SAN DIEGO STATE UNIVERSITY
RED-BLACK MEET
Saturday – December 7th 2013

Meet #2 of 2013-2014 San Diego Track Club Winter Track Classic Series

Track Opens   9:00 AM

Note: Rolling Schedule, Approximate Start Times

Field Event Schedule		
10:00 AM	–	Pole Vault – M/W
10:00 AM	–	High Jump – M/W
10:00 AM	–	Shot Put – M/W
10:45 AM	–	Discus – M/W
11:30 AM	–	Weight Throw – M/W
12:00 PM	–	Long Jump – M/W
12:15 PM	–	Javelin – M/W

Track Event Schedule		
10:30 AM	–	4 x 200m relay –W
10:40 AM	–	4 x 200m relay – M
10:50 AM	–	1000m run – W
11:00 AM	–	1000m run – M
11:10 AM	–	300m dash – W
11:15 AM	–	300m dash – M
11:25 AM	–	60m hurdles – W
11:35 AM	–	60m hurdles – M
11:40 AM	–	60m dash – W
11:50 AM	–	60m dash – M
12:00 PM	–	600m run – W
12:05 PM	–	600m run – M
12:10 PM	–	150m dash – W
12:20 PM	–	150m dash – M
12:25 PM	–	3000m run – W
12:40 PM	–	3000m run – M
12:55 PM	–	4 x 400m relay –W
1:05 PM	–	4 x 400m relay –M

Proceeds support San Diego State Women's Cross Country and Track & Field Program

USATRACK&FIELD SAN DIEGO

Competitors of all ages welcome!

*$10 per athlete, unlimited entries
$250 max team per gender
Spectators are free*

*Full Automatic Timing (FAT)
9 – Lane Mondo Track*

Four horizontal jumps/throws per entrant

Please bring your own throwing implements—especially Masters.

*3/16" (5 mm) pyramids spikes only
No needle or Christmas tree spikes*

Location	San Diego State University	Pay parking available underneath the track
	Aztrack Sports Deck	
	Montezuma Rd & 55th St	
	San Diego, CA 92182	

Contact Information	Head Coach:	Shelia Burrell	(619) 594-5514	sburrell@mail.sdsu.edu
	Meet Director:	Rick Reaser	(310) 227-5534	rick-reaser@msn.com

Note: Community College athletes may participate in this event; however, per CCCAA rules: 1) Community college coaches my not enter their athletes in any out of season competition; 2) Community college coaches cannot provide transportation; 3) Community college coaches cannot pay the entry fee; 4) Community college coaches cannot be at this meet if their athletes are competing; and, 5) Community college athletes may not use their school's equipment.