

1501 07/02/24

Ballynahinch Central School Single Choice

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 30/08/24 27/09/24 25/10/24 22/11/24 20/12/24	Steak Casserole Crusty Bread Fresh Diced Turnip Tossed Salads Mashed Potato	Oven Baked Breaded Chicken Goujons Selection of Dipping Sauces Garden Peas Selection of Salads Mashed Potato	Breast of Chicken Curry with Boiled Rice, Naan Bread Fresh Sliced Carrots Medley of Fresh Vegetables	Roast Loiri Pork Apple Sauce Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Dry Oven Roast Potatoes Mashed Potato	Salmon Fishcake Sweetcorn Crunchy Coleslaw Pasta Salad, Tossed Salad Chips Chilli Baby Boiled Potato
WEEK 2 05/09/24 04/10/24 01/11/24 29/11/24	Spaghetti Bolognaise Grated Cheese Sliced Crusty Baguettes Broccoli Florets Fresh Baton Carrots	Fresh Breaded Cod Goujons with Lemon Slice, Tartar Sauce Baked Beans Tossed salad Mashed Potato	Breast of Chicken Curry with Boiled Rice, Naan Bread Crunchy Fresh Coleslaw Garden Peas Selection of Salads	Roast Beef, Herb Stuffing, Gravy, Cauliflower Cheese, Fresh Diced Carrot & Parsnip Dry Roast Potato, Mashed Potato	Breasted Chicken Goujons with Yoghurt Selection of Salads, Salsa Dip Sweetcorn Chips Baked Potato
WEEK 3 15/09/24 14/10/24 09/11/24 06/12/24	Savoury Mince & Onion Fresh Baton Carrots Broccoli Florets Mashed Potato	Hotdog, Sauté Onions Carrot and Cucumber sticks With Homemade Garlic Dip Peas Chips or Baby Boiled Potatoes	Breast of Chicken Curry with Boiled Rice, Naan Bread French Green beans Tossed salad	Roast Turkey, Herb Stuffing Cranberry Sauce, Gravy Fresh Carrot & Parsnip Fresh Savoy Cabbage Dry Oven Roast Potatoes Mashed Potato	Breasted Cod Fish Fingers Baked Beans Sweetcorn Mashed Potato
WEEK 4 20/09/24 18/10/24 15/11/24 13/12/24	Fresh Breaded Cod Fillets Lemon Slice and Tartar Sauce, Baked Beans Carrot and Cucumber Sticks Mashed Potato	Irish Stew Homemade Wheaten Bread Broccoli Florets Sweetcorn	Breast of Chicken Curry with Boiled Rice, Naan Bread Garden Peas Mashed Fresh Turnip	Roast Beef Herb Stuffing, Gravy Cauliflower with Cheese Sauce Fresh Baton Carrots Dry Oven Roast Potatoes Mashed Potato	Homemade Marguerita Pld zza Crunchy Fresh Coleslaw Tossed salad Pasta Salad Baked Potato Chips
	Flakemeal Biscuit, Fruit & Custard	Strawberry Mousse & Fresh Fruit Salad	Lemon Sponge & Custard	Fairy Cake & Milkshake	Artic Roll & Jelly & Fresh fruit

