

# Sensing Technology for Dementia Care Support

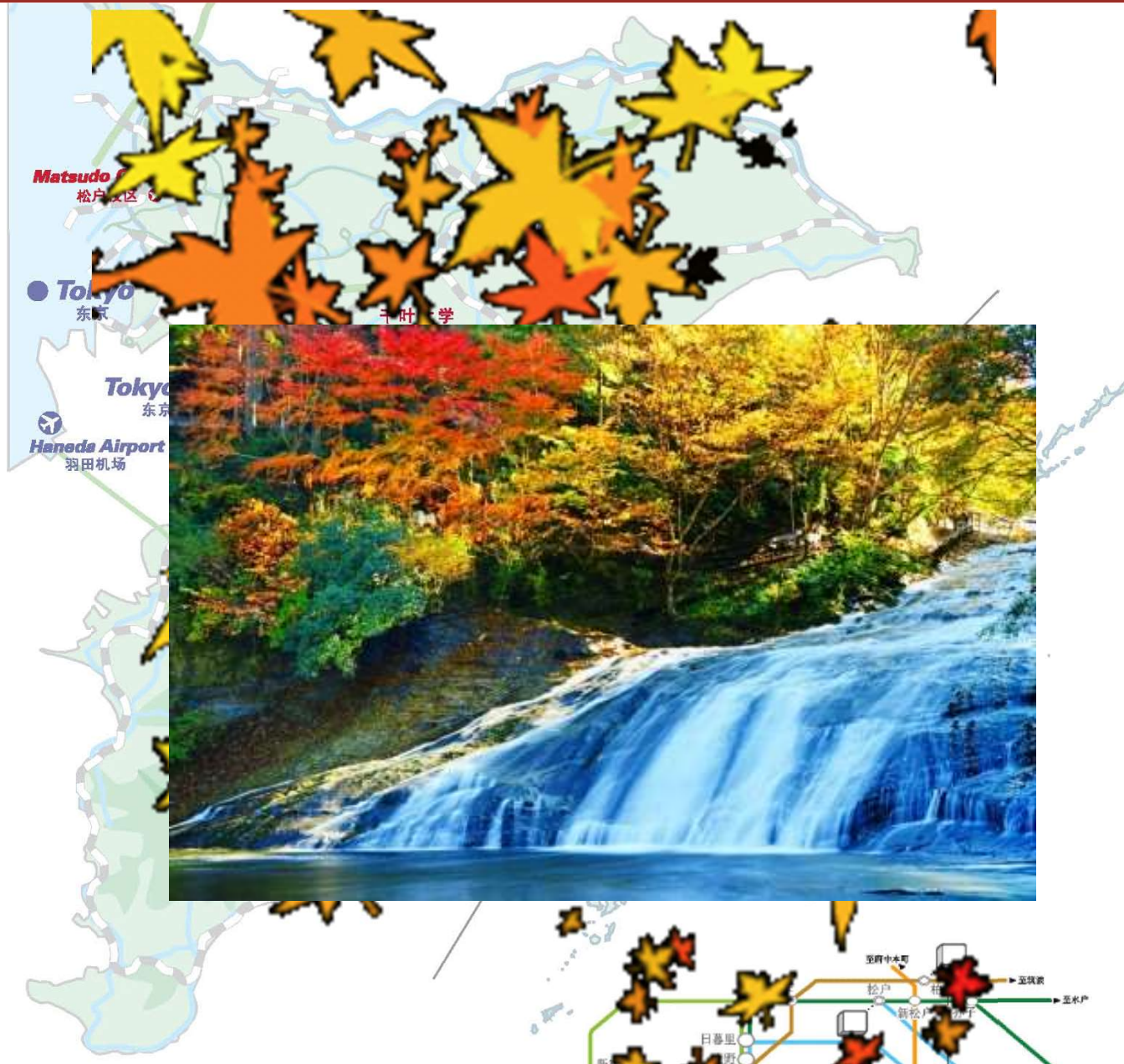
Wenwei YU



**Center for Frontier Medical Engineering  
Chiba University, Japan  
Feb. 17 2021**

**Virtual International Week at SeAMK**

# Chiba(千葉): The Sky Gate of Japan



# Outline

- Ageing Society in Japan and Finland, dementia in Japan and nation-wide policy, and our motivation
- Current state of dementia care support
- My standpoint
- How sensing technology can help dementia care
  - ✓ Case Studies

# Is Finland following the same path as Japan?

Population share of older age cohorts, median age, dependency ratio, life expectancy at different ages

	Finland				Japan			
	1980	2015	2030	2050	1980	2015	2030	2050
Population share of elderly people, %								
60+	16.4	27	31.3	33.1	12.8	33.1	37.3	42.5
65+	12 →	19.7 →	25.4 →	27	9 →	26.3 →	30.4 →	36.3
80+	1.8	5.1	8.6	11.1	1.4	7.8	12.7	15.1
Median age	32.8	42.5	44.4	45.1	32.6	46.5	51.5	53.3
Dependency rate, %								
Children	30	25.8	25.8	25.1	35	21.1	21.3	24.3
Elderly people	17.7	31.8	42.8	46.3	13.4	43.3	53.1	70.9
<b>Total</b>	<b>47.7</b>	<b>57.6</b>	<b>68.6</b>	<b>71.4</b>	<b>48.4</b>	<b>64.4</b>	<b>74.4</b>	<b>95.2</b>

Sources: UN and Bank of Finland.

# Japan is faced with an ageing care crisis

- Declining population and super ageing society
- Big pressure to national economy and finance from ageing care – long-term care insurance
- Lack of caregivers for home and community
  - Overworked and overstressed care workers
  - Insufficient care services for care receivers
- Respect for autonomy: one of the common bioethics principles, needs to be taken into account in care service
  - care should be neither too much, nor too little
  - patient centered care for people with dementia

# Estimates on Older People with Dementia in Japan

—research team at the Ministry of Health, Labor and Welfare—

- 15% nationwide prevalence rate for dementia (2012)
- Approx. 4.62 million people estimated to have dementia (2012)
- The number of people with dementia is estimated to be 6.75–7.30 million in 2025
  - 1 out of every 5 older people

# Motivation

- Prevention and cure haven't been established.
  - Persons with dementia are suffering.
  - Family carers and professional carers are mentally and physically heavy-loaded.
- All of us have a high risk to get it.
  - It turns to be a long-term serious social problem.

Requiring a rally of all power across  
nations, disciplines

## “Dementia Supporters” Training Program

people of every generation, every occupation are becoming “Dementia Supporters”

**Over 8 million** supporters have been trained as of September 2016.

## Dementia Supporters Program

- ✓ **Voluntarily**
- ✓ **with proper knowledge and understanding**
- ✓ **in communities and work places**



- Community
- Office
- School
- Public office
- LTC Service Providers



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# Current State of Dementia Care

## **People with Dementia :**

- Difficult to express their own intention / will, difficult to know their own state

## **Care Staff :**

- Difficult to notice and understand the state, intention, and decision-making ability of the people with dementia
  - ✓ Lack of experience
  - ✓ In the case that one staff has to care for multiple persons, it is impossible to observe details continuously
- Difficult situations: ADL care, identification of real intention, BPSD

– ADL: Activities of Daily Living

– BPSD: Behavioral and psychological symptoms of dementia 11

# Current ADL care support technology



SOTA, NTT-Data  
Communication



PARO, AIST  
Mental Care



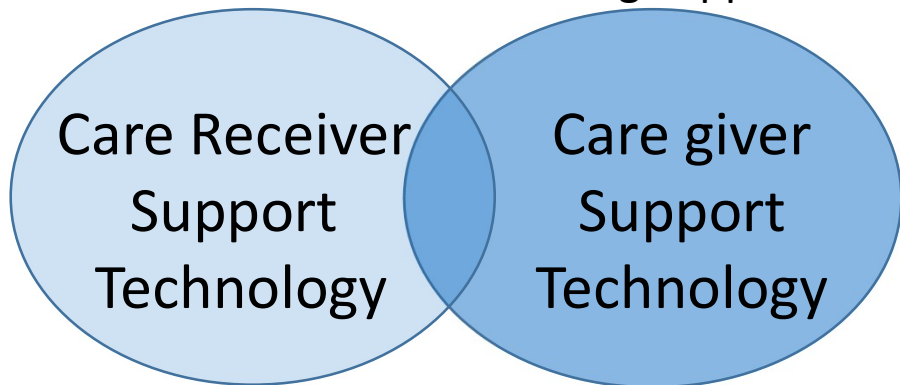
PN-L, Panasonic  
Bathing Support



PowerSuits, TUS  
Lifting Support



Sawayaka, Daiwa House  
Excretion



RIBA, RIKEN  
Transferring



SANYO  
Bathing



HAL, TSUKUBA  
Walking



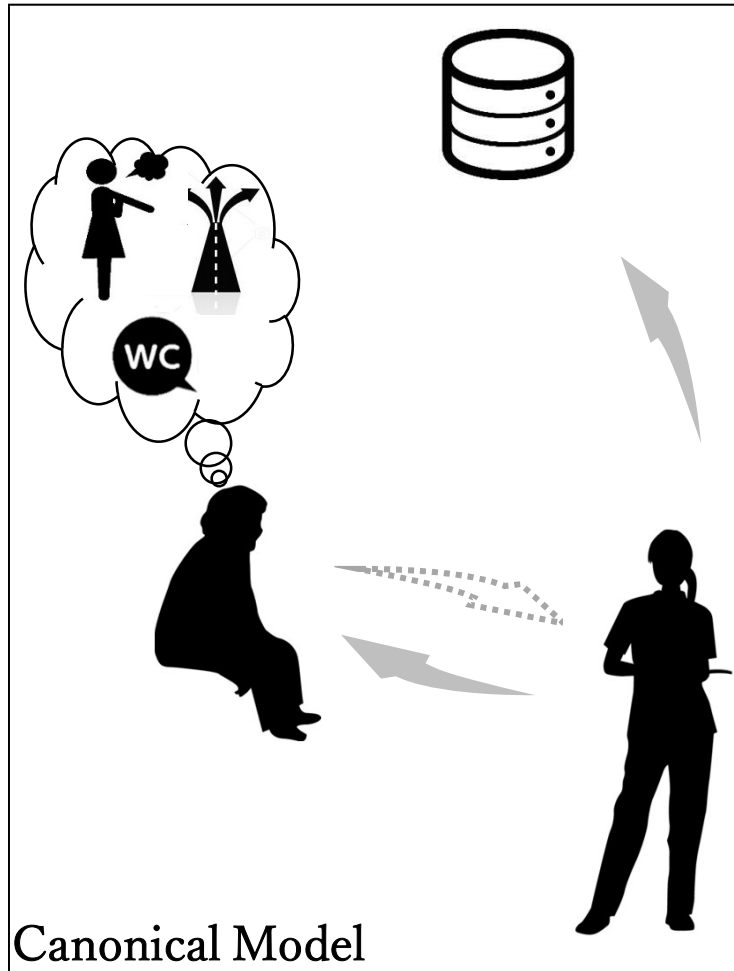
PowerSuits, KIT  
Lifting Support

# How to realize the patient centered care for people with dementia?

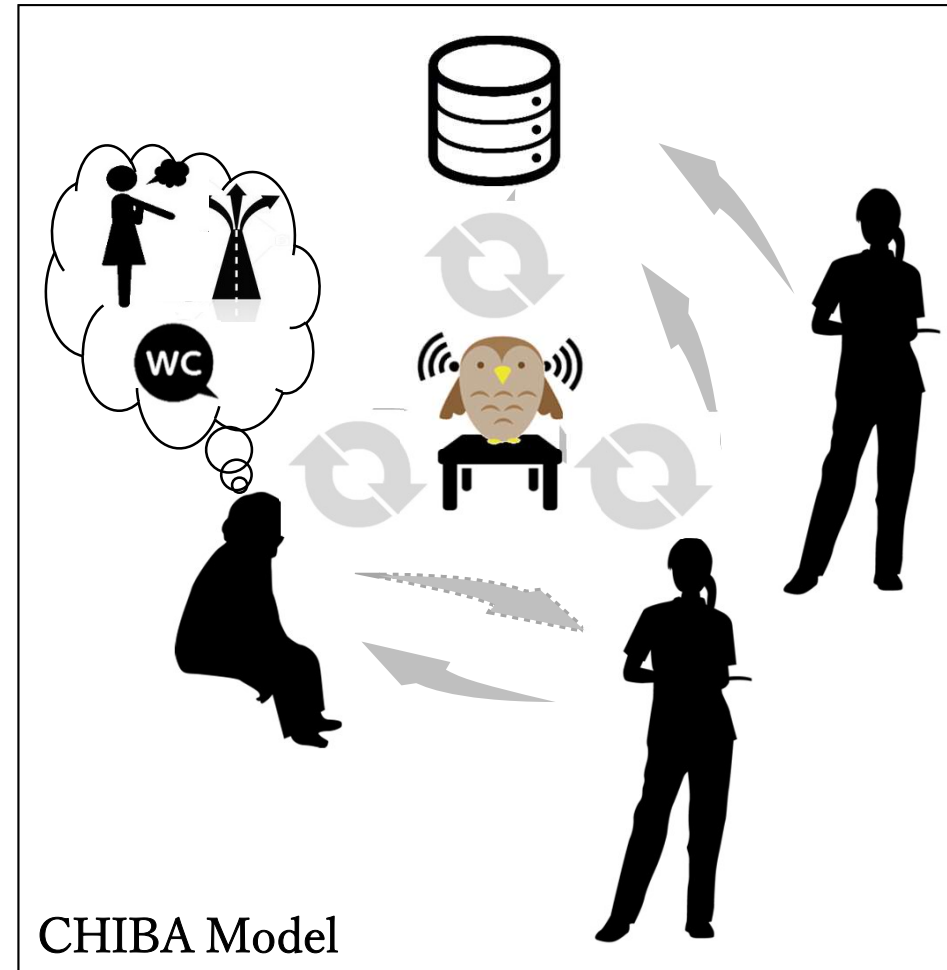
- Supporting the care receivers as needed
- Sensing the state of care receivers during their Activities of Daily Living (ADLs)
  - Need, decision, intention, desire, will
  - Procedure of ADLs



# Dementia Care CHIBA Model



Canonical Model




CHIBA Model

WC : ADL

 : BPSD

 : Decision Making

 : Monitoring Info. Integration Platform

# Technical Problems

- Non-invasive, non-constrained, long-term measurement is preferable

- Necessary to estimate their states from limited, uncertain information

- Supporting individuals with different living independence and dementia levels

**Can the problems be solved in the current Assistive Technology framework?**

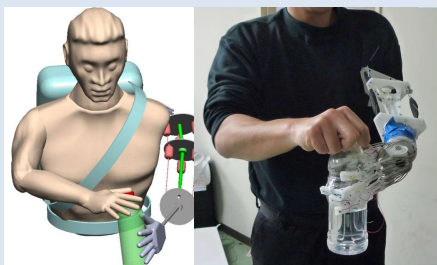
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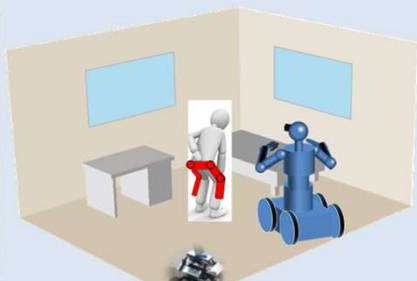
# Fundamental Research & Application

<http://www.tms.chiba-u.jp/~yu/English/>

## Assistive Technology, Rehabilitation



Assistive Technology

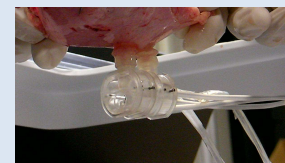


Care Support Robotics

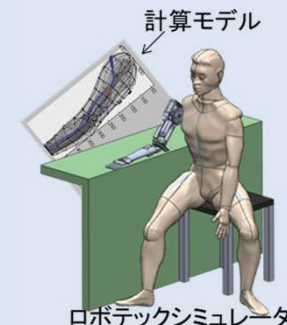
## Surgery Support, Medical Training



Soft Pneumatic Forceps



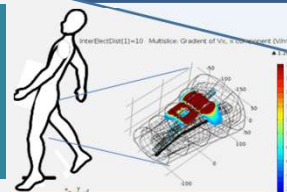
Laparoscopic Surgery Support



Neurology Simulator

Req

## Electrophysiology Simulation



Req

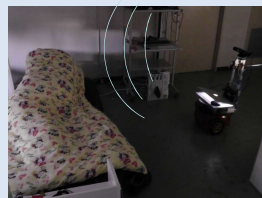
App

## Robotics Fundamentals

App



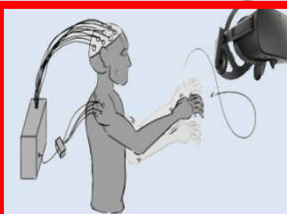
Soft Actuators



Non-contact EM-measurement



Real Time Visual Tracking



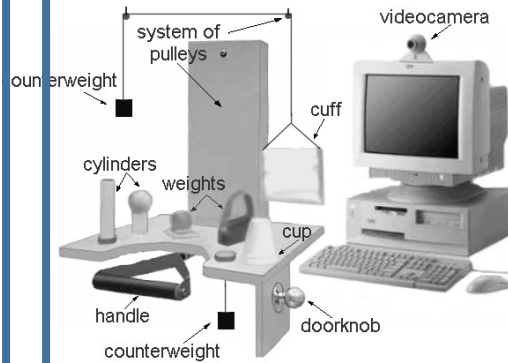
Dynamic Interface



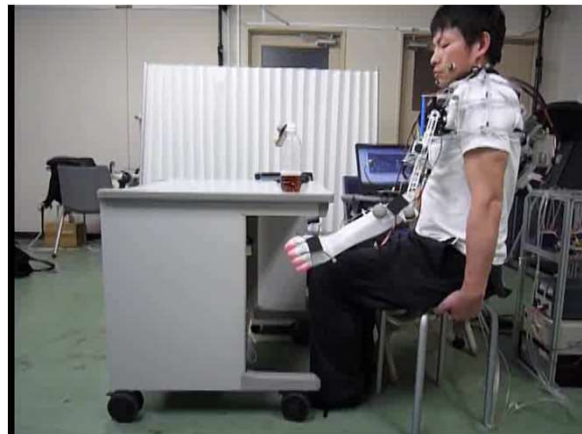
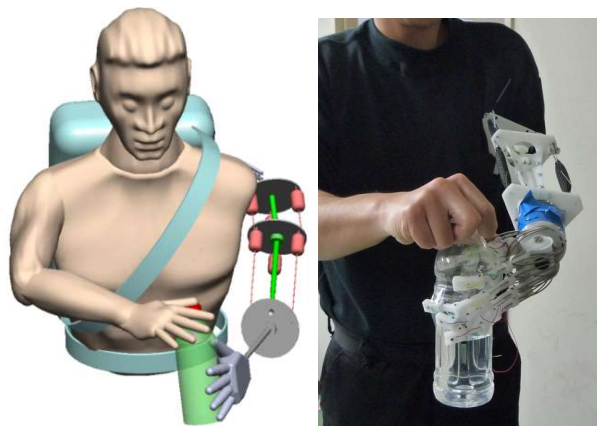
# Intention detection for Assistive Technology



Good leg teaches impaired leg



Upper limb home Rehabilitation

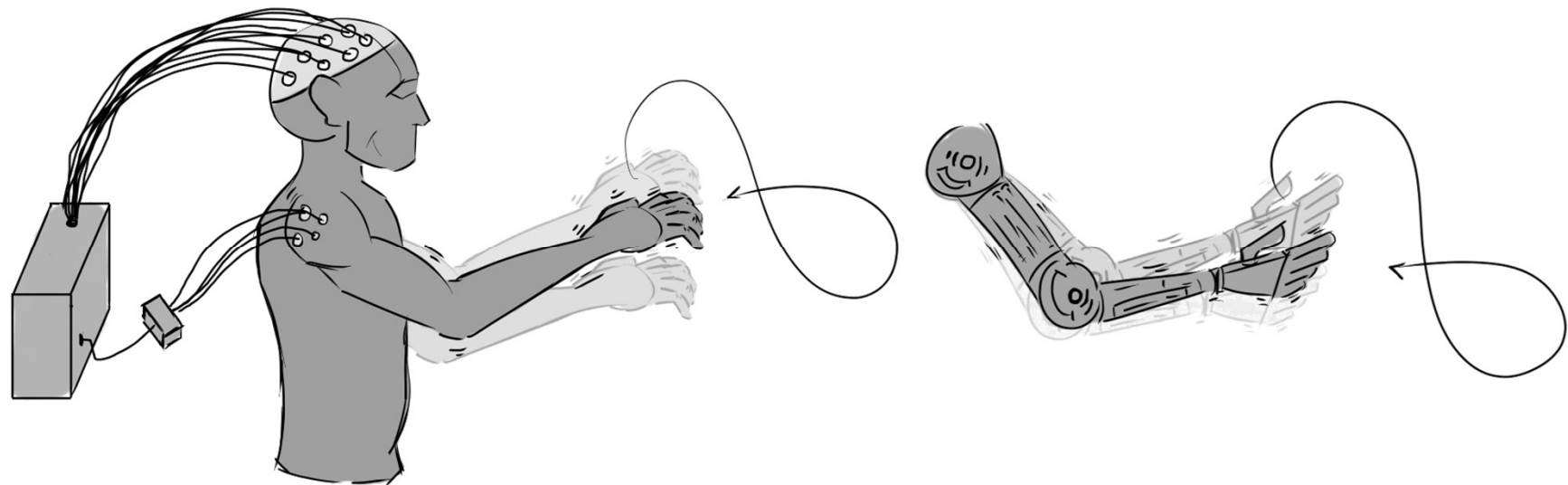


Bimanual coordination for Prosthetic arm users

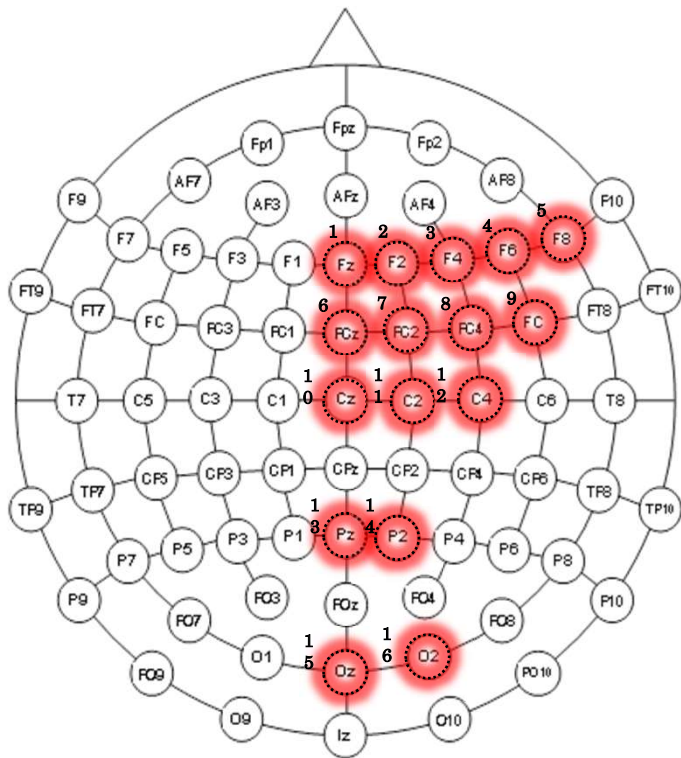
# Motion reconstruction for prosthetic arm users

Motion reconstruction: Estimating the position and trajectory of a limb from motion-related bio-signals, without cameras or tracking devices. My focus was the reconstruction of the hand's position.

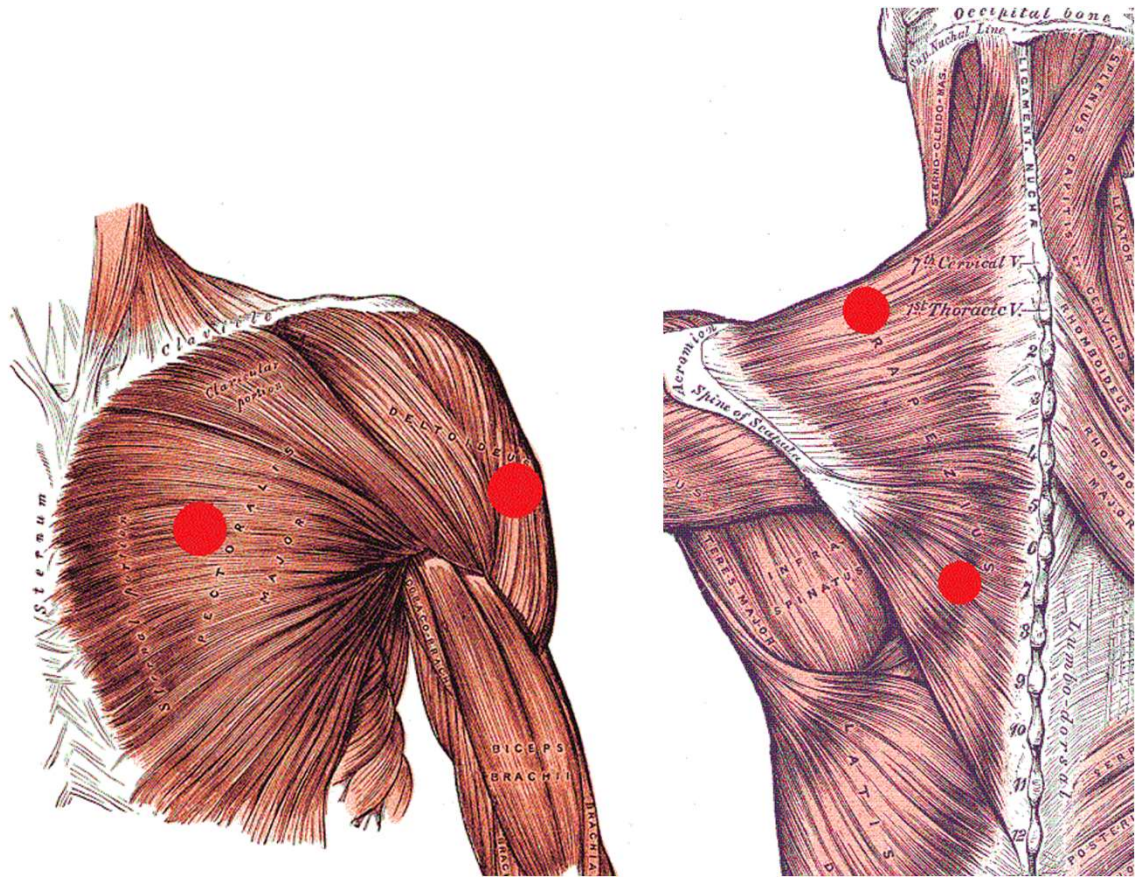
Application: Control of prosthesis, video game control, rehabilitation.



# Acquisition Method



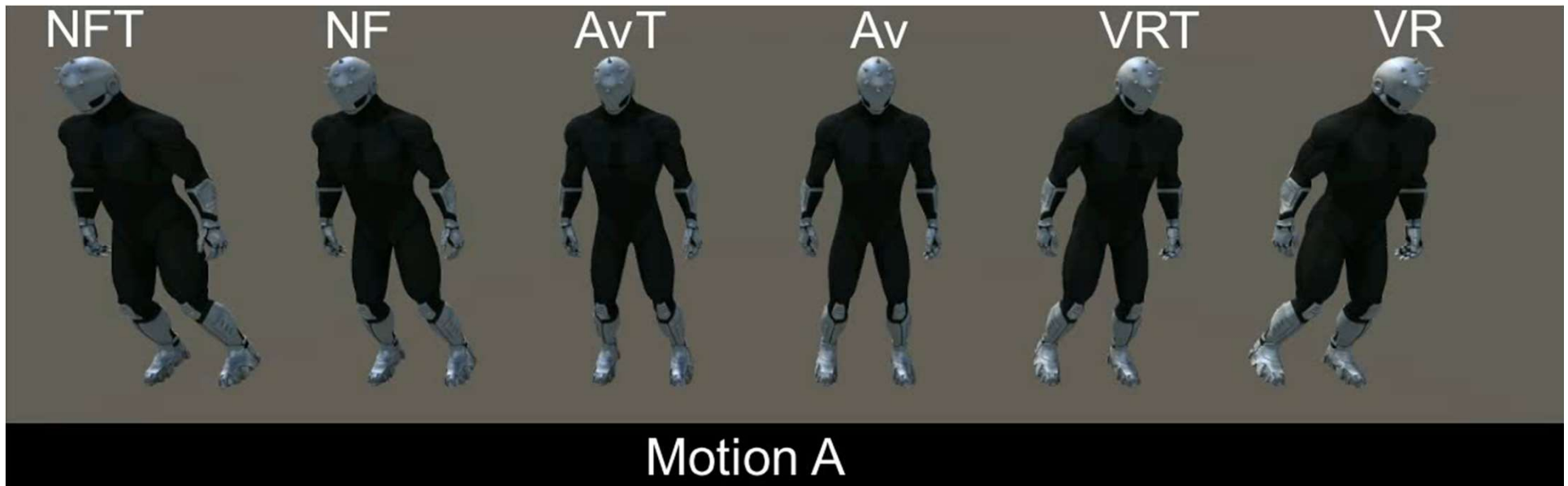
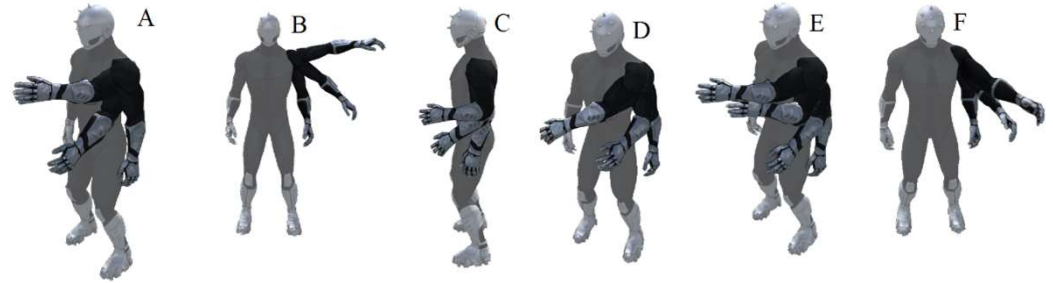
EEG: Electroencephalogram



EMG: Electromyogram

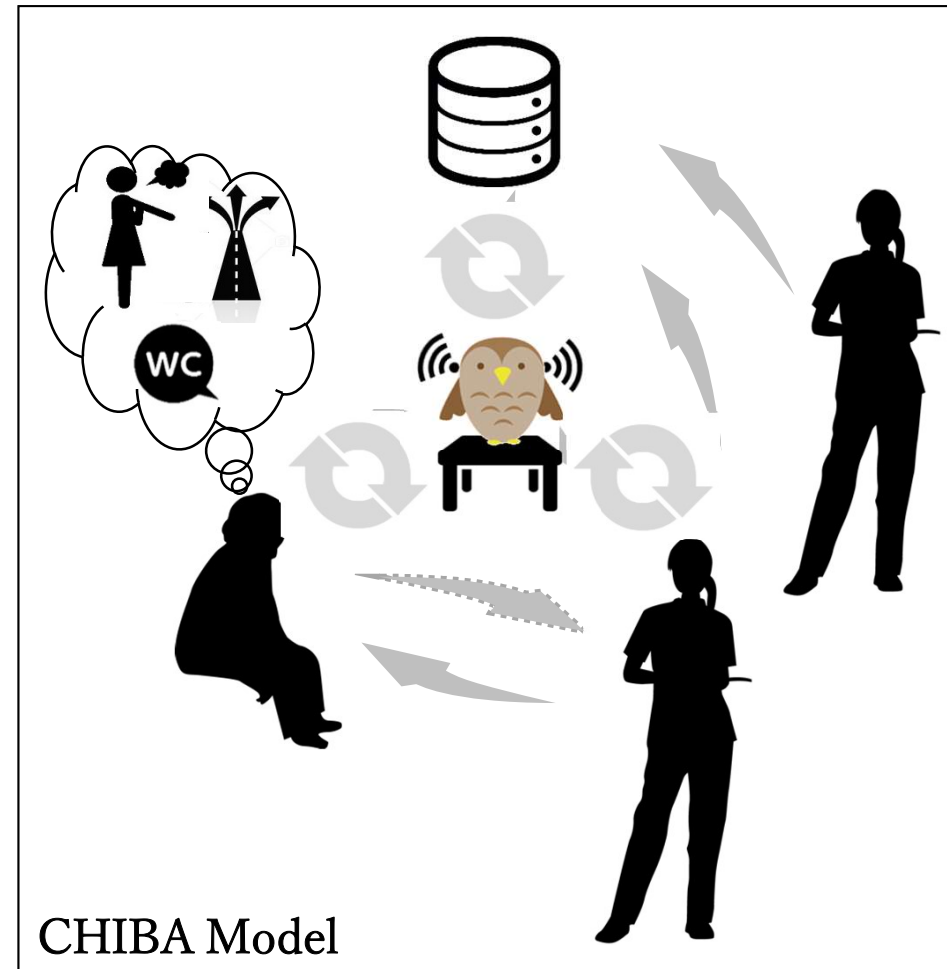
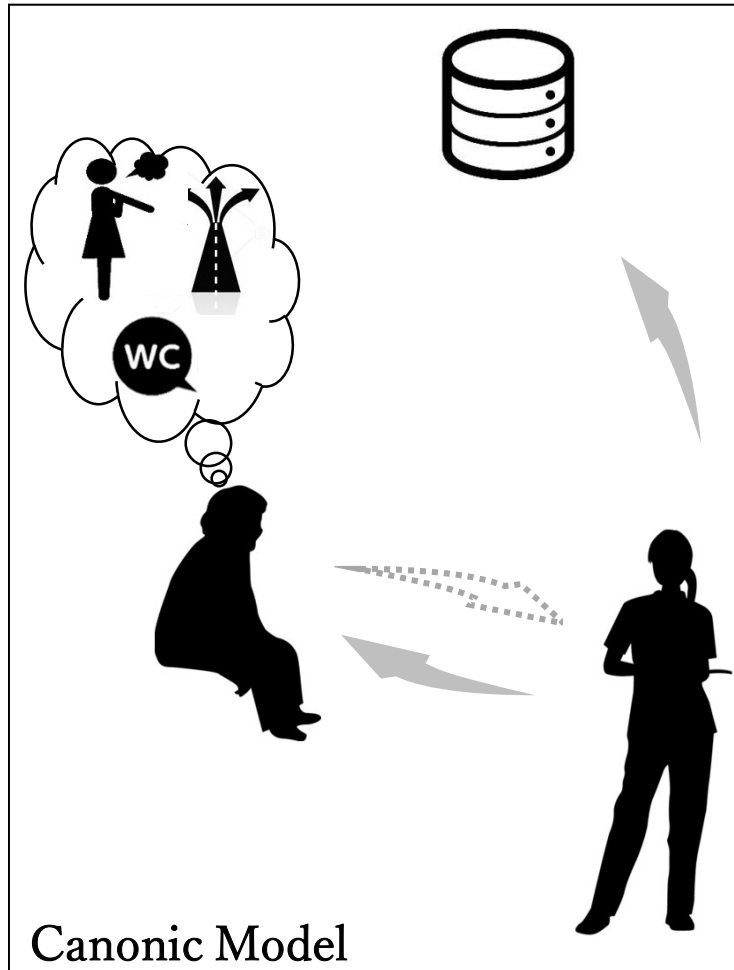
# Reconstructed arm motions in VR

- “T” =Temporal
- Six motions in consecutive order
- Worse result for grasping motions.
- $CV=[0.7 \ 0.714 \ 0.779 \ 0.722 \ 0.773 \ 0.774]$



**Much higher correlation values than those reported in the literature**


# Dementia Care CHIBA Model



WC : ADL

 : BPSD

 : Decision Making

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# In the remainder of this talk

- Case studies: Estimation of intention and states of ADLs for the older people

- ✓ Sensing urinary desire for dementia people

- ✓ Sensing medication process

- ✓ Mobile and active sensing for recognizing ADLs in home environment

# Urination behavior modeling related R&D

## Existing products

urination prediction tool; DFree

○ accurate prediction based on sensing bladder activity

△ high possibility to cause uneasiness



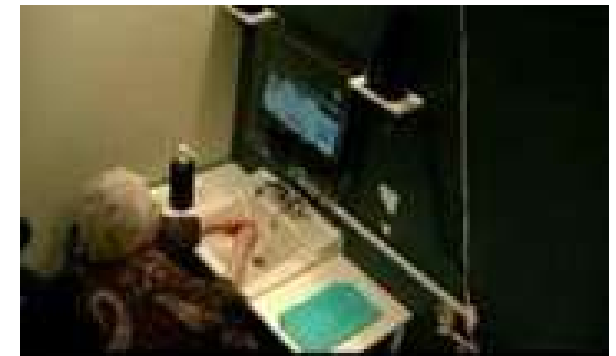
Kato, 2016

## Previous work

Cognitive assistance technology; COACH

○ Realization of handwashing assistance form image.

△ Urination unexamined (urination signs not analyzed ) Hoey et.al, 2010



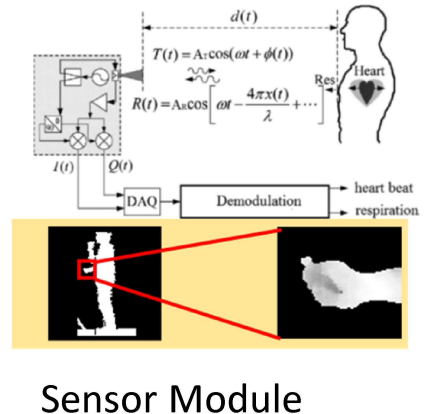
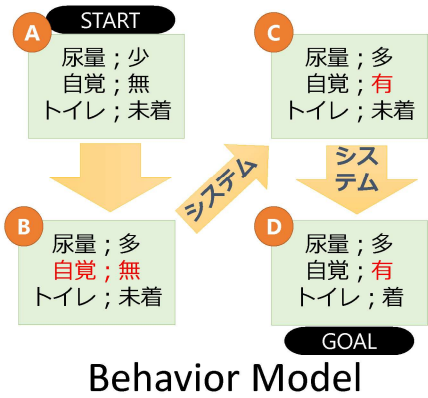
Goal

To estimate urinary desire from the indicative gestures of the care receivers<sup>24</sup>

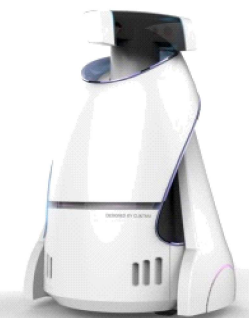
# On-going: Urination, and Medication Behavior Modeling & Analysis

IRB ethics approval

## Urination Behavior Modeling and Autominding for Dementia Persons

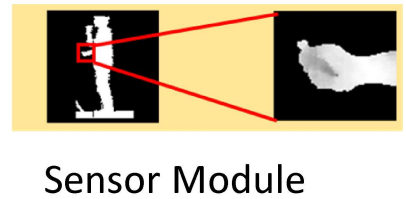


Detecting urinary desire by non-contact measurement:  
**indicative gesture** and/or **physiological signals**

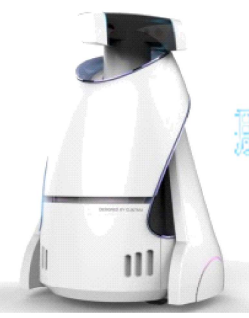


## Medication Behavior Modeling and Autominding for Dementia Persons

- 事前設定する服薬動作 (仮定)
- 薬袋(容器)を取り出す
  - 薬を袋(容器)から取り出す
  - コップを用意する
  - コップに水を入れる
  - 薬を口に入れる
  - 水を飲む



Medication behavior modelling by **hand silhouette** and **trajectory**

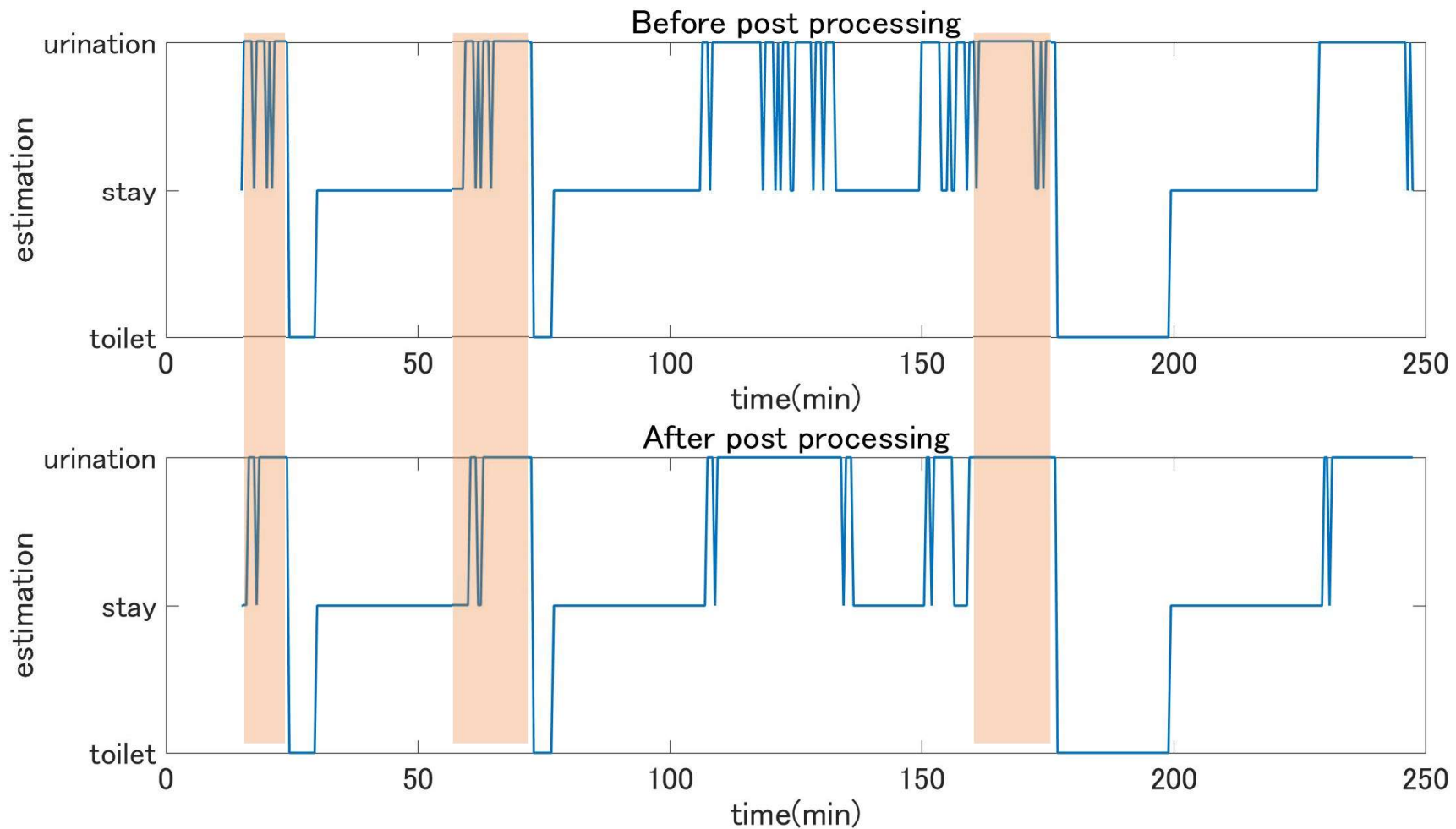


Behavior Model

Sensor Module



# Results (one instance)



**For this instance: Sensitivity 77.4%, Specificity 69.7%, Correct Rate 71.2%**

**For all the 5 subjects: Correct Rate 69.5%**

# To further improve prediction accuracy: with systolic, diastolic pressure & heart rate

		Summer			Winter		
		Quiet	Before Uri	After Uri	Quiet	Before Uri	After Uri
Systolic mmHg	通常時	104.2±3.4	110.5±0.9***	105.7±0.9	101.0±2.5	110.9±1.2***	108.4±1.1**
	抑制時	103.7±3.4	117.1±1.3***	108.6±1.2*	102.1±3.6	123.4±2.4***	113.1±1.9***
Diastolic mmHg	通常時	64.1±2.8	71.4±0.8***	67.0±0.7	65.2±1.8	73.8±0.9***	70.5±0.8**
	抑制時	63.9±2.2	80.5±1.4***	71.0±1.0***	66.1±2.8	81.2±2.0***	72.9±1.2***
heart rate Beat/min	通常時	68.1±2.9	77.9±1.0***	75.5±0.8***	71.7±1.3	79.8±1.0***	75.8±0.9***
	抑制時	68.9±2.8	89.6±1.9***	75.9±1.1***	69.4±0.9	88.0±2.0***	76.4±1.5***

- Matsumoto, Tawara et. al. Changes in blood pressure and heart rate on nature and endured micturition

Implication: the subconscious mind of dementia people could be explored



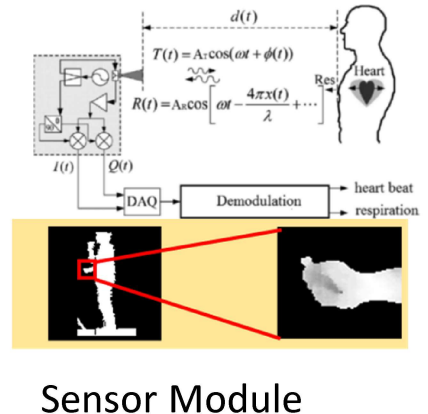
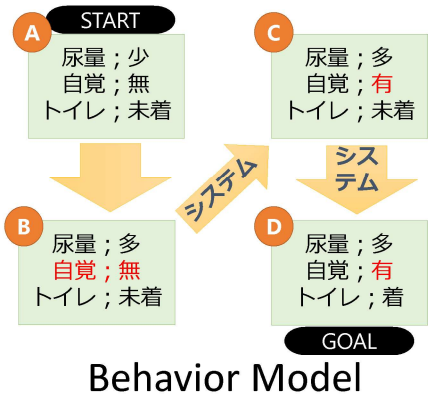
<https://imotions.com/blog/what-is-the-subconscious-mind/>

Possibility of a new communication channel

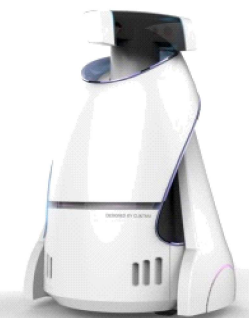
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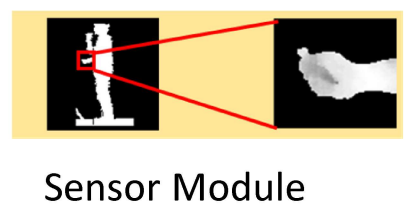


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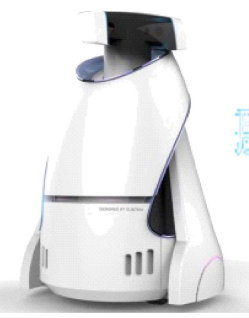


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  - コップに水を入れる
  - 薬を口に入れる
  - 水を飲む
- Behavior Model



Medication behavior modelling by **hand silhouette** and **trajectory**



# Existing medication management support apparatus



**Hitachi System:** <https://www.hitachi-systems.com/ind/robotics/robots/other/medication/index.html>

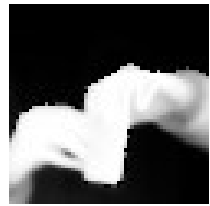


**Karen:** <http://lead-eng.co.jp/industry/karen.htm>

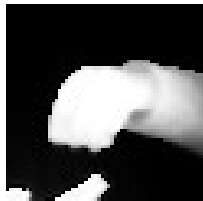


Taking out medicine bags correctly  
≠ Taking medicine correctly

# Medication Related Behavior Estimation -1



Open the bag



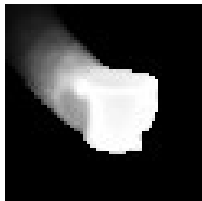
Take out pills



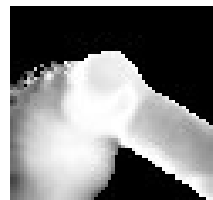
Hold the medicine



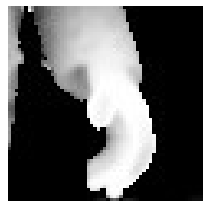
Move to mouth



Hold a cup



Drink water



Nature

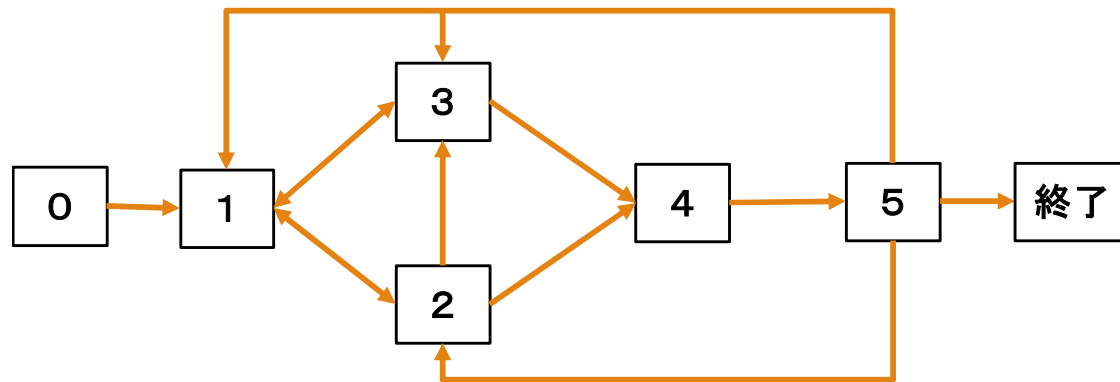


RightHand  
7natural  
LeftHand  
7natural

## Recognition of hand motions

# Medication Related Behavior Estimation -2

- 0 Normal
- 1 Tearing the bag
- 2 Getting the bag or pills
- 3 Putting pills on the palm
- 4 Taking the pills
- 5 Drinking water

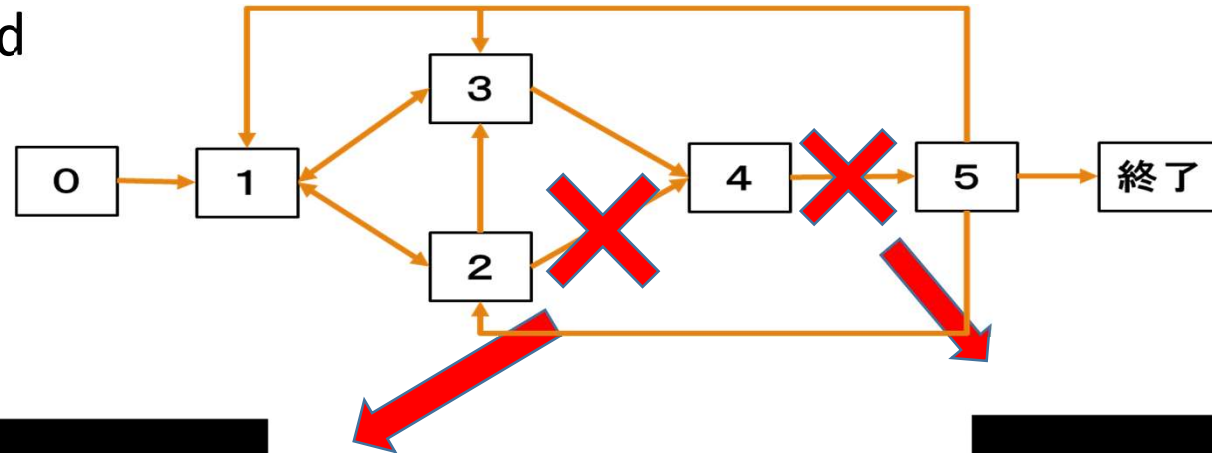


RightHand  
7natural  
LeftHand  
7natural  
state  
5

## Medication Related State Estimation

# Medication Related Behavior Estimation -3

Interrupted patterns



With interruption  
at state 2



With interruption  
at state 4

## Interruption Detection



# In the remainder of this talk

- Case studies: Estimation of intention and states of ADLs for the older people
  - ✓ Sensing urinary desire for dementia people
  - ✓ Sensing medication process
- ✓ Mobile and active sensing for recognizing ADLs in home environment
  - For safety
  - For measuring the ADLs, life style, rhythm ...

# Classification of existing bio-monitoring approaches

## House-Distributed Sensors : HDS

High cost, difficult to maintain, delayed report  
Blind spots due to furniture etc.



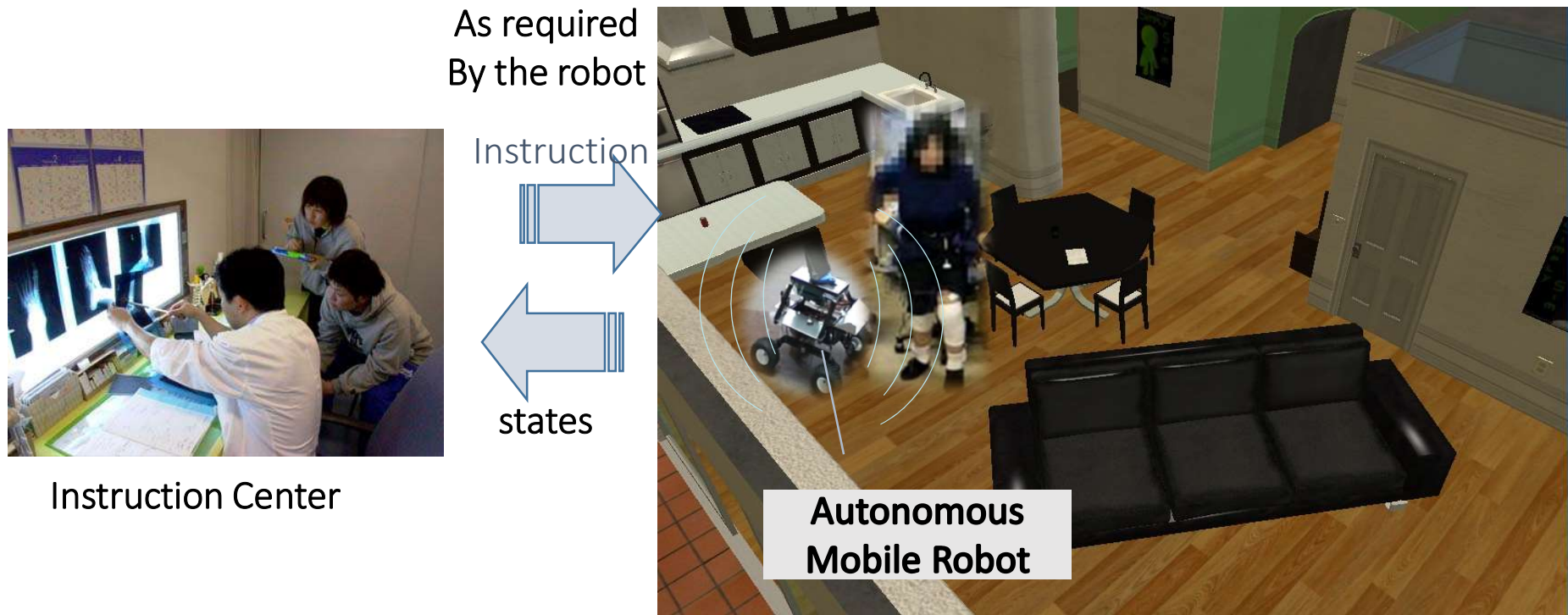
## Portable/Wearable Sensors : PWS

Constraints to wearers  
Only work for local joints, not ready for bedtime  
Possibly damaged in accidents like falls



**Mobile Robots for spatiotemporally seamless, reliable monitoring**

# Our solution: autonomous mobile robots for home bio-monitoring

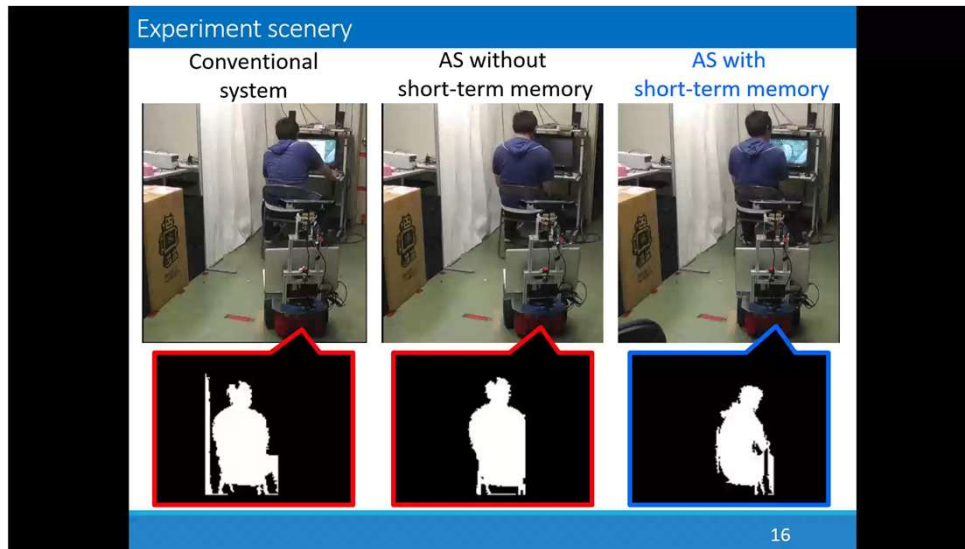


**Subject following, measuring,  
behavior recognition, function evaluation**

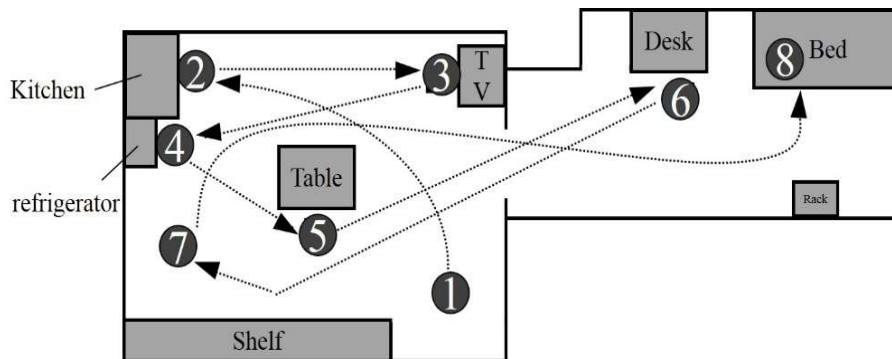
# Chiba University Tele-Care in NHK World



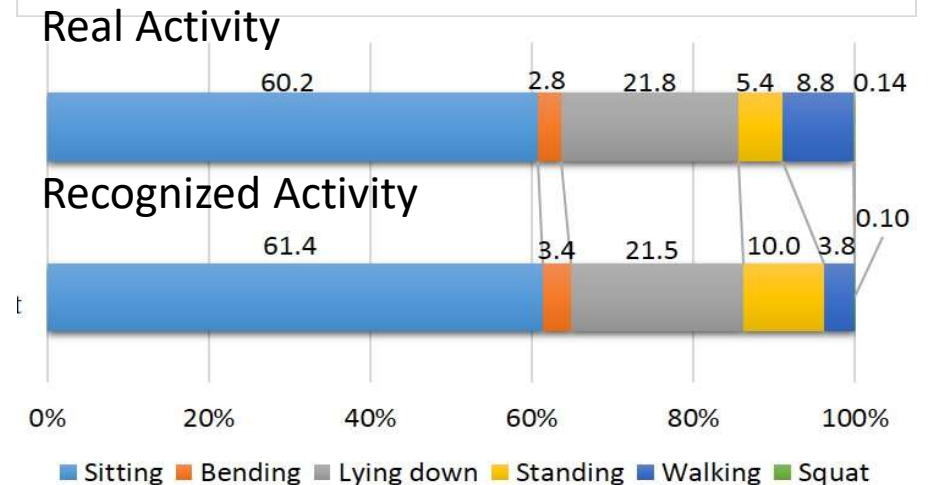
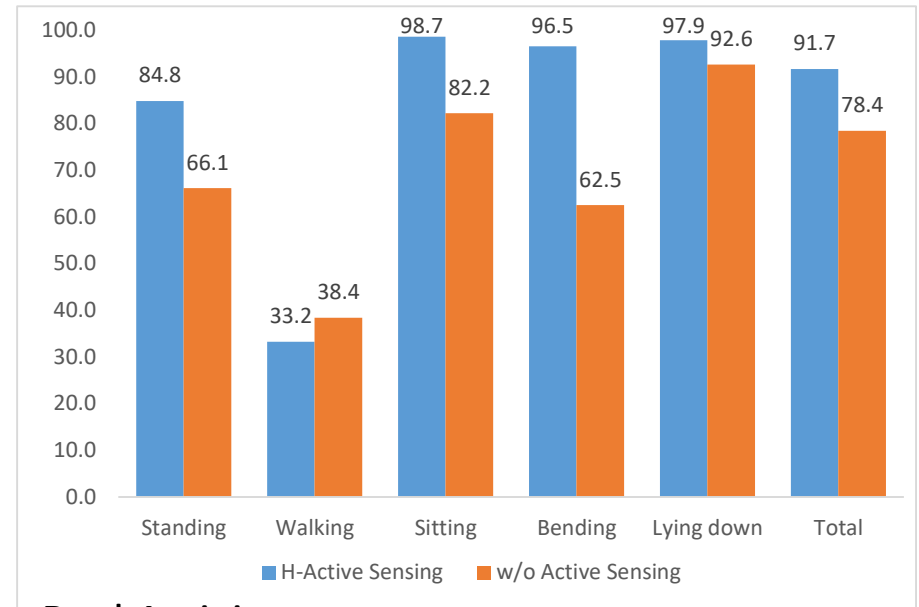
# Active Sensing > Passive Sensing



Passive Vs. Simple Active Vs. Learning Active Sensing for "Sitting"

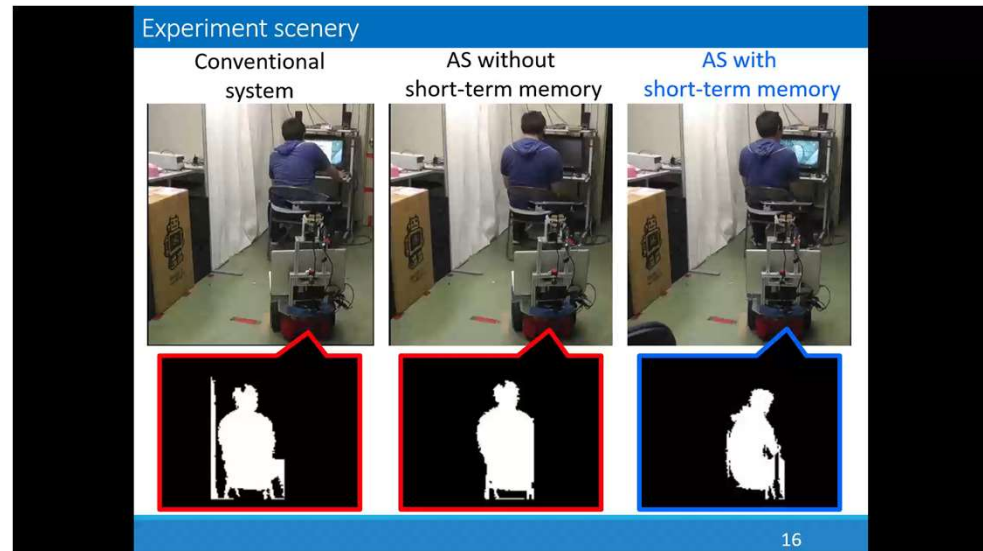
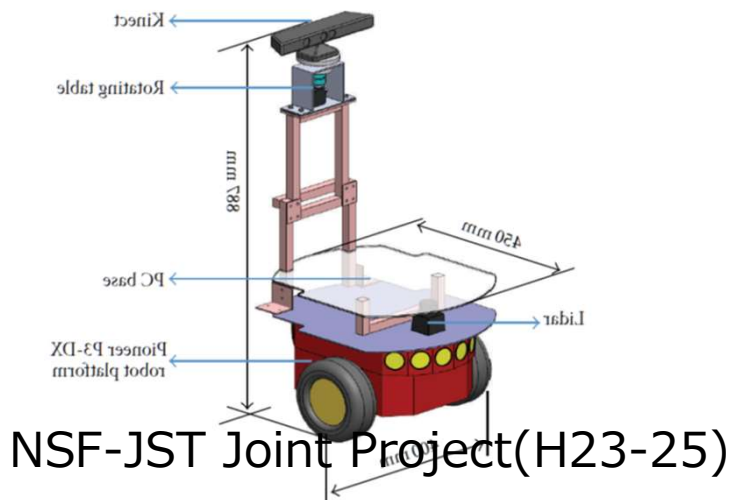


Daily Living Scenario Experiment

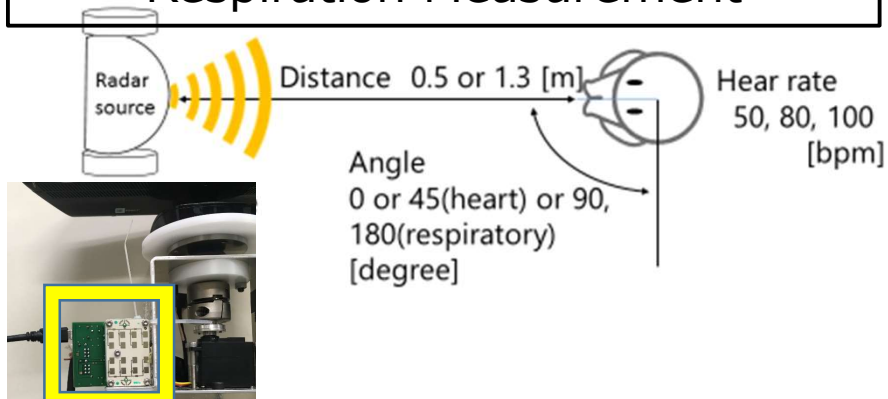


# Active Sensing for Mobile Vision & Micro-wave Sensing

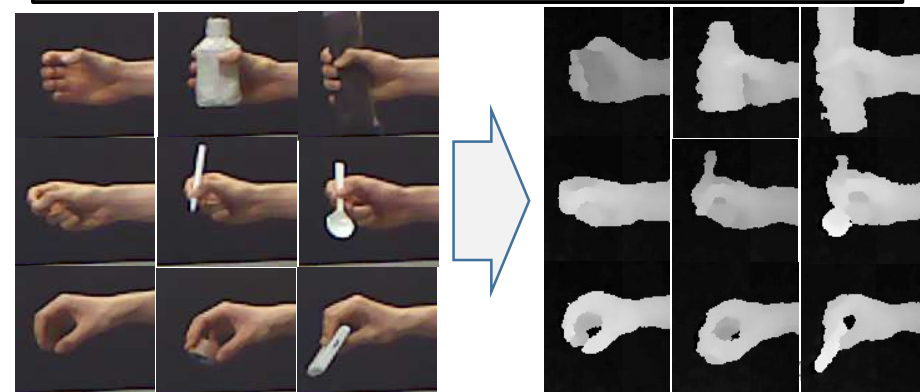
## Non-contact Continuous Behavior Monitoring for Lonely Living Elderly



## Non-contact Heart Beat Rate and Respiration Measurement



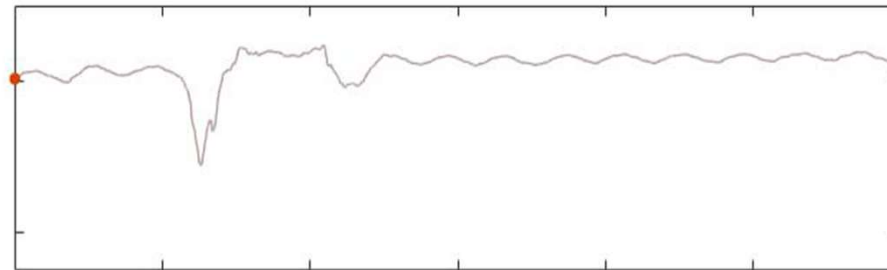
## Instrumental ADL Analysis



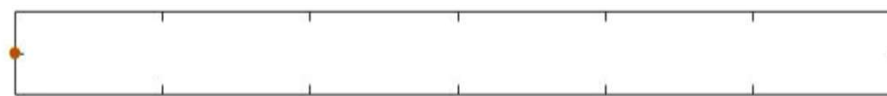
# Experiment Results: HR measurement during daily living



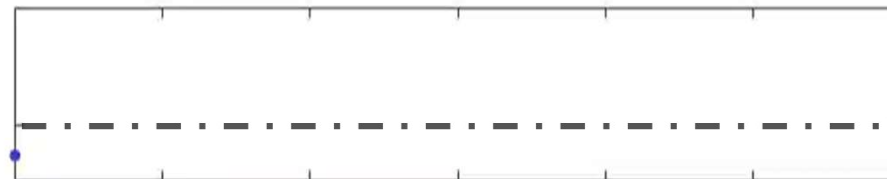
Time : 0.02 [s]



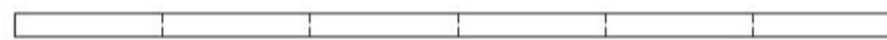
Thoracic displacement Waveform



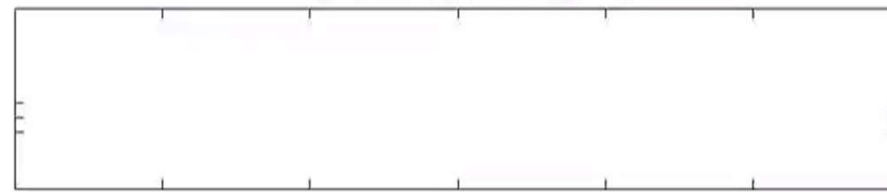
Tracking point



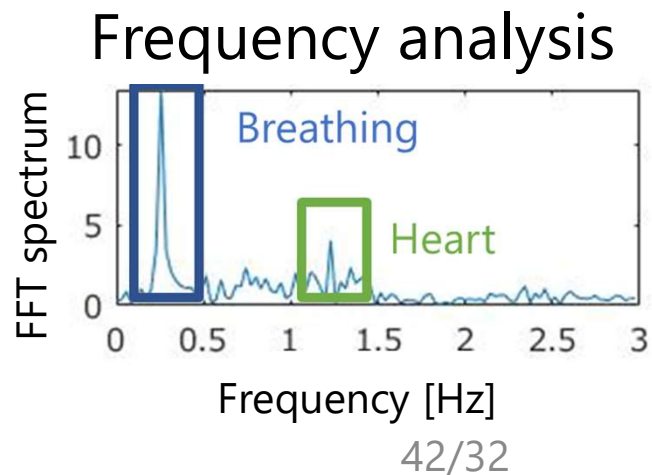
Entropy



valid data



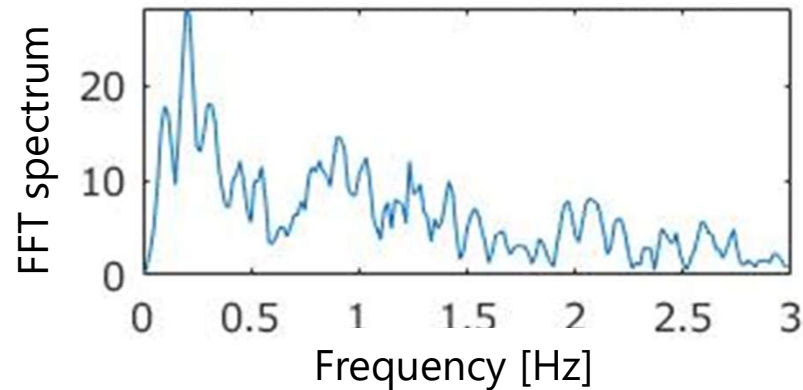
Pulse wave



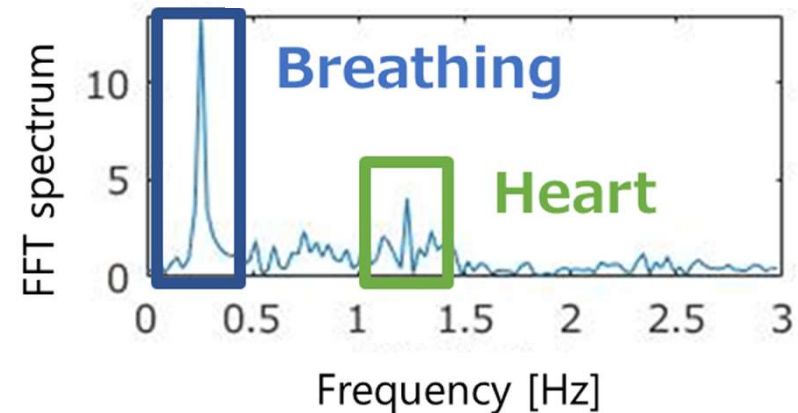
Time

# Experiment Results: HR measurement during daily living

**Conventional method**  
**No extraction**



**Proposal method**  
**With extraction**



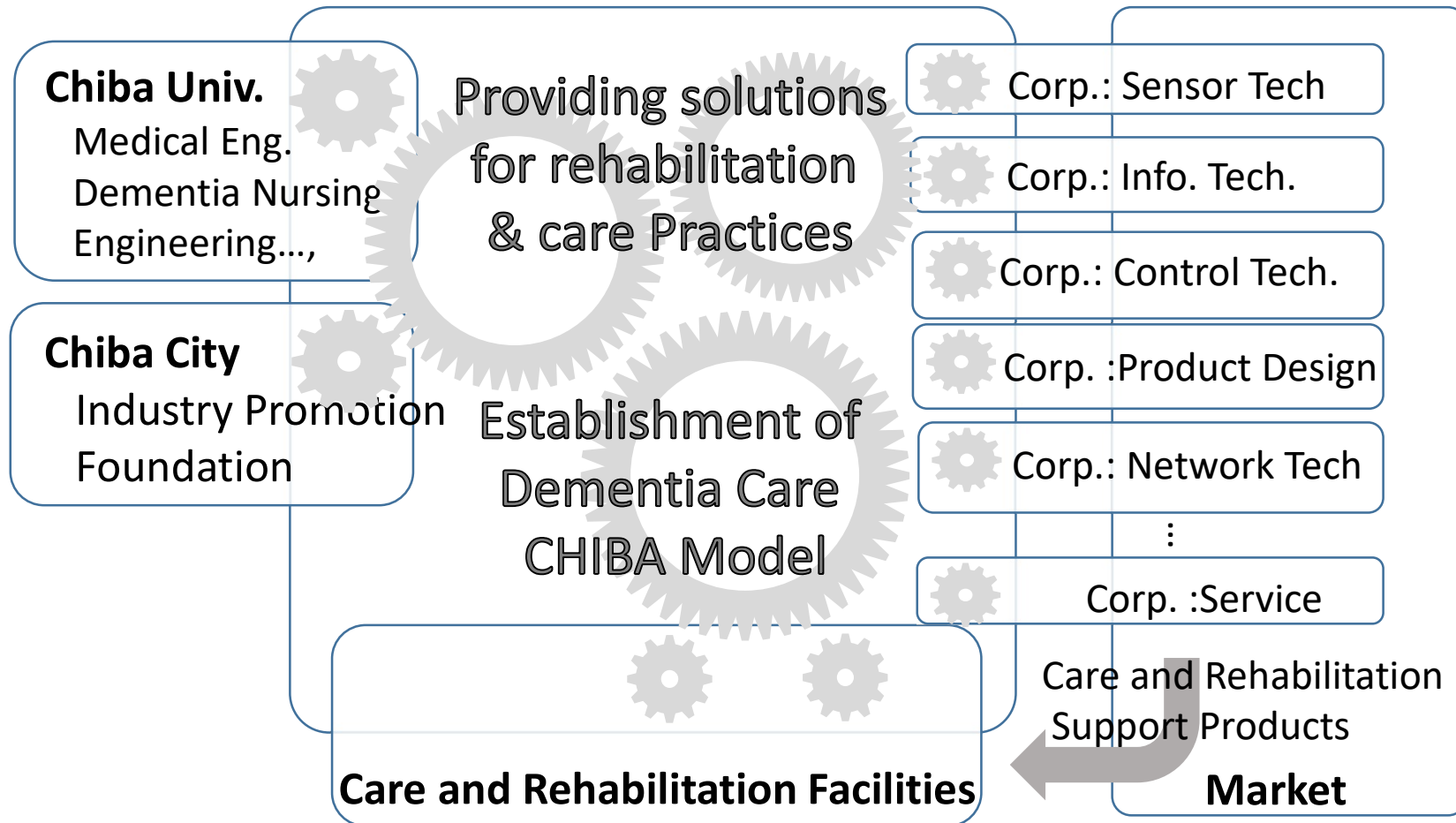
	<b>Reference value</b> (How to get)	<b>Millimeter wave</b>	
		<b>Proposal method</b>	Conventional method
Heart rate estimate[Hz]	<b>1.2285</b> (Pulse wave)	<b>1.2290</b>	Unmeasurable
Respiratory rate estimate[Hz]	<b>0.2500</b> (Breathing cycle)	<b>0.2571</b>	0.2167





# Dementia Care Innovation Consortium CHIBA

(Founded at 3 April, 2019 )



# Conclusion for technology part

- Different sensing strategies can be explored
  - Conscious vs. unconscious, active vs. passive
- Human behaviors, including unconscious ones, if processed with suitable sensing technology, can transfer important information about people with dementia
- Long-term effect of the patient-centered care needs to be shown with evidence
  - ✓ At least, it is necessary for the education of part of care staff

Thank you very much for  
your kind attention

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