

TARGETED OUTREACH NEWSLETTER

Issue 14 December 2021

Targeted Outreach Team welcome.....

We hope you all have a very merry Christmas and a Happy New Year.



We are excited to announce that we will be launching

ChatSexualHealth

In the New Year.

ChatSexualHealth will be a confidential text messaging service available to Dorset young people. They will be able to text any concerns or questions they have around their sexual health to our team of Sexual Health Advisors.

This will include, Contraception, STIs, Relationships and Pregnancy

We will be back in touch next month with our new number and further information.



SH:24

If you are supporting over 16's they can order their own STI testing kit online through our digital sexual health service [SH:24](#)

For under 16's please ring our phone line to book an appointment 0300 303 1948 or contact the outreach team.



Take a look at some new information and helpful resources



[#AskTheAwkward](#)

[Harmful Sexual Behaviour Prevention ToolKit](#)

[Wellbeing Pack of Positivity cards for students](#)

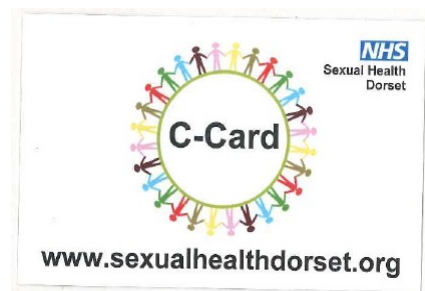
[Wellbeing Pack of Positivity cards for teachers](#)

[Trans Inclusion Toolkit](#)

C CARD TRAINING

We have a couple of training sessions for our sexual health and C Card training. There are limited spaces please get in [touch](#) if you would like to book a space.

- Tuesday 18th January 2022 9.30-12.30
- Wednesday 30th March 2022 9.30-12.30



Are you delivering our RSE Core package?

We have recently sent out our updated Core package to all senior and middle schools in Dorset.

Please can you return your evaluations to us so we can use the feedback to audit and adapt our core package to meet the needs of the students and teacher.

You can scan and send them to dhc.sexualhealth.promotion@nhs.net

Or post to Sexual Health Dorset @ Bournemouth

66-68 Palmerston Road

BH1 4JT

We may be able to rearrange collection if we have an advisor visiting your school.

Plus you can share the online link with students to complete. [Targeted Outreach - RSE evaluation 2021](#)

Outreach 1:1 Service and RSE teaching sessions

The team have still been extremely busy supporting young people and professionals.

September 2021-November 2021

Total number of Outcomes set for young people	Total number of Outcomes achieved by Young people	Total number of RSE teaching sessions
224	198	9

UPCOMING SEXUAL HEALTH PROMOTION EVENTS FOR UNDER 25'S

We currently have no upcoming events





Jo (middle in pic) our Clinical Lead for Targeted Outreach is leaving our team.

Jo has been working hard, for the last 4 years, studying for the Advanced Nurse Practitioner Masters and has deservedly been selected for a new role within Sexual Health Dorset as Senior Clinical Nurse Lead for Sexual Health and HIV

Jo was instrumental in forming and developing the Targeted Outreach team in 2016. Under Jo's leadership the team and service has progressed and developed greatly in this time, enabling the continued support of the ever changing needs of the young people requiring the service.

Though we will all miss Jo's leadership, we will still be able to benefit from her knowledge and experience and continue to work together to support young people improve their sexual health within Dorset.

We will also continue to introduce some exciting new projects including CHAT Health which Jo has been leading on.

We all wish Jo the best of luck in her new role and look forward to meeting a new Targeted Outreach Lead.



Find our [referral form](#) on our website

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www.sexualhealthdorset.org

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