

**Using chems?  
Need free advice  
or equipment?**



**Need free equipment, like barrels, needles and condoms? Worried about how chems are impacting your life and want to talk to someone?**

Then speak to one of our trained professionals through our free, confidential and easy-to-use webchat.

**Through our webchat service you can:**

- Talk to a trained professional about how chems or chems comedowns may be impacting yours or someone else's wellbeing
- Recieve support to manage substance dependence, or get advice if you think you might be taking too much
- Order chems equipment like barrels, needles and condoms, directly to your home free of charge

Visit our website to find out more: [wearewithyou.org.uk](https://wearewithyou.org.uk)

**withyou**

**[wearewithyou.org.uk](https://wearewithyou.org.uk)**

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