

Cross Country

This Week's Meet

Nov. 15at NCAA West Regional
Blue Lake Park (Troutdale, Ore.)
12:15 p.m.



2003 SCHEDULE

Date	Meet	Result/Time
Aug. 30	at Fullerton Opener (Brea, Calif.)	6th of 14
Sept. 13	59th Annual Aztec Invite (Balboa Park - San Diego, Calif.)	6th of 14
Sept. 20	at UH Big Wave Invitational (Kaneohe, Hawaii)	t3rd of 11
Sept. 20	at UC Riverside Invitational (Riverside, Calif.)	11th of 14
Sept. 27	at Stanford Univ. Invitational (Stanford, Calif.)	12th of 26
Oct. 4	Pre-MWC Meet (Morley Field - San Diego, Calif.)	6th of 6
Oct. 11	at UCSD Triton Classic (La Jolla, Calif.)	3rd of 21
Oct. 18	at Long Beach St. Invitational (Long Beach, Calif.)	1st of 9
Nov. 1	at MWC Championships (UNM N. Course - Albuquerque, N.M.)	6th of 8
Nov. 15	at NCAA Regionals (Troutdale, Ore.)	12:15 p.m.
Nov. 24	at NCAA Finals (Cedar Falls, Iowa)	10 a.m.

Home meets in bold. Times local to site.

2003 ROSTER

Athlete	Yr.	Exp.	Hometown
Julie Amster	Sr.	1V	Long Beach, Calif.
Allison Baker	Fr.	HS	Pine Valley, Calif.
Brianne Bricker	Sr.	1V	Riverside, Calif.
Allison Brown	Jr.	2V	Mission Viejo, Calif.
Sara Cates	Fr.	HS	Carlsbad, Calif.
Christal Cuadra	So.	1V	Honolulu, Hawaii
Jackie Duncan	So.	SQ	Syracuse, N.Y.
Kylie Edwards	Sr.	2V	Mt. Dundeed, Australia
Christian Fairing	Fr.	RS	Irvine, Calif.
Angie Fitzpatrick	Sr.	1V	San Diego, Calif.
Tina Fodor	Jr.	2V	Fullerton, Calif.
Emily Joller	Jr.	SQ	R. Bernardo, Calif.
Marie Nilsson	Sr.	TR	Kil, Sweden
Katie Parry	So.	SQ	Lake Forest, Calif.
Marilyn Smith	Jr.	TR	Fresno, Calif.
Jamillah Titus	So.	1V	A. Canyon, Calif.
Celeste Tyson	Fr.	HS	Austin, Texas
Emily Wynne	Fr.	RS	Omak, Wash.

Head Coach: Rahn Sheffield, 13th season

Assistant Coach: Jennifer Nanista, 11th season

2003 TOP-10 5K TIMES

Athlete	Event	Time
1 Marie Nilsson	Aztec Invitational	18:23.00
2 Christal Cuadra	Fullerton Opener	18:39.80
3 Allison Brown	Fullerton Opener	19:18.30
4 Jamillah Titus	UC Riverside	19:45.00
5 Celeste Tyson	Aztec Invitational	19:46.00
6 Emily Wynne	UC Riverside	19:48.00
7 Angie Fitzpatrick	UC Riverside	19:51.40
8 Tina Fodor	Fullerton Opener	19:54.50
9 Christian Fairing	Fullerton Opener	19:55.00
10 Alison Baker	UC Riverside	19:59.70

ALL-TIME TOP-10 5K TIMES

Athlete	Time	Year
1. Monica Joyce	16:28.90	1981
2. Lynn Kanuka	16:54.10	1981
3. Monica Joyce	16:55.00	1981
4. Monica Joyce	16:56.00	1981
5. Monica Joyce	17:05.00	1981
6. Lynn Kanuka	17:07.30	1981
7. Eva Enstrom	17:08.00	1981
8. Laurie Crisp	17:09.00	1982
9. Laurie Crisp	17:14.00	1982
10. Lynn Kanuka	17:20.00	1981
Lynn Kanuka	17:20.00	1979

Aztec Cross Country Takes On The Best In The West Saturday

• SDSU heads to the Pacific Northwest Saturday for the NCAA West Regional Cross Country meet in Troutdale, Ore. The Aztecs will run the 6K race at Blue Lake Park, beginning at 12:15 p.m. The University of Portland is playing host to this season's regional meet.

• The Aztecs leave all but one of their Mountain West Conference opponents behind for this week's meet. SDSU and UNLV will both compete in the NCAA west regional, while the other six schools head to Riverside, Utah, for the NCAA mountain regional (host - Weber State).

• The NCAA west region is made up of schools from Arizona, California, Hawaii, Nevada, Washington and Oregon. SDSU's competition includes six of the country's top 30 teams, highlighted by top-ranked Stanford.

• Bids to this season's national meet, scheduled for Nov. 24, in Cedar Falls, Iowa, will be on the line at the regional meets. The top two teams from each of the nine regional meets will automatically advance. The next four individuals who are not on one of the two teams will also be invited.

On Monday, Nov. 17, 13 teams will be selected to receive at-large bids, while two additional individuals will also be chosen to compete at the national meet based on various criteria.

• SDSU plans to send seven runners to the NCAA west regional including seniors **Marie Nilsson (Kil, Sweden)** and **Kylie Edwards (Mt. Dundeed, Australia)**, juniors **Allison Brown (Mission Viejo, Calif.)** and **Tina Fodor (Fullerton, Calif.)**, sophomore **Christal Cuadra (Honolulu, Hawaii)**, redshirt freshman **Christian Fairing (Irvine, Calif.)** and freshman **Sara Cates (Carlsbad, Calif.)**.

• The last Aztec to qualify for the NCAA meet was Sophia Hawker, who earned an at-large individual bid in 1999. Hawker finished 24th out of 196 runners at the regional meet, which was incidentally also held in Troutdale, Ore.

SDSU has only qualified once as a team for the national championships (1981 - 7th).

• Below is a rundown of the Aztecs in the past four NCAA regional meets:

Year	Team Finish	Top Finisher (Time)
2002	18th (478 pts.)	71. Jamillah Titus (23:31.00)
2001	NTS	61. Jennifer Stakiw (23:35.30)
2000	16th (492 pts.)	75. Kylie Edwards (22:34.00)
1999	18th (435 pts.)	24. Sophia Hawker (17:57.00)*

* = 5K race (others 6K)

SDSU Makes Best Of MWC Meet

• The San Diego State women's cross country squad made the best of a difficult situation, posting its best

finish in three seasons by coming in sixth overall (143 points) at the 2003 Mountain West Conference championships in Albuquerque, N.M., on Nov. 1. The Aztecs were just two points behind fifth place New Mexico (141 pts.) in a 6K race won by defending NCAA champion and No. 2 ranked Brigham Young (19 pts.).

Senior Marie Nilsson posted the best-ever finish and time by an Aztec at the MWC championships, coming in fourth overall in 21:53. Nilsson's finish earned her a spot on the seven-member Mountain West Conference first team, becoming the first SDSU runner so honored in the meet's five-year history. Her final time of 21:53 also matches her 2003 season best at the Stanford Invitational and ties for second-fastest in school history.

Nilsson was helped by fellow senior Kylie Edwards, who came in 24th overall with a season-best time of 23:18. Junior Allison Brown (39th - 24:12), sophomore Christal Cuadra (42nd - 24:24) and redshirt freshman Christian Fairing (47th - 24:49) rounded out the Aztec top-five finishers.

The Aztecs were supposed to play host to this year's conference meet, but wildfires and the ensuing poor air quality in the San Diego area earlier in the week caused the event to be moved to Albuquerque, N.M., with just three days notice.

• Below is a rundown of the Aztecs' history in the MWC meet:

Year	Team Finish	Top Finisher (Time)
2003	6th (143 pts.)	4. Marie Nilsson (21:53.00)
2002	7th (176 pts.)	22. Jennifer Stakiw (22:36.80)
2001	7th (177 pts.)	32. Alicia Stewart (23:24.00)
2000	5th (166 pts.)	31. Kylie Edwards (23:10.20)
1999	5th (146 pts.)	16. Sophia Hawker (18:36.10)*

* = 5K race (others 6K)

Flashback - 2002 NCAA Regional

• Freshmen Jamillah Titus and Christal Cuadra stepped up to lead the San Diego State women's cross country squad to an 18th-place finish at the NCAA west regional meet at Stanford University.

Titus finished 71st out of the 189 runners with a time of 23:31. Cuadra was the second Aztec to cross the finish line, placing 85th in 23:49. Seniors Alicia Stewart and Kylie Edwards came in 87th and 103rd, respectively, while sophomore Tina Fodor rounded out the Aztec finishers with a time of 24:58.

Senior captain Jennifer Stakiw, who appeared to be on her way to a top-20 performance, did not finish the race.

2002 NCAA West Regionals - 6K - Palo Alto, Calif.

• **Aztec Individual Results** - 71. Jamillah Titus (23:31); 85. Christal Cuadra (23:49); 87. Alicia Stewart (23:51); 103. Kylie Edwards (24:09); 144. Tina Fodor (24:58); DNF. Jennifer Stakiw

2003 TOP-10 6K TIMES

Athlete	Event	Time
1. Marie Nilsson	Stanford/MWC	21:53.00
2. Christal Cuadra	Stanford Invite	22:32.00
3. Kylie Edwards	MWC Champs.	23:18.00
4. Allison Brown	L. Beach Invite	23:27.00
5. Christian Fairing	L. Beach Invite	23:40.00
6. Celeste Tyson	Stanford Invite	24:13.00
7. Tina Fodor	L. Beach Invite	24:22.00
8. Sara Cates	Triton Classic	24:41.50
9. Emily Wynne	Stanford Invite	24:43.00
10. Angie Fitzpatrick	L. Beach Invite	25:01.00

ALL-TIME TOP-10 6K TIMES

Athlete	Time	Year
1. Jennifer Stakiw	21:50.00	2002
2. Marie Nilsson	21:53.00	2003
Marie Nilsson	21:53.00	2003
4. Alicia Stewart	22:12.00	2002
5. Marie Nilsson	22:20.00	2003
6. Marie Nilsson	22:30.20	2003
7. Christal Cuadra	22:32.00	2003
8. Jennifer Stakiw	22:36.80	2002
9. Christal Cuadra	22:50.00	2002
10. Jennifer Stakiw	22:53.00	2001

2003 San Diego State Women's Cross Country - Individual Results

<i>Date</i>	<i>Meet (Distance)</i>	<i>Finish Time</i>	Sara Cates	
			Aug. 30	CSU Fullerton Invitational (5K) Did Not Compete
			Sept. 13	Aztec Invitational (5K) - Open 46 21:10.00
			Sept. 20	UH Big Wave Invitational (4K) Did Not Compete
			Sept. 20	UC Riverside Invitational (5K) 86 20:15.40
			Sept. 27	Stanford Invitational (6K) Did Not Compete
			Oct. 4	Pre-MWC Championships (6K) 39 26:16.00
			Oct. 11	UCSD Invitational (6K) 53 24:41.40
			Oct. 18	Long Beach Invitational (6K) 37 24:51.00
			Nov. 1	MWC Championships (6K) 48 24:55.00
			Nov. 15	NCAA Regionals (6K)
			Nov. 24	NCAA Championships (6K)
			*Aztec career best: 20:15.40 (5K), 24:41.40 (6K)	
			Christal Cuadra	
			Aug. 30	CSU Fullerton Invitational (5K) 4 18:39.80
			Sept. 13	Aztec Invitational (5K) - Invit. 16 19:07.00
			Sept. 20	UH Big Wave Invitational (4K) 18 14:47.00
			Sept. 20	UC Riverside Invitational (5K) Did Not Compete
			Sept. 27	Stanford Invitational (6K) 36 22:32.00
			Oct. 4	Pre-MWC Championships (6K) Did Not Compete
			Oct. 11	UCSD Invitational (6K) 13 23:00.60
			Oct. 18	Long Beach Invitational (6K) 5 22:54.00
			Nov. 1	MWC Championships (6K) 42 24:24.00
			Nov. 15	NCAA Regionals (6K)
			Nov. 24	NCAA Championships (6K)
			*Aztec career best: 14:47.00 (4K), 18:39.80 (5K), 22:32.00 (6K); Personal best: 17:28.00 (5K)	
			Jackie Duncan	
			Aug. 30	CSU Fullerton Invitational (5K) 76 20:47.60
			Sept. 13	Aztec Invitational (5K) - Open 47 21:11.00
			Sept. 20	UH Big Wave Invitational (4K) Did Not Compete
			Sept. 20	UC Riverside Invitational (5K) 102 20:43.90
			Sept. 27	Stanford Invitational (6K) Did Not Compete
			Oct. 4	Pre-MWC Championships (6K) 37 25:50.00
			Oct. 11	UCSD Invitational (6K) 110 26:19.20
			Oct. 18	Long Beach Invitational (6K) 59 26:29.00
			Nov. 1	MWC Championships (6K) Did Not Compete
			Nov. 15	NCAA Regionals (6K)
			Nov. 24	NCAA Championships (6K)
			*Aztec career best: 20:43.90 (5K)	
			Kylie Edwards	
			Aug. 30	CSU Fullerton Invitational (5K) Did Not Compete
			Sept. 13	Aztec Invitational (5K) - Invit. 51 20:01.00
			Sept. 20	UH Big Wave Invitational (4K) 31 15:20.00
			Sept. 20	UC Riverside Invitational (5K) Did Not Compete
			Sept. 27	Stanford Invitational (6K) 97 23:51.00
			Oct. 4	Pre-MWC Championships (6K) Did Not Compete
			Oct. 11	UCSD Invitational (6K) 19 23:40.20
			Oct. 18	Long Beach Invitational (6K) 8 23:21.00
			Nov. 1	MWC Championships (6K) 24 23:18.00
			Nov. 15	NCAA Regionals (6K)
			Nov. 24	NCAA Championships (6K)
			*personal best: 15:20 (4K), 18:15 (5K), 22:34 (6K)	
			Julie Amster	
			Aug. 30	CSU Fullerton Invitational (5K) 88 21:09.60
			Sept. 13	Aztec Invitational (5K) - Open 54 21:26.00
			Sept. 20	UH Big Wave Invitational (4K) Did Not Compete
			Sept. 20	UC Riverside Invitational (5K) 94 20:27.80
			Sept. 27	Stanford Invitational (6K) Did Not Compete
			Oct. 4	Pre-MWC Championships (6K) 40 26:44.00
			Oct. 11	UCSD Invitational (6K) 101 26:11.30
			Oct. 18	Long Beach Invitational (6K) 56 26:19.00
			Nov. 1	MWC Championships (6K) Did Not Compete
			Nov. 15	NCAA Regionals (6K)
			Nov. 24	NCAA Championships (6K)
			*Aztec career best: 20:21 (5K)	
			Ali Baker	
			Aug. 30	CSU Fullerton Invitational (5K) 60 20:28.80
			Sept. 13	Aztec Invitational (5K) - Open 31 20:42.00
			Sept. 20	UH Big Wave Invitational (4K) Did Not Compete
			Sept. 20	UC Riverside Invitational (5K) 78 19:59.70
			Sept. 27	Stanford Invitational (6K) Did Not Compete
			Oct. 4	Pre-MWC Championships (6K) 35 25:42.00
			Oct. 11	UCSD Invitational (6K) 81 25:36.70
			Oct. 18	Long Beach Invitational (6K) 47 25:41.00
			Nov. 1	MWC Championships (6K) Did Not Compete
			Nov. 15	NCAA Regionals (6K)
			Nov. 24	NCAA Championships (6K)
			*Aztec career best: 19:59.70 (5K), 25:36.70 (6K)	
			Brianne Bricker	
			Aug. 30	CSU Fullerton Invitational (5K) Did Not Compete
			Sept. 13	Aztec Invitational (5K) Did Not Compete
			Sept. 20	UH Big Wave Invitational (4K) Did Not Compete
			Sept. 20	UC Riverside Invitational (5K) 110 20:58.10
			Sept. 27	Stanford Invitational (6K) Did Not Compete
			Oct. 4	Pre-MWC Championships (6K) Did Not Compete
			Oct. 11	UCSD Invitational (6K) 98 26:07.90
			Oct. 18	Long Beach Invitational (6K) 51 26:00.00
			Nov. 1	MWC Championships (6K) Did Not Compete
			Nov. 15	NCAA Regionals (6K)
			Nov. 24	NCAA Championships (6K)
			*Aztec career best: 20:25.70 (5K)	
			Allison Brown	
			Aug. 30	CSU Fullerton Invitational (5K) 20 19:18.30
			Sept. 13	Aztec Invitational (5K) - Invit. 54 20:06.00
			Sept. 20	UH Big Wave Invitational (4K) 42 15:50.00
			Sept. 20	UC Riverside Invitational (5K) Did Not Compete
			Sept. 27	Stanford Invitational (6K) 87 23:39.00
			Oct. 4	Pre-MWC Championships (6K) Did Not Compete
			Oct. 11	UCSD Invitational (6K) 29 24:05.90
			Oct. 18	Long Beach Invitational (6K) 9 23:27.00
			Nov. 1	MWC Championships (6K) 39 24:12.00
			Nov. 15	NCAA Regionals (6K)
			Nov. 24	NCAA Championships (6K)

2003 San Diego State Women's Cross Country - Individual Results

Christian Fairing

Aug. 30	CSU Fullerton Invitational (5K)	44	19:55.00
Sept. 13	Aztec Invitational (5K) - Invit.	58	20:13.00
Sept. 20	UH Big Wave Invitational (4K)	38	15:35.00
Sept. 20	UC Riverside Invitational (5K)	Did Not Compete	
Sept. 27	Stanford Invitational (6K)	105	24:01.00
Oct. 4	Pre-MWC Championships (6K)	Did Not Compete	
Oct. 11	UCSD Invitational (6K)	37	24:15.30
Oct. 18	Long Beach Invitational (6K)	11	23:40.00
Nov. 1	MWC Championships (6K)	47	24:49.00
Nov. 15	NCAA Regionals (6K)		
Nov. 24	NCAA Championships (6K)		

*Aztec career best: 15:35.00 (4K), 19:55.00 (5K), 23:40 (6K)

Angie Fitzpatrick

Aug. 30	CSU Fullerton Invitational (5K)	92	21:21.40
Sept. 13	Aztec Invitational (5K) - Open	58	21:32.00
Sept. 20	UH Big Wave Invitational (4K)	Did Not Compete	
Sept. 20	UC Riverside Invitational (5K)	71	19:51.40
Sept. 27	Stanford Invitational (6K)	Did Not Compete	
Oct. 4	Pre-MWC Championships (6K)	29	25:15:00
Oct. 11	UCSD Invitational (6K)	65	25:09.20
Oct. 18	Long Beach Invitational (6K)	43	25:01.00
Nov. 1	MWC Championships (6K)	60	25:50.00
Nov. 15	NCAA Regionals (6K)		
Nov. 24	NCAA Championships (6K)		

*Aztec career best: 19:51.40 (5K)

Tina Fodor

Aug. 30	CSU Fullerton Invitational (5K)	43	19:54.50
Sept. 13	Aztec Invitational (5K) - Invit.	52	20:01.00
Sept. 20	UH Big Wave Invitational (4K)	50	16:04.00
Sept. 20	UC Riverside Invitational (5K)	Did Not Compete	
Sept. 27	Stanford Invitational (6K)	120	24:25.00
Oct. 4	Pre-MWC Championships (6K)	Did Not Compete	
Oct. 11	UCSD Invitational (6K)	55	24:44.40
Oct. 18	Long Beach Invitational (6K)	25	24:22.00
Nov. 1	MWC Championships (6K)	53	25:26.00
Nov. 15	NCAA Regionals (6K)		
Nov. 24	NCAA Championships (6K)		

*personal best: 16:04.00 (4K), 19:54.50 (5K), 24:06 (6K)

Emily Joller

Aug. 30	CSU Fullerton Invitational (5K)	Did Not Compete	
Sept. 13	Aztec Invitational (5K)	Did Not Compete	
Sept. 20	UH Big Wave Invitational (4K)	Did Not Compete	
Sept. 20	UC Riverside Invitational (5K)	Did Not Compete	
Sept. 27	Stanford Invitational (6K)	Did Not Compete	
Oct. 4	Pre-MWC Championships (6K)	Did Not Compete	
Oct. 11	UCSD Invitational (6K)	Did Not Compete	
Oct. 18	Long Beach Invitational (5K)	Did Not Compete	
Nov. 1	MWC Championships (6K)	Did Not Compete	
Nov. 15	NCAA Regionals (6K)		
Nov. 24	NCAA Championships (6K)		

*personal best: 21:57.50 (5K)

Marie Nilsson

Aug. 30	CSU Fullerton Invitational (5K)	Did Not Compete	
Sept. 13	Aztec Invitational (5K) - Invit.	4	18:23.00
Sept. 20	UH Big Wave Invitational (4K)	7	14:08.00
Sept. 20	UC Riverside Invitational (5K)	Did Not Compete	
Sept. 27	Stanford Invitational (6K)	13	21:53.00
Oct. 4	Pre-MWC Championships (6K)	Did Not Compete	
Oct. 11	UCSD Invitational (6K)	6	22:30.20
Oct. 18	Long Beach Invitational (6K)	3	22:20.00
Nov. 1	MWC Championships (6K)	4	21:53.00
Nov. 15	NCAA Regionals (6K)		
Nov. 24	NCAA Championships (6K)		

*Aztec career best: 14:08 (4K), 18:23 (5K), 21:53 (6K)

Katie Parry

Aug. 30	CSU Fullerton Invitational (5K)	122	22:50.00
Sept. 13	Aztec Invitational (5K)	Did Not Compete	
Sept. 20	UH Big Wave Invitational (4K)	Did Not Compete	
Sept. 20	UC Riverside Invitational (5K)	Did Not Compete	
Sept. 27	Stanford Invitational (6K)	Did Not Compete	
Oct. 4	Pre-MWC Championships (6K)	Did Not Compete	
Oct. 11	UCSD Invitational (6K)	Did Not Compete	
Oct. 18	Long Beach Invitational (5K)	Did Not Compete	
Nov. 1	MWC Championships (6K)	Did Not Compete	
Nov. 15	NCAA Regionals (6K)		
Nov. 24	NCAA Championships (6K)		

*Aztec career best: 20:35.70 (5K); personal best: 19:19 (3 mi)

Marilyn Smith

Aug. 30	CSU Fullerton Invitational (5K)	117	22:22.90
Sept. 13	Aztec Invitational (5K) - Open	68	21:51.00
Sept. 20	UH Big Wave Invitational (4K)	Did Not Compete	
Sept. 20	UC Riverside Invitational (5K)	111	20:58.40
Sept. 27	Stanford Invitational (6K)	Did Not Compete	
Oct. 4	Pre-MWC Championships (6K)	33	25:34.00
Oct. 11	UCSD Invitational (6K)	89	25:54.20
Oct. 18	Long Beach Invitational (6K)	Did Not Compete	
Nov. 1	MWC Championships (6K)	Did Not Compete	
Nov. 15	NCAA Regionals (6K)		
Nov. 24	NCAA Championships (6K)		

*Aztec career best: 20:58.40 (5K), 25:34.00 (6K)

Jamillah Titus

Aug. 30	CSU Fullerton Invitational (5K)	86	21:04.40
Sept. 13	Aztec Invitational (5K) - Invit.	93	21:35.00
Sept. 20	UH Big Wave Invitational (4K)	Did Not Compete	
Sept. 20	UC Riverside Invitational (5K)	67	19:45.00
Sept. 27	Stanford Invitational (6K)	152	25:24.00
Oct. 4	Pre-MWC Championships (6K)	Did Not Compete	
Oct. 11	UCSD Invitational (6K)	88	25:54.00
Oct. 18	Long Beach Invitational (6K)	57	26:25.00
Nov. 1	MWC Championships (6K)	Did Not Compete	
Nov. 15	NCAA Regionals (6K)		
Nov. 24	NCAA Championships (6K)		

*Aztec career best: 18:46 (5K), 23:17 (6K)

2003 San Diego State Women's Cross Country - Individual Results/Top Times

Celeste Tyson

Aug. 30	CSU Fullerton Invitational (5K)	Did Not Compete
Sept. 13	Aztec Invitational (5K) - Invit.	37 19:46.00
Sept. 20	UH Big Wave Invitational (4K)	39 15:38.00
Sept. 20	UC Riverside Invitational (5K)	Did Not Compete
Sept. 27	Stanford Invitational (6K)	113 24:13.00
Oct. 4	Pre-MWC Championships (6K)	Did Not Compete
Oct. 11	UCSD Invitational (6K)	64 25:02.30
Oct. 18	Long Beach Invitational (6K)	45 25:20.00
Nov. 1	MWC Championships (6K)	58 25:41.00
Nov. 15	NCAA Regionals (6K)	
Nov. 24	NCAA Championships (6K)	
*Aztec career best: 15:38 (4K), 19:46 (5K), 24:13.00 (6K)		

Emily Wynne

Aug. 30	CSU Fullerton Invitational (5K)	71 20:43.70
Sept. 13	Aztec Invitational (5K) - Open	27 20:35.00
Sept. 20	UH Big Wave Invitational (4K)	Did Not Compete
Sept. 20	UC Riverside Invitational (5K)	70 19:48.00
Sept. 27	Stanford Invitational (6K)	136 24:43.00
Oct. 4	Pre-MWC Championships (6K)	Did Not Compete
Oct. 11	UCSD Invitational (6K)	Did Not Compete
Oct. 18	Long Beach Invitational (5K)	Did Not Compete
Nov. 1	MWC Championships (6K)	Did Not Compete
Nov. 15	NCAA Regionals (6K)	
Nov. 24	NCAA Championships (6K)	
*Aztec career best: 19:48.00 (5K); 24:43.00 (6K)		

2003 San Diego State Women's Cross Country - Top Times (More than one time per individual) As of October 29, 2003

Top 5K Times

Athlete	Time	Meet - Date
1. Marie Nilsson	18:23.00	Aztec Invitational - 9/13/03
2. Christal Cuadra	18:39.80	CSUF Opener - 8/30/03
3. Christal Cuadra	19:07.00	Aztec Invitational - 9/13/03
4. Allison Brown	19:18.30	CSUF Opener - 8/30/03
5. Jamillah Titus	19:45.00	UCR Invite - 9/20/03
6. Celeste Tyson	19:46.00	Aztec Invitational - 9/13/03
7. Emily Wynne	19:48.00	UCR Invite - 9/20/02
8. Angie Fitzpatrick	19:51.40	UCR Invite - 9/20/03
9. Tina Fodor	19:54.50	CSUF Opener - 8/30/03
10. Christian Fairing	19:55.00	CSU Opener - 8/30/03

Top 6K Times

Athlete	Time	Meet - Date
1. Marie Nilsson	21:53.00	Stanford Invite - 9/27/03
Marie Nilsson	21:53.00	MWC Champs.- 11/1/03
3. Marie Nilsson	22:20.00	LB Invite - 10/18/03
4. Marie Nilsson	22:30.20	UCSD Classic - 10/11/03
5. Christal Cuadra	22:32.00	Stanford Invite.- 9/27/03
6. Christal Cuadra	22:54.00	LB Invite - 10/18/03
7. Christal Cuadra	23:00.60	UCSD Classic - 10/11/03
8. Kylie Edwards	23:18.00	MWC Champs. - 11/1/03
9. Kylie Edwards	23:21.00	LB Invite - 10/18/03
10. Allison Brown	23:27.00	LB Invite - 10/18/03