



# SDSU Open Heptathlon (No Decathlon) Saturday - Sunday



May 24-25, 2025  
**SAN DIEGO STATE UNIVERSITY**



**Track Opens** 12:00pm

## DAY 1: Saturday

1:00pm 100mh  
1:45pm High Jump  
3:15pm Shot Put  
4:00pm 200m

*\*Rolling Schedule based on number of entries*

## DAY 2: Sunday

1:00pm Long Jump  
2:00pm Javelin  
2:45pm 800m

*\*Rolling Schedule based on number of entries*

### Location

San Diego State Univ.  
Choc Sportsman Oval  
Hardy Ave and 55th St  
San Diego, CA 92182

**Entry Deadline May 22, 2025**

**\$150 /online registration**

**\$175 / Day of Entry**

**Registration link closes**

**Thur. May 22 at 11:59pm**

*Fully Automatic Timing (FAT)*

**Register on Athletic.Net**

**[https://www.athletic.net/TrackAnd](https://www.athletic.net/TrackAndField/meet/603927/register)**

**[Field/meet/603927/register](https://www.athletic.net/TrackAndField/meet/603927/register)**

Parking is available in Parking Structure PS-7 under the track. 1) Purchase a permit on-line ahead of time at the rate of \$7/day by using instructions at this link:

[https://bfa.sdsu.edu/campus/parkingtrans/forms/visitor\\_portal\\_guide\\_v2.pdf](https://bfa.sdsu.edu/campus/parkingtrans/forms/visitor_portal_guide_v2.pdf)

**OR**

Pay at the kiosk pay station on level 2.  
Cost is \$3/hr per hr for 1-4 hours or \$15 for 5-10 hours.



**Contact  
Information**

**Head Coach:**  
**Asst Coach:**

**Shelia Burrell**  
**Alrick Munroe**

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