

2014 AZTEC CROSS COUNTRY TEAM RESULTS

Date	Meet (Distance)	Finish	Spread (Top 5)	Spread (Top 7)	Top Finisher
Aug. 31	~ Mark Covert Classic (5K) <i>Top Five:</i> Ribeiro, Hanshaw, Seynaeve, Roesgen, Towner <i>No. 6-7:</i> McCall, Kruthers	3rd / 8 teams	0:30.8	1:18.2	Elaine Ribeiro (18:25.6)
Sept. 13	! UC Riverside Invitational (6K) <i>Top Five:</i> Ribeiro, Seynaeve, Hanshaw, Roesgen, Towner <i>No. 6-7:</i> Kruthers, McCall	4th / 23 teams	0:27.8	1:01.9	Elaine Ribeiro (21:42.6)
	! UC Riverside Invitational (5K) <i>Top Five:</i> Gammage, Regalado, King, Sawatzki, Wendorf <i>No. 6-7:</i>	3rd / 20 teams	0:47.6	N/A	Dynasty Gammage (18:45.5)
Sept. 20	@ 70th Annual Aztec Invitational (5K) <i>Top Five:</i> Hanshaw, Regalado, Roesgen, King, Sawatzki <i>No. 6-7:</i> Wendorf	2nd / 8 teams	0:26.4	N/A	Grace Hanshaw (19:32.80)
Sept. 27	# Stanford Invitational (6K) <i>Top Five:</i> Ribeiro, Hanshaw, Seynaeve, Roesgen, Kruthers <i>No. 6-7:</i> Gammage, Towner	T-10th / 21 teams	0:47.0	2:01.0	Elaine Ribeiro (22:10.0)
Oct. 18	\$ Highlander Invitational (5K) <i>Top Five:</i> Ribeiro, Hanshaw, Seynaeve, Gammage, Towner <i>No. 6-7:</i> Roesgen, Sawatzki	2nd / 8 teams	0:24.6	0:48.6	Elaine Ribeiro (17:54.0)
Oct. 31	& Mountain West Championships (6K) <i>Top Five:</i> Ribeiro, Seynaeve, Towner, Gammage, Rosegen <i>No. 6-7:</i> Hanshaw	10th / 11 teams	0:56.3	N/A	Elaine Ribeiro (22:02.30)
Nov. 14	^ NCAA West Regional (6K) <i>Top Five:</i> Hanshaw, Ribeiro, Towner, Gammage, Roesgen <i>No. 6-7:</i>	27th / 34 teams	0:51.3	N/A	Grace Hanshaw (22:25.6)

~ Mark Covert Classic at Cal State Fullerton in Brea, Calif.

! UC Riverside Invitational at UC Riverside in Riverside, Calif.

@ 70th Annual Aztec Invitational at San Diego State in San Diego, Calif.

Stanford Invitational at Stanford in Stanford, Calif.

\$ Highlander Invitational at UC Riverside in Riverside, Calif.

^ Mountain West Championships at Fresno State in Fresno, Calif.

& NCAA West Regional Championships at Stanford in Stanford, Calif.

2014 AZTEC CROSS COUNTRY INDIVIDUAL RESULTS

Dynasty Gammage (Sr.)

Date	Meet (Distance)	Finish	Time
Aug. 30	Mark Covert Classic (5K)	38th/94	19:51.3
Sept. 13	UC Riverside Invitational (5K)	14th/247	18:45.5
Sept. 20	70th Aztec Invitational (5K)	DNF	--
Sept. 27	Stanford Invitational (6K)	160th/330	23:31.0
Oct. 18	Highlander Invitational (5K)	16th/82	18:17.4
Oct. 31	Mountain West Champs (6K)	66th/87	22:45.6
Nov. 14	NCAA West Regional (6K)	160th/232	23:00.8

Collegiate Career Best: 5K - 18:17.4; 6K - 22:18.0

Percentile (top is 100.00): 57.65 pct.

Grace Hanshaw (Jr.)

Date	Meet (Distance)	Finish	Time
Aug. 30	Mark Covert Classic (5K)	9th/94	18:39.1
Sept. 13	UC Riverside Invitational (6K)	24th/172	21:51.0
Sept. 20	70th Aztec Invitational (5K)	7th/67	19:32.8
Sept. 27	Stanford Invitational (6K)	65th/330	22:24.0
Oct. 18	Highlander Invitational (5K)	9th/82	18:01.1
Oct. 31	Mountain West Champs (6K)	77th/87	23:33.9
Nov. 14	NCAA West Regional (6K)	120th/232	22:25.6

Collegiate Career Best: 5K - 18:01.1; 6K - 21:51.0

Percentile (top is 100.00): 70.77 pct.

Cali King (So.)

Date	Meet (Distance)	Finish	Time
Aug. 30	Mark Covert Classic (5K)	53rd/94	20:18.4
Sept. 13	UC Riverside Invitational (5K)	31st/247	19:12.7
Sept. 20	70th Aztec Invitational (5K)	16th/67	19:59.0
Sept. 27	Stanford Invitational (6K)	DNC	--
Oct. 18	Highlander Invitational (5K)	33rd/82	18:46.4
Oct. 31	Mountain West Champs (6K)	DNC	--
Nov. 14	NCAA West Regional (6K)	DNC	--

Collegiate Career Best: 5K - 18:46.4; 6K - N/A

Percentile (top is 100.00): 72.86 pct.

Chelsea Kruthers (Jr.)

Date	Meet (Distance)	Finish	Time
Aug. 30	Mark Covert Classic (5K)	34th/94	19:43.8
Sept. 13	UC Riverside Invitational (6K)	73rd/172	22:41.2
Sept. 20	70th Aztec Invitational (5K)	DNF	--
Sept. 27	Stanford Invitational (6K)	103rd/330	22:57.0
Oct. 18	Highlander Invitational (5K)	DNC	--
Oct. 31	Mountain West Champs (6K)	DNC	--
Nov. 14	NCAA West Regional (6K)	DNC	--

Collegiate Career Best: 5K - 17:44.0; 6K - 21:39.0

Percentile (top is 100.00): 64.77 pct.

Jessica McCall (Jr.)

Date	Meet (Distance)	Finish	Time
Aug. 30	Mark Covert Classic (5K)	24th/94	19:23.5
Sept. 13	UC Riverside Invitational (6K)	77th/172	22:44.5
Sept. 20	70th Aztec Invitational (5K)	DNF	--
Sept. 27	Stanford Invitational (6K)	DNC	--
Oct. 18	Highlander Invitational (5K)	38th/82	18:49.5
Oct. 31	Mountain West Champs (6K)	DNC	--
Nov. 14	NCAA West Regional (6K)	DNC	--

Collegiate Career Best: 5K - 18:30.7; 6K - 22:44.5

Percentile (top is 100.00): 60.06 pct.

Dominique Regalado (Fr.)

Date	Meet (Distance)	Finish	Time
Aug. 30	Mark Covert Classic (5K)	39th/94	19:53.4
Sept. 13	UC Riverside Invitational (5K)	23rd/257	19:05.5
Sept. 20	70th Aztec Invitational (5K)	10th/67	19:39.5
Sept. 27	Stanford Invitational (6K)	DNC	--
Oct. 18	Highlander Invitational (5K)	45th/82	19:04.6
Oct. 31	Mountain West Champs (6K)	DNC	--
Nov. 14	NCAA West Regional (6K)	DNC	--

Collegiate Career Best: 5K - 19:04.6; 6K - N/A

Percentile (top is 100.00): 76.60 pct.

Elaine Ribeiro (So.)

Date	Meet (Distance)	Finish	Time
Aug. 30	Mark Covert Classic (5K)	6th/94	18:25.6
Sept. 13	UC Riverside Invitational (6K)	17th/172	21:42.6
Sept. 20	70th Aztec Invitational (5K)	DNF	--
Sept. 27	Stanford Invitational (6K)	44th/330	22:10.0
Oct. 18	Highlander Invitational (5K)	6th/82	17:54.0
Oct. 31	Mountain West Champs (6K)	39th/87	22:02.3
Nov. 14	NCAA West Regional (6K)	150th/232	22:48.9

Collegiate Career Best: 5K - 17:54.0; 6K - 21:42.6

Percentile (top is 100.00): 73.72 pct.

Rachel Roesgen (Jr.)

Date	Meet (Distance)	Finish	Time
Aug. 30	Mark Covert Classic (5K)	13rd/94	18:46.0
Sept. 13	UC Riverside Invitational (6K)	37th/172	22:07.9
Sept. 20	70th Aztec Invitational (5K)	14th/67	19:50.8
Sept. 27	Stanford Invitational (6K)	89th/330	22:49.0
Oct. 18	Highlander Invitational (5K)	23rd/82	18:31.7
Oct. 31	Mountain West Champs (6K)	72nd/87	22:58.6
Nov. 14	NCAA West Regional (6K)	179th/232	23:16.9

Collegiate Career Best: 5K - 17:50.0; 6K - 22:05.0

Percentile (top is 100.00): 59.87 pct.

2014 AZTEC CROSS COUNTRY INDIVIDUAL RESULTS

Hannah Sawatzki (Jr.)

Date	Meet (Distance)	Finish	Time
Aug. 30	Mark Covert Classic (5K)	51st/94	20:12.8
Sept. 13	UC Riverside Invitational (5K)	33rd/247	19:13.6
Sept. 20	70th Aztec Invitational (5K)	17th/67	19:59.2
Sept. 27	Stanford Invitational (6K)	DNC	--
Oct. 18	Highlander Invitational (5K)	31st/82	18:42.6
Oct. 31	Mountain West Champs (6K)	DNC	--
Nov. 14	NCAA West Regional (6K)	DNC	--

Collegiate Career Best: 5K - 18:42.6; 6K - 24:02.4

Percentile (top is 100.00): 73.06 pct.

Lily Seynaeve (Fr.)

Date	Meet (Distance)	Finish	Time
Aug. 30	Mark Covert Classic (5K)	10th/94	18:39.8
Sept. 13	UC Riverside Invitational (6K)	18th/172	21:44.9
Sept. 20	70th Aztec Invitational (5K)	DNF	--
Sept. 27	Stanford Invitational (6K)	72nd/330	22:26.0
Oct. 18	Highlander Invitational (5K)	14th/82	18:14.5
Oct. 31	Mountain West Champs (6K)	61st/87	22:36.3
Nov. 14	NCAA West Regional (6K)	DNC	--

Collegiate Career Best: 5K - 18:14.5; 6K - 21:44.9

Percentile (top is 100.00): 77.12 pct.

Cassidy Towner (Fr.)

Date	Meet (Distance)	Finish	Time
Aug. 30	Mark Covert Classic (5K)	17th/94	18:56.4
Sept. 13	UC Riverside Invitational (6K)	39th/172	22:10.4
Sept. 20	70th Aztec Invitational (5K)	DNF	--
Sept. 27	Stanford Invitational (6K)	218th/330	24:11.0
Oct. 18	Highlander Invitational (5K)	18th/82	18:18.6
Oct. 31	Mountain West Champs (6K)	64th/87	22:43.0
Nov. 14	NCAA West Regional (6K)	158th/232	22:56.4

Collegiate Career Best: 5K - 18:18.6; 6K - 22:10.4

Percentile (top is 100.00): 48.45 pct.

Melissa Wendorf (Sr.)

Date	Meet (Distance)	Finish	Time
Aug. 30	Mark Covert Classic (5K)	61st/94	20:32.7
Sept. 13	UC Riverside Invitational (5K)	54th/247	19:33.1
Sept. 20	70th Aztec Invitational (5K)	19th/67	20:04.3
Sept. 27	Stanford Invitational (6K)	DNC	--
Oct. 18	Highlander Invitational (5K)	54th/82	19:23.9
Oct. 31	Mountain West Champs (6K)	DNC	--
Nov. 14	NCAA West Regional (6K)	DNC	--

Collegiate Career Best: 5K - 19:18.8; 6K - 25:26.0

Percentile (top is 100.00): 61.63 pct.

2014 AZTEC CROSS COUNTRY TOP-10 TIMES

2014 Top-10 Times -- 5K (With Replacement)

Athlete	Time	Meet	Date
1. Elaine Ribiero (So.)	17:54.0	Highlander Invitational	Oct. 18
2. Grace Hanshaw (Jr.)	18:01.1	Highlander Invitational	Oct. 18
3. Lily Seynaeve (Fr.)	18:14.5	Highlander Invitational	Oct. 18
4. Dynasty Gammage (Sr.)	18:17.4	Highlander Invitational	Oct. 18
5. Cassidy Towner (Fr.)	18:18.6	Highlander Invitational	Oct. 18
6. Elaine Ribeiro (So.)	18:25.6	Mark Covert Classic	Aug. 30
7. Rachel Roesgen (Jr.)	18:31.7	Highlander Invitational	Oct. 18
8. Grace Hanshaw (Jr.)	18:39.1	Mark Covert Classic	Aug. 30
9. Lily Seynaeve (Fr.)	18:39.8	Mark Covert Classic	Aug. 30
10. Hannah Sawatzki (Jr.)	18:42.6	Highlander Invitational	Oct. 18

2014 Top-10 Times -- 5K (Without Replacement)

Athlete	Time	Meet	Date
1. Elaine Ribiero (So.)	17:54.0	Highlander Invitational	Oct. 18
2. Grace Hanshaw (Jr.)	18:01.1	Highlander Invitational	Oct. 18
3. Lily Seynaeve (Fr.)	18:14.5	Highlander Invitational	Oct. 18
4. Dynasty Gammage (Sr.)	18:17.4	Highlander Invitational	Oct. 18
5. Cassidy Towner (Fr.)	18:18.6	Highlander Invitational	Oct. 18
6. Rachel Roesgen (Jr.)	18:31.7	Highlander Invitational	Oct. 18
7. Hannah Sawatzki (Jr.)	18:42.6	Highlander Invitational	Oct. 18
8. Cali King (So.)	18:46.4	Highlander Invitational	Oct. 18
9. Jessica McCall (Jr.)	18:49.5	Highlander Invitational	Oct. 18
10. Dominique Regalado (Fr.)	19:04.6	Highlander Invitational	Oct. 18

2014 Top-10 Times -- 6K (With Replacement)

Athlete	Time	Meet	Date
1. Elaine Ribeiro (So.)	21:42.6	UC Riverside Invitational	Sept. 13
2. Lily Seynaeve (Fr.)	21:44.9	UC Riverside Invitational	Sept. 13
3. Grace Hanshaw (Jr.)	21:51.0	UC Riverside Invitational	Sept. 13
4. Elaine Ribeiro (So.)	22:02.3	Mountain West Championships	Oct. 31
5. Rachel Roesgen (Jr.)	22:07.9	UC Riverside Invitational	Sept. 13
6. Elaine Ribeiro (So.)	22:10.0	Stanford Invitational	Sept. 27
7. Cassidy Towner (Fr.)	22:10.4	UC Riverside Invitational	Sept. 13
8. Grace Hanshaw (Jr.)	22:25.6	NCAA West Regional	Nov. 14
9. Lily Seynaeve (Fr.)	22:36.3	Mountain West Championships	Oct. 31
10. Grace Hanshaw (Jr.)	22:34.0	Stanford Invitational	Sept. 27

2014 Top-10 Times -- 6K (Without Replacement)

Athlete	Time	Meet	Date
1. Elaine Ribeiro (So.)	21:42.6	UC Riverside Invitational	Sept. 13
2. Lily Seynaeve (Fr.)	21:44.9	UC Riverside Invitational	Sept. 13
3. Grace Hanshaw (Jr.)	21:51.0	UC Riverside Invitational	Sept. 13
4. Rachel Roesgen (Jr.)	22:07.9	UC Riverside Invitational	Sept. 13
5. Cassidy Towner (Fr.)	22:10.4	UC Riverside Invitational	Sept. 13
6. Chelsea Kruthers (Jr.)	22:41.2	UC Riverside Invitational	Sept. 13
7. Jessica McCall (Jr.)	22:44.5	UC Riverside Invitational	Sept. 13
8. Dynasty Gammage (Sr.)	22:45.6	Mountain West Championships	Oct. 31

ALL-TIME AZTEC CROSS COUNTRY TOP-10 TIMES

Top-10 Times -- 5K (With Replacement)

Athlete	Time	Meet	Date/Year
1. Monica Joyce	16:28.9	District 8 Championships (Stanford, Calif.)	Nov. 8, 1981
2. Lynn Kanuka	16:54.4	District 8 Championships (Stanford, Calif.)	Nov. 8, 1981
3. Monica Joyce	16:55.0	WCAA Championships	1981
4. Monica Joyce	16:56.0	Aztec Invitational	1981
5. Lital Azulay	17:03.1	Santa Clara Invitational (Belmont, Calif.)	Oct. 15, 2005
6. Monica Joyce	17:05.0	UCLA Invitational (Los Angeles, Calif.)	1981
7. Lynn Kanuka	17:07.3	WCAA Championships	1981
8. Eva Ernstrom	17:08.0	District 8 Championships (Stanford, Calif.)	Nov. 8, 1981
9. Laurie Crisp	17:09.1	UCLA Invitational (Los Angeles, Calif.)	Sept. 19, 1982
10. Lital Azulay	17:10.5	Willamette Invitational (Salem, Ore.)	Oct. 1, 2005

Top-10 Times -- 5K (Without Replacement)

Athlete	Time	Meet	Date/Year
1. Monica Joyce	16:28.9	District 8 Championships (Stanford, Calif.)	Nov. 8, 1981
2. Lynn Kanuka	16:54.1	District 8 Championships (Stanford, Calif.)	Nov. 8, 1981
3. Lital Azulay	17:03.1	Santa Clara Invitational (Belmont, Calif.)	Oct. 15, 2005
4. Eva Ernstrom	17:08.0	District 8 Championships (Stanford, Calif.)	Nov. 8, 1981
5. Laurie Crisp	17:09.1	UCLA Invitational (Los Angeles, Calif.)	Sept. 19, 1982
6. Liz Baker	17:26.0	District 8 Championships (Fresno, Calif.)	Nov. 13, 1982
7. Debra Chaddock	17:31.0	District 8 Championships (Fresno, Calif.)	Nov. 13, 1982
8. Lisa Crampton	17:32.6	Willamette Invitational (Salem, Ore.)	Oct. 1, 2005
9. Eric Sherman	17:35.0	District 8 Championships (Fresno, Calif.)	Nov. 13, 1982
10. Marianne Hogan	17:35.3	Titan Invitational (Fullerton, Calif.)	Oct. 19, 2012

Top-10 Times -- 6K (With Replacement)

Athlete	Time	Meet	Date/Year
1. Marie Nilsson	21:04.0	NCAA West Regional (Fairview, Ore.)	Nov. 15, 2003
2. Lital Azulay	21:05.8	NCAA West Regional (Stanford, Calif.)	Nov. 12, 2005
3. Lital Azulay	21:14.2	MW Championships (Fort Collins, Colo.)	Oct. 29, 2005
4. Marianne Hogan	21:32.0	Stanford Invitational (Stanford, Calif.)	Sept. 25, 2010
5. Lisa Crampton	21:32.3	NCAA West Regional (Stanford, Calif.)	Nov. 12, 2005
6. Chelsea Kruthers	21:39.0	NCAA West Regional (Sacramento, Calif.)	Nov. 15, 2013
7. Laura Vazquez	21:40.0	NCAA West Regional (Seattle, Wash.)	Nov. 9, 2012
8. Marianne Hogan	21:41.0	NCAA West Regional (Seattle, Wash.)	Nov. 9, 2012
9. Elaine Ribeiro	21:42.6	UC Riverside Invitational (Riverside, Calif.)	Sept. 13, 2014
10. Lily Seynaeve	21:44.9	UC Riverside Invitational (Riverside, Calif.)	Sept. 13, 2014

Top-10 Times -- 6K (Without Replacement)

Athlete	Time	Meet	Date/Year
1. Marie Nilsson	21:04.0	NCAA West Regional (Fairview, Ore.)	Nov. 15, 2003
2. Lital Azulay	21:05.8	NCAA West Regional (Stanford, Calif.)	Nov. 12, 2005
3. Marianne Hogan	21:32.0	Stanford Invitational (Stanford, Calif.)	Sept. 25, 2010
4. Lisa Crampton	21:32.3	NCAA West Regional (Stanford, Calif.)	Nov. 12, 2005
5. Chelsea Kruthers	21:39.0	NCAA West Regional (Sacramento, Calif.)	Nov. 15, 2013
6. Laura Vazquez	21:40.0	NCAA West Regional (Seattle, Wash.)	Nov. 9, 2012
7. Elaine Ribeiro	21:42.6	UC Riverside Invitational (Riverside, Calif.)	Sept. 13, 2014
8. Lily Seynaeve	21:44.9	UC Riverside Invitational (Riverside, Calif.)	Sept. 13, 2014
9. Jennifer Stakiw	21:50.0	Stanford Invitational (Stanford, Calif.)	Sept. 28, 2002
10. Christal Cuadra	21:50.9	NCAA West Regional (Stanford, Calif.)	Nov. 12, 2005