

Register Today

Register early to secure your spot.
registration & payment due by March 23, 2023

Ladies Night Out Ticket _____ x \$30

Name

Address

E-mail

Phone

Reserve a Table \$240
(Accommodates 8)

Business

Contact Person

Address

E-mail

Phone

\$ _____ Payment Enclosed

Please return completed forms &
payment to:
Sheldon Chamber & Development
Corporation
po box 279
Sheldon, IA 51201

Contact us:

416 9th Street
Sheldon, IA 51201
Phone: 712-324-2813
Fax: 712-324-4602
www.sheldoniowa.com



Ladies Night Out

Thursday, April 6th
from 5:30pm - 8:30pm
at the
Crossroads Pavilion Event Center

Special Guest Speaker:
Courtney Misener



Ladies Night Out

Where:

Crossroads Pavilion Event Center
301 34th Avenue
Sheldon, IA 51201

When:

Thursday, April 6, 2023

5:30 - 6:15 p.m.

Shopping & social hour (cash bar available)

6:15 p.m.

Meal will be served

7:15 - 8:00 p.m.

Special guest speaker Courtney Misener

8:00 - 8:30 p.m.

Shopping, dessert, & door prizes

Cost:

\$30 per person

Reservations and payment due by March 23.
make checks payable to SCDC.

Want to reserve a table for eight?


Contact the SCDC office at 712.324.2813 or
anordahl@cityofsheldon.com

Special Guest Speaker Courtney Misener



Courtney is a writer, professional speaker, and emotional health advocate. She served as the Director of Programs and Engagement at House of Hope in Cedar Rapids for four 1/2 years before recently leaving to teach Boundaries and Emotional Intelligence at a corporate level.

Courtney has worked with non-profits, start-ups and companies both small and large to provide tools that promote emotional health, respectful communication, empathy and boundaries. She is currently completing a master's degree in Behavioral Psychology from Walden University. Courtney is a rockstar/pastor's wife and the head negotiator and fangirl of three spunky boys. Between football games, hip-hop dance competitions and work, you can find Courtney dancing and engaging with the family's robust Instagram account. An Iowa transplant, originally from Tennessee, her southern roots will hopefully make you feel like you're entering a conversation with a friend.



Tickets available at:
Sheldon Chamber &
Development Corporation
416 9th Street

Tickets available online at:
<https://tinyurl.com/ynbmmnh4>.