

EAT SMART WITH THE LUNCH BUNCH



WEEK BEGINNING	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 st Sept. 29 th Sept.	Homemade Beef Bolognaise - Or - Home-Baked Margherita Pizza & Coleslaw Green Beans & Diced Carrots Penne Pasta or Baby Potatoes with Herbs Iced Lemon Sponge Finger	Baked Breaded Whiting & Tartare Mayo - Or - Creamy Mac 'n' Cheese & Garlic Bread Garden Peas & Sweetcorn Chipped Potatoes or Baked Jacket Potato Forest Fruits Flavoured Jelly with Mandarin Oranges	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - Quorn Fillet with Creamy Pepper Sauce Broccoli & Roasted Butternut Squash Steamed Fluffy Rice or Oven-Baked Herb Wedges Cheesecake with Strawberry Sauce	Cook's Gammon with Stuffing & Gravy - Or - Penne Pasta with Tomato & Basil Sauce Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes Belgian Waffle with Fruit Salad & Chocolate Sauce	Oven Baked Chicken Goujons with choice of Dip - Or - Baked Potato with Cheesy Beans & Salad Baked Beans & Coleslaw Chipped Potatoes or Baked Jacket Potato Artic Roll with Summer Berry Sauce
8 th Sept.	Golden Crumbed Fish Fingers & Mayo Dip - Or - Roasted Garlic & Pesto Chicken Pasta Garden Peas & Baked Beans Mashed Potato or Pasta Salad Homebaked Chocolate & Raspberry Brownie	Homemade Beef Lasagne with Garlic Bread Slice - Or - Home-Baked Margherita Pizza with Salad in Season Baton Carrots & Broccoli Chipped Potato & Baby Potato Salad Assorted Yoghurt Pots & Fresh Fruit Salad	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - Oven-Baked Pork Sausages with Gravy or Ketchup Sweetcorn & Spaghetti Hoops Steamed Fluffy Rice or Mashed Potato Caramel Apple Crumble & Custard	Cook's Roast Turkey with Stuffing & Gravy - Or - Salmon Fishcake with Mayo Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes Ice Cream with Two Fruits	Cheeseburger with Burger Sauce in Bag - Or - Tex-Mex Chicken Fajita Mini Corn on the Cob & Coleslaw Chipped Potatoes or Baked Jacket Potato Homebaked Oaty Biscuit with Fresh Fruit
15 th Sept.	Oven Baked Cod Goujons with Mayo Dip - Or - Veggie Dog with Crispy Onions & Ketchup Garden Peas & Potato Salad Chipped Potatoes or Baked Jacket Potato Ice-Cream Slider & Orange Wedges	Homemade Spaghetti Bolognaise - Or - Chicken Tikka Mayo Wrap with Salad & Coleslaw Baton Carrots & Broccoli Spaghetti & Parsley Baby Potatoes Homemade Jam & Coconut Sponge & Custard	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - Home Baked Margherita or BBQ Chicken Pizza Mini Corn on the Cob & Butternut Squash Steamed Rice or Oven Roasted Cubed Potatoes Summer Fruit Salad & Yoghurt	Cook's Roast Pork with Stuffing & Gravy - Or - Homemade Savoury Mince with Crusty Bread Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes Strawberry Jelly & Sliced Pears	Oven Baked Chicken Nuggets with Choice of Dip - Or - Ham & Mushroom Carbonara & Garlic Bread Slice Sweetcorn & Baked Beans Chipped Potatoes or Baked Jacket Potato Homemade Shortbread & Watermelon Wedge
22 nd Sept.	Baked Cod Bites with mayo Dip - Or - Sweet Chilli Chicken Panini & Salad in Season Mushy Peas & Coleslaw Chipped Potatoes or Baked Jacket Potato Chocolate Krispie Square & Orange Wedges	Home-Baked Margherita or Tex-Mex Spicy Beef Pizza - Or - Penne Pasta & Roasted Mediterranean Vegetables Baton Carrots & Broccoli Oven Baked Paprika Wedges & Baby Potato Salad Cola Jelly & Chopped Fruit	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - BBQ Pulled Pork with Cheese in Brioche Bun Sweetcorn & Roasted Butternut Squash Steamed Fluffy Rice & Pasta Salad Angel Cake & Custard	Cook's Roast Beef & Yorkshire Pudding with Stuffing & Gravy - Or - Quorn Dippers with Choice of Dip Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes Ice-Cream Sliced Pears & Caramel Sauce	Hot Dog with Ketchup - Or - BBQ Chicken Wrap with Salad in Season Mini Corn on the Cob & Baked Beans Skinny "French Fries" or Baked Jacket Potato Chocolate Cookie & Milkshake

MILK, WATER, BREAD & FRESH FRUIT
AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS, OR HAVE SPECIAL DIETARY REQUIREMENTS,
PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT
AVAILABILITY