Sprint Free	6-0	So.	HS	Santa Ynez Valley, Calif. (Santa Ynez HS)
Aina Eill	Diving	5-8	Sr.	1V	Vancouver, Canada (Crofton House)
Melanie Garibaldi	Free, IM	5-7	Jr.	1V	Gold Coast, Australia (Queensland Acad. of Sport)
Kelsingten Goodsite	Diving	5-5	Fr.	HS	Riverside, Calif. (Martin Luther King HS)
Leona Jennings	Back, Free, IM	5-9	Jr.	1V	Seattle, Wash. (Mt. Ranier HS)
Gemma Johnson	Fly, Free	5-6	Jr.	TR	Sydney, Aus. (University of Sydney)
Stephanie Koch	Free, Fly	5-10	Jr.	1V	Boone, Iowa (Ames HS)
Taylor Lakey	Fly, Free	5-5	Fr.	HS	Beaverton, Ore. (Southridge HS)
Hattie Lamping	Diving	5-2	So.	HS	Dublin, Ohio (Dublin Jerome HS)
Mikaela Macklin	Breast, IM	6-0	So.	HS	Placerville, Calif. (El Dorado HS)
Kelly Marquenie	Free	5-9	So.	HS	Gold Coast, Australia (Emmanuel College)
Kristen Meier	Diving	5-8	Sr.	TR	Walden, N.Y. (George Mason)
Natalie Meltzer	Breast	5-5	So.	HS	San Ramon, Calif. (California HS)
Dana Michaels	Free	5-8	Fr.	HS	Shoreline, Wash. (Shorewood HS)
Berklie Oscarson	Back, IM	5-9	So.	HS	Altadena, Calif. (San Marino HS)
Emilie Pleger	Breast	5-8	Fr.	HS	Yakima, Wash. (Eisenhower HS)
Olivia Sefton	Fly, IM	5-9	So.	HS	Nottingham, England (Friesland School)
Anna Steiner	Diving	5-4	So.	HS	Seattle, Wash. (International Community School)
Rafaella Suarez	Diving	5-5	Jr.	1V	Claremont, Calif. (Mt. SAC)
Katelyn Weddle	Breast, Free	5-6	Jr.	1V	Yuma, Ariz. (Kofa HS)
Loreen Whitfield	Fly, IM	5-6	Fr.	HS	Clovis, Calif. (East Clovis HS)
Taylor Yamagata	Breast	5-6	So.	HS	Novato, Calif. (Novato HS)
Meghan Zimmer	Free, Back	5-10	Jr.	1V	Santa Maria, Calif. (Pioneer Valley HSO)

Head Coach: Mike Shrader (Texas A&M '81), 5th Season

Associate Head Coach: Brendon Bray (Washington '05), 5th Season

Diving Coach: Roland McDonald (Michigan State '87), 2nd Season

Volunteer Assistant Coach: Brent Rushall, Ph.D. (Sydney Teachers' College '60), 1st Season



BY CLASS

Seniors (3)

Shannon Bray, Kristen Meier, Aina Eill

Juniors (9)

Maureen Cardwell, Jessica Crider, Melanie Garibaldi, Leona Jennings, Gemma Johnson, Stephanie Koch, Rafaella Suarez, Katelyn Weddle, Meghan Zimmer

Sophomores (9)

Jordan Devine, Hattie Lamping, Mikaela Macklin, Kelly Marquenie, Natalie Meltzer, Berklie Oscarson, Olivia Sefton, Anna Steiner, Taylor Yamagata

Freshmen (7)

Chelsea Bailey, Amanda Barrett, Kelsingten Goodsite, Taylor Lakey, Dana Michaels, Emilie Pleger, Loreen Whitfield

BY STATE/COUNTRY

Arizona (1)

Katelyn Weddle

California (10)

Jessica Crider, Jordan Devine, Kelsingten Goodsite, Mikaela Macklin, Natalie Meltzer, Berklie Oscarson, Rafaella Suarez, Loreen Whitfield, Taylor Yamagata, Meghan Zimmer

Iowa (1)

Stephanie Koch

Nevada (1)

Shannon Bray

New York (1)

Kristen Meier

Ohio (1)

Hattie Lamping

Oregon (1)

Taylor Lakey

Utah (1)

Amanda Barrett

Washington (6)

Chelsea Bailey, Maureen Cardwell, Leona Jennings, Dana Michaels, Emilie Pleger, Anna Steiner

Australia (3)

Melania Garibaldi, Gemma Johnson, Kelly Marquenie

Canada (1)

Aina Eill

England (1)

Olivia Sefton