

2012 SEMINOLE CROSS COUNTRY MEN'S TEAM RESULTS

Covered Bridge Invitational Aug. 31

Team Results

1. Florida State	35
2. Appalachian State	41
3. North Carolina	75
4. Northern Kentucky	104
5. East Tennessee State	111

Individual Results (8k)

2. Paul Lagno	25:15.2
4. Breandan O Neill	25:23.9
5. Will Bridges	25:25.6
11. Josh Gracia	25:39.4
18. David Forrester	26:08.0
20. Sean Quinn	26:14.5
22. Daniel Millay	26:16.2
26. Mike Wallace	26:19.0

Virginia Tech Invitational/Pre-ACC Sept. 14

Team Results

1. Florida State	19
2. Wake Forest	72
3. Virginia Tech	75
4. Georgia Tech	117
5. Davidson	141
6. East Tennessee State	157
7. King College	203
8. Concord	204
9. Bluefield State	295

Individual Results (8k)

1. Zak Seddon	25:08.53
2. Jakub Zivec	25:08.78
3. Breandan O Neill	25:09.05
5. Paul Lagno	25:13.85
8. Will Bridges	25:20.96
9. Josh Gracia	25:33.49
12. David Forrester	25:36.09
42. Wes Rickman	26:13.67
57. Sean Quinn	26:42.97

Notre Dame Invitational Sept. 28

Team Results

1. Tulsa	104
2. Princeton	139
3. Notre Dame	143
4. Florida State	152
5. Eastern Kentucky	167
6. New Mexico	200
7. Texas A&M	201
8. Washington State	230
9. McNeese State	231
10. NC State	237
11. North Carolina	253
12. Eastern Michigan	289
13. Ohio State	296
14. Illinois	298
15. Indiana State	334
16. Butler	361
17. Navy	415
18. Liberty	425
19. Michigan	500
20. Mississippi State	587

Individual Results (5-mile)

4. Jakub Zivec	23:40
9. Breandan O Neill	23:56
23. Paul Lagno	24:13
57. Zak Seddon	24:35
59. Wes Rickman	24:36
79. Josh Gracia	24:47
86. David Forrester	24:52
115. Will Bridges	25:16

FSU XC Invitational Oct. 5

Team Results

1. Florida State	64
2. Florida A&M	80
3. Kennesaw State	113
4. Embry- Riddle	138
5. Florida Tech	162
6. West Florida	180
7. Tampa	182
8. Nova Southeastern	186
9. Florida Southern	209
10. South Florida	264
11. Webber	286
12. Flagler	297
12. Troy	297
14. Saint Leo	333
15. Valdosta State	345
16. Southeastern College	455

Individual Results (8k)

4. Will Bridges	25:18.2
5. Seth Proctor	25:26.8
15. Dominick Cabrera	26:12.9
23. Michael Wallace	26:39.5
25. Daniel Millay	26:44.0
32. Sean Quinn	26:55.0

Royal XC Challenge Oct. 12

Team Results

1. Liberty	19
2. Western Carolina	80
3. Spartanburg Methodist	96
4. Elon	98
5. Mount Olive	99
6. Mars Hill	163
7. Lee (Tenn.)	249
8. Wofford	271
9. Lenoir- Rhyne	301
10. Montreat	316
11. Savannah State	340
12. Newberry	353
13. Anderson (S.C.)	367
14. Charleston Southern	378
15. Coker	396
16. Emory & Henry	469
17. Columbia Int'l	503
18. Fayetteville St.	549
19. Bluefield	563
20. Johnson C. Smith	576
21. Morris	621

Individual Results (8k)

13. Sean Quinn	25:07.7
18. Dominick Cabrera	25:20.6
25. Daniel Millay	25:35.8
46. Michael Wallace	26:18.9

2012 SEMINOLE CROSS COUNTRY MEN'S TEAM RESULTS

NCAA Pre-Nationals
Oct. 13

Team Results

1. Colorado	72
2. BYU	127
3. Oregon	152
4. Florida State	275
5. Duke	287
6. Virginia Tech	288
7. Tulsa	292
8. Villanova	338
9. Georgetown	351
10. Florida	369
10. Eastern Michigan	369
12. Louisville	384
13. Boise State	399
14. William and Mary	434
15. Butler	465
16. McNesse State	471
17. Air Force	475
18. Lamar	517
19. UTEP	520
20. Indiana State	531
21. Montana State	549
22. Weber State	584
22. South Utah	584
24. Lehigh	625
25. Kentucky	643
26. Utah Valley	656
27. UC Santa Barbara	695
28. Central Michigan	698
28. UNC- Greensboro	698
30. Utah State	732
31. Duquesne	742
32. Miami (Ohio)	762
33. Iowa	782
34. Loyola (Ill.)	826
35. Rice	871
36. Cincinnati	880
37. Wichita State	896
38. Davidson	905
39. Bucknell	944
40. Kennesaw State	970

Individual Results (8k)

10. Jakub Zivec	23:29.3
17. Breandan O'Neill	23:45.0
55. Seth Proctor	24:05.0
77. Paul Lagno	24:17.6
116. Wesley Rickman	24:37.0
141. Josh Gracia	24:46.7
219. Zak Seddon	25:30.4

ACC Championships
Oct. 27

Team Results

1. Virginia Tech	55
2. Virginia	61
3. Florida State	62
4. NC State	74
5. Duke	112
6. North Carolina	149
7. Wake Forest	209
8. Boston College	246
9. Georgia Tech	272
10. Clemson	280
11. Miami	342

Individual Results (8k)

2. Breandan O'Neill	23:42.2
12. David Forrester	24:12.1
13. Jakub Zivec	24:14.8
15. Wesley Rickman	24:17.7
20. Seth Proctor	24:29.9
26. Paul Lagno	24:39.7
27. Williams Bridges	24:40.1
43. Josh Gracia	25:02.9
87. Zak Seddon	26:25.6
93. Sean Quinn	26:44.9

South Regional
Championships
Nov. 9

Team Results

1. Florida State	27
2. Georgia	48
3. Florida	67
4. Georgia Tech	212
5. Miss State	216
6. Chattanooga	227
7. East Tenn. St.	238
8. Tennessee	250
9. Memphis	277
10. Kennesaw State	305
11. Auburn	349
12. Mercer	398
13. Mississippi	401
14. Alabama	405
15. Florida A&M	422
16. Lipscomb	438
17. Georgia State	443
18. Samford	446
19. South Alabama	473
20. Florida Gulf Coast	477
21. Miami	493
22. Vanderbilt	494
23. Mississippi Valley	585
24. Tennessee Tech	652
25. Florida Atlantic	660
26. South Florida	678

Individual Results (10k)

1. Jakub Zivec	30:23.9
2. Breandan O'Neill	30:23.9
4. Wesley Rickman	30:37.2
9. Seth Proctor	30:44.3
11. David Forrester	30:48.9
17. Zak Seddon	30:59.3
22. Paul Lagno	31:16.5

NCAA
Championship
Nov. 17

Team Results

1. Oklahoma State	72
2. Wisconsin	135
3. Colorado	158
4. North Arizona	191
5. Florida State	238
6. BYU	245
7. Tulsa	247
8. Oklahoma	262
9. Texas	291
10. Arkansas	327
11. Princeton	358
12. Portland	365
13. UCLA	376
14. Virginia	382
15. Syracuse	405
16. Stanford	408
17. Columbia	439
18. Indiana	456
19. Georgia	466
20. Oregon	472
21. New Mexico	473
22. Virginia Tech	516
23. Michigan	518
24. Eastern Kentucky	522
25. Georgetown	534
26. N.C. State	550
27. Villanova	588
28. Notre Dame	591
29. Iona	626
30. Duke	725
31. Michigan State	755

Individual Results (10k)

21. Jakub Zivec	29:47.7
28. Breandan O'Neill	29:52.7
62. David Forrester	30:26.2
77. Wesley Rickman	30:31.4
131. Seth Proctor	30:59.1
192. Zak Seddon	31:34.1
224. Paul Lagno	32:09.2

2012 SEMINOLE CROSS COUNTRY MEN'S INDIVIDUAL RESULTS

Will Bridges

25:25 Covered Bridges (8k) 8/31/12
25:20.96 Pre-ACC (8k) 9/15/12
25:16 Notre Dame (8k) 9/28/12
25:18.2 FSU Invite (8k) 10/5/12
24:43.2 Pre-Nationals (8k) 10/13/12
24:40.1 ACC Championships (8k) 10/27/12

Dominick Cabrera

26:12.9 FSU Invite (8k) 10/5/12
25:20.6 Royal XC Challenge (8k) 10/12/12

David Forrester

26:08.0 Covered Bridge (8k) 8/31/12
25:36.09 Pre-ACC (8k) 9/15/12
24:52 Notre Dame (8k) 9/28/12
24:12.1 ACC Championships (8k) 10/27/12
30:48.9 NCAA South Regional (10k) 11/9/12
30:26.2 NCAA Championship (10k) 11/17/12

Josh Gracia

25:39.40 Covered Bridges (8k) 8/31/12
25:33.49 Pre-ACC (8k) 9/15/12
24:47 Notre Dame (8k) 9/28/12
24:46.7 Pre-Nationals (8k) 10/13/12
25:02.9 ACC Championships (8k) 10/27/12

Paul Lagno

25:15.2 Covered Bridge (8k) 8/31/12
25:13.85 Pre-ACC (8k) 9/15/12
24:13 Notre Dame (8k) 9/28/12
24:17.6 Pre-Nationals (8k) 10/13/12
24:39.7 ACC Championships (8k) 10/27/12
31:16.5 NCAA South Regional (10k) 11/9/12
32:09.2 NCAA Championship (10k) 11/17/12

Daniel Millay

26:16.2 Covered Bridge (8k) 8/31/12
26:44.0 FSU Invite (8k) 10/5/12
25:35.8 Royal XC Challenge (8k) 10/12/12

Breandan O Neill

25:23 Covered Bridge (8k) 8/31/12
23:56 Notre Dame (8k) 9/28/12
23:45.0 Pre-Nationals (8k) 10/13/12
23:42.2 ACC Championships (8k) 10/27/12
30:23.9 NCAA South Regional (10k) 11/9/12
29:52.7 NCAA Championship (10k) 11/17/12

Seth Proctor

25:26.8 FSU Invite (8k) 10/5/12
24:05.0 Pre-Nationals (8k) 10/13/12
24:29.9 ACC Championships (8k) 10/27/12
30:44.3 NCAA South Regional (10k) 11/9/12
30:59.1 NCAA Championship (10k) 11/17/12

Sean Quinn

26:14.5 Covered Bridge (8k) 8/31/12
26:42.97 Pre-ACC (8k) 9/15/12
26:55.0 FSU Invite (8k) 10/5/12
25:07.7 Royal XC Challenge (8k) 10/12/12
26:44.9 ACC Championships (8k) 10/27/12

Wes Rickman

26:13.67 Pre-ACC (8k) 9/15/12
24:36 Notre Dame (8k) 9/28/12
24:37.0 Pre-Nationals (8k) 10/13/12
24:17.7 ACC Championships (8k) 10/27/12
30:37.2 NCAA South Regional (10k) 11/9/12
30:31.4 NCAA Championship (10k) 11/19/12

Zak Seddon

25:08.53 Pre-ACC (8k) 9/15/12
24:35 Notre Dame (8k) 9/28/12
25:30.4 Pre-Nationals (8k) 10/13/12
26:25.6 ACC Championships (8k) 10/27/12
30:59.3 NCAA South Regional (10k) 11/9/12
31:34.1 NCAA Championship (10k) 11/17/12

Michael Wallace

26:19.0 Covered Bridge (8k) 8/31/12
26:39.5 FSU Invite (8k) 10/5/12
26:18.9 Royal XC Challenge (8k) 10/12/12

Jakub Zivec

25:08.78 Pre-ACC (8k) 9/15/12
23:40 Notre Dame (8k) 9/28/12
23:29.3 Pre-Nationals (8k) 10/13/12
24:14.8 ACC Championships (8k) 10/27/12
30:23.9 NCAA South Regional (10k) 11/9/12
29:47.7 NCAA Championship (10k) 11/17/12

2012 SEMINOLE CROSS COUNTRY WOMEN'S TEAM RESULTS

Covered Bridge Invitational Aug. 31

Team Results

1. Florida State	35
2. Appalachian State	41
3. North Carolina	75
4. Northern Kentucky	104
5. East Tennessee State	111

Individual Results (5k)

1. Linden Hall	18:14.3
2. Jessica Butler	18:14.7
6. Carly Thomas	18:44.8
10. Jessica Parry	18:55.3
22. Chelsi Woodruff	19:50.3
23. Christine Griggs	19:56.5

Auburn Invitational Sept. 7

Team Results

1. Auburn	52
2. Samford	83
3. Southern Mississippi	87
4. Mercer	119
5. Kennesaw State	122
6. Florida State Striders	133
7. UAB	139
8. Alabama State	197
9. Troy	235
10. Birmingham Southern	295
11. Alcorn State	296

Individual Results (4k)

13. Katherine McMeekin	15:10.57
19. Kailand Cosgrove	15:24.34
32. Erika Charlassier	16:04.21
33. Lauren Gelzinis	16:05.25
37. Kaitlyn Kelly	16:11.42
39. Christina Phipps	16:14.24
56. Chantelle Brodie	17:01.96
58. Erica Boccumini	17:07.46
61. Alicia Aldridge	17:13.56
66. Shelby Salimone	17:29.70

Virginia Tech Invitational/Pre-ACC Sept. 14

Team Results

1. Florida State	15
2. Georgia Tech	76
3. Wake Forest	77
4. East Tennessee State	134
5. King College	144
6. Charleston (W.Va.)	183
7. Concord	194
8. Virginia Tech	208
9. Bluefield State	247

Individual Results (6k)

1. Amanda Winslow	21:14.21
2. Violah Lagat	21:15.02
3. Kayleigh Tyerman	21:20.20
4. Colleen Quigley	21:26.85
5. Linden Hall	21:28.66
6. Jessica Parry	21:32.98
7. Aubree Worden	21:48.44
11. Carly Thomas	22:09.40
12. Jessica Butler	22:10.43
15. Jennifer Dunn	22:22.32

Notre Dame Invitational Sept. 28

Team Results

1. Florida State	28
2. Notre Dame	110
3. New Mexico	147
4. NC State	148
5. Illinois	187
6. Northwestern	194
7. North Carolina	197
8. Princeton	209
9. Southern Methodist	237
10. Arizona State	244
11. Ohio State	249
12. Tulsa	283
13. Texas A&M	347
14. Ohio	364
15. Mississippi State	366
16. Alabama	378
17. Liberty	459
18. Washington State	499

Individual Results (5k)

1. Colleen Quigley	16:29
3. Violah Lagat	16:45
5. Kayleigh Tyerman	16:47
7. Amanda Winslow	16:49
12. Jessica Parry	16:57
20. Linden Hall	17:05
34. Aubree Worden	17:19
63. Georgia Peel	17:35
64. Carly Thomas	17:35

FSU XC Invitational Oct. 5

Team Results

1. Florida State	72
2. Tampa	101
3. Southern Miss.	110
4. Jacksonville	127
5. South Florida	132
6. Kennesaw State	151
7. Ebby- Riddle	213
8. Nova Southeastern	224
9. Flagler	228
10. Florida A&M	235
11. West Florida	269
12. Valdosta State	317
13. Troy	319
14. Florida Tech	357
15. Saint Leo	363
16. Florida Southern	399
17. Pasco- Hernando CC	420
18. Southeastern College	563

Individual Results (6k)

4. Jennifer Dunn	21:49.0
6. Jessica Butler	21:59.1
11. Katherine McMeekin	22:28.5
26. Christine Griggs	23:19.8
34. Kaitlyn Kelly	23:30.1
52. Erika Charlassier	24:16.0
54. Shelby Salimone	24:19.6
74. Erica Boccumini	24:56.5
95. Chantelle Brodie	25:27.8
98. Kendall Andrews	25:33.7
105. Cora Atkinson	25:56.9
106. Jensen Swopes	25:57.8
111. Alicia Aldridge	26:10.0
113. Brittany Carey	26:13.2
121. Mollie Hibbard	26:29.6
125. Rachel Walker	26:34.5
134. Allyson Pagan	26:55.0
137. Alexandra Midgett	26:56.5
142. Patterson McDulin	27:02.8
144. Hollis Bartlett	27:08.2
155. Laura Turner	27:37.3
157. Melissa Monroe	27:53.1
169. Maggie Mcloskey	29:03.8

2012 SEMINOLE CROSS COUNTRY WOMEN'S TEAM RESULTS

Royal XC Challenge
Oct. 12

Team Results

1. Duke	56
2. Davidson	69
3. Florida State	77
4. Liberty	89
5. Western Carolina	137
6. Wofford	158
7. Elon	230
8. Charlotte	238
9. Mount Olive	298
10. South Carolina	303
11. Lenoir- Rhyne	337
12. Lee (Tenn.)	371
13. Spartanburg Methodist	399
14. Mars Hill	409
15. Brenau	417
16. Anderson (S.C.)	486
17. Converse	497
18. Queens (N.C.)	527
19. Savannah State	580
19. Newberry	580
21. Columbia Int'l	660
22. Morris	671
23. Coker	688
24. Fayetteville St.	761
25. Johnson C. Smith	769

Individual Results (5k)

3. Carly Thomas	17:38.1
4. Jessica Butler	17:44.6
10. Katherine McMeekin	18:03.7
34. Christine Griggs	18:29.4
43. Christina Phipps	18:42.6
46. Erika Charlassier	18:44.0
52. Kaitlyn Kelly	18:55.3
66. Shelby Salimone	19:09.5
75. Chantelle Brodie	19:26.7

Pre-Nationals
Oct. 13

Team Results

1. Florida State	72
2. Oregon	87
3. Michigan	141
4. Georgetown	163
5. Texas	184
6. William and Mary	266
7. Colorado	273
7. Villanova	273
9. Florida	308
10. UC Davis	320
11. Butler	325
12. Kentucky	338
13. Southern Utah	475
14. Boise State	477
15. Utah	489
16. Clemson	530
17. Illinois	537
18. Air Force	546
19. Tulsa	553
20. UC Santa Barbara	575
21. Wichita state	593
22. Miami (Ohio)	596
23. New Hampshire	628
24. Ohio U.	646
25. Oregon State	697
26. Baylor	708
27. Kansas State	720
28. Loyola (Ill.)	747
29. Duquesne	761
30. Eastern Michigan	767
31. Virginia Tech	787
32. Appalachian State	808
33. Elon	836
34. UTEP	851
35. East Carolina	859
36. Eastern Kentucky	879
37. Xavier (Ohio)	958
38. Montana State	1053

Individual Results (6k)

4. Violah Lagat	20:00.6
6. Colleen Quigley	20:06.4
14. Amanda Winslow	20:15.9
17. Kayleigh Tyerman	20:22.3
31. Jessica Parry	20:45.9
63. Georgia Peel	21:10.5
91. Aubree Worden	21:30.6

ACC Championships
Oct. 27

Team Results

1. Florida State	35
2. Duke	67
3. Boston College	82
4. NC State	86
5. North Carolina	152
6. Virginia	170
7. Clemson	191
8. Wake Forest	222
9. Georgia Tech	258
10. Virginia Tech	260
11. Maryland	296
12. Miami	350

Individual Results (6k)

1. Violah Lagat	20:00.1
4. Colleen Quigley	20:17.6
5. Kayleigh Tyerman	20:20.1
11. Amanda Winslow	20:43.7
14. Georgia Peel	20:52.5
24. Jennifer Dunn	21:13.3
25. Jessica Parry	21:15.1
28. Carly Thomas	21:18.8
37. Aubree Worden	21:41.4
90. Jessica Butler	24:04.9

2012 SEMINOLE CROSS COUNTRY WOMEN'S INDIVIDUAL RESULTS

South Regional
Championships
Nov. 9

NCAA
Championship
Nov. 17

Team Results

1. Florida State	24
2. Vanderbilt	112
3. Georgia	115
4. Florida	122
5. Mississippi	147
6. Alabama	248
7. Lipscomb	271
8. Samford	327
9. Miss State	328
10. Tennessee	333
11. Georgia State	351
12. North Florida	360
13. Southern Miss.	382
14. Belmont	406
15. UAB	412
16. Georgia Tech	416
17. Chattanooga	483
18. Jacksonville	488
19. Memphis	492
20. East Tenn. St.	532
21. Kennesaw State	548
22. UCF	568
23. South Florida	577
24. Mercer	652
25. Alabama State	697
26. Florida A&M	716
27. Troy	733
28. Florida Atlantic	763
29. Tennessee Tech	810

Team Results

1. Oregon	114
2. Providence	183
3. Stanford	198
4. Florida State	202
5. Michigan	247
6. Arizona	263
7. Duke	300
8. Connecticut	304
9. Wahington	334
10. New Mexico	341
11. Iowa State	350
12. Georgetown	381
13. Cornell	385
14. Penn State	387
15. Notre Dame	394
16. Michigan State	422
17. Weber State	428
18. Arkansas	449
19. Boston College	462
20. Villanova	475
21. William & Mary	481
22. Minnesota	500
23. Florida	518
24. Colorado	519
25. Texas	526
26. Oklahoma State	565
27. Vanderbilt	611
28. Toledo	613
29. Butler	636
30. Georgia	642
31. Harvard	676

Individual Results (6k)

1. Violah Lagat	20:06.6
2. Colleen Quigley	20:12.0
3. Amanda Winslow	20:13.9
8. Kayleigh Tyerman	20:22.5
10. Georgia Peel	20:25.1
13. Jessica Parry	20:30.4
20. Jennifer Dunn	20:38.7

Individual Results (6k)

11. Violah Lagat	19:52.7
12. Colleen Quigley	19:53.2
17. Amanda Winslow	20:02.4
82. Kayleigh Tyerman	20:39.7
155. Jennifer Dunn	21:09.3
186. Georgia Peel	21:25.8
232. Jessica Parry	21:49.9

2012 SEMINOLE CROSS COUNTRY WOMEN'S TEAM RESULTS

Jessica Butler

18:14.70 Covered Bridge (5k) 8/31/12
22:10.43 Pre-ACC (6k) 9/15/12
21:59.1 FSU Invite (6k) 10/5/12
17:44.6 Royal XC Challenge (5k) 10/12/12
24:04.9 ACC Championships (6k) 10/27/12

Jennifer Dunn

22:22.31 Pre-ACC (6k) 9/15/12
21:49.0 FSU Invite (6k) 10/5/12
21:46.5 Pre-Nationals (6k) 10/13/12
21:13.3 ACC Championships (6k) 10/27/12
20:38.7 NCAA South Regional (6k) 11/9/12
21:09.3 NCAA Championships (6k) 11/17/12

Christine Griggs

19:56.0 Covered Bridge (5k) 8/31/12
23:19.8 FSU Invite (6k) 10/5/12
18:29.4 Royal XC Challenge (5k) 10/12/12

Linden Hall

18:14.30 Covered Bridge (5k) 8/31/12
21:28.66 Pre-ACC (6k) 9/15/12
17:05 Notre Dame (5k) 9/28/12

Violah Lagat

21:15.02 Pre-ACC (6k) 9/15/12
16:45 Notre Dame (5k) 9/28/12
20:00.6 Pre Nationals (6k) 10/13/12
20:00.1 ACC Championships (6k) 10/27/12
20:06.6 NCAA South Regional (6k) 11/9/12
19:52.7 NCAA Championships (6k) 11/17/12

Jessica Parry

18:55.30 Covered Bridge (5k) 8/31/12
21:32.98 Pre-ACC (6k) 9/15/12
16:56 Notre Dame (5k) 9/28/12
20:45.9 Pre Nationals (6k) 10/13/12
21:15.1 ACC Championships (6k) 10/27/12
20:30.4 NCAA South Regional (6k) 11/9/12
21:49.8 NCAA Championships (6k) 11/17/12

Georgia Peel

17:35 Notre Dame (5k) 9/28/12
21:10.5 Pre Nationals (6k) 10/13/12
20:52.5 ACC Championships (6k) 10/27/12
20:25.1 NCAA South Regional (6k) 11/9/12
21:25.8 NCAA Championships (6k) 11/17/12

Colleen Quigley

21:26.85 Pre-ACC (6k) 9/15/12
16:29 Notre Dame (5k) 9/28/12
20:06.4 Pre Nationals (6k) 10/13/12
20:17.6 ACC Championships (6k) 10/27/12
20:12.0 NCAA South Regional (6k) 11/9/12
19:53.2 NCAA Championships (6k) 11/17/12

Carly Thomas

18:44.8 Covered Bridge (5k) 8/31/12
22:09.4 Pre-ACC (6k) 9/15/12
17:35 Notre Dame (5k) 9/28/12
17:38.1 Royal XC Challenge (5k) 10/12/12
21:18.8 ACC Championships (6k) 10/27/12

Kayleigh Tyerman

21:20.20 Pre-ACC (6k) 9/15/12
16:47 Notre Dame (5k) 9/28/12
20:22.3 Pre-Nationals (6k) 10/13/12
20:20.1 ACC Championships (6k) 10/27/12
20:22.5 NCAA South Regional (6k) 11/9/12
20:39.7 NCAA Championships (6k) 11/17/12

Amanda Winslow

21:14.21 Pre-ACC (6k) 9/15/12
16:49 Notre Dame (5k) 9/28/12
20:15.9 Pre-Nationals (6k) 10/13/12
20:43.7 ACC Championships (6k) 10/27/12
20:13.9 NCAA South Regional (6k) 11/9/12
20:02.4 NCAA Championships (6k) 11/17/12

Chelsi Woodruff

19:50.3 Covered Bridge (5k) 8/31/12

Aubree Worden

21:48.22 Pre-ACC (5k) 9/15/12
17:19 Notre Dame (5k) 9/28/12
21:30.6 Pre-Nationals (6k) 10/13/12
21:41.4 ACC Championships (6k) 10/27/12

Seminole Striders

Alicia Aldridge

17:13.6 Auburn (4k) 9/7/12
26:10.0 FSU Invite (6k) 10/5/12

Kendall Andrews

25:33.7 FSU Invite (6k) 10/5/12

Cora Atkinson

25:56.9 FSU Invite (6k) 10/5/12

Hollis Bartlett

27:08.2 FSU Invite (6k) 10/5/12

Chantelle Brodie

17:02.0 Auburn (4k) 9/7/12
25:27.8 FSU Invite (6k) 10/5/12
19:24.7 Royal XC Challenge (5k) 10/12/12

Erica Boccumini

17:07 Auburn (4k) 9/7/12
24:56.5 FSU Invite (6k) 10/5/12

Brittany Carey

26:13.2 FSU Invite (6k) 10/5/12

Erika Charlassier

16:04.20 Auburn (4k) 9/7/12
24:16.0 FSU Invite (6k) 10/5/12
18:44.0 Royal XC Challenge (5k) 10/12/12

Kailand Cosgrove

15:24.40 Auburn (4k) 9/7/12

Lauren Gelzinis

16:05.30 Auburn (4k) 9/7/12

Mollie Hibbard

26:29.6 FSU Invite (6k) 10/5/12

Kaitlyn Kelly

16:11.50 Auburn (4k) 9/7/12
23:30.1 FSU invite (6k) 10/5/12
18:55.3 Royal XC Challenge (5k) 10/12/12

Patterson McDulin

27:02.8 FSU Invite (6k) 10/5/12

Maggie McCloskey

29:03.8 FSU Invite (6k) 10/5/12

Katherine McMeekin

15:10.60 Auburn (4k) 9/7/12
22:28.5 FSU Invite (6k) 10/5/12
18:03.7 Royal XC Challenge (5k) 10/12/12

Alexandra Midgett

26:56.5 FSU Invite (6k) 10/5/12

Melissa Monroe

27:53.1 FSU Invite (6k) 10/5/12

Allyson Pagan

26:55.0 FSU Invite (6k) 10/5/12

Christina Phipps

16:14.30 Auburn 9/7/12
18:42.6 Royal XC Challenge (5k) 10/12/12

Shelby Salimone

17:29.70 Auburn (4k) 9/7/12
24:19.6 FSU Invite (6k) 10/5/12
19:09.5 Royal XC Challenge (5k) 10/12/12

Jenson Swopes

25:57.8 FSU Invite (6k) 10/5/12

Laura Turner

27:53.3 FSU Invite (6k) 10/5/12

Rachel Walker

26:34.5 FSU Invite (6k) 10/5/12