

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****Women 60 Meter Dash**

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Meet Record:	M	7.31	2014 Geronne Black, Unattached
Dempsey Rec:	R	7.07	2/25/2023 Samirah Moody, USC
Name	Year	School	Prelims
=====			
Heat 1 Preliminaries			
1	3767	Pardo, Sophia	UC Santa Barbara 7.77
2	3419	Hatton, Lizzie	Oregon State 7.84
3	3465	Sawant, Sai	Portland 7.93
4	3408	Biggerstaff, Audre	Oregon State 8.17
5	3648	Martin, Hannah	Seattle 8.66
Heat 2 Preliminaries			
1	3451	Cavitt, Marlee	Portland 7.65q
2	3505	Barry, Jessi	Sacramento State 7.69q
3	3762	Jones, Amor	UC Santa Barbara 7.87
4	3438	Rose, Vera-Lyse	Oregon State 8.20
5	3640	Bass, Isabella	Seattle 8.81
Heat 3 Preliminaries			
1	3102	Daniele, Shelby	Cal Poly 7.68q
2	3107	Fortier, Ava	Cal Poly 7.93
3	3251	Smith, Aubrianna	Fresno Pacific 7.94
4	3118	Roy-Williams, Cade	Cal Poly 8.14
5	3088	Mai, Adrienne	Bushnell (Ore.) 8.25
6	3086	Desemone, Madeline	Bushnell (Ore.) 8.32
Heat 4 Preliminaries			
1	4072	Newton, Rhonda	Washington 7.94
2	3766	Nwachukwu, Chika	UC Santa Barbara 7.97
3	3407	Bahn, Delaney	Oregon State 8.01
4	3432	Nelson, Kylee	Oregon State 8.29
5	3453	Frederick, Alenzia	Portland 8.39
6	3649	Rosario, Mikaela	Seattle 8.41
Heat 5 Preliminaries			
1	4188	Cheney, Caitlyn	Western Washington 7.87
2	3437	Rinaldi, Treasure	Oregon State 8.08
3	3014	Binford, Portia	Alaska Anchorage 8.17
4	3091	Parrish, Macayla	Bushnell (Ore.) 8.44
5	3654	Tibbo, Zoe	Seattle 8.49
--	3506	Bolds, Victoria	Sacramento State DQ
Heat 6 Preliminaries			
1	3019	Liessfeld, Vivien	Alaska Anchorage 8.02
2	4069	McHenry, Sophia	Washington 8.06
3	4166	Lavato, Josie	Western Oregon 8.07
4	4197	Heiman, Annabelle	Western Washington 8.10
5	3017	De Arvizu Sarrias,	Alaska Anchorage 8.15
6	4207	Polkinghorn, Hanna	Western Washington 8.17
Heat 7 Preliminaries			
1	3323	Antolin, Alyssa Ma	Hawai'i 7.59q
2	3120	Snaer, Jadyn	Cal Poly 7.84
3	3366	Guthrie, Kayly	Multnomah (Ore.) 7.88
4	3346	Warrington, Amy	Hawai'i 7.94
5	3615	LaChapelle, Tatum	San Francisco 8.12
Heat 8 Preliminaries			
1	3150	Hollis, E'Lexis	Central Washington 7.63q
2	4057	Coleman, Kapiolani	Washington 7.99
3	3410	Buckley, Abby	Oregon State 8.05
4	3622	Wyatt, Imani	San Francisco 8.20

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5	3651 Singleton, Savanna	Seattle	8.29
6	4208 Porter, Isabella	Western Washington	8.44
Heat 9 Preliminaries			
1	3421 Hurley, Jada	Oregon State	7.71q
2	3611 Grochowski, Noa	San Francisco	8.00
3	3349 Love, Tresley	Hifo Sports	8.18
4	3018 Heite, Liv	Alaska Anchorage	8.27
5	3507 Brown, Kameryn	Sacramento State	8.32
Heat 10 Preliminaries			
1	3513 Fitzgerald, Ava	Sacramento State	7.92
2	3211 Koetje, Jordan	Eastern Washington	7.96
3	3561 Vu, Madison	Saint Martin's	7.99
4	3340 Scruggs, Gianna	Hawai'i	8.10
5	3772 Vally, Isabella	UC Santa Barbara	8.19
Heat 11 Preliminaries			
1	3367 Montgomery, Trinit	Multnomah (Ore.)	7.66q
2	4067 Hunter, Danielle	Washington	7.72q
3	3619 Priestler-Veasley,	San Francisco	8.02
4	4201 Mansfield, Brooke	Western Washington	8.10

**Women 60 Meter Dash**

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 Meet Record: M 7.31 2014 Geronne Black, Unattached

Dempsey Rec: R 7.07 2/25/2023 Samirah Moody, USC

Name	Year	School	Finals
===== Section 1 Finals			
1	3451	Cavitt, Marlee	Portland 7.45
2	3505	Barry, Jessi	Sacramento State 7.55
3	3367	Montgomery, Trinit	Multnomah (Ore.) 7.59
4	4067	Hunter, Danielle	Washington 7.70
Section 2 Finals			
1	3150	Hollis, E'Lexis	Central Washington 7.51
2	3102	Daniele, Shelby	Cal Poly 7.53
3	3421	Hurley, Jada	Oregon State 7.66
4	3323	Antolin, Alyssa Ma	Hawai'i 7.69

**Women 200 Meter Dash**

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 Meet Record: M 23.57 2017 Ashley Henderson, San Diego S

Dempsey Rec: R 23.09 2/24/2017 Kendall Ellis, USC

Name	Year	School	Finals
===== Section 1			
1	4158	Altamirano, Bethan	Western Oregon 26.84
2	3438	Rose, Vera-Lyse	Oregon State 27.16
--	3408	Biggerstaff, Audre	Oregon State DNF
Section 2			
1	3015	Chisar, Jess	Alaska Anchorage 26.74
2	3014	Binford, Portia	Alaska Anchorage 27.15
3	3453	Frederick, Alenzia	Portland 27.17
4	3091	Parrish, Macayla	Bushnell (Ore.) 27.33
5	3090	Pappas, Mayah	Bushnell (Ore.) 27.71
Section 3			
1	3506	Bolds, Victoria	Sacramento State 26.65

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2	4166 Lavato, Josie	Western Oregon	27.15
3	4186 Bates, Naomi	Western Washington	27.29
4	3086 Desemone, Madeline	Bushnell (Ore.)	27.43
5	3452 Dreiling, Isabella	Portland	27.62
Section 4			
1	4201 Mansfield, Brooke	Western Washington	26.39
2	3652 Smith, Julie	Seattle	26.86
3	4208 Porter, Isabella	Western Washington	27.10
4	3088 Mai, Adrienne	Bushnell (Ore.)	27.46
Section 5			
1	3104 DeMange, Elle	Cal Poly	26.20
2	4162 Hart, Jessy	Western Oregon	26.37
3	3432 Nelson, Kylee	Oregon State	26.60
4	3804 Fetterley, Livii	Unattached	26.70
Section 6			
1	4019 Shewell, Chloe	Utah	25.76
2	4069 McHenry, Sophia	Washington	26.15
3	3561 Vu, Madison	Saint Martin's	26.38
4	3250 Ranger-Dunbar, Ale	Fresno Pacific	26.96
Section 7			
1	3366 Guthrie, Kayly	Multnomah (Ore.)	25.71
2	4197 Heiman, Annabelle	Western Washington	26.12
3	4207 Polkinghorn, Hanna	Western Washington	26.27
4	3340 Scruggs, Gianna	Hawai'i	26.67
5	3437 Rinaldi, Treasure	Oregon State	26.73
Section 8			
1	4072 Newton, Rhonda	Washington	25.50
2	3410 Buckley, Abby	Oregon State	26.09
3	3249 Haslip, Kenahdi	Fresno Pacific	26.57
4	3120 Snaer, Jadyne	Cal Poly	26.73
Section 9			
1	3346 Warrington, Amy	Hawai'i	25.10
2	3762 Jones, Amor	UC Santa Barbara	25.65
3	3112 Holman, Maya	Cal Poly	26.48
4	3513 Fitzgerald, Ava	Sacramento State	26.70
5	3107 Fortier, Ava	Cal Poly	27.27
Section 10			
1	4188 Cheney, Caitlyn	Western Washington	25.53
2	3248 Green, Brianna	Fresno Pacific	25.62
3	3252 Vera, Ariana	Fresno Pacific	25.84
4	4008 Durrant, Madi	Utah	25.98
5	3465 Sawant, Sai	Portland	26.25
Section 11			
1	3451 Cavitt, Marlee	Portland	24.85
2	3331 Kneeshaw, Izzy	Hawai'i	24.89
3	3421 Hurley, Jada	Oregon State	25.38
4	3251 Smith, Aubrianna	Fresno Pacific	26.74
Section 12			
1	3200 Blue, Takiyah	Eastern Washington	25.38
2	3113 Jackson, Jordan	Cal Poly	25.55
3	3211 Koetje, Jordan	Eastern Washington	25.92
4	3221 Thweatt, Sydney	Eastern Washington	26.13
Section 13			
1	3323 Antolin, Alyssa Ma	Hawai'i	24.19
2	3102 Daniele, Shelby	Cal Poly	24.73

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3	4067 Hunter, Danielle	Washington	25.30
4	3515 Ford, Daysha	Sacramento State	25.88

**Women 400 Meter Dash**

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 Meet Record: M 52.24 1/27/2018 Raevyn Rogers, Nike  
 Dempsey Rec: R 51.60 2/29/2020 Bailey Lear, USC

Name	Year	School	Finals
=====			
Section 1			
1	3642	Garcia, Jocelyn	Seattle 1:03.00
2	4186	Bates, Naomi	Western Washington 1:03.26
3	4160	Carstensen, Rilee	Western Oregon 1:05.53
Section 2			
1	4165	Lambing, Madeline	Western Oregon 1:00.79
2	4158	Altamirano, Bethan	Western Oregon 1:00.94
3	3452	Dreiling, Isabella	Portland 1:02.10
Section 3			
1	3017	De Arvizu Sarrias,	Alaska Anchorage 59.73
2	3689	Smith, Charisma	Seattle Pacific 1:01.48
3	3088	Mai, Adrienne	Bushnell (Ore.) 1:01.70
Section 4			
1	4024	Edwards, Maddie	Utah State 56.74
2	4188	Cheney, Caitlyn	Western Washington 58.21
3	3281	Spaulding, Ella	Fresno State 58.95
4	3432	Nelson, Kylee	Oregon State 59.93
5	4162	Hart, Jessy	Western Oregon 1:00.50
Section 5			
1	4019	Shewell, Chloe	Utah 57.66
2	3026	Vidad, Joei	Alaska Anchorage 59.69
3	4076	Rutherford, Elle	Washington 1:00.89
4	3329	Hamilton, Halle	Hawai'i 1:01.58
5	3554	Bell, Cree	Saint Martin's 1:02.14
Section 6			
1	3529	Stredic, Brei'ja	Sacramento State 56.90
2	3767	Pardo, Sophia	UC Santa Barbara 58.38
3	3678	Brown, Johanna	Seattle Pacific 59.13
4	3765	Monti, Abigail	UC Santa Barbara 59.43
5	3771	Tjoe, Alison	UC Santa Barbara 1:00.34
Section 7			
1	4029	Kidd, Autumn	Utah State 57.57
2	3680	Crane, Marissa	Seattle Pacific 58.56
3	3270	Heffernan, Janae	Fresno State 58.68
4	4197	Heiman, Annabelle	Western Washington 59.52
5	3685	Green, Aniya	Seattle Pacific 1:00.42
Section 8			
1	3346	Warrington, Amy	Hawai'i 57.93
2	3622	Wyatt, Imani	San Francisco 59.82
3	3772	Vally, Isabella	UC Santa Barbara 1:01.12
Section 9			
1	3210	Knight, Madelyn	Eastern Washington 56.30
2	3200	Blue, Takiyah	Eastern Washington 57.69
3	4057	Coleman, Kapiolani	Washington 58.05
4	4008	Durrant, Madi	Utah 59.82
Section 10			

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1	4078 Terrell, Anna	Washington	55.52
2	3331 Kneeshaw, Izzy	Hawai'i	56.59
3	3759 Hernon, Aoife	UC Santa Barbara	56.65
4	3515 Ford, Daysha	Sacramento State	59.46

**Women 800 Meter Run**

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Meet Record: M 2:01.82  2/1/2020  Shelby Houlihan, Bowerman T
Dempsey Rec: R 2:01.14  2/27/2021  Hannah Green, OTC Elite
Name                    Year School                    Finals
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## Section 1

1	3754 Jalal, Oriana	UC Davis	2:16.99
2	3427 McKee, Ava	Oregon State	2:19.33
3	4169 Nguyen, Kaydence	Western Oregon	2:19.59
4	4168 Merritt, Amelia	Western Oregon	2:21.74
5	3441 Van Der Zee, Sydne	Oregon State	2:23.73
6	3283 Ward, Kylie	Fresno State	2:24.83
7	3583 Lee, Brielle	Salt Lake (Utah) CC	2:27.10
8	3581 Jensen, Molly	Salt Lake (Utah) CC	2:28.42
9	3585 Swain, Kennedy	Salt Lake (Utah) CC	2:28.71

## Section 2

1	3344 Touchette, Catheri	Hawai'i	2:20.15
2	3584 Loveridge, Elayna	Salt Lake (Utah) CC	2:20.47
3	3595 Cabello, Vanessa	San Diego State	2:21.71
4	3650 Shkalenkova, Krist	Seattle	2:22.59
5	3435 Quintana, Ellie	Oregon State	2:23.24
6	3597 Connerton-Nevin, S	San Diego State	2:24.57
7	3488 Kapustka, Ania	Portland State	2:25.19
8	3605 Rethmeier, Eva	San Diego State	2:26.64

## Section 3

1	3600 Kain, Jessica	San Diego State	2:10.61
2	4198 Kroontje, Emmy	Western Washington	2:12.70
3	4032 Packer, Marion	Utah State	2:14.35
4	4185 Bassett, Elie	Western Washington	2:18.21
5	3179 Simpson, Rachael	Csun	2:18.72
6	3203 Davies, Rhiannon	Eastern Washington	2:20.92
7	3347 Wilkes, Keilah	Hawai'i	2:21.32
8	3716 Battle, Ellary	Southern Utah	2:21.36
9	3711 Millar, Stephanie	Simon Fraser	2:24.70
--	3599 Fauria, Isabella	San Diego State	DNF

## Section 4

1	3439 Scatena, Adael	Oregon State	2:11.72
2	3015 Chisar, Jess	Alaska Anchorage	2:13.77
3	3560 Saucedo, Alisha	Saint Martin's	2:15.34
4	3607 Zinkin, Tatum	San Diego State	2:16.55
5	3172 Hamilton, Leann	Csun	2:17.92
6	3445 Mejia, Carmen	Peninsula Di	2:23.22
7	3332 Langschwager, Emil	Hawai'i	2:29.59

## Section 5

1	3842 Sorensen, Kate	Unattached	2:11.97
2	4021 Wilcox, Millie	Utah	2:12.29
3	3519 Lawrence, Mia	Sacramento State	2:12.68
4	3461 Pettersson, Stina	Portland	2:16.34
5	3336 McFadden, Carlin	Hawai'i	2:16.58

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6	4013	Murdock, Annie	Utah	2:17.30
7	3780	Perez, Miliana	Ucla	2:17.69
8	3773	Zibblatt, Mia	UC Santa Barbara	2:32.26

## Section 6

1	3291	Armbruster, Ellie	Gonzaga	2:11.58
2	3841	Siebert, Lindsay	Unattached	2:13.52
3	3406	Baechler, Maya	Oregon State	2:14.28
4	3763	Lacamp, Maya	UC Santa Barbara	2:19.84
5	3778	Johnson, Ashley	Ucla	2:25.33

## Section 7

1	3608	Alexandre, Olivia	San Francisco	2:09.36
2	3823	Manson, Brooke	Unattached	2:09.52
3	3602	Lomeli, Alex	San Diego State	2:11.69
4	3460	Perez, Teresa	Portland	2:11.93
5	3835	Roxby, Megan	Unattached	2:12.24
6	3719	Johnson, Josii	Southern Utah	2:12.36
7	3292	Carr, Bailee	Gonzaga	2:13.38

## Section 8

1	4079	Thomas, Carley	Washington	2:00.95R
2	3494	Ewoi, Dorcus	Puma Elite	2:03.10
3	4075	Preigh, Marlena	Washington	2:03.68
4	3781	Pittman, Rose	Ucla	2:04.80
5	3495	Piccirillo, Angel	Puma Elite	2:05.10
6	4119	Willems, Elena	Washington State	2:10.71
--	3364	Hiltz, Nikki	Lululemon	DNF

**Women 1000 Meter Run**

Name	Year	School	Finals
=====			
Section 1			
1	3364	Hiltz, Nikki	Lululemon 2:34.09
2	4265	Hull, Jess	Nike 2:34.71
3	3495	Piccirillo, Angel	Puma Elite 2:35.65
4	3494	Ewoi, Dorcus	Puma Elite 2:37.26
5	3848	Van der wyk, Trace	Unattached 2:47.96
--	3805	Friberg, Samantha	Unattached DNF

**Women 1 Mile Run**

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Meet Record:	M 4:23.68	2/1/2020	Shelby Houlihan, Bowerman T
Dempsey Rec:	R 4:23.68	2/1/2020	Shleby Houlihan, Bowerman T
Name	Year	School	Finals
=====			
1	3196	Weishaar, Brynn	Eastern Oreg 6:36.64
2	3822	LU, Shihlin	Unattached 7:23.26
3	3830	Pratt, Kelly	Unattached 7:24.68
4	3789	Arya, Aarushi	Unattached 7:27.93
5	3197	Weishaar, Sadie	Eastern Oreg 7:43.53
6	3157	Lee, Lizzie	Club Run Seattle 7:54.86
7	3826	Minajj, Molly	Unattached 9:06.90
8	3796	Campbell, Jill	Unattached 9:08.57
--	3795	Campbell, Audrey	Unattached DNF
Section 2			
1	3155	Isom, Nia	Club Run Seattle 6:05.61

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2	3198	Weishaar, Taylor	Eastern Oreg	6:05.78
3	3839	Scott, Samantha	Unattached	6:09.10
4	3840	Shillito, Gloria	Unattached	6:10.20
5	3825	McGrew, Emmie	Unattached	6:12.30
6	3800	Dadhia, Reni	Unattached	6:19.55
7	3836	Schiller, Addie	Unattached	6:21.13
8	3156	Lam, Isabelle	Club Run Seattle	6:44.96
9	3813	Howard, Naomi	Unattached	7:15.88
10	3849	Wager, Leigh	Unattached	7:17.55
Section 3				
1	4153	Corr, Elise	West Seattle	5:37.72
2	3653	Swart, Sierra	Seattle	5:39.25
3	3080	Oakes, Ellie	Bryant Bandits	5:41.91
4	3158	Roybal, Vanessa	Club Run Seattle	5:43.30
5	3497	Urquhart, Alex	Rain City Flyers	5:47.49
6	3806	Gayman, Megan	Unattached	5:48.61
7	3143	Dreher, Jillian	Cascade Striders	5:52.76
8	3793	Bonilla, Helayna	Unattached	5:53.43
9	3810	Henry, Jessica	Unattached	5:56.69
10	3145	Shan, Helen	Cascade Striders	5:57.15
11	4150	Brondstetter, Sava	West Seattle	6:00.49
12	4151	Brondstetter, Sier	West Seattle	6:15.82
13	3141	Clouse, Audrey	Cascade Striders	6:17.45
14	3144	Hoe, Miki	Cascade Striders	6:50.23
15	4149	Bennett, Yeva	West Seattle	6:55.50
Section 4				
1	3646	Jenkins, Jodi	Seattle	5:22.93
2	3816	Jones, Sonja	Unattached	5:32.35
3	3797	Cesar, Naomi	Unattached	5:35.17
4	3557	Ramirez, Kya	Saint Martin's	5:37.39
5	3807	Gehrke, Elena	Unattached	5:40.34
6	3070	Winkler, Grace	Bolt Track a	5:40.80
7	3023	Spaic, Sofija	Alaska Anchorage	5:44.96
8	4152	Caprara, Gemma	West Seattle	5:48.10
9	4155	Knapp, Kallan	West Seattle	5:48.83
10	4156	Margolis, Esta	West Seattle	5:49.20
11	3148	Swenson, Lydia	Cedarcrest	5:49.68
12	3847	Vall-Spinosa, Flor	Unattached	5:49.83
13	3069	Pinelli, Elise	Bolt Track a	5:50.37
14	3079	Koenigs, Brooklyn	Bryant Bandits	5:50.56
15	4154	Elger, Savannah	West Seattle	6:07.30
Section 5				
1	3530	Valenton, Viviana	Sacramento State	5:10.81
2	3656	White, McKenna	Seattle	5:15.32
3	3172	Hamilton, Leann	Csun	5:15.95
4	3558	Sabra, Sara	Saint Martin's	5:17.65
5	3327	Garcia Parsons, Al	Hawai'i	5:17.66
6	3524	Oliver, Tia	Sacramento State	5:21.46
7	3641	Camargo Solis, Dia	Seattle	5:25.83
8	3343	Tan, Nathania	Hawai'i	5:26.62
9	3496	Rodriguez-Villen,	Rain City Flyers	5:26.82
10	3683	Ewing, Maya	Seattle Pacific	5:27.80
11	3021	McCarter, Mallory	Alaska Anchorage	5:31.67
12	3734	Freese, Lorelai	Spokane Merc	5:32.06
13	3684	Flolo, Katelyn	Seattle Pacific	5:32.51

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14	3834 Roskowski, Emily	Unattached	5:34.94
15	3341 Selbrede, Breea	Hawai'i	5:37.12
16	3792 Bennett, Presley	Unattached	5:43.95
Section 6			
1	4206 Philbin, Jill	Western Washington	5:12.06
2	4202 McLain, Danielle	Western Washington	5:13.05
3	3811 Herring, Clare	Unattached	5:16.35
4	4195 Fredericksen, Roxa	Western Washington	5:16.84
5	3818 Koplowitz, Carolin	Unattached	5:18.13
6	4196 Halsell, Laura	Western Washington	5:18.56
7	3027 Williamson, Avery	Alaska Anchorage	5:19.65
8	3688 Mulch, Matise	Seattle Pacific	5:21.14
9	3794 Borsheim, Ava	Unattached	5:22.19
10	3278 Ramos, Ximena	Fresno State	5:23.70
11	4161 Chapman, Katie	Western Oregon	5:29.80
12	3336 McFadden, Carlin	Hawai'i	5:32.82
13	3846 Tussing-Adkinson,	Unattached	5:43.23
Section 7			
1	3517 Gee, Dani	Sacramento State	5:04.31
2	3819 Kosa, Sydney	Unattached	5:04.63
3	3464 Rowley, Tait	Portland	5:09.41
4	3456 Newton, Katie	Portland	5:14.29
5	3142 Collier, Sydney	Cascade Striders	5:14.84
6	3707 Kalisch, Milena	Simon Fraser	5:15.56
7	4212 Smith, Emma	Western Washington	5:17.42
8	3339 O'Donnell, Zola	Hawai'i	5:17.86
9	3055 Poulsen, Brynnli	Boise State	5:18.11
10	3347 Wilkes, Keilah	Hawai'i	5:19.25
11	3028 Wood, Tressa	Alaska Anchorage	5:19.76
12	3716 Battle, Ellary	Southern Utah	5:19.86
13	4210 Ramsey, Kayla	Western Washington	5:20.66
14	4187 Carter, Kendall	Western Washington	5:23.56
15	3828 Palmer, Taylor	Unattached	5:24.50
16	3617 Mourer, Lily	San Francisco	5:32.58
17	3618 Noda, Kaylee	San Francisco	5:38.76
Section 8			
1	3454 Holso, Brionna	Portland	5:03.56
2	3216 Sanders, Sara	Eastern Washington	5:04.08
3	3829 Phung-Rojas, Melis	Unattached	5:04.93
4	3820 Lacey, Lana	Unattached	5:04.98
5	3508 Busienei, Ashley	Sacramento State	5:06.59
6	3201 Brandon, Rylee	Eastern Washington	5:06.62
7	4185 Bassett, Elie	Western Washington	5:07.25
8	3790 Bangerter, Selena	Unattached	5:10.07
9	4164 Hutton, Holly	Western Oregon	5:11.27
10	4193 Edens, Ella	Western Washington	5:15.50
11	3645 Harris, Emily	Seattle	5:15.84
12	4204 Nystrom, Meaera	Western Washington	5:17.62
13	3267 Grimm, Shaylee	Fresno State	5:21.93
14	3455 Lochtefeld, Izzy	Portland	5:23.34
15	3809 Harig, Jane	Unattached	5:24.83
--	3420 Hull, Ellie	Oregon State	DNF
Section 9			
1	3744 Wild, Annie	Stanislaus State	4:52.15
2	3742 Dishion, Kaela	Stanislaus State	4:58.11



**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****....Women 1 Mile Run**

3	3049	Frisone, Isabella	Boise State	4:59.84
4	3418	Hamlin, Jamie	Oregon State	5:01.27
5	3833	Rodriguez, Victori	Unattached	5:02.27
6	3199	Bissell, Jenni	Eastern Washington	5:03.44
7	3214	Martinez, Faith	Eastern Washington	5:03.93
8	3586	Tipton, Grace	Salt Lake (Utah) CC	5:07.03
9	3718	Hernandez, Sariah	Southern Utah	5:07.60
10	3756	Rutz, Kayla	UC Davis	5:08.07
11	3798	Cossey, Hailey	Unattached	5:08.56
12	4031	Nygren, Morgan	Utah State	5:09.97
13	3560	Saucedo, Alisha	Saint Martin's	5:10.97
14	4198	Kroontje, Emmy	Western Washington	5:11.91
15	3526	Sanders, Kate	Sacramento State	5:16.90
16	4170	Smith, Riley	Western Oregon	5:20.56
17	3614	Kwasnica, Marlee	San Francisco	5:27.18
--	4189	Collins-Winn, Evel	Western Washington	DNF
--	3047	Bohnke, Bianca	Boise State	DNF

## Section 10

1	4028	Jensen, Shelby	Utah State	4:49.53
2	3741	Chouati, Najwa	Stanislaus State	4:53.60
3	3467	Woodger, Tiahna	Portland	4:53.80
4	3052	Larson, Lauren	Boise State	4:55.59
5	3121	Sundgren, Sydney	Cal Poly	4:56.17
6	4034	Weaver, Analee	Utah State	4:57.04
7	3715	Bartolomucci, Jord	Southern Utah	4:57.47
8	3045	Ackermann, Hanna	Boise State	4:59.74
9	3243	Carstens, Alauna	Evergreen St	5:00.12
10	3114	Leath, Ashlyn	Cal Poly	5:00.71
11	3824	Matora, Alexa	Unattached	5:01.27
12	3463	Richardson, Maebh	Portland	5:02.42
13	3449	Rowlinson, Daniell	Performance	5:05.20
14	3046	Black, Sunitha	Boise State	5:06.94
15	3170	Contreras, Nicole	Csun	5:09.42
16	4200	Ledesma, Marian	Western Washington	5:12.63
--	3119	Sanchez, Isabel	Cal Poly	DNF

## Section 11

1	3293	Collins, Willow	Gonzaga	4:48.59
2	4012	Moroney, Grace	Utah	4:51.38
3	3612	Hlusi, Natalie	San Francisco	4:52.58
4	4213	Wright, Sophie	Western Washington	4:52.96
5	3054	Ost, Autumn	Boise State	4:53.31
6	3423	Laurent, Kate	Oregon State	4:54.85
7	3462	Prusse, Samantha	Portland	4:54.87
8	3644	Hargreaves, Lilian	Seattle	4:56.73
9	4192	Davis, Ila	Western Washington	4:58.89
10	3413	Cunniam, Erika	Oregon State	4:59.24
11	3621	Vanadzina, Kamilla	San Francisco	5:00.95
12	3048	Borba, Ines	Boise State	5:04.21
13	4191	Crocker, Mia	Western Washington	5:05.70
14	4211	Reeck, Ashley	Western Washington	5:06.12
15	3780	Perez, Miliana	Ucla	5:12.53
--	3582	Kehr, Emerald	Salt Lake (Utah) CC	DNF

## Section 12

1	3755	Kackley, Madison	UC Davis	4:46.41
2	4026	Geddes, Mattalyn	Utah State	4:46.82

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****....Women 1 Mile Run**

3	4011 Martin, Kyla	Utah	4:47.30
4	3613 Kehoe, Hannah	San Francisco	4:48.23
5	4023 Davidson, Hannah	Utah State	4:49.77
6	3562 Walchak-Sloan, Cas	Saint Martin's	4:52.83
7	3409 Brooks, Sage	Oregon State	4:53.15
8	3717 DeBos, Madisan	Southern Utah	4:55.09
9	4027 Jensen, Abby	Utah State	4:55.84
10	3620 Valadier, Mathilde	San Francisco	4:55.98
11	3616 Morales, Julia	San Francisco	4:57.96
12	3072 Ramsay, McKenna	Bowerman Track	4:58.67
--	4030 Miyazawa, Mimi	Utah State	DNF
Section 13			
1	3101 Cornejo, Tatiana	Cal Poly	4:46.10
2	3803 Eagon, Hannah	Unattached	4:47.13
3	3448 Fick, Ryley	Performance	4:47.99
4	3073 Weber, Kamryn	Bowerman Track	4:48.65
5	4112 Cheptoo, Zenah	Washington State	4:48.90
6	4052 Bockrath, Perri	Washington	4:49.25
7	3779 Kane, Mia	Ucla	4:49.38
8	3290 Anderson, Alicia	Gonzaga	4:49.80
9	4083 Welin, Josephine	Washington	4:52.49
10	3774 Browne, Bella	Ucla	4:56.75
11	3821 Lopizzo, Gioana	Unattached	4:59.09
Section 14			
1	4082 Weir, India	Washington	4:37.98
2	3294 Machu, Rosina	Gonzaga	4:40.50
3	3056 Robertson, Kaiya	Boise State	4:40.66
4	3466 Templier, Fleur	Portland	4:40.80
5	4059 David-Smith, Julia	Washington	4:41.77
6	3433 Pradere, Abigail	Oregon State	4:42.99
7	4066 Herman, Tori	Washington	4:43.86
8	3805 Friborg, Samantha	Unattached	4:44.49
9	4053 Borsheim, Ella	Washington	4:47.46
10	3775 Browne, Chloe	Ucla	4:49.41
--	3362 Gerlach, Tori	Idaho Afoot	DNF
Section 15			
1	3831 Randall, Jenn	Unattached	4:32.17
2	3817 Konieczek, Alicja	Unattached	4:32.73
3	4074 O'Sullivan, Sophie	Washington	4:35.63
4	3791 Barnett, Grace	Unattached	4:36.01
5	4063 Foerster, Chloe	Washington	4:36.04
6	3459 Pellicoro, Laura	Portland	4:37.28
7	4073 Nielsen, Wilma	Washington	4:37.87
8	3428 Mitchell, Kaylee	Oregon State	4:39.56
9	4065 Herberg, Haley	Washington	4:43.07
--	3363 Howard, Marisa	Idaho Afoot	DNF
--	3848 Van der wyk, Trace	Unattached	DNF

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****Women 3000 Meter Run**

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 Meet Record: M 8:34.45 1/27/2018 Sifan Hassan, Nike Oregon P  
 Dempsey Rec: R 8:34.45 1/27/2018 Sifan Hassan, Nike Oregon P

Name Year School Finals

## Section 1

1	3517	Gee, Dani	Sacramento State	9:59.08
2	3605	Rethmeier, Eva	San Diego State	10:04.03
3	3415	Foote, Emily	Oregon State	10:04.24
4	3464	Rowley, Tait	Portland	10:06.55
5	3417	Golla, Aleen	Oregon State	10:09.82
6	3414	Eckman, Eliza	Oregon State	10:10.63
7	3280	Smith, Corie	Fresno State	10:13.94
8	3055	Poulsen, Brynnli	Boise State	10:15.00
9	4163	Heldt, Caitlin	Western Oregon	10:16.19
10	3524	Oliver, Tia	Sacramento State	10:17.16
11	3343	Tan, Nathania	Hawai'i	10:19.39
12	3440	Smith, Payton	Oregon State	10:23.02
13	3412	Cosgrove, Erin	Oregon State	10:29.12
14	3339	O'Donnell, Zola	Hawai'i	10:30.91
15	3275	Ochoa, Ashley	Fresno State	10:38.88
16	3279	Raya, Crystal	Fresno State	10:39.78
17	3411	Buzzell, Gracie	Oregon State	10:39.96
18	3166	Avila, Sonia	Csun	10:41.82
19	3710	Marion, Ella	Simon Fraser	10:54.08
--	3604	Parrone, Madison	San Diego State	DNF

## Section 2

1	4030	Miyazawa, Mimi	Utah State	9:42.94
2	3422	Kopec, Katie	Oregon State	9:47.44
3	3050	Jobes, Emily	Boise State	9:48.39
4	3715	Bartolomucci, Jord	Southern Utah	9:48.55
5	3595	Cabello, Vanessa	San Diego State	9:51.56
6	3052	Larson, Lauren	Boise State	9:53.84
7	3045	Ackermann, Hanna	Boise State	9:54.44
8	3121	Sundgren, Sydney	Cal Poly	9:57.45
9	3454	Holso, Brionna	Portland	9:58.44
10	3760	Johansson, Stina	UC Santa Barbara	9:58.69
11	4016	Reed, Maddie	Utah	10:01.47
12	3114	Leath, Ashlyn	Cal Poly	10:01.50
13	3046	Black, Sunitha	Boise State	10:03.30
14	4005	Anderson, Saydi	Utah	10:04.00
15	3108	Gaffney, Kelli	Cal Poly	10:22.30
16	3756	Rutz, Kayla	UC Davis	10:28.10
--	3757	Carr, Ashling	UC Santa Barbara	DNF

## Section 3

1	3448	Fick, Ryley	Performance	9:36.35
2	4010	Lundgreen, Ellie	Utah	9:39.33
3	4138	Hagelin, Saga	Weber State	9:40.34
4	3413	Cunniam, Erika	Oregon State	9:40.54
5	3386	Keeler, Jadyn	North Dakota	9:40.61
6	4006	Boire, Veronic	Utah	9:42.22
7	3051	Kiesler, Julia	Boise State	9:42.58
8	4022	Brinkerhoff, Baile	Utah State	9:44.76
9	4014	Peters, Anastasia	Utah	9:45.56
10	4139	Murphy, Laurie	Weber State	9:48.92
11	3425	Lundgren, Noemi	Oregon State	9:49.26

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****....Women 3000 Meter Run**

12	4111 Bissell, Nicole	Washington State	9:52.07
13	3388 Malnourie, Eliana	North Dakota	9:52.61
14	3582 Kehr, Emerald	Salt Lake (Utah) CC	9:55.38
15	3426 Martinez, Eimy	Oregon State	9:55.53
16	4140 Winter, Bailey	Weber State	10:07.45
17	3837 Schulz, Jenna	Unattached	10:09.24
18	3119 Sanchez, Isabel	Cal Poly	10:10.47
19	3643 Groleau, Azalea	Seattle	10:14.79

## Section 4

1	4015 Peters, Lindsey	Utah	9:30.64
2	3755 Kackley, Madison	UC Davis	9:31.97
3	4083 Welin, Josephine	Washington	9:32.76
4	3600 Kain, Jessica	San Diego State	9:32.77
5	3423 Laurent, Kate	Oregon State	9:33.21
6	3612 Hlusi, Natalie	San Francisco	9:34.52
7	4009 Jensen, Morgan	Utah	9:35.98
8	3812 Hewitt, Chloe	Unattached	9:36.17
9	3048 Borba, Ines	Boise State	9:36.22
10	4007 Caesar, McKaylie	Utah	9:36.52
11	3053 Marghini, Yasmin	Boise State	9:38.20
12	3620 Valadier, Mathilde	San Francisco	9:44.99
13	3850 Wisniewski, Emily	Unattached	9:45.50
14	4192 Davis, Ila	Western Washington	9:51.86
15	3170 Contreras, Nicole	Csun	10:12.68

## Section 5

1	3838 Scott, Briana	Unattached	8:58.86
2	3402 Earl, Ava	Northwestern	9:05.65
3	4112 Cheptoo, Zenah	Washington State	9:12.18
4	4052 Bockrath, Perri	Washington	9:18.10
5	3387 Kutluk, Yonca	North Dakota	9:22.35
6	4066 Herman, Tori	Washington	9:24.16
7	3845 Tinkham, Mikayla	Unattached	9:26.38
8	3056 Robertson, Kaiya	Boise State	9:26.89
9	3409 Brooks, Sage	Oregon State	9:34.13
10	4114 Kimtai, Neema	Washington State	9:34.37
11	4118 Stone Boggs, Alain	Washington State	9:35.41
12	3054 Ost, Autumn	Boise State	9:35.62
13	3362 Gerlach, Tori	Idaho Afoot	9:52.64
14	3403 Hessler, Katherine	Northwestern	9:59.02
--	3363 Howard, Marisa	Idaho Afoot	DNF

**Women 5000 Meter Run**

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Meet Record: M 15:09.31 2016 Kim Conley, New Balance
Dempsey Rec: R 15:01.70 2/14/2009 Jenny Barringer, Colorado
Name Year School Finals
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## Section 1

1	3743 Sanchez, Jacquelin	Stanislaus State	17:12.91
2	3013 Baker, Nell	Alaska Anchorage	17:16.40
3	3718 Hernandez, Sariah	Southern Utah	17:16.73
4	4025 Ellis, Sarah	Utah State	17:17.38
5	3212 Linnenburger, Elli	Eastern Washington	17:17.95
6	3204 Fetzer, Lilly	Eastern Washington	17:40.33
7	3777 Corsinita, Carly	Ucla	17:43.88

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****....Women 5000 Meter Run**

8	3584	Loveridge, Elayna	Salt Lake (Utah) CC	17:45.91
9	3585	Swain, Kennedy	Salt Lake (Utah) CC	17:47.12
10	3393	Hartman, Kaylea	Northwest (Wash.)	17:54.66
11	3753	Butler, Brooke	UC Davis	17:54.93
12	4204	Nystrom, Meaera	Western Washington	18:01.22
13	4196	Halsell, Laura	Western Washington	18:05.23
14	3581	Jensen, Molly	Salt Lake (Utah) CC	18:08.42
15	4212	Smith, Emma	Western Washington	18:09.03
16	3583	Lee, Brielle	Salt Lake (Utah) CC	18:12.42
17	3456	Newton, Katie	Portland	18:18.27
18	3598	Elias, Amber	San Diego State	18:21.69
19	4187	Carter, Kendall	Western Washington	18:23.89
20	4210	Ramsey, Kayla	Western Washington	18:27.60

**Section 2**

1	3751	Barrett, Danielle	UC Davis	16:23.58
2	3802	Dickson, Madey	Unattached	16:25.12
3	3742	Dishion, Kaela	Stanislaus State	16:28.26
4	4033	Thornley, Emma	Utah State	16:29.30
5	3401	Bartolotto, Kalea	Northwestern	16:29.89
6	3382	Clarke, Emily	Nevada	16:36.59
7	4077	Smith, Naomi	Washington	16:38.22
8	3717	DeBos, Madisan	Southern Utah	16:42.67
9	3741	Chouati, Najwa	Stanislaus State	16:46.61
10	3832	Rodriguez, Sophia	Unattached	16:52.05
11	3752	Bergmark, Hope	UC Davis	16:56.99
12	3682	Esvelt, Annika	Seattle Pacific	16:59.72
13	4068	Lloyd, Saskia	Washington	17:05.65
14	3404	Lenth, Fiona	Northwestern	17:05.80
15	4211	Reeck, Ashley	Western Washington	17:06.33

**Women 60 Meter Hurdles**

Meet Record:	M	8.06	1/27/2018	Bridgette Owens, Unattached
Dempsey Rec:	R	7.93	3/4/2006	Virginia Powell, USC
Name			Year School	Prelims

**Heat 1 Preliminaries**

1	4113	De Mello, Micaela	Washington State	8.36q
2	3509	Coburn, Eliana	Sacramento State	8.98
3	3679	Chang, Hannah	Seattle Pacific	8.99
4	3019	Liessfeld, Vivien	Alaska Anchorage	9.39
5	3176	Reuss, Audrie	Csun	9.81

**Heat 2 Preliminaries**

1	3210	Knight, Madelyn	Eastern Washington	8.54q
2	4024	Edwards, Maddie	Utah State	8.98
3	3277	Perez, Kaitlynn	Fresno State	9.30
4	3804	Fetterley, Livii	Unattached	9.58
5	3765	Monti, Abigail	UC Santa Barbara	9.73

**Heat 3 Preliminaries**

1	3770	Swalve, Jessica	UC Santa Barbara	9.08
2	3022	Simmons, Lacie	Alaska Anchorage	9.35
3	3513	Fitzgerald, Ava	Sacramento State	9.50
4	3438	Rose, Vera-Lyse	Oregon State	10.13

**Heat 4 Preliminaries**

1	3017	De Arvizu Sarrias,	Alaska Anchorage	9.02
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**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****....Women 60 Meter Hurdles**

2	3328 Gordon, Samantha	Hawai'i	9.05
3	3149 Chandler, Lauryn	Central Washington	9.16
4	4186 Bates, Naomi	Western Washington	9.49
5	3687 Mock, Sophie	Seattle Pacific	9.95
Heat 5 Preliminaries			
1	3430 Moersdorf, Anneke	Oregon State	8.66q
2	4116 Moku, Tatum	Washington State	8.91q
3	3105 Estes, Kalia	Cal Poly	8.99
4	4201 Mansfield, Brooke	Western Washington	9.61
5	3020 Mader, Mikayla	Alaska Anchorage	10.04
Heat 6 Preliminaries			
1	3175 Kelpis, Brianna	Csun	9.15
2	3771 Tjoe, Alison	UC Santa Barbara	9.28
3	3281 Spaulding, Ella	Fresno State	9.45
4	4208 Porter, Isabella	Western Washington	10.09
Heat 7 Preliminaries			
1	3439 Scatena, Adael	Oregon State	8.74q
2	3766 Nwachukwu, Chika	UC Santa Barbara	9.11
3	3250 Ranger-Dunbar, Ale	Fresno Pacific	9.18
4	3334 Marx, Anna	Hawai'i	9.23
5	3344 Touchette, Catheri	Hawai'i	9.39
Heat 8 Preliminaries			
1	3112 Holman, Maya	Cal Poly	8.83q
2	3018 Heite, Liv	Alaska Anchorage	9.01
3	3507 Brown, Kameryn	Sacramento State	9.13
4	3555 Cintron, Gabriela	Saint Martin's	9.70
Heat 9 Preliminaries			
1	3758 Conte, Madeleine	UC Santa Barbara	8.78q
2	3348 Wyllie, Tara	Hawai'i	8.86q
3	3264 Bins, Kaja	Fresno State	9.15
4	4199 Lagerwey, Matty	Western Washington	10.70

**Women 60 Meter Hurdles**

=====  
 Meet Record: M 8.06 1/27/2018 Bridgette Owens, Unattached  
 Dempsey Rec: R 7.93 3/4/2006 Virginia Powell, USC

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 Name Year School Finals  
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**Section 1 Finals**

1	3430 Moersdorf, Anneke	Oregon State	8.69
2	3112 Holman, Maya	Cal Poly	8.75
3	3439 Scatena, Adael	Oregon State	8.76

**Section 2 Finals**

1	4113 De Mello, Micaela	Washington State	8.32
2	3210 Knight, Madelyn	Eastern Washington	8.44
3	3348 Wyllie, Tara	Hawai'i	8.69
4	3758 Conte, Madeleine	UC Santa Barbara	8.70

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024**

**Dempsey Indoor, Seattle WA**

**Results**

**Women 4x400 Meter Relay**

=====  
 Meet Record: M 3:38.68 2011 Oregon  
 Dencer, Purvis, Roesler, Okodogbe  
 Dempsey Rec: R 3:29.78 2/25/2023 USC, USC  
 Lear, Jones, John, Jones

School Finals

=====  
 Section 1

1 UW Soccer 'A' 4:13.14  
 2 UW Beach Volleyball 'A' 4:32.56

Section 2

1 Oregon State 'A' 3:53.90  
 1) 3430 Moersdorf, Anneke 2) 3421 Hurley, Jada  
 3) 3437 Rinaldi, Treasure 4) 3432 Nelson, Kylee  
 2 Seattle Pacific 'A' 3:59.51  
 1) 3685 Green, Aniya 2) 3678 Brown, Johanna  
 3) 3689 Smith, Charisma 4) 3680 Crane, Marissa  
 3 Western Oregon 'A' 4:08.43  
 1) 4166 Lavato, Josie 2) Ngaida, Kalulusno  
 3) 4165 Lambing, Madeline 4) 4162 Hart, Jessie  
 4 Seattle 'A' 4:17.58  
 1) 3642 Garcia, Jocelyn 2) 3652 Smith, Julie  
 3) 3647 Lawrence, Bridget 4) 3650 Shkalenkova, Kristina  
 5 San Diego State 'A' 4:20.93  
 1) 3607 Zinkin, Tatum 2) 3602 Lomeli, Alex  
 3) 3597 Connerton-Nevin, Sophia 4) 3594 Ash, Sydney

Section 3

1 Washington 'A' 3:47.69  
 1) 4067 Hunter, Danielle 2) 4078 Terrell, Anna  
 3) 4057 Coleman, Kapiolani 4) 4072 Newton, Rhonda  
 2 UC Santa Barbara 'A' 3:51.05  
 1) 3767 Pardo, Sophia 2) 3770 Swalve, Jessica  
 3) 3758 Conte, Madeleine 4) 3759 Hernon, Aoife  
 3 Hawai'i 'A' 3:51.76  
 1) 3346 Warrington, Amy 2) 3331 Kneeshaw, Izzy  
 3) 3329 Hamilton, Halle 4) 3328 Gordon, Samantha  
 4 Cal Poly 'A' 3:54.74  
 1) 3113 Jackson, Jordan 2) 3105 Estes, Kalia  
 3) 3107 Fortier, Ava 4) 3104 DeMange, Elle  
 5 Fresno Pacific 'A' 3:56.59  
 1) 3248 Green, Brianna 2) 3252 Vera, Ariana  
 3) 3249 Haslip, Kenahdi 4) 3250 Ranger-Dunbar, Alexis

**Women High Jump**

=====  
 Meet Record: M 1.86m 1/29/2005 Sharon Day, Cal Poly  
 Dempsey Rec: R 1.93m 2/25/2012 Brigetta Barrett, Arizona

Name Year School Finals

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 Flight 1

1 3111 Henley, Lariel Cal Poly J1.65m 5-05.00  
 1.45 1.50 1.55 1.60 1.65 1.70  
 --- --- O XO XO XXX  
 2 3436 Reilly, Savannah Oregon State 1.60m 5-03.00  
 1.45 1.50 1.55 1.60 1.65  
 --- --- O O XXX

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****....Women High Jump**

2	3264	Bins, Kaja	Fresno State	1.60m	5-03.00
		1.45 1.50 1.55 1.60 1.65			
		--- --- O O XXX			
2	3208	Garza, Kassy	Eastern Washington	1.60m	5-03.00
		1.45 1.50 1.55 1.60 1.65			
		--- --- O O XXX			
5	3509	Coburn, Eliana	Sacramento State	J1.60m	5-03.00
		1.45 1.50 1.55 1.60 1.65			
		--- --- --- XO XXX			
6	3175	Kelpis, Brianna	Csun	1.55m	5-01.00
		1.45 1.50 1.55 1.60			
		O O O XXX			
6	4190	Cook, Kora	Western Washington	1.55m	5-01.00
		1.45 1.50 1.55 1.60			
		--- O O XXX			
6	3708	Kania, Sydney	Simon Fraser	1.55m	5-01.00
		1.45 1.50 1.55 1.60			
		--- O O XXX			
6	3334	Marx, Anna	Hawai'i	1.55m	5-01.00
		1.45 1.50 1.55 1.60			
		O O O XXX			
10	3764	Meade, Katherine	UC Santa Barbara	J1.55m	5-01.00
		1.45 1.50 1.55 1.60			
		--- XO XO XXX			
11	3344	Touchette, Catheri	Hawai'i	J1.55m	5-01.00
		1.45 1.50 1.55 1.60			
		O XO XXO XXX			
12	3686	Kessler, Paige	Seattle Pacific	1.50m	4-11.00
		1.45 1.50 1.55			
		O O XXX			
13	3020	Mader, Mikayla	Alaska Anchorage	J1.50m	4-11.00
		1.45 1.50 1.55			
		O XO XXX			
--	3804	Fetterley, Livii	Unattached	NH	
		1.45			
		XXX			
--	3647	Lawrence, Bridget	Seattle	NH	
		1.45			
		XXX			
Flight 2					
1	3282	Tarczy, Elizabeth	Fresno State	1.75m	5-08.75
		1.55 1.60 1.65 1.70 1.75 1.78			
		--- O O O XXO XXX			
2	3520	Leonard, Izzi	Sacramento State	1.70m	5-07.00
		1.55 1.60 1.65 1.70 1.75			
		--- O O XO XXX			
3	3328	Gordon, Samantha	Hawai'i	J1.70m	5-07.00
		1.55 1.60 1.65 1.70 1.75			
		O O O XXO XXX			
3	3202	Bruno, Grace	Eastern Washington	J1.70m	5-07.00
		1.55 1.60 1.65 1.70 1.75			
		O O O XXO XXX			
5	3434	Proudfoot, Grace	Oregon State	1.65m	5-05.00
		1.55 1.60 1.65 1.70			
		O O XO XXX			



**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024**

**Dempsey Indoor, Seattle WA**

**Results**

**....Women High Jump**

6	3407	Bahn, Delaney	Oregon State	J1.65m	5-05.00
		1.55 1.60 1.65 1.70			
		0 0 XXO XXX			
7	3430	Moersdorf, Anneke	Oregon State	1.60m	5-03.00
		1.55 1.60 1.65			
		0 0 XXX			
7	3277	Perez, Kaitlynn	Fresno State	1.60m	5-03.00
		1.55 1.60 1.65			
		0 0 XXX			
9	3528	Sheets, Abby	Sacramento State	J1.60m	5-03.00
		1.55 1.60 1.65			
		0 XO XXX			
10	3523	Miller, Chandler	Sacramento State	J1.60m	5-03.00
		1.55 1.60 1.65			
		0 XXO XXX			
11	3268	Guarino, Matilde	Fresno State	1.55m	5-01.00
		1.55 1.60			
		0 XXX			
11	3100	Castelli, Melanie	Cal Poly	1.55m	5-01.00
		1.55 1.60			
		0 XXX			
--	3176	Reuss, Audrie	Csun	NH	
		1.55			
		XXX			
--	3177	Sachs, Naomi	Csun	NH	
		1.55			
		XXX			

**Women Pole Vault**

=====  
 Meet Record: M 4.55m 2017 Megan Clark, Oiselle  
 Dempsey Rec: R 4.67m 1/29/2021 Olivia Gruver, Unattached  
 Name Year School Finals  
 =====

Flight 1

1	4071	Moll, Hana	Washington	4.64mM	15-02.75
		3.25 3.45 3.65 3.80 3.95 4.10 4.25 4.35 4.45 4.55 4.64 4.73			
		--- --- --- --- --- XO XO 0 0 0 XO XXX			
2	3843	Stefanidi, Katerin	Unattached	J4.64mM	15-02.75
		3.25 3.45 3.65 3.80 3.95 4.10 4.25 4.35 4.45 4.55 4.64 4.73			
		--- --- --- --- --- --- --- 0 0 XXO XXX			
3	4056	Campbell, Nastassj	Washington	4.35m	14-03.25
		3.25 3.45 3.65 3.80 3.95 4.10 4.25 4.35 4.45			
		--- --- --- --- --- 0 0 0 XXX			
4	3808	Grove, Emily	Unattached	J4.35m	14-03.25
		3.25 3.45 3.65 3.80 3.95 4.10 4.25 4.35 4.45			
		--- --- --- --- --- --- XO 0 XXX			
5	4054	Borton, Sara	Washington	J4.35m	14-03.25
		3.25 3.45 3.65 3.80 3.95 4.10 4.25 4.35 4.45			
		--- --- --- --- XO 0 XO 0 XXX			
6	3596	Callahan, Ashley	San Diego State	4.10m	13-05.25
		3.25 3.45 3.65 3.80 3.95 4.10 4.25			
		--- --- --- --- 0 0 XXX			

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****....Women Pole Vault**

7	4116	Moku, Tatum	Washington State	J4.10m	13-05.25
		3.25 3.45 3.65 3.80 3.95 4.10 4.25			
		--- --- --- XO O O XXX			
8	3799	Cunliffe, Chloe	Unattached	J4.10m	13-05.25
		3.25 3.45 3.65 3.80 3.95 4.10 4.25			
		--- --- --- --- O XO XXX			
9	4062	Ferguson, Sarah	Washington	J4.10m	13-05.25
		3.25 3.45 3.65 3.80 3.95 4.10 4.25			
		--- --- O O O XXO XXX			
9	4115	Lowder, Eva	Washington State	J4.10m	13-05.25
		3.25 3.45 3.65 3.80 3.95 4.10 4.25			
		--- --- --- O O XXO XXX			
11	3218	Schultz, Savannah	Eastern Washington	3.95m	12-11.50
		3.25 3.45 3.65 3.80 3.95 4.10			
		--- --- --- XO O XXX			
11	4084	Wilson, Avril	Washington	3.95m	12-11.50
		3.25 3.45 3.65 3.80 3.95 4.10			
		--- O O XO O XXX			
13	4070	Moll, Amanda	Washington	J3.95m	12-11.50
		3.25 3.45 3.65 3.80 3.95 4.10			
		--- --- --- --- XO XXX			
14	3109	Hatzenbeler, Annie	Cal Poly	3.80m	12-05.50
		3.25 3.45 3.65 3.80 3.95			
		--- O O O XXX			
14	3106	Evans, Lexi	Cal Poly	3.80m	12-05.50
		3.25 3.45 3.65 3.80 3.95			
		--- --- O O XXX			
16	4061	Ezeji-Okoye, Delan	Washington	J3.80m	12-05.50
		3.25 3.45 3.65 3.80 3.95			
		--- O O XO XXX			
17	3152	McGough, Lauryn	Central Washington	3.65m	11-11.75
		3.25 3.45 3.65 3.80			
		--- --- O XXX			
18	3601	Leveque, Jordan	San Diego State	J3.65m	11-11.75
		3.25 3.45 3.65 3.80			
		--- --- XO XXX			
--	3603	Mulligan, Lily	San Diego State	NH	
		3.25 3.45			
		--- XXX			
Flight 2					
1	3330	Hoadley, Helen	Hawai'i	3.80m	12-05.50
		3.25 3.45 3.65 3.80 3.95			
		--- O O O XXX			
2	3815	Jones, Jacqueline	Unattached	J3.80m	12-05.50
		3.25 3.45 3.65 3.80 3.95			
		--- O XO O XXX			
3	4203	Mohlman, Sydney	Western Washington	3.65m	11-11.75
		3.25 3.45 3.65 3.80			
		O O O XXX			
4	3220	Stoddart, Grace	Eastern Washington	J3.65m	11-11.75
		3.25 3.45 3.65 3.80			
		O O XO XXX			
5	3205	Folger-Vent, Rosal	Eastern Washington	J3.65m	11-11.75
		3.25 3.45 3.65 3.80			
		XO XXO XO XXX			

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024**

**Dempsey Indoor, Seattle WA**

**Results**

**....Women Pole Vault**

6	3788 Allen, Landry	Unattached	J3.65m	11-11.75
	3.25 3.45 3.65 3.80			
	0 XO XXO XXX			
7	3681 Daugherty, Lizzy	Seattle Pacific	3.45m	11-03.75
	3.25 3.45 3.65			
	0 O XXX			
7	3606 Tassara, Kayla	San Diego State	3.45m	11-03.75
	3.25 3.45 3.65			
	0 O XXX			
7	3213 Lovercheck, Kelsey	Eastern Washington	3.45m	11-03.75
	3.25 3.45 3.65			
	0 O XXX			
7	3768 Pelfrey, Madison	UC Santa Barbara	3.45m	11-03.75
	3.25 3.45 3.65			
	0 O XXX			
11	3324 Babkirk, Ashley	Hawai'i	J3.45m	11-03.75
	3.25 3.45 3.65			
	0 XO XXX			
11	3690 Thomason, Emily	Seattle Pacific	J3.45m	11-03.75
	3.25 3.45 3.65			
	--- XO XXX			
13	3424 Lee, Claire	Oregon State	3.25m	10-08.00
	3.25 3.45			
	0 XXX			
13	3431 Montiel, Lilia	Oregon State	3.25m	10-08.00
	3.25 3.45			
	0 XXX			
15	3110 Hays, Logan	Cal Poly	J3.25m	10-08.00
	3.25 3.45			
	XO XXX			
15	3416 Fowler, Mia	Oregon State	J3.25m	10-08.00
	3.25 3.45			
	XO XXX			
--	3594 Ash, Sydney	San Diego State	NH	
	3.25			
	XXX			
--	3103 Davis, Jessica	Cal Poly	NH	
	3.25			
	XXX			
--	4117 Negro, Madisyn	Washington State	NH	
	3.25 3.45 3.65			
	--- --- XXX			

**Women Long Jump**

=====						
Meet Record:	M	6.36m	2008	Arantxa King,	Stanford	
Dempsey Rec:	R	6.55m	2/19/2013	Grace Upshaw,	Brittney Reese,	Nike
Name			Year	School		Finals
=====						
Flight	1					
1	3525 Ramos, Tamia		Sacramento State	5.85m	19-02.50	
	5.65m	FOUL	FOUL	FOUL	FOUL	5.85m
2	3019 Liessfeld, Vivien		Alaska Anchorage	5.61m	18-05.00	
	FOUL	5.45m	5.55m	FOUL	5.57m	5.61m

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****....Women Long Jump**

3	4081 Washburn, Ava	Washington	5.52m	18-01.50
	5.36m 5.50m 5.52m			
4	3268 Guarino, Matilde	Fresno State	5.43m	17-09.75
	FOUL 5.43m FOUL			
5	3174 Irvin, Danielle	Csun	5.39m	17-08.25
	5.39m 5.22m 5.33m			
6	3209 Kellum, Kailee	Eastern Washington	5.35m	17-06.75
	5.35m 5.15m 5.13m			
7	3328 Gordon, Samantha	Hawai'i	5.24m	17-02.25
	5.14m 5.24m 5.07m			
8	3654 Tibbo, Zoe	Seattle	5.13m	16-10.00
	5.13m 4.85m 4.90m			
9	3556 Duncan, Alyssa	Saint Martin's	5.01m	16-05.25
	5.01m 5.01m 4.85m			
9	3090 Pappas, Mayah	Bushnell (Ore.)	5.01m	16-05.25
	4.95m 5.01m 4.77m			
11	3655 Wague, Manthia	Seattle	4.94m	16-02.50
	4.79m 4.64m 4.94m			
12	4060 Duckett, Camille	Washington	4.77m	15-07.75
	4.77m 4.69m FOUL			
13	3804 Fetterley, Livii	Unattached	4.41m	14-05.75
	4.41m 4.19m FOUL			
14	3505 Barry, Jessi	Sacramento State	4.19m	13-09.00
	4.19m FOUL FOUL			
--	3348 Wyllie, Tara	Hawai'i	FOUL	
	FOUL FOUL FOUL			
Flight 2				
1	3276 Pace, Rachela	Fresno State	6.31m	20-08.50
	5.89m 6.02m FOUL FOUL 6.03m 6.31m			
2	3407 Bahn, Delaney	Oregon State	5.84m	19-02.00
	FOUL 5.84m 5.79m 5.48m FOUL FOUL			
3	3611 Grochowski, Noa	San Francisco	5.83m	19-01.50
	FOUL FOUL 5.82m FOUL 5.83m FOUL			
4	3115 Nwagwu, Melody	Cal Poly	5.78m	18-11.75
	5.30m 5.68m 5.59m 5.46m 5.43m 5.78m			
5	4121 Wollman, Gilana	Washington State	5.65m	18-06.50
	5.65m 5.33m 5.34m 5.35m 4.99m 5.44m			
6	3430 Moersdorf, Anneke	Oregon State	5.62m	18-05.25
	5.62m 5.62m 5.58m PASS PASS PASS			
6	3112 Holman, Maya	Cal Poly	5.62m	18-05.25
	FOUL 5.59m 5.50m FOUL 5.62m 5.57m			
8	3118 Roy-Williams, Cade	Cal Poly	5.48m	17-11.75
	5.25m 5.27m 5.48m			
9	3504 Aczon, Kasee	Sacramento State	5.47m	17-11.50
	5.47m 5.30m 5.27m			
10	3167 Bampali, Anastasia	Csun	5.34m	17-06.25
	5.34m 5.12m 5.15m			
11	3270 Heffernan, Janae	Fresno State	5.32m	17-05.50
	4.72m 5.32m FOUL			
12	4199 Lagerwey, Matty	Western Washington	5.15m	16-10.75
	5.15m FOUL FOUL			
13	3325 Bliss, Allison	Hawai'i	5.13m	16-10.00
	5.12m 5.13m 5.10m			
14	3814 Ivery, La Kadron	Unattached	4.54m	14-10.75
	FOUL 4.54m FOUL			

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****Women Triple Jump**

=====						
Meet Record: M 13.71m		2008	Erica McLain, Stanford			
Dempsey Rec: R 13.91m		2/27/2016	Andrea Geubelle, Unattached			
Name	Year	School	Finals			
=====						
Flight 1						
1	3761	Johnson, Kennedy	UC Santa Barbara	12.44m	40-09.75	
		FOUL	11.83m 12.36m 12.44m	FOUL	12.44m	
2	3348	Wyllie, Tara	Hawai'i	12.42m	40-09.00	
		11.97m 12.28m 9.47m	FOUL 12.16m 12.42m			
3	4064	Heggen, Lauren	Washington	12.26m	40-02.75	
		FOUL 12.09m 12.26m 12.25m	FOUL 12.26m			
4	3115	Nwagwu, Melody	Cal Poly	11.97m	39-03.25	
		11.69m 11.75m 11.88m 11.73m	FOUL 11.97m			
5	3514	Flowers, Jayla	Sacramento State	11.90m	39-00.50	
		FOUL 11.41m 11.59m	FOUL 11.90m 11.43m			
6	3167	Bampali, Anastasia	Csun	11.74m	38-06.25	
		11.59m	FOUL 11.66m 11.74m 11.57m 11.47m			
7	3525	Ramos, Tamia	Sacramento State	11.72m	38-05.50	
		11.31m 11.56m 11.52m 11.44m 11.70m 11.72m				
8	3511	Davis, R'Kai	Sacramento State	11.45m	37-06.75	
		11.34m 11.43m ND 11.21m 11.45m 10.88m				
9	4081	Washburn, Ava	Washington	11.42m	37-05.75	
		FOUL 11.25m 11.41m 11.42m	FOUL FOUL			
10	3521	McElmurry, Audrey	Sacramento State	11.21m	36-09.50	
		11.21m 11.15m 11.16m				
11	3655	Wague, Manthia	Seattle	11.20m	36-09.00	
		11.20m 10.81m 10.90m				
12	3510	Croffet, Alexia	Sacramento State	11.15m	36-07.00	
		10.85m 11.15m 10.93m				
13	3654	Tibbo, Zoe	Seattle	10.63m	34-10.50	
		10.63m 10.37m 10.27m				
14	3563	Zilla, Margaret	Saint Martin's	9.65m	31-08.00	
		PASS FOUL 9.65m				
--	4120	Williams, Daj	Washington State	FOUL		
		FOUL FOUL FOUL				

**Women Shot Put**

=====						
Meet Record: M 18.51m		2/1/2014	Tia Brooks, Nike			
Dempsey Rec: R 18.98m		2/24/2018	Maggie Ewen, Arizona State			
Name	Year	School	Finals			
=====						
1	3345	Vital, Samaria	Hawai'i	14.09m	46-02.75	
		12.99m 12.54m 13.06m 12.29m 12.91m 14.09m				
2	3168	Britton, Amani	Csun	13.09m	42-11.50	
		FOUL 12.09m 13.09m 10.41m 10.79m 11.46m				
3	3333	Mackenzie, Jessica	Hawai'i	12.90m	42-04.00	
		12.63m 12.90m 12.68m				
4	3342	Sopoaga, Valo	Hawai'i	12.68m	41-07.25	
		12.68m 11.65m 11.64m				
5	3269	Harper, Emma	Fresno State	12.53m	41-01.50	
		12.43m	FOUL 12.53m			
6	3207	Fonoti, Dyvhon	Eastern Washington	12.40m	40-08.25	
		12.40m 11.91m 12.22m				

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****....Women Shot Put**

7	3516 Gaines, Deanna	Sacramento State	12.20m	40-00.50
	12.20m FOUL 12.12m			
8	3264 Bins, Kaja	Fresno State	12.01m	39-05.00
	11.84m 11.95m 12.01m			
9	3175 Kelpis, Brianna	Csun	11.69m	38-04.25
	FOUL 11.69m FOUL			
10	3518 Gordon, Hope	Sacramento State	11.62m	38-01.50
	11.62m 11.27m 11.44m			
11	3770 Swalve, Jessica	UC Santa Barbara	11.35m	37-03.00
	11.23m FOUL 11.35m			
12	3430 Moersdorf, Anneke	Oregon State	11.30m	37-01.00
	10.20m 10.44m 11.30m			
13	4205 Parks, Mara	Western Washington	11.21m	36-09.50
	10.80m 11.21m 11.19m			
14	3117 Rogers, Natalie	Cal Poly	11.16m	36-07.50
	11.16m FOUL FOUL			
15	3335 McDonald, Clara	Hawai'i	11.11m	36-05.50
	10.83m 10.87m 11.11m			
16	3804 Fetterley, Livii	Unattached	10.26m	33-08.00
	9.73m 9.62m 10.26m			
Flight 2				
1	4080 Tupu-South, Kaia	Washington	16.83m	55-02.75
	15.89m 16.81m 16.32m 16.38m 16.83m FOUL			
2	3265 Budwig, Jocelynn	Fresno State	14.41m	47-03.50
	13.32m FOUL 14.14m 14.41m 14.19m 13.94m			
3	3273 Johnson, Morgan	Fresno State	13.98m	45-10.50
	12.64m 13.98m 12.35m 12.93m FOUL 13.98m			
4	3326 Forshaw, Rose	Hawai'i	13.96m	45-09.75
	13.96m 13.62m 13.46m 13.93m 13.61m FOUL			
5	3266 DiPaola, Amelia	Fresno State	13.81m	45-03.75
	13.38m 13.75m FOUL 13.50m 13.81m 13.40m			
6	3337 Mohr, Hallee	Hawai'i	13.55m	44-05.50
	12.49m 13.07m 11.90m 12.85m 13.32m 13.55m			
7	4209 Potts, Katie	Western Washington	13.19m	43-03.25
	12.02m FOUL 13.03m FOUL 12.57m 13.19m			
8	3610 Gerhard, Lilly	San Francisco	12.73m	41-09.25
	FOUL 12.73m 12.72m			
9	3512 Espinoza, Breanna	Sacramento State	12.59m	41-03.75
	12.29m 12.49m 12.59m			
10	3206 Fonoti, Dyvhine	Eastern Washington	12.06m	39-07.00
	11.24m 12.06m FOUL			
11	3178 Shipp-Davis, Kathe	Csun	11.97m	39-03.25
	FOUL 11.97m 11.01m			
12	3173 Hutchinson, Emily	Csun	11.89m	39-00.25
	11.78m 11.79m 11.89m			
13	3745 Johnson, Marissa	SuperThrower	11.77m	38-07.50
	11.77m FOUL FOUL			
14	3522 Meder, Abigail R.	Sacramento State	11.75m	38-06.75
	FOUL FOUL 11.75m			
15	3222 Young, Bailey	Eastern Washington	11.04m	36-02.75
	FOUL FOUL 11.04m			

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****Women Weight Throw**

Meet Record: M 21.68m 2009 Loree Smith, NYAC

Dempsey Rec: R 22.73m 2/25/2022 Camryn Rogers, California

Name	Year	School	Finals
Flight 1			
1 3769 Spear, Amanda		UC Santa Barbara	16.85m 55-03.50
	16.52m 16.38m 16.04m	FOUL FOUL 16.85m	
2 3745 Johnson, Marissa		SuperThrower	15.34m 50-04.00
	15.34m FOUL 14.81m		
3 3173 Hutchinson, Emily		Csun	14.65m 48-00.75
	13.71m 13.28m 14.65m		
4 3345 Vital, Samaria		Hawai'i	14.39m 47-02.50
	14.14m 14.39m 13.91m		
5 4205 Parks, Mara		Western Washington	14.34m 47-00.75
	14.34m 13.89m 14.33m		
6 3709 Liniewski, Zuzanna		Simon Fraser	14.30m 46-11.00
	14.30m 12.83m 13.91m		
7 4159 Carpenter, Emillia		Western Oregon	14.02m 46-00.00
	13.81m 14.02m FOUL		
8 4167 Lyness, Liliana		Western Oregon	14.01m 45-11.75
	13.30m 13.77m 14.01m		
9 3217 Schloss, Kahlani		Eastern Washington	13.84m 45-05.00
	FOUL FOUL 13.84m		
10 3518 Gordon, Hope		Sacramento State	13.79m 45-03.00
	12.93m 13.59m 13.79m		
11 3342 Sopoaga, Valo		Hawai'i	12.90m 42-04.00
	FOUL 12.02m 12.90m		
12 3178 Shipp-Davis, Kathe		Csun	12.24m 40-02.00
	FOUL FOUL 12.24m		
13 3168 Britton, Amani		Csun	12.16m 39-10.75
	12.16m FOUL 11.43m		
14 4194 Franklin, Dorothy		Western Washington	11.62m 38-01.50
	11.62m FOUL FOUL		
15 3335 McDonald, Clara		Hawai'i	11.37m 37-03.75
	FOUL 10.98m 11.37m		
16 3169 Brown, Treasure		Csun	10.80m 35-05.25
	FOUL FOUL 10.80m		
Flight 2			
1 4051 Asoining, Beatric		Washington	21.36m 70-01.00
	19.99m 20.69m 21.06m 20.89m 20.57m 21.36m		
2 3272 Jackson, Cierra		Fresno State	18.95m 62-02.25
	18.50m FOUL 18.95m 18.69m FOUL 18.91m		
3 3269 Harper, Emma		Fresno State	18.02m 59-01.50
	18.02m 16.72m FOUL 17.08m 17.25m FOUL		
4 4058 Colson, Yvonne		Washington	18.00m 59-00.75
	FOUL 16.83m 17.28m 17.67m 18.00m FOUL		
5 3266 DiPaola, Amelia		Fresno State	17.65m 57-11.00
	16.67m 16.88m 17.39m 16.82m 17.65m 17.11m		
6 3337 Mohr, Hallee		Hawai'i	16.99m 55-09.00
	15.90m 16.29m FOUL FOUL 16.99m 16.58m		
7 3274 Lawson, Maria		Fresno State	16.81m 55-02.00
	16.81m 15.86m 16.32m 16.20m FOUL FOUL		
8 3522 Meder, Abigail R.		Sacramento State	15.71m 51-06.50
	15.71m FOUL FOUL 14.75m FOUL 14.61m		

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****....Women Weight Throw**

9	3338 Montanes i Arbo, M	Hawai'i	15.62m	51-03.00
	15.62m FOUL FOUL			
10	4209 Potts, Katie	Western Washington	15.52m	50-11.00
	FOUL 13.84m 15.52m			
11	3206 Fonoti, Dyvhine	Eastern Washington	15.44m	50-08.00
	15.38m 15.44m 15.27m			
12	3559 Saribay, Jocelyn	Saint Martin's	15.38m	50-05.50
	14.83m 15.35m 15.38m			
13	3512 Espinoza, Breanna	Sacramento State	14.53m	47-08.00
	14.53m FOUL FOUL			
14	3222 Young, Bailey	Eastern Washington	13.83m	45-04.50
	13.83m FOUL 13.53m			
15	3207 Fonoti, Dyvhon	Eastern Washington	12.89m	42-03.50
	FOUL FOUL 12.89m			
--	3516 Gaines, Deanna	Sacramento State	FOUL	
	FOUL FOUL FOUL			

**Men 60 Meter Dash**

=====  
 Meet Record: M 6.53 1/31/2015 Joe Morris, Unlimited Speed A  
 Dempsey Rec: R 6.50 2/14/2015 Ryan Bailey, Nike  
 Name Year School Prelims  
 =====

**Heat 1 Preliminaries**

1	3133 TeSelle, MacGregor	Cal Poly	6.85q
2	3674 Topinka, Tom	Seattle	7.28
3	3691 Boun, Brady	Seattle Pacific	7.40
4	3565 Boyd, Andrew	Saint Martin's	7.49
5	4263 Gignac, Rock	Seattle	7.74

**Heat 2 Preliminaries**

1	3975 Smith, Anthony	Unattached	6.90q
2	3350 Boyles, Jayden	Hifo Sports	7.05
3	3029 Angarita, Kevin	Alaska Anchorage	7.14
4	4254 Vongphet, Anouthai	Western Washington	7.25

**Heat 3 Preliminaries**

1	3374 Mabena, Willy	Multnomah (Ore.)	7.06
2	4175 Hendrix, Amari	Western Oregon	7.19
3	4229 Hong, Ethan	Western Washington	7.54
--	4090 Comin Pescador, Br	Washington	DQ

**Heat 4 Preliminaries**

1	3288 Wells Jr., RayRay	Glfc	6.68q
2	3443 Sanchez, Keola	Pacific Lutheran	6.93q
3	3878 Davis, Isaiah	Unattached	6.95
4	4178 Mitchell, Joshua	Western Oregon	7.13

**Heat 5 Preliminaries**

1	3238 Phennicie, Kristia	Eastern Washington	6.97
2	3136 Walter, Chase	Cal Poly	7.18
3	4174 Driesner, Alex	Western Oregon	7.36
4	4256 Windrope, Owen	Western Washington	7.52
5	3567 Carter, Kenneth	Saint Martin's	7.63

**Heat 6 Preliminaries**

1	3664 Holden, Kavon	Seattle	7.16
2	4215 Bishop, Ricky	Western Washington	7.33
3	3092 Green, Jah'Lin	Bushnell (Ore.)	7.36
4	4238 McQueen, Jaelin	Western Washington	7.73



**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****....Men 60 Meter Dash**

## Heat 7 Preliminaries

1	3372 Fornasari-Banguera	Multnomah (Ore.)	6.82q
2	3533 Bruce, Xavier	Sacramento State	7.04
3	4235 Le, Brian	Western Washington	7.08
4	3034 Jana, Riday	Alaska Anchorage	7.12
5	4231 Johnson, Jaden	Western Washington	7.21
6	3658 Chhor, Aaron	Seattle	7.59

## Heat 8 Preliminaries

1	3380 Roberts, Deron	Multnomah (Ore.)	6.81q
2	3851 Adekanbi, Dimeji	Unattached	6.82q
3	3552 Winger, Zachary	Sacramento State	7.03
4	3982 Suzuki, Kaito	Unattached	7.08
4	3242 Wild, Dalton	Eastern Washington	7.08
6	3038 Morris, Brian	Alaska Anchorage	7.27

## Heat 9 Preliminaries

1	3671 Rosario, Miguel	Seattle	6.78q
2	3377 Moore, Jaydon	Multnomah (Ore.)	7.02
3	3287 Lopez, Reymani	Glfc	7.24
4	3677 Zamora, JR	Seattle	7.28
5	4249 Seals, Austin	Western Washington	7.41

**Men 60 Meter Dash**

=====  
 Meet Record: M 6.53 1/31/2015 Joe Morris, Unlimited Speed A  
 Dempsey Rec: R 6.50 2/14/2015 Ryan Bailey, Nike

Name	Year	School	Finals
=====			
Section 1 Finals			
1	3380 Roberts, Deron	Multnomah (Ore.)	6.75
2	3851 Adekanbi, Dimeji	Unattached	6.81
3	3443 Sanchez, Keola	Pacific Lutheran	6.94
Section 2 Finals			
1	3288 Wells Jr., RayRay	Glfc	6.59
2	3671 Rosario, Miguel	Seattle	6.69
3	3372 Fornasari-Banguera	Multnomah (Ore.)	6.75
4	3975 Smith, Anthony	Unattached	6.91

**Men 200 Meter Dash**

=====  
 Meet Record: M 21.12 2011 Rubin Williams, Heritage TC  
 Dempsey Rec: R 20.65 2/25/2022 Kasaun James, USC

Name	Year	School	Finals
=====			
Section 1			
1	3095 Reiningger, Hunter	Bushnell (Ore.)	23.98
2	3092 Green, Jah'Lin	Bushnell (Ore.)	24.12
3	4177 Le, Teo	Western Oregon	24.37
Section 2			
1	4249 Seals, Austin	Western Washington	23.20
2	4229 Hong, Ethan	Western Washington	23.83
3	3037 Mandujano, Jesse	Alaska Anchorage	24.37
4	3575 Le, Christian	Saint Martin's	24.97
5	4238 McQueen, Jaelin	Western Washington	25.36
Section 3			
1	3255 Binns, Daniel	Fresno Pacific	22.98

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****....Men 200 Meter Dash**

2	4178 Mitchell, Joshua	Western Oregon	23.38
3	4222 Edwards, Jaden	Western Washington	23.50
4	3676 Wick, Connor	Seattle	25.34
Section 4			
1	4179 Murphy, Brennen	Western Oregon	22.85
2	3553 Yates, Jonathan	Sacramento State	23.15
3	3093 Hicks, Lucas	Bushnell (Ore.)	23.97
Section 5			
1	4228 Greenwalt, Ryan	Western Washington	22.26
2	3038 Morris, Brian	Alaska Anchorage	22.59
3	3034 Jana, Riday	Alaska Anchorage	22.71
Section 6			
1	3535 Cox, Malachi	Sacramento State	22.26
2	4257 Woodring, Maurice	Western Washington	22.49
3	4231 Johnson, Jaden	Western Washington	23.43
--	3257 Fox, Garrett	Fresno Pacific	DQ
Section 7			
1	3550 Rider, Nathan	Sacramento State	22.33
2	3350 Boyles, Jayden	Hifo Sports	23.22
3	3537 Fowlkes, Khalil	Sacramento State	23.28
4	4254 Vongphet, Anouthai	Western Washington	23.40
Section 8			
1	3381 Soto, Roderick	Multnomah (Ore.)	22.18
2	3284 Ortlieb, Bronson	Fresno State	22.77
3	3287 Lopez, Reymani	Glfc	23.21
4	4174 Driesner, Alex	Western Oregon	23.99
Section 9			
1	4235 Le, Brian	Western Washington	22.35
2	3242 Wild, Dalton	Eastern Washington	22.40
3	3533 Bruce, Xavier	Sacramento State	23.19
--	3368 Akpoli, Desire	Multnomah (Ore.)	DNF
Section 10			
1	3261 Palmer, Shemar	Fresno Pacific	21.68
2	3374 Mabena, Willy	Multnomah (Ore.)	21.97
3	3238 Phennicie, Kristia	Eastern Washington	22.29
4	3377 Moore, Jaydon	Multnomah (Ore.)	22.60

**Men 400 Meter Dash**

=====  
 Meet Record: M 46.43 2007 Alex Harcourt, Washington

Dempsey Rec: R 45.94 2/24/2018 Rai Benjamin, USC

Name	Year	School	Finals
===== Section 1			
1	4238	McQueen, Jaelin	Western Washington 57.75
Section 2			
1	3032	Grant, Morgan	Alaska Anchorage 53.19
2	3659	Eckart, Amadeus	Seattle 53.22
3	3043	Wiese, Benjamin	Alaska Anchorage 55.10
4	3037	Mandujano, Jesse	Alaska Anchorage 55.67
Section 3			
1	4256	Windrope, Owen	Western Washington 50.78
2	3577	Olmstead, Connor	Saint Martin's 52.41
3	3553	Yates, Jonathan	Sacramento State 52.55
4	3094	Kishen, Ty	Bushnell (Ore.) 55.17

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****....Men 400 Meter Dash**

## Section 4

1	4179 Murphy, Brennen	Western Oregon	50.53
2	4249 Seals, Austin	Western Washington	51.00
3	3442 Lemma, Grady	Pacific Lutheran	52.28
4	4222 Edwards, Jaden	Western Washington	52.51
5	3095 Reininger, Hunter	Bushnell (Ore.)	55.73

## Section 5

1	4257 Woodring, Maurice	Western Washington	49.18
2	3550 Rider, Nathan	Sacramento State	49.35
3	4219 Brenek, Lucas	Western Washington	50.78

## Section 6

1	3536 Dahdouh, Stephen	Sacramento State	50.85
2	3541 Hill, Irven	Sacramento State	50.98
3	3571 Franco, Zachary	Saint Martin's	52.51
--	3692 Carpenter, Evan	Seattle Pacific	DNF

## Section 7

1	3256 Cook, Zavian	Fresno Pacific	49.94
2	3481 Ombougno, Moe	Portland	50.35
--	3379 Richards, Raheem	Multnomah (Ore.)	DNF

## Section 8

1	3132 Souto, Joey	Cal Poly	48.61
2	3535 Cox, Malachi	Sacramento State	49.01
3	3029 Angarita, Kevin	Alaska Anchorage	49.25
4	3230 Lee, Rusty	Eastern Washington	52.53

## Section 9

1	4094 Frazier, Jonathan	Washington	48.38
2	4098 Hanley, Boden	Washington	48.44
3	3381 Soto, Roderick	Multnomah (Ore.)	48.47
4	4235 Le, Brian	Western Washington	49.29

## Section 10

1	4095 Gaik, Daniel	Washington	47.21
2	4088 Birchman, Jonathan	Washington	47.89
3	4110 Wilkinson, Matthew	Washington	48.05
4	3537 Fowlkes, Khalil	Sacramento State	50.24
5	4175 Hendrix, Amari	Western Oregon	50.29

**Men 800 Meter Run**

=====  
 Meet Record: M 1:46.93 1/28/2023 Elliott Cook, Oregon

Dempsey Rec: R 1:46.36 2/13/2010 Andrew Wheating, Oregon

Name Year School Finals

## Section 1

1	3590 Kitchen, Hunter	Salt Lake (Utah) CC	1:56.27
2	3489 Abade, Abdi	Portland State	1:56.44
3	3474 George, Austin	Portland	1:56.91
4	3593 Whitworth, Porter	Salt Lake (Utah) CC	1:57.07
5	3398 Murphy, Micah	Northwest (Wash.)	1:58.08
6	3490 Ahmed, Amir	Portland State	1:58.09
7	3192 Smith, Ethan	Csun	1:58.70
8	3592 Smith, Seth	Salt Lake (Utah) CC	1:58.74
9	3573 Higgins, Timmy	Saint Martin's	1:59.67
10	3578 Ortega, Noe	Saint Martin's	2:01.13
11	3591 Krikov, Aleksandr	Salt Lake (Utah) CC	2:01.21
12	3042 Senneff, Lance	Alaska Anchorage	2:04.47

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****....Men 800 Meter Run**

## Section 2

1	4182 Rodriguez, Isaiah	Western Oregon	1:53.18
2	3260 Olsen, Bo	Fresno Pacific	1:53.53
3	3480 Nordheim, Sully	Portland	1:53.56
4	4246 Riley, Cole	Western Washington	1:55.08
5	3164 Lee, Braydon	Corban (Ore.)	1:55.09
6	3447 Sealand, Joshua	Peninsula Di	1:55.47
7	3154 Hutton, Max	Central Washington	1:55.78
8	3239 Robert, Lucas	Eastern Washington	1:55.91
9	3193 Smith, Ja'Patrick	Csun	1:58.49
10	3867 Cesar, Avery	Unattached	1:59.50

## Section 3

1	3724 Carlin, Nathan	Southern Utah	1:51.07
2	3723 Allan, Kadan	Southern Utah	1:52.05
3	3185 Hall, Atticus	Csun	1:53.61
4	4172 Bohannon, Grant	Western Oregon	1:54.94
5	3587 Anspach, Finn	Salt Lake (Utah) CC	1:55.18
6	3263 Salas, Emanuel	Fresno Pacific	1:56.75
7	3234 Maxwell, Daniel	Eastern Washington	2:02.29
--	3064 Mghari, Anass	Boise State	DNF

## Section 4

1	4127 Gonzalez, Evan	Washington State	1:53.36
2	3226 Higgins, Owen	Eastern Washington	1:54.19
3	3483 Roberts, Yutaka	Portland	1:54.58
4	4217 Bloom, Jonah	Western Washington	1:55.57
5	3228 Kness, Alec	Eastern Washington	1:55.66
6	4042 Kauffman, Chris	Utah State	1:56.48

## Section 5

1	3785 Harrington, Angus	Ucla	1:50.62
2	4038 Benson, Brennan	Utah State	1:50.74
3	3890 Franklin, Baylor	Unattached	1:51.38
4	3390 Dick, Justice	North Dakota	1:51.96
5	3392 Nelson, Alec	North Dakota	1:52.43
6	3131 Smith, Carson	Cal Poly	1:53.12
7	3182 Contreras, Noah	Csun	1:54.73
8	3633 Scales, Alex	Santa Clara	1:56.97
--	4037 Armstrong, Josh	Utah State	DNF

**Men 1 Mile Run**

=====  
 Meet Record: M 3:51.90 1/27/2023 Joe Waskom, Washington

Dempsey Rec: R 3:51.90 1/27/2023 Joe Waskom, Washington

Name	Year	School	Finals
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=====

## Section 1

1	3748 Benjamin, Isaac	Thriller Tra	4:41.03
2	3990 Udo, Kenenisa	Unattached	4:59.17
3	3085 Williams, Caden	Bryant Bandits	5:33.61
4	3857 Berg, Dale	Unattached	5:39.21
5	3936 McGrew, Scott	Unattached	5:45.08
6	4001 Yezefski, Todd	Unattached	5:47.90
7	3501 Hoopes, Desmond	Rain City Flyers	6:04.30
8	3983 Syed, Rehan	Unattached	6:28.85
9	3989 Toth, Peter	Unattached	6:28.91
10	3498 Brauer, Seth	Rain City Flyers	6:54.73

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****....Men 1 Mile Run**

11	3957 Patel, Shubham	Unattached	7:07.91
12	3980 Stonkus, Army	Unattached	7:16.23
13	3310 Kwiatkowski, Larry	Greater Bellingh	7:23.94
14	3962 Pratt, Calvin	Unattached	7:51.34
15	3864 Campbell, Jamie	Unattached	7:55.41

## Section 2

1	3881 Dillon, Parker	Unattached	5:19.40
2	3924 Loftus, Kaden	Unattached	5:19.40
3	3159 Dizon, Richard	Club Run Seattle	5:21.20
4	3906 Houser, Chris	Unattached	5:23.20
5	3987 Thompson, Trevor	Unattached	5:25.61
6	3162 Roman, Brian	Club Run Seattle	5:25.94
7	3084 Roehl, Brenden	Bryant Bandits	5:26.11
8	3356 Calva, Gabriel	Husky Run Club	5:26.87
9	4002 Yorges, Chris	Unattached	5:28.09
10	3996 Wager, Emery	Unattached	5:30.84
11	3083 Mariorenzi, Sean	Bryant Bandits	5:34.13
12	3500 Hale, Oliver	Rain City Flyers	5:35.23
13	3984 Tait, Cache	Unattached	5:37.88
14	3245 Winmill, Jeffrey	Federal Way Track	5:39.04
15	3877 Davis, Grant	Unattached	5:40.57
16	3923 Lim, Jayden	Unattached	5:43.38
--	3499 Charles, Conrad	Rain City Flyers	DNF

## Section 3

1	4004 Zoltak, Miles	Unattached	4:55.80
2	3147 Tasky, Ian	Cascade Striders	4:56.40
3	3360 Hunt, Christopher	Husky Run Club	4:58.48
4	3354 Bartolome, Dean	Husky Run Club	4:59.26
5	3853 Ancell, Ethan	Unattached	5:02.15
6	3311 Adams, Carter	Green Lake Harriers	5:06.32
7	3357 Cheng, Victor	Husky Run Club	5:07.87
8	3740 Piper, Jonathan	Squalicum	5:08.86
9	3950 Nguyen, Joshua	Unattached	5:09.16
10	3861 Bush, Reid	Unattached	5:13.42
11	3353 Amyeen, Zareef	Husky Run Club	5:19.62
12	3396 Elliott, Brady	Northwest (Wash.)	5:19.82
13	3160 Le, Albert	Club Run Seattle	5:20.49
14	3739 Knudsen, Thomas	Squalicum	5:24.36
15	3858 Blair, Conner	Unattached	5:26.09
16	4264 Lloyd Howard, Klac	Husky Run Club	5:26.64
17	3949 Nguyen, Aiden	Unattached	5:28.35
18	3961 Pratt, Alex	Unattached	5:28.42
19	3161 Olsen, Cody	Club Run Seattle	5:34.21

## Section 4

1	3954 Olson, Ronan	Unattached	4:48.04
2	3992 Usman Jr., Denzel	Unattached	4:51.61
3	3901 Grigg, Coolidge	Unattached	4:54.13
4	3958 Petersen, Kale	Unattached	4:55.43
5	3953 Odom, Trevor	Unattached	4:56.04
6	3914 Kaufmann, Karsten	Unattached	4:57.01
7	3044 Stroman, Marcus	Bainbridge	5:00.10
8	3860 Bunker, Finn	Unattached	5:00.72
9	3316 Matlick, Benjamin	Green Lake Harriers	5:00.87
10	3317 Mazza, Jackson	Green Lake Harriers	5:01.56
11	3991 Urquhart, Ethan	Unattached	5:02.32

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****....Men 1 Mile Run**

12	3902	Haffey, Sean	Unattached	5:02.43
13	3870	Collins, Hunter	Unattached	5:03.64
14	3998	Welliver, Dawson	Unattached	5:05.43
15	3865	Cashion, Joshua	Unattached	5:05.93
16	3921	Levitt, James	Unattached	5:09.36
17	3738	Horton, Kamyar	Squalicum	5:12.31
18	3244	Kolsrud, Gabriel	Federal Way Track	5:17.32
--	3355	Bass, Austin	Husky Run Club	DNF

## Section 5

1	3313	Davis, Zach	Green Lake Harriers	4:40.46
2	3927	Loya, Henry	Unattached	4:43.83
3	3918	Laursen, Nathaniel	Unattached	4:43.86
4	3749	Morris, Connor	Thriller Tra	4:46.33
5	3907	Howard, Nash	Unattached	4:46.40
6	3972	Shillito, Kingston	Unattached	4:46.78
7	3920	Leary, Mikah	Unattached	4:48.15
8	3933	Mangrum, Owen	Unattached	4:48.59
9	3312	Campbell, Huston	Green Lake Harriers	4:49.55
10	3081	Koenigs, Chase	Bryant Bandits	4:50.16
11	3993	Valdman, Charles	Unattached	4:50.30
12	3889	Florence, Austen	Unattached	4:53.52
13	3322	Yu, RJ	Green Lake Harriers	4:57.16
14	3318	Oliver, Brooks	Green Lake Harriers	4:58.19
15	3977	Southerland, Finn	Unattached	4:58.77
16	3964	Rennie, Silas	Unattached	4:59.56
17	3926	Lowe, Travis	Unattached	5:18.13

## Section 6

1	4261	Cook, Ian	Unattached	4:35.76
2	3359	He, Daniel	Husky Run Club	4:36.85
3	3695	Franco, Kade	Seattle Pacific	4:39.11
4	3932	Mangrum, Ben	Unattached	4:40.38
5	3862	Cabanier, Jasper	Unattached	4:41.15
6	3930	Maclean, Craig	Unattached	4:41.26
7	3873	Coon, Ethan	Unattached	4:41.32
8	3694	Endresen, Gabe	Seattle Pacific	4:41.98
9	3852	Alspach, Seamus	Unattached	4:43.57
10	3885	Dreher, Jonathan	Unattached	4:43.76
11	3946	Montgomery, Kaj	Unattached	4:44.11
12	3872	Comer, Brian	Unattached	4:45.19
13	3696	Gale, Nathaniel	Seattle Pacific	4:45.96
14	3670	Razo-Castaneda, Di	Seattle	4:48.31
15	3358	Goodbody, Marcus	Husky Run Club	4:48.81
16	3871	Collins, Sam	Unattached	4:49.24
17	3570	Dhatt, Jaskaran	Saint Martin's	4:49.65
18	3997	Wallack, Douglas	Unattached	4:52.02
19	3394	Blair, Trevor	Northwest (Wash.)	5:01.53

## Section 7

1	3262	Resendez, Jacob	Fresno Pacific	4:20.37
2	3702	Venable, Isaac	Seattle Pacific	4:28.54
3	3886	Eide, Lars	Unattached	4:28.82
4	3071	Hartshorn, Findlay	Bolt Track a	4:29.11
5	3569	Dale, Eli	Saint Martin's	4:29.65
6	4240	Norman, Anders	Western Washington	4:31.06
7	3854	Ashby, Ethan	Unattached	4:31.22
8	3693	Demmert, Silas	Seattle Pacific	4:33.76

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****....Men 1 Mile Run**

9	3395	Darrah, Gavin	Northwest (Wash.)	4:34.51
10	3700	Lieb, Jonathan	Seattle Pacific	4:35.62
11	3573	Higgins, Timmy	Saint Martin's	4:35.68
12	3564	Blackburn, Jaydon	Saint Martin's	4:38.48
13	3668	Loeffelman, Aidan	Seattle	4:39.25
14	3937	McInelly, Kellen	Unattached	4:39.97
15	3314	Demick, Ryker	Green Lake Harriers	4:40.41
16	3574	Jacklin, Aric	Saint Martin's	4:41.57
17	3973	Sine, Riley	Unattached	4:42.40
18	3572	Harwell, Michael	Saint Martin's	4:45.54
Section 8				
1	3483	Roberts, Yutaka	Portland	4:18.52
2	3473	Delacruz, Evan	Portland	4:19.12
3	3480	Nordheim, Sully	Portland	4:19.62
4	4252	Tobon Sanchez, Edu	Western Washington	4:21.35
5	3253	Banuelos, Bryan	Fresno Pacific	4:21.61
6	3723	Allan, Kadan	Southern Utah	4:23.51
7	3698	LeBlanc, Brennan	Seattle Pacific	4:24.55
8	4243	Parnow, TJ	Western Washington	4:26.07
9	3941	Mikkelson, Thomas	Unattached	4:26.34
10	3493	Stanley, Liam	Prairie Inn	4:27.38
11	3675	Wagnild, Parker	Seattle	4:27.79
12	4241	O Day, Cale	Western Washington	4:28.61
13	3931	Mandi, Mark	Unattached	4:28.62
14	4258	Zeljak, Spencer	Western Washington	4:29.44
15	3657	Barreto, Dan	Seattle	4:29.79
16	3042	Senneff, Lance	Alaska Anchorage	4:30.37
17	3703	Billett, Max	Shoreline Tr	4:30.47
18	4246	Riley, Cole	Western Washington	4:31.02
19	3578	Ortega, Noe	Saint Martin's	4:34.74
20	3863	Caiyem, Zev	Unattached	4:36.47
Section 9				
1	3978	Spurling, Lucas	Unattached	4:29.10
2	3908	Huarte, Jack	Unattached	4:29.29
3	4000	Yahn, Alex	Unattached	4:30.06
4	3970	Sanders, Seku	Unattached	4:32.10
5	3916	Kolenski, Andrew	Unattached	4:33.40
6	3999	Whitten, Eamon	Unattached	4:34.53
7	3985	Tait, Henry	Unattached	4:35.48
8	3867	Cesar, Avery	Unattached	4:36.38
9	3919	Lawrence, Matthew	Unattached	4:36.90
10	3735	Freese, Caughnery	Spokane Merc	4:38.48
11	3866	Caspary, Ezra	Unattached	4:41.50
12	3938	McIntosh, Elliot	Unattached	4:41.64
13	3986	Thomas, Noah	Unattached	4:45.08
14	3928	Lucas, Benjamin	Unattached	4:45.40
15	3947	Mounir, Toto	Unattached	4:45.80
16	3910	Jakuc, Joachim	Unattached	4:46.93
--	4259	Powell, Owen	Unattached	DNF
Section 10				
1	4251	Souza-Ponce, Eric	Western Washington	4:20.68
2	3669	Mason, Lance	Seattle	4:22.80
3	4216	Blinn, Jason	Western Washington	4:23.83
4	4245	Reiss, Luke	Western Washington	4:25.69
5	3260	Olsen, Bo	Fresno Pacific	4:26.76

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****....Men 1 Mile Run**

6	3705 Gillingham, Luke	Shoreline Tr	4:26.97
7	3399 Ransford, Jarron	Northwest (Wash.)	4:30.70
8	3397 Kopatich, Jack	Northwest (Wash.)	4:32.10
9	3876 Davila, Nicolas	Unattached	4:32.71
--	3663 Hirsi, Khalid	Seattle	DNF
Section 11			
1	3629 Ho, Andrew	Santa Clara	4:18.29
2	3263 Salas, Emanuel	Fresno Pacific	4:19.52
3	3922 Li, Ben	Unattached	4:20.92
4	3896 Gill, Rajesh	Unattached	4:23.55
5	4176 Kemper, Jordan	Western Oregon	4:27.54
6	3750 Baker, Jackson	Timberline A	4:28.04
7	3667 Jensen, Alex	Seattle	4:28.56
8	4172 Bohannon, Grant	Western Oregon	4:31.47
9	4224 Fernandez, George	Western Washington	4:31.50
Section 12			
1	3880 Dickson, Marcus	Unattached	4:12.61
2	3905 Henzke, Jack	Unattached	4:13.98
3	3319 Recuperero, Vincent	Green Lake Harriers	4:14.56
4	3981 Stuphan, Adrian	Unattached	4:15.00
5	3502 Kitchen, Tayvon	Rogue Valley	4:20.30
6	3855 Atrosh, Hudson	Unattached	4:21.50
7	3894 Garnica, Shaun	Unattached	4:22.04
8	3967 Rickey, Connor	Unattached	4:23.95
9	3942 Miracle, Maxwell	Unattached	4:31.43
10	3883 Doddington, Caleb	Unattached	4:31.65
11	3904 Headley, Grant	Unattached	4:34.11
12	3897 Goode, Nathan	Unattached	4:34.33
Section 13			
1	3297 Braz, Nick	Gonzaga	4:12.84
2	3661 Franklin, Alex	Seattle	4:13.01
3	3231 Lemon, Marcus	Eastern Washington	4:13.95
4	3626 Cough, Austin	Santa Clara	4:15.55
5	3579 Pagente, Kainalu	Saint Martin's	4:16.33
6	4221 Clough, Ryan	Western Washington	4:16.44
7	3470 Andrews, Kevin	Portland	4:17.22
8	3974 Singer, Logan	Unattached	4:17.44
9	3713 Schoening, Benjami	Simon Fraser	4:17.86
10	3165 Moha, Zander	Corban (Ore.)	4:18.83
11	3706 Mamiya, Keiyu	Shoreline Tr	4:20.77
12	3704 Erhart, Otto	Shoreline Tr	4:20.78
13	3477 Kennedy, Connor	Portland	4:21.03
14	3944 Monaghan, Colin	Unattached	4:21.14
15	4255 Werner, Logan	Western Washington	4:23.80
--	3588 Fitiao, Cuauhtemoc	Salt Lake (Utah) CC	DNF
Section 14			
1	3301 Kissell, Mason	Gonzaga	4:11.73
2	3478 Lantz, Nate	Portland	4:14.05
3	3623 Berg, Kyle	Santa Clara	4:14.39
4	4236 Lingwall, Sam	Western Washington	4:14.58
5	3308 Talens, Paul	Gonzaga	4:14.92
6	3309 Thorsett, Will	Gonzaga	4:15.15
7	3627 Fesslmeier, Mateo	Santa Clara	4:16.67
8	3712 Bogale, Kirubel	Simon Fraser	4:18.68
9	3995 VanDooren, Tyler	Unattached	4:18.90



**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****....Men 1 Mile Run**

10	4218	Brakstad, Sten	Western Washington	4:19.71
11	3471	Buckley, Teddy	Portland	4:20.04
12	4223	Eifert, Ian	Western Washington	4:21.47
13	3304	Moore, Riley	Gonzaga	4:21.96
14	3868	Chapman, Tomas	Unattached	4:28.20
--	4248	Rutledge, Leo	Western Washington	DNF

## Section 15

1	3303	Mitchell, Ryan	Gonzaga	4:12.84
2	3482	Racle, Daniel	Portland	4:13.77
3	3724	Carlin, Nathan	Southern Utah	4:13.81
4	3295	Alfonso, Jacob	Gonzaga	4:14.38
5	3296	Anderson, Samy	Gonzaga	4:14.95
6	3714	Wadhvani, Jacob	Simon Fraser	4:15.59
7	3963	Rees-Jones, Mitche	Unattached	4:15.97
8	3235	Mcchesney, Cam	Eastern Washington	4:16.17
9	3074	Goff, Micah	Bowerman Track	4:17.24
10	3979	Stein, Nathan	Unattached	4:18.06
11	3285	Saleh, Mohamed	Fresno State	4:18.38
12	3302	Kolodge, Drew	Gonzaga	4:19.96
13	3909	Hupke, Jacob	Unattached	4:23.61
14	3925	Louwerse, Noah	Unattached	4:24.29
15	3630	Johnson, Luke	Santa Clara	4:26.38
16	3965	Reynolds, Blake	Unattached	4:30.27

## Section 16

1	3300	Geiger, Samuel	Gonzaga	4:07.10
2	3068	Tolbert, Jack	Boise State	4:07.54
3	4122	Barsaiya, Brian	Washington State	4:07.55
4	4183	Sanchez, Keeton	Western Oregon	4:07.61
5	3057	Apperson, Austen	Boise State	4:07.93
6	3450	Capetillo, Salvador	Performance	4:09.64
7	4136	Swanson, Leif	Washington State	4:11.32
8	3305	Mukai, Carp	Gonzaga	4:12.10
9	4131	Limo, Kelvin	Washington State	4:12.26
10	3298	Cerkowniak, Bryce	Gonzaga	4:14.33
11	3672	Sauers, Yonas	Seattle	4:16.30
12	4128	Klus, Emmett	Washington State	4:16.75
13	3122	Bazerkanian, Jonah	Cal Poly	4:17.04
14	3547	Moreno, Brandon	Sacramento State	4:19.26
15	4129	Langford, Kellen	Washington State	4:19.31
16	3662	Harquail, Gus	Seattle	4:23.89
--	4036	Armstrong, Caleb	Utah State	DNF

## Section 17

1	3730	Labra, Isaiah	Southern Utah	4:02.33
2	3912	Kaines, Dalton	Unattached	4:07.59
3	3628	Fischer, Spencer	Santa Clara	4:07.75
4	3725	Cragun, Coleman	Southern Utah	4:08.66
5	3066	Sproul, Fraser	Boise State	4:09.84
6	4141	Anderson, Bryce	Weber State	4:10.16
7	3875	Corvin, Cruize	Unattached	4:10.85
8	4181	Pomrankey, Easton	Western Oregon	4:11.19
9	3971	Schneider, Will	Unattached	4:12.95
10	3892	Fykerud, Eric	Unattached	4:13.12
11	3153	Correa, Johan	Central Washington	4:13.26
12	3624	Chilcott, Harvey	Santa Clara	4:15.64
13	3917	Kolor, Michael	Unattached	4:16.05

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****....Men 1 Mile Run**

14	3913 Kary, Gabriel	Unattached	4:17.27
15	3732 Peel, Logan	Southern Utah	4:17.62
--	4045 Nelson, Spencer	Utah State	DNF
Section 18			
1	4093 Distel, Jamar	Washington	4:05.16
2	3893 Gannon, Trey	Unattached	4:07.71
3	3503 Tostenson, Josiah	Rogue Valley	4:07.96
4	3959 Pick, Henry	Unattached	4:09.41
5	4142 Blanchard, Colter	Weber State	4:09.42
6	3067 Thompson, Alex	Boise State	4:10.21
7	3783 Dance, Harrison	Ucla	4:10.72
8	3076 Lakeman, Aaron	Bowerman Track	4:11.38
9	3468 Abdala, Daniel	Portland	4:11.85
10	3731 Larsen, Lanse	Southern Utah	4:12.03
11	3127 Downs, Tyler	Cal Poly	4:12.40
12	4133 Ortega-gammill, Ky	Washington State	4:12.45
13	3077 Martinez, Jacob	Bowerman Track	4:13.10
14	3934 Martinez, Moises	Unattached	4:17.52
--	4085 Affolder, Sam	Washington	DNF
--	3476 Kabasenche, Eliaso	Portland	DNF
--	4048 Wehrli, Max	Utah State	DNF
Section 19			
1	4101 Jenkins, Evan	Washington	4:01.84
2	4237 McDermott, Kevin	Western Washington	4:02.13
3	4035 Altice, Bridger	Utah State	4:03.63
4	4144 Gagnon, Kelton	Weber State	4:04.18
5	3137 Westwood, Lewis	Cal Poly	4:05.39
6	3911 Janke, Justin	Unattached	4:06.03
7	4041 Hogan, Drew	Utah State	4:06.36
8	3637 Twyman, Ian	Santa Clara	4:07.46
9	3900 Gravel, Christian	Unattached	4:09.47
10	3859 Briggs, Isaac	Unattached	4:09.75
11	4125 Emerson, Aiden	Washington State	4:16.53
12	3075 Howard, Chase	Bowerman Track	4:22.76
--	3061 Graham-Marr, Tom	Boise State	DNF
Section 20			
1	3123 Caudillo, Chris	Cal Poly	4:03.42
2	3065 Newman, Ollie	Boise State	4:04.02
3	3632 Russell, Nicholas	Santa Clara	4:04.37
4	3485 Sado, Ahmed	Portland	4:04.81
5	3726 Feeny, Travis	Southern Utah	4:04.86
6	3472 Chaston, Thomas	Portland	4:05.66
7	3898 Gorze, Tyrone	Unattached	4:06.17
8	3727 Gaitan, Santiago	Southern Utah	4:06.74
9	3879 Diamond, Thomas	Unattached	4:07.24
10	3289 Harrison, Christia	Golden Coast Tra	4:07.60
11	4039 Crandall, Mark	Utah State	4:08.27
12	4145 Gailson, Hanokh	Weber State	4:09.02
13	3078 Sealand, Daniel	Bowerman Track	4:13.81
--	3890 Franklin, Baylor	Unattached	DNF
Section 21			
1	3486 Strangio, Matt	Portland	3:55.53
2	3939 Mcluckie, Henry	Unattached	3:56.56
3	3891 Franks, Mac	Unattached	3:57.70
4	3307 Smith, Wil	Gonzaga	3:58.81

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****....Men 1 Mile Run**

5	3786 Mireles, Michael	Ucla	3:58.95
6	3385 Centrowitz, Matthe	Nike	3:59.34
7	3129 Pickren, Spencer	Cal Poly	3:59.38
8	3484 Ruiz, Estanis	Portland	4:00.81
9	3446 Olley, Christopher	Peninsula Di	4:03.14
10	3856 Avila, Eric	Unattached	4:04.20
11	3948 Mwaura, James	Unattached	4:06.42
--	4260 Laird, Will	Unattached	DNF

## Section 22

1	4099 Houser, Luke	Washington	3:51.73M
2	3915 Kidder, Brannon	Unattached	3:53.09
3	4109 Waskom, Joe	Washington	3:53.64
4	4097 Green, Nathan	Washington	3:53.74
5	4105 McMahan-Staggs, Ro	Washington	3:54.61
6	3405 Ellis, Sam	On Running	3:56.38
7	4092 Daschbach, Leo	Washington	3:58.18
8	3895 Gay, John	Unattached	3:58.50
--	4096 Gibson, Eric	Washington	DNF

**Men 3000 Meter Run**

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 Meet Record: M 7:44.20 2014 Lawi Lalang, Arizona  
 Dempsey Rec: R 7:40.40 1/13/2024 Luke Houser, Washington

Name	Year	School	Finals
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## Section 1

1	3296 Anderson, Samy	Gonzaga	8:23.35
2	3731 Larsen, Lanse	Southern Utah	8:23.99
3	4036 Armstrong, Caleb	Utah State	8:26.33
4	3547 Moreno, Brandon	Sacramento State	8:26.86
5	3478 Lantz, Nate	Portland	8:27.75
6	3309 Thorsett, Will	Gonzaga	8:31.15
7	3031 Elliott, Ty	Alaska Anchorage	8:34.66
8	3470 Andrews, Kevin	Portland	8:34.85
9	3588 Fitiao, Cuauhtemoc	Salt Lake (Utah) CC	8:34.99
10	3732 Peel, Logan	Southern Utah	8:35.04
11	3035 Kohler, Zachary	Alaska Anchorage	8:36.93
12	3473 Delacruz, Evan	Portland	8:37.14
13	3194 Torres, Camilo	Csun	8:37.85
14	4255 Werner, Logan	Western Washington	8:38.99
15	3305 Mukai, Carp	Gonzaga	8:40.58
16	3477 Kennedy, Connor	Portland	8:43.08
17	3631 Mulvany, Brendan	Santa Clara	8:44.21
18	3636 Trepanier, Nico	Santa Clara	8:44.89
19	3304 Moore, Riley	Gonzaga	8:45.90
20	4226 Gillingham, Jeret	Western Washington	8:47.72
21	3673 Sundt, Zack	Seattle	9:01.51
22	3479 Law, Paul	Portland	9:08.15

## Section 2

1	3303 Mitchell, Ryan	Gonzaga	8:15.42
2	3308 Talens, Paul	Gonzaga	8:16.74
3	3057 Apperson, Austen	Boise State	8:16.76
4	3389 Burns, Jamie	North Dakota	8:17.67
5	3066 Sproul, Fraser	Boise State	8:18.41
6	3231 Lemon, Marcus	Eastern Washington	8:18.41

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****....Men 3000 Meter Run**

7	3882 Dinsdale, Cole	Unattached	8:19.76
8	3297 Braz, Nick	Gonzaga	8:20.55
9	3253 Banuelos, Bryan	Fresno Pacific	8:20.68
10	3295 Alfonso, Jacob	Gonzaga	8:22.65
11	3125 DeVries, Jude	Cal Poly	8:24.35
12	3299 Clarkson, Sawyer	Gonzaga	8:24.97
13	3062 Mackay, Matty	Boise State	8:26.36
14	3235 Mcchesney, Cam	Eastern Washington	8:27.01
15	4037 Armstrong, Josh	Utah State	8:27.58
16	4236 Lingwall, Sam	Western Washington	8:30.96
17	3625 Collins, Benjamin	Santa Clara	8:39.34
18	3262 Resendez, Jacob	Fresno Pacific	8:40.90
19	3398 Murphy, Micah	Northwest (Wash.)	8:46.53

## Section 3

1	4122 Barsaiya, Brian	Washington State	8:09.47
2	4049 Damian, Daniel	Victoria (B.C.)	8:10.75
3	3126 Dimick, Aidan	Cal Poly	8:11.15
4	3060 Graham, Christian	Boise State	8:11.22
5	4144 Gagnon, Kelton	Weber State	8:11.41
6	3301 Kissell, Mason	Gonzaga	8:13.15
7	3635 Singh, Ishaan	Santa Clara	8:13.15
8	3391 Labatte, Luke	North Dakota	8:13.45
9	3912 Kaines, Dalton	Unattached	8:13.86
10	3300 Geiger, Samuel	Gonzaga	8:15.00
11	4131 Limo, Kelvin	Washington State	8:16.55
12	3469 Anderson, Chris	Portland	8:18.62
13	4232 Karamitsos, George	Western Washington	8:21.04
14	4050 Kuipers, Anton	Victoria (B.C.)	8:26.06
15	3059 Durant, Alex	Boise State	8:27.40
16	3447 Sealand, Joshua	Peninsula Di	8:29.59
17	3981 Stuphan, Adrian	Unattached	8:32.20
18	3063 McIntyre, Murdoch	Boise State	8:32.71

## Section 4

1	4148 Winter, Bronson	Weber State	8:03.98
2	3503 Tostenson, Josiah	Rogue Valley	8:06.88
3	3468 Abdala, Daniel	Portland	8:07.47
4	4045 Nelson, Spencer	Utah State	8:08.81
5	3943 Mitchem, Jake	Unattached	8:09.01
6	4091 Crabtree, James	Washington	8:12.78
7	3482 Racle, Daniel	Portland	8:12.88
8	3298 Cerkowski, Bryce	Gonzaga	8:13.31
9	3302 Kolodge, Drew	Gonzaga	8:13.74
10	3960 Poynter, Bobby	Unattached	8:14.15
11	3784 Gibson, Conor	Ucla	8:15.12
12	4136 Swanson, Leif	Washington State	8:19.28
13	3875 Corvin, Cruize	Unattached	8:19.57
14	4085 Affolder, Sam	Washington	8:22.95
15	3471 Buckley, Teddy	Portland	8:44.71
--	3589 Harris, JaQuavious	Salt Lake (Utah) CC	DNF

## Section 5

1	3939 Mcluckie, Henry	Unattached	7:47.18
2	3895 Gay, John	Unattached	7:48.07
3	3307 Smith, Wil	Gonzaga	7:49.67
4	3384 Bienenfeld, Aaron	Nike	7:50.72
5	4101 Jenkins, Evan	Washington	7:51.95

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****....Men 3000 Meter Run**

6	4147 Visser, Peter	Weber State	7:53.99
7	4093 Distel, Jamar	Washington	7:55.29
8	3898 Gorze, Tyrone	Unattached	7:55.50
9	3061 Graham-Marr, Tom	Boise State	7:55.83
10	3065 Newman, Ollie	Boise State	7:59.62
11	3879 Diamond, Thomas	Unattached	8:08.48
12	3039 Nash, Cole	Alaska Anchorage	8:20.53
--	3351 Anderson, Tom	Hoka	DNF
--	3856 Avila, Eric	Unattached	DNF

**Men 5000 Meter Run**

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Meet Record:	M 13:28.00	2/12/2021	Conner Mantz, BYU
Dempsey Rec:	R 13:21.85	2/11/2022	Ky Robinson, Stanford
Name	Year	School	Finals
=====			

## Section 1

1	4046 Simmons, Johnathan	Utah State	14:14.21
2	4040 Hill, Bryce	Utah State	14:14.89
3	3725 Cragun, Coleman	Southern Utah	14:16.70
4	4044 Nelson, Eric	Utah State	14:18.53
5	3976 Smith, Bailey	Unattached	14:34.68
6	3593 Whitworth, Porter	Salt Lake (Utah) CC	14:40.41
7	3592 Smith, Seth	Salt Lake (Utah) CC	14:42.56
8	3591 Krikov, Aleksandr	Salt Lake (Utah) CC	14:45.51
9	3040 Peckham, John	Alaska Anchorage	14:46.36
10	4218 Brakstad, Sten	Western Washington	14:50.69
11	3729 Jones, Max	Southern Utah	14:52.32
12	4043 Megargel, Jedediah	Utah State	14:53.03
13	4242 Oslin, Andrew	Western Washington	14:58.65
14	3491 Grams, Zachary	Portland State	15:09.22
--	4262 Harman, Darren	Oiselle	DNF

## Section 2

1	3589 Harris, JaQuavious	Salt Lake (Utah) CC	13:40.92
2	3730 Labra, Isaiah	Southern Utah	13:46.95
3	4237 McDermott, Kevin	Western Washington	13:50.77
4	3726 Feeny, Travis	Southern Utah	13:51.84
5	3450 Capetillo, Salvado	Performance	13:53.67
6	4048 Wehrli, Max	Utah State	13:55.49
7	3590 Kitchen, Hunter	Salt Lake (Utah) CC	14:12.25
8	4047 Todd, Camren	Utah State	14:23.46
9	3587 Anspach, Finn	Salt Lake (Utah) CC	14:30.29
10	3727 Gaitan, Santiago	Southern Utah	14:30.58
11	3475 Hosbein, Nolan	Portland	14:32.95
12	3955 Palmer, Aidan	Unattached	14:33.34
13	4143 Davis, Ty	Weber State	14:34.55
14	3502 Kitchen, Tayvon	Rogue Valley	14:34.89
15	4221 Clough, Ryan	Western Washington	14:36.32
16	4146 Kallgren, Wesley	Weber State	14:46.38
--	4038 Benson, Brennan	Utah State	DNF

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****Men 60 Meter Hurdles**

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=====
Meet Record: M 7.61 2014          Ashton Eaton, Nike
Dempsey Rec: R 7.60 2016          Devon Allen, Johnny Brackins,
Name                               Year School                    Prelims
=====

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**Heat 1 Preliminaries**

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1 3259 Jimenez, Kalobe           Fresno Pacific                 8.13q
2 3254 Bates, Cullin             Fresno Pacific                 8.24q
3 3534 Charlton, Jack            Sacramento State               8.30
4 3036 Larsen, Anders            Alaska Anchorage              9.06
5 3041 Robertson, Felix         Alaska Anchorage              9.07

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**Heat 2 Preliminaries**

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1 3869 Cheung, Jackson           Unattached                    7.97q
2 4094 Frazier, Jonathan         Washington                     8.22q
3 4173 Conklin, Justin          Western Oregon                 8.34
4 3532 Braun, Joshua             Sacramento State               8.75

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**Heat 3 Preliminaries**

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1 3552 Winger, Zachary           Sacramento State               8.24q
2 4124 Duskin, Parker            Washington State               8.35
3 3241 Teevens, Cody            Eastern Washington             8.56
4 4222 Edwards, Jaden           Western Washington             8.66

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**Heat 4 Preliminaries**

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1 4107 Schlueter, Jami          Washington                     8.15q
2 4225 Flick, Hunter            Western Washington             8.22q
3 3230 Lee, Rusty               Eastern Washington             8.52
4 3565 Boyd, Andrew             Saint Martin's                 8.71

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**Heat 5 Preliminaries**

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1 4090 Comin Pescador, Br       Washington                     8.07q
2 3536 Dahdouh, Stephen         Sacramento State               8.41
3 3134 Tsang, Kin Ho            Cal Poly                       8.59
4 4215 Bishop, Ricky            Western Washington             9.74

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**Men 60 Meter Hurdles**

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=====
Meet Record: M 7.61 2014          Ashton Eaton, Nike
Dempsey Rec: R 7.60 2016          Devon Allen, Johnny Brackins,
Name                               Year School                    Finals
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**Section 1 Finals**

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1 3552 Winger, Zachary           Sacramento State               8.01
2 4225 Flick, Hunter            Western Washington             8.16
-- 3259 Jimenez, Kalobe          Fresno Pacific                 DQ   Pushed over hurdle

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**Section 2 Finals**

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1 3869 Cheung, Jackson           Unattached                    7.88
2 3254 Bates, Cullin             Fresno Pacific                 8.17
3 4094 Frazier, Jonathan         Washington                     8.18

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**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024**

**Dempsey Indoor, Seattle WA**

**Results**

**Men 4x400 Meter Relay**

Meet Record: M 3:07.77	2007	Baylor	
		Anderson, Iglehart-Summers, Mutai, Better	
Dempsey Rec: R 3:05.01	2/25/2023	USC, USC	
		Braun, Allen, Jones, Blockburger	
School			Finals

Section 1

1 Eastern Washington 'A'	3:23.38
1) 3242 Wild, Dalton	2) 3226 Higgins, Owen
3) 3238 Phennicie, Kristian	4) 3228 Kness, Alec
2 Western Oregon 'A'	3:24.41
1) 4179 Murphy, Brennen	2) 4182 Rodriguez, Isaiah
3) 4178 Mitchell, Joshua	4) 4175 Hendrix, Amari

Section 2

1 Cal Poly 'A'	3:13.51
1) 3136 Walter, Chase	2) 3134 Tsang, Kin Ho
3) 3133 TeSelle, MacGregor	4) 3132 Souto, Joey
2 Fresno Pacific 'A'	3:14.08
1) 3257 Fox, Garrett	2) 3261 Palmer, Shemar
3) 3259 Jimenez, Kalobe	4) 3254 Bates, Cullin
3 Washington 'A'	3:14.23
1) 4094 Frazier, Jonathan	2) 4110 Wilkinson, Matthew
3) 4098 Hanley, Boden	4) 4088 Birchman, Jonathan
4 Sacramento State 'A'	3:19.87
1) 3552 Winger, Zachary	2) 3535 Cox, Malachi
3) 3550 Rider, Nathan	4) 3541 Hill, Irven

**Men High Jump**

Meet Record: M 2.29m	1/27/2018	Django Lovett, Unattached
Dempsey Rec: R 2.31m	2/13/2010	Jesse Williams, Nike

Name	Year	School	Finals
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Flight 1

1 3540 Grant, Miles	Sacramento State	2.05m	6-08.75
1.75 1.80 1.85 1.90 1.95 2.00 2.05 2.09			
--- --- --- --- XXO O XXO XXX			
2 4132 McGloflin, AJ	Washington State	2.00m	6-06.75
1.75 1.80 1.85 1.90 1.95 2.00 2.05			
--- --- --- --- O O XXX			
3 3369 Dailey, Victor	Multnomah (Ore.)	J2.00m	6-06.75
1.75 1.80 1.85 1.90 1.95 2.00 2.05			
--- --- --- O XXO O XXX			
4 4090 Comin Pescador, Br	Washington	1.95m	6-04.75
1.75 1.80 1.85 1.90 1.95 2.00			
--- --- --- XO O XXX			
5 4102 Lieberg, Leland	Washington	1.90m	6-02.75
1.75 1.80 1.85 1.90 1.95			
--- --- --- O XXX			
5 4227 Greenlee, Manu	Western Washington	1.90m	6-02.75
1.75 1.80 1.85 1.90 1.95			
--- --- O O XXX			
5 4107 Schlueter, Jami	Washington	1.90m	6-02.75
1.75 1.80 1.85 1.90 1.95			
--- O O O R			

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024  
Dempsey Indoor, Seattle WA  
Results**

**....Men High Jump**

8	3130	Schmitt, Kevin	Cal Poly	J1.90m	6-02.75
		1.75 1.80 1.85 1.90 1.95			
		--- --- --- XO XXX			
9	4173	Conklin, Justin	Western Oregon	J1.90m	6-02.75
		1.75 1.80 1.85 1.90 1.95 2.00			
		--- O O XXO XX			
9	3096	Schexnayder, Jerma	Bushnell (Ore.)	J1.90m	6-02.75
		1.75 1.80 1.85 1.90 1.95			
		--- O O XXO XXX			
11	4135	Smith, Antoni	Washington State	J1.90m	6-02.75
		1.75 1.80 1.85 1.90 1.95			
		--- O XO XXO XXX			
12	4249	Seals, Austin	Western Washington	1.85m	6-00.75
		1.75 1.80 1.85 1.90			
		O XXO XO XXX			
13	4233	Kibler, Trent	Western Washington	J1.85m	6-00.75
		1.75 1.80 1.85 1.90			
		--- --- XXO XXX			
14	3565	Boyd, Andrew	Saint Martin's	1.75m	5-08.75
		1.75 1.80			
		O XXX			
14	3036	Larsen, Anders	Alaska Anchorage	1.75m	5-08.75
		1.75 1.80			
		O XXX			
--	3375	Metcalf, Romeo	Multnomah (Ore.)	NH	
		1.75 1.80 1.85 1.90			
		--- --- --- XXX			

**Men Pole Vault**

=====												
Meet Record: M 5.81m		2004		Toby Stevenson, Unattached								
Dempsey Rec: R 5.81m		1/31/2004		Toby Stevenson, Unattached								
Name	Year	School								Finals		
=====												
1	3929	Luna-Estes, Jorge	Unattached							5.52m	18-01.25	
			4.32	4.52	4.72	4.87	5.02	5.17	5.32	5.42	5.52	5.62
			---	---	---	---	---	O	O	XO	O	XXX
2	3887	Englar, Jacob	Unattached							J5.52m	18-01.25	
			4.32	4.52	4.72	4.87	5.02	5.17	5.32	5.42	5.52	5.62
			---	---	---	---	---	O	XO	XXO	O	XXX
3	3966	Richartz, Nate	Unattached							J5.52m	18-01.25	
			4.32	4.52	4.72	4.87	5.02	5.17	5.32	5.42	5.52	5.62
			---	---	---	---	---	---	XO	XXO	XXO	XXX
4	4104	Manson, Max	Washington							J5.52m	18-01.25	
			4.32	4.52	4.72	4.87	5.02	5.17	5.32	5.42	5.52	5.62
			---	---	---	---	O	O	XXO	XXO	XXO	XXX
5	3968	Riddle, Cole	Unattached							5.42m	17-09.25	
			4.32	4.52	4.72	4.87	5.02	5.17	5.32	5.42	5.52	
			---	---	---	---	---	O	O	O	XXX	
6	4106	Park, Simon	Washington							5.32m	17-05.50	
			4.32	4.52	4.72	4.87	5.02	5.17	5.32	5.42		
			---	---	---	---	O	O	XO	XXX		
7	4089	Bresko, Mathis	Washington							5.17m	16-11.50	
			4.32	4.52	4.72	4.87	5.02	5.17	5.32			
			---	---	---	---	---	O	XXX			



**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****....Men Pole Vault**

8	3227 Klobutcher, Zach	Eastern Washington	J5.17m	16-11.50
	4.32 4.52 4.72 4.87 5.02 5.17 5.32			
	--- --- O XO O XXO XXX			
9	3223 Couron, Lucas	Eastern Washington	4.87m	15-11.75
	4.32 4.52 4.72 4.87 5.02			
	--- XO O O XXX			
9	3233 Luce, Corbin	Eastern Washington	4.87m	15-11.75
	4.32 4.52 4.72 4.87 5.02			
	--- O XO O XXX			
11	4123 Dimick, Gavin	Washington State	J4.87m	15-11.75
	4.32 4.52 4.72 4.87 5.02			
	--- XO O XXO XXX			
12	3135 Volpe, Zachary	Cal Poly	4.72m	15-05.75
	4.32 4.52 4.72 4.87			
	--- O XO XXX			
13	3699 Lee, Kainoa	Seattle Pacific	4.52m	14-10.00
	4.32 4.52 4.72			
	O O XXX			
14	3542 Lehner, Andrew	Sacramento State	4.32m	14-02.00
	4.32 4.52			
	O XXX			
15	3697 Hrcek, Mason	Seattle Pacific	J4.32m	14-02.00
	4.32 4.52			
	XO XXX			
--	3442 Lemma, Grady	Pacific Lutheran	NH	
	4.32			
	XXX			
--	4126 Freitag, Brayden	Washington State	NH	
	4.32 4.52 4.72			
	--- --- XXX			

**Men Long Jump**

=====				
Meet Record: M 7.97m 2008		Reindell Cole, Cal State Northridge		
Dempsey Rec: R 8.12m 2/29/2008		Norris Frederick, Washington		
Name	Year	School	Finals	
=====				
1	4228 Greenwalt, Ryan	Western Washington	6.97m	22-10.50
	6.97m FOUL FOUL 6.64m FOUL 6.86m			
2	3538 Gibbs, John	Sacramento State	6.87m	22-06.50
	6.12m 6.57m 6.87m 6.65m 6.68m PASS			
3	4247 Roberson, Troy	Western Washington	6.62m	21-08.75
	6.14m 6.03m 6.62m			
4	3183 Dela Cruz, Jonrich	Csun	6.50m	21-04.00
	6.43m 6.50m FOUL			
5	3532 Braun, Joshua	Sacramento State	6.43m	21-01.25
	6.43m 6.34m 6.43m			
6	3580 Schulz, Andrew	Saint Martin's	6.38m	20-11.25
	4.71m 6.16m 6.38m			
7	3899 Grant, Gabriel	Unattached	6.31m	20-08.50
	6.31m 6.23m 6.24m			
8	3674 Topinka, Tom	Seattle	6.26m	20-06.50
	5.96m 6.26m FOUL			
9	3224 Cunningham, Nichol	Eastern Washington	6.20m	20-04.25
	6.08m 6.20m FOUL			

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****....Men Long Jump**

10	3095 Reininger, Hunter	Bushnell (Ore.)	6.14m	20-01.75
	5.98m 5.90m 6.14m			
11	3036 Larsen, Anders	Alaska Anchorage	6.09m	19-11.75
	6.09m 6.05m 5.31m			
12	4254 Vongphet, Anouthai	Western Washington	6.07m	19-11.00
	5.68m 5.73m 6.07m			
13	3660 Ellison, Sean	Seattle	6.05m	19-10.25
	6.05m 5.59m 5.44m			
14	3241 Teevens, Cody	Eastern Washington	5.96m	19-06.75
	4.37m 5.96m 4.22m			
15	3659 Eckart, Amadeus	Seattle	5.90m	19-04.25
	FOUL 5.87m 5.90m			

**Flight 2**

1	4087 Artis, Prestin	Washington	7.81m	25-07.50
	7.66m FOUL FOUL 7.61m 7.64m 7.81m			
2	3994 Van, Cam	Unattached	7.28m	23-10.75
	7.24m 7.28m FOUL FOUL 7.01m			
3	3195 Williams, Bryson	Csun	7.27m	23-10.25
	FOUL 6.96m 7.12m 7.27m 7.22m FOUL			
3	3952 Njeri, David	Unattached	7.27m	23-10.25
	FOUL 7.04m FOUL 6.81m 7.03m 7.27m			
5	3545 Mitchell, Mason	Sacramento State	6.98m	22-11.00
	6.73m 6.80m 6.98m 6.66m 6.87m 6.93m			
6	3189 Nations, Joey	Csun	6.93m	22-09.00
	6.83m 6.59m FOUL FOUL 6.93m FOUL			
7	3284 Ortlieb, Bronson	Fresno State	6.89m	22-07.25
	6.89m 6.62m 6.86m 6.47m 6.83m 6.79m			
8	3190 Peters, Dillon	Csun	6.82m	22-04.50
	6.82m 6.28m 6.59m			
9	4134 Sands, Justin	Washington State	6.76m	22-02.25
	6.68m 6.76m 6.72m			
10	3258 Hodges, Adrian	Fresno Pacific	6.67m	21-10.75
	6.54m 6.51m 6.67m			
11	4100 Hutchinson, Roman	Washington	6.64m	21-09.50
	FOUL FOUL 6.64m			
12	3181 Chan, Tzu-Ting	Csun	6.26m	20-06.50
	FOUL 6.26m FOUL			
13	3666 Jefferson, Jamaari	Seattle	5.81m	19-00.75
	5.66m 5.81m 5.73m			

**Men Triple Jump**

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 Meet Record: M 16.62m 2003 Julien Kapek, USC

Dempsey Rec: R 16.62m 2/1/2003 Julien Kapek, USC

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 Name Year School Finals  
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**Flight 1**

1	4086 Akinlosotu, Kunle	Washington	15.28m	50-01.75
	15.00m FOUL 15.03m FOUL 15.28m 14.60m			
2	4108 Smith, Trevontay	Washington	15.02m	49-03.50
	14.63m FOUL 15.02m 14.59m PASS PASS			
3	3195 Williams, Bryson	Csun	14.96m	49-01.00
	14.57m 14.58m 14.50m 14.41m 14.70m 14.96m			
4	3181 Chan, Tzu-Ting	Csun	14.46m	47-05.25
	FOUL 14.46m 14.45m FOUL 14.35m FOUL			

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****....Men Triple Jump**

5	3538 Gibbs, John	Sacramento State	14.32m	46-11.75
	14.28m 14.26m 14.26m 14.24m 14.32m 14.07m			
6	3258 Hodges, Adrian	Fresno Pacific	14.14m	46-04.75
	13.95m 13.24m 14.14m 14.14m 12.53m 13.94m			
7	3096 Schexnayder, Jerma	Bushnell (Ore.)	13.41m	44-00.00
	13.41m 13.24m FOUL 13.05m PASS PASS			
8	3532 Braun, Joshua	Sacramento State	13.37m	43-10.50
	13.37m 13.12m 13.33m 13.21m FOUL 13.02m			
9	4247 Roberson, Troy	Western Washington	J13.37m	43-10.50
	13.24m 13.37m 12.75m 13.31m 12.94m 12.95m			
10	4234 Laulainen, Mikko	Western Washington	13.12m	43-00.50
	13.11m 12.81m 13.12m			
11	3224 Cunningham, Nichol	Eastern Washington	12.72m	41-08.75
	12.71m 12.72m FOUL			
12	3094 Kishen, Ty	Bushnell (Ore.)	12.71m	41-08.50
	FOUL 12.71m FOUL			
13	3660 Ellison, Sean	Seattle	12.62m	41-05.00
	FOUL FOUL 12.62m			
--	4100 Hutchinson, Roman	Washington	FOUL	
	FOUL FOUL FOUL			

**Men Shot Put**

=====				
Meet Record: M 21.45m 1/27/2018 Jordan Geist, Arizona				
Dempsey Rec: R 21.47m 3/1/2008 Ryan Whiting, Arizona State				
	Name	Year School	Finals	
=====				
1	4253 Turner, Noah	Western Washington	14.71m	48-03.25
	14.30m FOUL 14.71m 14.61m FOUL 14.10m			
2	3184 Edwin, Antonio	Csun	14.24m	46-08.75
	13.69m 14.24m FOUL FOUL 13.73m FOUL			
3	4250 Simicich, Nathan	Western Washington	12.83m	42-01.25
	FOUL 12.83m FOUL			
4	4220 Campbell, Miller	Western Washington	12.57m	41-03.00
	11.90m 12.30m 12.57m			
5	4180 Parnell, Justin	Western Oregon	12.52m	41-01.00
	FOUL 12.52m FOUL			
6	4171 Behrman, Jacob	Western Oregon	12.44m	40-09.75
	11.28m 11.50m 12.44m			
7	3030 Bushnell, Eric	Alaska Anchorage	10.64m	34-11.00
	10.64m FOUL 10.28m			
--	3232 Livas, Javen	Eastern Washington	FOUL	
	FOUL FOUL FOUL			
--	3548 Nakagawa, Eric	Sacramento State	FOUL	
	FOUL FOUL FOUL			

**Flight 2**

1	3128 Payne, Corban	Cal Poly	16.64m	54-07.25
	15.59m 16.64m 16.34m FOUL 15.75m 16.24m			
2	3186 Ignacio, Elijah	Csun	15.81m	51-10.50
	15.52m 15.81m FOUL 15.17m 15.22m 15.23m			
3	3188 Lopez, Guillermo	Csun	15.53m	50-11.50
	15.27m FOUL 15.25m FOUL FOUL 15.53m			
4	3225 Fillis, Bradley	Eastern Washington	15.45m	50-08.25
	15.30m FOUL FOUL FOUL 15.45m FOUL			

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024****Dempsey Indoor, Seattle WA****Results****....Men Shot Put**

4	3746 Buckles, Henry	SuperThrower	15.45m	50-08.25
	FOUL FOUL 15.45m FOUL FOUL FOUL			
6	4184 Warren, Mark	Western Oregon	14.11m	46-03.50
	12.96m 13.61m 13.94m FOUL 13.14m 14.11m			
7	4090 Comin Pescador, Br	Washington	13.87m	45-06.25
	12.66m 13.87m 12.93m 13.02m FOUL FOUL			
8	3236 Moore, Mason	Eastern Washington	13.77m	45-02.25
	13.33m 13.57m 13.77m			
9	4107 Schlueter, Jami	Washington	13.71m	44-11.75
	12.93m 13.71m 12.92m			
10	4244 Ramos, Angelo	Western Washington	13.60m	44-07.50
	13.60m FOUL 13.01m			
11	3539 Godfrey, Leland	Sacramento State	13.29m	43-07.25
	FOUL 13.29m FOUL			
12	3237 Niuamoa, JJ	Eastern Washington	11.56m	37-11.25
	FOUL 11.56m FOUL			

**Men Weight Throw**

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 Meet Record: M 23.05m 2010 Michael Mai, US Army  
 Dempsey Rec: R 23.60m 2/27/2015 Conor McCullough, USC

Name	Year	School	Finals
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**Flight 1**

1	3187 Knight, Trey	Csun	21.58m	70-09.75
	21.35m 20.39m 21.58m 21.34m FOUL 20.48m			
2	3747 Fleming, Grayson	SuperThrower	19.66m	64-06.00
	19.19m FOUL 19.54m FOUL FOUL 19.66m			
3	3124 Devaney, Rory	Cal Poly	19.33m	63-05.00
	19.28m 18.85m FOUL FOUL 19.33m 18.90m			
4	3225 Fillis, Bradley	Eastern Washington	17.43m	57-02.25
	FOUL 17.42m 17.43m FOUL FOUL 16.53m			
5	4244 Ramos, Angelo	Western Washington	17.42m	57-02.00
	15.68m 16.19m 17.42m 16.64m 17.20m 16.47m			
6	4184 Warren, Mark	Western Oregon	17.40m	57-01.00
	16.39m 16.85m 16.26m 16.12m 17.40m 16.83m			
7	3180 Alipranti, Joseph	Csun	16.78m	55-00.75
	FOUL 15.40m 16.72m FOUL 16.78m FOUL			
8	3874 Coppedge, Daniel	Unattached	16.45m	53-11.75
	16.45m 15.48m 14.95m 15.57m 15.08m 16.07m			
9	4220 Campbell, Miller	Western Washington	16.30m	53-05.75
	15.96m 16.30m 16.15m FOUL FOUL FOUL			
10	3544 Maka, John	Sacramento State	16.12m	52-10.75
	15.58m 16.12m 14.94m			
11	4180 Parnell, Justin	Western Oregon	15.44m	50-08.00
	FOUL FOUL 15.44m			
12	3186 Ignacio, Elijah	Csun	13.47m	44-02.50
	FOUL 13.47m FOUL			
13	3232 Livas, Javen	Eastern Washington	13.01m	42-08.25
	FOUL FOUL 13.01m			
14	3551 Shakur, Malik	Sacramento State	12.92m	42-04.75
	12.92m FOUL 12.81m			
15	3543 Lopez, Diego	Sacramento State	12.89m	42-03.50
	12.89m FOUL FOUL			

**2024 UW Invitational/Mile City - 1/26/2024 to 1/27/2024**

**Dempsey Indoor, Seattle WA**

**Results**

**....Men Weight Throw**

-- 3237 Niuamoa, JJ

Eastern Washington

FOUL

FOUL FOUL FOUL