



# Lunch & Learn

Join Adam Stys, MD, for a special presentation on heart disease, preventive screenings and how to keep your heart healthy.

**Thursday, Feb. 28**  
**Noon – 1 p.m.**  
**Sanford Sheldon Medical Center**

Lunch will be provided. There is no cost to attend, but registrations is required. Call (712) 324-6222 or visit [sanfordsheldon.org](http://sanfordsheldon.org) to register.



Adam Stys, MD

**[sanfordsheldon.org](http://sanfordsheldon.org)**

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HEART



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