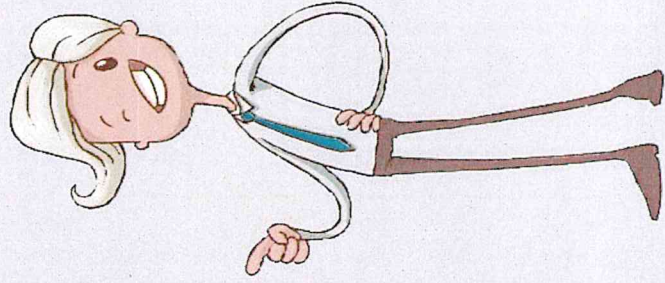


# Holy Family PS

Bread, fruit, yoghurt, milk and water are available daily.

If you require any additional information on allergens or special diet please contact the school in the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b>					
W/C 06:01:20	Homemade Vegetable Soup	Chicken Curry & Rice Nann Bread / Salad or Assorted Sandwiches	Pasta Bolognese Sliced Green Beans or Assorted Sandwiches	Roast Beef / Stuffing Gravy Carrot & Parsnip Dry Roast / Mashed Potatoes	Oven Baked Fish Peas / Sweetcorn Chips / Baked Potato Wheaten Bread
W/C 02:03:20	Hot Dog & Saute Onions Salad & Coleslaw	Assorted Sandwiches	Assorted Sandwiches		
W/C 30:03:20					
W/C 04:05:20					
W/C 01:06:20	Flakemeal Biscuit Fresh Fruit	Fruit Muffin / Milkshake Fresh Fruit & Yoghurt	Vanilla Sponge & Custard Fresh Fruit	Frozen Fruit Smoothie Frozen Fruit	Ice cream & Chocolate Sauce / Fresh Fruit
<b>Week Two</b>					
W/C 13:01:20	Filled Baked Potato	Chicken Curry & Rice	Lentil Soup	Roast Turkey / Stuffing	Oven Baked Fish in a Crumb Coating
W/C 10:02:20	Oven Baked Sausages Baked Beans	Crusty Bread / Salad or Assorted Sandwiches	Steak Burger in a Soft Flourey Bap	Gravy Broccoli / Cauliflower	Peas / Sweetcorn Chips / Baked Potato Crusty Bread
W/C 09:03:20	Dry Roasted Potato Wedges		Saute Onions / Coleslaw Tossed Salad	Dry Roast / Mashed Potatoes	
W/C 06:04:20					
W/C 11:05:20					
W/C 08:06:20	Chocolate Sponge & Custard Fresh Fruit	Melon & Yoghurt	Ginger Cookie & Fresh Fruit	Ice Cream Tub & Fresh Fruit	Fruit Muffin & Fresh Fruit
<b>Week Three</b>					
W/C 20:01:20	Beef Stew Baton Carrots Mashed Potatoes	Chicken Curry & Rice Nann Bread / Salad or Assorted Sandwiches	Ham & Cheese Pizza Salad / Coleslaw Herb Diced Potatoes or Assorted Sandwiches	Roast Chicken / Stuffing Gravy Broccoli	Fish Finger / Salmon Fishcake Peas Chips / Baked Potato Wheaten Bread
W/C 17:02:20					
W/C 16:03:20					
W/C 20:04:20					
W/C 18:05:20					
W/C 15:06:20	Date Krispie Bar & Fresh Fruit	Fruit, Jelly & Ice Cream	Mandarin Sponge & Custard	Flakemeal Biscuit & Fresh Fruit	Frozen Mousse & Melon
<b>Week Four</b>					
W/C 27:01:20	Filled Baked Potato	Chicken Curry & Rice Nann Bread / Salad or Assorted Sandwiches	Steak Burger / Gravy Medley of Fresh Vegetables Mashed Potatoes	Roast Gammon / Stuffing Gravy Savoury Cabbage	Oven Baked Fish in a Crumb Coating Peas / Sweetcorn Chips / Baked Potato
W/C 24:02:20	Chicken Bites Baked Beans				
W/C 23:03:20	Herb Diced Potatoes				
W/C 27:04:20					
W/C 25:05:20	Fruit Sponge & Custard Fresh Fruit	Fruit Muffin & Fresh Fruit	Frozen Yoghurt & Fresh Fruit	Coconut Biscuit & Fresh Fruit	Date Fudge Bars & Fresh Fruit
W/C 22:06:20					

Try Something New Today