Referral Form for Complex Reproductive Sexual Health (RSH) Referrals				Dorset HealthCare University NHS Foundation Trust			
Referred to: Dr Batham Date:					NHS No.		
Complex RSH							
Name:					DOB:		
Address inc. Postcode:							
Phone:							
Does the patient consent to being contacted by:							
Letter: YES / NO P	hone: YES / NO Tex	t Message: Y	ES / NO	Email:	YES / NO		
GP Details:							
GP Phone:	Interpreter required? Lan			angua	guage?		
Chaperone: A male or female client support worker will assist the doctor at your appointment. Do you require a female chaperone only? YES / NO							
Please include any other relevant history:				Pro	Procedure required:		
Please ensure to include medical, medication, allergy, obstetrics and gynaecology history including smear:					rasound scan guided C insertion		
					Ultrasound guided IUC removal (e.g. missing threads)		
					C insertion for complex ntraception		
					il problem needing coil sition scan		
					Il insertion for complex ntraception		
Current contraception method: (If none, consider bridging)					ep/impalpable SDI for an guided removal		
				Bro	oken SDI removal		
				Τw	o rod LNG SDI removal		
					mplex contraception		
(Attach copies of any investigations or tests that have already been done)					nic preferred: urnemouth		
		r		We	eymouth		
Name of Referrer:			Designatio	n:			

NHS

Please send completed forms to <u>dhc.sexualhealth.admineast@nhs.net</u> for patients in Bournemouth, Christchurch or Poole and <u>dhc.sexualhealth.adminwest@nhs.net</u> for patients in Dorset

Information for Clients Attending Referral Clinic

- 1. You will be sent confirmation of your appointment shortly. All appointments are held at Sexual Health Dorset @Bournemouth, 66-68 Palmerston Road, Bournemouth BH1 4HT.
- 2. If you are attending to have an IUD, IUS (coil) or Nexplanon (implant) fitted, you must not have risked pregnancy in your current menstrual cycle, i.e., no sexual intercourse since last menses (period), or you should have correctly and consistently used a reliable method of contraception. Please note that the withdrawal method and diaphragm/caps are not considered highly reliable methods of contraception.
- 3. If you are attending to have an IUD, IUS (coil) removed and are not planning a pregnancy, it is important that you use a reliable method of contraception such as condoms (the withdrawal method and diaphragm/caps are not highly reliable methods of contraception) or do not have sex for 7 days before the appointment.
- 4. If you want to have an IUD or IUS replaced, then it is important that you use a reliable method of contraception such as condoms (the withdrawal method and diaphragm/caps are not highly reliable methods of contraception) or do not have sex for 7 days before the appointment.
- 5. If you are going to have a procedure done during your appointment and you have small children accompanying you, please bring someone along who can look after them.