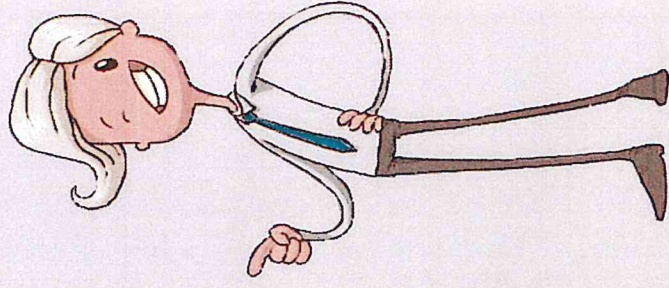


HOLY FAMILY PS MENU

school food
Try Something New Today
www.schoolfoodni.com

Bread, fruit, yoghurt, milk and water are available daily.

If you require any additional information on allergens or special diet please contact the school in the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One W/C: 02:09:19 W/C: 30:09:19 W/C: 28:10:19 W/C: 25:11:19	Homemade Vegetable Soup Hot Dog & Saute Onions Salad & Coleslaw Flakemeal Biscuit Fresh Fruit	Chicken Curry & Rice Nann Bread / Salad or Assorted Sandwiches Fruit Muffin / Milkshake Fresh Fruit & Yoghurt	Pasta Bolognaise Sliced Green Beans Oven Roasted Potato Wedges or Assorted Sandwiches Vanilla Sponge & Custard Fresh Fruit	Roast Beef / Stuffing Gravy Carrot & Parsnip Dry Roast / Mashed Potatoes Frozen Fruit Smoothie	Oven Baked Fish Peas / Sweetcorn Chips / Baked Potato Wheaten Bread Ice cream & Chocolate Sauce / Fresh Fruit
Week Two W/C: 09:09:19 W/C: 07:10:19 W/C: 04.11.19 W/C: 02.12.19	Filled Baked Potato Oven Baked Sausages Baked Beans Dry Roasted Potato Wedges / Chocolate Sponge & Custard Fresh Fruit	Chicken Curry & Rice Crusty Bread / Salad or Assorted Sandwiches Melon & Yoghurt	Lentil Soup Steak Burger in a Soft Floursy Bap Saute Onions / Coleslaw Tossed Salad Ginger Cookie & Fresh Fruit	Roast Turkey / Stuffing Gravy Broccoli / Cauliflower Dry Roast / Mashed Potatoes Ice Cream Tub & Fresh Fruit	Oven Baked Fish in a Crumb Coating Peas / Sweetcorn Chips / Baked Potato Crusty Bread Fruit Muffin & Fresh Fruit
Week Three W/C: 16:09:19 W/C: 14:10:19 W/C: 11.11.19 W/C: 09:12:19	Beef Stew Baton Carrots Mashed Potatoes Date Krispie Bar & Fresh Fruit	Chicken Curry & Rice Nann Bread / Salad or Assorted Sandwiches Fruit, Jelly & Ice Cream	Ham & Cheese Pizza Salad / Coleslaw Herb Diced Potatoes or Assorted Sandwiches Mandarin Sponge & Custard	Roast Chicken / Stuffing Gravy Broccoli Dry Roast / Mashed Potatoes Flakemeal Biscuit & Fresh Fruit	Fish Finger / Salmon Fishcake Peas Chips / Baked Potato Wheaten Bread Frozen Mousse & Melon
Week Four W/C: 23:09:19 W/C: 21:10:19 W/C: 18.11.19 W/C: 16:12:19	Filled Baked Potato Chicken Bites Baked Beans Herb Diced Potatoes Fruit Sponge & Custard Fresh Fruit	Chicken Curry & Rice Nann Bread / Salad or Assorted Sandwiches Fruit Muffin & Fresh Fruit	Steak Burger / Gravy Medley of Fresh Vegetables Mashed Potatoes Frozen Yoghurt & Fresh Fruit	Roast Gammon / Stuffing Gravy Savoury Cabbage Dry Roast / Mashed Potatoes Coconut Biscuit & Fresh Fruit	Oven Baked Fish in a Crumb Coating Peas / Sweetcorn Chips / Baked Potato Date Fudge Bars & Fresh Fruit

Try Something New Today