

2008 Florida State Seminole Men's Cross Country Individual Results

Overall Record: 40-0; Record vs. ACC Opponents: 4-0

NAME OF MEET/ DATE	Covered Bridge Open 08.29	Virginia Tech Invite 09.19	FSU Invitational 09.27	Notre Dame Invitational 10.03	Auburn Invitational 10.04	Pre-NCAA Meet 10.18	ACC Championship 11.01	NCAA South Regional 11.15	NCAA Championship 11.24
DISTANCE	8K	7.6K	8K	8K	8K	8K	8K	10K	10K
FSU TEAM FINISH # of Runners	1st of 12 114	1st of 6 74	NTS 100	1st of 25 202	NTS 213				
TREY ANDREWS Jr., Titusville, Fla./Astronaut	26:15 6th	24:20.6 10th	— — — —	25:00 89th	— — — —				
MIKE FOUT Fr., LaPorte, Ind./LaPorte	— — — —	— — — —	— — — —	24:22 30th	— — — —				
STEEVE GABART Sr., Miami, Fla./Rend Lake College	26:17 8th	24:40.8 12th	— — — —	24:10 21st	— — — —				
LUKE GUNN Sr., Derby, England/Birmingham	— — — —	24:06.6 1st	— — — —	23:35 4th	— — — —				
JUSTIN HARBOR So., Bunnell, Fla./Oregon	26:00 3rd	24:17.4 6th	— — — —	24:15 24th	— — — —				
DAVID HUCKABY R-Fr., Fort Mill, S.C./Fort Mill	28:27 63rd	— — — —	26:37.74 20th	— — — —	— — — —				
JASON LAKRITZ Jr., New Windsor, N.Y./Free Academy	26:10 5th	24:19.5 9th	— — — —	25:09 100th	— — — —				
MATT LEEDER So., Brockville, Ontario/1000 Island	— — — —	24:06.8 2nd	— — — —	24:01 14th	— — — —				
TYLER PRICE R-Fr., Tallahassee, Fla./Wakulla	26:42 16th	— — — —	26:09.26 11th	— — — —	24:40.72 71st				
SETH PROCTOR R-Fr., Orlando, Fla./West Florida	26:31 13th	— — — —	— — — —	— — — —	— — — —				
DANIEL ROBERTS Jr., Vicksburg, Mich./Crested Butte	— — — —	24:07.1 3rd	— — — —	24:07 18th	— — — —				
DANIEL SILVA R-Fr., Miami, Fla./Belen Jesuit	— — — —	— — — —	28:28.52 69th	— — — —	27:48.69 189th				
NICK SUNSERI Sr., Raleigh, N.C./Charlotte	— — — —	24:07.3 4th	— — — —	24:41 59th	— — — —				
STEPHEN WILSON Jr., Brandon, Fla./Riverview	27:52 41st	— — — —	26:21.23 13th	— — — —	— — — —				

2008 Florida State Seminole Women's Cross Country Individual Results

Overall Record: 37-0; Record vs. ACC Opponents: 5-0

NAME OF MEET/ DATE	Covered Bridge Open 08.29	Virginia Tech Invite 09.19	FSU Invitational 09.27	Notre Dame Invitational 10.03	Auburn Invitational 10.04	Pre-NCAA Meet 10.18	ACC Championship 11.01	NCAA South Regional 11.15	NCAA Championship 11.24
DISTANCE	5K	4.6K	5K	5K	5K	6K	6K	6K	6K
FSU TEAM FINISH # of Runners	1st of 11 100	1st of 6 48	NTS 111	1st of 23 186	NTS 206				
JENNIFER DUNN Fr., Decatur, Ala./Austin	19:05 8th	17:38.0 19th	18:16.25 5th	— —	18:17.16 80th				
KACEY GIBSON Fr., New Castle, Pa./Neshannock	18:45 6th	17:18.9 12th	— —	17:48 80th	— —				
ARICA HALILA Fr., Boynton Beach, Fla./West Boca Raton	— —	— —	23:31.14 95th	— —	— —				
JEN HILLIS Jr., Tampa, Fla./C. Leon King	— —	— —	20:24.18 53rd	— —	19:47.25 158th				
MEREDITH KELLY Sr., Clermont, Fla./East Ridge	— —	— —	20:09.22 46th	— —	19:38.71 155th				
NICOLE KENNA Fr., Brandon, Fla./Brandon	— —	— —	22:45.17 88th	— —	21:22.44 193rd				
SUSAN KUIJKEN Jr., Nijmegen, Netherlands/Stedelijk	— —	16:53.0 5th	— —	16:26 2nd	— —				
MARY MAGEE Jr., Seminole, Fla./Seminole	— —	— —	— —	— —	19:31.19 150th				
BREE MCARDLE So., Queensland, Australia/St. Peter's	18:38 4th	— —	— —	18:20 130th	— —				
PILAR MCSHINE So., Port of Spain/Laventille	18:20 1st	16:53.2 7th	— —	17:13 26th	— —				
EMILY NESS Fr., Tallahassee, Fla./Maclay	20:15 36th	— —	19:16.03 31st	— —	18:57.07 121st				
AMANDA QUICK So., Tampa, Fla./Gaither	18:29 3rd	17:25.5 13th	— —	— —	— —				
HSHKENI RICHEMOND Sr., Suffern, N.Y./Suffern	— —	— —	22:28.78 84th	— —	— —				
AMANDA SKILLEN	— —	— —	— —	— —	21:18.86 190th				
KEYLA SMITH Jr., Daytona Beach, Fla./Mainland	— —	— —	20:04.29 43rd	— —	— —				
LINZI SNOW Jr., Epping, England/St. Mary's	18:39 5th	17:28.9 14th	— —	17:21 40th	— —				
SHANNON STUCKMAN Sr., Gainesville, Fla./P.K. Yonge	— —	— —	22:37.38 87th	— —	— —				
KARA TAYLOR Fr., Tallahassee, Fla./Chiles	19:20 12th	— —	18:50.53 17th	— —	17:52.78 52nd				
LESLEY VAN MIERT Sr., Breda, Netherlands/Northern Arizona	— —	16:53.1 6th	— —	16:44 7th	— —				
BRIANA WALKER Fr., Jacksonville, Fla./Rio Mesa	— —	— —	21:54.51 76th	— —	21:42.71 194th				
CRYSTAL WASHINGTON	— —	— —	18:44.42 15th	— —	— —				
LYDIA WILLEMSE Sr., Forest, Ontario/St. Christopher	18:21 2nd	16:53.3 8th	— —	17:03 13th	— —				
CHRISTY WOYTALEWICZ Jr., Brandon, Fla./Riverview	19:07 10th	17:35.7 17th	— —	17:39 63rd	— —				

2008 Florida State Seminole Men's Meet-By-Meet Results

Overall Record: 40-0; Record vs. ACC Opponents: 4-0

COVERED BRIDGE OPEN — 8K

08.29.08 — Boone, N.C.

Team Standings (12 Teams)

1. Florida State.....	34
2. Queens	36
3. Appalachian State.....	62
4. Clemson	95
5. North Florida.....	155
6. Charlotte 'B'	170
7. Mars Hill.....	196
8. Winthrop	246
9. Lees-McRae	252
10. Spartanburg Methodist	289
11. USC-Upstate.....	300
12. Valdosta State.....	320

Individual Standings (114 Runners)

1. Oscar Oqwaro (Queens).....	25:47
2. Michael Crouch (Queens).....	25:52
3. Justin Harbor (FSU).....	26:00
4. Matt Rowell (Queens).....	26:05
5. Jason Lakritz (FSU).....	26:10
6. Trey Andrew (FSU).....	26:15
7. Futsum Mebrahtu (Queens).....	26:17
8. Steeve Gabart (FSU).....	26:17
9. Josh Houser (Appalachian State)	26:20
10. Mike Walker (Appalachian State).....	26:27
13. Seth Proctor (FSU).....	26:31
16. Tyler Price (FSU).....	26:42
41. Stephen Wilson (FSU).....	27:52
63. David Huckaby (FSU).....	28:27

NOTRE DAME INVITATIONAL — 8K

10.03.08 — South Bend, Ind.

Team Standings (25 Teams)

1. Florida State.....	81
2. Tulsa	126
3. Texas A&M	136
4. Providence	148
5. Butler	208
6. Florida	217
Notre Dame	217
8. New Mexico	240
9. Michigan	276
10. Eastern Michigan	290
11. Princeton	296
12. Lamar	364
13. Miami (Ohio).....	369
14. Arizona	376
15. North Carolina	417
16. Utah State	423
17. Eastern Washington.....	439
18. Illinois State.....	453
19. Indiana State	455
20. Mississippi State.....	479
21. Navy	482
22. Kentucky	490
23. Michigan State.....	537
24. Southern Utah	546
25. Marquette	549

Individual Standings (202 Runners)

1. Samuel Kosgei (Lamar).....	23:32
2. Shadrack Songok (Texas A&M).....	23:33
3. Jeremy Criscione (Florida).....	23:34
4. Luke Gunn (Florida State).....	23:35
5. Patrick Smyth (Notre Dame).....	23:36
6. Paul Limpf (Eastern Washington)	23:42
7. John Beattie (Tulsa).....	23:43
8. Michael Maag (Princeton)	23:45
9. Francis Kasagule (Lamar).....	23:51
10. Josh Karanja (Eastern Michigan).....	23:53
14. Matt Leeder (FSU).....	24:01
18. Daniel Roberts (FSU).....	24:07
21. Steeve Gabart (FSU).....	24:10
24. Justin Harbor (FSU).....	24:15
30. Mike Fout (FSU).....	24:22
59. Nick Sunseri (FSU).....	24:41
89. Trey Andrews (FSU).....	25:00
100. Jason Lakritz (FSU).....	25:09

VIRGINIA TECH INVITATIONAL — 7.6K

09.19.08 — Blacksburg, Va.

Team Standings (6 Teams)

1. Florida State.....	16
2. Virginia Tech.....	43
3. Wake Forest	94
4. King College.....	113
5. College of Charleston	137
6. Concord.....	152

Individual Standings (74 Runners)

1. Luke Gunn (FSU).....	24:06.6
2. Matt Leeder (FSU).....	24:06.8
3. Daniel Roberts (FSU)	24:07.1
4. Nick Sunseri (FSU).....	24:07.3
5. Devin Cornwall (VT).....	24:10.6
6. Justin Harbor (FSU).....	24:17.4
7. Will Mulherin (VT).....	24:18.7
8. Brian Welch (VT).....	24:19.0
9. Jason Lakritz (FSU).....	24:19.5
10. Trey Andrews (FSU).....	24:20.6
12. Steeve Gabart (FSU).....	24:40.8

FSU INVITATIONAL — 8K

09.27.08 — Tallahassee, Fla.

Team Standings (11 Teams)

1. Embry-Riddle.....	43
2. Florida Southern.....	77
3. North Florida.....	78
4. Tampa.....	94
5. Florida Atlantic	121
6. South Florida.....	131
7. Florida Gulf Coast	203
8. Florida Tech.....	206
9. Seminole Distance Club	244
10. Webber.....	247
11. St. Thomas.....	335

Individual Standings (100 Runners)

1. Sam Vazquez (Embry-Riddle).....	25:32.47
2. Taylor Reeves (Florida Atlantic)	25:43.07
3. Scott Mackley (Florida Southern)	25:43.56
4. Nick Gehlsen (Embry-Riddle).....	25:49.39
5. Tony Nicolosi (Tampa).....	25:50.04
6. Eric Larson (Florida Southern)	25:53.07
7. Ben Martucci (Florida Southern)	25:55.37
8. Henry Melius (Embry-Riddle).....	25:58.70
9. Johnathan Esteban (North Florida).....	26:02.34
10. Nick Maedel (UNATT).....	26:05.55
11. Tyler Price (FSU 'B').....	26:09.26
13. Stephen Wilson (FSU 'B').....	26:21.23
20. David Huckaby (FSU 'B').....	26:37.74
69. David Silva (FSU 'B').....	28:28.52

TIGER INVITATIONAL — 8K

10.04.08 — Auburn, Ala.

Team Standings (24 Teams)

1. Auburn	31
2. Washington.....	49
3. Iowa.....	72
4. Clemson	155
5. Georgia Tech.....	156
6. Georgia	241
7. McNeese State.....	285
8. Louisiana Tech.....	286
9. Emory.....	294
10. Stephen F. Austin.....	303
11. LSU	341
12. Kennesaw State.....	343
13. Purdue.....	344
14. Samford	353
15. Troy	379
16. Florida Atlantic	441
17. Jacksonville State	484
18. Southeast Louisiana	502
19. King College.....	519
20. Austin Peay.....	529
21. Arkansas State.....	679
22. Lamar	681
23. Tulane.....	688
24. Louisiana-Lafayette	689

Individual Standings (213 Runners)

1. Elkanah Kibet (Auburn).....	22:16.35
2. Felix Kibiywo (Auburn).....	22:40.24
3. Girma Mesecho (Auburn)	22:55.52
4. Jesse Luciano (Iowa).....	23:01.83
5. Jeremy Mineau (Washington).....	23:09.87
6. Henry Rop (SE Louisiana).....	23:17.41
7. Ryley Miller (UNATT)	23:18.81
8. Jon Harding (Washington).....	23:19.11
9. Jake Schmitt (Washington).....	23:21.98
10. Sam Bryfczynski (Clemson).....	23:24.35
71. Tyler Price (FSU).....	24:40.72
189. Daniel Silva (FSU).....	27:48.69

2008 Florida State Seminole Women's Meet-By-Meet Results

Overall Record: 37-0; Record vs. ACC Opponents: 5-0

COVERED BRIDGE OPEN — 5K

08.29.08 — Boone, N.C.

Team Standings (11 Teams)

1. Florida State.....	15
2. Appalachian State.....	74
3. Charlotte 'B'.....	75
4. Clemson.....	125
5. Winthrop.....	158
6. USC-Upstate.....	161
7. North Florida.....	185
8. Lees-McRae.....	199
9. Mars Hill.....	268
10. Spartanburg Methodist.....	285
11. Valdosta State.....	288

Individual Standings (100 Runners)

1. Pilar McShine (FSU).....	18:20
2. Lydia Willemse (FSU).....	18:21
3. Amanda Quick (FSU).....	18:29
4. Bree McArdle (FSU).....	18:38
5. Linzi Snow (FSU).....	18:39
6. Kacey Gibson (FSU).....	18:45
7. Meg Gaffney (Appalachian State).....	19:00
8. Jennifer Dunn (FSU).....	19:05
9. Stephanie Snyder (Charlotte 'B').....	19:06
10. Christy Woytalewicz (FSU).....	19:07
12. Kara Taylor (FSU).....	19:20
36. Emily Ness (FSU).....	20:15

NOTRE DAME INVITATIONAL — 5K

10.03.08 — South Bend, Ind.

Team Standings (23 Teams)

1. Florida State.....	88
2. Princeton.....	124
3. Michigan.....	136
4. Stony Brook.....	156
5. Florida.....	179
6. Southern Methodist.....	245
7. Providence.....	250
8. Rice.....	251
9. Illinois.....	257
New Mexico.....	257
11. Notre Dame.....	272
12. Texas Tech.....	308
13. Tulsa.....	315
14. North Carolina.....	353
15. Arizona.....	354
16. Kentucky.....	357
17. Akron.....	363
18. Marquette.....	388
19. Boston College.....	410
20. Texas A&M.....	543
21. Utah State.....	577
22. Southern Utah.....	630
23. Mississippi State.....	668

Individual Standings (186 Runners)

1. Brie Felnagle (North Carolina).....	16:21
2. Susan Kuijken (FSU).....	16:26
3. Alex Becker (Tulsa).....	16:36
4. Lillian Badaru (Texas Tech).....	16:39
5. Nicole Edwards (Michigan).....	16:40
6. Silje Fjortoft (Southern Methodist).....	16:42
7. Lesley Van Miert (Florida State).....	16:44
8. Katie Engel (Illinois).....	16:54
9. Danette Doetzel (Providence).....	16:56
10. Lennie Waite (Rice).....	16:59
13. Lydia Willemse (FSU).....	17:03
26. Pilar McShine (FSU).....	17:13
40. Linzi Snow (FSU).....	17:21
63. Christy Woytalewicz (FSU).....	17:39
80. Kacey Gibson (FSU).....	17:48

VIRGINIA TECH INVITATIONAL — 4.6K

09.19.08 — Blacksburg, Va.

Team Standings (6 Teams)

1. Florida State.....	33
2. Virginia Tech.....	37
3. Wake Forest.....	63
4. College of Charleston.....	123
5. King College.....	149
6. Concord.....	151

Individual Standings (48 Runners)

1. Tasmin Fanning (VT).....	15:55.3
2. Allie Keiffer (WFU).....	16:24.1
3. Natalie Sherback (UNATT).....	16:28.8
4. Jessica Ganning (VT).....	16:34.3
5. Susan Kuijken (FSU).....	16:53.0
6. Lesley Van Miert (FSU).....	16:53.1
7. Pilar McShine (FSU).....	16:53.2
8. Lydia Willemse (FSU).....	16:53.3
9. Erin Reddan (VT).....	17:06.3
10. Dina Nosenko (WFU).....	17:09.1
12. Kacey Gibson (FSU).....	17:18.9
13. Amanda Quick (FSU).....	17:25.5
14. Linzi Snow (FSU).....	17:28.9
17. Christy Woytalewicz (FSU).....	17:35.7
19. Jennifer Dunn (FSU).....	17:38.0

TIGER INVITATIONAL — 5K

10.04.08 — Auburn, Ala.

Team Standings (23 Teams)

1. Washington.....	19
2. Oregon State.....	98
3. Iowa.....	99
4. Georgia.....	138
5. Purdue.....	158
6. Auburn.....	162
7. Clemson.....	195
8. Stephen F. Austin.....	234
9. Samford.....	262
10. Georgia Tech.....	274
11. Emory.....	379
12. Tulane.....	387
13. Florida State 'B'.....	441
14. Kennesaw State.....	444
15. McNeese State.....	473
16. Lamar.....	483
17. Florida Atlantic.....	502
18. Arkansas State.....	508
19. Austin Peay.....	513
20. LSU.....	517
21. Jacksonville State.....	583
22. Alabama State.....	595
23. Alabama A&M.....	729

Individual Standings (206 Runners)

1. Kendra Schaaf (Washington).....	15:46.13
2. Christine Babcock (Washington).....	16:01.52
3. Marie Lawrence (Washington).....	16:04.47
4. Hollie Knight (Auburn).....	16:07.83
5. Rachael Marchand (Iowa).....	16:15.50
6. Katie Follett (Washington).....	16:17.12
7. Lauren Saylor (Washington).....	16:17.81
8. Amanda Miller (Washington).....	16:30.17
9. Anita Campbell (Washington).....	16:31.96
10. Kristin Phillips (Purdue).....	16:39.93
52. Kara Taylor (FSU).....	17:52.78
80. Jennifer Dunn (FSU).....	18:17.16
121. Emily Ness (FSU).....	18:57.07
150. Mary Magee (FSU).....	19:31.19
155. Meredith Kelly (FSU).....	19:38.71
158. Jen Hillis (FSU).....	19:47.25
190. Amanda Quick (FSU).....	21:18.86
193. Nicole Kenna (FSU).....	21:22.44
194. Briana Walker (FSU).....	21:42.71

FSU INVITATIONAL — 5K

09.27.08 — Tallahassee, Fla.

Team Standings (11 Teams)

1. South Florida.....	38
2. Tampa.....	67
3. Central Florida.....	99
4. Florida State 'B'.....	104
5. Embry-Riddle.....	116
6. North Florida.....	155
7. Florida Atlantic.....	192
8. Florida Southern.....	236
9. Florida Tech.....	255
10. Florida Gulf Coast.....	268
11. Pasco-Hernadno CC.....	293
12. Edward Waters.....	383
13. St. Thomas.....	401

Individual Standings (111 Runners)

1. Feil Friederike (UNATT).....	17:43.53
2. Yasmin Smith (South Florida).....	17:54.59
3. Jessica Forrester (Tampa).....	17:57.90
4. Nicole Rozario (South Florida).....	18:11.94
5. Jennifer Dunn (FSU).....	18:16.25
6. Alysha Duffy (Tampa).....	18:18.12
7. Shantile Blackburn (Central Florida).....	18:22.88
8. Jen Wynands (South Florida).....	18:24.58
9. Carolyn Kwambai (Florida Southern).....	18:30.86
10. Hillary Adams (North Florida).....	18:31.92
15. Crystal Washington (FSU).....	18:44.42
17. Kara Taylor (FSU).....	18:50.53
31. Emily Ness (FSU).....	19:16.03
43. Keyla Smith (FSU).....	20:04.29
46. Meredith Kelly (FSU).....	20:09.22
53. Jen Hillis (FSU).....	20:24.18
76. Briana Walker (FSU).....	21:54.51
84. Hshkeni Richmond (FSU).....	22:28.78
87. Shannon Stuckman (FSU).....	22:37.38
88. Nicole Kenna (FSU).....	22:45.17
95. Arica Halila (FSU).....	23:31.14