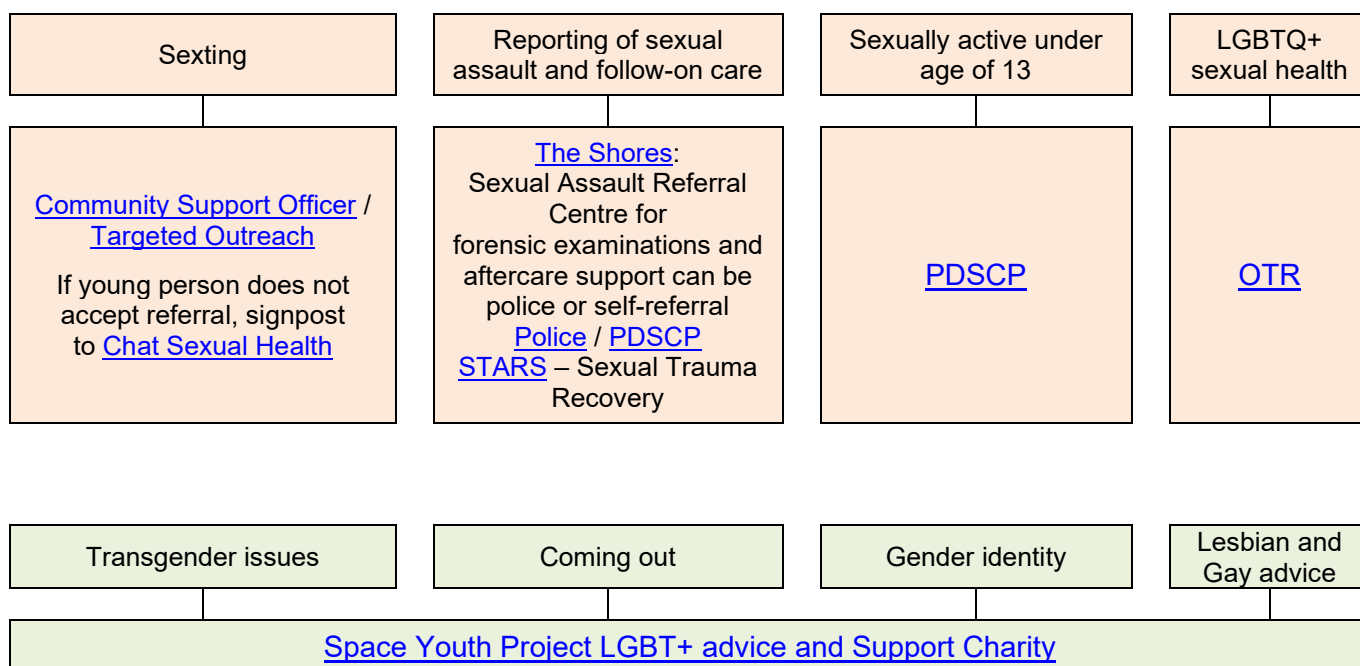
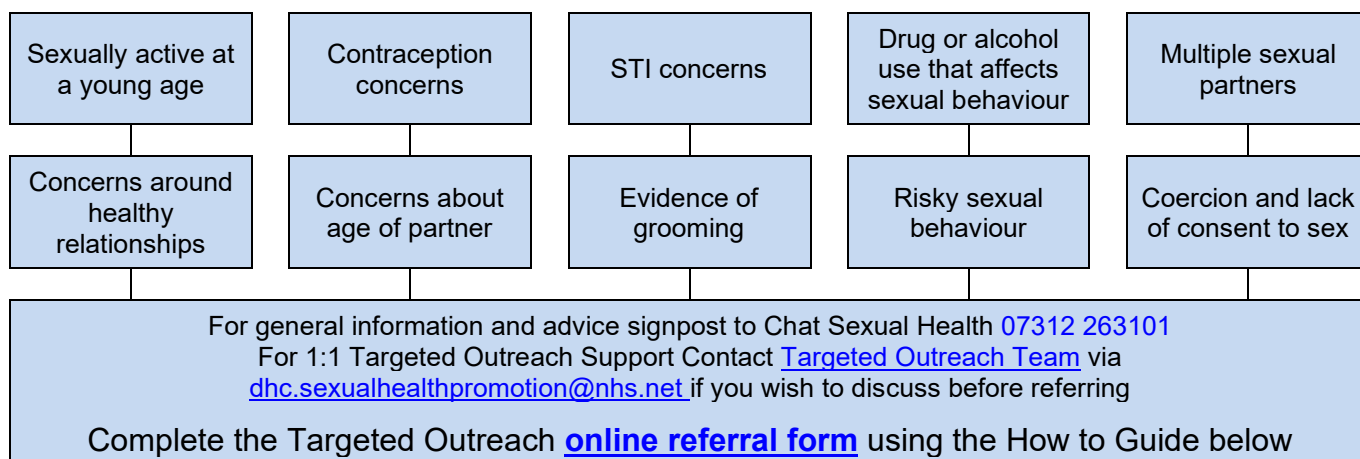


Pathway for Young People Needing Sexual Health Support

Young person aged up to 19 years or 25 if they have an additional vulnerability



Targeted Outreach Service contacts:
dhc.sexualhealthpromotion@nhs.net
<https://sexualhealthdorset.org/information/professionals/targeted-outreach-service/>

How to Complete the Targeted Outreach Referral Form

Please use the guide below to complete the Targeted Outreach referral form. Please note if incomplete information is received the referral will be declined.

Page 1:

The success of Targeted Outreach support is reliant on the young person's ability to engage in 1:1 work with an allocated Health Advisor and be ready to make the necessary changes to achieve the agreed goals. The declarations on page 1 ensure that young people have been given the necessary information to be able to give informed consent regarding a referral for a short piece of targeted support from the Targeted Outreach.

Page 2:

Please complete fully ensuring the young person's contact preference has been discussed with them. This will minimise the time spent by Sexual Health Advisors trying to make contact and hasten the support offered.

Page 3:

Before a young person is contacted, the Sexual Health Advisor will contact the referrer to gain as much knowledge as possible about the young person and their needs. This will minimise the number of professionals that the young person will need to share their story with and improve engagement.

Page 4:

In the young person's words, please describe their concerns regarding their sexual health and what they hope to achieve from any support offered.

The achievement of good sexual health is dependent on a person's ability to make their views known, be listened to and understood, therefore much of the support is to ensure young people are aware that they have the right to a voice about their health and wellbeing. It is therefore necessary for the referral to include, **in the young person's words**, what support they feel they need and what they are hoping to achieve from working with Targeted Outreach. This will enable an effective triage and decision as to whether Targeted Outreach can meet the young person's needs and expectations.

Please describe any concerns the young person's support network have regarding their sexual health and what behaviour changes they hope the young person will achieve following sexual health outreach support.

Please ensure that this paragraph gives as much information regarding the behaviours of the young person and the concerns raised by their support network. The following points should be considered, though this is not an exhaustive list:

- The behaviour that has been displayed.
- The young person's views regarding any behaviour, including any allegations made against them.
- Is this a one-off incident or does the young person have a history of risk-taking or harmful sexual behaviour.
- Their attitude to condoms and contraception.
- The age of any partners.
- Where they are meeting partners.
- Any concerns regarding CE.
- Any previous pregnancies, miscarriages, or pregnancy scares and their attitude to pregnancy.
- Their understanding and ability to consent.
- Number of previous partners.
- Any previous interventions and RSE learning.

Please note that we cannot offer counselling or therapeutic work for young people who have experienced sexual abuse or trauma. Due to the educational, advisory support we offer, please consider the risk of victim blaming prior to any referral to Targeted Outreach. Victim blaming is defined as any language or action that implies (whether intentionally or unintentionally) that a person is partially or wholly responsible for abuse that has happened to them.

<https://www.gov.uk/government/publications/challenging-victim-blaming-language-and-behaviours-when-dealing-with-the-online-experiences-of-children-and-young-people#:~:text=Details.that%20has%20happened%20to%20them>

Please describe the young persons home and family life, including who they live with, any caring responsibilities and other major life events

Please use this section to inform of any:

- Safeguarding concerns, including DV incidents.
- Who they live with.
- Caring responsibilities.
- Mental health issues within the family.

Please describe the sexual health support has the young person already been offered and/or accessed?

Please use this section to discuss any RSE they have had in school and any other sexual health support they have received from any other professional or any previous referrals for sexual health support

Details of any other special needs and/or challenges a young person may face in engaging with targeted outreach support

Please use this section to inform of any:

- Special educational needs.
- Mental/emotional health issues.
- Any tips on how the young person would prefer to be contacted.
- Any barriers to arranging a meeting place.

Contact details of the person the young person would like sexual health advisor to contact to arrange appointment, if support is to be offered in school/college

Please use this section to report the most appropriate person to contact within the school to arrange a meeting. Non-school staff professionals, please ensure you have spoken to the young person regarding who they would prefer the Health Advisor to contact at the school or college to make an appointment. If the young person does not want appointments in the school/college, please tell us if they have any preference as to where they can meet or whether parents are able to bring them to appointments.

Other agencies/professionals involved

Please use this section to inform us of all the other professions involved with the young person and their family. This should include the names and contact details of each professional.