

## 2025 OUTDOOR PERFORMANCE LIST (Final)

KEY: sr - school record; (number) - top 10 school ranking; p - preliminaries; h - heats; 1r - first round; q - quarterfinals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; c - "c" section; se - seeded; u - unseeded; hp - heptathlon; a - altitude (aa - adjusted for altitude by TFRRS); w - wind-aided (>2.0 meters/second); conv - converted from 4x400 yard relay.

### 100 METERS

School Record: 10.96 (Ashley Henderson, 2018)

NCAA Leader: 10.91w (Indya Mayberry, TCU)

Time	Athlete	Place	Notes	Meet	Date
<b>11.43</b>	<b>Jada Pierre</b>	<b>3rd</b>	<b>7th all-time at SDSU; finals</b>	<b>MWC</b>	<b>5/17</b>
<b>11.52</b>	<b>Aji Mbye</b>	<b>2nd</b>		<b>SDSU</b>	<b>3/22</b>
11.54	Jada Pierre	2nd	prelims	MWC	5/16
11.59	Aji Mbye	13th	+2.7 wind-aided mark	Arizona	5/3
11.62	Olivia Hicks	17th	+3.3 wind-aided mark	Arizona	5/3
11.63	Jada Pierre	3rd		SDSU	3/22
11.64	Aji Mbye	5th	finals	MWC	5/17
11.68	Jada Pierre	45th	+2.2 wind-aided mark	NCAATR	5/29
11.71	Aji Mbye	4th		UCSD	4/5
<b>11.71</b>	<b>Shaquena Foote</b>	<b>5th</b>	<b>PR, -0.9 wind</b>	<b>UCSD</b>	<b>4/5</b>
11.71	Mikaela Warr	24th	+2.3 wind-aided mark	Arizona	5/3
<b>11.72</b>	<b>Mikaela Warr</b>	<b>9th</b>	<b>PR, finals</b>	<b>MWC</b>	<b>5/17</b>
<b>11.76</b>	<b>Olivia Hicks</b>	<b>4th</b>	<b>PR</b>	<b>SDSU</b>	<b>3/22</b>
11.77	Mikaela Warr	7th	prelims	MWC	5/16
11.80	Jada Pierre	1st		ARI	3/28
11.82	Aji Mbye	14th		Mt. SAC	4/18
11.83	Aji Mbye	9th	prelims	MWC	5/16
11.84	Olivia Hicks	17th		Mt. SAC	4/18
11.86	Aji Mbye	2nd		ARI	3/28
11.89	Olivia Hicks	11th	prelims	MWC	5/16
11.92	Olivia Hicks	9th	-0.9 wind	UCSD	4/5
12.13	Mikaela Warr	35th		Mt. SAC	4/18
12.22	Mikaela Warr	20th	-0.9 wind	UCSD	4/5

### 200 METERS

School Record: 22.34 (Tonette Dyer, 2004)

NCAA Leader: 22.01 (JaMeesia Ford, South Carolina)

Time	Athlete	Place	Notes	Meet	Date
<b>23.28</b>	<b>Shaquena Foote</b>	<b>3rd</b>	<b>finals</b>	<b>MWC</b>	<b>5/17</b>
23.41	Shaquena Foote	5th	prelims	MWC	5/15
23.58w	Aji Mbye	2nd	+2.3 wind-aided mark	SDSU	3/22
23.58w	Shaquena Foote	3rd	+2.3 wind-aided mark	SDSU	3/22
<b>23.73</b>	<b>Aji Mbye</b>	<b>14th</b>		<b>Arizona</b>	<b>5/3</b>
<b>23.80</b>	<b>Laraigh Allen</b>	<b>8th</b>	<b>PR, prelims</b>	<b>MWC</b>	<b>5/15</b>
23.98	Laraigh Allen	19th		Arizona	5/3
<b>24.01</b>	<b>Olivia Hicks</b>	<b>21st</b>	<b>PR</b>	<b>Arizona</b>	<b>5/3</b>
24.03	Aji Mbye	12th	prelims	MWC	5/15
24.07w	Olivia Hicks	5th	+2.3 wind-aided mark	SDSU	3/22
24.19	Laraigh Allen	9th	finals	MWC	5/17
24.31	Olivia Hicks	14th	prelims	MWC	5/15
24.31	Olivia Hicks	19th		Mt. SAC	4/18
24.48w	Anna Mager	9th	+2.3 wind-aided mark	SDSU	3/22
<b>24.61</b>	<b>Jada Pierre</b>	<b>31st</b>		<b>Mt. SAC</b>	<b>4/18</b>
24.65	Mikaela Warr	20th	prelims; +2.4 wind-aided mark	MWC	5/15
<b>24.69</b>	<b>Aji Mbye</b>	<b>18th</b>	<b>-1.1 wind; invitational</b>	<b>Mt. SAC</b>	<b>4/19</b>
<b>24.85</b>	<b>Mikaela Warr</b>	<b>44th</b>	<b>first collegiate outdoor 200</b>	<b>Arizona</b>	<b>5/3</b>
24.89w	Laraigh Allen	24.89w	+2.1 wind-aided	Mt. SAC	4/18
25.05w	Takiyah Blue	19th	+4.0 wind-aided mark	SDSU	3/22
<b>25.34</b>	<b>Takiyah Blue</b>	<b>30th</b>		<b>UCSD</b>	<b>4/4</b>
25.54	Laraigh Allen	34th		UCSD	4/4
<b>25.61</b>	<b>Mia Reid</b>	<b>27th</b>	<b>first collegiate 200</b>	<b>SDSU</b>	<b>3/22</b>
<b>25.72</b>	<b>Pavana Nagaraj</b>	<b>4th</b>	<b>heptathlon</b>	<b>SDSU</b>	<b>3/27</b>
<b>26.14</b>	<b>Emille Couch</b>	<b>33rd</b>	<b>first collegiate 200</b>	<b>SDSU</b>	<b>3/22</b>
26.14w	Laraigh Allen	34th	+2.8 wind-aided mark	SDSU	3/22
27.26	Emille Couch	77th		UCSD	4/4

### 400 METERS

School Record: 50.95 (Shaquena Foote, 2025)

NCAA Leader: 49.44 (Aaliyah Butler, Georgia)

Time	Athlete	Place	Notes	Meet	Date
<b>50.95</b>	<b>Shaquena Foote</b>	<b>T-3rd</b>	<b>sr; MW record; adv. to QF</b>	<b>NCAAW1R</b>	<b>5/29</b>
51.38	Shaquena Foote	7th	advanced to NCAA semifinals	NCAAWq	5/31
51.42	Shaquena Foote	2nd		Arizona	5/3
51.50	Shaquena Foote	11th	semifinals	NCAAs	6/12
52.12	Shaquena Foote	1st	finals; MW champion	MWC	5/17
52.70	Shaquena Foote	1st	prelims	MWC	5/16
52.74	Shaquena Foote	5th	invitational	Mt. SAC	4/19
<b>55.99</b>	<b>Takiyah Blue</b>	<b>8th</b>	<b>PR</b>	<b>UCSD</b>	<b>4/5</b>
56.19	Takiyah Blue	31st		Arizona	5/3
<b>56.22</b>	<b>Sophia Wolf</b>	<b>7th</b>	<b>first collegiate 400</b>	<b>SDSU</b>	<b>3/22</b>
56.46	Takiyah Blue	14th	prelims	MWC	5/16
56.46	Takiyah Blue	10th	first collegiate 400	SDSU	3/22
<b>56.56</b>	<b>Anna Mager</b>	<b>11th</b>		<b>SDSU</b>	<b>3/22</b>
57.09	Takiyah Blue	31st		Mt. SAC	4/18
<b>57.91</b>	<b>Emille Couch</b>	<b>16th</b>	<b>first collegiate race</b>	<b>SDSU</b>	<b>3/22</b>
58.29	Emille Couch	41st		Arizona	5/3

### 800 METERS

School Record: 2:02.88 (Renee Chambers-Ross, 1985)

NCAA Leader: 1:58.12 (Michaela Rose, LSU)

Time	Athlete	Place	Notes	Meet	Date
<b>2:05.00</b>	<b>Lauren Harper</b>	<b>10th</b>	<b>2nd all-time; invite</b>	<b>BCI</b>	<b>4/17</b>
2:05.39	Lauren Harper	3rd	finals	MWC	5/17
<b>2:06.67</b>	<b>Sophia Wolf</b>	<b>26th</b>	<b>7th all-time; invite</b>	<b>BCI</b>	<b>4/17</b>
2:07.32	Lauren Harper	4th	prelims	MWC	5/15
2:07.53	Sophia Wolf	15th		Stanford	4/5
2:07.54	Lauren Harper	1st		SDSU	3/22
2:07.60	Sophia Wolf	5th	prelims	MWC	5/15
2:07.73	Lauren Harper	30th		NCAAW1R	5/29
2:08.00	Sophia Wolf	4th	finals	MWC	5/17
2:08.24	Sophia Wolf	5th		Arizona	5/3
2:08.89	Lauren Harper	25th		Stanford	4/5
2:09.08	Sophia Wolf	2nd		Mt. SAC	4/18
2:10.42	Sophia Wolf	39th		NCAAW1R	5/29
2:10.66	Lauren Harper	2nd		BBi	3/7
<b>2:12.97</b>	<b>Tatum Zinkin</b>	<b>114th</b>	<b>invite</b>	<b>BCI</b>	<b>4/17</b>
2:13.13	Tatum Zinkin	37th		MFC	4/5
2:13.83	Tatum Zinkin	20th	prelims	MWC	5/15
2:15.05	Tatum Zinkin	8th		SDSU	3/22
2:15.11	Tatum Zinkin	9th	invitational	UCI	5/2
<b>2:17.37</b>	<b>Sara Jones</b>	<b>124th</b>	<b>PR; open</b>	<b>BCI</b>	<b>4/17</b>
<b>2:17.52</b>	<b>Samantha Wood</b>	<b>124th</b>	<b>invite</b>	<b>BCI</b>	<b>4/17</b>
2:17.66	Sara Jones	12th		SDSU	3/22
2:21.84	Sara Jones	117th		MFC	4/5
2:21.99	Sara Jones	30th		BBi	3/7
2:28.18	Tatum Zinkin	49th		BBi	3/7
<b>2:39.08</b>	<b>Maddy Parrone</b>	<b>22nd</b>	<b>first collegiate 800</b>	<b>SDSU</b>	<b>3/22</b>

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### 1,500 METERS

School Record: 4:06.69 (Monica Joyce, 1982)

NCAA Leader: 4:04.97 (Shannon Flochart, Providence)

Time	Athlete	Place	Notes	Meet	Date
<b>4:22.26</b>	Lauren Harper	4th	5th all-time	SDSU	3/21
<b>4:26.24</b>	Sophia Wolf	6th	7th all-time, PR (ran at UNO prev.)	SDSU	3/21
4:28.98	Lauren Harper	119th	invitational	BCI	4/18
4:29.40	Lauren Harper	2nd		BBI	3/7
<b>4:39.89</b>	Sara Jones	16th	PR	SDSU	3/21
4:40.31	Sara Jones	93rd	open B	BCI	4/18
4:46.16	Sara Jones	17th	outdoor collegiate debut	BBI	3/7
4:48.14	Sara Jones	85th		MFC	4/4
<b>4:48.37</b>	Tatum Zinkin	159th	open B	BCI	4/18
<b>4:48.66</b>	Isabella Fauria	21st		BBI	3/7
4:49.25	Sara Jones	28th	prelims	MWC	5/16
<b>5:10.44</b>	Maddy Parrone	33rd		SDSU	3/21

### MILE

Time	Athlete	Place	Notes	Meet	Date
<b>4:44.16</b>	Lauren Harper	2nd	invitational	UCI	5/2
<b>5:15.06</b>	Sara Jones	21st	invitational	UCI	5/2

### 5,000 METERS

School Record: 15:45.26 (Monica Joyce, 1982)

NCAA Leader: 14:52.45 (Pamela Kosgei, New Mexico)

Time	Athlete	Place	Notes	Meet	Date
<b>16:53.60</b>	Vanessa Cabello	7th		BBI	3/7
17:12.30	Vanessa Cabello	6th		SDSU	3/21
<b>17:14.39</b>	Maddie Heller	15th	PR	BBI	3/7
17:24.21	Maddie Heller	7th		SDSU	3/21
17:29.56	Maddie Heller	51st		MFC	4/4
<b>17:48.31</b>	Presley Bennett	11th	PR	SDSU	3/21
17:52.09	Presley Bennett	33rd	DI track collegiate debut	BBI	3/7
17:56.82	Presley Bennett	70th		MFC	4/4
<b>18:38.39</b>	Maddy Parrone	52nd		BBI	3/7
18:42.41	Presley Bennett	16th	invitational	UCI	5/2

### 10,000 METERS

School Record: 34:22.24 (Lynn Kanuka, 1981)

NCAA Leader: 30:55.37a (Pamela Kosgei, New Mexico)

Time	Athlete	Place	Notes	Meet	Date
<b>36:54.80</b>	Presley Bennett	45th	open	BCI	4/16
38:54.02	Presley Bennett	22nd		MWC	5/15
<b>40:51.93</b>	Maddie Heller	23rd		MWC	5/15
DNF	Maddie Heller	n/a	open	BCI	4/16

### 100-METER HURDLES

School Record: 12.82 (Miesha McKelvy, 1999)

NCAA Leader: 12.62 (Habiba Harris, Florida)

Time	Athlete	Place	Notes	Meet	Date
<b>13.12</b>	Jada Pierre	1st	6th all-time; finals; MW champion	MWC	5/17
13.28	Jada Pierre	2nd	prelims	MWC	5/16
<b>13.29</b>	Charlize James	2nd	finals	MWC	5/17
13.30	Charlize James	3rd	prelims	MWC	5/16
13.32	Charlize James	21st	advanced to NCAA west quarterfinals	NCAAW1R	5/29
13.35	Charlize James	4th		Arizona	5/3
13.43	Jada Pierre	5th		Arizona	5/3
13.46	Jada Pierre	30th		NCAAW1R	5/29
13.53	Charlize James	1st		UCSD	4/5
13.57	Mia Reid	7th	+2.4 wind	Arizona	5/3
13.58	Jada Pierre	2nd		UCSD	4/5
<b>13.68</b>	Mia Reid	5th	prelims	MWC	5/15
13.71	Charlize James	14th	invitational	Mt. SAC	4/19
13.76	Mia Reid	5th	finals	MWC	5/17
14.09	Jada Pierre	1st	-2.2 wind	SDSU	3/22
14.09	Mia Reid	5th		UCSD	4/5
14.15	Mia Reid	21st		Mt. SAC	4/18
14.24	Jada Pierre	18th	-2.3 wind; invitational	Mt. SAC	4/19
14.37	Mia Reid	3rd	-2.2 wind	SDSU	3/22
14.74	Charlize James	5th	-2.2 wind	SDSU	3/22
<b>15.83</b>	Pavana Nagaraj	15th	-1.1 wind, collegiate debut	SDSU	3/22
16.16	Pavana Nagaraj	35th		UCSD	4/5
DNF	Charlize James	n/a		NCAAWq	5/31
DNF	Pavana Nagaraj	n/a	heptathlon	SDSU	3/27

### 400-METER HURDLES

School Record: 54.64 (LaTanya Sheffield, 1985)

NCAA Leader: 53.46 (Savannah Sutherland, Michigan)

Time	Athlete	Place	Notes	Meet	Date
<b>58.64</b>	Anna Mager	23rd	10th all-time at SDSU; adv. to QF	NCAAW1R	5/29
<b>58.64</b>	Anna Mager	4th	10th all-time at SDSU; finals	MWC	5/17
59.27	Anna Mager	2nd		Mt. SAC	4/18
59.61	Anna Mager	15th		Arizona	5/3
59.95	Anna Mager	23rd		NCAAWq	5/31
1:00.72	Anna Mager	4th		UCSD	4/5
1:01.52	Anna Mager	6th	prelims	MWC	5/15

### 3,000 METER STEEPLECHASE

School Record: 10:23.34 (Marie Nilsson, 2004)

NCAA Leader: 9:10.13 (Doris Lemngole, Alabama)

Time	Athlete	Place	Notes	Meet	Date
<b>10:45.66</b>	Samantha Wood	4th	3rd all-time	SDSU	3/21
10:53.65	Samantha Wood	2nd	collegiate debut	BBI	3/7
10:54.02	Samantha Wood	10th		MWC	5/16

### 4x100-METER RELAY

School Record: 42.99 (Auzenne-Glenn-Smith-Henderson, 2017)

NCAA Leader: 42.36 (USC)

Time	Athletes	Place	Notes	Meet	Date
<b>44.29</b>	Hicks-Foote-Waller-Mbye	1st		SDSU	3/22
<b>44.64</b>	Hicks-Foote-Mbye-Pierre	1st		UCSD	4/5
<b>44.67</b>	Warr-Pierre-Mbye-Foote	5th	invitational	Mt. SAC	4/19
<b>44.72</b>	Warr-Pierre-Hicks-Mbye	20th		NCAAWq	5/31
<b>45.23</b>	Pierre-Foote-Hicks-Warr	4th		MWC	5/17

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### 4x400-METER RELAY

School Record: 3:30.57 (Nilson-Ross-Robinson-Sheffield, 1985)

NCAA Leader: 3:23.69 (Arkansas)

Time	Athlete	Place	Notes	Meet	Date
<b>3:40.69</b>	<b>Allen-Blue-Mager-Wolf</b>	<b>5th</b>		<b>Arizona</b>	<b>5/3</b>
<b>3:44.96</b>	<b>Mager-Hicks-Blue-Harper</b>	<b>6th</b>		<b>MWC</b>	<b>5/17</b>
<b>3:46.23</b>	<b>Blue-Allen-Mager-Couch</b>	<b>2nd</b>		<b>SDSU</b>	<b>3/22</b>

### HIGH JUMP

School Record: 5-11.75 (Lori Clark, 1984)

NCAA Leader: 6-05.50 (Temitope Adeshina, Texas Tech)

Mark	Athlete	Place	Notes	Meet	Date
<b>5-03.75</b>	<b>Pavana Nagaraj</b>	<b>2nd</b>	<b>heptathlon</b>	<b>SDSU</b>	<b>3/27</b>
5-03.00	Pavana Nagaraj	T-11th		MWC	5/17
NH	Pavana Nagaraj	NH	outdoor collegiate debut	SDSU	3/22

### POLE VAULT

School Record: 14-09.50 (Bonnie Draxler, 2019)

NCAA Leader: 15-08.25 (Amanda Moll, Washington)

Mark	Athlete	Place	Notes	Meet	Date
<b>13-02.25</b>	<b>Peyton Bedrosian</b>	<b>3rd</b>	<b>PR</b>	<b>MWC</b>	<b>5/16</b>
<b>13-02.25</b>	<b>Sydney Ash</b>	<b>4th</b>	<b>PR</b>	<b>MWC</b>	<b>5/16</b>
<b>13-00.25</b>	<b>Jordan Leveque</b>	<b>1st</b>		<b>UCSD</b>	<b>4/4</b>
<b>13-00.25</b>	<b>Kayla Tassara</b>	<b>2nd</b>	<b>PR</b>	<b>UCSD</b>	<b>4/4</b>
12-10.25	Jordan Leveque	5th		MWC	5/16
12-09.50	Jordan Leveque	1st		Mt. SAC	4/18
12-09.50	Peyton Bedrosian	4th		Mt. SAC	4/18
12-06.75	Kayla Tassara	4th		SDSU	3/22
12-06.75	Jordan Leveque	5th		SDSU	3/22
12-06.50	Sydney Ash	2nd		BYU	4/30
12-06.50	Peyton Bedrosian	4th		BYU	4/30
12-03.50	Kayla Tassara	8th		Mt. SAC	4/18
12-00.75	Sydney Ash	7th		SDSU	3/22
12-00.50	Jordan Leveque	T-6th		BYU	4/30
11-07.00	Peyton Bedrosian	13th	outdoor collegiate debut	SDSU	3/22
11-05.75	Sydney Ash	T-9th		UCSD	4/4
11-05.75	Peyton Bedrosian	T-9th		UCSD	4/4
11-04.50	Kayla Tassara	9th		BYU	4/30
Foul	Kayla Tassara	nr		MWC	5/16

### LONG JUMP

School Record: 21-09.50 (Karoline Koehler, 2009)

NCAA Leader: 23-00.75 (Alexis Brown, Baylor)

Mark	Athlete	Place	Notes	Meet	Date
<b>20-09.00</b>	<b>Pavana Nagaraj</b>	<b>1st</b>	<b>freshman record; 4th all-time</b>	<b>Mt. SAC</b>	<b>4/18</b>
20-02.50	Pavana Nagaraj	3rd	outdoor collegiate debut	UCSD	4/5
20-01.00	Pavana Nagaraj	26th		NCAAW1R	5/29
20-01.00	Pavana Nagaraj	8th		Arizona	5/3
<b>19-06.00</b>	<b>Maya Gorman</b>	<b>16th</b>	<b>PR</b>	<b>Arizona</b>	<b>5/3</b>
19-02.75	Maya Gorman	6th		MWC	5/16
19-02.00	Maya Gorman	8th		Mt. SAC	4/18
19-01.25w	Maya Gorman	2nd	+3.2 wind-aided mark	SDSU	3/22
18-10.00	Maya Gorman	7th		UCSD	4/5
<b>17-05.50</b>	<b>Alyssa Alumbres</b>	<b>6th</b>	<b>outdoor collegiate debut</b>	<b>SDSU</b>	<b>3/22</b>
17-04.25w	Lily Mulligan	2nd	+2.4 wind-aided mark	ARI	3/28
17-02.75	Alyssa Alumbres	T-19th		UCSD	4/5
<b>16-08.50</b>	<b>Lily Mulligan</b>	<b>10th</b>	<b>collegiate debut in the event</b>	<b>SDSU</b>	<b>3/22</b>
Foul	Pavana Nagaraj	nr		MWC	5/16

### TRIPLE JUMP

School Record: 46-05.00 (Shanieka Thomas, 2013)

NCAA Leader: 45-11.75 (Three tied)

Mark	Athlete	Place	Notes	Meet	Date
<b>39-10.50</b>	<b>Alyssa Alumbres</b>	<b>1st</b>		<b>UCSD</b>	<b>4/4</b>
39-08.00w	Alyssa Alumbres	1st	+2.3 wind-aided mark; outdoor debut	SDSU	3/22
37-10.00	Alyssa Alumbres	22nd		Mt. SAC	4/18
Foul	Alyssa Alumbres	nr		MWC	5/17
Foul	Alyssa Alumbres	nr		Arizona	5/3

### SHOT PUT

School Record: 58-03.50 (Ramona Pagel, 1984)

NCAA Leader: 64-03.75 (Mya Lesnar, Colorado State)

Mark	Athlete	Place	Notes	Meet	Date
<b>34-11.25</b>	<b>Pavana Nagaraj</b>	<b>13th</b>	<b>outdoor collegiate debut</b>	<b>SDSU</b>	<b>3/22</b>
34-00.75	Pavana Nagaraj	3rd	heptathlon	SDSU	3/27

### DISCUS THROW

School Record: 196-10 (Whitney Ashley, 2012)

NCAA Leader: 217-00 (Jayden Ulrich, Louisville)

Mark	Athlete	Place	Notes	Meet	Date
<b>34-11.25</b>	<b>Pavana Nagaraj</b>	<b>13th</b>	<b>collegiate debut</b>	<b>SDSU</b>	<b>3/22</b>

### HAMMER THROW

School Record: 187-05 (Whitney Ashley, 2011)

NCAA Leader: 233-04 (Emily Fink, Army West Point)

Mark	Athlete	Place	Notes	Meet	Date
<b>136-05</b>	<b>Keira Bennett</b>	<b>13th</b>		<b>SDSU</b>	<b>3/21</b>
135-01	Keira Bennett	29th		Arizona	5/3
134-00	Keira Bennett	30th		UCSD	4/4

### JAVELIN THROW

School Record: 160-05 (Niki Oudenaarden, 2014)

NCAA Leader: 210-06 (Manuela Rotundo, Georgia)

Mark	Athlete	Place	Notes	Meet	Date
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### HEPTATHLON

School Record: 5,917 points (Allison Reaser, 2014)

NCAA Leader: 6,260 points (Sofia Iakushina, Texas A&M)

Mark	Athlete	Place	Notes	Meet	Date
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## 2025 INDOOR PERFORMANCE LIST (Final)

KEY: sr - school record; (number) - top 10 school ranking; p - preliminaries; h - heats; 1r - first round; q - quarterfinals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; c - "c" section; se - seeded; u - unseeded; pn - pentathlon; a - altitude (aa - adjusted for altitude by TFRRS); w - wind-aided (>2.0 meters/second); conv - converted from 4x400 yard relay.

### 60 METERS

SDSU Record: 7.17 (Ashley Henderson, 2017)

Time	Athlete	Place	Key	Meet (Date)
<b>7.29a</b>	<b>Hanna Waller</b>	<b>1st</b>	<b>p</b>	<b>MW Championships (2/28)</b>
7.34a	Hannah Waller	2nd	p	Silver & Blue Invitational (1/10)
<b>7.35a</b>	<b>Shaquena Foote</b>	<b>3rd</b>	<b>f, #6</b>	<b>Silver &amp; Blue Invit. (1/10)</b>
<b>7.35a</b>	<b>Shaquena Foote</b>	<b>3rd</b>	<b>p</b>	<b>Silver &amp; Blue Invit. (1/10)</b>
<b>7.36a</b>	<b>Aji Mbye</b>	<b>4th</b>	<b>f, #7</b>	<b>MW Championships (3/1)</b>
<b>7.36a</b>	<b>Aji Mbye</b>	<b>4th</b>	<b>f, #7</b>	<b>Silver &amp; Blue Invit. (1/10)</b>
7.37	Hannah Waller	2nd	f	DeLoss Dodds Invitational (2/1)
7.38a	Aji Mbye	4th	p	MW Championships (2/28)
7.40	Hannah Waller	2nd	p	DeLoss Dodds Invitational (2/1)
7.44a	Aji Mbye	12th	p,i	Don Kirby Elite Invite (2/14)
7.46a	Hannah Waller	13th	p,i	Don Kirby Elite Invite (2/14)
<b>7.48a</b>	<b>Mikaela Warr</b>	<b>6th</b>	<b>p</b>	<b>Silver &amp; Blue Invit. (1/10)</b>
7.50a	Aji Mbye	7th	p	Silver & Blue Invitational (1/10)
7.50a	Mikaela Warr	6th	f	Silver & Blue Invitational (1/10)
7.51a	Mikaela Warr	7th	p	MW Championships (2/28)
7.52	Mikaela Warr	4th	f	DeLoss Dodds Invitational (2/1)
7.52a	Mikaela Warr	6th	u	Don Kirby Elite Invite (2/14)
<b>7.53a</b>	<b>Olivia Hicks</b>	<b>10th</b>	<b>u</b>	<b>Don Kirby Elite Invite(2/14)</b>
7.55a	Olivia Hicks	10th	p	MW Championships (2/28)
7.55	Olivia Hicks	5th	f	DeLoss Dodds Invitational (2/1)
7.57	Olivia Hicks	6th	p	DeLoss Dodds Invitational (2/1)
7.58a	Olivia Hicks	10th	p	Silver & Blue Invitational (1/10)
<b>7.61a</b>	<b>Jada Pierre</b>	<b>11th</b>	<b>p</b>	<b>Silver &amp; Blue Invit. (1/10)</b>
7.66a	Mikaela Warr	7th	f	MW Championships (3/1)
7.66	Mikaela Warr	8th	p	DeLoss Dodds Invitational (2/1)
<b>7.95a</b>	<b>Jordan Leveque</b>	<b>24th</b>	<b>p</b>	<b>Silver &amp; Blue Invit. (1/10)</b>
8.00a	Jordan Leveque	59th	u	Don Kirby Elite Invite (2/14)
<b>8.06</b>	<b>Mia Reid</b>	<b>26th</b>	<b>p</b>	<b>Silver &amp; Blue Invit. (1/10)</b>

### 200 METERS

SDSU Record: 22.41 (Ashley Henderson, 2018)

Time	Athlete	Place	Key	Meet (Date)
<b>22.89a</b>	<b>Shaquena Foote</b>	<b>1st</b>	<b>f, sr</b>	<b>MW Championships (3/1)</b>
23.22a	Shaquena Foote	1st		Silver & Blue Invitational (1/11)
23.22a	Shaquena Foote	3rd	i	Don Kirby Elite Invite (2/14)
23.28a	Shaquena Foote	1st	p	MW Championships (2/28)
23.46	Shaquena Foote	2nd		DeLoss Dodds Invitational (1/31)
<b>23.50a</b>	<b>Aji Mbye</b>	<b>4th</b>	<b>f</b>	<b>MW Championships (3/1)</b>
23.52a	Aji Mbye	3rd	p	MW Championships (2/28)
<b>23.90a</b>	<b>Olivia Hicks</b>	<b>9th</b>	<b>p</b>	<b>MW Championships (2/28)</b>
24.05a	Aji Mbye	11th	i	Don Kirby Elite Invite (2/14)
24.11a	Olivia Hicks	12th	u	Don Kirby Elite Invite (2/14)
24.19	Aji Mbye	6th		DeLoss Dodds Invitational (1/31)
<b>24.27a</b>	<b>Charlize James</b>	<b>21st</b>	<b>u</b>	<b>Don Kirby Elite Invite(2/14)</b>
<b>24.41</b>	<b>Laraigh Allen</b>	<b>22nd</b>	<b>u</b>	<b>Don Kirby Elite Invite(2/14)</b>
<b>24.57a</b>	<b>Mikaela Warr</b>	<b>14th</b>	<b>p</b>	<b>MW Championships (2/28)</b>
24.59	Olivia Hicks	11th		DeLoss Dodds Invitational (1/31)
24.65a	Laraigh Allen	16th	p	MW Championships (2/28)
24.66a	Charlize James	17th	p	MW Championships (2/28)
<b>24.73a</b>	<b>Anna Mager</b>	<b>7th</b>		<b>Silver &amp; Blue Invit. (1/11)</b>
24.76	Laraigh Allen	12th		DeLoss Dodds Invitational (1/31)
24.83	Charlize James	14th		DeLoss Dodds Invitational (1/31)
24.91a	Laraigh Allen	8th		Silver & Blue Invitational (1/11)
<b>24.98</b>	<b>Jada Pierre</b>	<b>15th</b>		<b>DeLoss Dodds Invit. (1/31)</b>
<b>25.35a</b>	<b>Takiyah Blue</b>	<b>12th</b>		<b>Silver &amp; Blue Invit. (1/11)</b>
25.40a	Mikaela Warr	67th	u	Don Kirby Elite Invite (2/14)
25.44	Takiyah Blue	21st		DeLoss Dodds Invitational (1/31)

### 400 METERS

SDSU Record: 51.48 (Shaquena Foote, 2025)

Time	Athlete	Place	Key	Meet (Date)
<b>51.48a</b>	<b>Shaquena Foote</b>	<b>1st</b>	<b>f, sr</b>	<b>MW Championships (3/1)</b>
52.42a	Shaquena Foote	4th	i	Don Kirby Elite Invite (2/14)
52.58	Shaquena Foote	14th	p	NCAA Championships (3/14)
52.73a	Shaquena Foote	1st	p	MW Championships (2/28)
<b>54.50a</b>	<b>Anna Mager</b>	<b>2nd</b>	<b>u, #9</b>	<b>Don Kirby Elite Invite(2/14)</b>
55.43	Anna Mager	3rd		DeLoss Dodds Invitational (2/1)
55.62	Anna Mager	16th	p	MW Championships (2/28)
<b>56.11a</b>	<b>Lidia Major</b>	<b>25th</b>	<b>u</b>	<b>Don Kirby Elite Invite(2/14)</b>
<b>56.21a</b>	<b>Takiyah Blue</b>	<b>18th</b>	<b>p</b>	<b>MW Championships (2/28)</b>
56.64a	Takiyah Blue	34th	u	Don Kirby Elite Invite (2/14)

### 800 METERS

SDSU Record: 2:07.31 (Lauren Harper, 2022)

Time	Athlete	Place	Key	Meet (Date)
<b>2:07.09</b>	<b>Sophia Wolf</b>	<b>1st</b>	<b>sr</b>	<b>DeLoss Dodds Invit. (2/1)</b>
2:07.86a	Sophia Wolf	1st		Don Kirby Elite Invite (2/14)
<b>2:07.86a</b>	<b>Lauren Harper</b>	<b>2nd</b>		<b>Don Kirby Elite Invite(2/14)</b>
2:09.22a	Sophia Wolf	2nd	f	MW Championships (3/1)
2:09.43	Lauren Harper	5th		UW Preview (1/17)
2:10.11a	Lauren Harper	4th	f	MW Championships (3/1)
2:11.46a	Lauren Harper	3rd	p	MW Championships (2/28)
2:11.75a	Sophia Wolf	6th	p	MW Championships (2/28)
<b>2:15.08</b>	<b>Isabella Fauria</b>	<b>17th</b>		<b>UW Preview (1/17)</b>
<b>2:17.92</b>	<b>Samantha Wood</b>	<b>20th</b>		<b>UW Preview (1/17)</b>
<b>2:18.80a</b>	<b>Sara Jones</b>	<b>12th</b>		<b>Don Kirby Elite Invite(2/14)</b>
2:18.85a	Sara Jones	17th	p	MW Championships (2/28)
2:19.29a	Samantha Wood	18th	p	MW Championships (2/28)
<b>2:20.65</b>	<b>Jenna Fee Feyerabend</b>	<b>????</b>	<b>pn</b>	<b>NCAA Championships(3/14)</b>
2:21.52	Sara Jones	27th		UW Preview (1/17)
2:22.19	Jenna Fee Feyerabend	9th	pn	DeLoss Dodds Invit. (1/31)
2:24.76a	Jenna Fee Feyerabend	5th	pn	MW Championships (2/27)

### MILE

SDSU Record: 4:36.4 (Monica Joyce, 1982)

Time	Athlete	Place	Key	Meet (Date)
<b>4:55.33</b>	<b>Lauren Harper</b>	<b>1st</b>	<b>o, #4</b>	<b> Mile City (1/18)</b>
<b>4:57.90</b>	<b>Isabella Fauria</b>	<b>46th</b>	<b>i, #5</b>	<b> Mile City (1/18)</b>
<b>5:02.81</b>	<b>Emily Van Valkenburg</b>	<b>51st</b>	<b>i, #7</b>	<b> Mile City (1/18)</b>
<b>5:05.33</b>	<b>Vanessa Cabello</b>	<b>8th</b>	<b>o, #9</b>	<b> Mile City (1/18)</b>
5:07.17	Vanessa Cabello	11th		Don Kirby Elite Invite(2/14)
<b>5:07.96</b>	<b>Samantha Wood</b>	<b>19th</b>	<b>o</b>	<b> Mile City (1/18)</b>
<b>5:08.32</b>	<b>Sara Jones</b>	<b>20th</b>	<b>o, PR</b>	<b> Mile City (1/18)</b>
5:10.71a	Isabella Fauria	23rd	p	MW Championships (2/28)

### 3,000 METERS

SDSU Record: 9:32.77 (Jessica Kain, 2024)

Time	Athlete	Place	Key	Meet (Date)
<b>9:50.38</b>	<b>Vanessa Cabello</b>	<b>35th</b>	<b>#3</b>	<b>UW Preview (1/17)</b>
<b>9:57.90</b>	<b>Emily Van Valkenburg</b>	<b>40th</b>	<b>#4</b>	<b>UW Preview (1/17)</b>
10:10.63a	Vanessa Cabello	30th		MW Championships (3/1)

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### 60-METER HURDLES

SDSU Record: 8.11 (Micha Auzenne, 2017)

Time	Athlete	Place	Key	Meet (Date)
8.24a	Charlize James	1st	f	MW Championships (3/1)
8.27a	Charlize James	5th	i, f	Don Kirby Elite Invite (2/14)
8.32a	Jada Pierre	2nd	f, #9	MW Championships (3/1)
8.34a	Charlize James	3rd	i, p	Don Kirby Elite Invite (2/14)
8.34	Charlize James	1st	p	DeLoss Dodds Invitational (2/1)
8.36	Charlize James	1st	f	DeLoss Dodds Invitational (2/1)
8.40a	Jada Pierre	8th	f	Don Kirby Elite Invite (2/14)
8.40a	Charlize James	1st	p	Silver & Blue Invitational (1/10)
8.41a	Jada Pierre	6th	p	Don Kirby Elite Invite (2/14)
8.41a	Jada Pierre	2nd	f	Silver & Blue Invitational (1/10)
8.43a	Charlize James	2nd	p	MW Championships (2/28)
8.47a	Charlize James	3rd	f	Silver & Blue Invitational (1/10)
8.54a	Jada Pierre	4th	p	Silver & Blue Invitational (1/10)
8.55a	Mia Reid	6th	f	MW Championships (3/1)
8.55a	Jada Pierre	6th	p	MW Championships (2/28)
8.63a	Mia Reid	7th	p	MW Championships (2/28)
8.65a	Mia Reid	13th	p	Don Kirby Elite Invite (2/14)
8.70a	Jenna Fee Feyerabend	2nd	pn	MW Championships (2/27)
8.71	Mia Reid	6th	f	DeLoss Dodds Invitational (2/1)
8.78a	Mia Reid	6th	p	Silver & Blue Invitational (1/10)
8.81	Mia Reid	6th	p	DeLoss Dodds Invitational (2/1)
8.82a	Jenna Fee Feyerabend	10th	p	Silver & Blue Invitational (1/10)
8.83	Jenna Fee Feyerabend	16th	pn	DeLoss Dodds Invitational (1/31)
8.84	Jenna Fee Feyerabend	15th	pn	NCAA Championships (3/14)
8.84a	Jenna Fee Feyerabend	24th	p	Don Kirby Elite Invite (2/14)
8.93a	Anna Mager	13th	p	Silver & Blue Invit. (1/10)
8.95	Anna Mager	8th	p	DeLoss Dodds Invitational (2/1)
9.19a	Mia Reid	8th	f	Silver & Blue Invitational (1/10)
9.52	Pavana Nagaraj	10th	p	DeLoss Dodds Invit. (2/1)

### DISTANCE MEDLEY RELAY

SDSU Record: 11:49.06 (Cabell-Major-Lomeli-Kain, 2024)

Time	Athlete	Place	Key	Meet (Date)
12:12.31a	Wood, Blue, Jones, Cabello	7th		MW Championships (2/28)

### 4x400-METER RELAY

SDSU Record: 3:33.81 (Harris-Dyer-Roberson-McNeil, 2020)

Time	Athlete	Place	Key	Meet (Date)
3:41.19	Mager, Mbye, Wolf, Foote	2nd		DeLoss Dodds Invitational (2/1)
3:47.25	Mager, Blue, Allen, Harper	16th		Don Kirby Elite Invite (2/14)
3:48.39a	Hicks, Blue, Wolf, Foote	9th		MW Championships (3/1)
3:54.48a	Allen, Pierre, James, Mbye	5th		Silver & Blue Invitational (1/11)

### HIGH JUMP

SDSU Record: 5-09.25 (Jenna Fee Feyerabend, 2023)

Mark	Athlete	Place	Key	Meet (Date)
5-08.50	Jenna Fee Feyerabend	4th	senior	MW Championships (2/28)
5-08.00	Jenna Fee Feyerabend	1st	pn	MW Championships (2/27)
5-08.00	Jenna Fee Feyerabend	4th	pn	DeLoss Dodds Invitational (1/31)
5-07.75	Jenna Fee Feyerabend	7th	pn	NCAA Championships (3/14)
5-07.00	Jenna Fee Feyerabend	4th		Silver & Blue Invitational (1/11)
5-03.75	Pavana Nagaraj	28th		Don Kirby Elite Invite(2/14)
5-03.00	Maya Gorman	10th		Silver & Blue Invit. (1/10)
5-01.75	Maya Gorman	32nd		Don Kirby Elite Invite(2/14)
5-05.50	Pavana Nagaraj	17th		MW Championships (2/28)
5-05.50	Maya Gorman	17th		MW Championships (2/28)

### POLE VAULT

SDSU Record: 14-11.50 (Bonnie Draxler, 2019)

Mark	Athlete	Place	Key	Meet (Date)
13-01.75	Peyton Bedrosian	4th	#14	MW Championships (2/28)
13-00.25	Jordan Leveque	12th	#18	DeLoss Dodds Invit. (1/31)
12-04.75	Jordan Leveque	6th	"b"	Don Kirby Elite Invite (2/14)
12-04.00	Jordan Leveque	6th		MW Championships (2/28)
12-04.00	Kayla Tassara	10th		MW Championships (2/28)
12-03.50	Jordan Leveque	1st		Silver & Blue Invitational (1/10)
12-03.50	Peyton Bedrosian	2nd		Silver & Blue Invitational (1/10)
12-01.50	Peyton Bedrosian	5th	"c"	Don Kirby Elite Invite (2/14)
11-10.75	Kayla Tassara	15th	"b"	Don Kirby Elite Invite (2/14)
NH	Kayla Tassara	-		Silver & Blue Invitational (1/10)

### LONG JUMP

SDSU Record: 21-07.50 (Karoline Koehler, 2010)

Mark	Athlete	Place	Key	Meet (Date)
20-11.25	Hannah Waller	1st	#2	MW Championships(2/28)
20-10.75	Hannah Waller	2nd		DeLoss Dodds Invitational (1/31)
20-04.50	Hannah Waller	4th		Don Kirby Elite Invite (2/14)
20-03.00	Xiamara Young	5th	soph.	Don Kirby Elite Invite(2/14)
19-08.75	Xiamara Young	5th		MW Championships (2/28)
19-05.50	Hannah Waller	4th		Silver & Blue Invitational (1/10)
19-05.25	Pavana Nagaraj	9th		Don Kirby Elite Invite(2/14)
19-02.75	Jenna Fee Feyerabend	12th	pn	NCAA Championships(3/14)
19-02.75	Pavana Nagaraj	7th		DeLoss Dodds Invitational (1/31)
19-00.00	Pavana Nagaraj	7th		Silver & Blue Invitational (1/10)
18-11.75	Jenna Fee Feyerabend	2nd	pn	MW Championships (2/27)
18-11.75	Jenna Fee Feyerabend	6th	pn	DeLoss Dodds Invitational (1/31)
18-08.75	Jenna Fee Feyerabend	20th		Don Kirby Elite Invite (2/14)
18-07.75	Maya Gorman	23rd		Don Kirby Elite Invite(2/14)
18-01.50	Maya Gorman	11th		Silver & Blue Invitational (1/10)
17-10.75	Xiamara Young	14th		Silver & Blue Invitational (1/10)
17-10.25	Maya Gorman	12th		DeLoss Dodds Invitational (1/31)
17-09.50	Xiamara Young	13th		DeLoss Dodds Invitational (1/31)
17-07.50	Jenna Fee Feyerabend	16th		Silver & Blue Invitational (1/10)
17-06.75	Maya Gorman	24th		MW Championships (2/28)
17-04.75	Pavana Nagaraj	25th		MW Championships (2/28)
16-11.25	Giselle Galles	25th		Silver & Blue Invit. (1/10)

### TRIPLE JUMP

2025 MW Leader: 45-11.75 (Emilia Sjostrand, San Jose State)

Mark	Athlete	Place	Key	Meet (Date)
42-06.00	Xiamara Young	5th		MW Championships (3/1)
41-11.25	Xiamara Young	7th		Don Kirby Elite Invite(2/14)
41-02.50	Xiamara Young	1st		DeLoss Dodds Invitational (2/1)
38-08.25	Alyssa Alumbres	10th		MW Championships (3/1)
38-06.25	Alyssa Alumbres	25th		Don Kirby Elite Invite(2/14)
37-04.00	Alyssa Alumbres	6th		DeLoss Dodds Invitational (2/1)

### SHOT PUT

SDSU Record: 55-07.50 (Whitney Ashley, 2012)

Mark	Athlete	Place	Key	Meet (Date)
45-00.25	Jenna Fee Feyerabend	1st	pn	MW Championships (2/27)
44-01.50	Jenna Fee Feyerabend	5th	pn	NCAA Championships (3/14)
44-00.50	Jenna Fee Feyerabend	2nd		Silver & Blue Invitational (1/10)
44-00.50	Jenna Fee Feyerabend	4th	pn	DeLoss Dodds Invitational (1/31)
43-04.25	Jenna Fee Feyerabend	17th		Don Kirby Elite Invite (2/14)
36-08.25	Pavana Nagaraj	11th		DeLoss Dodds Invit. (2/1)

### PENTATHLON

SDSU Record: 4,263 points (Jenna Fee Feyerabend, 2023)

Mark	Athlete	Place	Key	Meet (Date)
4,202 pts.	Jenna Fee Feyerabend	10th	senior	NCAA Championships(3/14)
4,183 pts.	Jenna Fee Feyerabend	1st		MW Championships (2/27)
4,169 pts.	Jenna Fee Feyerabend	4th		DeLoss Dodds Invitational (1/31)



## 2025 INDIVIDUAL PERFORMANCES (Final)

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Note: all PRs are collegiate personal records.

### Sydney Ash

Sophomore | Issaquah, Wash. | Liberty HS

#### INDOOR SEASON

Pole Vault (PR: 13-02.25 - May 16, 2025)

Mark (Key)	Finish	Meet	Date
12-00.75	7th	Aztec Invitational	March 22
11-05.75	T-9th	Triton Invitational	April 4
12-06.50	2nd	BYU Robison Invite	April 30
13-02.25	4th	MW Championships	May 16

### Laraigh Allen

Freshman | San Diego, Calif. | Helix HS

#### INDOOR SEASON

200m (PR: 24.41 - Feb. 14, 2025)

Mark (Key)	Finish	Meet	Date
24.91a	8th	Silver & Blue Invitational	Jan. 11
24.76	12th	DeLoss Dodds Invitational	Jan. 31
24.41a	22nd	Don Kirby Elite Invite	Feb. 14
24.65a (p)	16th	MW Championships	Feb. 28

#### OUTDOOR SEASON

200m (PR: 23.80 - May 15, 2025)

Mark (Key)	Finish	Meet	Date
26.14 (w)	34th	Aztec Invitational	March 22
25.53	34th	Triton Invitational	April 4
24.89 (w)	43rd	Mt. SAC Relays	April 18
23.98	19th	Desert Heat Classic	May 3
23.80 (p)	8th	MW Championships	May 15
24.19 (f)	9th	MW Championships	May 16

#### 4x400-Meter Relay

Mark (Key)	Finish	Meet	Date
3:46.23	2nd	Aztec Invitational	March 22
3:40.69	5th	Desert Heat Classic	May 3

### Alyssa Alumbres

Freshman | Murrieta, Calif. | Vista Murrieta HS

#### INDOOR SEASON

Triple Jump (PR: 38-08.25 - March 1, 2025)

Mark (Key)	Finish	Meet	Date
37-04.00	6th	DeLoss Dodds Invitational	Feb. 1
38-06.25	25th	Don Kirby Elite Invite	Feb. 15
38-08.25	10th	MW Championships	March 1

#### OUTDOOR SEASON

Long Jump (PR: 17-05.50 - March 22, 2025)

Mark (Key)	Finish	Meet	Date
17-05.50	6th	Aztec Invitational	March 22
17-02.75	T-19th	Triton Invitational	April 5

Triple Jump (PR: 39-10.50 - April 4, 2025)

Mark (Key)	Finish	Meet	Date
39-08.00 (w)	1st	Aztec Invitational	March 22
39-10.50	1st	Triton Invitational	April 4
37-10.00	22nd	Mt. SAC Relays	April 18
Foul	nr	Desert Heat Classic	May 3
Foul	nr	MW Championships	May 17

### Peyton Bedrosian

Freshman | Paso Robles, Calif. | Paso Robles HS

#### INDOOR SEASON

Pole Vault (PR: 13-01.75 - Feb. 28, 2025)

Mark (Key)	Finish	Meet	Date
12-03.50	2nd	Silver & Blue Invitational	Jan. 10
12-01.50	5th	Don Kirby Elite Invite	Feb. 14
13-01.75	T-4th	MW Championships	Feb. 28

#### OUTDOOR SEASON

Pole Vault (PR: 13-02.25 - May 16, 2025)

Mark (Key)	Finish	Meet	Date
11-07.00	13th	Aztec Invitational	March 22
11-05.75	T-9th	Triton Invitational	April 4
12-09.50	4th	Mt. SAC Relays	April 18
12-06.50	4th	BYU Robison Invitational	April 30
13-02.25	3rd	MW Championships	May 16

### Keira Bennett

Sophomore | Parker, Colo. | Chaparral HS

#### OUTDOOR SEASON

Hammer Throw (PR: 147-08 - March 22, 2024)

Mark (Key)	Finish	Meet	Date
136-05	13th	Aztec Invitational	March 21
134-00	30th	Triton Invitational	April 4
135-01	29th	Desert Heat Classic	May 3

### Presley Bennett

Junior | Encinitas, Calif. | San Diego Mesa College

#### OUTDOOR SEASON

5,000m (PR: 17:48.31 - March 21, 2025)

Mark (Key)	Finish	Meet	Date
17:52.09	33rd	Ben Brown Invitational	March 7
17:48.31	11th	Aztec Invitational	March 21
17:56.82	70th	Mike Fanelli Classic	April 4
18:42.41 (i)	16th	Steve Scott Invitational	May 2

10,000m (PR: 36:54.80 - April 16, 2025)

Mark (Key)	Finish	Meet	Date
36:54.80 (o)	45th	Bryan Clay Invitational	April 16
38:54.02	22nd	MW Championships	May 15

### Takiyah Blue

Sophomore | Seattle, Wash. | Eastern Washington

#### INDOOR SEASON

200m (PR: 24.85 - Feb. 9, 2024)

Mark (Key)	Finish	Meet	Date
25.35a	12th	Silver & Blue Invit.	Jan. 11
25.44	21st	DeLoss Dodds Invitational	Jan. 31

400m (PR: 56.21 - Feb. 28, 2025)

Mark (Key)	Finish	Meet	Date
56.64a	34th	Don Kirby Elite Invite	Feb. 14
56.21a (p)	18th	MW Championships	Feb. 28

#### 4x400-Meter Relay

Mark (Key)	Finish	Meet	Date
3:48.39	9th	MW Championships	March 1

#### Distance Medley Relay

Mark (Key)	Finish	Meet	Date
12:12.31	7th	MW Championships	Feb. 27

#### OUTDOOR SEASON

200 Meters (PR: 25.34 - April 4, 2025)

Mark (Key)	Finish	Meet	Date
25.05 (w)	19th	Aztec Invitational	March 22
25.34	30th	Triton Invitational	April 4

400 Meters (PR: 55.99 - April 5, 2025)

Mark (Key)	Finish	Meet	Date
56.46	10th	Aztec Invitational	March 22
55.99	8th	Triton Invitational	April 5
57.09	31st	Mt. SAC Relays	April 18
56.19	31st	Desert Heat Classic	May 3
56.46 (p)	14th	MW Championships	May 16

#### 4x400-Meter Relay

Mark (Key)	Finish	Meet	Date
3:46.23	2nd	Aztec Invitational	March 22
3:40.69	5th	Desert Heat Classic	May 3
3:44.96	6th	MW Championships	May 17

### Vanessa Cabello

Senior | Los Altos, Calif. | Saint Francis HS

#### INDOOR SEASON

Mile (PR: 5:05.33 - Jan. 19, 2025)

Mark (Key)	Finish	Meet	Date
5:05.33 (o, #9)	8th	Mile City	Jan. 18
5:07.17a	11th	Don Kirby Elite Invite	Feb. 15

3,000m (PR: 9:50.38 - Jan. 18, 2025)

Mark (Key)	Finish	Meet	Date
9:50.38 (#3)	35th	UW Invite	Jan. 17
10:10.63a	30th	MW Championships	March 1

#### Distance Medley Relay

Mark (Key)	Finish	Meet	Date
12:12.31	7th	MW Championships	Feb. 27

#### OUTDOOR SEASON

5,000m (PR: 16:38.76 - April 12, 2024)

Mark (Key)	Finish	Meet	Date
16:53.60	7th	Ben Brown Invitational	March 7
17:12.30	6th	Aztec Invitational	March 21

### Emille Couch

Freshman | Dallas, Texas | Ursoline Academy

#### OUTDOOR SEASON

200m (PR: 26.14 - March 22, 2025)

Mark (Key)	Finish	Meet	Date
26.14	33rd	Aztec Invitational	March 22
27.26	77th	Triton Invitational	April 4

400m (PR: 57.91 - March 22, 2025)

Mark (Key)	Finish	Meet	Date
57.91	16th	Aztec Invitational	March 22
58.21	41st	Desert Heat Classic	May 3

#### 4x400-Meter Relay

Mark (Key)	Finish	Meet	Date
3:46.23	2nd	Aztec Invitational	March 22

### Isabella Fauria

Senior | Sacramento, Calif. | New Mexico

#### INDOOR SEASON

800m (PR: 2:15.06 - Feb. 23, 2024)

Mark (Key)	Finish	Meet	Date
2:15.08	17th	UW Invite	Jan. 17

Mile (PR: 4:57.90 - Jan. 19, 2025)

Mark (Key)	Finish	Meet	Date
4:57.90 (i, #5)	46th	Mile City	Jan. 18
5:10.71a (p)	23rd	MW Championships	Feb. 28

#### OUTDOOR SEASON

1,500m (PR: 4:30.29 - March 22, 2024)

Mark (Key)	Finish	Meet	Date
4:48.66	21st	Ben Brown Invitational	March 7

### Jenna Fee Feyerabend

Senior | Groß-Gerau, Germany | Carl-Von-Weinberg Schule

#### INDOOR SEASON

800m (PR: 2:20.65 - March 14, 2025)

Mark (Key)	Finish	Meet	Date
2:22.19 (pn)	9th	DeLoss Dodds Invit.	Jan. 31
2:24.76a (pn)	5th	MW Championships	Feb. 27
2:20.65 (pn)	11th	NCAA Championships	March 14

60m Hurdles (PR: 8.63 - Feb. 24, 2023)

Mark (Key)	Finish	Meet	Date
8.82a (p)	10th	Silver & Blue Invitational	Jan. 10
8.83 (pn)	16th	DeLoss Dodds Invitational	Jan. 31
8.84a	24th	Don Kirby Elite Invite	Feb. 14
8.70a (pn)	2nd	MW Championships	Feb. 27
8.84 (pn)	15th	NCAA Championships	March 14

2025 INDIVIDUAL PERFORMANCES

KEY: sr - school record; (number) - top 10 school ranking; p - preliminaries; h - heats; 1r - first round; q - quarterfinals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; c - "c" section; se - seeded; u - unseeded; pn - pentathlon; hp - heptathlon; a - altitude; w - wind-aided (>2.0 meters/second); conv - converted from 4x400 yard relay.  
Note: all PRs are collegiate personal records.

High Jump (PR: 5-09.25 - Feb. 25, 2023)

Mark (Key)	Finish	Meet	Date
5-07.00	4th	Silver & Blue Invitational	Jan. 11
5-08.00 (pn)	4th	DeLoss Dodds Invitational	Jan. 31
5-08.00 (pn)	1st	MW Championships	Feb. 27
5-08.50	4th	MW Championships	Feb. 28
5-07.75 (pn)	7th	NCAA Championships	March 14

Long Jump (PR: 19-08.25 - Mar. 11, 2023)

Mark (Key)	Finish	Meet	Date
17-07.50	16th	Silver & Blue Invitational	Jan. 10
18-11.75 (pn)	6th	DeLoss Dodds Invit.	Jan. 31
18-07.75	20th	Don Kirby Elite Invite	Feb. 14
18-11.75 (pn)	2nd	MW Championships	Feb. 27
19-02.75 (pn)	12th	NCAA Championships	March 14

Shot Put (PR: 45-00.25 - Feb. 27, 2025)

Mark (Key)	Finish	Meet	Date
44-00.50	2nd	Silver & Blue Invitational	Jan. 11
44-00.50 (pn)	4th	DeLoss Dodds Invitational	Jan. 31
43-04.25	17th	Don Kirby Elite Invite	Feb. 14
45-00.25 (pn)	1st	MW Championships	Feb. 27
44-01.50 (pn)	5th	NCAA Championships	March 14

Pentathlon (PR: 4,263 points - Mar. 11, 2023)

Mark (Key)	Finish	Meet	Date
4,169 pts.	4th	DeLoss Dodds Invitational	Jan. 31
4,183 pts.	1st	MW Championships	Feb. 27

Shaquena Foote  
Junior | Westmoreland, Jamaica | Petersfield HS  
INDOOR SEASON

60m (PR: 7.35a - Jan. 10, 2025)

Mark (Key)	Finish	Meet	Date
7.35a (f, #6)	3rd	Silver & Blue Invit.	Jan. 10
7.35a (p, #6)	3rd	Silver & Blue Invit.	Jan. 10

200m (PR: 22.89a - March 1, 2025)

Mark (Key)	Finish	Meet	Date
23.22a	1st	Silver & Blue Invitational	Jan. 11
23.46	2nd	DeLoss Dodds Invitational	Jan. 31
23.22a (i)	3rd	Don Kirby Elite Invite	Feb. 14
23.28a (p)	1st	MW Championships	Feb. 28
22.89a (f, #2)	1st	MW Championships	March 1

400m (PR: 51.48a - March 1, 2025)

Mark (Key)	Finish	Meet	Date
DQ	-	DeLoss Dodds Invitational	Feb. 1
52.42a	4th	Don Kirby Elite Invite	Feb. 15
52.73a (p)	1st	MW Championships	Feb. 28
51.48a (f, sc)	1st	MW Championships	March 1
52.58 (p)	14th	NCAA Championships	March 14

600m (PR: 1:30.28 - Jan. 18, 2025)

Mark (Key)	Finish	Meet	Date
1:30.28 (#3)	2nd	UW Invite	Jan. 17

4x400-Meter Relay

Mark (Key)	Finish	Meet	Date
3:41.19	2nd	DeLoss Dodds Invit.	Jan. 31
3:48.39	9th	MW Championships	March 1

OUTDOOR SEASON

100m (PR: 11.71 - April 5, 2025)

Mark (Key)	Finish	Meet	Date
11.71	5th	Triton Invitational	April 5

200m (PR: 23.20 - May 11, 2024)

Mark (Key)	Finish	Meet	Date
23.58	3rd	Aztec Invitational	March 22
23.41 (p)	5th	MW Championships	May 15
23.28 (f)	3rd	MW Championships	May 17

400m (PR: 50.95 - May 29, 2025)

Mark (Key)	Finish	Meet	Date
52.74 (i)	5th	Mt. SAC Relays	April 19
51.42	2nd	Desert Heat Classic	May 3
52.70 (p)	1st	MW Championships	May 16
52.12 (f)	1st	MW Championships	May 17
50.95 (sr, 1r)	T-3rd	NCAA West 1st Round	May 29
51.38 (q)	7th	NCAA Quarterfinals	May 31
51.50 (s)	11th	NCAA Semifinals	June 12

4x100-Meter Relay

Mark (Key)	Finish	Meet	Date
44.29	1st	Aztec Invitational	March 22
44.64	1st	Triton Classic	April 5
44.67 (i)	5th	Mt. SAC Relays	April 19
45.23	4th	MW Championships	May 17

Giselle Galles  
Jumps | Albuquerque, N.M. | ABQ Academy  
INDOOR SEASON

Long Jump (PR: 16-11.25 - Jan. 10, 2025)

Mark (Key)	Finish	Meet	Date
16-11.25	25th	Silver & Blue Invite	Jan. 10

Maya Gorman  
Junior | Mountain House, Calif. | Mountain House HS  
INDOOR SEASON

High Jump (PR: 5-03.00 - Jan. 11, 2025)

Mark (Key)	Finish	Meet	Date
5-03.00	10th	Silver & Blue Invit.	Jan. 11
NH	-	DeLoss Dodds Invitational	Feb. 1
5-01.75	32nd	Don Kirby Elite Invite	Feb. 14
5-00.50	17th	MW Championships	Feb. 28

Long Jump (PR: 18-07.75 - Feb. 14, 2025)

Mark (Key)	Finish	Meet	Date
18-01.50	11th	Silver & Blue Invitational	Jan. 10
17-10.25	12th	DeLoss Dodds Invitational	Feb. 1
18-07.75	23rd	Don Kirby Elite Invite	Feb. 14
17-06.75	24th	MW Championships	Feb. 28

OUTDOOR SEASON

Long Jump (PR: 19-06.00 - May 3, 2025)

Mark (Key)	Finish	Meet	Date
19-01.25 (w)	2nd	Aztec Invitational	March 22
18-10.00	7th	Triton Classic	April 5
19-02.00	8th	Mt. SAC Relays	April 18
19-06.00	16th	Desert Heat Classic	May 3
19-02.75	6th	MW Championships	May 16

Lauren Harper  
Senior | Weaverville, Calif. | Trinity HS  
INDOOR SEASON

800m (PR: 2:07.31 - Feb. 26, 2022)

Mark (Key)	Finish	Meet	Date
2:09.43	5th	UW Invite	Jan. 17
2:07.86a	2nd	Don Kirby Elite Invite	Feb. 15
2:11.46a (p)	3rd	MW Championships	Feb. 28
2:10.11a (f)	4th	MW Championships	March 1

Mile (PR: 4:55.33 - Jan. 19, 2025)

Mark (Key)	Finish	Meet	Date
4:55.33 (o, #4)	1st	Mile City	Jan. 18

OUTDOOR SEASON

800m (PR: 2:05.00 - April 17, 2025)

Mark (Key)	Finish	Meet	Date
2:10.66	2nd	Ben Brown Invitational	March 7
2:07.54	1st	Aztec Invitational	March 22
2:08.89	25th	Stanford Invitational	April 5
2:05.00 (#2; i)	10th	Bryan Clay Invitational	April 17
2:07.32 (p)	4th	MW Championships	May 15
2:05.39 (f)	3rd	MW Championships	May 17
2:07.73 (1r)	30th	NCAA West 1st Round	May 29

1,500m (PR: 4:22.26 - March 21, 2025)

Mark (Key)	Finish	Meet	Date
4:29.40	2nd	Ben Brown Invitational	March 7
4:22.26 (#5)	4th	Aztec Invitational	March 21
4:28.98	119th	Bryan Clay Invitational	April 18

Mile (PR: 4:44.16 - May 2, 2025)

Mark (Key)	Finish	Meet	Date
4:44.16 (i)	2nd	Steve Scott Invitational	May 2

4x400-Meter Relay

Mark (Key)	Finish	Meet	Date
3:44.96	6th	MW Championships	May 17

Maddie Heller  
Senior | San Juan Capistrano, Calif. | Univ. of San Diego  
OUTDOOR SEASON

5,000m (PR: 17:14.39 - March 7, 2025)

Mark (Key)	Finish	Meet	Date
17:14.39	15th	Ben Brown Invitational	March 7
17:24.21	7th	Aztec Invitational	March 21
17:29.56	51st	Triton Invitational	April 4

10,000m (PR: 36:32.55 - May 9, 2024)

Mark (Key)	Finish	Meet	Date
DNF (o)	n/a	Bryan Clay Invitational	April 16
40:51.93	23rd	MW Championships	May 15

Olivia Hicks  
Sophomore | Beaverton, Ore. | Mountainside HS  
INDOOR SEASON

60m (PR: 7.53a - Feb. 15, 2025)

Mark (Key)	Finish	Meet	Date
7.58a	10th	Silver & Blue Invitational	Jan. 10
7.56 (p)	6th	DeLoss Dodds Invitational	Feb. 1
7.55 (f)	5th	DeLoss Dodds Invitational	Feb. 1
7.53a (u)	10th	Don Kirby Elite Invite	Feb. 15
7.55a (p)	10th	MW Championships	Feb. 28

200m (PR: 23.90a - Feb. 28, 2025)

Mark (Key)	Finish	Meet	Date
24.59	11th	DeLoss Dodds Invitational	Jan. 31
24.11a (u)	12th	Don Kirby Elite Invite	Feb. 14
23.90a (p)	9th	MW Championships	Feb. 28

4x400-Meter Relay

Mark (Key)	Finish	Meet	Date
3:48.39	9th	MW Championships	March 1

OUTDOOR SEASON

100m (PR: 11.76 - March 22, 2025)

Mark (Key)	Finish	Meet	Date
11.76	4th	Aztec Invitational	March 22
11.92	9th	Triton Invitational	April 5
11.84	19th	Mt. SAC Relays	April 18
11.62 (w)	17th	Desert Heat Classic	May 3
11.89 (p)	11th	MW Championships	May 16

## 2025 INDIVIDUAL PERFORMANCES

KEY: sr - school record; (number) - top 10 school ranking; p - preliminaries; h - heats; 1r - first round; q - quarterfinals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; c - "c" section; se - seeded; u - unseeded; pn - pentathlon; hp - heptathlon; a - altitude; w - wind-aided (>2.0 meters/second); conv - converted from 4x400 yard relay.

Note: all PRs are collegiate personal records.

**200m (PR: 24.01 - May 3, 2025)**

Mark (Key)	Finish	Meet	Date
24.07 (w)	5th	Aztec Invitational	March 22
24.31	19th	Mt. SAC Relays	April 18
<b>24.01</b>	<b>21st</b>	<b>Desert Heat Classic</b>	<b>May 3</b>
24.31 (p)	14th	MW Championships	May 15

**4x100-Meter Relay**

Mark (Key)	Finish	Meet	Date
<b>44.29</b>	<b>1st</b>	<b>Aztec Invitational</b>	<b>March 22</b>
44.64	1st	Triton Invitational	April 5
45.23	4th	MW Championships	May 17
44.73 (q)	20th	NCAA West Quarterfinals	May 31

**4x400-Meter Relay**

Mark (Key)	Finish	Meet	Date
3:44.96	6th	MW Championships	May 17

### Charlize James

Junior | Spring Valley, Calif. | San Diego HS

#### INDOOR SEASON

**200m (PR: 24.27a - Feb. 14, 2025)**

Mark (Key)	Finish	Meet	Date
24.83	14th	DeLoss Dodds Invitational	Jan. 31
<b>24.27a (u)</b>	<b>21st</b>	<b>Don Kirby Elite Invite</b>	<b>Feb. 14</b>
24.66a (p)	17th	MW Championships	Feb. 28

**60m Hurdles (PR: 8.23a - Jan. 20, 2024)**

Mark (Key)	Finish	Meet	Date
8.40a (p)	1st	Silver & Blue Invitational	Jan. 10
8.47a (f)	3rd	Silver & Blue Invitational	Jan. 10
8.34 (p)	1st	DeLoss Dodds Invitational	Feb. 1
8.36 (f)	1st	DeLoss Dodds Invitational	Feb. 1
8.34a (p)	3rd	Don Kirby Elite Invite	Feb. 15
8.27a (f)	5th	Don Kirby Elite Invite	Feb. 15
8.43a (p)	2nd	MW Championships	Feb. 28
<b>8.24a (f)</b>	<b>1st</b>	<b>MW Championships</b>	<b>March 1</b>

#### OUTDOOR SEASON

**100m Hurdles (PR: 13.05 - May 12, 2023)**

Mark (Key)	Finish	Meet	Date
14.74	5th	Aztec Invitational	March 22
13.53	1st	Triton Invitational	April 5
13.71 (i)	14th	Mt. SAC Relays	April 19
13.35	4th	Desert Heat Classic	May 3
13.30 (p)	3rd	MW Championships	May 16
<b>13.29 (f)</b>	<b>2nd</b>	<b>MW Championships</b>	<b>May 17</b>
13.32 (1r)	21st	NCAA West First Round	May 29
DNS (q)	n/a	NCAA West Quarterfinals	May 31

### Sara Jones

Freshman | Gilbert, Ariz. | Perry HS

#### INDOOR SEASON

**800m (PR: 2:18.80a - Feb. 15, 2025)**

Mark (Key)	Finish	Meet	Date
2:21.52	27th	UW Invite	Jan. 17
<b>2:18.80a</b>	<b>12th</b>	<b>Don Kirby Elite Invite</b>	<b>Feb. 15</b>
2:18.85a (p)	17th	MW Championships	Feb. 28

**1 Mile (PR: 5:08.32 - Jan. 18, 2025)**

Mark (Key)	Finish	Meet	Date
<b>5:08.32</b>	<b>8th</b>	<b>Mile City</b>	<b>Jan. 18</b>

**Distance Medley Relay**

Mark (Key)	Finish	Meet	Date
<b>12:12.31</b>	<b>7th</b>	<b>MW Championships</b>	<b>Feb. 27</b>

#### OUTDOOR SEASON

**800m (PR: 2:17.37 - April 17, 2025)**

Mark (Key)	Finish	Meet	Date
2:21.99	30th	Ben Brown Invitational	March 7
2:17.66	12th	Aztec Invitational	March 22
2:21.84	117th	Mike Fanelli Classic	April 5
<b>2:17.37 (o)</b>	<b>124th</b>	<b>Bryan Clay Invitational</b>	<b>April 17</b>

**1,500m (PR: 4:39.89 - March 21, 2025)**

Mark (Key)	Finish	Meet	Date
4:46.16	17th	Ben Brown Invitational	March 7
<b>4:39.89</b>	<b>16th</b>	<b>Aztec Invitational</b>	<b>March 21</b>
4:48.14	85th	Mike Fanelli Classic	April 4
4:40.31	93rd	Bryan Clay Invitational	April 18
4:49.25 (p)	28th	MW Championships	May 16

**1 Mile (PR: 5:15.06 - May 2, 2025)**

Mark (Key)	Finish	Meet	Date
5:15.06 (i)	21st	Steve Scott Invitational	May 2

### Jordan Leveque

Sophomore | Clovis, Calif. | North Clovis HS

#### INDOOR SEASON

**60m (PR: 7.95 - Jan. 10, 2025)**

Mark (Key)	Finish	Meet	Date
<b>7.95a (p)</b>	<b>24th</b>	<b>Silver &amp; Blue Invit.</b>	<b>Jan. 10</b>
8.00a (p)	59th	Don Kirby Elite Invite	Feb. 15

**Pole Vault (PR: 13-00.25 - Jan. 31, 2025)**

Mark (Key)	Finish	Meet	Date
12-03.50	1st	Silver & Blue Invitational	Jan. 10
<b>13-00.25</b>	<b>12th</b>	<b>DeLoss Dodds Invit.</b>	<b>Jan. 31</b>
12-04.75	6th	Don Kirby Elite Invite	Feb. 14
12-04.00	6th	MW Championships	Feb. 28

#### OUTDOOR SEASON

**Pole Vault (PR: 13-04.25 - March 23, 2024)**

Mark (Key)	Finish	Meet	Date
12-06.75	5th	Aztec Invitational	March 22
<b>13-00.25</b>	<b>1st</b>	<b>Triton Invitational</b>	<b>April 4</b>
12-09.50	1st	Mt. SAC Relays	April 18
12-00.50	T-6th	BYU Robison Invitational	April 30
12-10.25	5th	MW Championships	May 16

### Anna Mager

Junior | Wolfurt, Austria | Oklahoma

#### INDOOR SEASON

**200m (PR: 24.73a - Jan. 11, 2025)**

Mark (Key)	Finish	Meet	Date
<b>24.73a</b>	<b>7th</b>	<b>Silver &amp; Blue Invite</b>	<b>Jan. 11</b>

**400m (PR: 54.50a - Feb. 14, 2025)**

Mark (Key)	Finish	Meet	Date
55.43	3rd	DeLoss Dodds Invitational	Feb. 1
<b>54.50a (u,#9)</b>	<b>2nd</b>	<b>Don Kirby Elite Invite</b>	<b>Feb. 14</b>
55.62a (p)	16th	MW Championships	Feb. 28

**600m (PR: 1:31.51 - Jan. 18, 2025)**

Mark (Key)	Finish	Meet	Date
<b>1:31.51 (#5)</b>	<b>4th</b>	<b>UW Invite</b>	<b>Jan. 17</b>

**60m Hurdles (PR: 8.93a - Jan. 10, 2025)**

Mark (Key)	Finish	Meet	Date
<b>8.93a (p)</b>	<b>13th</b>	<b>Silver &amp; Blue Invit.</b>	<b>Jan. 10</b>
8.95 (p)	8th	DeLoss Dodds Invitational	Feb. 1

**4x400-Meter Relay**

Mark (Key)	Finish	Meet	Date
<b>3:41.19</b>	<b>2nd</b>	<b>DeLoss Dodds Invite</b>	<b>Jan. 31</b>

#### OUTDOOR SEASON

**200m (PR: 24.48 - March 22, 2025)**

Mark (Key)	Finish	Meet	Date
24.48 (w)	9th	Aztec Invitational	March 22

**400m (PR: 55.67 - June 29, 2024)**

Mark (Key)	Finish	Meet	Date
<b>56.56</b>	<b>11th</b>	<b>Aztec Invitational</b>	<b>March 22</b>

**400m Hurdles (PR: 58.54 - May 13, 2023)**

Mark (Key)	Finish	Meet	Date
1:00.72	4th	Triton Invitational	April 5
59.27	2nd	Mt. SAC Relays	April 18
59.61	15th	Desert Heat Classic	May 3
1:01.52 (p)	6th	MW Championships	May 15
<b>58.64 (10, f)</b>	<b>4th</b>	<b>MW Championships</b>	<b>May 16</b>
<b>58.64 (10, 1r)</b>	<b>23rd</b>	<b>NCAA West 1st Round</b>	<b>May 29</b>
59.95 (q)	23rd	NCAA West Quarterfinals	May 31

**4x400-Meter Relay**

Mark (Key)	Finish	Meet	Date
3:46.23	2nd	Aztec Invitational	March 22
<b>3:40.69</b>	<b>5th</b>	<b>Desert Heat Classic</b>	<b>May 3</b>
3:44.96	6th	MW Championships	May 17

### Lidia Major

Sophomore | Irvine, Calif. | Santa Margarita Catholic HS

#### INDOOR SEASON

**400m (PR: 55.97 - Feb. 23, 2024)**

Mark (Key)	Finish	Meet	Date
<b>56.11a</b>	<b>25th</b>	<b>Don Kirby Elite Invite</b>	<b>Feb. 14</b>

### Aji Mbye

Sophomore | The Gambia | Broadfording Christian Academy

#### INDOOR SEASON

**60m (PR: 7.36a - Jan. 10, 2025)**

Mark (Key)	Finish	Meet	Date
<b>7.36a (f, #7)</b>	<b>4th</b>	<b>Silver &amp; Blue Invit.</b>	<b>Jan. 10</b>
FS	-	DeLoss Dodds Invitational	Feb. 1
7.44a (i,p)	12th	Don Kirby Elite Invite	Feb. 15
7.38a (p)	4th	MW Championships	Feb. 28
<b>7.36a (f, #7)</b>	<b>4th</b>	<b>MW Championships</b>	<b>March 1</b>

**200m (PR: 23.45 - Feb. 24, 2024)**

Mark (Key)	Finish	Meet	Date
24.19	6th	DeLoss Dodds Invitational	Jan. 31
24.05a (i)	11th	Don Kirby Elite Invite	Feb. 14
23.52a (p)	3rd	MW Championships	Feb. 28
<b>23.50a (f)</b>	<b>4th</b>	<b>MW Championships</b>	<b>March 1</b>

**4x400-Meter Relay**

Mark (Key)	Finish	Meet	Date
<b>3:41.19</b>	<b>2nd</b>	<b>DeLoss Dodds Invite</b>	<b>Jan. 31</b>

#### OUTDOOR SEASON

**100m (PR: 11.42 - April 6, 2024)**

Mark (Key)	Finish	Meet	Date
<b>11.52</b>	<b>2nd</b>	<b>Aztec Invitational</b>	<b>March 22</b>
11.86	2nd	Arnold Robinson Invite	March 28
11.71	4th	Triton Invitational	April 5
11.82	14th	Mt. SAC Relays	April 18
11.59 (w)	13th	Desert Heat Classic	May 3
11.83 (p)	9th	MW Championships	May 16
11.64 (f)	5th	MW Championships	May 17

**200m (PR: 23.47 - May 11, 2024)**

Mark (Key)	Finish	Meet	Date
23.58 (w)	2nd	Aztec Invitational	March 22
24.69 (i)	18th	Mt. SAC Relays	April 19
<b>23.73</b>	<b>14th</b>	<b>Desert Heat Classic</b>	<b>May 3</b>
24.03 (p)	12th	MW Championships	May 15

**4x100-Meter Relay**

Mark (Key)	Finish	Meet	Date
<b>44.29</b>	<b>1st</b>	<b>Aztec Invitational</b>	<b>March 22</b>
44.64	1st	Triton Classic	April 5
44.67 (i)	5th	Mt. SAC Relays	April 19
44.73 (q)	20th	NCAA West Quarterfinals	May 31



## 2025 INDIVIDUAL PERFORMANCES

KEY: sr - school record; (number) - top 10 school ranking; p - preliminaries; h - heats; 1r - first round; q - quarterfinals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; c - "c" section; se - seeded; u - unseeded; pn - pentathlon; hp - heptathlon; a - altitude; w - wind-aided (>2.0 meters/second); conv - converted from 4x400 yard relay.

Note: all PRs are collegiate personal records.

### Lily Mulligan

Sophomore | Santa Rosa, Calif. | Maria Carrillo HS

#### OUTDOOR SEASON

Long Jump (PR: 16-08.50 - March 22, 2025)

Mark (Key)	Finish	Meet	Date
16-08.50	10th	Aztec Invitational	March 22
17-04.25w	2nd	Arnie Robinson Invite	March 28

### Pavana Nagaraj

Freshman | Kamataka, India | SA-India

#### INDOOR SEASON

60m Hurdles (PR: 9.52 - Feb. 1, 2025)

Mark (Key)	Finish	Meet	Date
9.52 (p)	10th	DeLoss Dodds Invite	Feb. 1

High Jump (PR: 5-03.75 - Feb. 14, 2025)

Mark (Key)	Finish	Meet	Date
NH	-	DeLoss Dodds Invitational	Jan. 31
5-03.75	28th	Don Kirby Elite Invite	Feb. 14
5-00.50	17th	MW Championships	Feb. 28

Long Jump (PR: 19-05.25 - Feb. 14, 2025)

Mark (Key)	Finish	Meet	Date
19-00.00	7th	Silver & Blue Invitational	Jan. 10
19-02.75	7th	DeLoss Dodds Invitational	Jan. 31
19-05.25	9th	Don Kirby Elite Invite	Feb. 14
17-04.75	25th	MW Championships	Feb. 28

Shot Put (PR: 36-08.25 - Feb. 1, 2025)

Mark (Key)	Finish	Meet	Date
36-08.25	11th	DeLoss Dodds Invite	Feb. 1

#### OUTDOOR SEASON

200m (PR: 25.72 - March 27, 2025)

Mark (Key)	Finish	Meet	Date
25.72 (hp)	4th	Shelia Burrell Multi's	March 27

100m Hurdles (PR: 15.83 - March 22, 2025)

Mark (Key)	Finish	Meet	Date
15.83	15th	Aztec Invitational	March 22
DNF	n/a	Shelia Burrell Multi's	March 27
16.16	35th	Triton Invitational	April 5

High Jump (PR: 5-03.75 - March 27, 2025)

Mark (Key)	Finish	Meet	Date
NH	-	Aztec Invitational	March 22
5-03.75 (hp)	2nd	Shelia Burrell Multi's	March 27
5-03.00	T-11th	MW Championships	May 27

Long Jump (PR: 20-09.00 - April 18, 2025)

Mark (Key)	Finish	Meet	Date
20-02.50	3rd	Triton Invitational	April 5
20-09.00 (4)	1st	Mt. SAC Relays	April 18
20-01.00	8th	Desert Heat Classic	May 3
Foul	-	MW Championships	May 16
20-01.00	26th	NCAA West Quarterfinal	May 29

Shot Put (PR: 34-11.25 - March 22, 2025)

Mark (Key)	Finish	Meet	Date
34-11.25	13th	Aztec Invitational	March 22
34-00.75 (hp)	T-3rd	Shelia Burrell Multi's	March 27

### Maddy Parrone

Junior | Westlake Village, Calif. | Oak Park HS

#### OUTDOOR SEASON

800m (PR: 2:39.08 - March 22, 2025))

Mark (Key)	Finish	Meet	Date
2:39.08	22nd	Aztec Invitational	March 22

1,500m (PR: 5:04.16 - April 6, 2024)

Mark (Key)	Finish	Meet	Date
5:10.44	33rd	Aztec Invitational	March 21

5,000m (PR: 18:28.10 - April 26, 2024)

Mark (Key)	Finish	Meet	Date
18:38.39	52nd	Ben Brown Invitational	March 7

### Jada Pierre

Senior | Woodbridge, Va. | Virginia

#### INDOOR SEASON

60m (PR: 7.52 - Feb. 17, 2023)

Mark (Key)	Finish	Meet	Date
7.61a (p)	11th	Silver & Blue Invite	Jan. 10

200m (PR: 24.04 - Feb. 23, 2024)

Mark (Key)	Finish	Meet	Date
24.98	15th	DeLoss Dodds Invite	Jan. 31

60m Hurdles (PR: 8.32a - March 1, 2025)

Mark (Key)	Finish	Meet	Date
8.41a (f)	2nd	Silver & Blue Invitational	Jan. 10
8.54a (p)	4th	Silver & Blue Invitational	Jan. 10
8.41a (p)	6th	Don Kirby Elite Invite	Feb. 15
8.40a (f)	8th	Don Kirby Elite Invite	Feb. 15
8.55a (p)	6th	MW Championships	Feb. 28

8.32a (f,#9) 2nd MW Championships March 1

#### OUTDOOR SEASON

100m (PR: 11.43 - May 17, 2025)

Mark (Key)	Finish	Meet	Date
11.63	3rd	Aztec Invitational	March 22
11.80	1st	Arnold Robinson Invite	March 28
11.54 (p)	2nd	MW Championships	May 16
11.43 (f, #7)	3rd	MW Championships	May 17
11.68 (1r, w)	45th	NCAA West First Round	May 29

200m (PR: 24.31 - March 24, 2023)

Mark (Key)	Finish	Meet	Date
24.61	31st	Mt. SAC Relays	April 18

100m Hurdles (PR: 13.12 - May 17, 2025)

Mark (Key)	Finish	Meet	Date
14.09	1st	Aztec Invitational	March 22
13.58	2nd	Triton Classic	April 5
14.24 (i)	18th	Mt. SAC Relays	April 18
13.43	5th	Desert Heat Classic	May 3
13.28 (p)	2nd	MW Championships	May 16
13.12 (f, #6)	1st	MW Championships	May 17
13.46 (1r)	30th	NCAA West First Round	May 29

4x100-Meter Relay

Mark (Key)	Finish	Meet	Date
44.64	1st	Triton Classic	April 5
44.67 (i)	5th	Mt. SAC Relays	April 18
45.23	4th	MW Championships	May 17
44.73 (q)	20th	NCAA West Quarterfinals	May 31

### Mia Reid

Sophomore | Los Angeles, Calif. | Cal State Fullerton

#### INDOOR SEASON

60m (PR: 8.06 - Jan. 10, 2025)

Mark (Key)	Finish	Meet	Date
8.06a (p)	26th	Silver & Blue Invite	Jan. 10

60m Hurdles (PR: 8.55a - March 1, 2025)

Mark (Key)	Finish	Meet	Date
8.78a (p)	6th	Silver & Blue Invitational	Jan. 10
9.19a (f)	8th	Silver & Blue Invitational	Jan. 10
8.81 (p)	6th	DeLoss Dodds Invitational	Feb. 1
8.71 (f)	6th	DeLoss Dodds Invitational	Feb. 1
8.65a (p)	13th	Don Kirby Elite Invite	Feb. 15
8.63a (p)	7th	MW Championships	Feb. 28
8.55a (f)	6th	MW Championships	March 1

#### OUTDOOR SEASON

200m (PR: 25.61 - March 22, 2025)

Mark (Key)	Finish	Meet	Date
25.61	27th	Aztec Invitational	March 22

100m Hurdles (PR: 13.68 - May 16, 2025)

Mark (Key)	Finish	Meet	Date
14.37	3rd	Aztec Invitational	March 22
14.09	5th	Triton Invitational	April 5
14.15	21st	Mt. SAC Relays	April 18
13.57 (w)	7th	Desert Heat Classic	May 3
13.68 (p)	5th	MW Championships	May 16
13.76 (f)	5th	MW Championships	May 17

### Kayla Tassara

Sophomore | Torrance, Calif. | Seattle Pacific

#### INDOOR SEASON

Pole Vault (PR: 12-06.75 - Feb. 23, 2024)

Mark (Key)	Finish	Meet	Date
NH	-	Silver & Blue Invitational	Jan. 10
11-10.75	15th	Don Kirby Elite Invite	Feb. 14
12-04.00	10th	MW Championships	Feb. 28

#### OUTDOOR SEASON

Pole Vault (PR: 13-00.25 - April 4, 2025)

Mark (Key)	Finish	Meet	Date
12-06.75	4th	Aztec Invitational	March 22
13-00.25	2nd	Triton Invitational	April 4
12-03.50	8th	Mt. SAC Relays	April 18
11-04.50	9th	BYU Robison Invitational	April 30
NH	-	MW Championships	May 16

### Emily Van Valkenburg

Junior | Sammamish, Wash. | Oregon State

#### INDOOR SEASON

Mile (PR: 5:02.81 - Jan. 19, 2025)

Mark (Key)	Finish	Meet	Date
5:02.81 (i, #7)	51st	Mile City	Jan. 18

3,000m (PR: 9:57.90 - Jan. 18, 2025)

Mark (Key)	Finish	Meet	Date
9:57.90 (#4)	40th	UW Invite	Jan. 17

### Hannah Waller

Senior | Reston, Va. | Michigan

#### INDOOR SEASON

60m (PR: 7.22 - Feb. 24, 2024)

Mark (Key)	Finish	Meet	Date
7.34a (p)	2nd	Silver & Blue Invitational	Jan. 10
DNF (f)	-	Silver & Blue Invitational	Jan. 10
7.40 (p)	2nd	DeLoss Dodds Invitational	Feb. 1
7.37 (f)	2nd	DeLoss Dodds Invitational	Feb. 1
7.46a (i,p)	13th	Don Kirby Elite Invite	Feb. 15
7.29a (p)	1st	MW Championships	Feb. 28

Long Jump (PR: 20-11.25 - Feb. 28, 2025)

Mark (Key)	Finish	Meet	Date
19-05.50	4th	Silver & Blue Invitational	Jan. 10
20-10.75	2nd	DeLoss Dodds Invitational	Jan. 31
20-04.50	4th	Don Kirby Elite Invite	Feb. 14
20-11.25 (#2)	1st	MW Championships	Feb. 28

#### OUTDOOR SEASON

4x100-Meter Relay

Mark (Key)	Finish	Meet	Date
44.29	1st	Aztec Invitational	March 22

## 2025 INDIVIDUAL PERFORMANCES

KEY: sr - school record; (number) - top 10 school ranking; p - preliminaries; h - heats; 1r - first round; q - quarterfinals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; c - "c" section; se - seeded; u - unseeded; pn - pentathlon; hp - heptathlon; a - altitude; w - wind-aided (>2.0 meters/second); conv - converted from 4x400 yard relay.

Note: all PRs are collegiate personal records.

### Mikaela Warr

Freshman | Santa Clarita, Calif. | Canyon HS

#### INDOOR SEASON

60m (PR: 7.48a - Jan. 10, 2025)

Mark (Key)	Finish	Meet	Date
<b>7.48a (p)</b>	<b>6th</b>	<b>Silver &amp; Blue Invit.</b>	<b>Jan. 10</b>
7.50a (f)	6th	Silver & Blue Invitational	Jan. 10
7.66 (p)	6th	DeLoss Dodds Invitational	Feb. 1
7.52 (f)	4th	DeLoss Dodds Invitational	Feb. 1
7.52a (u)	6th	Don Kirby Elite Invite	Feb. 15
7.51a (p)	7th	MW Championships	Feb. 28
7.66a (f)	7th	MW Championships	March 1

200m (PR: 24.41a - Feb. 14, 2025)

Mark (Key)	Finish	Meet	Date
<b>24.41a (u)</b>	<b>67th</b>	<b>Don Kirby Elite Invite</b>	<b>Feb. 14</b>
24.57a (p)	14th	MW Championships	Feb. 28

#### OUTDOOR SEASON

100m (PR: 11.72 - May 17, 2025)

Mark (Key)	Finish	Meet	Date
12.22	20th	Triton Invitational	April 5
12.13	35th	Mt. SAC Relays	April 18
11.71 (w)	24th	Desert Heat Classic	May 3
11.77 (p)	7th	MW Championships	May 16
<b>11.72 (f)</b>	<b>9th</b>	<b>MW Championships</b>	<b>May 17</b>

200m (PR: 24.85 - May 3, 2025)

Mark (Key)	Finish	Meet	Date
<b>24.85</b>	<b>44th</b>	<b>Desert Heat Classic</b>	<b>May 3</b>
24.65 (w, p)	20th	MW Championships	May 15

#### 4x100-Meter Relay

Mark (Key)	Finish	Meet	Date
<b>44.67 (i)</b>	<b>5th</b>	<b>Mt. SAC Relays</b>	<b>April 18</b>
45.23	4th	MW Championships	May 17
44.73 (q)	20th	NCAA West Quarterfinals	May 31

### Sophia Wolf

Senior | Bensheim, Germany | New Orleans

#### INDOOR SEASON

800m (PR: 2:07.09 - Feb. 1, 2025)

Mark (Key)	Finish	Meet	Date
<b>2:07.09 (sr)</b>	<b>1st</b>	<b>DeLoss Dodds Invit.</b>	<b>Feb. 1</b>
2:07.75a	1st	Don Kirby Elite Invite	Feb. 15
2:11.75a (p)	6th	MW Championships	Feb. 28
2:09.22a (f)	2nd	MW Championships	March 1

#### 4x400-Meter Relay

Mark (Key)	Finish	Meet	Date
<b>3:41.19</b>	<b>2nd</b>	<b>DeLoss Dodds Invit.</b>	<b>Jan. 31</b>
3:48.39	9th	MW Championships	March 1

#### OUTDOOR SEASON

400m (PR: 56.22 - March 22, 2025)

Mark (Key)	Finish	Meet	Date
<b>56.22</b>	<b>7th</b>	<b>Aztec Invitational</b>	<b>March 22</b>

800m (PR: 2:06.67 - April 17, 2025)

Mark (Key)	Finish	Meet	Date
2:07.53	15th	Stanford Invitational	April 5
<b>2:06.67 (#7, i)</b>	<b>26th</b>	<b>Bryan Clay Invitational</b>	<b>April 17</b>
2:09.08	2nd	Mt. SAC Relays	April 18
2:08.24	5th	Desert Heat Classic	May 3
2:07.60 (p)	5th	MW Championships	May 15
2:08.00 (f)	4th	MW Championships	May 17
2:10.42 (1r)	39th	NCAA West First Round	May 29

1,500m (PR: 4:26.24 - March 21, 2025)

Mark (Key)	Finish	Meet	Date
<b>4:26.24 (#7)</b>	<b>6th</b>	<b>Aztec Invitational</b>	<b>March 21</b>

#### 4x400-Meter Relay

Mark (Key)	Finish	Meet	Date
3:40.69	5th	Desert Heat Classic	May 3

### Samantha Wood

Junior | Post Falls, Idaho | Boise State

#### INDOOR SEASON

800m (PR: 2:17.92 - Jan. 18, 2025)

Mark (Key)	Finish	Meet	Date
<b>2:17.92</b>	<b>20th</b>	<b>UW Invite</b>	<b>Jan. 17</b>
2:19.29a (p)	18th	MW Championships	Feb. 28

Mile (PR: 5:01.64 - Jan. 27, 2023)

Mark (Key)	Finish	Meet	Date
<b>5:07.96 (o)</b>	<b>19th</b>	<b>Mile City</b>	<b>Jan. 18</b>

#### Distance Medley Relay

Mark (Key)	Finish	Meet	Date
<b>12:12.31</b>	<b>7th</b>	<b>MW Championships</b>	<b>Feb. 27</b>

#### OUTDOOR SEASON

800m (PR: 2:11.52 - Apr. 26, 2024)

Mark (Key)	Finish	Meet	Date
<b>2:17.52 (i)</b>	<b>124th</b>	<b>Bryan Clay Invitational</b>	<b>April 17</b>

3,000m Steeplechase (PR: 10:45.66 - March 22, 2025)

Mark (Key)	Finish	Meet	Date
10:53.65	2nd	Ben Brown Invitational	March 7
<b>10:45.66 (#3)</b>	<b>4th</b>	<b>Aztec Invitational</b>	<b>March 22</b>
10:54.02	10th	MW Championships	May 16

### Xiamara Young

Junior | Las Vegas, Nev. | Fresno Pacific

#### INDOOR SEASON

Long Jump (PR: 20-03.50 - Feb. 23, 2024)

Mark (Key)	Finish	Meet	Date
17-07.50	14th	Silver & Blue Invitational	Jan. 10
17-09.50	13th	DeLoss Dodds Invitational	Jan. 31
<b>20-03.00</b>	<b>5th</b>	<b>Don Kirby Elite Invite</b>	<b>Feb. 14</b>
19-08.75	5th	MW Championships	Feb. 28

Triple Jump (PR: 44-00.50 - Feb. 24, 2024)

Mark (Key)	Finish	Meet	Date
41-02.50	1st	DeLoss Dodds Invitational	Feb. 1
41-11.25	7th	Don Kirby Elite Invite	Feb. 15
<b>42-06.00</b>	<b>5th</b>	<b>MW Championships</b>	<b>March 1</b>

### Tatum Zinkin

Junior | Fresno, Calif. | Clovis North HS

#### OUTDOOR SEASON

800m (PR: 2:09.98 - May 9, 2024)

Mark (Key)	Finish	Meet	Date
2:28.18	49th	Ben Brown Invitational	March 7
2:15.05	8th	Aztec Invitational	March 22
2:13.13	37th	Mike Fanelli Classic	April 5
<b>2:12.97 (i)</b>	<b>114th</b>	<b>Bryan Clay Invitational</b>	<b>April 17</b>
2:15.11 (i)	9th	Steve Scott Invitational	May 2
2:13.83 (p)	20th	MW Championships	May 15

1,500m (PR: 4:41.44 - April 13, 2024)

Mark (Key)	Finish	Meet	Date
<b>4:48.35</b>	<b>159th</b>	<b>Bryan Clay Invitational</b>	<b>April 18</b>