

My Account Number:

## Dear Health Professional.

Welcome to our new 10th edition Chiropody Express Catalogue.

Through your continued support we have been able to develop a comprehensive range of quality products. As always we are aware our customers have price at the forefront of their minds and we have taken every effort to maintain competitive pricing and to continue to offer regular promotions, special offers and discount schemes.

Developing a good working relationship with our customers is our and always has been our primary concern. Whenever you call us or we call on you, you will be dealing with someone who understands your business needs. We like to call that 'good old fashioned personal service'. We make excellent use of one of our most sophisticated pieces of communication equipment – OUR EARS! It's only by listening to our customers that we are able to give them what they want. Whether you order by phone, email or online we will deal with your order quickly and efficiently with a minimum of fuss. If you ring with a problem, we will listen and resolve the matter as quickly as possible. If you call with a question we will give you the best possible advice even it means referring you to one of our competitors.

Order as much or as little as you like and we will respond with a fast and efficient delivery service to most parts of the UK. We also offer free delivery on all orders over £85.00 (ex VAT) to UK mainland (not Scottish Highlands). Deliveries usually take a couple of days but should you ever have any queries regarding deliveries or minimum orders you know where we are. Our inside back page has full details of carriage costs.

## **Continued Customer Discount Scheme**

Total quarterly sundry spend value (ex VAT) £250 - £499 = 5%£500 - £749 = 7.5%£750+ = 10%

We calculate your discount from the total value of your sundry orders placed within a 3 month period. The relevant discount is given to your sundry orders placed in the following 3 month period. Please note that you must pay all invoices in full by the due date to receive your discount.

#### How to order

We also understand your need for flexibility so to help to accommodate this you can phone, fax, email and now order online. Payment can be made on account, by cheque, credit card or BACS.

Ordering online could not be easier, all you will need is an email address and password to create an online account. Here you can browse our website add things to your cart to save for later and customise delivery addresses and payment options.



Call us at

01484 717999



Fax us at 01274 881038

Email us at info@ch-ex.co.uk



Order online at

www.chiropodyexpress.co.uk



Send your letter or order form to

**Chiropody Express LTD** 2 Magpie Close **Westwood Park Bradford BD6 3XP** 

An easy to use mail order form can be found at the rear of the catalogue



Our office hours are

Monday to Friday 830 - 500

## **Product listings explained**



Product name & description

## **TOE SEPARATOR**

Soft foam with latex foam inner Small TOE001 £0.20 Medium TOE002 £0.25 Large **TOE003** £0.32 Each

Product varieties

Product code



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# PROFESSIONAL STAINLESS STEEL NAIL & SKIN FILE

## WITH FULL SIZE DISPOSABLE ABRASIVE PAPER.

- Ergonomic flexible and super strong stainless steel file base
- Can be sanitized completely and can also be sterilised in an autoclave
- Double sided for two-sided, alternative grit filing options
- High quality, disposable and water resistant abrasive paper refills in three grits (100, 180 and 240)
- Give your client piece of mind by applying a new abrasive paper for each service
- Cost effective refills at just 15p a piece

Stainless Steel Nail File Intro Kit	CUC100	£7.00	Abrasive Refill Coarse	CUC160	£6.95
1 x Sta	inless Steel	Nail File	Black (50 Pack)	COC100	20.55
	2 x 100 gri	t (zebra)	Abrasive Refill Medium Zebra (50 Pack)	CUC155	£6.95
	2 x 240 gri	t (white)	Abrasive Refill Fine White (50 Pack)	CUC150	£6.95

Stainless Steel Nail File Pro Pack Kit CUC110 £12.00 2 x Stainless Steel Nail File

10 x 100 grit (black) 10 x 180 grit (zebra) 10 x 240 grit (white)



## Hapla and Zopla By Cuxson Gerrard

Hapla & Zopla padding materials are C.E. marked and manufactured using only medical grade adhesives. Sheet size is 22.5cm x 45cm in bags or boxes of 4 sheets.

## Hapla Fleecy Foam

## Pink Polyurethane Foam/Fleece Top



A soft open cell polyeurethane foam with the added strength of a bonded fleece surface.

Highly compressible with instantaneous recovery.

Ideal for light comfort cushioning

Provides a smooth surface next to hosiery

5mm - 1 bag	FLE240	£8.15
7mm - 1 bag	FLE244	£9.50

#### **MULTIBUY OFFER**

Buy 3+ packs, save 10% Buy 10+ packs, save 20%

## Hapla Foam-O-Felt

## 100% Wool Felt / Pink Latex **Topping**



Pure 100% wool felt bonded to a closed cell latex foam surface

Absorbs pressure and cushions impact.

Ideal for older patients where the natural fibro fatty tissue has broken down.

5mm - 1 bag	FOA100	£18.10
7mm - 1 bag	FOA104	£24.82

Hapla Poron 4000®

Grey Polyurethane Foam 3.2mm

## Hapla Swanfoam

## Pink Latex Foam / Swansdown Top



Closed cell latex foam bonded to a brushed fibre surface.

Absorbs pressure with instantaneous recovery ideal for underfoot pressure distribution.

5mm - 1 bag	SWA100	£9.41		
7mm - 1 bag	SWA104	£10.95		
MULTIBUY OFFER				

Buy 3+ packs, save 10% Buy 10+ packs, save 20%

## Hapla Nuprene

#### Pink Polyurethane Foam



- Soft open cell polyurethane foam.
- Highly compressible with instantaneous recovery.
- Ideal for light comfort cushioning.
- bag of 4 sheets.
- each sheet 22.5x45cm.

5mm - 1 bag 7mm - 1 bag

**NUP100 NUP104** 

£7.90 £9.30

- Absorbs and redistributes underfoot pressures

polyurethane foam.

- A Skinned closed cell

- bag of 4 sheets 22.5x45cm)

POR100 £17.25 Adhesive - 1 box Non Adhesive POR050 £10.90

## White Wool Felt Cut Pads

Pre-Cut 3mm wool felt pads & rings



Pack 36 Round

Corn

Pack 36 Oval Corn



PPD126 £2.40

PPD700 £2.40

## Hapla Consumer Retail Chiropody Pack

each sheet of these quality HAPLA adhesive backed materials measures 75mm x 116mm and professionally presented in a re-sealable wallet with insert card for your patient for your practice details. Supplied in packs of 6.

Fleecy Web	FLE350	£4.05	
Swanfoam 5mm	SWA300	£4.20	
Fleecy Foam 5mm	FLE300	£4.20	
White Wool Felt S/C 5mm	FEL300	£5.35	

## Hapla Moleskin

Pink Cotton Rigid Protective Material 23x70cm roll **MOL121** £4.28 23x300cm roll **MOL123** £12.60



Pack 36 Round PPD540 £4.39 Bunion Pack 36 Oval PPD710 £4.54 Bunion



Pack 36 Crescent Corn

PPD515 £3.15

## **Zopla Fleecy Web Cut Pads**

Pre-Cut Fleecy Web Pads & Rings





Pack 36 Oval Corn

PPD921 £1.86

Pack 36 Round Bunion

PPD929 £3.59



Pack 36 Latin Cross

PPD936 £4.27

Pack 36 St. Georges Cross

PPD933 £4.53

## White Wool Felts

Available in three densities -Soft, Semi-Compressed and Compressed.

## Hapla Gold Semi Compressed All Wool Felt

## Antibacterial Wool Felt

100% pure wool felt. Antimicrobial treated to protect against fungi and bacteria

2mm	FEL140	£11.00
5mm	FEL142	£16.00
7mm	FEL144	£22.00
10mm	FEL146	£32.00

## **MULTIBUY OFFER**

Buy 3+ packs, save 10% Buy 10+ packs, save 20%

## Hapla White Wool Felt Soft

## 100% Pure Soft Wool Felt

100% pure wool felt used as highly versatile padding which can be easily cut and shaped to provide excellent pressure and absorption

5mm - 1 bag FEL104 £16.90 7mm - 1 bag FEL108 £21.90

## Hapla Fleecy Web

Pink Brushed Fleece Cotton



- 100% Cotton padding with a raised fleecy surface.
- Transverse stretch allows fleecy web to conform to the skin which prevents creasing and provides comfort.
- Choice of 22.5 x 40 cm 4 sheets or 1 roll.

Fleecy Web - FLE950 £6.90

5cm x 3mtr roll FLE905 £5.20

#### **MULTIBUY OFFER**

Buy 3+ packs, save 10% Buy 10+ packs, save 20% FLE950 ONLY

## Hapla Semi Compressed White Wool Felt

#### 100% Pure Wool Felt

- Pure 100% Wool Felts are used as highly versatile padding.
- Can be easily cut and shaped to provide excellent pressure absorption.
- Hypoallergenic adhesive.
- Choice of 4 thickness.

2mm - 1 bag	FEL120	£10.00
5mm - 1 bag	FEL124	£15.00
7mm - 1 bag	FEL128	£20.00
10mm - 1 bag	FEL132	£31.00

## **MULTIBUY OFFER**

Buy 3+ packs, save 10% Buy 10+ packs, save 20%





- Similar to Fleecy Web but with increased density and high loft for additional comfort.
- each sheet 22.5 x 40cm.
- bag of 4 sheets.

Fleecy Web Extra - 1 bag FLE970 £8.70

## **Alternative Fleecyweb**

Fleecy web Blue - 4 Sheets FLE940 £6.90

Fleecy web White - 75cm x 5m roll FLE920 £7.60

## Hapla Semi Compressed New Type Felt

## 70% Wool / 30% Viscose

- Mixture of 70% wool and 30% viscose which provides a cost effective alternative to 100% wool felt with good performance.
- Choice of 3 thickness.
- bag of 4 sheets (22.5 x 45cm)

5mm - 1 bag FEL152 £13.90 7mm - 1 bag FEL156 £18.00 10mm - 1 box FEL160 £27.50

#### **MULTIBUY OFFER**

Buy 3+ packs, save 10% Buy 10+ packs, save 20%







Hapla Wool Felt products can be cut and shaped for many applications

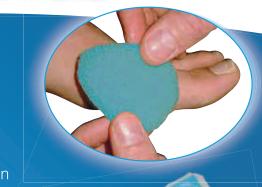
# Hapla Fleecy Web

## NOW you can choose from 3 colours: pink, blue and white.

Hapla Fleecy Web is a 100% cotton padding with a soft, comfortable raised fleece surface.

> Hapla White Fleecy Web is additionally treated to fight bacteria and fungi.

	Size	Unit	Code	Price
Hapla Fleecy Web Sheet - PINK	22.5 x 40cm	4 Sheets	FLE950	£6.90
Hapla Fleecy Web Sheet - BLUE	22.5 x 40cm	4 Sheets	FLE940	£6.90
Hapla Fleecy Web Roll - WHITE	7.5cm x 5m	1 Roll	FLE920	£7.60







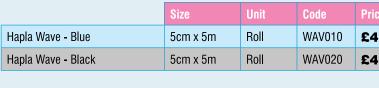
## **Premium** muscle and joint support tape

Available in Blue or Black 5cm x 5m Rolls

The principle of Hapla Wave Elastic Muscle Care Tape is to offer support and stability to muscles and joints without limiting their range of motion. The tape is applied in strips to effectively cover problem areas. The wave pattern of the adhesive lifts the skin reducing pressure on the tissue beneath.

	Size	Unit	Code	Price
Hapla Wave - Blue	5cm x 5m	Roll	WAV010	£4.99
Hapla Wave - Black	5cm x 5m	Roll	WAV020	£4.99







## Chirofix - 10m roll

A non-woven fixing tape ideal for a first dressing and as a padding retention strapping

1.25cm x 4 rolls	CHI312	£3.22
2.5cm x 2 rolls	CHI314	£2.74
5cm x 2 rolls	CHI316	£4.99
10cm x 1 roll	CHI317	£5.08

## Chirofix (Split Back) - 10m roll

2.5cm	CHI302	£1.45
5cm	CHI304	£2.60
10cm	CHI307	£4.75

## Hypafix - 10m roll

A non-woven fixing tape

2.5cm	HYP015	£1.75
5cm	HYP020	£2.70
10cm	HYP025	£4.75

## Haplaband - 10m roll

A Flesh Coloured thin bandage with warp threads which allow it to stretch longitudinally. Ideal for light compression.

1.25cm x 4 rolls	HAP211	£9.45
2.5cm x 2 rolls	HAP213	£5.99
5cm x 2 rolls	HAP215	£8.60
7cm x 1 roll	HAP217	£6.55

## Zopla Rigid Strapping - 10m roll

Woven cotton, zinc oxide tape suitable for short term splinting

2.5cm	<b>ZOP512</b>	£1.85
5cm	ZOP522	£3.25

## Micropore

1.2cm x 24 rolls	MIC791	£6.50
2.5cm x 12 rolls	MIC796	£6.50
5cm x 1 roll	MIC800	£1.40

## Hapalcast 5m roll

Redistributes pressure and offsets friction in one material

8cm CAS100 £10.00



## Elastomull - 4m roll

White cohesive elastic fixing bandage

4cm **GEH933** £1.70

## Melolin - Box of 100

Non-adherent sterile dressing

5cm x 5cm	MEL600	£14.50
10cm x 10cm	MEL605	£26.50
10cm x 10cm Pack of 10	MEL603	£4.45

## Bactigras - Box of 50

5cm x 5cm BAC840 £17.75

## Skintact - Box of 100

Non-adherant sterile dressing

5cm x 5cm SKI450 £12.45

## Steropad - Box of 100

Low adherant sterile dressing

5cm x 5cm	STE600	£9.00
7.5cm x 7.5 cm	STE601	£12.00

## **Cutiplast Sterile - Box of 100**

A wound pad with central dressing

5cm x 7.5cm CUT550 £11.50

## Mepore roll - 5m roll

A wound strip with central pad

4cm	MEP100	£4.45
7cm	MEP110	£5.55

## Granuflex - Box of 10

Hydrocolloid dressing

10cm x 10cm GRA110 £28.95

## Primapore - Box of 50

A wound dressing with central pad

6cm x 8.3cm PRI620 £9.95

## Lyofoam - Box of 10

Sterile poly-foam BP dressing for treatment of exuding wounds or ulcers

7.5cm x 7.5cm LYO200 £14.05

## Inadine - Box of 25

Povidone iodine non-adherant water soluble dressing

5cm x 5xm INA170 £11.45

#### Debrisoft - Pack of 5

An advance in wound cleansing & debriding.

10x10cm **DEB100** £37.79

## **Paddings, Tapes and Dressings**



## Kaltostat - Box of 10

Sterile Haemostatic Dressing.

5cm x 5cm KAL750 £10.50

#### **Ielonet**

A sterile paraffin gauze dressing which is soothing and low adherent.

5cm x 5cm - Box of 50	JEL630	£13.10
10cm x 10cm - Box of 10	JEL640	£5.50

## Duoderm Extra Thin - Box 5

A waterproof hydrocolloid skin dressing which allows non-traumatic removal.

7.5cm x 7.5cm DUO175 £5.45

## **Carnation Blister Care**

Hydrocolloid dressing.

83mm x 55mm - 6 Sheets	CAR100	£2.95
10 Assorted Shapes	CAR205	£2.95

## **Hydro Blister Care**

Similar to Compeed.

4 Oval pads	CAR194	£1.75
10 Corn pads	CAR251	£2.06

## Acrytensil

Quick drying plastic dressing for nails and skin.

Standard	ACR105	£3.07
Extra Hard	ACR110	£3.07
Solvent	ACR120	£1.80



## **Plaster Dressings**

## **Steroplast Strip**

Fabric plaster dressing.

4cm x 1m	STE500	£1.25
6cm x 1m	STE505	£1.45

## Steri-Strip

Closure pack of 5.

3mm x 75mm STE720 £0.98

## TO-Foam - 12 X 25 cm Tubes

Medical Poly-foam on a 100% cotton stockinette core which protects digits and tender areas from friction.

Α	TOF100	£4.46
AX	TOF101	£4.74
В	TOF110	£4.74
BX	TOF111	£4,93
С	TOF120	£4.93
CX	TOF121	£5.31
D	TOF130	£5.31
DX	TOF131	£5.49

## Haplagauz - 20m roll

00	HAP300	£2.29
01	HAP301	£2.49
12	HAP312	£2.99





Haplanet 20	m roll	
100% Rayon		
00	HAP400	£1.95
01	HAP401	f2 05

**HAP412** 

£2.15

## Sterogrip - 10m roll

12

200.081.b			
Support Bandage			
Size B	STE205	£10.00	
Size C	STE210	£10.50	
Size D	STE215	£11.75	

## **Tubular Applicator**

Cylindrical tools to aid the donning process of tubular bandages

00 Steel	<b>TUB200</b>	£2.00
01 Steel	TUB201	£2.00
One-Size Plastic	TUB100	£1.00

## Cut-eeze

Haemostat Spray

70ml Can CUT100 £4.69

## **Opsite Spray**

Waterproof Dressing

100ml Can OPS300 £7.25

## **Opsite Plus**

Waterproof Dressing - Pack of 25

5cm x 5cm OPS400 £10.50

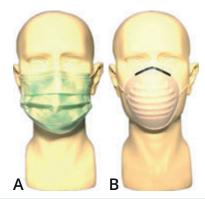


Buy 10, get 2 free on all Gehwol Retail Items
Please ask for details.

## **Gloves**

Latex Powde	red	
Box of 100	. Cu	
Extra Small	GLO180	£4.15
Small	GLO185	£4.15
Medium	GLO190	£4.15
Large	GLO195	
Extra Large	GLO200	£4.15
Vinyl Powder	rod	
Box of 100	eu	
	CL 0445	62.50
Small	GLO145	£3.50
Medium	GLO150	£3.50
Large	GLO155	
Extra Large	GLO160	£3.50
Latex Non Po	owdered	
Box of 100		
Extra Small	GLO120	£5.00
Small	GLO125	£5.00
Medium	GLO130	£5.00
Large	GLO135	£5.00
Extra Large	GLO140	£5.00
Vinyl Non Po	wdered	
Box of 100		
Small	GLO205	£4.25
Medium	GLO210	£4.25
Large	GLO215	£4.25
Extra Large	GLO220	£4.25
Nitrile		
Non-Sterile Blue	e - Box of 10	0
Small	GLO225	£5.00
Medium	GLO230	£5.00
Large	GLO235	£5.00
Latex		
Sterile - Pair		
Small	GLO165	£0.50
Silian		
Medium	GLO170	£0.50

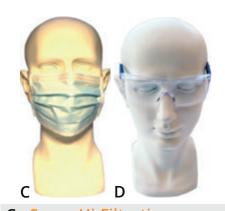
## **Face Masks**



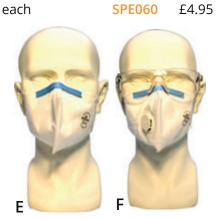
A - P . PLUS Face Mask

Box of 50 MAS250 £4.95

## **B - Moulded Fibre Mask**Box of 50 MAS200 £5.25



C - Super Hi-Filtration
Box of 50 MAS150 £5.50
D - Safety Glasses



**E - Protex Cotton**Pack Of 2 MAS755 £3.40

F - Protext Cotton S2v
Loop with Valve
Pack Of 20 MAS728 £38.95

# Drapes Gowns & Aprons

Utility Drape			
Sterile			
75cm x 90cm	DRA550	£1.10	
Nurser Mop Caps			
Blue			
Pack of 100	NUR100	£3.95	
White Disposable Apron			
27" X 42"			

## **Paper Products**

APR640

Pack of 100

ı u	per i rodae	
Chirex	Couch roll	
Hygienic	paper couch cover	-
10"	COU910	£1.70
	MULTIBUY OFFER ase of 18 COU910 £1.45 each	at just
20"	COU920	£3.40
	MULTIBUY OFFER case of 9 COU920 £2.90 each	at just
Kleene	x Couch roll	
10"	KLE230	£2.95
20"	KLE235	£5.75
Chirex	Hand Towels	
'C fold'		

# Pack of 150 HAN150 £2.50 MULTIBUY OFFER Buy a case of 15 HAN150 at just £2.20 each

Kleenex Medical Wipes			
Box of 114	KLE345	£0.85	
Kleenex Har	nd Towels		
'I fold'			
Pack of 116	KLE282	£2.95	
<b>Tongue Depressors</b>			
Box of 100	<b>TON285</b>	£0.95	

## **Cotton Wool & Gauze Swabs**

## **Cotton Wool roll Hospital Quality**

£3.55 500g **ABS490** 

## Cotton Wool Rool Bp

500g **ABS415** £4.10

## **Cotton Wool Balls Small**

Bag of 500 **ABS435** £2.40

## **Cotton Wool Balls Large**

Bag of 250 **ABS440** £2.65

## **Cotton Wool Balls Sterile**

Bag of 5 £0.27 **ABS455** 

## **Swab Gauze**

8 Ply - Packs of 100

5cm x 5cm **ABS591** £1.35 **ABS603** £3.25

7.5cm x 7.5cm

## **Swab Gauze Sterile**

4 Ply - 25 Packs of 5

5cm x 5cm **ABS580** £1.99 7.5cm x 7.5cm **ABS595** £2.45

## Wooden Applicator With Cotton Tip

Bag of 100 **APP690** £0.80

## **Medium Dressing Pack**

Medium dressing pack contains:

5 x Cotton Wool Balls

2 x Swab 7.5cm x 7.5cm

2 x Gallipots

Dressing Towel 43cm x 38cm Sterile Field 50cm x 50cm

£0.95

ZOFF

Each **DRE300** 

## **Moisture Wipes** For Skin

## Hygea

Alcohol and Lanolin Free - Moist Cleansing

Tub of 200 HYG200 £3.95

## Purell VF481

Antiviral wipe. Proven to significantly minimize resident micro-organism repolulation. Eliminates transients from the hands, works in as little as 15 seconds. Mild to the skin.

Tub of 270 **PUR205** £6.75

#### Sterets

70% Isopropyl [Pre Injection Swabs]

Box of 100 **STE100** £2.45

## **Zoff Wipes**

Adhesive Remover

£3.95 Box of 20 **ZOF298** 

## **Alcohol Free Wipes**

Pack of 50 **WIP590** £2.75

## Wound Disinfection

## **Irriclens Saline Aerosol**

Sterile

240ml **IRR240** £4.55

## **Normasol Saline Solution**

25 Sachets

25ml NOR615 £7.95

## **Steripods Sodium Chloride**

24 Pods

20ml **EYE388** £6.95

## Octenisept

Wound Disinfector

50ml bottle **OCT050** £4.55

## Sprays/Solutions for Skin

## **Chlorex In Spirit**

Pink - A skin preparation for rapid disinfection which provides reassuring protection for personal hygiene.

200ml Spray **CHL200** £2.49 600ml Refill **CHL100** £3.99

## **Surgical Spirit**

200ml **SUR241** £1.49

## Isopropyl Alcohol 70%

£3.95





## Hand Washes & Rubs



# Surface Wipes & Sprays



# Instrument Disinfection & Sterilisation

## Purell VF481

Antiviral sanitizing gel. Proven to significantly minimize resident micro-organism repopulation and eliminates transients from the hands. Works in as little as 15 seconds. Mild to skin.

60ml	PUR100	£1.68
Belt clip for 60ml bottle	PUR101	£1.00
350ml	PUR110	£4.59
1200ml refill	PUR120	£14.00
Touch free dispenser	PUR150	£19.95

## **Hibisol Solution**

To disinfect hands and skin prior to surgical or clean procedures

500ml HIB197 £3.95

## Hibiscrub

Anit-microbial preparation for preop surgical disinfection.

, ,		
500ml	HIB185	£4.25
5 Litre	HIB180	£34.90
Pump Top Only	HIB198	£3.85
Water dispenser for 500ml	HIB500	£16.75

## **Gigasept**

## Formaldeyde Free

2 Litres GIG200 £P.O.A

## **Tuffies 70% Ipa**

Tub of 200 **TUF100** £4.95

## Ebiox Trionic 'D'

Free from alcohol, aldehydes, chlorine, phenols and halogens.

tub 200 Wipes	TRI550	£5.95
500ml Spray	TRI500	£4.50
5 Litre Concentrate	EBI105	£29.50

## **Miscosal Pump Spray**

500ml MIS500 £3.99

## Distel

Formerly Trigene. A high level surface medical disinfectant wipe.

tub 100 Wipes DIS100 £5.20

## **Clinell Universal Wipes**

Wipes for cleaning and disinfecting hands, surfaces and equipment.

Pack of 40	CLI200	£2.10
tub of 100	CLI210	£3.99
Pack of 200	CLI220	£5.95

## Perasafe

Aldehyde free. Safe, cold sterilization in 10 mins. Virucidal, sporicidal, fungicidal & bactericidal. Medical device sterilant with corrosion inhibitor.

16.2g Sachet	PER100	£1.60
81g tub	PER105	£6.50
810g tub	PER120	£33.90

## Hibitane

5% Concentate

Clinell

5 Litres HIB205 £27.36



Wipes for cleaning & disinfecting hands, surfaces and equipment. The most effective universal formula and proven to kill 99.99% of germs



## **Stationery**



## **Local Analgesics**

'P' Ametop Gel - 4%			
w/c Amethocair	ne		
1.5g tube	AME015	£2.15	
Xylocaine Pump Spray - Lidnocaine			
500ml bottle	XYL010	£8.15	



## Miscellaneous

Foot Debris T	ray		
Plastic	FOO500	£27.00	
Flexible	FOO600	£32.00	
Cryogesic Spr	ay		
100ml	CRY100	£26.45	
Dropper Bott	les - Browr	1	
10ml	DRO110	£0.60	
20ml	DRO120	£0.70	
Ointment Jar			
50ml	JAR050	£0.60	
Empty Plastic Spray bottle			
200ml	BOT200	£1.30	
Yellow Disposable bags			
Pack of 200			
10" x 18"	BAG890	£8.25	
Accident Bool	k		
each	ACC100	£3.50	
Safety Glasses	S		
each	SPE060	£4.95	
First Aid Kit			
1-2 Persons	FIR001	£6.60	
1-5 Persons	FIR004	£10.90	
1-10 Persons	FIR005	£22.90	

Vent-Aid Mouth-To-Mouth

**RES100** 

£1.60

Guard each



## **Local Anaesthetics**

"POM" Scando	nest 3% P	lain
2.2ml	CCAOEO	620.75
Box 50	SCA950	£20.75
Needles - Screv	v Fitting	
Box 100 - 27g Long	TER270	£10.95
Box 100 - 30g Short	TER300	£10.95
Stainless Steel S	Syringe	
Breach Loading		
2.2ml	SYR100	£17.50
Safety Plus Sys	tem	
Box 100 - 27g Long	SAF500	£25.00
Box 100 - 30g Short	SAF550	£25.00
Box 50 - Disposable Sterile Syringe	SAF600	£32.94
Sharps Bin		
600ml	SHA500	£1.85
5 Litre	SHA750	£2.50
125ml	SHA125	£1.50
Tournicots		
Small - Orange	TOU100	£1.95
Medium - Green	TOU110	£1.95
Large - Blue	TOU120	£1.95

## **Tuning Forks**











#### **Tuning Forks** £12.50 128Hz **TUN110** 256Hz **TUN120** £12.50 128Hz Granton **TUN235** £17.50 Ragg Style 256Hz Granton **TUN240** £17.50 Ragg Style 'Ryder Seiffel' Style Sliding £25.00 **TUN100** Heads 'Ryder Seiffel' £76.00 **TUN245** Style Fixed Heads

DOP250



## Anagel

250ml gel DOP250 £2.75

## **Diabetic Diagnostics**

**NEU110** 



## **Neuropen Dual Purpose**

Monofilament test for assessing protective touch/pressure sensation in large nerve fibres. Neurotip test for assessing reduced sensation to sharpness/pain in small nerve fibres.

10g **NEU110** £15.65

NEU150 NEU100





## Neurotip

Box of 100 NEU100 £8.95

## Neuropen Monofilament tips

Pack of 5 **NEU150** £12.50



## **Monofilament Retractable**

10g MON010 £14.00

## Monofilament With Duraban

10g MON020 £16.00

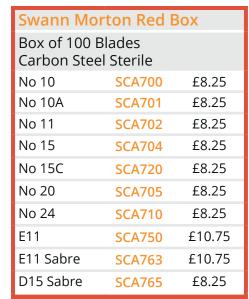


## **Chirex Patella Hammer**

Comes with pin for sharpness test and 2 position head

each **HAM100** £6.00

## Instruments



MULTIBUY OFFER 10% Discount for 10+ Boxes

## Swann Morton Green Box Box of 100 Blades

Stainless Steel Sterile			
Stall liess Ste	Stairliess Steel Sterlie		
No 10	SCA800	£9.50	
No 10A	SCA801	£9.50	
No 11	SCA802	£9.50	
No 14	SCA803	£9.50	
No 15	SCA804	£9.50	
No 15A	SCA805	£9.50	
E11	SCA850	£11.70	

MULTIBUY OFFER
10% Discount for 10+ Boxes

## **Swann Morton Blue Box**

Box of 100 Blades Carbon Steel Non-Sterile			
No 10	SCA167	£7.85	
No 11	SCA169	£7.85	
No 15	SCA173	£7.85	

MULTIBUY OFFER 10% Discount for 10+ Boxes

## **Swann Morton Disposables**

Box of 10 individually sealed disposable scalpels.

No 10	SCA900	£2.65
No 15	SCA904	£2.65

2 ( ( ( ) ) )





## Swann Morton Blue Blade Remover Box

each SCA190 £0.90

Blade Removing Forceps

each FOR150 £6.00



# Paragon Carbon Steel Sterile Box of 100 Blades No 10 SCA110 £8.49 No 11 SCA115 £8.49 No 15 SCA125 £8.49 No 15T SCA120 £8.49

MULTIBUY OFFER

10% Discount for 10+ Boxes

## Paragon Stainless Steel Sterile

Box of 100 Blades			
No 6	SCA150	£8.99	
No 10	SCA155	£8.99	
No 11	SCA160	£8.99	
No 15	SCA164	£8.99	
No 15T	SCA165	£8.99	
No 23	SCA166	£8.99	

MULTIBUY OFFER

10% Discount for 10+ Boxes

## Swann Morton Handles Stainless Steel

Α	No 3 - Graduations	SCA290	£2.75
В	No 3 - Chirex	SCA300	£2.20
C	No 4 - (No 20, 23 & 24 blades only)	SCA287	£2.75
D	No 7	SCA288	£2.75
Ε	No 9	SCA289	£2.75
F	B3 Rounded	SCA490	£8.95
G	SF1 - (Fine Beaver Type)	SCA384	£8.95
Н	Gouge Blade	GEH986	£14.45

## Swann Morton - Fine

Swaiiii	Swariii worton - Fille			
Box of 25 - Stainless Steel Sterile				
SM61		SCA501	£17.95	
SM62		SCA502	£17.95	
SM64		SCA504	£17.95	
SM67		SCA507	£17.95	
SM61	•	SMI		
SM62	-	580	2	
SM64		SME	14 O	

SM67

## Hollow Blades (Stainless Steel)



## Blade #1

- Finely clean the nail sulcus.
- Cut the spur of the ingrown nail.
- Perform wicking of the fingernail into the sulcus.
- Remove a cor or complete the ablation of a cor, notably the care and elimnation of the nucleus.
- Clean the nail sulcus with the side part, like a miniscalpel.
- Streak the nail to allow the attachment of polymerizable pads for orthonyxies and onchyoplasties.



#### Blade #2

- Clean wide furrows.
- Dig deeper when the horn decreases.



## Blade #3

- Allow the cutting of a middle to small wart after using verrucide, including with help of the side of the blade.
- Open a cracked heel.



#### Blade #5

- Dig / Extend horns in a hyperkeratosis.
- Cut a wart after applying verrucide.
- Remove an interdigital horn (Partridge Eye).
- Remove a small dorsal horn.
- · Open a heel crevasse.



## Blade #8 (Coblentz Only)

- Remove a smallar in size plantar keratosis.
- Remove an interdigital large horn.
- Remove pulp or a dorsal horn of significant size.



## Blade #12

• Remove wide field keratosis at the metatarsal head (forefoot) or at the heel to remove thick layers.

Gerlach Gouge Blades				
Size 1 - Box of 50	GEH700	£20.50		
Size 2 - Box of 50	GEH705	£20.50		
Size 3 - Box of 50	GEH710	£20.50		
Size 5 - Box of 50	GEH720	£20.50		
Size 12 - Box of 20	GEH755	£14.50		
Gouge Blade Handle	GEH986	£14.45		

Coblentz Gouge Blades			
Size 1 - Box of 50	GEH700C	£15.00	
Size 2 - Box of 50	GEH705C	£15.00	
Size 3 - Box of 50	GEH710C	£15.00	
Size 5 - Box of 50	GEH720C	£15.00	
Size 8 - Box of 50	GEH730C	£17.00	
Size 12 - Box of 50	GEH755C	£19.50	
Gouge Blade Handle	GEH986C	£9.00	

### Premier P.B.S Diamond Burs

Premier burs offer unsurpassed product life and performance through the exclusive PBS bonding process, which permanently bonds diamond to the bur surface. More efficient than steel or carbide instruments with greater patient acceptance of reduced heat generation.



**TAPER BUD DIA110 DIA135** £10.95 £10.95

**OLIVE PEAR DIA115** 



**SHORT DIA130** £10.95



**BARREL DIA105** £10.95



## **PBS Diamond Bur & Kit**

A convenient kit of 4 x nail & callous skin burs.

Contains:

1 x Short

1 x Umbrella

1 x Bud

1 x Taper

Pack **DIA125** £40.00

### **Chirex Diamond Burs**

All of our diamond burs are autoclavable, but it is recommended that the burs are cleaned prior to this (Ebiox ultra is ideal) to maintain their cutting efficiency and reduce the risk of cross contamination

DIA150

£2.00	£5.50
DIA180	DIA190
£2.00	£5.95
DIA184	DIA150
£2.00	£7.40
DIA185	DIA154
£2.00	£4.50
DIA187	DIA155
£2.00	£4.50
DIA192	DIA156
£2.00	£4.75



**DIA188** £4.95



## **Dia-Twister Burs**

5000-11000 rpm

A new style autoclavable bur that optimises cooling from wet-spray drills and allows easy debris removal with suction drills.

12mm Diameter 5000-11000 rpm	DIA350	£12.95
10mm Diameter	DIA400	£11.95

## **Tungsten Carbide & Ceramic Burs**



BUR050	£10.85
BUR060	£11.95
BUR045	£12.00
BUR047	£9.00
BUR049	£10.00
	BUR050 BUR060 BUR045 BUR047 BUR049



#### Corncutter

**DIA195** 

£10.70

A new style hollow steel bur for corns & hard skin

**GEH760** each £7.00



## **Gerlach White Stone Bur**

6.5mm	GEH615	£1.50
10mm	GEH610	£1.90



Bur Stand/Holder			
Autoclavable	BUR165	£9.90	
Standard Plastic	BUR150	£2.00	

## **Disposable Burs & Abrasive Sanding Bands**

## **Single Use Diamond Burs**





## Single Use Diamond Burs

Individually wrapped sterile burs supplied in a pack of 10 or box of 100

Pack of 10 £15.00

Pack of 100 £125.00



## New Slim Arbor Bands / Mandrel - Pack of 100

Fine	BAN120	£9.95
Medium	BAN121	£9.95
Coarse	BAN122	£9.95
Mandrel	RAN125	£1 95

## **Kemdent Abrasive Discs**

Type 'B' 19mm (Snap on) 3/4"



## Box of 50

Extra Fine	ABR100	£4.95
Fine	ABR105	£4.95
Medium	ABR110	£4.95
Coarse	ABR115	£4.95

## Type 'B' 22mm (Snap on) 7/8"



## Box of 50

Fine	ABR150	£4.95
Medium	ABR155	£4.95
Coarse	ABR160	£4.95
Extra Coarse	ABR165	£4.95

## Type 'A' 22mm (Pin Hole)



£5.55

## Box of 100

Coarse

Mandrels		
Snap-On	ABR170	£2.15
Pin-Hole	ABR175	£2.15
Snap-On [New Style]	MAN100	£2.50

**ABR240** 





## **Arbor Bands / Mandrel**

Medium 12mm - Pack Of 100	BAN100	£11.35
Mandrel 12mm - each	BAN110	£3.95

## **Abrasive Caps / Mandrels**

Made from Aluminium Oxide and available in 5 sizes with a choice of grits. Suitable to use on nails, hard skin, calluses and appliance making materials.



#### 5mm Diameter Pack of 25

Medium	GEH971C	£10.60
Coarse	GEH972C	£10.60
Mandrel	GEH970	£3.95
7mm Diamete	r Pack of 2	5

Medium GEH963C £11.00
Coarse GEH964C £11.00
Mandrel GEH959 £3.95

## 10mm Diameter Pack of 25

 Medium
 GEH976C
 £11.35

 Coarse
 GEH977C
 £11.35

 Mandrel
 GEH975
 £4.25

## 13mm Diameter Pack of 25

 Fine
 GEH981C
 £12.75

 Medium
 GEH982C
 £12.75

 Coarse
 GEH983C
 £12.75

 Mandrel
 GEH985
 £4.50

## 16mm Diameter Pack of 25

 Medium
 GEH978C
 £14.67

 Coarse
 GEH979C
 £14.67

 Mandrel
 GEH974
 £4.75



Sulci protectors are ideal for straightening, mending and shaping the side edges of the nail and for the cushioning the nail against irritation or inflammation from the nail wall. They offer a distinct advantage over packing, especially for ingrown toenails.

They can be left in place for up to eight weeks (Must be refixed after four weeks) The splints do not just provide a cushion, Sulci protectors are available in three they also have the effect of maintaining different sizes. Sulci protectors can be the normal width and shape of the nail at positioned using tweezers or a sulci the free edge. That prevents the changes injector. Acrytensil is the ideal fixative for to the nail bed, protrusion of the nail wall the protector. and the resulting deformities and

growth disorders of the nail.



With ingrown toenails, the side The edge of the nail is first edge of the nail often has sharp straightened and smoothed edges or spikes that press deep with the help of a tool such into the fold causing a painful inflammatory reaction.



The finished Sulci Protector.



as a file.

The visible part of the Sulci lying on the nail plate is fixed in place with Acrytensil



The edge of the nail is first straightened and smoothed with the help of a tool such as a file.



The edge of the nail is first straightened and smoothed with the help of a tool such as a file.

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Sulci Protectors			
Sulci Injector (For SUL115 only)	SUL100	£45.00	
Sulci Protectors - Pack of 100			
White Small	SUL110	£5.40	
Pink Medium	SUL115	£5.40	
Yellow Large	SUL120	£5.40	
Forceps			
Fine	FOR259	£2.95	
Acrytensil Standard			
10ml	ACR105	£3.07	
Gehwol Nail Repair Gel [UV activated]			
each	GEH194	£8.00	



<b>Foot File</b>	es & R	lasps
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J	White Angled Foot Sander - Short 19cm	FOO140	£1.00
K	White Paddleform Sander Medium/ Coarse	FOO100	£0.99

White Paddleform Sander Multibuy Offer Buy 10 at £0.90 each!

White Paddleform Sander Multibuy Offer Buy 50 at £0.70 each!

White Paddleform Sander Multibuy Offer Buy 200 at £0.60 each!

White Curved Foot

Sander Medium/ £2.50 FOO105 Coarse

## White Curved Foot Sander Multibuy Offer Buy 10 at £2 each!

М	Wooden Foot Sander Heavy Duty & Washable	FOO130	£3.25
N	Lispro Foot Sander Heavy Duty & Washable	FOO115	£3.50

Pedicure S/Steel Foot Sander. Comes with 30 x Abrasive pads. Ergonomic handle provides firm grip and leverage while sanding and can

be steam sterilised. Choice of water resitant abraisive pads 180g (White-Medium) or 80g (Black - Coarse)

Pedicure File Kit	PED100	£15.00
Refill Pads Medium - 50 Pack	PED110	£6.00
Refill Pads Coarse - 50 Pack	PED120	£6.00

Na	ail Files		
Α	15cm Disposable Emery Boards - 5 Pack	EME150	£0.50
В	18cm Disposable Nail/Skin File - 5 Pack	EME080	£0.60
С	6" Sapphire Nail File (Non-Autoclavable)	INS950	£0.90
D	6" Deb Nail File - Pointed	DIA205	£2.50
Е	6" Deb Nail File - Rounded	DIA215	£2.50
F	8" Deb Nail File - Pointed	DIA230	£2.90
G	6" Deb Foot Dresser	DIA260	£3.10
Н	8" Deb Foot Dresser	DIA270	£3.40
8" Deb Foot Dresser Multibuy Offer			

## Buy 20 at £3 each!

Lightweight Stainless Steel Rasp - Double £4.50 **RAS100** Sided





## **Dressing Scissors**

Dressing Scissors - High Grade			
4" Blunt/Sharp	SCI300	£5.95	
5" Blunt/Sharp	SCI325	£6.45	
6" Blunt/Sharp	SCI350	£6.95	
7" Blunt/Sharp	SCI945	£7.95	
4" Sharp/Sharp	SCI380	£5.95	
5" Sharp/Sharp	SCI424	£6.45	
6" Sharp/Sharp	SCI450	£6.95	
7" Sharp/Sharp	SCI940	£7.95	
6" Blunt/Sharp Tungsten Carbide	INS800	£8.50	
Bandage/Dressing Scissor Lister 14cm	SCI920	£6.95	



<b>Dressing Scissors - Standard Grade</b>			
6" Blunt/Sharp	SCI105	£2.50	
6" Sharp/Sharp	SCI110	£2.50	
6" Blunt/Sharp Curved	SCI910	£3.50	
6" Blunt/Sharp - Left Handed	SCI925	£3.00	

## Patient Nippers & Nail Scissors

Unlike all our other nippers and scissors the instruments shown below are not autoclavable or designed for use in your practice. They are suitable for retailing to your patients for their personal use.



## **Patient Instrument Set**

A heavy duty stainless steel 13cm barrel spring nipper plus a 20cm Diamond Debris foot dresser inside a bright red velour case for ease of recognition. Ideal for care and residential homes for visiting Chiropodists to help reduce cross infection

Instrument Set Heavy Duty Nipper	INS020	£10.70
Instrument Set Standard Nipper	INS845	£8.70



Nail Scissors		
Toe Nail Scissors	SCI900	£2.95
Long Reach Nail Scissors	SCI905	£3.20
Patient Nippers [Concave]		
Standard - 12cm	INS320	£3.30
Easy Soft Grip - 14cm	INS340	£6.50
Heavy Duty - 13cm	INS330	£5.90



Miscellaneous Instruments [Stainless Steel]		
Forceps Dissecting Fine	FOR259	£2.95
12.5cm Mosquito Forceps	FOR300	£3.50
Instrument Brush	INS050	£4.05
Gehwol Instrument Brush	GEH934	£2.45
Scraper/Packer	SCR100	£5.95
Locke Elevator	ELE100	£5.95
Francis Chisel	CHI200	£9.95
Mackays Spatula	SPA110	£5.95

Spatula	SPA100	£5.95
Francis Elevator	ELE105	£9.95
Packer/Spatula	SPA120	£4.95
Forceps Straight	FOR310	£1.95
Forceps Angled	FOR315	£1.95
Cuticle Nipper	INS310	£14.00
Ingrow Tool	ING100	£6.95

## **Instruments**



All our files and probes are manufactured from high grade stainless steel, and are fully autoclavable.

Blacks Files/Probes Stainless Steel			
Α	Blacks File - Fine	INS960	£4.50
В	Blacks File - Standard	INS961	£4.50
С	Blacks File - D/E Str/Cvd	INS990	£4.95
D	Blacks File - D/E Med/Crse	INS965	£4.95
Е	Blacks File - Large Head	INS972	£4.50
F	Blacks File - Large Double End	INS973	£4.95
G	Blacks File - Probe Double End	INS992	£4.95
Н	Blacks File - Flat Back	EXC260	£4.00
I	Probe Swan Neck - Flat	INS930	£4.50
J	Probe Swan Neck - Round	INS938	£4.50
K	Probe - Angled	INS940	£4.50
L	Probe Ball End - Angled	EXC265	£4.00





All our files and probes are manufactured from high grade stainless steel, and are fully autoclavable.

Premium Black Files/Probes			
Α	Blacks File - Small	INS970	£6.45
В	Blacks File - Slim	INS971	£6.45
С	Blacks File - Standard	INS975	£6.45
D	Blacks File - Flat Back	INS976	£6.45
Е	Blacks File - Diamond Dust	INS977	£6.45
F	Probe Angled Fine	INS650	£6.45
G	Probe Swan Neck	INS655	£6.45
Н	Probe Swan Neck Flat	INS660	£6.45



## **Instruments**



Quality high grade stainless steel instruments

Concave Cutting Edge		
Nipper Square Handle	INS158	£20.00
14cm		
Nipper Barrel Spring	INS773	£20.00
14cm		
Nipper Regular	INS739	£24.00
13cm		
Nipper Regular Grooved Handle 15cm	INS775	£26.00

## Please Note

All our instruments carry a guarantee against defective materials or workmanship. This guarantee does not apply if it is found that the instrument has been abused, misused or incorrectly cleaned.



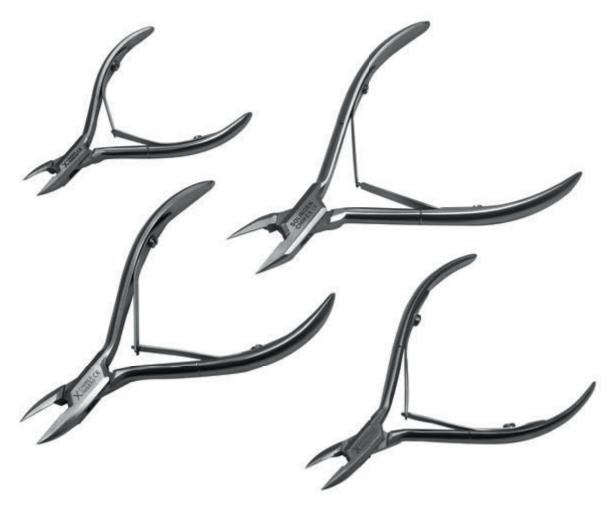


General Purpose Nippers		
Concave Textured Handle 14cm	INS756	£26.00
Concave Smooth Handle 14cm	INS670	£26.00
Flat Textured Handle 14cm	INS664	£26.00
Flat Smooth Handle	INS675	£26.00

## Please Note

All our instruments carry a guarantee against defective materials or workmanship. This guarantee does not apply if it is found that the instrument has been abused, misused or incorrectly cleaned.





Straight Cutting Edge		
Ingrow Regular	INS610	£21.00
10cm	1142010	£21.00
Ingrow Regular	INS626	£23.00
11cm	1143020	£23.00
Ingrow Regular	INS630	£25.00
13cm	1143030	£25.00
Regular Fine	INCOA	C27.00
15cm	INS304	£27.00

Please Note

All our instruments carry a guarantee against defective materials or workmanship. This guarantee does not apply if it is found that the instrument has been abused, misused or incorrectly cleaned.





<b>Cantilever Nippers</b>		
Concave Textured Handle Barrel Spring 16cm	INS744	£32.00
Concave Smooth Handle Barrel Spring 16cm	INS305	£32.00
Concave Textured Handle Double Spring 13cm	INS776	£32.00
Straight Textured Handle Double Spring 15cm	INS778	£32.00
Straight Liston Smooth Handle 15cm	INS638	£34.00

### Please Note

All our instruments carry a guarantee against defective materials or workmanship. This guarantee does not apply if it is found that the instrument has been abused, misused or incorrectly cleaned.





Our new Suregrip handled nippers offer better handling and include 2 Slim-Headed fine cutters.

Suregrip Nippers		
Slim Regular Flat 11cm	INS526	£23.00
Slim Regular Flat 13cm	INS530	£25.00
General Purpose Concave 14cm	INS570	£26.00
General Purpose Flat 14cm	INS575	£26.00

## Please Note

All our instruments carry a guarantee against defective materials or workmanship. This guarantee does not apply if it is found that the instrument has been abused, misused or incorrectly cleaned.



Fine / Ingrown / Thwaites		
Nipper Very Fine	INS624	£24.00
11cm		
Nipper Very Fine	INS634	£26.00
13cm		
Nipper Thwaites	INS735	£26.00
13cm		
Nipper Cantilever Thwaites 16cm	INS734	£32.00

## Please Note

All our instruments carry a guarantee against defective materials or workmanship. This guarantee does not apply if it is found that the instrument has been abused, misused or incorrectly cleaned.



## **Instruments**



Quality high grade stainless steel instruments with tungsten carbide cutting edge.

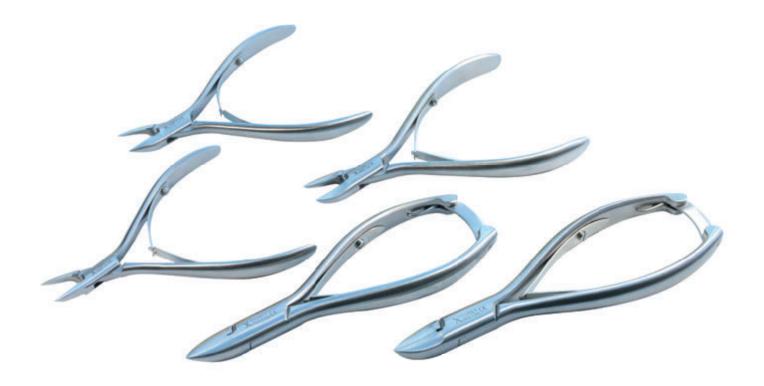


Tungsten Carbide Cutters		
Ingrow Very Fine	INS825	£30.00
Ingrow Regular	INS820	£32.00
Concave Regular	INS805	£32.00
Concave General Purpose 14cm	INS810	£34.00

Tungsten Carbide tipped nail nippers will remain sharp for the life of the instrument. As such they offer great value and are well worth considering when looking to add to your instrument sets.

#### Please Note

All our instruments carry a guarantee against defective materials or workmanship. This guarantee does not apply if it is found that the instrument has been abused, misused or incorrectly cleaned.



## Quality high grade stainless steel nail cutters



Diabetic Nail Cutters		
Ingrow Regular	INS112	£24.00
TTCHI		
Ingrow Very Fine	INS113	£24.00
11cm		
Concave Regular	INS118	£25.00
13cm		
Straight General Purpose 14cm	INS133	£27.00
Concave General Purpose 15cm	INS134	£27.00

Our Diabetic nail cutters boast smoother lines and non sharp corners resulting in a safer instrument for the cutting of nails on a diabetic patient. Also ideas as an everyday cutter for non diabetic patients.

## Please Note

All our instruments carry a guarantee against defective materials or workmanship. This guarantee does not apply if it is found that the instrument has been abused, misused or incorrectly cleaned.



# Quality high grade stainless steel nail cutters

Our Titanium coated nippers offer a hard wearing alternative to those made of stainless steel. They maintain their cutting edge for longer and offer a very reliable performance.

Titanium Nail Cutters			
Ingrow Regular 10cm	TCO610	£23.00	
Ingrow Regular 13cm	TCO630	£27.00	
Flat Smooth Handle 14cm	TCO675	£28.00	
Concave Barrel Spring 14cm	TCO773	£22.00	
Concave Cantilever Textured Handle 16cm	TCO744	£34.00	

## Please Note

All our instruments carry a guarantee against defective materials or workmanship. This guarantee does not apply if it is found that the instrument has been abused, misused or incorrectly cleaned.





Our Excel range offers a more economical choice without sacrificing on quality. They have established a good record for their reliability and performance.

<b>Concave Cutting</b>	Edge	
Nipper Easy Grip Grooved 14cm	EXC285	£14.00
Nipper General Purpose Barrel Spring 14cm	EXC225	£14.00
Nipper General Purpose Groove Handle 14cm	EXC220	£18.00
Nipper SQ Handle Dovo Type 14cm	EXC295	£14.00
Nipper Cantilever Textured Handle 16cm	EXC200	£22.00
Nipper Cantilever Smooth Handle 16cm	EXC205	£22.00

		EXC200	
	Straight Cuttin	ng Edge	
	Nipper Ingrow Regular 13cm	EXC235	£16.00
	Nipper Ingrow Fine 13cm	EXC240	£16.00
	Nipper General Purpose Groove Handle 14cm	EXC290	£18.00
	Nipper Regular Smooth Handle 15cm	EXC230	£20.00
Please Note All our instruments carry a guarantee against defective materials or workmanship. This guarantee does not apply if it is found that the instrument has been abused, misused or incorrectly cleaned.			





## **Blue Plastic Tray With Lid**

195 x 135 x 23mm	TRA980	£4.40
200 x 150 x 51mm	TRA985	£5.35



## **Aluminium Trays & Lids**

180 x 140mm tray - Perforated	TRA930	£7.25
180 x 280mm tray - Perforated	TRA940	£8.45
185 x 140mm lid	TRA965	£6.00

[180mm trays will fit Prestige front loading Autoclaves]

## **Instrument Starter Kit**

A selection of our most popular instruments supplied in a canvas instrument roll at a special price to help you get started in practice.
Contains:

- Dia Deb 6inch Foot Dresser
- Blacks File Double Ended
- Nail Probe Angled Ball End
- Nipper Ingrow Fine 13cm
- Nipper Concave Grooved 14cm
- Scalpel Handle No. 3
- Dressing Scissors 6" B/S
- Canvas Instrument roll [Worth over £54.00]

each **EXC280** £45.00

£3.50

## Instrument roll Only

280 x 195mm [Open] INS999



## Autoclave bags / Pouches - Self Seal

130 x 57mm box 200	BAG101	£3.25
225 x 80 mm box 200	BAG103	£7.60
254 x 133 mm box 200	BAG105	£12.80



## **Trays & Rack**

- 6 Aluminium Trays 190x90x20mm
- 1 x Storage Rack 200x105x180mm

each	TRA950	£36.50
190x90mm tray only	TRA975	£3.45

## Care and Maintenance of surgical instruments

Modern decontamination techniques tend to be far more aggressive than those previousely employed and can greatly reduce the life of an instrument if not regularly and thoroughly cleaned and lubricated.

#### **Pre-Soak**

Instruments contaminated with blood and tissue debris should not be allowed to dry prior to cleaning and autoclaving, but pre soaked with a suitable additive. This will help to prevent the debris adhering to and staining the instrument.

## Hand Scrubbing & Ultrasonic Cleaning

Instruments should be rinsed then scrubbed with an autoclavable cleaning brush before ultrasonically cleaning and the further rinsing and drying of the instrument. At this point it should be inspected and any remaining debris removed. Ensure the joints and hinges are opened during the cleaning process.

## Sterilisation/Autoclaving

Steam sterilisation in an autoclave is the only recommended method for use in podiatry.







# Instrument Cleaning

#### Lubrication

All jointed and hinged instruments should be lubricated with a proprietary surgical instrument lubricant. General oils and anti seizing agents are not suitable and their use could result in damage to sterilisation equipment.

Where available an effective drying cycle should be employed following the sterilisation cycle or at the very least the instrument immediately removed to dry whilst hot.

Under no circumstances should instruments be left in a damp autoclave for any period of time following sterilisation. Different metals should not be mixed and non stainless steels are not suitable for autoclaving.

Damaged and rusting instruments could leave deposits on other instruments and for that reason should be disposed of and not autoclaved.

The majority of joint malfunction can be traced to poor cleaning and lubrication. Damage to instruments arising from poor maintenance and neglect will not be covered within the warranty provided.







# **Instrument Lubrication**

## **Ebiox Ultra**

This is the simplest & Safest way to efficiently clean instruments. Is it 99% Biodegradable and makes up to 60 litres of solution. Can be used by itself or inside an ultrasonic cleaner.

600g tub **EBI100** £27.95

## **Ultraclean Solution**

a 20:1 Concentrate for use only in ultrasonic cleaners.

1 Litre bottle ULT100 £10.60

#### Sea Clean Concentrate

A 20:1 Concentrate. Green cleaning using natural ingredients. Made from fruit extracts, sea-weed & coconut oils. Non-toxic, non-flammable with a long shelf life. ideal for ultrasonic cleaners

500ml bottle **SEA500** £4.95

## Prolystica Tip' n' pour

A highly concentrated [250:1] enzymatic presoak & cleaner for instruments. Exceptional cleaning performance with speed and protection for manual automated processes. A '4ml to 1 litre' dosage means it is very cost effective. [Makes up to 250 Litres]

1 Litre bottle PRO100 £22.50

## Sterilit Instrument Oil

A Paraffin/white oil based spray which reduces friction and keeps utensil joints and hinges lubricated and free. For use prior to sterilisation. The special formula ensures that the steam penetrates the oil film even in areas difficult to access

300ml can STE300 £8.99

## Hi-Tech Oil Pen 7ml Tip

12ml OIL100 £3.95

## **Ultrasonic Cleaners**

For effective sterilisation and to prevent damage to your autoclave, all instruments should be cleaned before autoclaving. When high frequency sound waves are passed through a cleaning fluid such as water with a suitable detergent additive, many millions of microscopic bubbles from and collaple. The bubbles are forced under their own collapse pressure into crevices where fluid can penetrate leaving it totally clean and free of hidden soils.



## Ultrasonic Cleaner 3000H

#### Comes with Heater

- 3.0 Litre stainless steel tank.
- Digital timer with clear LED read out.
- Controllable temperature upto 70°C.
- High performance 150w transducer.
- Safety cut off / Shut down.
- Internal Size in mm W250 x D180 x H70.
- Comes with basket, lid and drain tap.
- Unit weight 3.3kg

3000H Cleaner	<b>ULT300</b>	£145.00
Basket only	ULT265	£14.50



## **GT 3 Litre Ultrasonic**

- 240v/580w power
- Unit Size: W270 x D170 x H240mm
- Internal Size: W240 x D140 x H100mm
- User friendly clear panel controls
- Memory function
- Adjustable time and temperature control

GT 3 Litre Ultrasonic GTL003 £180.00

## **Ultrasonic Cleaner 2200H**

#### Comes with Heater

A new large capacity digital bath with heater.

- 5 Cycle digital timer for ease of use.
- 2.2 Litre capacity.
- Internal size in mm W250 x D150 x H70.
- · Comes with mesh tray & lid.
- Controllable temperature up to 65°C.
- Various safefty features for reliability.
- Unit weight 2.5kg

2200H Cleaner with tray liner ULT220 £115.00





## Distiller Cleaning & Accessories

Megahome Spare Filters - Pack of 12 FIL425 £17.45

Descaling Powder (Sachet) STL450 £1.95

## Ultrasonic Cleaning Solutions (See page 33)

_		
Sea Clean 500ml	SEA500	£4.95
Ultraclean 1 Litre	ULT100	£10.60
Prolystica 1 Litre	PRO100	£22.50
Fhiox Ultra 600g	FBI100	£27 95



## MDS 8 Litre Autoclave

- Size: W535 x D365 x H320mm
- Internal Size: D320 x H170mm
- Tray Size: 130 x 255mm
- Weight 34kg
- Volume 8 Litre
- Sterilising temperarture 121/134°C

MDS 8 Litre Autoclave

MDS8LE

£1650.00

#### **Podiaclave Classic**





#### Prestige Podiaclave Classic 134

A portable solution for your sterilisation needs. Holds up to 9 litres capable of sterilising 4 to 5 sets of instruments. Light and compact for maximum flexibility of use. Printer is included as standard.

Podiaclave Accessories		
Test Strips - box 100	AUT120	£12.00
Green Gasket	AUT110	£25.00
Grey Gasket	AUT117	£30.00
Printer Roll - each	AUT592	£3.00

**AUT800** 

**AUT155** 

£1100.00

£45.00

#### Prestige Podiaclave Plus

Autoclave carry bag

Classic 134

The Podiaclave Plus has a larger capacity than many other autoclaves yet has one of the smaller footprints on the market. It features a single use water system - removing debris at every cycle. It has vacuum cycles and non vacuum cycles for maximum flexibility of use. The Podiaclave Plus is supplied with a data logger.

- 134 degree sterilisation
- Integrated data logger
- Large capacity 6 full size trays and 12 half size trays
- Variety of cycles capable of processing pouched instruments or solid unwrapped instruments
- New internal water tank

Podiaclave Plus With Data Logger AUT855 £2695.00

#### **Prestige Classic 126**

Same specification as the Classic 134, but with a 10 minute longer sterilisation cycle and no printer. Requires the use of test strips.

Classic 126 AUT100 £795.00

Specifications for both Autoclaves		
Dimensions:	34cm x 33.5cm x 34cm (W x H x D)	
Chamber:	21 x 23.6cm (θ x h, 9 Litre)	
Basket Load:	3kg	
Weight:	4.5kg	
Power:	220/240V	
Capacity:	4 to 5 sets of instruments	



#### **Hadewe Chiropody Drills**

All our drills are sent direct from our engineer, who can offer a 2 year warranty subject to an annual service

#### **Hadewe Spray Technology**

Hadewe Spray Technology makes it possible to use demineralised water to produce a fine mist to aid the comfort and cleanliness of both patient and podiatrist during procedures. Using a mist helps reduce airborn dust and particulates through capturing them and forming an easily cleanable and controllable residue. The mist is controllable and can be tweaked to produce the perfect amount of water to control the residue from a procedure.



#### **Caring For a Spray Drill**

Ensuring proper working practise with a spray drill is very important for patient, chiropodist and the spray drill itself. Using only distilled or de-ionised water helps prevent build up within the spray drill, ensuring that your spray drill works perfectly for years to come. We do not recommend adding any alcohol based additive to the spray water as these can be harmful to the patients and chiropodists skin. It is also good practise to make sure the water resevoir is filled up to at least 3/4 full before starting a procedure and to also ensure to secure the lid of the resevoir tightly, this helps maintain pressure within the system providing a fine and even spray.





#### Hadewe SPR4 Waterspray Drill

The SPR3 unit has been upgraded to provide a fine atomising spray technique which allows working without an alcohol additive which protects the patient and especially the user in long hours of continuous use.

- · Weight 3.5kg.
- Size W245 x H133 x D190mm
- Robust and Powerful with digital speed control.
- Left or right operation.
- Easy clean operation digital touch pad.
- Removable washable tank 200ml.
- · Class 2A medical device.

SPR3 7,000 - 40,000 rpm

**SPR300** 

**£POA** 

#### **Hadewe Suction Technology**

Hadewe Suction Technology is powerful and efficient. Most Hadewe handpieces have a side suction providing a steady suction around the bur. Suction works to bring any debris away from the patient and help prevent airborn particulates and spores from leaving the problem areas.

#### **Caring For a Suction Drill**

In order to make sure your suction drill maintains a strong and even pull it is very important to regularly change your filter bags. Clogged filter bags can greatly reduce the suction produced from the handpiece through blocking the air way to the nozzle of the drill. This also helps keep your drill hygienic and clean.



#### **Hadewe SB Dust Extraction Drill**

The latest SB models have a digital speed display and an easy to clean membrane keyboard. The SB is available in 2 models - the most popular SB12 with a speed up to 12000 rpm which offers more power at lower settings - Ideal for grinding caps etc.

- Size W273 x H142 x D186mm.
- · Weight 3.8kg.
- Robust and Powerful.
- Left or right operation.
- Easy clean operation.
- Class 2A medical device 93/42/EEC



#### **Handpiece Options**

All handpieces have very high torque and low vibration with silent running. They include a patented 'Quick Chuck' device as well as a twofold sealing of the ballbearings. The handpieces are lightweight with an integrated suction tube.



#### **SB12**

- 2000 12000 rpm
- Very high torque
- · Low vibration, silent running.
- Patented Quick Chuck device.
- Low weight of handpiece and tube.
- Suitable for all 2.35mm burs.
- Integrated suction.

SB12

SBD12

£POA



#### **SB22**

- 4000 22000 rpm
- Very high torque
- · Low vibration, silent running.
- Patented Quick Chuck device.
- Low weight of handpiece and tube.
- Suitable for all 2.35mm burs.
- Integrated suction.

SB22 SBD22 £POA

#### Hadewe Veloria Dust Extraction Drill

The latest Veloria model is their quietest unit yet. Thanks to a brand new silent brushless vacuum motor. Equipped with a modern, easy clean membrane keyboard

- Size W273 x H142 x D235mm.
- · Weight 2.7kg.
- Robust and Powerful 6,000 to 40,000 rpm.
- Left or right operation.
- Easy clean operation.

Veloria SBD40 £POA





# Dust & Filter bags For all units on this page Paper DUS100 £1.0

Paper	<b>DUS100</b>	£1.00
Cloth	DUS110	£2.00



#### **Equipment**



#### **CX-M3 Champion**

This is our entry level micro motor nail drill for basic foot care on the road or in the clinic. It is built from a strong polycarbonate and is a solid control unit for its size. For anyone starting out or wanting to use a drill at home this is ideal as its lower power and torque mean less risk.

- 0 30,000 RPM.
- DC 30V.
- S2.3 Ncm Torque.
- Weight 146g.
- Dimensions: 128mm (l) x 26mm (d)
- Forward and Reverse Function.
- Comes with Hand Piece Stand, Cradle and Foot Pedal (variable pedal available at extra cost).

CX-M3 Drill Complete	DRI003	£170.00
CX-M3 Handpiece & Lead	HAN003	£75.00
CX-M3 Lead Only	LEA003	£15.00

All our drills are sent direct from our engineer, who can offer a 2 year warranty subject to an annual service



#### **CX-K35**

This stunning mains powered micro motor e-file is ideal for a clinic wanting something to look as well as it performs. Made from a solid block white polycarbonate shell this compact yet very sturdy control unit boasts some impressive power;

- 0 30,000 RPM.
- Automatic Safety Overload Protection System
- LED Backlit Panel with Digital Display
- 2.9 Ncm of Torque good power at low RPM.
- Stainless steel handpiece with easy-twist to open and lock chuck.
- 1.5m handpiece cord length (coil lead)
- Comes with handpiece stand and foot pedal (variable speed pedal available upon request, extra cost)

CX-35 Drill Complete	DRI035	£240.00
CX-35 Handpiece & Lead	HAN035	£105.00
CX-K35 Handpiece Lead Only	LEA035	£15.00

#### **Rechargeable Micromotors**



#### Dremel Micro 8050 (With free multichuck)

Brilliantly powerful, the Dremel Micro is the perfect combination of size, ergonomics and power that make it the ultimate tool for your traveling podiatrist. The Dremel features an LED light for those tight jobs where you need that extra bit of illumination.

- 7.2V Lithium Ion Battery
- Comes with charging docking station
- Charging time: 3 hours
- Weight: 0.25kg Length: 20cm

Dremel Micro Drill	<b>DRI140</b>	£101.95
Multichuck	DRI160	£6.66

#### CX-MINI

The new slimmer design and re-positioning of the speed dial mean Saeyang have listened to feedback from the older K38. The dial has been placed on top so that it doesn't get knocked as much and has also been made smaller, the dimensions are slimmer than the K38 being 65x147x25mm and the unit itself feels a lot more solid to hold. This unit comes with the SH300 handpiece in a brand new sleek design whilst still keeping the same smooth running and tight locking system. The LED light will flash when the battery is at 30% or lower.

CX-MINI Drill Complete	<b>DRI002</b>	£225.00
CX-MINI Handpiece & Lead	HAN002	£105.00
CX-MINI Lead Only	L FΔ002	£15.00



## CX-38 Rechargable Portable Micromotor Drill The CX 38 is a state of the art portable demisilian

The CX-38 is a state of the art portable domicilliary drill. With its sleek design and scratch free and easy clean gloss cover it uses 'sound reduction' technology to ensure a quiet and smooth free operation. Using Lithium batteries for continuous power we believe this to be the best value rechargeable micromotor drill in the UK.

- Speed 0 30,000rpm
- Weight: Unit 277g / Handpiece 183g

CX-38 Drill Complete	<b>DRI038</b>	£250.00
CX-38 Carry Case	CX-38CASE	£25.00
CX-38 Handpiece & Lead	HAN038	£105.00
CX-38 Handpiece Lead Only	LEA038	£15.00



# CRYOSPRAY 59

The professional solution for effective Wart and Verruca removal

#### Cryospray 59

300ml CRY300 £32.00 12 Spare Tips CRY350 £2.40

- Delivers up to 60 applications.
- Designed to freeze tissue to temperatures of around -59°C.
- Newly designed dispensing head for greater control.
- Now includes
  12 cotton
  wool tipped
  applicators for
  the treatment of small
  verrucas.









#### **Chirex Lightweight Domcase**

A new smaller, lighter Dombag for ease of carrying. Free space with detatchable dividers and a transparent flap. Flat net pocket and frontal pockets for mobile phone etc. [Contents shown not included]

Shoulder strap and handle. Made of strong easy clean washable nylon.

Size: W35 x H25.5 x D14 cm

Weight: 1.2kg

Domcase BAG135 £73.00





This Domcase has great capacity and simplicity allowing to transport a wide range of products.

Its waterproof main material is easily cleaned.

Both handles and shoulder strap foe ease od carrying Size W38 x H28 x D165 cm

Weight 1.5kg

Max. recommended carry weight 5Kg

Domcase BAG160 £80.00





#### **Equipment**





#### **Chirex Lightweight Dombag**

This lightweight Dombag weighs only 1.1kg and is made from a strong material called Ripstop. It comes with various fold down compartments and one large central storage area complete with Velco-ed dividers. Would make an ideal starter bag or for anyone considering to downsize their carryload. Comes with shoulder strap and single handle strap.

Size W52 x H24 x D29 cm

Weight 1.1kg

Dombag BAG177 £80.00





#### **Chirex Large Capacity Dombag**

This soft medic bag is lightweight yet can hold up to 12kg in weight. It can be carried, worn as a backpack or strapped to our foldable trolley. The flexible interior includes detatchable Velco-ed dividers and elastic web areas for holding delicate items in place. A full length fold down front and two end pockets also offer plentiful storage space.

Comes with backpack straps, shoulder strap and single handle staps.

Size W52 x H24 x D29 cm

Weight 2.7kg

Dombag	BAG149	£119.00
Foldable Trolley	TRO080	£28.00





#### **Chirex Footrest**

- · Lightweight 0.8kg.
- Latex Stitchless Footpad.
- Fixed head [Non Tilting].
- Height Range Min 30cm Max 59cm

Footrest	FOO150	£72.00
Top Pad Only	FOO150A	£24.00



#### **Shoe Deodoriser Pouches**

Granules of moso bamboo charcoal contained within stitched and sealed hessian pouches that fit easily inside your shoes. Left overnight they absorb moisture and odour leaving your shoes dry and feeling fresh. Moso bamboo charcoal has excellent absorption properties mainly due to its highly porous surface. Each shoe deodoriser pouch contains I 000s of these porous charcoal granules which offer a very large surface area on which moisture and odours can be absorbed.

Shoe Deodoriser Pouches CAR051 £4.71



#### **Gerlach Footrest**

- Heavy Duty 1.6kg
- · Latex Stitchless Footpad.
- Tiltable Head.
- Height Range Min 45cm Max 67cm.
- · Comes with carry bag.

Footrest with carry bag GEH810 £139.00
Carry bag Only GEH811 £22.50





#### Powerstep UltraStretch

The Powerstep UltraStretch night sock helps to alleviate heel pain by keeping the foot in a neutral position as you sleep. Ideal for patients with Plantar Fasciitis or Achilles tendonitis and also patients who suffer from heel and arch pain, muscle tightening and runners cramps.

 Regular - Up to 40cm calf
 POW900
 £17.99

 Large - 40cm - 53cm calf
 POW905
 £17.99





Carnation Silversocks are high quality finished textile socks for everyday wear, just like ordinary socks. The X-Static Silver within the socks is permanently and irreversably bonded, becoming a physical part of the fibre. It will not wash off, wear off or diminish in effectiveness over time and will last the lifetime of the product.

#### Childrens [Navy Blue] - Per Pair

Sizes 3 - 5.5	SOC001	£5.35
Sizes 6 - 8.5	SOC002	£5.35
Sizes 9 - 12	SOC003	£5.35
Sizes 12.5 - 3.5	SOC004	£5.35
Sizes 4 - 7	SOC005	£5.35

#### Adults [Black] - Per Pair

Sizes 4 - 7	SOC010	£5.35
Sizes 6 - 11	SOC020	£5.35



#### **Sports Silversocks**

An anklet version of the popular silversock for sports persons to help prevent blisters & chaffing during exercise.

#### Adults [Beige/White] - Per Pair

Sizes 2 - 6 SOC040 £6.65 Sizes 6 - 12 SOC045 £6.65



#### Otoform K2

170g pack	OTO100	£10.55
800g pack	OTO150	£19.95
20g Spare Hardener	BLA120	£5.20

3





#### **Bland Rose**

Highly resistant to cracks & tears, it is soft and durable

500g tub	<b>BLA150</b>	£33.50
20g hardener	BLA120	£5.20
20ml Reaktol	REA100	£5.20



#### Fresco Duo 10 - A + B

A new 2 putty mix from the makers of Bland Rose giving a softer orthosis

2 x 100g [A+B] tubs	SIL010	£23.00
2 x 250g [A+B] tubs	SIL015	£39.50

#### **Gypsona Bandage**

15cm GYP115 £2.75



Buy 10, get 2 free on all Gehwol Retail Items

Please ask for details.



# HealthyStep

foot health innovation

www.healthystep.co.uk

#### CONDITION SPECIFIC

#### Always be a step ahead

HealthyStep believe in doing things better, Always looking to improve their orthotics, insoles and associated products through a process of listening and innovation that never

Designed by in-house podiatrists, the X-Line range offers precision treatment for a range offoot and lower limb

#### Sizes (approx)

SIZE	S	М	L
UK	3-5	6-8	9-11

# For Plantar Fasciitis

Small XLI400 £11.75 Medium XLI401 £11.75 XLI402 £11.75

The Condition Specific PF insole from HealthyStep is one of very few foot orthotic devices specifically designed for heel pain caused by this condition.



#### **TPD** For Posterior Tibial **Tendon Dysfunction**

Small XLI100 £12.50 Medium XLI101 £12.50 Large XLI102 £12.50

The Posterior Tibial Tendon Dysfunction orthoses (TPD) was designed by HealthyStep to provide immediate relief of this condition and should be fitted as soon as possible after symptoms start.



#### **DJD** (Osteoarthritis) For 1st MTP Joint OA

XLI200 £17.50 Medium XLI201 £17.50 Large XLl202 £17.50

The insole works by reducing the upward bending force (dorsiflexion moment) usually put on the big toe as the heel lifts off the ground. It still allows the other toes to bend normally. This reduces the pain and avoids over-load of other metatarsal joints.



#### AΤ **For Achilles Tendonitis**

XLI300 £16.75 Small Medium XLI301 £16.75 XLI302 £16.75 Large

Designed to specifically resolve over strain and pain of the Achilles tendon. It is also used for calf injuries. Designed to reduce strain on the Achilles tendon during gait, the X-Line AT is made to reduce calf muscle related stress, improve foot position and cushion the heel.



#### **Pressure Perfect** For Shock absorbency

Small XLI500 £12.50 Medium XLI501 £12.50 Large XLI502 £12.50

The X-Line Pressure Perfect was designed for 'at risk' feet such as people suffering with diabetes, rheumatoid arthritis, with poor circulation of blood in the feet, as well as other diseases and general ageing that can cause loss of soft tissues (atrophy) under the feet.







# A high quality, low cost, orthotic insole.

A moulded, ethyl vinyl acetate orthotic insole for immediate adaptable chairside use.

This lightweight device is designed to fit directly into the patient's shoe.

Hapla ORTHO

Hapla Base can be easily adapted with the use of external heel raises, rear/forefoot posts or other additions, e.g. reverse Morton's extensions and plantar covers.



- Especially shaped to fit to the rearfoot plantar surface of the Haplabase Orthotic
- Offers either a 2 degree varus or a valgus posting to the rearfoot
- Uses a self-adhesive backing for ease of application

2° Rearfoot Wedge

3 Pairs

Code: BAS200

Price: £4.99 Ex. Vat.



# Haplabase 4 degree EVA rearfoot wedges (Blue)

- Especially shaped to fit to the rearfoot plantar surface of the Haplabase Orthotic
- Offers either a 4 degree varus or a valgus posting to the rearfoot
- Uses a self-adhesive backing for ease of application

4° Rearfoot Wedge

3 Pairs

Code: BAS205

Price: £4.99 Ex. Vat.



# Haplabase Met Pads (Brown)

- Especially designed to fit to the dorsal forefoot surface of the Haplabase Orthotic
- Offers a 3mm met pad function to assist in metatarsal dorsiflexion and digital extension
- Uses a self-adhesive backing for ease of application

**3mm Metatarsal Pads** 

6 Pads

Code: BAS210

Price: **£4.99** Ex. Vat.

# Cuxson Haplabase

ORTHOTIC

## A high quality, low cost, moulded EVA orthotic insole for immediate, adaptable chairside use.



UK Shoe Size	Unit	MPC Code	UK Shoe Size	Unit	MPC Code
3	1 pair	BAS003	9	1 pair	BAS009
4	1 pair	BAS004	10	1 pair	BAS010
5	1 pair	BAS005	11	1 pair	BAS011
6	1 pair	BAS006	12	1 pair	BAS012
7	1 pair	BAS007	13	1 pair	BAS013
8	1 pair	BAS008			



#### Frelen Insoles

A Lightweight moulded insole that consists of an open upper cell providing effective cushioning and a base of much denser foam providing firm support without losing the suppleness of the insole.

Womens Small	FRE101
Womens Medium	FRE102
Womens Large	FRE103
Mens Small	FRE111
Mens Medium	FRE112
Mens Large	FRE113

#### **Foot Supports**

These length unstitched lightweight supports are made of a suede leather top cushioned with a sponge underlay with enclosed latex foam pads.



#### Model 405 - Pair

#### Met & Valgus pads

Womens 3 - 5	FOO300	£13.90
Womens 6 - 8	FOO305	£13.90
Mens 6 - 8	FOO310	£13.90
Mens 9 - 11	FOO315	£13.90



#### Model 406 - Pair

#### Metatarsal pads

Womens 3 - 5	FOO320	£10.85
Womens 6 - 8	FOO325	£10.85
Mens 6 - 8	FOO330	£10.85
Mens 9 - 11	FOO335	£10.85



#### Model 407 - Pair

£2.95 per pair

Valgus pads		
Womens 3 - 5	FOO340	£12.20
Womens 6 - 8	FOO345	£12.20
Mens 6 - 8	FOO350	£12.20
Mens 9 - 11	FOO355	£12.20



#### Toe Props Fixed - each

Standard fixed loop. Moulded latex foam covered in chamois leather.

Small Left	TOE200	£1.50
Small Right	TOE205	£1.50
Medium Left	TOE210	£1.50
Medium Right	TOE215	£1.50
Large Left	TOE220	£1.50
Large Right	TOE225	£1.50



#### Toe Props Adjustable - each

Standard adjustable loop. Moulded latex foam covered in chamois leather.

Small Left	MET371	£1.50
Small Right	MET381	£1.50
Medium Left	MET372	£1.50
Medium Right	MET382	£1.50
Large Left	MET373	£1.50
Large Right	MET383	£1.50



#### Toe Separator - each

Soft foam with latex foam inside

Small	TOE001	£0.20
Medium	TOE002	£0.25
Large	TOE003	£0.32



#### Toe Divider - Pair

Soft foam

One Size TOE112 £0.70



#### Toe Cap - each

Soft foam cap.

Small	<b>TOE150</b>	£0.85
Large	TOE160	£0.90



#### **Impression Foam**

To cast feet for custom devices Blocksize 30x14x5.6cm

1 Pair	IMP100	£2.50
25 Pairs	IMP125	£55.00



#### Metbrace No 10 - Pair

A pear shaped met. pad with a perforated cover allowing constant aeration.

Small	MET111	£5.95
Medium	MET112	£5.95
Large	MET113	£5.95
X-Large	MET114	£5.95



#### **EVA Wedges**

Self Adhesive 10cm Long

2" - Pack of 6	WED302	£10.35
4" - Pack of 6	WED304	£10.35
6" - Pack of 6	WED306	£10.35

#### **EVA** insoles

2mm - 6 pack	EVA100	£7.50
3mm - 6 pack	EVA150	£7.90



#### Heel Cushions - Pair

A Leather covered latex cushion with removable centre for extra relief in sever conditions.

Small	HEE100	£2.50
Large	HEE120	£2.50



#### **Animal Wool**

#### 100% Merino Wool

25g	CAR241	£1.50
250g	ANI250	£6.10



#### Poron Insoles - 3.2mm

Grey Standard, Cut to size - pair	INS200	£2.25
Green		

Cut to size - pair Pink Slow

Permafresh

Release
Cut to size - pair

**DIVIDER** 

Ideal for diabetic patients

### HAPLA GEL DOUBLE LOOP

**INS250** 

CAR945 £2.80

£3.25

Small 6 Pack	CHG158	£4.75
Large 6 Pack	CHG160	£5.50

#### **Hapla Orthoses**

The Chiroform orthotic range is made from 100% pure silicone, providing excellent levels of comfort and conformability.

- Gel is strong as resiliant and will not bottom out under repeated foot strive.
- Blue gel areas created from softer offer extra comfort for areas under heavier loads.



#### Full Gel Insole

Small 3 - 5	CHG300	£12.35
Medium 6 - 8	CHG305	£12.35
Large 9 - 11	CHG310	£12.35

#### Orthotic 3/4 Gel Insole

Small 3 - 5	CHG320	£10.35
Medium 6 - 8	CHG325	£10.35
Large 9 - 11	CHG330	£10.35



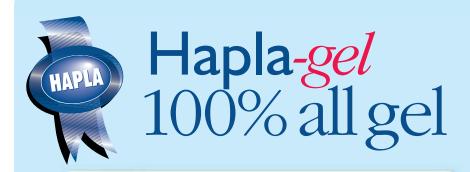
#### Sports Gel Insole

Small 3 - 5	CHG340	£10.15
Medium 6 - 8	CHG345	£10.15
Large 9 - 11	CHG350	£10.15

#### **Gel Heel Cups**

With soft foam insert for planter fascia.

Small 3 - 5	CHG251	£9.90
Medium 6 - 8	CHG252	£9.90
Large 9 - 11	CHG253	£9.90



#### Digital Ring

Polymer gel band, open at both ends

- Two sizes: Small and Medium/Large
- Protects against pressure and friction on toes and corn sites
- Can be trimmed if required

Small	6 pack	CHG260	£5.95
Medium/Large	6 pack	CHG262	£5.95

#### **Digital Tube**

Polymer gel tube, open at both ends

- Two sizes: Small and Medium/Large
- Cut to size as required
- For all round toe protection

Small	6 pack	CHG268A £13.80
Large	6 pack	CHG270A £13.80

#### Digital Cap

Polymer gel tube, closed at one end

- Two sizes: Small and Medium/Large
- Ideal for protection of hammer toes and apex corns
- Can be cut to shorter length if required

Small	6 pack	CHG274A £9.90
Large	6 pack	CHG276A £9.90

#### **Bunion Protector**

Polymer gel shaped bunion protector with toe loop

- One size
- Soft, flexible, shaped gel for immediate protection of sensitive bunion site

One Size 6 pack CHG195 £16.75

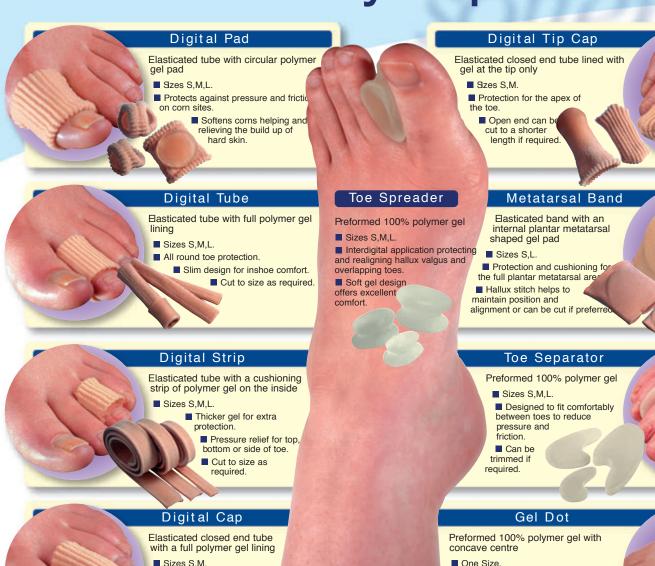
#### Toe Prop

Polymer gel toe support

- One size
- Relieves the discomfort of hammer toes by raising and realigning the toes
- Loop keeps prop firmly in place

One Size 6 pack CHG280A £11.40

# Hapla-gel The softerway to protect feet



# Hapla Modular Orthotic System

All round protection including

■ Ideal for hammer toes

Can be cut to a

shorter length if required.

the apex of the toe.



Biomechanically engineered system of prefabricated gel components providing effective treatment for a variety of common disorders.

- Materials do not bottom out creating a long life.
- Allows rapid production of a chairside orthotic.
- Adjustments can be made easily by removing component and reapplying.

■ Non adhesive soft gel dots offer

surrounding protection from pressure or friction on sore spots

Can be held in place on ski

using Chirofix retention tape.

Device offers immediate effective treatment that is well tolerated for greater patient satisfaction.





#### Hapla Gel Digital Care

An advanced polymer gel system of dressings and appliances for the relief of pressure and friction containing mineral oil to soften and lubricate the skin for greater comfort. The ability of the gel to flow and absorb sock reduces the effect of frictional forces, the cause of many disorders.

0	ack of 12	
Small	CHG096A	£10.85
Medium	CHG097A	£10.85
Large	CHG098A	£10.85
Digital tube 15 of 2	cm Long - I	Pack
Small	CHG126	£7.10
Medium	CHG127	£7.10
Large	CHG128	£7.10
Digital Strip - 7	1cm Long	
Small	CHG136	£10.75
Medium	CHG137	£10.75
Large	CHG138	£10.75
Toe Separator	s - Pack of '	12
Small	CHG155A	£5.65
Medium	CHG156A	£6.05
Large	CHG157A	£6.45
Toe Spreaders	- Pack of 1	2
Small	CHG144A	£9.45
Medium	CHG145A	£9.45
Large	CHG146A	£9.45
Digital Cap - Pa	ack of 6	
Small	CHG171A	£9.95
Medium	CHG172A	£9.95
Large	CHG173	£9.95
Digital Tip Cap	- Pack of 6	
Small	CHG181A	£9.95
Medium	CHG182	£9.95
Metatarsal Ba	nds - Pack (	of 2
Metatarsal Ba Small	nds - Pack ( CHG161	
		£7.50
Small	CHG161 CHG162	£7.50

# Corrective Heel Wedge - Pack of 2

Small 3.2mm	CHG201	£4.99
Large 3.2mm	CHG202	£4.99
Small 6.4mm	CHG203	£4.99
Large 6.4mm	CHG204	£4.99

# Longitudinal Arch Pads - Pack of 2

Small	CHG211	£4.49
Large	CHG212	£4.49

#### Metatarsal Pads - Pack of 2

Small	CHG221A	£3.99
Large	CHG222A	£3.99

#### Heel Lifts - each

Small 3.2mm	CHG231	£3.99
Large 3.2mm	CHG232	£3.99
Small 6.4mm	CHG233	£3.99
Large 6.4mm	CHG234	£3.99

# Hapla-gel Bunion Sleeve





# Silicon Gel Sheet 130x110x2mm SIL100 £8.40

#### Hapla Gel Footcare Kit

The kit contains a selection of the most widely used Professional Chiroform Gel products inside an attractive practical case and contains:

- 4 Digital Pads Medium
- 4 Toe Separators Medium
- 4 Digital Pads Large
- 4 Toe Separators Large
- 4 Digital Caps Medium
- 4 Toe Separators Medium
- 2 Digital Tubes Medium
- 4 Gel Dots

Starter Kit CHG500 £39.00

#### Gel Bunion Sleeve - each

Small/Medium CHG167 £6.15 Large/X-Large CHG168 £6.95

#### 'Carnation' Poron Insoles - Pair

3.2mm - Cut to CAR945 £2.80

#### Gel Forefoot Cover - Pair

Small/Medium CHG165 £8.20 Large/X-Large CHG166 £8.70

# Hapla-gel Foot Cover

Thin layers of

covered gel
Complete
protection of
Toes and
Metatarsal
heads

One Pair
CHG165 SML/MED

CHG166 LRG



# The dynamic orthotic insole that relieves: Arch, Knee, Back and Heel Pain







# Powerstep Original

POW001 Code A	Mens 3 - $3\frac{1}{2}$	Womens $4\frac{1}{2}$ - 5
POW002 Code B	Mens 4 - 4½	Womens 5½ - 6
POW003 Code C	Mens 5 - 5½	Womens 6½ - 7
POW004 Code D	Mens 6 - 6½	Womens 7½ - 8
POW005 Code E	Mens 7 - 7½	Womens 8½ - 9
POW006 Code F	Mens 8 - 81/2	Womens 9½ -10
POW007 Code G	Mens 9 - 9½	Womens 10½ - 11
POW008 Code H	Mens 10 - 10½	Womens 11½ - 12
POW009 Code I/J	Mens 11 - 121/2	

£16<sup>.50</sup>









Perfect for the workplace and everyday life, Powerstep Original offers comfort and control, while supporting your feet and ankles.

- Thin profile Full length support from heel to toe
- Fits a variety of shoes

# Powerstep 3/4 Slim Tech

POW020 Code a	Mens 3 - 3½	Womens $4\frac{1}{2}$ - 5
POW021 Code A	Mens 4 - 5½	Womens 5½ - 7
POW022 Code B	Mens 6 - 7½	Womens 7½ - 9
POW023 Code C	Mens 8 - 8½	Womens 9½ -10
POW024 Code D	Mens 9 - 9½	Womens 10½ -11
POW025 Code E	Mens 10 - 10½	Womens 11½ -12
POW026 Code F	Mens 11 - 12	

£16<sup>.50</sup>











Ideal for the workplace, about town or even on the golf course. Its unique cushion layer from the heel to the ball of the foot gives strong but comfortable support.

Slim design ■ Versatile ¾ support ■ Sure fit in shoes

# Powerstep Pro Control 3/4 Length

POW073 Code a Mens  $3 - 3\frac{1}{2}$  Womens  $4\frac{1}{2} - 5$ POW074 Code A Mens 4 - 5½ Womens  $5\frac{1}{2}$  - 7 POW075 Code B Mens 6 -  $7\frac{1}{2}$ Womens  $7\frac{1}{2}$  - 9 Womens 9½ -10 POW076 Code C Mens 8 - 8½ POW077 Code D Womens 10½ - 11 Mens 9 -  $9\frac{1}{2}$ POW078 Code E Mens 10 - 10½ Womens 111/2 - 12 POW079 Code F Mens 11 - 12

Pre-fabricated 3/4 length orthotic with deep heel cup, 2° extrinsic medial rearfoot post and medical grade 3mm Poron cushioning top cover for greater shock absorbing and comfort

Offers pain relief for mild or moderate pronators at the sub-talar joint beyond the mid stance phase of gait

Deeper heel cup and 2° extrinsic post for greater rearfoot control where required

3/4 length to enable fitting in a greater range of footwear



# Powerstep **Pinnacle**

POW050 Code a	Mens 2 - 2½	Womens 3½ - 4
POW051 Code A	Mens 3 - 3½	Womens 4½ - 5
POW052 Code B	Mens 4 - 4½	Womens 5½ - 6
POW053 Code C	Mens 5 - 5½	Womens 6½ - 7
POW054 Code D	Mens 6 - 6½	Womens 7½ - 8
POW055 Code E	Mens 7 - 7½	Womens 8½ - 9
POW056 Code F	Mens 8 - 81/2	Womens 9½ -10
POW057 Code G	Mens 9 - 9½	Womens 10½ - 11
POW058 Code H	Mens 10 - 10½	Womens 11½ - 12
POW059 Code I/J	Mens 11 - 12½	
POW060 Code K	Mens 13 - 13½	

£20.95
PER PAIR











The insoles for athletes, Powerstep Pinnacle is perfect for runners, hikers, cyclists and anyone with an active lifestyle.

- Extra cushioning
- Flexible comfortable control
- Prescription-like support

## Powerstep **Pro**

POW030 Code a	Mens 2 - 2½	Womens 3½ - 4
POW031 Code A	Mens 3 - 3½	Womens 4½ - 5
POW032 Code B	Mens 4 - 4½	Womens 5½ - 6
POW033 Code C	Mens 5 - $5\frac{1}{2}$	Womens 6½ - 7
POW034 Code D	Mens 6 - 6½	Womens 7½ - 8
POW035 Code E	Mens 7 - 7½	Womens 8½ - 9
POW036 Code F	Mens 8 - 8½	Womens 9½ -10
POW037 Code G	Mens 9 - 9½	Womens 10½ - 11
POW038 Code H	Mens 10 - 10½	Womens 11½ - 12
POW039 Code I/J	Mens 11 - 12½	
POW040 Code K	Mens 13 - 131/2	













The Podiatrist's Solution for Heel and Arch pain. Powerstep Pro is a unique podiatric support system specifically designed to comfortably stabilise the foot and correct alignment of the body.

- Only available to Healthcare Professionals
- Fully lined with Poron for comfort
- Heel cushion for shock absorption

# Powerstep **Pro Control**

P0W080	Code a	Mens 2 - 2½	Womens 3½ - 4
P0W081	Code A	Mens 3 - 3½	Womens 4½ - 5
P0W082	Code B	Mens 4 - 4½	Womens 5½ - 6
P0W083	Code C	Mens 5 - 5½	Womens 6½ - 7
P0W084	Code D	Mens 6 - 6½	Womens 7½ - 8
P0W085	Code E	Mens 7 - 7½	Womens 8½ - 9
P0W086	Code F	Mens 8 - 8½	Womens 9½ -10
P0W087	Code G	Mens 9 - 9½	Womens 10½ -11
P0W088	Code H	Mens 10 - 10½	Womens 11½ -12
P0W089	Code I/J	Mens 11 - 12½	
P0W090	Code K	Mens 13 - 131/2	

£24.25 PER PAIR









Powerstep Pro Control's footsecure system carries a deeper heel cup and 2° extrinsic post to control and protect the heel during landing. The arch support is increased in firmness and covered with Poron / EVA cushion casing for enhanced comfort.

- Only available to Healthcare Professionals
- Deeper heel cup for control 2° extrinsic post



# Orthofit

The orthotic that fits all patients' shoes

Flexible medial longitudinal arch contour to support the talar head, spring ligament and navicular.

Available with metatarsal dome (to dorsiflex central metatarsal heads and extend the digits) or without metatarsal dome.

Ultra thin shell to ensure fit into the majority of patient footwear, particularly effective in low volume shoes, e.g. city style oxfords and loafers.

Can easily be covered with EVA and polyurethane top covers to extend into a full length orthotic if required.

**elegantly thin**Orthofit has been designed to offer the correct profile in an elegantly thin, yet exceptionally strong material.

# **exceptionally strong**The ultra strong, technologically advanced high

performance semi-crystalline thermoplastic polymer material comes with a lifetime quarantee.

easy to fit
Can be used straight out of the pack or can be easily heat moulded to suit a patient's individual requirements.

# The ultra thin orthotic

#### Orthofit with metdome - Per pair

Descrip	tion				Code
Code 2	Mens 3	3	Womens	3-4	ORT002
Code 3	Mens 4-	5	Womens	5	ORT003
Code 4	Mens 6	3	Womens	6-7	ORT004
Code 5	Mens 7-8	3	Womens	8	ORT005
Code 6	Mens 9	9	Womens	9	ORT006
Code 7	Mens 10	C	Womens	10	ORT007
Code 8	Mens 1	1	Womens	11	ORT008

#### easy to customise

Orthofit's unique slim profile and exceptional strength means a custom orthotic can be created with or

a functional device, cost minutes without undue consideration of the patient's weight or activity.



Code	Price
ORT500	£30.00



#### Orthofit without metdome - Per pair

Descrip	tion				Code
Code 1	Mens	2	Womens	2	ORT011
Code 2	Mens	3	Womens	3-4	ORT012
Code 3	Mens	4-5	Womens	5	ORT013
Code 4	Mens	6	Womens	6-7	ORT014
Code 5	Mens	7-8	Womens	8	ORT015
Code 6	Mens	9	Womens	9	ORT016
Code 7	Mens	10	Womens	10	ORT017

£15.75 /pair

£14.60 / pair for 5+ pairs

£13.50 / pair for 10+ pairs



#### Gehwol

In 1868, In Lubbecke in the Westphalia region of Germany, the pharmacist Eduard Gerlach took over his father Ludwig's colonial goods store and expanded it with a drugstore. With his drugstore, which was the first of its kind in the war zone at that time, Eduard Gerlach laid the foundation for a prospering farmily business, which, with the brand name GEHWOL, has obtained international recognition and has become a synonym for foot care.

#### **MULTIBUY OFFER**

Buy 10, get 2 free on all Gehwol Retail Items
Please ask for details.



#### **Fusskraft Blue**

- Dry rough skin rich emollient cream. (3% Urea)
- Natural caring oils are combined with aloe vera and urea to provide a highly effective treatment for dry rough skin.
- Also contains tried and tested ingredients for the provention of foot odour, infection and itching between the toes.
- Dematologically tested. Also suitable for diabetics.

75ml tube	GEH070	£3.08
125ml tube	GEH071	£4.30
500ml dispenser	GEH073D	£13.69



#### **Fusskraft Green**

- Normal Skin light and emollient cream which freshens sweaty feet.
- Contains disinfecting substances to prevent athletes foot & itching.
- Normalizes perspiration and prevents odour leaving the feet fresh.
- Dermatologically tested. Also suitable for diabetics.

75ml tube	GEH074	£3.08
125ml tube	GEH075	£4.30
500ml dispenser	GEH077D	£13.69



#### Fusskraft Red

- Normal Skin Light emollient cream / Dry rough skin
- rich emollient cream
- For cold feet warming balm.
- Invigorating camphor, extracts from paprika and ginger combined with essential oils, stimulate circulation and give pleasant warmth.
- Tried and tested antiseptics prevent foot odour, help prevent infections and itching between the toes.

75ml tube	GEH082	£3.08
125ml tube	GEH083	£4.30
500ml dispenser	GEH084D	£13.69



#### **Fusskraft Mint**

- Revitalising icy fresh cooling balm with natural menthol and essentials to refresh and strengthen tired and aching feet.
- Provides long lasting protection against foot odour.
- Well tried antiseptics prevent athletes foot.

75ml tube	GEH085	£3.08
125ml tube	GEH086	£4.30
500ml dispenser	GEH088D	£13.69





# 1 - Gehwol Med Salve For Cracked Skin

Contains an effective combination of natural essential Oils, vitamin panthenol, and anti-inflammatory chamomile. Component bisabolene to treat and prevent cracked skin, calluses and reddening.

75ml tube	GEH180	£3.55
125ml tube	GEH185	£4.55
500ml dispenser	GEH182D	£13.69

#### 2 - Gehwol Med Lipidro Cream

For optimal care of dry and sensitive skin. Contains active ingredients to compensate for the lack of lipids and moisture, naturally rebalancing the skin. 10% Urea absorbs water in deeper skin layers, calluses are softened and excessive formation is reduced.

/Silli tube	GET 170	£3.33
125ml tube	GEH177	£4.55
500ml dispenser	GEH179D	£13.69

CEU176

75ml tubo

#### 3 - Gehwol Med Deoderant Foot Cream

Intensive deoderant foot cream. Suitable for diabetics. Contains a highly effective combination of manuka oil and active zinc oxides for long lasting elimination of strong foot odour. Manuka oil is skin friendly and has a broad spectrum efficacy against bacteria and fungi. Also contains Aloe Vera which has an anti- inflammatory. Regenerating and moisturizing effect.

75ml tube	GEH162	£3.55
500ml dispenser	GEH161D	£13.69

#### 4 - Gehwol Med Callus Cream

18% Urea with glycerin and allantoin loosens the cell bond of the hard callus layers bringing immediate softening.

75ml tube **GEH164** £3.55

#### 5 - Gehwol Med Antiperspirant Cream

Provides effective sweat reduction due to pure aluminium chlorine hydrate. Negative odours are trapped and absorbed with zinc ricinoleate. The skin is moisturized with aloe yera and avocado oil.

50ml tube	GEH127	£2.25
125ml tube	GEH130	£5.10

#### 6 - Gehwol Med Sensitive Cream

Special care for sensitive skin. Relieves itchingand reduces redness in the skin. Contains MicroSilver BG as an antimicrobial. Contains Almond Oil to moisturize the skin

75ml tube GEH230 £4.95 500ml disp. GEH235 £14.90

GEHWOL
med.
Sensitive
Special care for
sensitive sithing
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#### 7 - Gehwol Med Express Foam

Instant moisturizing for dry skin, rapid absorption and non-greasy

125ml can **GEH250** £5.98

#### 8 - Gehwol Med Nail Softener

Prevents ingrown toenails and strong cornification improves elasticity of the cuticle. Also alleviates discomfort with ingrown nails, the painful pressure on the nail bed is eliminated.

15ml bottle **GEH170** £3.27

#### 9 - Gehwol Med Nail & Skin Protection

In cream, oil, spray or pen form. Effectively protects against fungal infections. Contains wheat germ oil, panthenol and bisabolene for nail and skin care together with clotrimazol to prevent fungal infections. Fragile and brittle nails regain their elasticity and beauty. Dermatologically tested, also suitable for diabetics.

15ml cream	GEH171	£3.77
15ml oil	GEH172	£3.77
3ml pen	GEH225	£4.60
50ml spray	GEH193	£2.75

#### 10 - Gehwol Nail Compound

Suitable for replacing the parts of the nail removed during the treatment of fungal infections of the nail. For broken, torn, sharp edged or thin nails.

15ml bottle **GEH190** £5.93

#### 11 - Gehwol Nailcare

Use daily to promote nail growth on fingers or toes. Ideal for brittle nails.

15ml bottle **GEH191** £3.63

#### 12 - Gehwol Fluid

It makes hard skin smooth and beautifies skin and nails.

15ml bottle GEH060 £3.08



Buy 10, get 2 free on all Gehwol Retail Items

Please ask for details.







Buy 10, get 2 free on all Gehwol Retail Items
Please ask for details.

#### 1. Fusskraft Leg Vitality

Refreshes and vitalizes tired legs. Non-greasy. Pleasantly refreshing balm that has a soothing effect on tired and heavy legs. Avocado oil, algae extracts and vitamin E provide skin friendly properties to prevent dry and scaly skin. Hamamelis - soothes irritation and prevents wrinkles. Dermatolically tested. Also suitable for diabetics.

 125ml tube
 GEH152
 £4.63

 500ml dispenser
 GEH155D
 £13.69

#### 2. Fusskraft Hydrolipid Lotion

Lotion for the daily care of dry skin on feet and legs. The ingredients of urea and glycerol bind moisture in deeper skin layers; hard skin becomes supple and excessive formation of new hard skin is reduced. Avocado oil and jojoba oil replenish the dry skin with lipids. Daily application of this lotion prevents foot odour and helps to prevent infections. Dermatologically tested. Also suitable for diabetics.

#### 3. Gehwol Refreshing Balm

Cooling cream that refreshes tired, sore and strained feet and legs. Containing peppermint oil and menthol it protects you from infections and itching between the toes.

75ml tube **GEH068** £3.08

#### 4. Gehwol Leg Balm

Extracts from witch hazelnut (hamamelis), has an astringent effect and relieves irritation. Regulat use prevents dry skin and premature ageing of the skin. Also suitable for diabetics.

125ml tube	GEH150	£4.33
500ml dispenser	GEH156D	£13.69

#### **Gehwol Balm**

Cooling menthol and natural essential oils are refreshing and revitalizing, sore feet and signs of fatigue dissapear immediately.

75ml tube GEH020 £3.08

#### 5. Gehwol Footcream

For strained feet and highly stressed skin. Prevents aching feet, blisters, soreness and chafing. It has an anti-inflammatory effect, prevents athletes foot, elminates foot odour and the other side effects of excessive foot perspiration. Strengthens the skin, offers protection against cold feet and frostbite.

75ml tube GEH065 £3.08

#### 6. Gehwol Extra

Universal footcream for daily care. Intensively cares for and strengthens overstrained feet. Protects against sore feet, athletes foot, foot odour, calluses, sores, blisters and dry skin. Contains natural oils that revitalize your feet, stimulate circulation and protect against cold and wet feet.

75ml tube GEH058 £3.08

#### 7. Gehwol Handcream

Daily handcare routine. Rapidly penetrating, moisturizing handcream - contains aloe vera, jojoba oil and bialsobal.

75ml tube GEH210 £3.55 500ml dispenser GEH216D £13.69

#### 8. Gehwol 'Rough Skin' Balm

Refreshing invigorating foot balm. With a soothing, deodorizing action it helps to prevent infections

75ml tube GEH130 £3.08



#### 1. Gehwol Caring Deo Foot Spray

Provides long lasting protection against foot odour, Effectively disinfects and helps to protect against fungal infection of the feet and nails. Dermatologically tested. Also suitable for diabetics.

150ml spray **GEH062** £4.50

#### 2. Fusskraft Herbal Lotion Spray

Eliminates foot odour, cools and refreshes. Calms and revitalizes tired feet, softens calluses, and prevents itching of the skin and athletes foot. Contains natural essential oils, skin caring substances, deoderising and disinfecting substances and cooling menthol. The feet enjoy long lasting deoderisation, foot odour is eliminated, and skin remains smooth.

150ml spray GEH092 £4.40

#### 3. Gehwol Footpowder

Special disinfectant powder. Keeps your feet dry, smooth and odourless. Contains disinfectant ingredients to prevent athletes foot, bacteria and odour.

100g tub GEH063 £2.75

#### 4. Fusskraft Callus Softener

For softening hard skin, corns and calluses before they are removed by the practitioner using instruments. This liquid converts into a foam when it is dispensed from the bottle. The fine-pored foam contains highly concentrated urea and lactic acid and can be precisely applied for rapid softening of hard skin.

dispenser	GEH188	£9.95
50ml dispenser empty	GEH189	£0.88

#### 5. Gehwol Bath Salt

Revitalising rosemary bath. Cleanses, refreshes and revitalises the skin. Softly and thoroughly cleanses, stimulates the circulation, revitalizes and strengthens the skin.

10 x 25g sachets **GEH095** £3.20

#### 6. Gehwol Cream Footbath

Refreshing and revitalizing bath concentrate. Contains active ingredients and substances which help tired, aching, and strained feel to feel good. The skin becomes smooth. Regular bathing prevents athlete's foot and provides long term deoderisation.

2000ml bottle GEH069 £22.94

#### 7. Fusskraft Herbal Bath

Effective against rough and brittle skin, foot perspiration and foot odour. Excellent for the treatment of rough and brittle skin, even persistent calluses and corns are softened. It has intensive cleansing and long lasting deoderising properties ensuring excessive foot perspiration is normalized and unpleasant foot odour is eliminated.

 400g box
 GEH090
 £3.41

 10kg tub
 GEH091
 £44.00

#### 8. Gehwol Refreshing Footbath

Refreshes & cleanses the feet and counteracts foot odour.

330ml tub GEH198 £3.90





# GEHWOL FUSSARAFI Soft Feet Orean m Mile & noticing for the General freet and organ of the justices sensor and the justices

#### **Fusskraft Soft Feet Scrub**

The new Gehwol Soft Feet peeling scrub gently and thoroughly removes dead skin cells, renews the skin surface and smoothes it. Natural bamboo granulate and jojoba wax encourage a gentle massage and activate skin circulation. Use: Apply the scrub to the moistened skin, massage in the rinse off.

125ml tube GEH145 £5.95 500ml disp. GEH146D £14.50



# Soft Feet Nourishing Bath

Almond & vanilla for well cared feet & legs. Just 1 tblspn of essence in 4-5 litres of water produces a cleansing and caring milk. Vitamin E & care oils of avocado & castor provides moisture & softens callus.

200ml Bottle **GEH147** £5.95

#### **Fusskraft Soft Feet Lotion**

Water Lily calms and tightens. Avocado oil & phytosqualane counteracts dry, coarse, scaly skin & reduces moisture loss. Easily absorbed to give silky soft legs and feet.

125ml tube GEH142 £5.95 500ml disp. GEH143D £14.50

#### **Fusskraft Soft Feet Cream**

The Gehwol Soft Feet Cream is filled with natural active substances such as - Vitamin-rich avocado oil, honey extract and milk peptides. It also contains a specially produced hyaluron which supports skin regeneration and together with urea also binds moisture in deeper layers and protects againt callous formation.

125ml tube **GEH140** £5.95 500ml disp. **GEH141D** £14.50





#### **Gehwol Emulsion For Foot Massage**

Creates a smooth film on the skin, which makes massaging pleasurable. Natural, essential oils from rosemary, lavender and peppermint revitalize and stimulate circulation. Gehwol emulsion has a long lasting deoderising effect and protects against mucous infections.

2000ml bottle GEH051 £18.95

500ml disp. GEH053D £10.40



#### Gehwol Display / Promotional / Starter Kits / Misc Gehwol Sample Sachets 10ml **GEHSAM** £0.10 Gehwol Debris Sheet -**GEH993** £1.95 Vinyl - 66x66cm £0.05 Gehwol Carrier bag **GEH995** Gehwol Sponge For Hard Skin **GEH994** £1.95 Gehwol table top Perspex **GEH998** £5.90 Display Gehwol free standing Perspex **GEH840** £120.00 display unit

#### **Gehwol Starter Pack 1**

Includes one 75ml bottle of each blue, green, red and mint. Plus 10 sample sachets of each.

Starter pack 1

GEH199 £12.50

#### **Gehwol Starter Pack 2**

Includes 6 each of 75ml bottle of each blue, green, mint, med lipidro foot cream & med salve. Plus 12 samples of each, patient leaflets and display stand c/w placard.

Starter pack 2 (Value £200 at retail)

GEH699 £109.00

**S**GEHWOL

# 36 TUBES FOR THE PRICE OF 30!

Over £200 value at retail price



PLUSPATIENT SAMPLES, LEAFLETS, DISPLAY AND PLACARD... ALL FREE OF CHARGE!

#### **Pharmaceutical / Retail Products**

#### Ingrown Toenail Protector

- Gently cushions and protects.
- Instant Relief.
- · Podiatrist designed.
- · Washable and reusable.
- Extra soft gel stretches to fit all sizes.

each CAR726 £4.65



#### **User Trial:**

**84%** said the product gently cushioned the nail.

**66%** of users stated that they had instant relief from the product.

Reference: Cliniresearch on behalf of Cuxson Gerrard & Co Ltd amongst 68 patients with ingrowing toenails.



#### **Tip Toes Gel Spots**

- · Made from soft clear gel.
- Offer comfortable yet discreet protection and relief where shoes have rubbed leaving sore spots.
- Self-adhesive, can be applied directly into the shoe.
- Available in packs of 6 gel spots.

Pack of 6 CAR411 £2.40

#### Tip Toes Heel Shields

- Designed to reduce friction and slipping.
- Clear self-adhesive gel stays firmly in place for long lasting, discreet protection.
- Available in pairs.

Pair





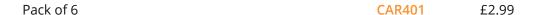
#### **Tip Toes Gel Strap Strips**

- Ideal for relieving pressure from the straps of footwear.
- Clear adhesive gel stays firmly in place for long lasting, discreet protection.
- Available in packs of 4 gel strips.

Pack of 4 CAR416 £2.40

#### **Tip Toes Gel Cushions**

- Invisible gel cushions designed to prevent soreness and pain in the balls of the feet.
- Offer maximum comfort in most shoe styles, especially high-heeled fashion shoes.
- Available in pairs











#### **Cracked Heel Cream**

Revives rough, dry & cracked heels. Contains 20% synthetic urea. Safe for vegetarians & vegans

50g tube CAR151 £2.09

#### **Intense Moisturising Foot Cream**

Remoisturises and rehydrates to soothe, soften and condition dry or rough skin. Contains Urea to moisture and Peppermint oil to leave the skin feeling fresh.

100ml tube CAR121 £2.33

#### **Soothing Foot Powder**

Soothes and refreshes the feet helping to maintain healthy skin.

75g tube CAR761 £2.24

#### **Anti-Blister Stick**

Instantly stops shoes rubbing. Easy to use & nongreasy. Over 100 applications.

6.5g CAR171 £2.74

#### **Healthy Nails Lotion**

Powerful antimicrobial action to kill the microorganisms that cause unsightly nails.

14ml bottle With File CAR146 £3.43

#### **Toe Nail Softener**

Relieves discomfort hard and sharp toe-nails.

14ml bottle CAR141 £1.96

#### **Carnation Wart & Verruca Remover**

Freeze spray for domicilliary use or for retail to patients. 12 applications.

50ml can CAR851 £5.95



#### **Anti Fungal Spray**

Protects against Fungi & Bacteria. Cools and soothes.

100ml CAR731 £2.05

#### **Fresh Foot**

Odour control foot spray.

150ml CAR021 £2.05

#### Fresh Shoe

Odour control shoe spray.

150ml CAR031 £2.05

#### **Cool Foot**

Antiperspirant foot spray.

150ml CAR011 £2.05

#### **Refreshing Foot Spray**

Invigorates feet leaving them feeling cool & refreshed. Quick drying easy to use pump spray.

100ml CAR181 £2.20

#### Foot Mousse Intensive Rehydration

12.5% urea humectant action for intensive hydration. The mousse is suitable for people who have diabetes and can be used between the toes.

150ml CAR040 £4.71



#### **Pediroller**

Stretching & strengthening programmes play an important role in the treatment of heel and arch pain caused by plantar fascisti. In a study 83% of patients involved in stretching programmes for heel pain were successfully treated. The Pediroller is latex free and can be frozen if required.

Pediroller - Standard Red CAR081 £3.35
Pediroller - Large Blue & CAR091 £6.66
Cooling gel.

#### **Pharmaceutical / Retail Products**



#### **CCS Creams**

Free from Lanolin. Paraben and any added fragrance. CCS foot care cream is hypoallergenic and suitable for the most sensitive skin.

Foot Care Cream 60ml	CCS100	£2.15
Foot Care Cream 175ml	CCS105	£3.95
Foot Care Cream 1kg tub	CCS110	£20.75
Pump Top For 1kg tub	CCS115	£5.55





#### **Biofreeze**

Biofreeze is the only analgesic with ILEX a herbal extract from a South American Holly shrub. The ILEX works to extend the properties of the three analgesics contained in Biofreeze. The result is a deep, long lasting pain relief period and acceleration of the basic healing process through relaxation of stiff, aching muscles.

Biofreeze with ILEX can effectively relieve pain and aid in the treatment of:

- Hip, back, shoulder, neck pain and stiffness
- Stiff and painful heel, ankle, knee, hip & elbow joints.
- · Arthritis, bursitis, tendonitis.
- Muscle stiffness, spasms & sprains.

roll-on 82g	BIO200	£6.95
tube 110g	BIO210	£6.95
Display Set [6x roll Ons/6x	BIO230	£59.95



#### **Flexitol Products**

Flexitol Heel Balm contains 25% Urea in a special formulated base to maximise its efficiency to moisturise and hydrate the skin. Flexitol Hand Balm contains 10% Urea & Vitamin E. Flexitol Active Gel Heel Sleeves are suitable for general and diabetic foot care for routh and dry heels. It has a fast acting unique moisturising technology and is washable & reusable.

Heel Balm 56g	FLE050	£3.75
Heel Balm 112g	FLE100	£5.75
Hand Balm 56g	FLE060	£3.75
Flexitol Platinum 50g	FLE080	£4.30
Moisturising Cream 500g	FLE150	£9.80
Moisturising Cream 85g	FLE130	£2.50

#### **MULTIBUY OFFER**

Buy 6+ save 5% Buy 12+ save 10%



#### **Rescue Remedy**

Rescue Remedy is world famous for quickly restoring inner calm control and focus helping you manage your daily stresses and get on with your life. The distinct 'little yellow bottle' is the only combination remedy formulated by Dr Edward Back over 70 years ago and is relied upon by many. It is becoming a handbag, desk drawer, glove box essential.

20ml Dropper RES200 £5.45

#### Tea Tree

10ml TEA010 £2.00

64



#### Loceryl (Curanail)

Contains Amorolfine, an effective antifungal agent. A once a week application for up to two nails.

3ml Kit CUR100 £13.95

#### 'P' Clearzal

Clearzal BAC antimicrobial is a clinically tested solution that kills 99.9% of the microbes which can cause nail infections. Free from acid, oil, alcohol, lacquer and odour. Twice daily applications.

30ml Kit CLE100 £10.75



#### 'P' Lamisil 1% AT [Terbinafine Hydrochloride]

For the treatment of athletes foot, dhobie itch and ringworm. Provides effective relief for the itching, cracking, burning & scaling which accompanies these conditions.

Cream 7.5g tube	LAM075	£3.50
Cream 15g tube	LAM080	£4.50
Spray 15g bottle	LAM100	£4.00
Gel 15g tube	LAM150	£4.50
'Once' 4g tube	LAM050	£7.00

#### **MULTIBUY OFFER**

Buy 6+ packs, save 5%



#### **Canesten Cream**

Provides relief from irritation caused by fungal infections

50g CAN200 £4.80



#### Daktarin [Dual Action]

For the effective treatment and prevention of fungal and bacterial infections of the skin.

Cream 15g tube	DAK720	£2.40
Cream 30g tube	DAK725	£4.06
Powder 20g tub	DAK740	£2.84
Spray 100g Can	DAK750	£3.55
Gold 15g [*P*]	DAK760	£3.85

#### Mycota

Antibacterial and antifungal treatments and prevention of athletes foot.

Cream 25g tube	MYC635	£2.50
Powder 70g tub	MYC640	£3.25





#### **Excilor**

A simple, efficient and economical way to treat fungal nail infection. There is no need to file the nail and it can be applied in seconds. It dries within 1 minute and produces visible results as nail starts to grow back. [Excilor is a Medical Device so needs no prescription]

Pen 3ml	EXC400	£12.32
Solution 10ml	EXC410	£10.75

#### **Emtrix**

For the treatment of fungal nails. An effective solution for softening and loosening the damaged layer of the nail to give a smoother nail surface.

Tube 10ml **EMT100** £9.95

#### **Pharmaceutical / Retail Products**





A range of topical preparations to help with both the treatment of fungal infections of the skin and nail infections. The pipette bottle is ideal for toe nail infections whilst the spray pump bottle is best for large areas of skin.

Nail Tincture 50ml	MYK050	£6.09
Nail Tincture 500ml	MYK500	£29.50
Nail Tincture Spray 70ml	MYK075	£6.39
Forte Cream 20g	MYK020	£6.33
Nail Protection Oil 15ml	MYK015	£6.35



#### \*P\* Caustic Applicators

\*P\* caustic applications containing 75% silver nitrate mixed with 25% w/w potassium nitrate BP. Use for removing granulation tissue, warts & verrucas

75% Applicator CAU100 £33.00

#### \*P\* Silver Nitrate

\*P\* Silver Nitrate - Caustic reusable applicator.

40% Applicator - each	SIL400	£1.35
95% Applicator - each	SIL900	£1.75



#### **Byewart**

A painless treatment which is very effective against all types of warts & verrucas, it is simple to apply and puts a protective layer over the wart. Containing all natural ingredients such as - Almond oil, Cinnamon oil, Lavender Oil and Tea Trea Oil. It is suitable for diabetics & children over 3 years old.

 15ml tube
 BYE015
 £6.20

 Display Stand
 BYE100
 £6.00

#### **MULTIBUY OFFER**

Buy 12 at £5.45 each and receive a free display stand



#### \*P\* Occlusal

\*P\* Occlusal is a cutaneous solution for the treatments and removal of warts and verrucas.

10ml bottle OCC110 POA



#### \*P\* Glutarol

\*P\* Glutarol is a paint for the treatment of warts and verrucas

10ml bottle GLU010 £3.25

#### \*P\* Salactol

\*P\* Salactol is a paint for the treatment of warts and verrucas, corns and calluses.

10ml bottle SAL010 £2.70

#### **Acriflex Cream**

Antiseptic cream for cuts & abrasions.

30gm ACR330 £2.85

Cetavlex

50gm **CET060** £2.85

Friars Balsam Tinc. Benz Co.

500ml BEN955 £POA

**Germolene Cream** 

30g tube **GER600** £1.25

#### \*P\* Crystacide

An alternative to topical antibiotics in the treatment of primary and secondary skin infections. As effective as fusidic acid in the treatment of impetigo. There are no known pathogenic organisms that have developed resistance to Hydrogen Peroxide.

25g tube CRY025 £10.76



#### Savlon Cream

30g SAV635 £1.35 60g SAV640 £1.98

Ferric Chloride [15%]

500ml FER105 £7.85

Witch Hazel

200ml WIT162 £1.86





#### **Aqueous Cream**

100g	AQU100	£0.90
500g	AQU170	£1.75

#### E45 Cream

50g tube	EEE130	£1.85
125g tube	EEE132	£3.30
500g pump tub	EEE150	£7.75



#### AlfaSilver Spray

Not all first aid wound treatments are suitable for every type of injury. It may not stay in place, it may fall off in the shower, or be difficult to use on injuries in hard to reach places. Alfasilver Spray is a new wound treatment that contains antibacterial silver ions, which speeds up the healing of cuts, grazes, minor burns and blisters. The wound is covered with a breathable barrie, which protects the injury and promotes the body's own healing process. Alfa also contains silver ions, which are well-known for their antibacterial properties. This helps protect against infection.

70ml can ALF100 £8.35

#### **Hydrocortisone Cream**

For the treatment of inflamed skin conditions such as eczema & dermatitis.

15g tube **HYD150** £1.99

#### Hydrogen Peroxide [10 Vols]

200ml **HYD100** £1.10

**KY Jelly** 

82g **KY|210** £3.25

#### Germolene New Skin

Germolene New Skin provides a waterproof and germproof barrier to protect minor skin damage such as cuts, grazes and blisters.

20ml bottle NEW650 £3.86

#### Magnesium Sulphate Paste

50g MAG270 £2.10

#### **Vaseline**

#### Pure Petroleum jelly

225g Jar VAS208 £2.95

#### Balmosa Chilblain Cream

40g tube BAL040 £2.50

#### Salu Nail & Skin Softener

50ml SAL050 £6.13 250ml SAL250 £23.70



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#### Terms & Conditions

All Sales are subject to the following terms & conditions. No other conditions shall apply unless agreed in writing prior to placing an order. Our website terms and conditions are also representative of this.

#### **Prices**

We attempt to keep prices stable throughout the life of the catalogue. Prices are correct at the time of going to print and are subject to alternation at any time without prior notice. Prices quoted are in pounds sterling. Quotations will be valid for 30 days unless otherwise stated.

#### Goods

Occasionally CHIROPODY EXPRESS LTD may have to change or remove products or change sizes and quantities due to reasons beyond our control.

#### **VAT**

All prices exclude VAT. VAT is chargeable at the prevailing rate at the time of order. A VAT exemption certificate must be supplied where applicable.

#### **Payment**

For all new customers first order payment is required at the time of ordering. After the first order a 30-day credit account will be opened. All accounts are payable strictly 30 days from date of invoice. All goods remain the property of CHIROPODY EXPRESS LTD until paid for in full. All cheques should be made payable to Chiropody Express Ltd with your account and invoice number on the reverse. Credit card and BACS payment are also accepted.

#### **Overdue Accounts**

Customers whose account is more than 60 days overdue will have their credit facilities suspended which will result in goods only being dispatched when paid for in full. All accounts over 90 days overdue will be passed to a debt collecting agency resulting in the customer incurring all collection and court costs. We also reserve the right to charge 2.5% interest per month until payment is received.

#### Carriage

We use a UK based courier for mainland UK (except Scottish Highlands) and Royal Mail / Parcelforce for all other deliveries. If you request Parcelforce for a UK mainland delivery a surcharge may be applied. Saturday morning and timed deliveries are available and will be charged at cost. Some items are subject to additional carriage cost. Some items are subject to additional carriage costs – please ask at the time of ordering.

Charges for packing, postage and handling are as follows and are all excluding VAT:

UK Mainland [except Scottish Highlands] Under £85.00 - £5.75 Over £85.00 - Free

Scottish Highlands & Isles / Northern Ireland Under £85.00 - £23.00  $\pm$ 85.00 - £105.00 - £18.00

Isle of Wight Under £85.00 - £23.00 £85.00 - £250.00 - £18.00

Isles of Scilly & Isle of Man Under £85.00 - £23.00 £85.00 - £250.00 - £18.00

Southern Ireland and Europe Carriage charged at cost

Carriage for equipment Carriage will be charged at cost



#### **NHS Accounts**

A dedicated account manager would be provided to oversee the ordering process.

DUNS: 220357912

#### Returns

CHIROPODY EXPRESS LTD is a wholesale dealer [license No WL27533]. Under the medicines act for pharmaceuticals, \*P\* goods which have been outside the control of our premises for more than 3 days cannot be returned to stock other than for the following reasons:

- In response to a product recall from the manufacturer
- Where products are alleged to be faulty or damaged
- To correct an error in delivery or ordering

All goods must be returned in the original packaging within 14 days accompanied by the invoice and account number. Any product returned for whatever reason must be packed in such a way as to minimise the incidence of damage in transit. Failure to comply may result in an extra charge being levied if goods are damaged upon receipt. A 10% re-stocking fee will be made for any goods being returned after 14 days.

Note – Our returns policy does not apply to special non-stock purchases unless prior authorisation has been granted.

#### **Damages**

We must be notified of shortages and delivery errors within 3 working days of delivery and replacement goods will be sent. Damaged goods will be replaced immediately and said goods must be returned before a credit note can be issued.

#### **None Delivery**

Most parcels will arrive within 1-3 working days, if you have not received your order within 3 days please contact the customer service department (please allow 7 days for items posted). Parcels that are lost in transit will be replaced.

#### **Local Anaesthetics**

Confirmation of customers qualification in the use of anaesthetic must be provided before we can supply.

#### **Pharmacy Products**

Confirmation of customers HPC registration must be provided before we can supply Pharmacy products prefixed with \*P\* in this catalogue.

#### **Privacy Policy**

We do not share your personal information with any other organisation.



Thiropody Express LTD
2 Magpie Close
Westwood Park
Clayton Heights
Bradford BD6 3XP



Our office hours are Monday to Friday

8:30 - 5:00

Delivery Address
If different from invoice address
Name
Company
Address
Town
Postcode
Free 30 Day Credit
We will be happy to charge your order to your established credit account, giving you 30 days to pay. Alternatively you may prefer t
by credit card by filling in the details below.
Valid From Expiry Date
Cardholders Name
Code Quantity Price Total Val
Each/Pack (£)
Ovdov Total
9 Order Total Postage and packing
9 Order Total Postage and packing Add £5.35 for orders under £85. Orders over £85 shipping is free
Postage and packing

Ch 2 N We Clayton Heights Bradford BD6 3XP

**8.30am to 5.00pm**Outside these hours we have a 24-hour telephone answering machine