

# Reproductive Medicine

Innovating care.  
Transforming lives.



# Welcome to Sidra Medicine

At Sidra Medicine, we understand that the journey to parenthood is a deeply personal and transformative experience.

Our dedicated team is here to support you with compassionate care, advanced treatments and solutions uniquely tailored just for you. Whether you are becoming a parent for the first time, overcoming challenges with conception, or expanding your family, our holistic approach ensures you are supported every step of the way.





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# Who We Are

Sidra Medicine stands at the forefront of academic excellence and groundbreaking research as a leading academic and research institution. We provide our patients with access to the latest diagnostic innovations, including advanced genetic testing and cutting-edge research outcomes. Our team of experts applies unique advanced protocols and techniques that are exclusive to Qatar, giving us a distinct advantage in delivering exceptional reproductive care.

Recognized globally as a premier international fertility destination, Sidra Medicine is celebrated for its excellence in fertility care and outstanding patient outcomes. Our experts are internationally recognized, having contributed to and won awards from both the American Society for Reproductive Medicine and the Middle East Fertility Society.

The Reproductive Medicine Unit at Sidra Medicine works in close collaboration with the Sidra Research Branch to offer infertile patients access to clinical studies. These studies focus on genetic and environmental factors related to infertility. Backed by advanced genomic infrastructure and next-generation sequencing technologies, Sidra Medicine provides comprehensive care to patients dealing with infertility, as well as other reproductive and congenital disorders.



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# Why Choose Sidra Medicine?



## Exceptional Success Rates

Our IVF success levels consistently match those of the top 10% of leading fertility centers in the US and UK, delivering remarkable results and high levels of patient satisfaction.

## Dedicated Physician

Your chosen fertility physician will be with you throughout your fertility journey.

## Personalized, Patient-Centered Care

We tailor every fertility journey to the individual. The team works closely with each patient to understand their unique needs, ensuring personalized treatment plans that offer the best chance for success.

## Access to state-of-the-art facilities

Our facility offers a calming and stress-free private space. Our facility provides a tranquil, stress-free private space for your comfort.

## No Waiting Around

Enjoy quick access to our specialists with minimal wait times, so you can start your fertility journey without delay and get the personalized care you deserve.

## Overall Wellbeing

We offer personalized support for patients navigating the IVF process, addressing both the physical and emotional challenges involved, including dietary guidance.

Our holistic approach is designed to optimize treatment outcomes while fostering strong, supportive relationships throughout your fertility journey.

## Experienced Physicians

Our physicians are affiliated with prestigious international institutions, including Weill Cornell, the American University of Beirut, the Middle East Fertility Society, and Massachusetts General Hospital.



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# Meet our Internationally Acclaimed Fertility Physicians

## Prof. Johnny Awwad

FACS, MD, HCLD/TS(ABB)

Executive Chair, Women's Services  
Division Chief, Reproductive Medicine

**Languages:** English, Arabic, French

**Years of experience:** 25+

**Areas of Expertise:**

- Recurrent IVF failures
- Endometriosis
- Fertility preservation
- Minimally invasive surgery

In 2024, Prof. Johnny Awwad won the award for Best Research at the American Society of Reproductive Medicine and is also currently the Chief Scientific Officer at the Middle East Fertility Society.



# Dr. Spyridon Chouliaras

CCT, FACOG, MD, FRCOG

Attending Physician  
Consultant in Reproductive Medicine and Gynecology

**Languages:** English, Greek, Spanish

**Years of experience:** 25+

**Areas of Expertise:**

- Nutrition
- Advanced Ultrasound
- Asherman’s syndrome
- Natural and mild IVF





# Dr. Sanjay Prabhu

CCT, DGO, MBBS, MRCOG

Attending Physician  
Consultant in Reproductive Medicine and Gynecology

**Languages:** English, Hindi, Kannada, Malayalam, Tamil

**Years of experience:** 25+

## Areas of Expertise:

- Recurrent Implantation Failure
- Recurrent Miscarriage
- Ovarian Rejuvenation
- Advanced Laparoscopic and Hysteroscopic Surgery
- Fertility Preservation







# Our Services

## Fertility Assessments

Comprehensive assessments for both men and women. Our checkup includes hormone testing, egg reserve, semen analysis, and ultrasound examinations to identify underlying conditions.

## Ovulation Induction & Monitoring

Medications and monitoring to stimulate egg production and optimize timing for conception.

## Intrauterine Insemination (IUI)

Placing specially prepared sperm directly into the uterus around ovulation, suitable for couples with mild fertility issues or unexplained infertility.

## In Vitro Fertilization (IVF)

Retrieval of eggs, fertilization in the lab, and transfer of the resulting embryo into the uterus. This procedure is beneficial for women with pelvic and tubal disease.

## Intracytoplasmic Sperm Injection (ICSI)

Injecting a single sperm directly into an egg using precision tools. This is mainly used for male fertility problems.

## Fertility Preservation

Preserving fertility for future use, beneficial for medical reasons such as cancer treatment.

## Genetic Testing Options

Comprehensive genetic testing services including karyotyping, genetic carrier screening, Preimplantation genetic testing (PGT), non-invasive prenatal testing (NIPT), and miscarriage investigations.

## External Test Results

We accept test results from external healthcare providers, provided they meet our quality standards.

## Service Offering

To ensure optimal outcomes, we offer continuous monitoring of IVF cycles and procedures seven days a week, including weekends when needed.



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# Supporting Services

We provide comprehensive, multidisciplinary care by bringing together experts from gynecology, mental health, and other specialties to deliver personalized and coordinated reproductive treatment plans.

## Multidisciplinary Care

We use a multidisciplinary approach for complex care, bringing together experts from various fields to provide comprehensive and coordinated treatment for your unique needs.

## Mental Health

We prioritize holistic mental health support with counseling and resources to help women navigate emotional challenges related to fertility.

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# Your Stay with Us

We prioritize your comfort and well-being throughout your journey. All our rooms are private and thoughtfully designed to offer a relaxing and supportive environment, ensuring a memorable experience for you and your family. The rooms are equipped with a comfortable sofa bed that easily converts for guests' overnight stays. Internet access and a smart TV keep you connected, while an en-suite bathroom with a shower and amenities ensures privacy and convenience.

## Services During Your Stay:

- **Housekeeping and Laundry:** We maintain a pristine environment with rigorous housekeeping protocols, ensuring clean and fresh linens and a tidy room to enhance your comfort.
- **Patient Meals:** We offer nutritious, balanced meals tailored to support your recovery and overall health. In-room dining options for family members are also available to enhance the comfort of your stay.
- **Patient Transporters and Porters:** Our patient transporters assist with mobility needs, ensuring safe and comfortable transitions throughout the hospital. Bellboys are available to help with luggage, personal items, and other needs, alleviating stress during your stay.

For a comfortable and tranquil stay, our rooms offer easy access to an indoor healing garden. If you wish to opt for one of our suites, you will benefit from additional space, a majlis/family room, and a kitchenette with storage.



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# Key Information

**Financial Counseling:** We understand that healthcare costs can be financially overwhelming. Our goal is to ensure every woman can access the high-quality care they need in a safe and comfortable environment. To this end, we have partnered with a network of insurance providers.

Whether you are insured or self-paid, we provide flexible packages to suit your needs. We offer personalized sessions with our Financial Counselors before and during your stay to address any financial questions.

**Tours:** Explore our state-of-the-art facilities with a personalized tour. Get comfortable with our environment and amenities, ensuring you feel confident and at ease.

**Health Records:** For assistance with your medical records, please call 4003 3333. Alternatively, you can visit our Medical Records office, located next to the Pediatric Information Desk on Plaza Level, Tower A, hospital building.

**Safety & Security:** Our secure environment features controlled access points, ensuring only authorized personnel and registered visitors can enter maternity areas. We utilize advanced technology, including baby security bracelets electronically linked to their mothers, providing an extra layer of protection and reassurance throughout your stay.

**Cleanliness:** Maintaining a pristine environment is our priority. We uphold rigorous infection control standards and require all staff, partners, and visitors to practice hand hygiene upon entering and leaving patient areas.

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Getting to  
Sidra Medicine

# Visitor Directions

We are conveniently located in Al Gharraffa, across from Education City, next to the Qatar Science & Technology Park, and in front of the National Convention Center.

## Accessing Our Facilities

You can easily access our Outpatient Center and the Hospital Building from:

- **Al Luqta Street:** Heading west towards the Dukhan Highway.
- **Qatar Science and Technology Park Entrance:** Off Al Gharrafa Street, heading south towards Al Rayyan Road.

## Valet Parking

for your convenience, we offer valet parking at the following locations:

- **Outpatient Clinic:** Main Entrance
- **Hospital:** Women's Entrance (Tower D)
- **Hospital:** Main Entrance (Between Tower B & C)

We wish you all the best on this journey and look forward to supporting you at Sidra Medicine as your trusted healthcare partner.







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