

BALLYNAHINCH CENTRAL SCHOOL SINGLE CHOICE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1	03.01.22 Steak Casserole Crusty Bread Tossed Salad Mashed Potato	Oven Baked Chicken Goujons Selection of Dipping Sauces Herby Diced Potatoes	Breaded Chicken Goujons Baked Beans Tossed Salad Mashed Potato	Breast of Chicken Curry with Boiled Rice Naan Bread Carrot Batons	Roast Loin of Pork Herb Stuffing, Gravy Broccoli Florets Dry Oven Roast Potatoes Mashed Potato	Breaded Fish Pasta Salad, Tossed Salad Chips Chilli Baby Boiled Potatoes
	23.05.22 Ice Cream & Chocolate Sauce	Fresh Fruit Salad & Yoghurt	Sponge Cake & Custard	Fresh Fruit Salad & Yoghurt	Flake meal Biscuit Melon Boat	
WEEK 2	10.01.22 Spaghetti Bolognese Grated Cheese 07.02.22 Slice Crusty Baguettes Tossed Salad 07.03.22 04.04.22 02.05.22 30.05.22 27.06.22	Breaded Chicken Goujons Baked Beans Tossed Salad Mashed Potato	Breast of Chicken Curry with Boiled Rice Naan Bread Carrot Batons Tossed Salad	Roast Beef Herb Stuffing, Gravy Fresh Diced Carrot & Parsnip Mashed Potato	Breaded Cod Goujons Baked Beans Chips Baked Potato	
	Homemade Rice Pudding & Peaches	Chocolate Muffins	Homemade Shortbread & Fruit	Melon Slice & Yoghurt	Jelly & Ice Cream	
WEEK 3	17.01.22 Savoury Mince & Onion Broccoli Florets 14.02.22 Mashed Potato 14.03.22 11.04.22 09.05.22 06.06.22	Sausages Carrot & Cucumber Sticks with Homemade Garlic Dip Chips or Baby Boiled Potatoes	Breast of Chicken Curry with Boiled Rice Naan Bread Tossed Salad	Roast Turkey Herb Stuffing, Gravy Fresh Carrot & Parsnip Dry Oven Roast Potatoes Mashed Potato	Breaded Cod Fish Fingers Sweetcorn Chips Baked Potato	
	Chocolate Sponge & Custard	Raspberry Ripple Ice Cream	Flake meal Biscuit Fruit	Variety of Cookies	Yoghurt & Fruit	
WEEK 4	24.01.22 Brown Beef Hotpot Mixed Vegetables 21.02.22 Creamed Potato 21.03.22 18.04.22 16.05.22 13.06.22	Margarita Pizza Coleslaw Tossed Salad Pasta Salad Chips	Breast of Chicken Curry with Boiled Rice Naan Bread Carrot Batons Tossed Salad	Roast Beef Herb Stuffing, Gravy Mixed Vegetables Dry Oven Roast Potatoes Mashed Potato	Breaded Cod Fillets Peas Baked Potato Chips	
	Flake meal Biscuit Fruit	Strawberry Mousse Fruit	Sponge & Custard	Queen Cake & Milkshake	Artic Roll & Fresh Fruit	