

Community Champion - Role Specification

Age: 18+

Number of hours: up to 12 hours/month

Type of role: volunteer

Brook would like to engage enthusiastic individuals from Southend with an interest in volunteering and becoming sexual health influencers for their community.

Community Champions will work with Brook to communicate and cascade positive Sexual and Reproductive Health (SRH) messages to their local communities. Champions will assist individuals in their local communities to access a range of sexual health and wellbeing services, helping them to take responsibility for their own health needs.

Why be a Community Champion?

- **Champions take action against stigma and discrimination** by supporting Brook to deliver clear sex-positive messages to target beneficiary groups.
- **Champions are influencers** and will be equipped with the necessary training, information and skills to engage with their community and offer support regarding sexual and reproductive health.
- **Champions are a voice in their communities**, promoting awareness and assisting individuals to make informed choices about their sexual health and wellbeing.

Benefits of being a Community Champion:

You will:

- Be provided with accredited training on a wide range of sexual health and wellbeing topics;
- Develop skills and knowledge in SRH; influencing and engaging individuals and communities;
- Receive training in community participation and engagement;
- Be provided with on-going support by expert staff;
- Gain experience in delivery of sexual and reproductive health programmes;
- Meet people with similar passions and make a positive impact in your community.

What to expect

All Community Champions will:

- Receive full training on various SRH topics;
- Be assisted by the Health Promotion team, receiving regular support and supervision;
- Encourage and inspire others to tackle stigma and discrimination in SRH by delivering clear sex-positive messages;
- Make links with existing groups and networks who may want to be access SRH training;
- Signpost individuals in the community to relevant local services;
- Promote Brook's work and current campaigns making use of your personal and external followers/community to raise awareness;
- Co-deliver community engagement events alongside other community champions or the Health Promotion team;
- Provide feedback on experiences, lessons learned and case studies from the community;
- Be required to volunteer for **up to 12 hours/month** (or more if available) to support target beneficiary groups.

Person Specification

We recognise our Community Champions will come from diverse backgrounds with a range of skills and experiences.

We require all Brook Community Champions to:

- Live, work or study in Southend;
- Be committed to volunteering within the local community;
- Have some knowledge of SRH, or an interest in learning about SRH, social justice issues and/or health inequalities;
- Have an open minded, customer focused attitude with a passion to make a difference;
- Have a 'hands on' approach and a 'can do' attitude;
- Be able to network and build relationships with individuals and organisations in the community;

- Have excellent communication skills, particularly with underrepresented groups;
- Be able to speak confidently to groups of people, especially about SRH;
- Understand boundaries and work in a sensitive, confidential and non-judgemental way;
- Be able use own initiative;
- Have good interpersonal skills and be able to work as part of a team;
- Be reliable and punctual, with good organisational skills;
- Have good computer and written skills, and be able to write basic reports;
- Participate in required training;
- Be committed to confidentiality;
- Be committed to the aims, values and purposes of Brook's work.

Please note: a satisfactory Disclosure and Barring (DBS) check will apply to this role.

How to apply

If you have any questions about the role or would like to apply, please get in touch with Sarah Nutt.

Email: sarah.nutt@brook.org.uk

Phone: 07540 723262