



Live well  
and age well—  
anywhere  
you call home.



HERE  
FOR  
GOOD.™

Covia promotes positive aging by cultivating healthy and engaged communities with a continuum of innovative services that actively support intellectual, physical, emotional, spiritual and social well-being. Covia supports the unique needs of seniors with the following programs: Life Plan Communities, affordable housing communities, and engagement programs.

The aim of the Healthy Connections Pre-Medical Student Volunteer Program at Webster House Health Center, located one mile from Stanford University, is to enhance the quality of life for older adults who suffer from serious illnesses. This program provides a caring and reliable relationship between a senior resident and an undergraduate student who is interested in a career in medicine.

Learn more about Healthy Connections Pre-Medical Student Volunteer Program at [www.covia.org](http://www.covia.org) or contact Patricia Lau, MPA at [plau@covia.org](mailto:plau@covia.org).

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*1% for Good provides grants to local organizations that are active in improving our communities. Sereno Group Palo Alto will be supporting Healthy Connections from July through September 2018.*

[WWW.SERENOGROUP.COM/ONEPERCENT](http://WWW.SERENOGROUP.COM/ONEPERCENT)

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