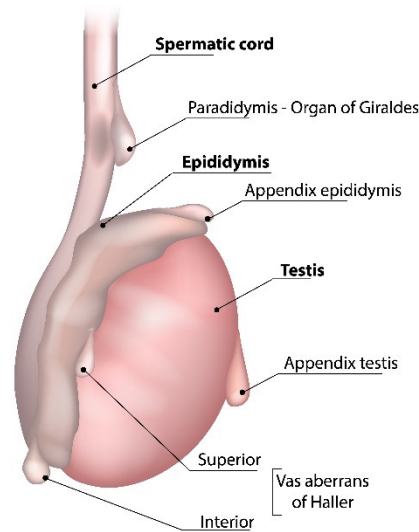


## Caring for Your Child with a Torsion of Testicular Appendix

This leaflet will provide you with information about Torsion of Testicular Appendix causes, symptoms, diagnosis, and treatment.

### Torsion of Appendix Testis



### What is a Torsion of Testicular Appendix?

- The testicular appendix is a tiny, harmless piece of tissue near the upper portion of testicle.
- Sometimes, it can twist, causing pain, but it is not dangerous.

### What are the causes of Torsion of Testicular Appendix?

- There is no specific cause.
- Its small, hanging shape (pedunculated shape) makes it more likely to twist.

### What are the symptoms of Torsion of Testicular Appendix?

Your child may experience the following symptoms:

- Pain in the scrotum (the sack that holds the testicles)
- Redness in the scrotum
- Swelling in the scrotum

## How is Torsion of Testicular Appendix diagnosed?

- The doctor will check your child's scrotum
- Sometimes an ultrasound is needed to make sure the pain is not caused by something else

## How is Torsion of Testicular Appendix treated?

**Most of the time, it doesn't need surgery. Your child can recover at home by:**

- Resting
- Wearing tight underwear to hold the scrotum
- Taking pain medicine if needed the pain usually goes away in 5 to 10 days and shouldn't come back.

## When should I seek medical advice?

Seek medical advice if your child's pain lasts more than 10 days, even with rest and pain medicine.

## Go to the Emergency Department if:

- Your child can't pee
- The swelling and pain get worse

Sidra Medicine cares about your health. The information in this leaflet should not be used as a substitute for the medical care and the advice of your doctor. Ask your healthcare provider about this information if you have questions. You can find us on [www.sidra.org](http://www.sidra.org)