



Anti-Bullying Statement Be Safe and Have Fun!

The IRFU values all its members, especially Age-Grade Players, and will not tolerate repeated, bullying behaviour by an individual or group against others. **Respect** is one of our core values!

The IRFU is committed to tackling bullying so that everyone can feel safe within their rugby club and among team players. Incidents of bullying behaviour are breaches of the IRFU [Codes of Conduct](#)

All club members should:



Respect each other & everyone working as part of our rugby club



Tell someone you trust if you are experiencing bullying behaviour



Remember that if you are being bullied – it is not your fault & it is not okay



Stand up to bullying behaviour – talk to the Club Welfare Officer



Not feel under pressure to change to fit in with the person who is bullying



Remember it is okay to tell someone how you feel or what you have seen or heard

Signed: Peter O'Brien (Club Welfare Officer) on behalf of Sespo int Rugby Club and its members.

Date: _____

To find out more about types of bullying behaviour go to our fact sheets [Banter or Bullying?](#) and [Cyberbullying](#).

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