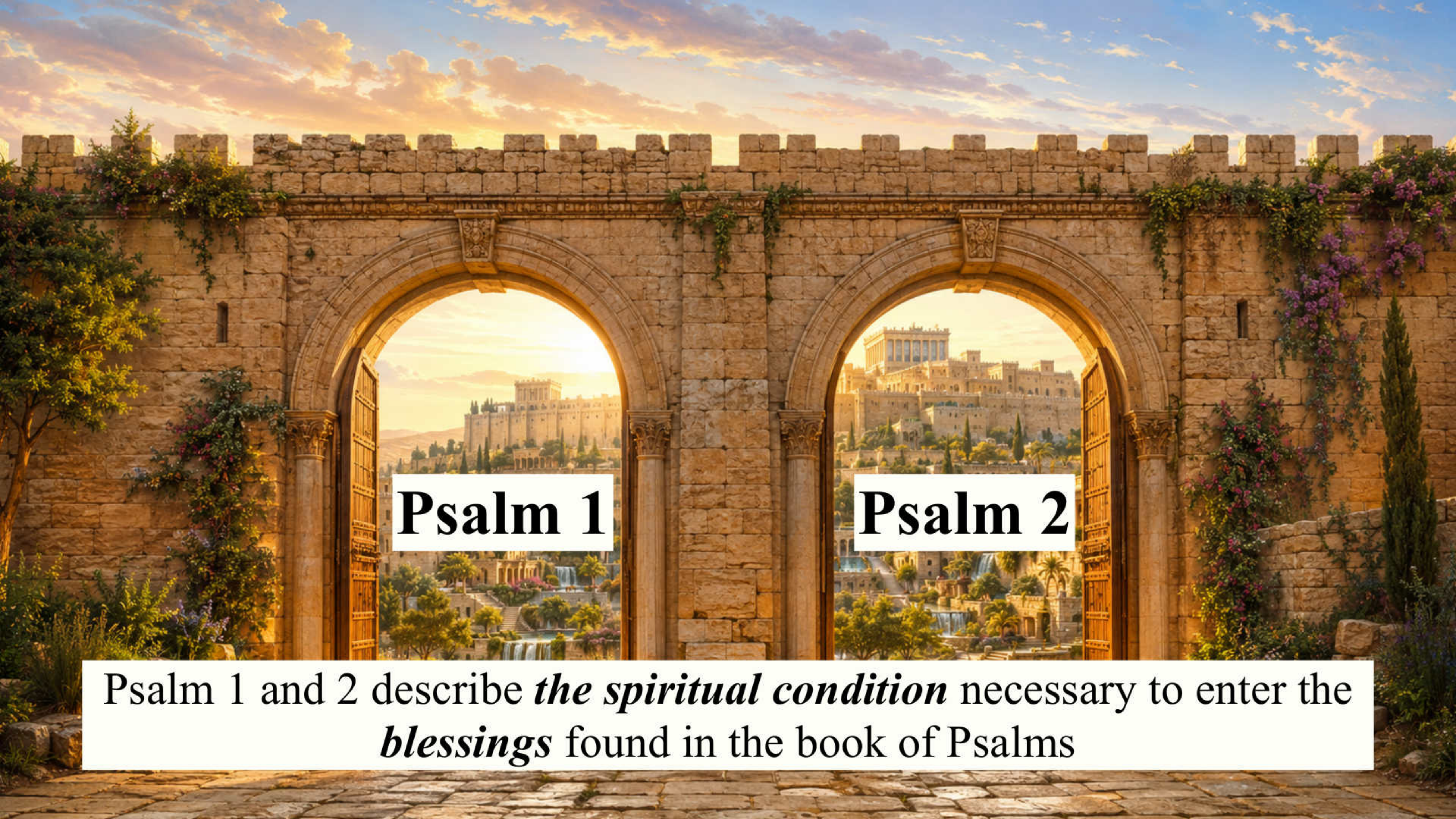


A detailed landscape painting featuring a large, gnarled tree on the left bank of a river. A small waterfall cascades over rocks in the center of the river. The background shows rolling hills and mountains under a cloudy sky. The overall tone is peaceful and naturalistic.

Blessed is the Man
Psalm 1 and Psalm 2

August 23, 2026
New Baptist Church





Psalm 1

Psalm 2

Psalm 1 and 2 describe *the spiritual condition* necessary to enter the *blessings* found in the book of Psalms

Psalm 1

1 Blessed is the man...

The word “Blessed” (ashrei) is a noun that describes a certain kind of life.

Blessed (ashrei) isn’t a word about circumstances. It is a word that describes *contentment, well-being, flourishing, and being under God's favor*, regardless of the storms that come against it. Based on Psalm 1:3, the blessed life looks like a tree that is planted, fruitful, and unwithering.

who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers;”

Scoffer = A desecrator who seeks to destroy all that is good and holy from God. A desecrator throws off limits, removes obligations, and serves only self.

How to become a scoffer: Walk (listen) to ungodly counsel, Stand in the way (imitate) of sinners, Sit in the seat (become) a scoffer.

Psalm 1

1 Blessed is the man...

who walks not in the counsel of the wicked, **nor stands** in the way of sinners, **nor sits** in the seat of scoffers;”

2 but his delight is in the law of the LORD,
and on his law he meditates day and night.

Note: “the law (Torah)” is used in Psalms to mean all of God’s Word.



3 He is like a tree planted by streams of water
that yields its fruit in its season, and its leaf does
not wither. In all that he does, he prospers.

What makes the blessed life abundant and flourishing is not the season it is in, but where it is planted, with roots going down into the water (God’s Word).

4 The wicked are not so, but are like chaff that
the wind drives away.

Psalm 1

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who walks not in the counsel of the wicked,
nor stands in the way of sinners, **nor sits** in
the seat of scoffers;”

2 but his delight is in the law of the LORD,
and on his law **he meditates day and night.**

3 He is like a tree planted by streams of water
that yields its fruit in its season, and its leaf does
not wither. In all that he does, he prospers.

4 The wicked are not so, but are like chaff that
the wind drives away.

5 Therefore the wicked will not stand in the
judgment, nor sinners in the congregation of the
righteous; **6** for the LORD knows the way of the
righteous, but the way of the wicked will perish.

Questions from Psalm 1

1. Who is this man who does not
walk in the counsel of the
wicked?

2. Who are the scoffers, and what
exactly do they do?

3. Why does this person (the
Blessed man) prosper in all he
does?

4. Who is the judge, and what is
the judgment?

5. Is it possible for the wicked to
escape judgment, and if so, how?

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Psalm 2

“1 Why do the nations rage and the peoples plot in vain? 2 The kings of the earth set themselves, and the rulers take counsel together, against the LORD and against his Anointed, saying, 3 “Let us burst their bonds apart and cast away their cords from us.”

→ The scoffers are nations and peoples who seek to throw off the rule of God (rebellion).

4 He who sits in the heavens laughs; the Lord holds them in derision. 5 Then he will speak to them **in his wrath**, and terrify them in his fury, saying,

→ **Wrath** = The Rendering of Justice.

What will the judgment of God (wrath) look like?

Questions from Psalm 1

1. Who is this man who does not walk in the counsel of the wicked?

2. Who are the scoffers, and what exactly do they do?

3. Why does this person (the Blessed man) prosper in all he does?

4. Who is the judge, and what is the judgment?

5. Is it possible for the wicked to escape judgment, and if so, how?

Psalm 2

4 He who sits in the heavens laughs; the Lord holds them in derision. 5 Then he will speak to them **in his wrath**, and terrify them in his fury, saying,

Wrath = The Rendering of Justice.

What will the judgment of God (wrath) look like?

6 “As for me, I have set my King on Zion, my holy hill.” 7 I will tell of the decree: The LORD said to me, “**You are my Son; today I have begotten you.**

God's judgment on the rebellion of the nations comes through the sending of His only **begotten Son**.

Begotten = “*Made Flesh*” AND “*Same Substance*”

Thus, the Son is God Himself, made flesh.

Questions from Psalm 1

Psalm 2

1. Who is this man who does not walk in the counsel of the wicked?



6 “As for me, I have set my King on Zion, my holy hill.” 7 I will tell of the decree: The LORD said to me, “**You are my Son; today I have begotten you.**

The Anointed One. (In Hebrew = *Messiah*. In Greek = *Christ*.) **The anointed one, Christ, the Messiah, is the Son of God.**

2. Who are the scoffers, and what exactly do they do?

3. Why does this person (the Blessed man) prosper in all he does?



4. Who is the judge, and what is the judgment?

5. Is it possible for the wicked to escape judgment, and if so, how?

8 Ask of me, and I will make the nations your heritage, and the ends of the earth your possession.
9 You shall break them with a rod of iron and dash them in pieces like a potter's vessel.

The Exaltation of the Son - All Authority and Power is given to Him.

The Son prospers in all that He does because He reigns. He is Sovereign.

Questions from Psalm 1

1. Who is this man who does not walk in the counsel of the wicked? **1 Blessed is the man...**

2. Who are the scoffers, and what exactly do they do?

3. Why does this person (the Blessed man) prosper in all he does?

4. Who is the judge, and what is the judgment?

5. Is it possible for the wicked to escape judgment, and if so, how?

Psalm 2

10 Now therefore, O kings, be wise; be warned, O rulers of the earth. 11 **Serve the LORD** with fear, and rejoice with trembling. 12 **Kiss the Son**, lest he be angry, and you perish in the way, for his wrath is quickly kindled.

Blessed are all who take refuge in him.

Yes, it is possible for the wicked to escape judgment. It is done through taking refuge in the Anointed One, the Begotten Son.

Escaping Judgment is done through taking refuge in the Son: *Serve the Lord and Kiss the Son. (An image of surrender and trust)*



The Kingdom of Heaven and the Blessed Life



The Kingdom of Heaven and the Blessed Life



The Kingdom of Heaven and the Blessed Life



The Kingdom of Heaven and the Blessed Life

The background of the entire image is a photograph of a stone wall with two large, arched wooden doors. The wall is made of light-colored stone blocks and has a crenelated top. The doors are made of dark wood with metal hardware. The scene is set during sunset or sunrise, with a warm, golden light illuminating the sky and the wall. There are trees and bushes in front of the wall, and a path leads to the doors.

Psalm 1
Only the Blessed
One can enter.
**“Blessed is the
Man”**

Psalm 2
A way is made
for the
unrighteous.
**“Blessed are all
who take refuge
in him.”**

The Kingdom of Heaven and the Blessed Life





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