

Referral Form for Complex Reproductive Sexual Health (RSH) Referrals

Information for Clients Attending Referral Clinic

1. You will be sent confirmation of your appointment shortly. All appointments are held at Sexual Health Dorset @Bournemouth, 66-68 Palmerston Road, Bournemouth BH1 4HT.
2. If you are attending to have an IUD, IUS (coil) or Nexplanon (implant) fitted, you must not have risked pregnancy in your current menstrual cycle, i.e., no sexual intercourse since last menses (period), or you should have correctly and consistently used a reliable method of contraception. Please note that the withdrawal method and diaphragm/caps are not considered highly reliable methods of contraception.
3. If you are attending to have an IUD, IUS (coil) removed and are not planning a pregnancy, it is important that you use a reliable method of contraception such as condoms (the withdrawal method and diaphragm/caps are not highly reliable methods of contraception) or do not have sex for 7 days before the appointment.
4. If you want to have an IUD or IUS replaced, then it is important that you use a reliable method of contraception such as condoms (the withdrawal method and diaphragm/caps are not highly reliable methods of contraception) or do not have sex for 7 days before the appointment.
5. If you are going to have a procedure done during your appointment and you have small children accompanying you, please bring someone along who can look after them.