



Seapoint Rugby Club Declaration of Intent for Age Grade coaches

This Declaration of Intent is for coaches, volunteers and relevant personnel working with young people and/or vulnerable adults. Coaches, volunteers and relevant personnel should also familiarise themselves with IRFU's Safeguarding Policy and agree to abide by its terms, <https://www.irishrugby.ie/playing-the-game/spirit-of-rugby/safeguarding/safeguarding-policy/>

In rugby, I agree that I should

- Be positive during sessions and competitions, praise and encourage effort as well as results
- Put welfare of Player first, strike a balance between this and winning and/or results, player needs are paramount. Follow professional medical advice in determining when an injured player is ready to play again
- Encourage fair play and treat Players equally
- Recognise developmental needs, ensuring activities are appropriate for the individual
- Be reasonable in your demands on the players' time, energy and enthusiasm
- Plan and prepare appropriately
- Attend training and adhere to the guidelines in the IRFU Safeguarding Policy
- Involve parents where possible and inform parents when problems arise
- Keep a brief record of injury(s) and action taken and/or keep a brief record of

problem/action/outcomes, if behavioural problems arise and discuss any such issues with the Club Welfare Officer

- Report any concerns to the Club Welfare Officer in accordance with confidentiality

Where possible I will avoid:

- Spending excessive amounts of time with Players away from others
- Taking sessions alone, without adequate supervision and unsighted
- Constant communication with individual players by mobile phone or email or social media forums – communication will be for the purpose of team administration
- Taking players on journeys alone in my car without parental permission

I understand that I should not:

- Use any form of physical punishment or physical force on a Player, or ridicule or intimidate Players in any way
- Exert undue influence over any players in order to obtain personal benefit or reward
- Neglect my 'position of trust' irrespective of age of consent
- Engage in rough physical games, sexually provocative games or allow or engage in inappropriate touching of any kind, and /or make sexually suggestive comments about, or to a player. This includes innuendo, flirting or inappropriate gestures and terms



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- Take measurements or engage in certain types of fitness testing without the presence of another adult
- Undertake any form of therapy (hypnosis, massage, etc.) in the training of Players for which I am not appointed to or trained for

Self-Declaration - I agree that

- I will abide by the guidelines contained in the IRFU Safeguarding Policy
- I have not been asked to leave a sporting organisation or organisation while working with young people and/or vulnerable adults
- There is no reason why I should not be working with young people and vulnerable adults and/or in a regulated activity
- I have not been convicted of a criminal offence or been the subject of a caution; a Bound Over Order; or am not at present the subject of criminal investigations

Where I cannot agree to all statements above, I will discuss the relevant details with the Club or Branch Welfare Officer to allow an appropriate risk assessment to be made relevant to my role.

I hereby acknowledge that I have received a link to the IRFU's Safeguarding Policy. I acknowledge that I understand the Policy and hereby declare my intention to adhere to the Policy and related guidelines. I agree to attend and complete any necessary safeguarding training as directed by IRFU, Branch and/or Club Welfare Officer.