

TARGETED OUTREACH NEWSLETTER

Issue 24 June 2024

Targeted Outreach Team welcome.....
We hope you all have a fantastic summer.

eC-card app update

Sexual Health Dorset



Unfortunately, we have had to postpone the introduction of the eC-card app due to functionality issues. We are working hard to find a solution as we are keen to improve the accessibility of condoms to the young people of Dorset. We will let you know of any updates in due course. In the meantime for current providers please continue to offer condoms and if anybody is interested in becoming a provider please contact

Dhc.sexualhealth.promotion@nhs.net to arrange.



Talking about Consent teaching package

We have recently developed a new face to face training session for professionals working with young people called "Talking about consent" The session is scheduled to run for 60 mins and can be delivered to groups up to around 30 people (ideally) at your premises . It is designed to help professionals create a safe space to discuss the concept and laws around consent with young people in educational or youth support settings.

The session covers a variety of topics that are particularly relevant to young people right now including; the legal age of consent, the attitude of young people towards consent and what it means for them in the real world, current expressions used by young people about sex and relationships, Non-fatal strangulation as part of sex, Chem-sex or the use of drugs during sex and resources and ideas that you can use with young people when discussing this topic.

Many people working with young people can find this a challenging topic to discuss and it is important to feel confident and have up to date knowledge on the issues facing young people today. For further information or to book a session, please contact us at dhc.sexualhealth.promotion@nhs.net





Take a look at some new information and helpful resources

[Attitudes to contraception condoms and sexual health](#)

[Nearly fifth of teenagers say internet main information source on sexual health | The Independent](#)

[Warning over drug packets made to look like sweets](#)

Art Empower: Community views on preventing child exploitation' video. <https://vimeo.com/704472609/d4a155d17e>

NEW Sexual Health and Contraception clinic in Shaftesbury

Alternate weekly clinics:

Week 1: Thursday 10:00-13:00 and 14:00-17:00

Week 2: Thursday 13:30-17:00

Please call 0300 303 1948 to check which week is running.

[Shaftesbury Clinics for Sexual Health Dorset - Sexual Health Dorset](#)

C CARD TRAINING



Whilst we review the ec-card we will continue with the current scheme and training.

The next available training sessions are;

- Tuesday 16th of July via MS teams 9:30-12:30
- Thursday 26th of September via MS teams 9:30-12:30

If you would like to book a space email dhc.sexualhealth.promotion@nhs.net

New Q and A sessions available to drop in and have a chat with an advisor from the team.

This will provide an opportunity to ask any questions or get advice about running the c-card scheme

The next one will be on the 24th of September via teams anytime between 09.30am-11.00am.

The link will be arriving in your inbox soon!

Childline update

Childline posters have been updated, including report/remove nude images and child sexual exploitation.

[Childline posters | NSPCC Learning](#)

The UK Council for Internet Safety (UKCIS) and Department for Science, Innovation and Technology have updated their non-statutory guidance for schools in England on responding to incidents involving the sharing of nude and semi-nude images. It is aimed at Designated safeguarding leads (DSLs) and senior leaders in educational settings in England. The document includes guidance on: risk assessing incidents; safeguarding and supporting children and young people; handling devices and imagery; recording incidents; and providing education on the sharing of nudes and semi-nudes.

Read the guidance: [Sharing nudes and semi-nudes: advice for education settings working with children and young people](#)

The Shores - Sexual Assault Referral Centre (SARC)

The Shores is a specialist, free and confidential service for people who have been raped or sexually assaulted. We are a Pan Dorset service and operate 24/7, 365 days per year. Our dedicated team consists of Crisis Support Workers, Sexual Offence Examiners and Drs including paediatricians who are specifically trained and on hand to discuss options and provide information to clients and professionals.

We see all adults, children and young people and are an inclusive organisation offering the same level of care and support regardless of age (0-100+) sexuality and/or gender identity. We understand that there are certain barriers when talking about or accessing services of a sensitive nature and are here to listen, believe and support our clients.

So how do you access our service? As a 24/7 service our Call Centre is always ready to take your call as a professional or for our clients. Police Referrals, Self Referrals or Anonymous Reporting are the three options to report in so that anyone who has been impacted by sexual assault or rape can access our service in the way they feel comfortable so that we can support and offer after care. This includes Counselling, an ISVA (Independent Sexual Violence Advisor) sexual health referrals, domestic abuse support, substance and alcohol misuse and any other organisations that may be able to support our clients.

A forensic medical examination can be offered however at times if the client has any physical health needs or any acute mental health support concerns then "the swab is not the job" and these take priority over the forensic samples.

If the assault happened some time ago then for clients who haven't accessed the SARC for a forensic medical examination we can still discuss their needs and provide options.

We are available 24/7 to take your call and answer any questions you may have as a professional supporting a client or as a client.

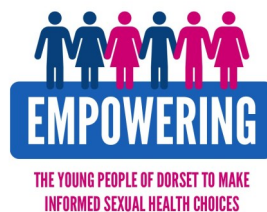
Our website www.the-shores.org.uk has a wealth of information for you to access. If you would like to learn more about our service or require leaflets, posters or staff training then please email kelly.taylor@uk.g4s.com the Engagement Officer and Crisis Support Worker for further details.

Dorset office: 01202 552056

Call Centre: 0800 970 9954

Email: info@the-shores.org.uk

Website: www.the-shores.org.uk



Find our [referral form](#)
on our website

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www.sexualhealthdorset.org