

2005 Florida State Men's Cross Country Results

Covered Bridge Open (8K)

September 2, 2005 – Boone, NC

1st-place / 9 Teams (29 points)

Name	Time	Place
Andrew Lemoncello	25:41.62	1
Sean Burris	25:48.63	2
Tom Lancashire	25:57.37	4
Phil Nichols	25:57.37	5
Eric Critzer	26:58.93	19

FSU Invitational (8K)

September 17, 2005 – Tallahassee, FL

1st-place / 16 Teams (26 points)

Name	Time	Place
Andrew Lemoncello	24:39.51	1
Sean Burris	25:07.40	3
Tom Lancashire	25:15.35	5
Phil Nichols	25:36.85	8
Kevin Cook	25:38.74	9
Luke Beavor	26:30.22	26
Eric Critzer	27:42.08	60

Notre Dame Invitational (8K)

September 30, 2005 – South Bend, IN

4th-place / 25 Teams (159 points)

Name	Time	Place
Andrew Lemoncello	24:00	11
Tom Lancashire	24:08	17
Sean Burris	24:23	24
Phil Nichols	24:48	45
Eric Critzer	25:02	62
Luke Beavor	25:22	85

NCAA Pre-Nationals Meet (8K)

October 15, 2005 – Terre Haute, IN

7th-place / 33 Teams (255 points)

Name	Time	Place
Andrew Lemoncello	23:48.1	4
Sean Burris	24:26.3	37
Tom Lancashire	24:26.9	39
Phil Nichols	24:43.0	60
Luke Beavor	25:13.4	115
Kevin Cook	25:28.1	143
Chris Nickinson	25:34.7	152

ACC Championships (8K)

October 31, 2005 – Tallahassee, FL

2nd-place / 12 Teams (38 points)

Name	Time	Place
Andrew Lemoncello	23:43.1	1
Tom Lancashire	23:53.5	3
Phil Nichols	24:12.6	9
Sean Burris	24:13.4	10
Kevin Cook	24:26.4	15
Chris Nickinson	24:40.6	23
Luke Beavor	24:42.4	25

NCAA South Region Championships (10K)

November 21, 2005 – Gainesville, FL

2nd-place / 20 Teams (47 points)

Name	Time	Place
Andrew Lemoncello	29:42.22	2
Tom Lancashire	30:24.06	7
Sean Burris	30:40.15	13
Phil Nichols	30:46.88	14
Kevin Cook	31:13.26	20
Luke Beavor	31:40.77	29
Chris Nickinson	32:52.73	61

NCAA National Championships

November 21, 2005 – Terre Haute, IN

18th-place / 31 Teams (471 points)

Name	Time	Place
Andrew Lemoncello	30:07.5	21
Tom Lancashire	30:47.4	77
Kevin Cook	31:29.8	158
Phil Nichols	31:31.4	163
Sean Burris	31:41.3	175
Luke Beavor	31:52.3	195
Chris Nickinson	33:02.2	244

2005 Florida State Women's Cross Country Results

Covered Bridge Open (5K)

September 2, 2005 – Boone, NC

1st-place / 8 Teams (38 points)

Name	Time	Place
Laura Bowerman	18:17.44	1
Jessica Crate	19:02.84	6
Kirsten Hagen	19:17.64	10
Kara Newell	19:26.58	12
Lydia Willemse	19:32.41	13
Amanda Hahn	20:07.76	18
Christina Woytalewicz	20:46.23	32
Julia Vola	20:51.48	34
Sarah Hughes	20:57.66	36
Shannon Coates	21:50.43	55

FSU Invitational (5K)

September 17, 2005 – Tallahassee, FL

1st-place / 18 Teams (33 points)

Name	Time	Place
Laura Bowerman	17:56.45	3
Jessica Crate	18:01.26	4
Abbie Wilshire	18:12.90	7
Lydia Willemse	18:24.01	13
Kara Newell	18:36.59	15
Kirsten Hagen	18:51.03	21
Amanda Hahn	19:02.20	27
Audrey Hand	19:26.69	36
Chris Woytalewicz	19:51.14	57
Shannon Coates	20:17.34	75
Julia Viola	20:21.40	78
Tina Biedenharn	20:29.38	82
Stefanie Belcher	20:32.59	85
Ashley Andress	20:37.64	90
Angelina Ramos	20:53.58	99
Kaley Matthews	21:19.38	113
Ashley Montagnese	21:20.29	114
Mary Magee	21:34.26	121
Courtney Laster	21:48.82	124
Candace Walls	22:47.08	142
Kristin Walls	22:50.93	143
Meredith Kelly	23:06.69	147
Danielle Laramee	23:34.30	151
Jennifer Patterson	25:30.59	159

Notre Dame Invitational (5K)

September 30, 2005 – South Bend, IN

12th-place / 24 Teams (321 points)

Name	Time	Place
Laura Bowerman	17:07	8

Lydia Willemse	17:57	59
Abbie Wilshire	18:05	67
Kara Newell	18:23	90
Jessica Crate	18:33	105
Kirsten Hagen	18:39	114
Amanda Hahn	18:50	132

NCAA Pre-Nationals Meet (6K)

October 15, 2005 – Terre Haute, IN

13th-place / 34 Teams (371 points)

Name	Time	Place
Laura Bowerman	20:40.3	7
Abi Wilshire	21:48.0	69
Lydia Willemse	21:51.6	76
Kirsten Hagen	22:06.9	95
Amnada Hahn	22:24.3	124
Kara Newell	22:27.8	130
Jessica Crate	22:32.1	136

ACC Championships (5.75K)

October 31, 2005 – Tallahassee, FL

7th-place / 12 Teams (196 points)

Name	Time	Place
Laura Bowerman	20:07.9	17
Abi Wilshire	20:42.7	39
Lydia Willemse	20:56.0	46
Kirsten Hagen	20:58.8	47
Jessica Crate	21:06.5	52
Amanda Hahn	21:30.2	63
Audrey Hand	22:00.2	72

NCAA South Region Championships (6K)

November 21, 2005 – Gainesville, FL

3rd-place / 24 Teams (118 points)

Name	Time	Place
Laura Bowerman	20:52.59	7
Abi Wilshire	21:29.50	14
Kirsten Hagen	22:02.75	28
Lydia Willemse	22:06.79	31
Jessica Crate	22:13.91	38
Amanda Hahn	22:27.48	45
Kara Newell	22:36.01	53

NCAA National Championships

November 21, 2005 – Terre Haute, IN

Name	Time	Place
Laura Bowerman	21:19.9	127