



# SAN DIEGO STATE AZTECS

## WOMEN'S WATER POLO

### 5-Time Golden Coast Conference Champions

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### Schedule/Results

Overall: 7-6 | GCC: 0-0

Home: 0-1 | Away: 1-1 | Neutral: 6-4

Jan. 16	!vs. Claremont-Mudd-Scripps	W, 15-9
	!vs. No. 6 Long Beach State	L, 16-23
Jan. 17	!vs. Biola	W, 17-8
	!at Cal State Fullerton	W, 19-8
Jan. 24	<b>No. 2 SOUTHERN CALIFORNIA</b>	<b>L, 8-22</b>
Jan. 30	#vs. No. 9 Loyola Marymount	L, 10-13
Jan. 31	#vs. No. 25 Pomona-Pitzer	W, 12-9
Jan. 31	#vs. No. 14 UC Davis	L, 6-11
Feb. 1	#vs. Concordia	W, 19-5
Feb. 7	^vs. Cal Lutheran	W, 21-1
	^vs. UC Santa Barbara	W, 18-8
Feb. 8	^at No. 6 Arizona State	L, 10-15
	^vs. No. 18 Marist	L, 13-14
Feb. 14	*at No. 21 California Baptist (Riverside, Calif.)	noon PT
Feb. 21	*at Loyola Marymount (Los Angeles, Calif.)	1 p.m. PT
Feb. 27	<b>SANTA CLARA</b>	<b>1 p.m. PT</b>
March 1	*PACIFIC	1 p.m. PT
March 5	*AZUSA PACIFIC	2 p.m. PT
March 13	+PRINCETON	11:30 a.m. PT
	+BUCKNELL	3 p.m. PT
March 15	+POMONA-PITZER	11:40 p.m. PT
	+HARVARD	4:20 p.m. PT
March 21	at Fresno Pacific (Fresno, Calif.)	5 p.m. PT
March 22	*at Fresno State (Fresno, Calif.)	1 p.m. PT
March 27	<b>BROWN</b> (Senior Day)	<b>4 p.m. PT</b>
April 2	%UC SAN DIEGO	4 p.m. PT
April 10-12	GCC Championship (Fresno, Calif.)	
April 22-26	NCAA Championship (La Jolla, Calif.)	

CAPS - indicates a home game (Aztec Aquaplex), ! - Titan Invitational (Fullerton, Calif.), # - Triton Invitational (La Jolla, Calif.), ^ - ASU Invitational (Tempe, Ariz.), + - Aztec Invitational (Aztec Aquaplex), \* - Golden Coast Conference game, % - Harper Cup

### Team Information

Head Coach	Dana Ochsner (California, 2013)
Record at SDSU (Seasons)	51-55 (4th)
Career Record	Same
E-mail	<a href="mailto:dochsner@sdsu.edu">dochsner@sdsu.edu</a>
Assistant Coach	Mitchell Seeley (3rd Season)
Assistant Coach	Sophia Noble (1st Season)
Home Facility	Aztec Aquaplex (500)
2025 Overall Record	15-15
2025 GCC Record/Finish	4-3/4th
First Year of Competition	1995
All-Time Record	610-420 (.592)
NCAA Appearances	3 (2007, '08, '16)
Letterwinners Returning/Lost	11/5
Starters Returning/Lost	7/4

### Up Next

#### No. 19 San Diego State (7-6) at No. 21 California Baptist (7-4)

Saturday, February 14 | noon PT | Lancer Aquatic Center | Riverside, Calif.

Live Stats are available through a link on the team's schedule page at [www.goaztecs.com](http://www.goaztecs.com)

### Aztecs Notes

- **San Diego State** enters this weekend's Golden Coast Conference (GCC) season opener ranked No. 19 in the Collegiate Water Polo Association (CWPA) national poll and faces No. 21 California Baptist on Saturday at noon at Lancer Aquatic Center in Riverside, Calif.
- The Aztecs are ranked in the top 20 on the CWPA poll for the third straight week and have been ranked in the top 25 in each of the organization's four weekly and preseason polls.
- The teams played in last year's GCC opener at the Aquaplex with the Aztecs earning a 22-14 victory.
- San Diego State leads the all-time series 30-3, 15-0 in GCC play, and 6-0 at the CBU pool. The only time the Aztecs have fallen to the Lancers since April 13, 2001, was an 11-14 decision at last year's Triton Invitational. In that timeframe, SDSU is 28-1 vs. California Baptist. SDSU's three losses to CBU have come in neutral site contests and at the Aquaplex is 10-0.
- This will be the final regular season meeting as members of the GCC. California Baptist will compete in the Big West starting in 2027.
- In the GCC era, since the start of the 2014 season, SDSU is 9-3 in the previous 12 conference openers, regardless of location. When the Aztecs' conference opener is on the road, they are 5-1, and at home have a 4-2 mark.
- **San Diego State** went 2-2 at last weekend's ASU Invitational at Mona Plummer Aquatic Center in Tempe, Arizona. On the opening day, SDSU throttled Cal Lutheran 21-1, at one point scoring 18 unanswered goals, and then battered UC Santa Barbara 18-8. However, on day two, the Scarlet and Black fell in a pair of close games to ranked opponents; falling to No. 6 Arizona State (15-10) and No. 18 Marist (14-13).
- Following its 15-9 win over Claremont-Mudd-Scripps (1-16-26) in its season opener, SDSU has an overall record of 22-10 in lid lifters. In openers away from the Aquaplex, the Aztecs are 15-9, while at home they boast a 7-1 mark in season

### Aztecs Statistical Leaders

	Game	Season
Goals	6, Mimi Stoupas at Cal State Fullerton (1-17-26)	65, Mimi Stoupas
Shots	9, Claudia Valdes vs. Marist (2-8-26)	37, Mimi Stoupas
Shot Percentage	100.0 (4-of-4), 2x; last: Megan Holcomb vs. Concordia (2-1-26)	.569 (37-of-65), Mimi Stoupas
Assists	6 - 2x; last: Joanna Petiki vs. Biola (1-17-26)	26, Claudia Valdes
Steals	5, Mimi Stoupas at Cal State Fullerton (1-17-26)	20, Lucy Bullock
Saves	15, Mandy Lagerlof vs. Pomona-Pitzer (1-31-26)	60, Tiare Ahovelo

## SDSU's Record...

Category	2026	Streak
Overall	7-6	L2
GCC Conference	0-0	-
Last Five	3-2	L2
Last 10	5-5	L2
Home	0-1	L1
Away/Neutral	7-5	L2
Day	6-6	L2
Night (5 p.m. or later)	1-0	W1
January	4-4	L1
February	3-2	L2
March	0-0	-
April	0-0	-
Monday	0-0	-
Tuesday	0-0	-
Wednesday	0-0	-
Thursday	0-0	-
Friday	1-2	L2
Saturday	5-2	W2
Sunday	1-2	L2
Following a Victory	3-4	L1
Following a Loss	3-2	W1
Scoring First	2-2	L1
Opponent Scores First	3-2	L1
Leading at Halftime	7-0	W7
Trailing at Halftime	0-5	L5
Tied at Halftime	0-1	L1
In Overtime	0-1	L1
SDSU Outshoots Opponent	5-3	L2
Opponent Outshoots SDSU	2-3	L1
In One-Goal Games	0-1	L1
In Two or More Goal Games	7-5	L1

## General Information

Location .....	San Diego, Calif.
Founded.....	1897
Enrollment.....	38,369
Nickname.....	Aztecs
Colors .....	Scarlet and Black
Conference .....	Mountain West
Affiliation.....	Division I
President .....	Adela de la Torre
Director of Athletics .....	John David Wicker
Deputy Athletic Director/SWA.....	Jenny Bramer
Faculty Representative.....	Dr. Frank Harris III

## Team Information

Home Facility .....	Aztec Aquaplex (500)
2025 Overall Record .....	15-15
Home Record.....	4-4
Road Record.....	4-5
Neutral Record .....	7-6
2025 GCC Record/Finish.....	4-3/4th
First Year of Competition.....	1995
All-Time Record.....	610-420 (.592)
NCAA Appearances .....	3 (2007, '08, '16)
Letterwinners Returning/Lost .....	13/8

openers.

- Junior two-meter **Mimi Stoupas** was named the initial 2026 Golden Coast Conference (GCC) Player of the Week. At the season opening Titan Invitational, Stoupas scored 19 goals, drew 12 exclusions, had nine steals and shot a team-leading 67.9 percent (19-of-28) with two blocks and an assist. It is Stoupas' third GCC Player of the Week honor in her college career.
- With her first of four goals against UC Santa Barbara (2-7-26), **Sydney Gish** (Sr., ATT, Clovis, Calif.) passed the 100-goal milestone and enters the weekend with 109 career tallies.
- With her first save against No. 6 Arizona State (2-8-26), **Tiaare Ahovelo** (Sr., GK, Auckland, New Zealand) became the seventh player in the 32 seasons of Aztecs water polo to reach the 500-save plateau. She enters the California Baptist game with 506 for her career saves and is 13 away from equaling Maura Cantoni's (2017-19) 519 saves and moving into a tie for No. 6 on the career list.
- Claudia Valdes** (Sr., ATT, Madrid, Spain) enters the weekend with 149 career assists good for No. 5 on the program's career list and is 10 from tying Anique Hermann (2012-15) for No. 4 in program history. In addition, Valdes passed the 200-goal milestone vs. Biola (1-17-26), sits in eighth place on the San Diego State career goals list and is 12 from Amber Pezzolla's (2010-13) 229 tallies in seventh place.
- Mimi Stoupas** (Jr., CTR, Melbourne, Australia) has drawn 158 exclusions in her Aztec career and enters the California Baptist game four away from jumping into the top 10 on the career list.
- San Diego State** will play all but four games of its 2026 season, its four at the ASU Invitational in Tempe, Ariz., in the state of California. In its 13 years in the GCC, SDSU has played all its regular-season games in the state of California just three times (2015, 2022 & 2023).
- After guiding the Aztec to a 32-30 record in her two seasons as the full-time head coach, **Dana Ochsner** is in her fourth season leading San Diego State after serving as the interim head coach for the 2023 campaign.
- Since the program's inception prior to the 1995 season, San Diego State has had just three head coaches: Deena Schmidt (1995-98), Carin Crawford (1999-2022) and **Dana Ochsner** (2023-present).
- In its now 32nd season of competition, SDSU has an overall record of 615-424 (.593), including a 135-107 (.558) mark in league contests. In 17 of the previous 31 seasons, the program finished ranked in the top 10 nationally, has only finished outside of the top 20 four times and has never finished a season ranked outside the top 25.
- Since it joined the Golden Coast Conference (GCC) for the 2014 season, San Diego State has posted a 67-17 (.798) mark in league contests. Among the six original members of the league - Santa Clara, Azusa Pacific, Loyola Marymount, Pacific, Cal Baptist and San Diego State - that are still members, SDSU is one of three programs with a winning league record [also: Pacific - 60-17 (.779) & Loyola Marymount - 57-18 (.760)] and **SDSU is the only one of the original six to not have suffered a league season with a losing record.**
- With three appearances, the Aztecs are tied with Pacific for second most NCAA Tournaments among programs in the Golden Coast Conference. The pair trail only Fresno State and the four NCAA bids it has earned.
- In the 12 seasons of women's water polo in the Golden Coast Conference, San Diego State's five tournament championship game appearances are tied with Pacific and Fresno State for second most in GCC history. LMU has appeared in the most tournament championship games with seven. With the 2020 championship canceled, there have been 11 championship games with San Diego State, Fresno State, Pacific and LMU the only teams to have reached the final game of the tournament.
- In the 11 years that a champion has been crowned by the GCC, the 2020 season was canceled after the games of March 7, **San Diego State** has never failed to reach the final day of the tournament and has never finished lower than 4th place.
- Among the original six schools in the GCC - Azusa Pacific, Cal Baptist, Loyola Marymount, Pacific, **San Diego State**, and Santa Clara - the Aztecs are the only program to have finished in the top 4 in every league tournament.
- San Diego State is picked to finish in fourth place in the GCC coaches' preseason poll. This marks the third time in the last three years the Aztecs have been predicted to finish fourth.
- San Diego State returns its five top scorers from the 2025 season and, overall, 78.0 percent of its tallies (320-of-410), 66.7 percent (53-of-87) of its blocks, 66.4 percent (168-of-253) of its steals, and 52.4 percent (182-of-347) of its assists.

## Player Notes

- Claudia Valdes** (Sr., ATT, Madrid, Spain) leads the team in points (51) and assists (26) and has scored on 25 shots. In addition, she

has 10 exclusions drawn and 16 steals and a block. She is No. 8 on the program's career goals list (217). Her 149 career assists rank No. 5 all-time and she stands 10 away from No. 4. Her six assists against Long Beach State (1/16) are tied for the second most in a game in program history.

- **Sydney Gish** (Sr., ATT, Clovis, Calif.) has bent the back of the net 28 times on 52 shots and passed the 100-goal milestone at the ASU Invitational (2/7-8). She ranks third on the team with 18 assists and has drawn five exclusions to go along with 11 steals and three blocks. Her five assists against Claremont-Mudd-Scripps are tied for the seventh most in a game in program history.
- **Mimi Stoupas** (Jr., CTR, Melbourne, Australia) leads the team in goals (37), shots (65) and exclusions drawn (34). In addition she's second in steals (19) and has added a pair of steals. Stoupas was named the GCC Player of the Week (1/22) for totaling 19 goals with an assist for 20 points, a team-leading .679 shot percentage, converting 19-of-28 shots at the Titan Invitational (1/16-17). At Cal State Fullerton (1/17), she scored six times, becoming the 15 player in program history to score at least that many in a game.
- **Ioanna Petiki** (Fr., ATT, Stuttgart, Germany) scored 11 times on 29 shots and is second on the team in assists (23). Her 11 exclusions drawn are second on the team and she has nine steals and four blocks. Her six assists vs. Biola (1/17) are tied for the second most in a game in program history and are tied for the most by an Aztec freshman.
- **Shannon Murphy** (Sr., ATT, Orinda, Calif.) has scored 15 times, including a season-high four times vs. Pomona-Pitzer (1/31), on 35 shots. In addition, she has 12 assists, 12 steals and a career-high four blocks. Murphy owns 18 of the team's 20 sprint victories. Her single game marks of six shots vs. UC Santa Barbara (2/7), four goals and four points vs. Pomona Pitzer (1/31), and three assists vs. Concordia (2/1) match her single-game career high and two blocks vs. Cal State Fullerton (1/17) established a new career-best.
- **Sammi Byers** (Jr., ATT, Yucaipa, Calif.) has a .519 shot percentage converting 14 of her 27 shots into goals and has assisted on six others. She has produced three multi-goal games, including a season-high three against Cal Lutheran (2/7). Twice, vs. Cal Lutheran (2/7) and UC Santa Barbara (2/7), she picked up a single-game career high three steals and her two steals against Marist, are also a career-best.
- **Poppy Phillips** (Fr., ATT, Melbourne, Australia) has 12 goals, a team-best among freshmen, and a single game best four vs. Cal Lutheran (2/7). She has four assists to go along with two exclusions drawn, six steals and two blocks. At Arizona State (2/8) she produced a single-game best six shots.
- **Julianne Stark** (So., ATT, Danville, Calif.) has scored nine goals on 18 shots. In addition, she has five assists, four steals, two blocks and three exclusions drawn. Her two blocks are a career-high and four steals equals her career-best.
- **Lucy Bullock** (Jr., DEF, London, England) has scored seven times on 25 shots and assisted on seven more in 13 games. She leads the team with 20 steals, including a pair of career-high four steal games (vs. Pomona-Pitzer & Concordia). In addition, she has six blocks and four exclusions drawn.
- **Megan Holcomb** (Sr., UTL, La Verne, Calif.) transferred from Indiana prior to the 2025. She has appeared in all 13 games and attempted 21 shots and bent the net seven times, including season-high four versus Concordia (2/1) to go along with six assists, four steals and two exclusions drawn and a block.
- **Hannah Bell** (Sr., CTR, Auckland, New Zealand) has, through 13 games, produced 27 shots and scored on 10 of them. She has totaled a season-best two goals came against Cal State Fullerton (1/17), Pomona-Pitzer (1/31), Concordia (2/1) and Cal Lutheran (2-7). She has two assists, 10 ejections drawn with two steals and a block.
- **Avery Sullivan** (Fr., DEF, Moraga, Calif.) has scored four times on 12 shots, Including her initial collegiate tally against Biola (1/17). She has seven assists, including a single-game best two vs. Pomona-Pitzer & UC Davis (1/31) and Cal Lutheran (2/7) to go along with five steals, four blocks and an exclusion drawn.
- **Natalia Barrot** (Fr., ATT, Santa Ana, Calif.) has produced 10 shots and scored her first collegiate goal against Concordia (2/1) and enters the weekend with two goals for the year. She has seven assists to go along with five exclusion drawn and five steals.
- **Aiyana Mendoza** (Sr., UTL, Union City, Calif.) has played in 13 games, taken five shots, and has a goal versus Long Beach State (1/16) and four assists. She has totaled five points and has three steals a block and three exclusions drawn. Her two exclusions drawn against Biola (1/17) are a season and career high.
- **Mackenzie Dollander** (Fr., ATT, Newport Beach, Calif.) has produced four shots, scored her first collegiate goal against Concordia (2/1) and enters the weekend with two tallies and an assist on the season.
- **Mandy Lagerlof** (Sr. GK, Irvine, Calif.) has started all 10 games in which she has appeared, played a team-high 176 minutes and owns a 6-3 record. She has made 46 saves and surrendered 72 goals. Her GAA is 13.09, save percentage is .390 and she has totaled 10 steals and two assists.

## Golden Coast Standings (as of Feb. 9)

	GCC	Pct.	Overall	PCT.
Azusa Pacific	0-0	.000	8-3	.727
Loyola Marymount	0-0	.000	8-3	.727
California Baptist	0-0	.000	7-4	.636
Fresno State	0-0	.000	7-5	.583
<b>San Diego State</b>	<b>0-0</b>	<b>.000</b>	<b>7-6</b>	<b>.538</b>
Pacific	0-0	.000	3-3	.500
Santa Clara	0-0	.000	1-6	.143

## Aztecs in the Career Record Book

### Goalkeeper Saves

1. Kelly Campoli (2009-12)	1,350
—	
5. Ashley Zabel (2001-04)	544
6. Maura Cantoni (2017-19)	519
<b>7. Tiaare Ahovelo (2023-present)</b>	<b>506</b>

### Goals

1. Holly Hartzell (2001-04)	278
2. Anna Gonzales (2006-09)	273
3. Jenna Schuster (2006-09)	255
4. Caroline Israels (2014-17)	242
5. Larisa Baltgalvis (1997-00)	235
6. Amber Prestegard (2000-03)	230
7. Amber Pezzolla (2010-13)	229
<b>8. Claudia Valdes (2023-present)</b>	<b>217</b>
9. Shae Philpott (1995-98)	205
10. Ioli Benekou (2014-17)	204

### Assists

1. Rose Kanemy (2022-25)	203
—	
4. Anique Hermann (2012-15)	159
<b>5. Claudia Valdes (2023-present)</b>	<b>149</b>
6. Dominique Delgado (2002-05)	126
7. Amber Pezzolla (2010-13)	124
8. Anna Gonzales (2006-09)	123

### Exclusions Drawn

1. Erinn Greenwood (2006-09)	322
—	
7. Ronni Gauthsch (2007-11)	190
8. Larisa Baltgalvis (1997-00)	179
9. Meaghan Poland (2009-12)	174
10. Amber Pezzolla (2010-13)	162
—	
<b>11. Mimi Stoupas (2024-present)</b>	<b>158</b>

## GCC Preseason Coaches Poll

Rank	Team (1st Place Votes)	Points
1.	Fresno State (5)	35
2.	Loyola Marymount (2)	31
3.	Pacific	26
<b>4.</b>	<b>San Diego State</b>	<b>21</b>
5.	California Baptist	17
6.	Azusa Pacific	9
7.	Santa Clara	8

## CWPA Top 25 Poll (February 11)

Rk.	School	Points
1.	Stanford	100
2.	UCLA	96
3.	Southern California	95
4.	California	89
5.	Hawai'i	82
6.	Arizona State	81
7.	Long Beach State	77
8.	Harvard	70
9.	Loyola Marymount	68
10.	Indiana	64
11.	UC Irvine	56
13.	Marist	54
13.	Fresno State	48
	Princeton	48
	UC San Diego	48
16.	Michigan	43
17.	UC Davis	37
18.	San Jose State	33
19.	<b>San Diego State</b>	<b>27</b>
20.	Brown	24
21.	California Baptist	19
22.	Pacific	17
23.	Wagner	12
24.	Claremont-Mudd-Scripps	7
25.	CSUN	4

- **Tiaare Ahovelo** (Sr., GK, Auckland, New Zealand) has played 168 minutes across 10 games this year and has an 0-2 record. She has stopped 60 shots against 50 goals allowed. She has a 9.52 GAA and has saved 54.5 percent of the shots that reached her. In addition she has an assist and five steals.
- **Kyla Pranajaya** (Fr., GK, Orange, Calif.) has played 78 minutes in five appearances and one start, and is 1-1 on the season. She has made 28 saves, let 24 goals in and has 9.85 GAA and .538 save percentage, with five assists and two steals.
- **Mimi Stoupas** (Jr., CTR, Melbourne, Australia) and **Ioanna Petiki** (Fr., ATT, Stuttgart, Germany), earned the ultimate honor in representing their country on an international stage. The pair competed at the FISA World University Games in Duisburg, Germany over the summer. Petiki's German squad won the gold medal as she scored a pair of power play goals to go along with three steals and a block across six games. Stoupas scored nine times, tied for third most on the team and her four tallies from in front of the goal led the team, which finished in sixth place.

## Record Book Assault

- **Mimi Stoupas** (Jr., CTR, Melbourne, Australia) has drawn 34 exclusions through 13 games and enters the weekend four from tying Amber Pezzolla (2010-13) at 162 and in a tie for 10th place on the program's career list. She has averaged 62 exclusions drawn per season and she keeps that pace, by the end of the year she will sit at No. 8 the program's career list.
- **Tiaare Ahovelo** (Sr., GK, Auckland, New Zealand) entered 2026 with 442 career saves, which was good for No. 7 on the program's all-time saves list, added 64 so far and now sits at 506. She enters the weekend 13 saves from Maura Cantoni (2017-19) and her 519 stops, which are the sixth most in program history. If Ahovelo continues to make saves at her career pace, 147 per year average, she will finish the season and her Aztec career with 589 saves, which will slot her in at No. 5 on the program's career saves list.
- **Claudia Valdes** (Sr., ATT, Madrid, Spain) has scored 217 goals in her three-plus years as an Aztec, which rank No. 8 on the program's all-time list and came into the season scoring an average of 64 strikes a year. If she continues at that pace, she will complete her college playing career with 256 goals which would rank No. 3 in Aztec history.

In addition to her goal scoring prowess, Valdes is equally adept at setting up her teammates for success. She has assisted on 149 of her teammate's goals in her three-plus years in America's Finest City. She currently ranks No. 5 on the career list, 10 from tying Anique Hermann (2012-15) at No. 4 with 159 assists.

## Opponent Notebook

### California Baptist

This game will be the 34th meeting all-time, with San Diego State owning a dominant 30-3 advantage in the series which began in 2000. The Aztecs have not lost a game at the Lancers pool (6-0) as well as at the Aquaplex (10-0), and are 14-3 in neutral site games ... As members of the GCC, SDSU is 17-1 against CBU, including 5-0 in Riverside ... The Lancers' offense is led by Emmie Ramirez, who has team-highs in goals (33) and shots (69) and ranks No. 2 with 29 assists ... Niya Bumbaca tops the side with 34 assists and is second in goals with 22. Tyanna Schneider has played a team-leading 235 minutes in the cage, has made 58 saves against 93 goals allowed and has a .384 save percentage and 12.66 GAA. Cal Lutheran is coached by Julie Snodgrass who is in her fourth season leading the program.

## 2026 SAN DIEGO STATE WOMEN'S WATER POLO ROSTER

NO.	NAME	HT.	POS.	YR.	HOMETOWN (HIGH SCHOOL)
1	Mandy Lagerlof	GK	5-11	Sr.	Irvine, Calif. (Irvine High)
1A	Tiaare Ahovelo	GK	5-9	Sr.	Auckland, New Zealand (St. Cuthbert's College)
1B	Kyla Pranajaya	GK	5-7	Fr.	Orange, Calif. (Orange Lutheran High)
1C	Marie Fehring	GK	5-10	Jr.	Novato, Calif. (College of Marin)
2	Lucy Bullock	DEF	6-2	Jr.	London, England (Trinity School)
3	Shannon Murphy	ATT	5-9	Sr.	Orinda, Calif. (Miramonte High)
4	Delanney Ewing	ATT	5-8	So.	Anaheim, Calif. (Canyon High)
5	Sydney Gish	ATT	5-6	Sr.	Clovis, Calif. (Clovis West High)
6	Poppy Phillips	ATT	5-7	R-Fr.	Melbourne, Australia (Loreto Mandeville Hall Toorak)
7	Mimi Stoupas	CTR	6-0	Jr.	Melbourne, Australia (Caulfield Grammar School)
8	Julianne Stark	ATT	5-6	So.	Danville, Calif. (Monte Vista High)
9	Hannah Bell	CTR	5-9	Sr.	Auckland, New Zealand (Dioceasan School for Girls)
10	Aiyana Mendoza	UTL	5-8	Sr.	Union City, Calif. (James Logan High)
11	Claudia Valdes	ATT	5-8	Sr.	Madrid, Spain (IES Ortega y Gasset)
12	Makenna Maceo	UTL	5-9	Jr.	Newport Beach, Calif. (Corona de Mar High)
13	Megan Holcomb	UTL	5-8	Sr.	La Verne, Calif. (St. Lucy's Priory High)
14	Sammi Byers	ATT	5-8	Jr.	Yucaipa, Calif. (Yucaipa High)
15	Ioanna Petiki	ATT	5-5	Fr.	Stuttgart, Germany (Johann Friedrich Cotta School)
16	Anay Smith	ATT	5-4	Fr.	Arroyo Grande, Calif. (Arroyo Grande High)
17	Natalia Barrot	ATT	5-4	Fr.	Santa Ana, Calif. (Foothill High)
18	Avery Sullivan	DEF	5-10	Fr.	Moraga, Calif. (Campolindo High)
19	Mackenzie Dollander	ATT	5-5	Fr.	Newport Beach, Calif. (Corona del Mar High)

RED - denotes a player who is utilizing a redshirt for the 2026 season

**Head Coach: Dana Ochsner (fourth season)**

**Assistant Coach: Mitchell Seeley (third season)**

**Assistant Coach: Sophia Noble (first season)**

**Athletic Trainer: Maria Barajas**

### Pronunciation Guide

#### Players

- #1 Mandy Lagerlof (LAG-er-loff)
- #1A Tiaare Ahovelo (tee-ARE-aye AH-velo)
- #1B Kyla Pranajaya (k-EYE-lah Pran-ah-J-EYE-ah)
- #1C Marie Fehring (FAIR-ing)
- #4 Delanney Ewing (DELAY-knee YOU-ing)
- #7 Mimi Stoupas (STEW-pus)
- #10 Aiyana Mendoza (EYE-on-uh)
- #11 Claudia Valdes (CLOUD-ee-ah)
- #12 Makenna Maceo (muh-KEN-ah muh-SAY-doe)
- #15 Ioanna Petiki (YO-anna puh-TEE-key)
- #16 Anay Smith (ah-NAY)
- #17 Natalia Barrot (nuh-TALL-YA BEAR-ot)
- #19 Mackenzie Dollander (DOLE-an-der)

#### Staff

- Dana Ochsner (DAY-nah OSH-ner)
- Mitchell Seeley (SEE-lee)
- Maria Barajas (buh-RAH-hoss)

## SINGLE-GAME BESTS

## GOALS

8	Shae Philpott vs. UC Santa Barbara, 4/26/96
7	Ioli Benekou vs. San Jose State, 2/27/16
	Anna Gonzales vs. Long Beach State, 3/8/09
	Jenna Schuster vs. Hawai'i, 4/27/07
	Amber Prestegard at UC Irvine, 2/16/01
6	15 times (Last: <b>Mimi Stoupas vs. Cal State Fullerton, 1-17-26</b> )

## ASSISTS

7	Sarah Brady vs. California, 4/9/11
6	<b>Claudia Valdes vs. Long Beach State, 1/16/26</b>
	Rose Kanemy at UC San Diego, 4/19/25
	Rose Kanemy vs. Chapman, 2/28/25
	Rose Kanemy vs. Concordia, 4/28/23
	Laurene Padilla vs. CSUN, 3/6/22
5	21 times (Last: <b>Sydney Gish vs. Claremont-Mudd-Scripps, 1/16/26</b> )

## STEALS

9	Megan Dunbar vs. Long Beach State, 4/9/00
	Megan Dunbar vs. Long Beach State, 3/4/99
8	Sarah Brady at Arizona State, 4/17/10
7	Emily Bennett vs. Sonoma State 1/19/19
	Caroline Israels vs. Santa Clara, 2/10/17
	Carina Carballo vs. Princeton, 3/16/14
	Danielle Pelke vs. San Jose State, 4/29/07
	Stacy Werner vs. Pacific, 4/17/04
	Casey Finnegan vs. Pacific, 3/16/03

## SINGLE-SEASON TOP-10

## GOALS

1.	Larisa Baltgalvis, 1999	106
2.	Anna Gonzales, 2009	92
3.	Holly Hartzell, 2001	90
4.	Jenna Schuster, 2007	84
5.	Jenna Schuster, 2008	83
6.	Anna Gonzales, 2007	80
7.	Sara Hanneman, 1999	79
8.	Anna Gonzales, 2008	77
9.	<b>Claudia Valdes, 2024</b>	<b>76</b>
10.	<b>Mimi Stoupas, 2025</b>	<b>73</b>

## ASSISTS

1.	Anique Hermann, 2014	69
2.	Rose Kanemy, 2025	67
	Sarah Brady, 2011	67
4.	Elana Cervantes, 2007	61
5.	Becca Ur, 2008	59
6.	Elana Cervantes, 2005	56
7.	Rose Kanemy, 2024	54
	Alana Burgess, 2012	54
9.	<b>Claudia Valdes, 2025</b>	<b>50</b>
10.	Ronni Gauthsch, 2009	49

## STEALS

1.	Megan Dunbar, 1999	168
2.	Sara Hanneman, 1999	128
3.	Megan Dunbar, 2000	100
4.	Wendy Jensen, 1999	97
5.	Stacy Werner, 2007	95
6.	Caroline Israels, 2017	87
	Stacy Werner, 2006	87
8.	Larisa Baltgalvis, 1999	86
9.	Nikole Ferrari, 2016	83
10.	Amber Pezzolla, 2012	80
	Whitney Winlow, 1999	80
	Heather Moody, 1996	80

## EXCLUSIONS DRAWN

1.	Erinn Greenwood, 2008	121
2.	Alyssa Diacono, 2016	101
	Erinn Greenwood, 2009	101
4.	Alyssa Diacono, 2017	91
	Erinn Greenwood, 2007	91
6.	Larisa Baltgalvis, 1999	86
7.	Holly Hartzell, 2004	85
8.	Larisa Baltgalvis, 2000	77
9.	Becca Ur, 2005	76
10.	Holly Hartzell, 2001	74

## GOALKEEPER SAVES

1.	Curran Teigen, 1999	420
2.	Kelly Campoli, 2012	378
3.	Rachel Mitchell, 2013	368
4.	Rachel Mitchell, 2016	364
	Sarah Kilgore, 2007	364
6.	Kelly Campoli, 2010	337
7.	Kelly Campoli, 2011	335
8.	Heather Fenske, 2008	332
9.	Kelly Campoli, 2009	300
10.	Rachel Mitchell, 2014	297

## CAREER TOP-10

## GOALS

1.	Holly Hartzell, 2001-04	278
2.	Anna Gonzales, 2006-09	273
3.	Jenna Schuster, 2006-09	255
4.	Caroline Israels, 2014-17	242
5.	Larisa Baltgalvis, 1997-00	235
6.	Amber Prestegard, 2000-03	230
7.	Amber Pezzolla, 2010-13	229
8.	<b>Claudia Valdes, 2023-present</b>	<b>217</b>
9.	Shae Philpott, 1995-98	205
10.	Ioli Benekou, 2014-17	204

## STEALS

1.	Amber Pezzolla, 2010-13	303
2.	Megan Dunbar, 1999-00	268
3.	Alex Ford, 2010-13	257
4.	Stacy Werner, 2004-07	249
5.	Anique Hermann, 2012-15	234
6.	Caroline Israels, 2014-17	230
7.	Casey Finnegan, 2000-03	219
8.	Holly Hartzell, 2001-04	209
9.	Emily Bennett, 2018-21	205
10.	Nikole Ferrari, 2013-16	202

## GOALKEEPER SAVES

1.	Kelly Campoli, 2009-12	1,350
2.	Rachel Mitchell, 2013-16	1,291
3.	Curran Teigen, 1997-00	904
4.	Sarah Kilgore, 2004-07	900
5.	Ashley Zabel, 2001-04	544
6.	Maura Cantoni, 2017-19	519
7.	Tiaare Ahovelo, 2023-present	506
8.	Heather Fenske, 2005-08	407
9.	Heather Stiles, 2001-02	398

## ASSISTS

1.	Rose Kanemy, 2022-25	203
2.	Elana Cervantes, 2004-07	186
3.	Sarah Brady, 2008-11	180
4.	Anique Hermann, 2012-15	159
5.	<b>Claudia Valdes, 2023-present</b>	<b>149</b>
6.	Dominique Delgado, 2002-05	126
7.	Amber Pezzolla, 2009-13	124
8.	Anna Gonzales, 2006-09	123
9.	Erinn Greenwood, 2006-09	119
10.	Amber Prestegard, 2000-03	116

## EXCLUSIONS DRAWN

1.	Erinn Greenwood, 2006-09	322
2.	Alyssa Diacono, 2014-17	292
3.	Holly Hartzell, 2001-04	282
4.	Emily Bennett, 2018-21	253
5.	Anique Hermann, 2012-15	251
6.	Becca Ur, 2005-08	250
7.	Ronni Gauthsch, 2007-11	190
8.	Larisa Baltgalvis, 1997-00	179
9.	Meaghan Poland, 2009-12	174
10.	Amber Pezzolla, 2010-13	162

## SEASON &amp; CAREER HIGHS

## #1 • MANDY LAGERLOF

Season	Career
Saves	15 vs. Pomona-Pitzer (1-31-26)
Save % (16+ mins.)	.750 vs. UCSB (2-1-26)
Assists	2 vs. Concordia (2-1-26)
Steals	3 vs. Cal Lutheran (2-7-26)
	4 - 2x: last vs. Bucknell (3/15/25)

## #1A • TIAARE AHOVETO

Season	Career
Saves	9 - 2x; last vs. UC Davis (1-31-26)
Save % (16+ mins.)	1.000 vs. Cal Lutheran (2-7-26)
Assists	1 vs. CMS (1-16-26)
Steals	2 vs. CMS (1-16-26)
	3 - 3x: last vs. *Pacific (4-4-25)

## #1B • KYLA PRANAJAYA

Season	Career
Saves	9 vs. LMU (1-30-26)
Save % (16+ mins.)	.667 vs. Concordia (2-1-26)
Assists	3 vs. Concordia (2-1-26)
Steals	1 - 2x; last vs. LMU (1-30-26)
	Same

## #2 • LUCY BULLOCK

Season	Career
Shots	5 vs. Long Beach State (1-16-26)
Goals	3 vs. Cal Lutheran (2-7-26)
Assists	3 vs. Pomona-Pitzer (1-31-26)
Points	3 - 2x; last vs. Cal Lutheran (2-7-26)
Exclusions Drawn	1 - 4x; last vs. UC Davis (1-31-26)
Steals	4 - 2x; last vs. Concordia (2-1-26)
Blocks	2 vs. Concordia (2-1-26)
	2 - 4x: last vs. Concordia (2-1-26)

## #3 • SHANNON MURPHY

Season	Career
Shots	6 vs. UC Santa Barbara (2-7-26)
Goals	4 vs. Pomona-Pitzer (1-31-26)
Assists	3 vs. Concordia (2-1-26)
Points	4 - 3x; last: Concordia (2-1-26)
Exclusions Drawn	2 vs. USC (1-24-26)
Steals	4 vs. Concordia (2-1-26)
Blocks	2 at Cal State Fullerton (1-17-26)
	2 at Cal State Fullerton (1-17-26)

## #4 • DELANNEY EWING

Season	Career
Shots	5 vs. CSUMB (2-8-25)
Goals	1 - 5x; last: vs. *Santa Clara (4-5-25)
Assists	1 - 2x; last: vs. CSUN (3-15-25)
Points	2 vs. Cal Lutheran (1-19-25)
Exclusions Drawn	1 - 3x; last: vs. CSUN (3-15-25)
Steals	1 - 2x; last: vs. CSF (2-2-25)
Blocks	1 - 3x; last: vs. Bucknell (3-15-25)

## #5 • SYDNEY GISH

Season	Career
Shots	7 at Arizona State (2-8-26)
Goals	4 vs. UC Santa Barbara (2-7-26)
Assists	5 vs. CMS (1-16-26)
Points	8 vs. CMS (1-16-26)
Exclusions Drawn	1 - 5x; last: vs. UCSB (2-7-26)
Steals	3 vs. Concordia (2-1-26)
Blocks	1 - 3x; last: vs. Concordia (2-1-26)
	2 vs. CSU Monterey Bay (2-8-25)

## #6 • POPPY PHILLIPS

Season	Career
Shots	6 at Arizona State (2-8-26)
Goals	4 vs. Cal Lutheran (2-7-26)
Assists	1 - 4x; last: vs. LMU (1-30-26)
Points	4 vs. Cal Lutheran (2-7-26)
Exclusions Drawn	1 - 2x; last: vs. Biola (1-17-26)
Steals	3 vs. Cal Lutheran (2-7-26)
Blocks	1 - 2x; last: vs. Cal Lutheran (2-7-26)
	Same

## #7 • MIMI STOUPAS

Season	Career
Shots	8 - 3x; last: vs. Marist (2-8-26)
Goals	6 at Cal State Fullerton (1-17-26)
Assists	1 - 4x; last: vs. Cal Lutheran (2-7-26)
Points	7 at Cal State Fullerton (1-17-26)
Exclusions Drawn	7 vs. Southern California (1-24-26)
Steals	5 at Cal State Fullerton (1-17-26)
Blocks	2 vs. Biola (1-17-26)
	Same

## #8 • JULIANNE STARK

Season	Career
Shots	4 vs. UC Davis (1-31-26)
Goals	2 vs. UC Santa Barbara (2-7-26)
Assists	2 vs. Concordia (2-1-26)
Points	3 vs. Concordia (2-1-26)
Exclusions Drawn	2 vs. Long Beach State (1-16-26)
Steals	2 vs. Biola (1-17-26)
Blocks	1 - 2x; last: at CSF (1-17-26)
	1 - 3x; last: at CSF (1-17-26)

## #9 • HANNAH BELL

Season	Career
Shots	4 - 2x; last: vs. Cal Lutheran (2-7-26)
Goals	2 - 4x; last: vs. Cal Lutheran (2-7-26)
Assists	1 vs. Cal Lutheran (2-7-26)
Points	3 vs. Cal Lutheran (2-7-26)
Exclusions Drawn	2 - 3x; last: vs. UCSB (2-7-26)
Steals	1 - 2x; last: at Arizona State (2-8-26)
Blocks	2 vs. California Baptist (1-18-25)

## #10 • AIYANA MENDOZA

Season	Career
Shots	2 vs. Cal Lutheran (2-7-26)
Goals	1 vs. Long Beach State (1-16-26)
Assists	1 - 4x; last: vs. Concordia (2-1-26)
Points	1 - 5x; last: vs. Concordia (2-1-26)
Exclusions Drawn	2 vs. Biola (1-17-26)
Steals	1 - 3x; last: vs. Concordia (2-1-26)
Blocks	1 vs. Concordia (2-1-26)
	Same

## #11 • CLAUDIA VALDES

Season	Career
Shots	9 vs. Marist (2-8-26)
Goals	4 - 2x; last: vs. Marist (2-8-26)
Assists	6 vs. Long Beach State (1-16-26)
Points	9 vs. Long Beach State (1-16-26)
Exclusions Drawn	3 vs. Southern California (1-24-26)
Steals	3 - 4x; last: vs. Marist (2-8-26)
Blocks	1 vs. UC Davis (1-31-26)
	4 vs. Cal Baptist (4-25-25)

## SEASON &amp; CAREER HIGHS

## #12 • MAKENA MACEDO

Season	Career
Shots	7 vs. CSU Monterey Bay (2-10-24)
Goals	4 - 2x; last vs. UC Davis (1-19-25)
Assists	2 - 3x; last vs. *Cal Baptist (2-14-25)
Points	4 - 3x; last vs. Cal Baptist (2-1-25)
Exclusions Drawn	1 - 4x; last vs. Cal Lutheran (1-19-25)
Steals	3 vs. CSU Monterey Bay (2-10-24)
Blocks	1 - 3x; last vs. *Fresno State (3-29-25)

## #18 • AVERY SULLIVAN

Season	Career
Shots	2 - 3x; last: vs. UCSB (2-7-26)
Goals	1 - 4x; last: vs. UCSB (2-7-26)
Assists	2 - 2x; last: vs. UC Davis (1-31-26)
Points	2 - 2x; last: vs. UC Davis (1-31-26)
Exclusions Drawn	1 vs. Marist (2-8-26)
Steals	1 - 5x; last: vs. UCSB (2-7-26)
Blocks	1 - 4x; last: vs. Marist (2-8-26)

## #13 • MEGAN HOLCOMB (^ - at Indiana)

Season	Career
Shots	4 - 2x; last vs. Concordia (2-1-26)
Goals	4 vs. Concordia (2-1-26)
Assists	2 vs. UC Santa Barbara (2-7-26)
Points	5 vs. Concordia (2-1-26)
Exclusions Drawn	1 - 2x; last: vs. Biola (1-17-26)
Steals	2 vs. CMS (1-16-26)
Blocks	1 vs. Loyola Marymount (1-30-26)
	1 - 4x; last vs. LMU (1-30-26)

## #19 • MACKENZIE DOLLANDER

Season	Career
Shots	2 vs. Concordia (2-1-26)
Goals	1 - 2x; last: vs. Cal Lutheran (2-7-26)
Assists	
Points	1 - 2x; last: vs. Cal Lutheran (2-7-26)
Exclusions Drawn	
Steals	
Blocks	

## #14 • SAMMI BYERS

Season	Career
Shots	4 vs. UC Santa Barbara (2-7-26)
Goals	3 vs. Cal Lutheran (2-7-26)
Assists	2 vs. Pomona-Pitzer (1-31-26)
Points	3 - 2x; last: vs. Cal Lutheran (2-7-26)
Exclusions Drawn	1 - 2x; last: vs. Marist (2-8-26)
Steals	3 - 2x; last: Cal Lutheran (2-7-26)
Blocks	2 vs. Marist (2-8-26)
	Same

## #15 • IOANNA PETIKI

Season	Career
Shots	4 - 3x; last: vs. Marist (2-8-26)
Goals	3 vs. Loyola Marymount (1-30-26)
Assists	6 vs. Biola (1-17-26)
Points	7 vs. Biola (1-17-26)
Exclusions Drawn	4 vs. Biola (1-17-26)
Steals	3 vs. Biola (1-17-26)
Blocks	1 - 4x; last: vs. Marist (2-8-26)
	Same

## #16 • ANAY SMITH

Season	Career
Shots	
Goals	
Assists	
Points	
Exclusions Drawn	
Steals	
Blocks	

## #17 • NATALIA BARROT

Season	Career
Shots	2 - 2x; last: at Arizona State (2-8-26)
Goals	1 - 2x; last: vs. Cal Lutheran (2-7-26)
Assists	2 vs. UC Santa Barbara (2-7-26)
Points	2 vs. UC Santa Barbara (2-7-26)
Exclusions Drawn	1 - 5x; last: at Arizona State (2-8-26)
Steals	2 vs. Cal Lutheran (2-7-26)
Blocks	

## 2026 San Diego State Aztecs Women's Water Polo Statistics

(7-6 Overall, 0-0 GCC)  
As of February 10, 2026 - All Games

## NAME	GP	SH	G	A	PTS	SH%	EX	DEX	YC	YRC	RC	STL	FB	SPRINT	SP%
11 Claudia Valdes	13	57	25	26	51	.439	9	10	0	0	0	16	1	1-4	.200
5 Sydney Gish	13	52	28	18	46	.538	17	5	0	0	0	11	3	0-1	.000
7 Mimi Stoupas	13	65	37	4	41	.569	6	34	0	0	0	19	2	0-0	--
15 Ioanna Petiki	13	29	11	23	34	.379	17	11	0	0	0	9	4	0-4	.000
3 Shannon Murphy	13	35	15	12	27	.429	12	4	0	0	0	12	4	18-17	.514
14 Sammi Byers	13	27	14	5	19	.519	7	2	0	0	0	11	4	1-4	.200
6 Poppy Phillips	13	29	12	4	16	.414	6	2	0	0	0	6	2	0-0	--
8 Julianne Stark	13	18	9	5	14	.500	6	3	0	0	0	4	2	0-0	--
2 Lucy Bullock	13	25	7	7	14	.280	13	4	0	0	0	20	6	0-0	--
13 Megan Holcomb	13	21	7	6	13	.333	7	2	0	0	0	4	1	0-1	.000
9 Hannah Bell	13	27	10	1	11	.370	1	10	0	0	0	2	0	0-0	--
18 Avery Sullivan	13	12	4	5	9	.333	10	1	0	0	0	5	4	0-0	--
17 Natalia Barrot	13	10	2	5	7	.200	5	5	0	0	0	5	0	0-0	--
10 Aiyana Mendoza	13	5	1	4	5	.200	1	3	0	0	0	3	1	0-0	--
1B Kyla Pranajaya	5	2	0	5	5	.000	0	0	0	0	0	2	0	0-0	--
19 Mackenzie Dollander	12	4	2	0	2	.500	2	0	0	0	0	0	0	0-0	--
1 Mandy Lagerlof	10	1	0	2	2	.000	0	0	0	0	0	10	0	0-0	--
1A Tiare Ahovelo	10	1	0	1	1	.000	0	0	0	0	0	5	0	0-0	--
<b>Total</b>	<b>13</b>	<b>420</b>	<b>184</b>	<b>133</b>	<b>317</b>	<b>.438</b>	<b>119</b>	<b>96</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>144</b>	<b>34</b>	<b>20-31</b>	<b>.392</b>

## NAME	GP	GS	MIN	RECORD	GA	GAA	SV	SV%	A	STL
1B Kyla Pranajaya	5	1	78:00	1-1	24	9.85	28	.538	5	2
1 Mandy Lagerlof	10	10	176:00	6-3	72	13.09	46	.390	2	10
1A Tiare Ahovelo	10	2	168:00	0-2	50	9.52	60	.545	1	5
<b>Total</b>	<b>13</b>	<b>13</b>	<b>422:00</b>	<b>7-6</b>	<b>146</b>	<b>11.07</b>	<b>134</b>	<b>.479</b>	<b>133</b>	<b>144</b>