



TOBY & LEON COOPERMAN  
**SINAI RESIDENCES**  
BOCA RATON

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## Soups

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### **(Low Sodium) Chicken Soup**

*Homemade Chicken Soup served with your choice of Noodles or Matzo Ball*

### **Soup du Jour**

*Chef's selection of the day*

### **Onion Soup Gratinee**

*Onion Soup with Melted Gruyère Cheese*

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## Salads

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**Add Protein to any Entrée salad:**

*Grilled Chicken Breast, Salmon Filet, a Scoop of Tuna, Egg or Chicken Salad*

### **Chopped Salad** <sup>GF</sup>

*Mixed Greens | Carrots | Cucumbers  
Tomatoes | Red Onions  
With your Choice of Dressing*

### **Salad Bar**

*Create your own Salad with our Fresh Salad Bar*

### **Caesar Salad**

*Crisp Romaine Lettuce  
Homemade Croutons  
Shaved Parmesan Cheese  
Caesar Dressing*

### **Deluxe Lox Platter** <sup>GF</sup>

*Nova Lox | Cucumber  
Hard Boiled Egg  
Chopped Red Onions | Capers  
Tomatoes | Cream Cheese*

### **Lo Mein Salad**

*Lo Mein Noodles | Arugula  
Cucumbers | Tomatoes  
Mandarin Oranges | Peanuts  
Avocado | Asian Vinaigrette*

### **Fattoush Salad**

*Mixed Greens | Fennel | Red Onions  
Radishes | Grape Tomatoes  
Feta Cheese | Pita*

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## Sandwiches

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*Served with your Choice of One Side*

### **Turkey Burger**

*All-White Meat Burger  
Cranberry Mayonnaise | Challah Bun  
Lettuce | Tomato | Onions*

### **Sinai Burger**

*7oz Prime Ground Beef  
Challah Bun | Lettuce | Tomato  
Onions*

### **Grilled Reuben Sandwich**

*Corned Beef | Swiss Cheese | Sauerkraut  
Thousand Island Dressing | Rye Bread*

### **Grilled Chicken Sandwich**

*Lettuce | Tomato | Onions*

### **Hebrew National Jumbo Hot Dog**

*1/4 Pound Hot Dog  
With your Choice of: Sauerkraut | Relish | Onions  
Baked Beans Available Upon Request*



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**Entrées**

Served with your Choice of Two Sides, Unless Otherwise Noted

**Half Roasted Chicken** ♥<sup>GF</sup>

*Natural Jus*

**Calf's Liver**

*Two Calf's Liver Slices  
Caramelized Onion  
Turkey Bacon  
Demi-Glace*

**Citrus Crusted Seabass** ♥<sup>GF</sup>

*Herb & Citrus Crust, Finished with  
Citrus Beurre Blanc  
4oz | 6oz*

**Chicken Breast Fricassee**

*Sautéed Chicken Breast  
Cremini Mushrooms | Tarragon  
White Wine Cream Sauce*

**Filet Mignon**

*Kalamata Olive Butter  
4oz | 6oz*

**Chef's Special**

*See your server for our  
Daily Chef's Special*

**Catch of the Day** ♥<sup>GF</sup>

*Your Choice of Blackened, Broiled or Steamed Fish  
With optional Lemon Butter, Garlic Butter or  
Orange Glaze*

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your  
risk of illness, especially if you have certain medical conditions.*

**Side Dishes**

**Baked Russet Potato** ♥<sup>GF</sup>   **Sweet Potato** ♥<sup>GF</sup>   **French Fries**   **Sweet Potato Fries**

**Lima Beans** ♥<sup>GF</sup>   **Shaved Brussels Sprouts with Walnuts**   **Tuscan Spinach** ♥<sup>GF</sup>

**Side Chopped Salad** ♥<sup>GF</sup>   **Side Caesar Salad**   **Rice Pilaf** <sup>GF</sup>   **Steamed Vegetable Medley** ♥<sup>GF</sup>



## Heart-Healthy - No Added Sodium

### Entrées

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Served with your Choice of Two Sides, Unless Otherwise Noted

\*\*\* Served with One Side

#### Tuna Nicoise\*\*\*

Grilled Tuna | Red Potatoes | Green Beans  
Boiled Egg | Olives | Red Onions | Tomatoes | Mixed Greens

Calories 438 | Sodium 344mg | Fat 17g

#### Barley Risotto with Butternut Squash\*\*\*

Barley | Butternut Squash | Cremini Mushrooms  
Parmesan Cheese | Sage | Spices

Calories 373 | Sodium 347mg | Fat 17g

#### 4oz Atlantic Salmon<sup>GF</sup>

Calories 197 | Sodium 114mg | Fat 6g

#### Half Roasted Chicken<sup>GF</sup>

Calories 353 | Sodium 114mg | Fat 26g

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