Talking Points for Women in Tech breakout groups:

At NANOG 78 we had a presentation during the Women in Tech lunch ("People are Purple") about all the different things purple means to people, organizations, causes, etc. What does the color purple mean to you?

NANOG 79 unique points related to COVID:

- How has COVID-19 interrupted your normal work routine?
- If you have children, how has your family adapted to their childcare. Was school cancelled, daycare closed, etc? How did you adapt your work life balance to accommodate?
- Do you find yourself more productive or less productive working from home? Why?
- Do you feel you have a good support structure in place to manage these changes?
- How are you staying connected during extended periods of not leaving the home?
- We're in unprecedented times. What are you doing these days that you never imagined you'd be doing?
- What are some of the ways that technology is making your life better these days?
- Do you have a sense of pride that we're all involved in the critical mission of internet infrastructure?

General WiT talking points and ice breakers:

- What did you originally want to be when you grew up? How has this changed from what you do today? Did you feel anything limited you in being able to achieve this original goal? Did you change your mind to your current role due to other life experiences or did you just fall into this role by chance?
- Tell 3 facts about yourself, 2 are true and 1 is false. Let the rest of the group guess which one is false and why.
- We always talk about how others can make us feel more included, but what can WE do ourselves to start those conversations and break down walls?

Women in Tech NANOG 79

June 2nd, 2020

People are Purple



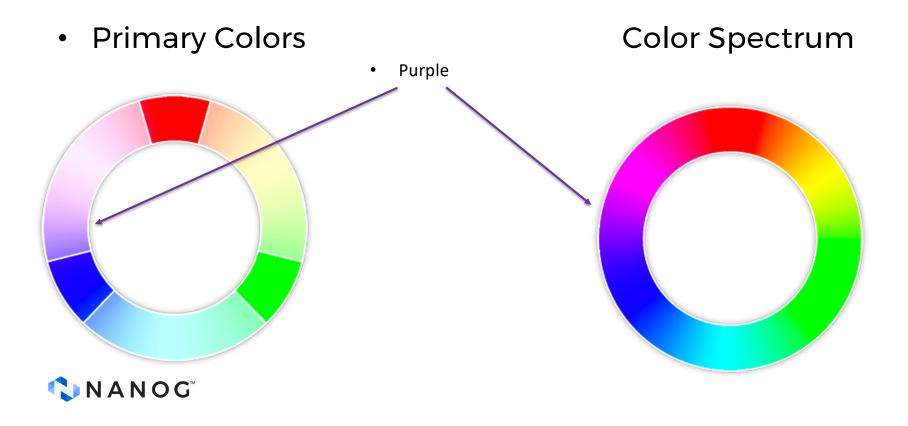
Cat Gurinsky
NANOG PC Secretary / WiT Chair

How this started

- Originally a joke suggestion for ice breaker questions, this presentation was first given at NANOG 78
- But hey! Dying your hair is fun
- A small group of us decided on purple and to show our solidarity for diversity and inclusion through purple
- But what does purple mean to everyone...

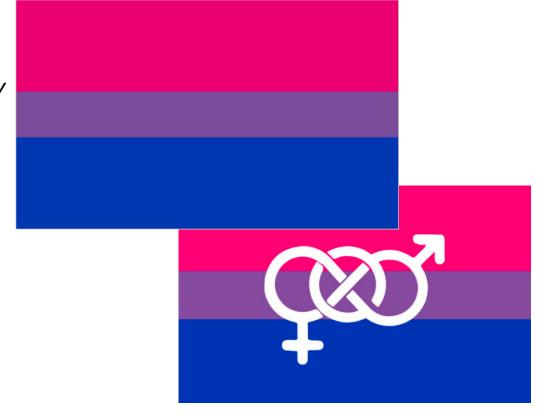


Where does purple come from



Bisexual Pride Flag

- From pride.com:
- "Designed by Michael Page, the flag brings visibility to the bisexual community, showing the overlap of the stereotypical colors for boys and girls. The flag was inspired by an older symbol of bisexuality: the "biangles," two overlapping pink and dark blue triangles."

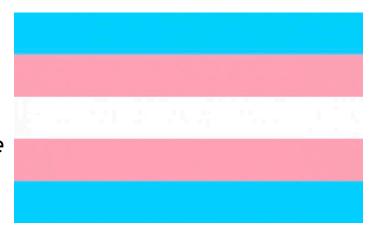




But no purple in transgender flag

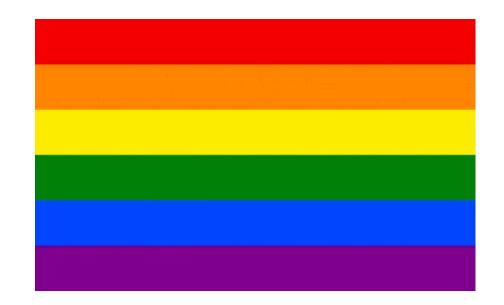
- ...which makes sense because we're talking about changing gender, not combining gender
- "The light blue is the traditional color for baby boys, pink is for girls, and the white in the middle is for those who are transitioning, those who feel they have a neutral gender or no gender, and those who are intersexed," Helms noted. "The pattern is such that no matter which way you fly it, it will always be correct. This symbolizes us trying to find correctness in our own lives."





Classic LGBT Pride Flag

- Red = Life
- Orange = Healing
- Yellow = Sunlight
- Green = Nature
- Indigo = Serenity
- Violet = Spirit*





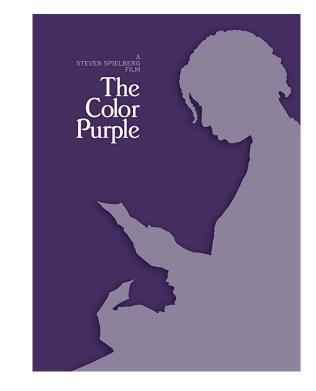
Spirit Day





The Color Purple by Alice Walker

- "I think it pisses God off if you walk by the color purple in a field somewhere and don't notice it."
- Alice Walker, The Color Purple
- This book stands on its own merits, so not much needs to be said here for this iconic story.
- As the tagline for the movie states: "It's about life. It's about love. It's about us."





The color of royalty

- Occurs less frequent in nature
- Makes it more expensive to produce in fabrics
- Queen Elizabeth the 1st in the 16th century forbid anyone but the royals from wearing purple for a while

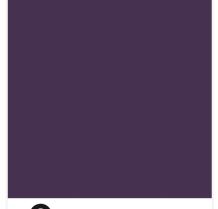




Prince(and the 2017 color of the year)

- Speaking of royalty, let's talk about Prince.
- Prince's favorite color was purple, and he surrounded himself with it everywhere. There was his "Purple Rain" album, a purple Love Symbol #2 shaped guitar, clothes, lighting, etc.
- In 2017, the Pantone Color Institute made the color of the year Love Symbol #2 in honor of the late artist. The shade of purple was taken from the custom Yamaha piano he had made to take on tour before passing away.









The Purple Heart

- The oldest military award that is still given out
- Is given by the president to those who have been injured or killed while serving the US.





Alzheimer's



RED + BLUE = PURPLE, THE COLOR OF THE ALZHEIMER'S ASSOCIATION.

The fight against Alzheimer's isn't a red or blue issue; it's both. More than 5 million Americans are living with Alzheimer's, the most expensive disease in the nation. Barring the development of medical breakthroughs to prevent, stop or slow Alzheimer's disease, these numbers will rapidly increase.



Pancreatic Cancer

- Purple specifically is the ribbon color for pancreatic cancer
- It's cousin lavender represents all cancers







Pledge Purple for Preemies: March of Dimes



PLEDGE PURPLE FOR PREEMIES!

Premature birth is the #1 killer of babies in the United States and the leading cause of death in children under 5 around the world. In the United States, 1 in 10 babies is born too soon, and many who survive face serious health problems. We need your help to spread awareness of this common, serious and costly problem! Support this urgent crisis: pledge purple for preemies at marchofdimes.org/pledgepurple. There you will find social media tools like Facebook cover photos, profile images, messaging and other shareable content. You can also take action with people all over the world at facebook.com/worldprematurityday.





Put on Purple: Lupus



Wear your favorite purple items on May 17 to raise lupus awareness and encourage others to donate!

Whether it's a purple shirt, hat, sunglasses or more, **Go Purple To End Lupus** and share why you're wearing purple and support efforts to advance lupus research by either raising funds or making a donation. Tell your friends and family how they can donate and get involved. We can't fight this disease alone, we need your help.

You can be a part of the growing number of individuals, communities, media and celebrities that are making a difference this Lupus Awareness Month in the fight to end the brutal impact of this disease.



Domestic Violence Awareness

 This may trace routes back to the early 1900s when the women's suffrage movement used purple, white and gold for their colors.





Birthstone - February

 The amethyst, which is purple, is the birthstone for those born in February (And also the month of this current NANOG)





Quick Recap for Purple Dates

- February wear purple amethyst for the birthstone
- May Go Purple to End Lupus
- October Wear purple for the third Thursday of the month to support Spirit Day against LGBTQ youth bullying, wear it all month to support awareness of domestic violence
- November Wear purple all month for pancreatic cancer awareness, also wear it all month to support premature birth awareness for the March of Dimes



Next NANOG?

- Anyone want to match as a sign to show our solidarity as a group for next NANOG?
- Subtle things like this can serve as reminders to people of your support even if the issue does not directly impact you
- Think of ways you can support one another in the workplace, and within NANOG so we can continue to be a cohesive and safe place for all members.



Thank you

