



AZTEC SWIMMING AND DIVING

THIS WEEK: SAT., JAN. 19 - AT COLORADO COLLEGE, VS. CS EAST BAY - 1 P.M. PT

2007-08 SCHEDULE/RESULTS

Date	Opponent	Time/Result
Oct. 27	*New Mexico	Postponed
Nov. 17	*at Utah	L, 128-156
	vs. Boise State	W, 168-132
Dec. 1	at CS East Bay	W, 120-76
Dec. 8	*at Wyoming	L, 81-161
Jan. 4	*TCU	W, 169-129
	*Air Force	W, 167-63
Jan. 9	^vs. Boise State	W, 167-128
	^*vs. Colorado St.	L, 110-185
Jan. 10	*UNLV (Exh.)	L, 147-153
Jan. 12	*at BYU	L, 96-136
Jan. 19	at Colorado College	1 p.m.
	vs. CS East Bay	
Feb. 2	USD	1 p.m.
Feb. 27-1	MWC Champs.#	All Day
Mar. 13-15	NCAA Diving Zones#	All Day
Mar. 20-22	NCAA Champs.+	All Day

All times Pacific
 Home meets in **bold**, held at Aztec Aquaplex.
 ^ at University of San Diego
 # at Oklahoma City, Okla.
 + at Columbus, Ohio
 * Mountain West Conference Meet

2007-08 ROSTER

Name (Yr.)	Event(s)
Caitlin Atkinson (So.)	Diving
Meredith Beebe (So.)	Fly, Free
Keely Brooks (Fr.)	Diving
Lauren Dakin (So.)	Breast, Free
Brittany Daly (Sr.)	Distance Free
Gina DiDomenico (Fr.)	IM
Ana Dowell (Sr.)	Fly, Free
Megan Flanagan (Jr.)	Diving
Amy Freeberg (So.)	Diving
Tanya Gjetley (Fr.)	Free
Christine Graham (Sr.)	Breast, Free
Stephanie Henderson (Fr.)	Free
Kristen Henry (Fr.)	Distance Free
Kathleen Heuring (Jr.)	Diving
Noelle Holland (Fr.)	Fly
Katie Leahy (Jr.)	Free, Back, IM
Kristen Maurer (So.)	Diving
Kathleen Merrill (Sr.)	Breast, Free
Nino Metsar (So.)	Fly, Breast, IM
Jessica Morrill (So.)	Breast, IM
Lizette Patterson (Jr.)	IM, Breast
Emily Pool (Jr.)	Breast
Kyla Power (So.)	Distance Free
Rosalie Raymond (Jr.)	Free
Alexandra Rogers (Jr.)	Back
Jenna Schuster (Jr.)	Free
Katie Smith (Sr.)	Back
Kendal Twilling (Jr.)	IM, Breast
Brooke Vessey (Fr.)	Fly, Free
Jamie Vessey (So.)	Fly, Free

Head Coach: Mike Shrader, First year
Assistant Coach: Brendon Bray, First year
Diving Coach: Jim Wynne, Sixth year
Volunteer Asst.: Emily Schmied, First year

INFORMATION

2006-07 Dual Meet Record: 9-8
 Conference Record/Finish: 1-7/8th
 2007 MWC Meet: 9th, 145 pts.
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THIS WEEK

The San Diego State swimming and diving team (5-4, 2-4 Mountain West Conference) will head to Colorado Springs, Colo., on Saturday, Jan. 19, for a non-conference double dual meet against Cal State East Bay and host Colorado College. The meet is slated to begin at 1 p.m. PT.

PREVIOUSLY ON THE MESA

The Aztecs dropped a 136-96 decision to undefeated BYU (8-0, 4-0 MWC) last Saturday in Provo, Utah. Freshman Brooke Vessey swam a season-best 25.33 in the 50 freestyle, which was good enough for second place, while classmate Gina DiDomenico also had a runner-up performance in the 200 individual medley with a season-best mark of 2:12.72.

SCOUTING THE PIONEERS

Cal State East Bay is 1-4 in dual meet action. The Pioneers, who are led by returning NAIA national qualifiers Allison Edminster and Melissa Grottkau, will return from a layoff of over a month on Friday, Jan. 18, when they square off with the Colorado School of Mines before Saturday's meet with the Aztecs and Tigers.

SCOUTING THE TIGERS

Colorado College boasts an 8-1 dual meet record, and is led by Leanne Dalton and Emily Stumhofer. Dalton holds the team's top times of the season in the 100 and 200 free, as well as the 100 and 200 fly. Stumhofer, meanwhile, is the leading Tiger in the 500 free, 100 back, 200 back, 200 IM and 400 IM.

SERIES HISTORY

This will mark the second meeting between SDSU and Cal State East Bay. The two teams competed earlier in the season (Dec. 1), with the Aztecs coming out on top, 120-76.

This will be the first meeting between San Diego State and Colorado College.

THE COACHES

Mike Shrader, who spent the past eight years as the head coach at Nevada-Reno, is in his first season at San Diego State. While at Nevada, Shrader led the Wolf Pack to an 89-12-1 record, two conference titles and four NCAA championship appearances.

Brendon Bray, who came to The Mesa from the University of Washington, begins his first season as an assistant coach at SDSU, while Jim Wynne enters his sixth year as the Aztec diving coach.

Anthony Garcia enters his 21st year as the head coach at Cal State East Bay, while Anne Goodman-James begins her second year at the helm of the Colorado College program.

FRESHMAN SENSATION

Freshman Brooke Vessey has wasted no time in contributing to the Aztec swimming and diving program as she currently holds the team's top times in two different events. Last week she clocked in with a season-best 25.33 in the 50 free. She also sits at the top of the season charts with a 59.86 mark in the 100 backstroke, which she achieved on Nov. 17.

ATKINSON QUALIFIES FOR ZONES

Sophomore Caitlin Atkinson qualified for the NCAA Zone E Diving Regionals when she captured the one-meter board with a season-best 269.10 in the Aztecs'

double dual meet on Jan. 4. The NCAA diving zones will take place in Oklahoma City, Okla., from March 13-15.

DOWELL REMAINS CONSISTENT

Senior Ana Dowell swam a season-best 58.69 in the 100 fly at the double dual meet against Boise State and Colorado State. She also swam a lifetime-best in the 100 free (54.33) at the Aztecs' first meet of the season (Nov. 17). Dowell has won three individual events this year, and currently holds SDSU's top marks of the season in the 100 free and 100 fly.

AZTEC DUO EARNS WEEKLY HONORS

On Jan. 9, sophomores Jessica Morrill and Caitlin Atkinson were named the MWC swimmer and diver of the week, respectively. Morrill captured the 100 and 200 breaststroke, while Atkinson recorded an NCAA regional qualifying score (269.10) on the one-meter board in the Aztecs' sweep of TCU and Air Force.

THERE'S NO PLACE LIKE HOME

Since the 1999-00 season, the San Diego State women's swimming and diving team has called the Ray and Joan Kroc Community Center its "home." But this year, the squad makes the transition to a state-of-the-art swimming facility on campus, the Aztec Aquaplex.

The 112,000 square-foot Aztec Aquaplex features a 50-meter competition pool that can also accommodate diving events with its one- and three-meter springboards.

San Diego State currently holds a 2-0 record at the Aztec Aquaplex, with its next home meet scheduled for Feb. 2 against the University of San Diego.

AZTEC NOTES

- ◆ Of the 29 swimmers and divers on SDSU's roster, 15 are either freshmen or sophomores.
- ◆ On Jan. 4, SDSU defeated TCU (169-129) for the first time in program history.
- ◆ Sophomore Kyla Power swam a career-best 1:57.49 in the 200 free on Jan. 4.
- ◆ The Aztecs captured every event in its non-conference meet at Cal State East Bay on Dec. 1.
- ◆ Junior Rosalie Raymond holds the Aztecs' top times in the 500, 1000 and 1650 free.
- ◆ Atkinson has been SDSU's top-finisher in seven of 10 dual meet diving events this year.

ON DECK

The Aztecs will conclude their regular season on Saturday, Feb. 2, when they welcome cross-town rival University of San Diego to the Aztec Aquaplex. The dual meet is scheduled to begin at 1 p.m. PT. SDSU will then take a couple weeks off to prepare for the Mountain West Conference championship meet from Feb. 27-Mar. 1 in Oklahoma City, Okla.

2007-08 MWC STANDINGS

Team	Conference	Overall
BYU	4-0	8-0
Colorado St.	4-0	7-0
UNLV	3-1	3-2
Wyoming	2-1	4-1
Utah	3-1	4-3
San Diego State	2-5	5-5
New Mexico	1-3	2-5
TCU	1-6	4-7
Air Force	0-4	2-7

2007-08 AZTEC TOP TIMES/MARKS (as of Jan. 14, 2008)

50 Free SDSU Record: 23.62 -- Heather DeFelice (2001-02)

.....25.33 - Brooke Vessey (1/12/08)
.....25.41 - Ana Dowell (11/17/07)
.....25.44 - Kyla Power (1/9/08)
.....25.53 - Katie Leahy (12/8/07)
.....25.76 - Stephanie Henderson (11/17/07)
.....26.03 - Christine Graham (11/17/07)
.....26.12 - Meredith Beebe (1/4/08)
.....27.00 - Kathleen Merrill (12/1/07)
.....27.53 - Noelle Holland (12/1/07)
.....28.73 - Tanya Gjetley (12/8/07)

100 Free SDSU Record: 51.77 -- Kimberlee Frith (2005-06)

.....54.24 - Ana Dowell (1/9/08)
.....54.56 - Gina DiDomenico (1/9/08)
.....55.02 - Kyla Power (1/12/08)
.....56.00 - Katie Leahy (1/4/08)
.....56.24 - Stephanie Henderson (1/4/08)
.....56.65 - Christine Graham (1/12/08)
.....57.86 - Rosalie Raymond (12/1/07)
.....58.39 - Kristen Henry (12/8/07)
.....58.53 - Kathleen Merrill (11/17/07)
.....58.74 - Brittany Daly (12/1/07)
.....58.89 - Noelle Holland (12/1/07)
.....1:02.54 - Tanya Gjetley (12/8/07)

200 Free SDSU Record: 1:51.48 -- Kimberlee Frith (2005-06)

.....1:57.49 - Kyla Power (1/4/08)
.....1:58.78 - Gina DiDomenico (1/4/08)
.....2:00.63 - Brittany Daly (11/17/07)
.....2:01.10 - Jessica Morrill (11/17/07)
.....2:02.25 - Ana Dowell (12/1/07)
.....2:02.48 - Stephanie Henderson (12/1/07)
.....2:03.56 - Meredith Beebe (1/9/08)
.....2:04.44 - Kathleen Merrill (1/9/08)
.....2:04.96 - Katie Leahy (1/12/08)
.....2:04.62 - Rosalie Raymond (12/8/07)
.....2:05.36 - Kristen Henry (1/4/08)

500 Free SDSU Record: 4:56.37 -- Kim Palmer (1981-82)

.....5:10.78 - Rosalie Raymond (1/4/08)
.....5:12.07 - Brittany Daly (1/4/08)
.....5:25.27 - Kyla Power (11/17/07)
.....5:25.60 - Stephanie Henderson (12/1/07)
.....5:27.05 - Jamie Vessey (1/9/08)
.....5:29.40 - Brooke Vessey (12/1/07)
.....5:31.99 - Kristen Henry (1/9/08)
.....5:39.18 - Ana Dowell (12/1/07)
.....5:43.27 - Meredith Beebe (1/12/08)

1,000 Free SDSU Record: 10:12.19 -- Megan Storey (2001-02)

.....10:37.49 - Rosalie Raymond (1/4/08)
.....10:43.60 - Brittany Daly (1/9/08)
.....11:00.82 - Jessica Morrill (12/1/07)
.....11:07.89 - Jamie Vessey (11/17/07)
.....11:24.51 - Tanya Gjetley (1/9/08)
.....11:25.50 - Kristen Henry (1/9/08)

1,650 Free SDSU Record: 16:42.64 -- Megan Storey (2000-01)

.....18:12.26 - Rosalie Raymond (1/12/08)
.....18:35.91 - Brittany Daly (1/12/08)
.....18:54.71 - Jamie Vessey (1/12/08)

100 Fly SDSU Record: 56.80 -- Tara Johnson (2000-01)

.....58.69 - Ana Dowell (1/9/08)
.....59.01 - Brooke Vessey (11/17/07)
.....1:01.15 - Noelle Holland (1/4/08)
.....1:01.24 - Nino Metsar (1/4/08)
.....1:01.42 - Jamie Vessey (12/1/07)
.....1:03.37 - Meredith Beebe (1/4/08)
.....1:03.98 - Jessica Morrill (12/1/07)
.....1:05.15 - Kyla Power (12/1/07)

200 Fly SDSU Record: 2:04.97 -- Erin Kilpatrick (2002-03)

.....2:11.40 - Nino Metsar (1/9/08)
.....2:13.63 - Jamie Vessey (1/9/08)
.....2:15.58 - Noelle Holland (1/4/08)
.....2:17.41 - Ana Dowell (1/12/08)
.....2:23.90 - Brittany Daly (1/12/08)

100 Back SDSU Record: 56.42 -- Megan Casillan (2001-02)

.....59.86 - Brooke Vessey (11/17/07)
.....1:00.52 - Katie Smith (1/4/08)
.....1:01.45 - Alexandra Rogers (1/4/08)
.....1:02.61 - Gina DiDomenico (12/8/07)
.....1:06.52 - Katie Leahy (12/1/07)

200 Back SDSU Record: 2:01.08 -- Megan Casillan (1999-00)

.....2:09.28 - Alexandra Rogers (1/4/08)
.....2:10.04 - Katie Smith (1/9/08)
.....2:13.76 - Kyla Power (1/4/08)
.....2:16.10 - Brooke Vessey (1/12/08)
.....2:21.12 - Gina DiDomenico (1/12/08)

100 Breast SDSU Record: 1:04.05 -- Heather DeFelice (2001-02)

.....1:07.43 - Jessica Morrill (1/4/08)
.....1:08.49 - Christine Graham (1/4/08)
.....1:11.14 - Lizette Patterson (1/4/08)
.....1:11.72 - Lauren Dakin (11/17/07)
.....1:11.75 - Emily Pool (11/17/07)
.....1:12.33 - Kyla Power (12/1/07)
.....1:14.62 - Tanya Gjetley (1/9/08)
.....1:15.88 - Kathleen Merrill (12/1/07)

200 Breast SDSU Record: 2:19.63 -- Courtney Hoblick (1996-97)

.....2:22.97 - Jessica Morrill (1/4/08)
.....2:31.91 - Lizette Patterson (1/4/08)
.....2:34.20 - Christine Graham (1/4/08)
.....2:35.85 - Lauren Dakin (11/17/07)
.....2:38.00 - Emily Pool (1/9/08)
.....2:38.21 - Katie Smith (1/12/08)
.....2:40.34 - Tanya Gjetley (1/12/08)
.....2:44.38 - Kathleen Merrill (1/12/08)

200 IM SDSU Record: 2:05.17 -- Courtney Hoblick (1996-97)

.....2:12.72 - Gina DiDomenico (1/12/08)
.....2:15.45 - Katie Smith (11/17/07)
.....2:16.71 - Jessica Morrill (11/17/07)
.....2:18.48 - Rosalie Raymond (12/1/07)
.....2:19.37 - Nino Metsar (11/17/07)
.....2:19.55 - Christine Graham (1/12/08)
.....2:21.90 - Jamie Vessey (11/17/07)
.....2:23.71 - Brooke Vessey (12/1/07)
.....2:25.94 - Noelle Holland (1/12/08)
.....2:34.55 - Emily Pool (1/12/08)

2007-08 AZTEC TOP TIMES/MARKS

400 IM SDSU Record: 4:26.63 -- Erin Kilpatrick (2001-02)

.....4:44.78 - Gina DiDomenico (1/9/08)
.....4:46.03 - Jessica Morrill (1/9/08)
.....4:46.45 - Nino Metsar (1/9/08)
.....4:49.32 - Katie Smith (1/9/08)

200 Free Relay

SR: 1:36.51--Frith, Twilling, Schmied, Peters (2005-06)

1:40.82 - Power, B. Vessey, DiDomenico, Leahy (12/8/07)
1:41.34 - B. Vessey, Dowell, Power, Henderson (1/4/08)
1:41.58 - B. Vessey, Graham, Power, Henderson (11/17/07)
1:43.00 - Leahy, Metsar, Graham, Beebe (1/4/08)
1:46.26 - Merrill, Holland, J. Vessey, Gjetley (1/4/08)
1:46.82 - Leahy, J. Vessey, Henderson, Merrill (1/12/08)
1:46.86 - Holland, Merrill, Rogers, J. Vessey (12/8/07)
1:47.63 - Leahy, Holland, Merrill, Dakin (11/17/07)
1:48.50 - Daly, Raymond, Henry, Gjetley (1/12/08)

400 Free Relay

SR: 3:29.88--Peters, Karoly, Schmied, Frith (2005-06)

3:40.05 - B. Vessey, Dowell, Power, Henderson (1/9/08)
3:46.85 - Leahy, Graham, Beebe, J. Vessey (1/9/08)
3:55.09 - Leahy, Daly, J. Vessey, Rogers (12/1/07)
4:03.84 - SDSU "B" (12/1/07)

200 Medley Relay

SR: 1:45.91--Casillan, Karacozoff, Johnson, DeFelice (2001-02)

1:50.58 - B. Vessey, Morrill, Dowell, Leahy (1/9/08)
1:51.59 - Smith, Graham, Dowell, Henderson (11/17/07)
1:51.72 - Smith, Morrill, Metsar, Leahy (1/4/08)
1:51.78 - B. Vessey, Graham, Dowell, Henderson (1/4/08)
1:52.01 - Smith, Metsar, Holland, Graham (1/9/08)
1:52.36 - Brooks, Graham, Dowell, Power (1/12/08)
1:52.58 - Smith, Graham, B. Vessey, Dowell (12/8/07)
1:52.88 - B. Vessey, Morrill, Holland, Leahy (11/17/07)
1:54.04 - Smith, Morrill, Holland, DiDomenico (1/12/08)
1:55.76 - Rogers, Morrill, Holland, Henderson (12/8/07)
1:56.56 - Rogers, Patterson, Beebe, Merrill (1/12/08)

400 Medley Relay

SR: 3:50.84--Casillan, DeFelice, Johnson, Kilpatrick (2001-02)

4:17.67 - SDSU "B" (12/1/07)
4:19.88 - SDSU "C" (12/1/07)
4:20.65 - Power, Merrill, Daly, Graham (12/1/07)

1-M Diving SDSU Record: 273.15 -- Caitlin Atkinson (2006-07)

.....269.10 - Caitlin Atkinson (1/4/08)
.....255.00 - Keely Brooks (1/4/08)
.....244.05 - Megan Flanagan (1/4/08)
.....228.20 - Kathleen Heuring (1/12/08)
.....224.32 - Kristen Maurer (1/4/08)
.....215.32 - Amy Freeberg (1/4/08)

3-M Diving SDSU Record: 265.50 -- Caitlin Atkinson (2006-07)

.....265.27 - Keely Brooks (1/4/08)
.....261.60 - Caitlin Atkinson (1/4/08)
.....252.00 - Megan Flanagan (1/4/08)
.....242.17 - Amy Freeberg (1/4/08)
.....241.27 - Kathleen Heuring (1/4/08)
.....233.28 - Kristen Maurer (1/12/08)