



**ADVANCE CARE PLANNING:  
It's about the conversation**

**April 10, 2018 7 p.m.**

Sanford Sheldon Medical Center  
118 N. 7<sup>th</sup> Avenue Sheldon, IA  
712-324-5041

What if a sudden illness or injury left you unable to speak for yourself?

Who would you want to speak for you?

What would you want them to know about your values and wishes?

Join us in thought-provoking conversation to help make your wishes known. Learn vocabulary, reflect on your values, choose a healthcare agent, explore goals for treatment, and take the first steps toward completing an advance directive.